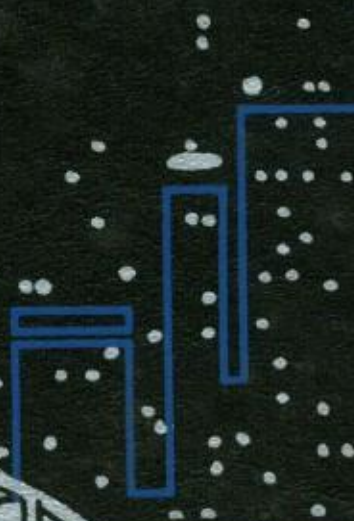


# Going in Style



© 1941





Quan.

you are my friend K.

It was alot of fun sitting

by you. you are a real ~~stare~~ ~~stare~~

guy even if you never do your

English have a real fun summer

Quan. See you next year

My  
Love

Howdy Jon?

It's finally over!  
We made it though. English  
wouldn't have been the same  
without you. You actually put  
up with me when I liked  
Vince. I can't believe you actually  
put up with Sandi. You're a  
rad person and will make some  
lucky person (I'm not sure if  
you're into guys or gals) a rad  
boy-friend. Call me. 461-5896

Always,  
Reanna



Jon,

I'm glad we both made it through another year of school together. It's been great fun, going golfing, rapping, and just fooling around. I feel bad that we haven't done as much as we have in past years but we still had fun time. We'll hopefully do alot this summer. Have fun this summer, Good luck next year and stay a low rider. Be cool and pick up all the chicks you can this summer, see ya around,

Christa Do Merd

Jon,

This has been a cool year especially when you sat next to me in English, you should do your own work next year or sometime your going to get caught. Your teacher miss Dwyer didn't quiz you on Dr. Payell and Mr. Hyde or you would have had a big "F". Well anyway I hope to see you next year.

Norman



John,

U'r friendship has meant a lot to me this year.

U'r sense of humor always was able to cheer me up! U'r one of the funniest people I know! U can always make me laugh. remember the party - u'r directions - they got us lost!!! Luckily my dad knew where Simon Ave. was! I had fun though! we've got three more years in this wonderful school & I'm sure we'll become even better friends in the years to come. U were such a big part of my freshmen year. Wrestling was the best! even though I did win all u guys! Next year U'r gonna be playing football I'll be out there cheering for u - <sup>to</sup> ~~John~~ <sup>to</sup> - we'll see u this summer & get together this summer.

KIT  
265-9038

Smile



Y'all ya,  
Brandee  
Morris

Hi John!

How's it going? O.K. here... Monty's class  
ugh! It's been great being friends since 7th  
math class (Mr. Durne!). Remember that  
gay student teacher and my remote con-  
trol disguised as a calculator. Did we  
have any classes together last year? I don't  
remember... but we did have Monty's class  
class! Remember his initiation story?  
Chicken mask & being a streaker! Funny! K.I.T.  
Have a great summer & see ya! Love ya! Bowley 460-4506





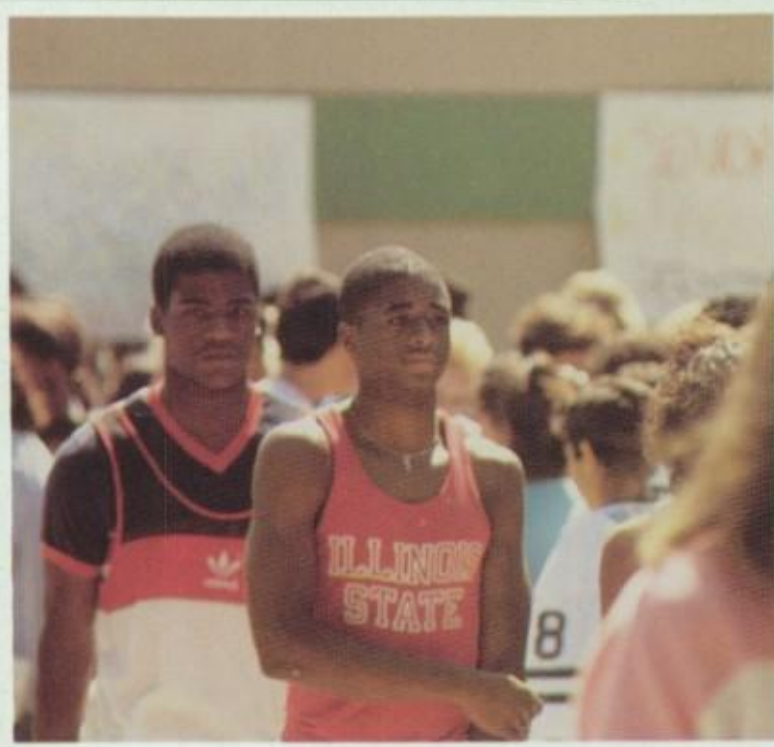
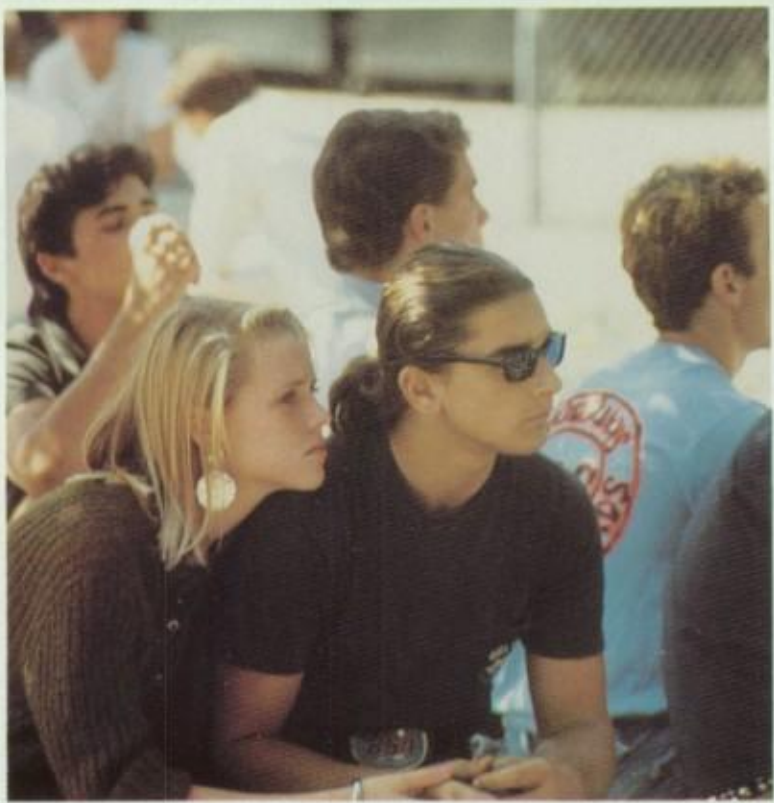
HELIX HIGH  
7323 university  
la mesa, ca  
92041











h e l i x i n



PEACE

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t

y

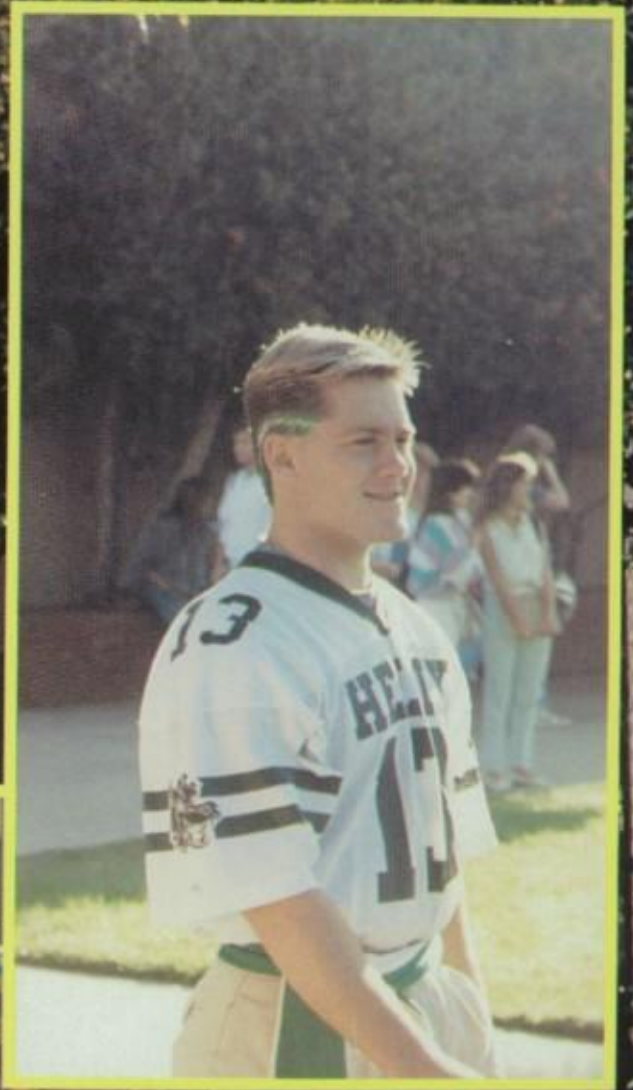
le.

Style... is the dress of thoughts.

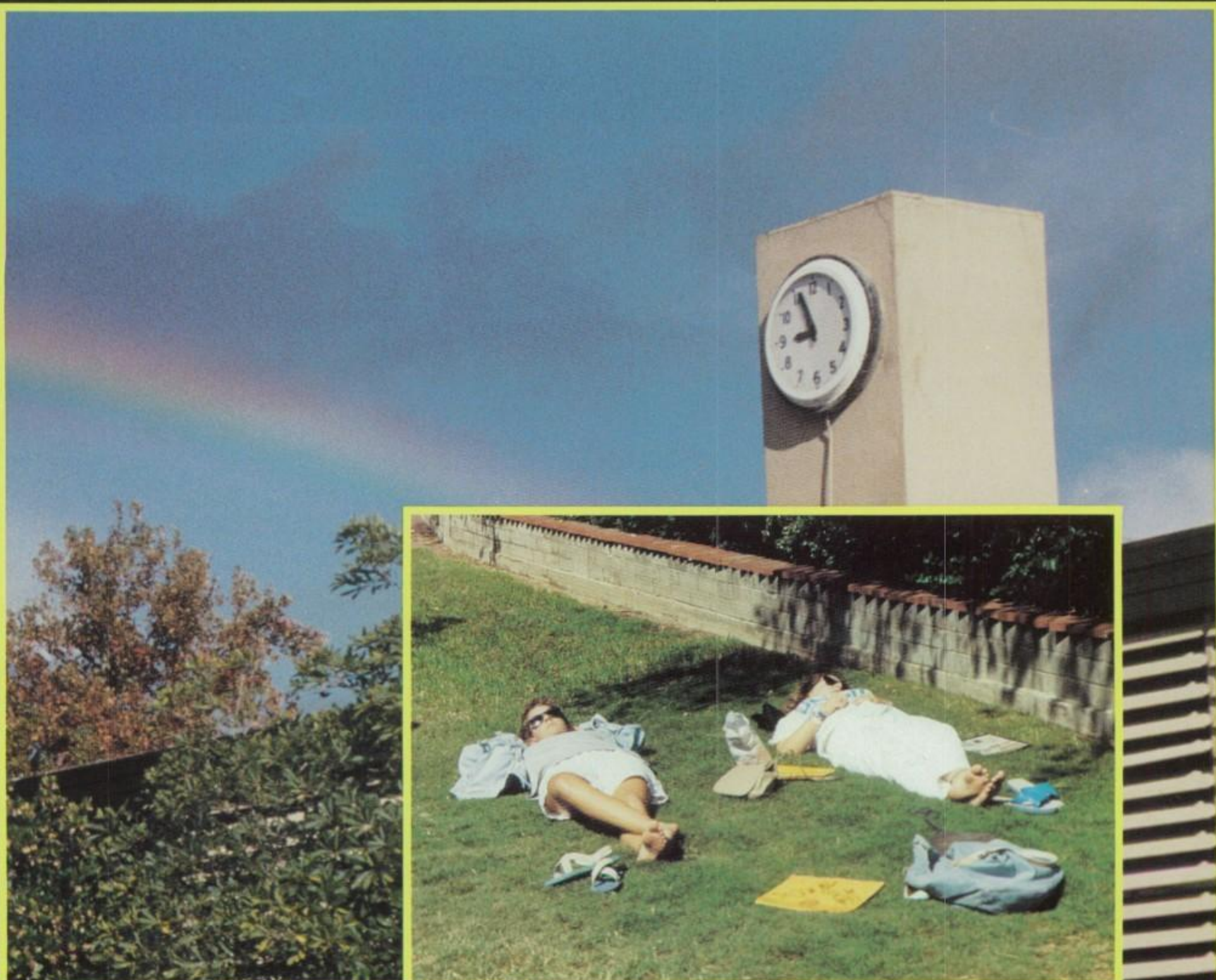
Philip Dormer Stanhope,  
Earl of Chesterfield

















# STUDENT LIFE









Jen,  
 what's up? I'm glad were doing.  
 English was cool. I hope we  
 have some classes together next year.  
 your really sweet and if you ever  
 need something don't be afraid to ask  
 even if it's money. I hope you have a  
 cool summer call me and well  
 do something - K - Good luck next year!

# CLASS OF '88

Your Friend  
 Stephanie Kreitz





# Touch Of Class



**Joel Hull —**  
Sports Editor  
**Marie Cortez**  
Kraig Katzenmeyer  
Jason Ledford  
Dan Omahen

**Rebecca Wacklor —**  
Student Life Editor  
**Greg Halterman**  
Nicole Katzenmeyer  
Kim Kopel

**Pat Sanford —**  
Head Photographer  
**Robert Cornett**  
Maureen Fonseca  
Chris Provinzano

**Marisa Cimmarrusti —**  
Co-Editor-In-Chief





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Advisor

**Heather Schudel —**  
Co-Editor-In-Chief

**Neda Moshtaghi —**  
Senior Editor  
Krishna Foster  
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Kristina Worthington

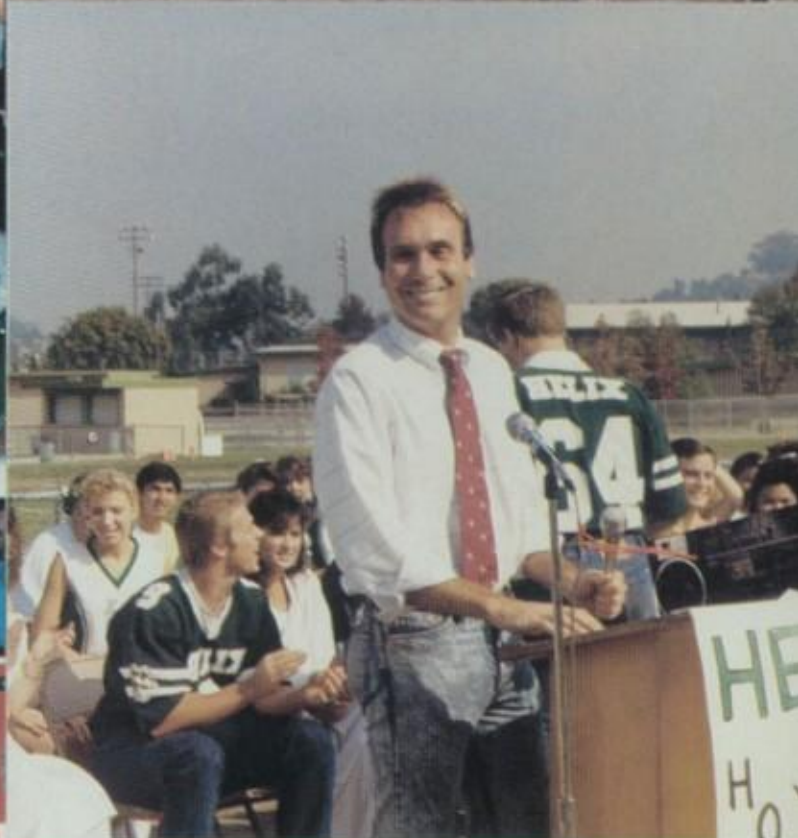
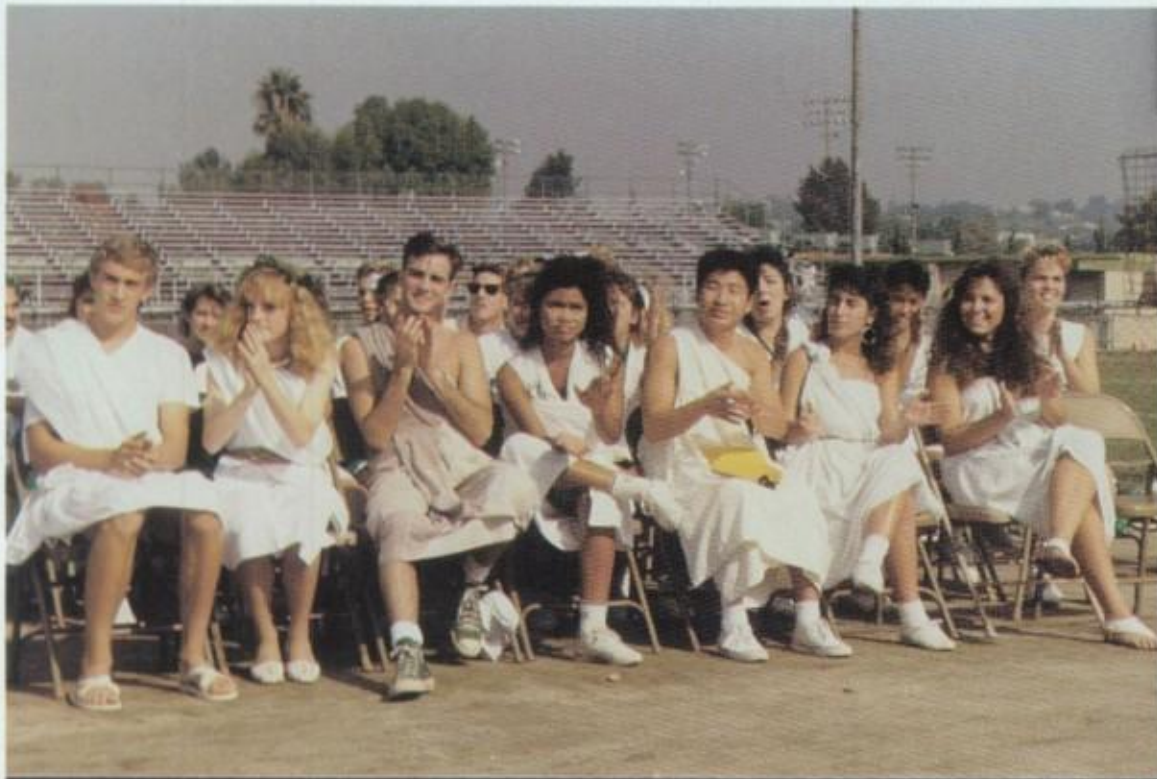
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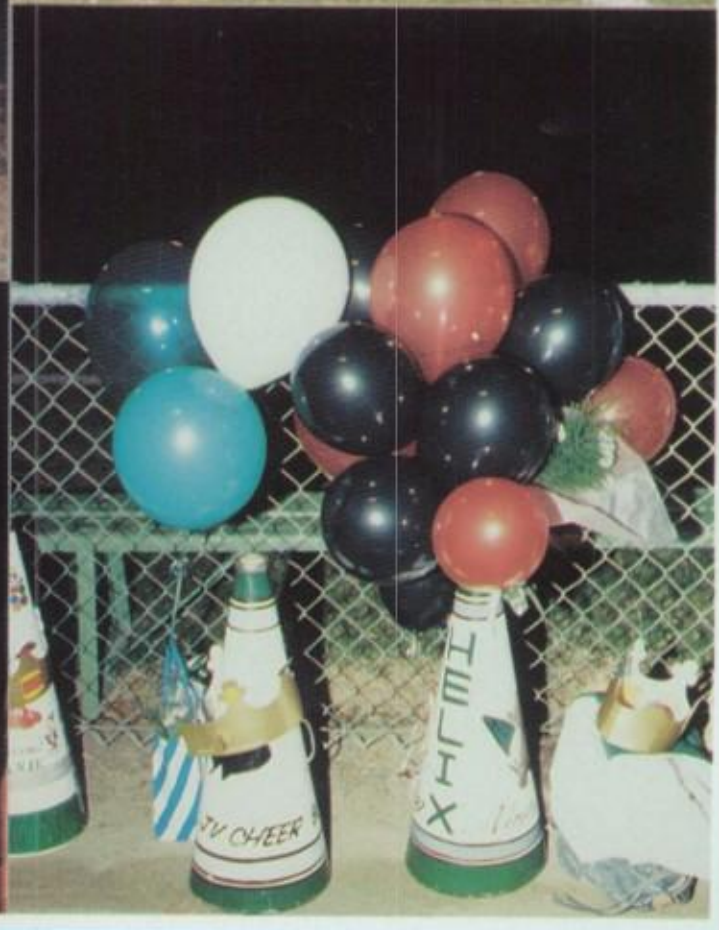
# Homecoming '87







Togas, as well as a torch relay and a spirit assembly, played a part in "Spirit Week, Greek Style" preceding homecoming '87. Throughout the week most Highlanders were involved in one phase or another of this annual event. The pep assembly entertained the crowd and raised the level of excitement for the evening's football game against Mt. Miguel. Pictured here are but a few examples of the enthusiasm that united the students of Helix High School.



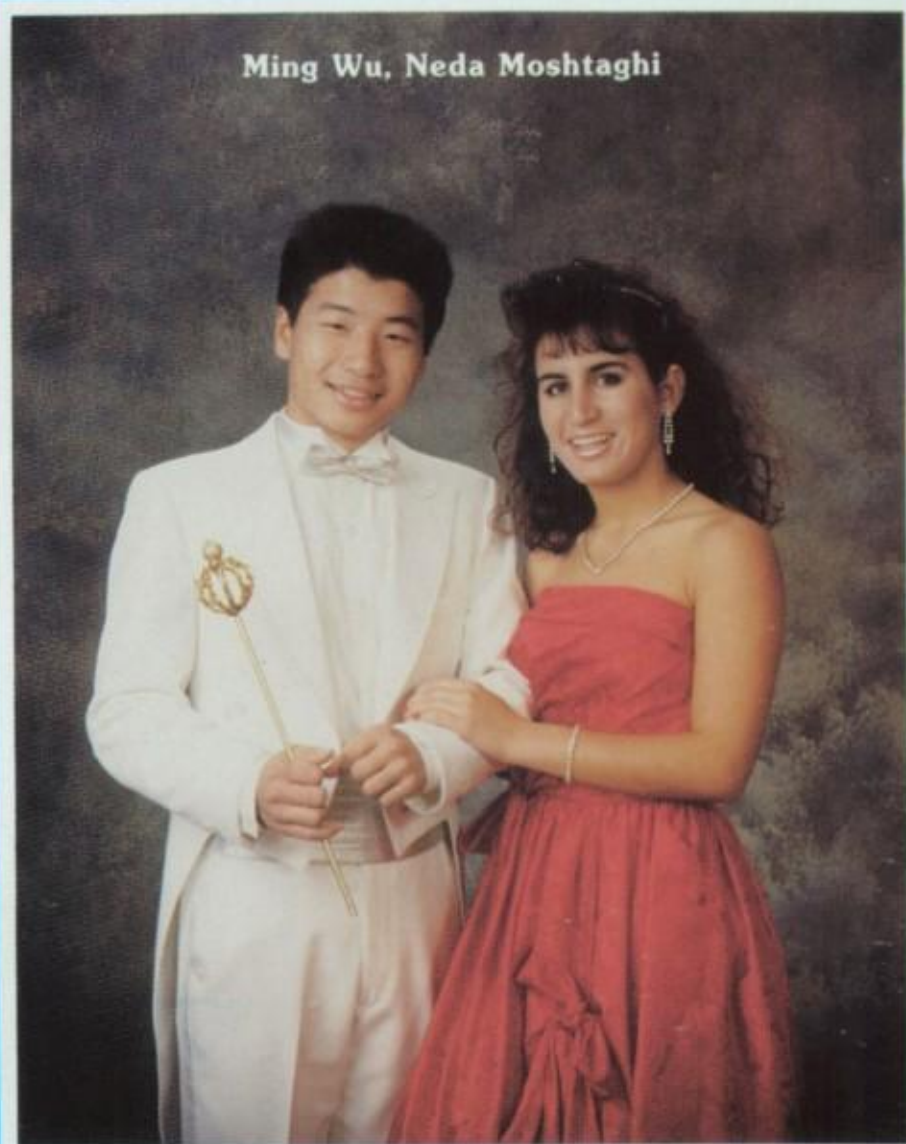


"Mortals of Helix High School, the 1987 Homecoming King is *Andy Mounts*, and the Homecoming Queen is *Jaime Jeffers*." This was perhaps the high point of a spirit week that featured a Greek theme. In celebration of this annual event, many students wore togas to school. The fact that it was Friday the 13th did not dampen the spirit of the many Highlanders taking part either as participants or spectators. Highlights of the spirit assembly included a visit and speech from channel 8's Larry Himmel, Principal Gerald Reckin's kissing a pig, the announcement of Senior Standouts, a tug-of-war between members of the varsity football team, and an ice-cream-and-topping eating contest between the king and queen candidates. Adding to the highlights of an exciting week was the football game against the number one team in the county — Mt. Miguel. The fighting Scotties held the Matadors scoreless through three quarters only to suffer the Friday the 13th jinx when the Matadors came back in the fourth quarter and win 16-7. Homecoming '87 was drawn to an end with the after-game dance held in the Helix gym. Had the Gods of Mt. Olympus looked down on the Highlander spirit during Homecoming '87, they would have been pleased.

King Andy Mounts, Queen Jaime Jeffers



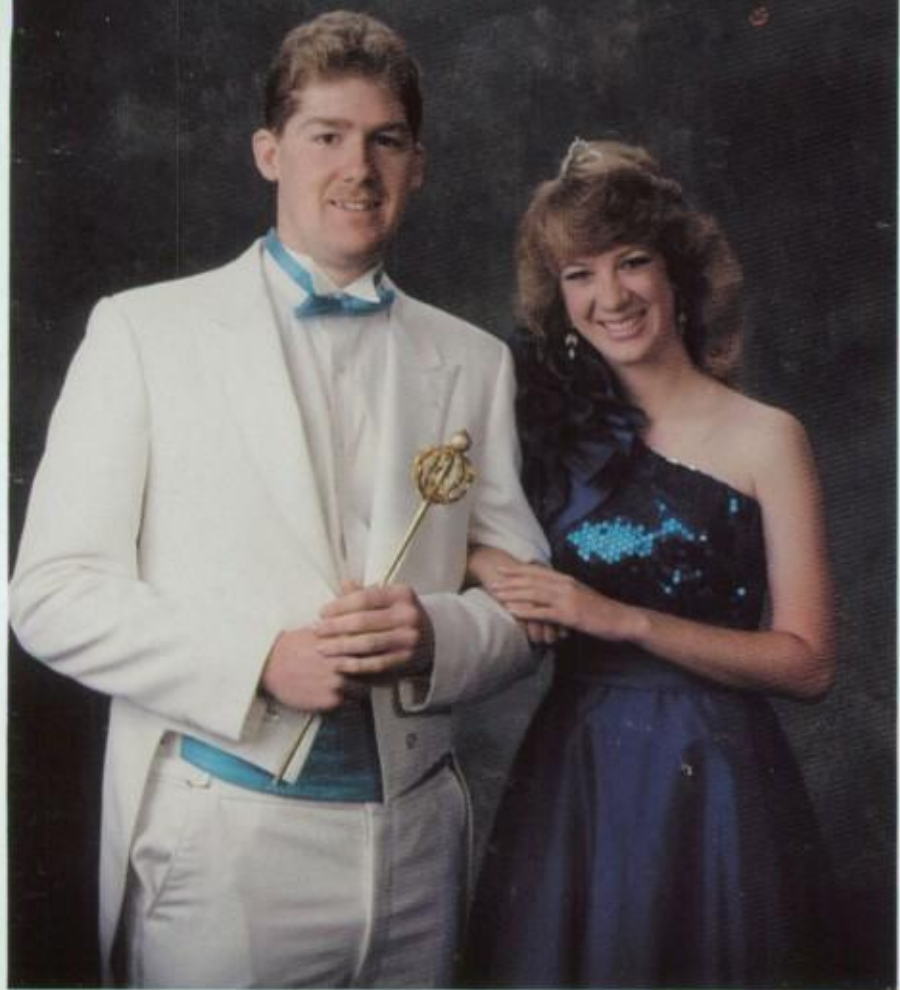
Ming Wu, Neda Moshtaghi





# Homecoming Court Reigns

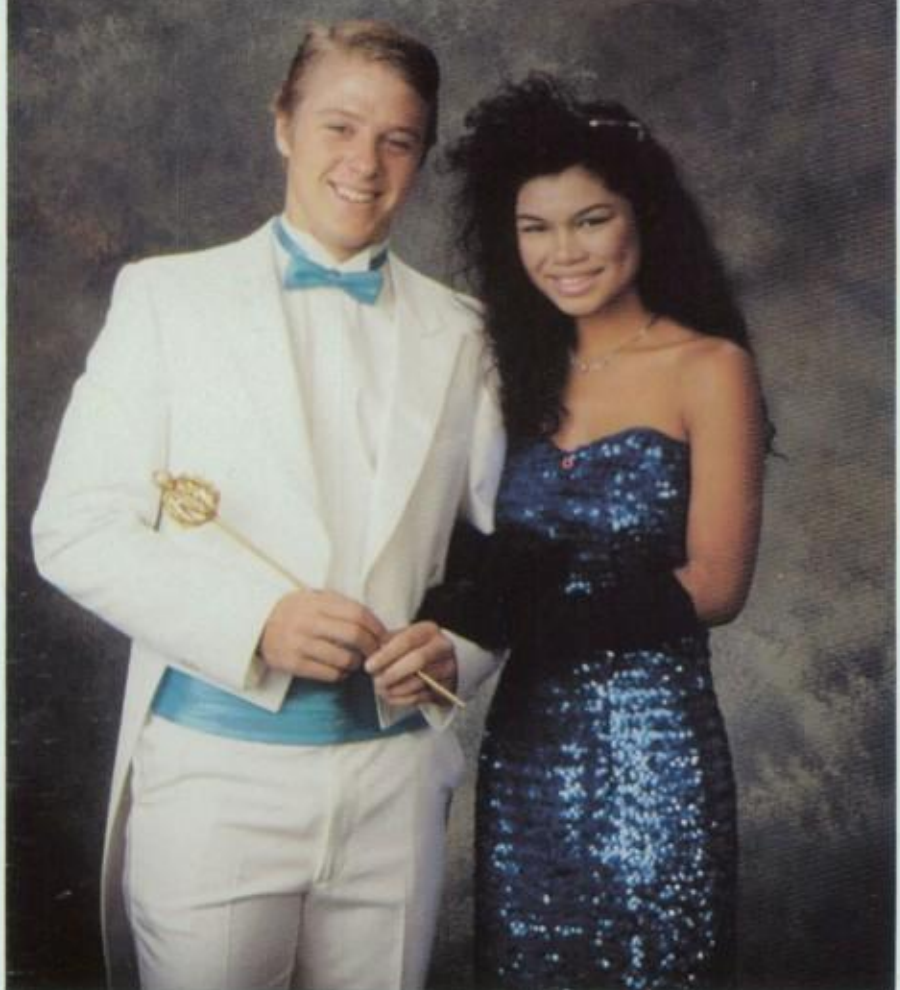
Chris Carlson, Patty Frosio



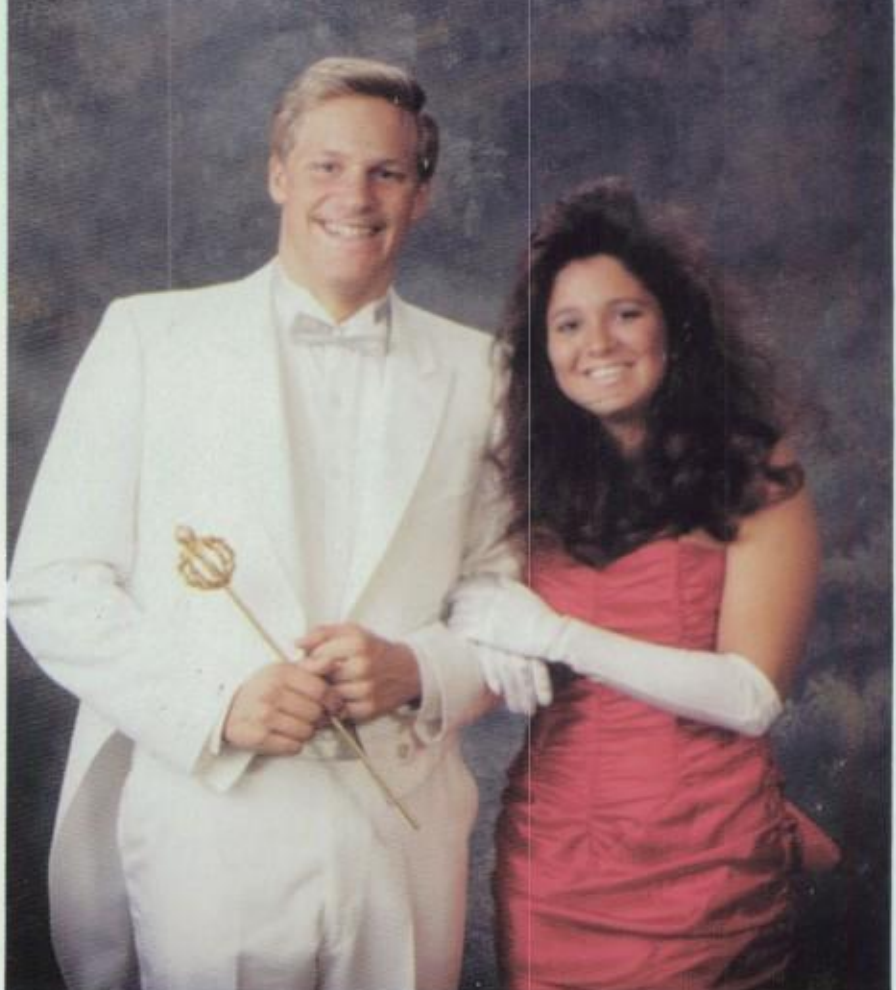
Andy Seales, Yvette Marzullo



Tim Zeddies, Viki Perez



Erik Bliss, Marisa Cimmarrusti





# COMMISSION CLASS



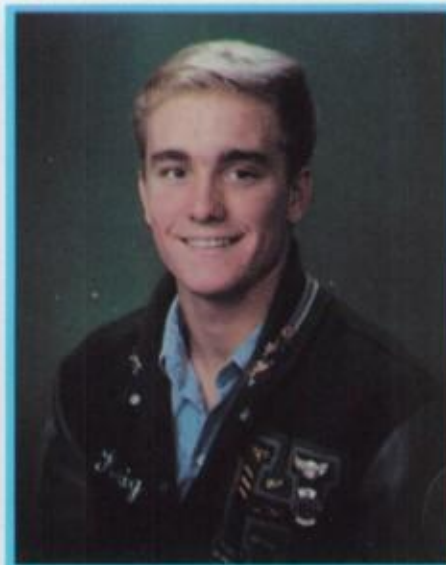
**Erik Bliss**  
A.S.B. President



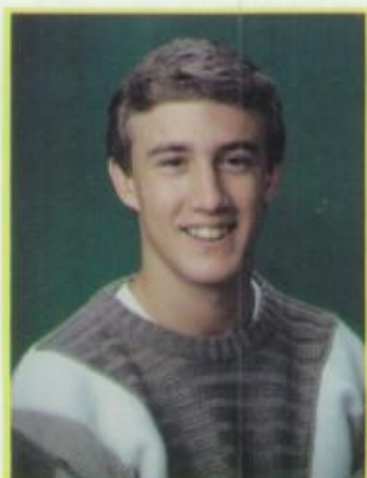
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A.S.B. Vice President



**Neda Moshtaghi**  
A.S.B. Secretary



**Kraig Katzenmeyer**  
A.S.B. Treasurer



**Andy Seales**  
Senior President



**Pat Sanford**  
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**Elizabeth Jorgenson**  
Junior President



**Ann Daglio**  
Sophomore  
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**Jenny Berry\***  
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Special Projects &  
Traditions



**Brian Anderson**  
A.S.B. Advisor





Susan Allsing



Stacey Anderson



Stephanie  
Brandland



Marisa  
Cimmarrusti



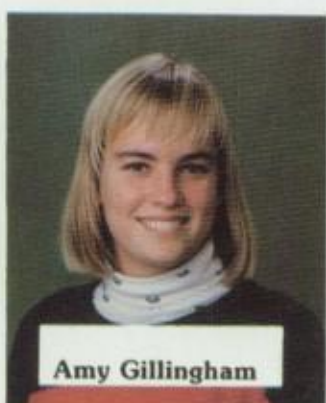
Lisa Covey



Tricia Farris



Patty Frosio



Amy Gillingham



Lisa Hanson



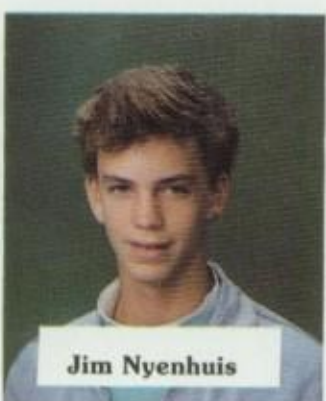
Jaime Jeffers



Nicole  
Katzenmeyer



Kristi Nowell



Jim Nyenhuis



Laura Poma



Linda Poma



Heather Schudel



Gary Spearman



Tanya Spearman



Shannon Young



\*Commissioner

*Thank you.*



# STYLE

• A MANNER  
• OF EXPRESSION  
CHARACTERISTIC OF AN  
INDIVIDUAL, PERIOD, SCHOOL, OR NATION.



Guy's Zodiacs and other such moc-type shoes, along with girl's boots, were worn all around campus.



Friendship bracelets showed up in a variety of colors and designs.

Style is me only.



Swatch watches continued to be displayed on many wrists.

It's an attitude



Esprit and other sport brands were popular.



IT'S NOT  
JUST  
FASHION!  
...IT'S A  
WAY OF  
LIFE!

M

odeling the Kick-back Calif. look is Sr. Eric Fenex and Sr. Amy Kraynik. Eric is wearing a lime-green rugby shirt, blue pants, and white tennis shoes. Amy wears a striped tank top with blue leggings and green thongs. ▼

ERIC

AMY





# ESPRIT

## ATTITUDE

**T**he Rocker image is exhibited here by seniors Bill Barnes and Priscilla Carter. Bill is wearing black denim jeans with a matching denim shirt and casual tennis shoes. Priscilla is modeling a white cropped top with a stonewashed denim mini skirt, topped with a black jacket. She accessorizes with a leopard scarf and high heel boots. ▼

**J**ocks are epitomized here by junior Joanie Moser and senior Tim Zeddies. Joan is sporting her letterman's jacket, shorts and Reebok tennis shoes. Tim wears his jacket also, along with blue pants and Nike Air Force shoes. ►

PRISCILLA



BILL



JOANIE

TIM

**S**

tyl and fashion are two words often confused when we talk about clothes. If we consider the real meaning and implications of these words, though, two very different concepts become evident.

Style never goes



## KRISTINA



**EDDIE**

Fashion and dress became an important statement in student lives this year. Styles ranging from surfer wear to contemporary were found on the Helix campus each showing a uniqueness of the individual.

Displaying the surfer attitude are Juniors Jennifer Kay and Garon Robinson. Jennifer's outfit consists of an aqua tank top and skirt by Jimmy Z, along with thongs. Garon is wearing a white sweatshirt, aqua shorts by Gotcha and Vans tennis shoes. ►



Contemporary fashions were worn by many — here by senior Kristina Worthington and senior Eddie Greene. Kristina is dressed in a cream Espirit shirt and matching striped skirt. She also has a studded belt and sporty Espirit shoes. Eddie shows off in a black turtleneck, Generra sweatshirt, khaki pants and moc-type shoes. ◀

## JENNIFER



**GARON**

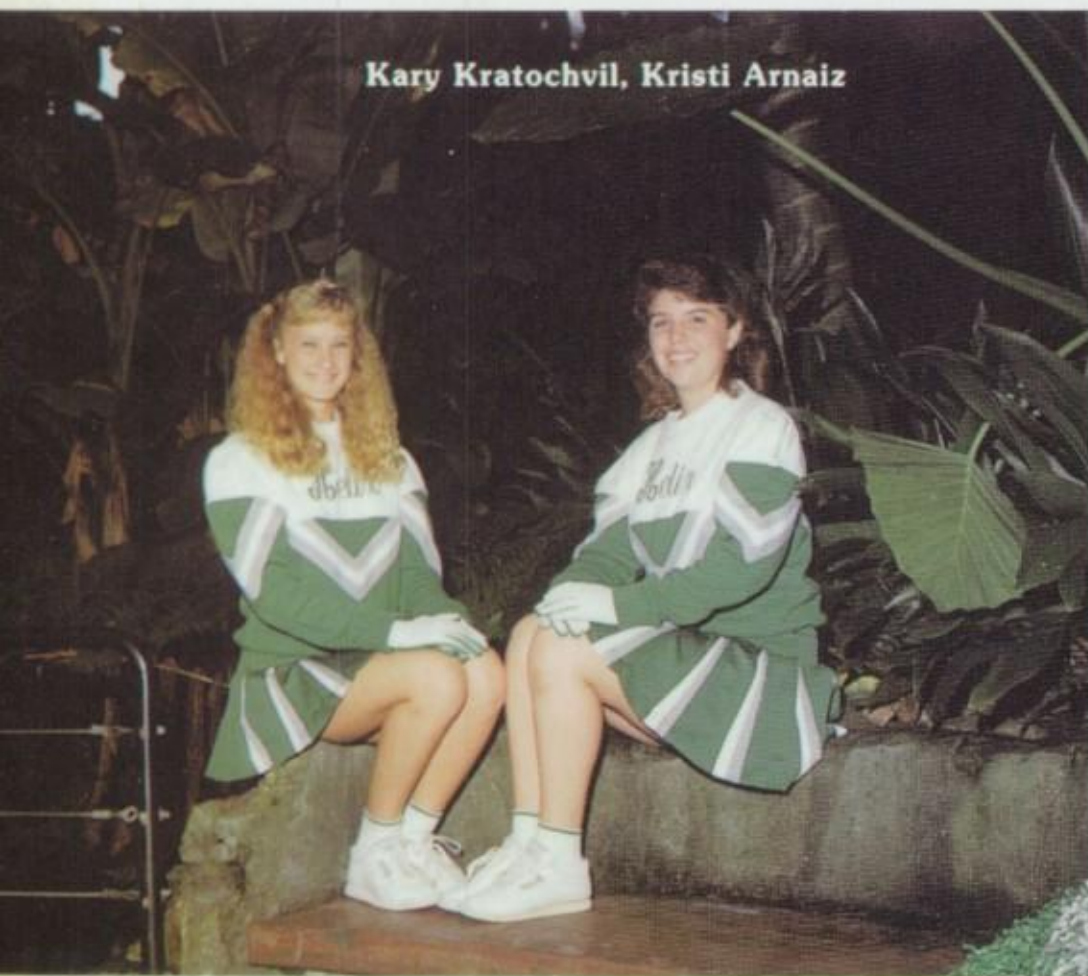
out of fashion



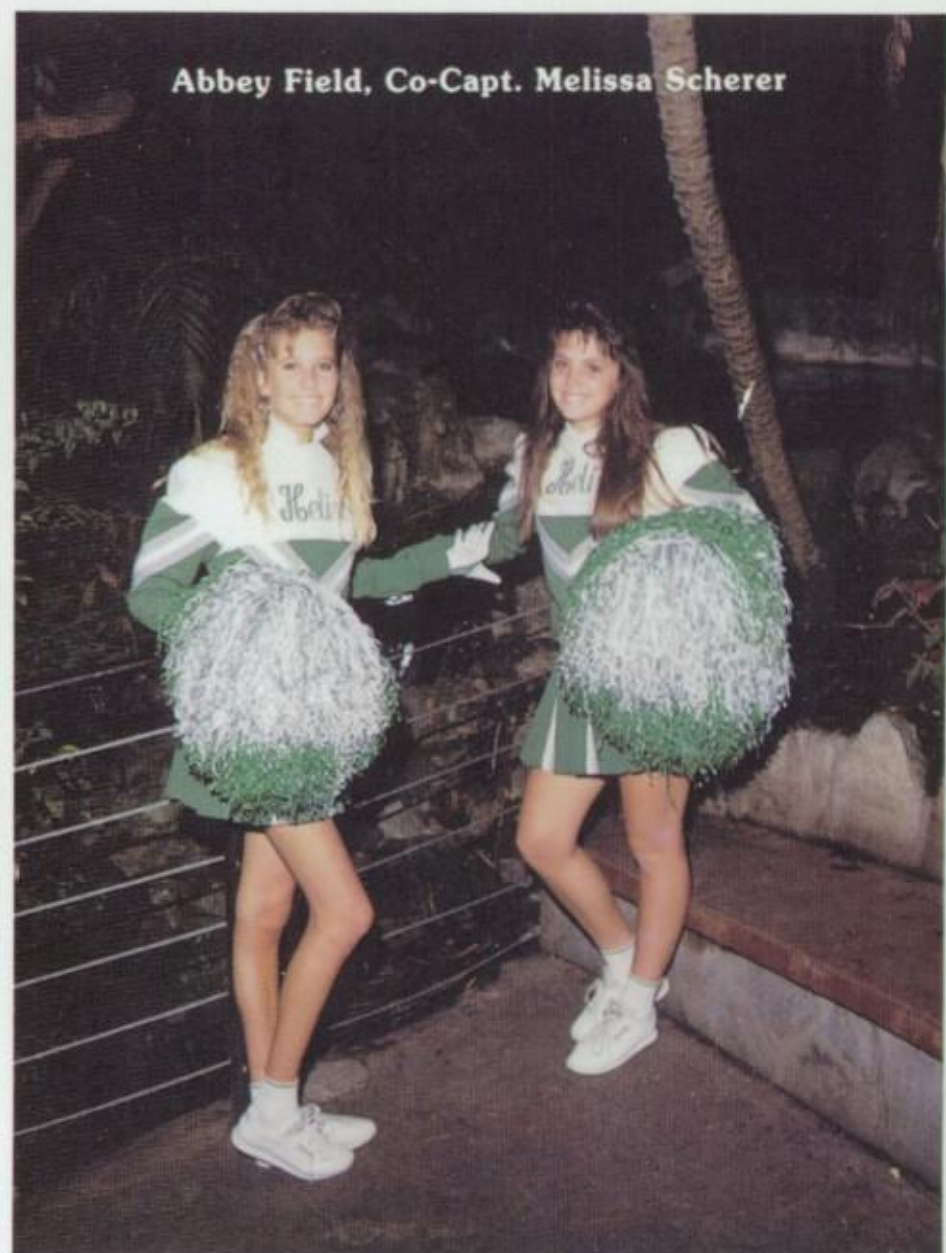
# Junior Varsity Cheer



Kary Kratochvil, Kristi Arnaiz

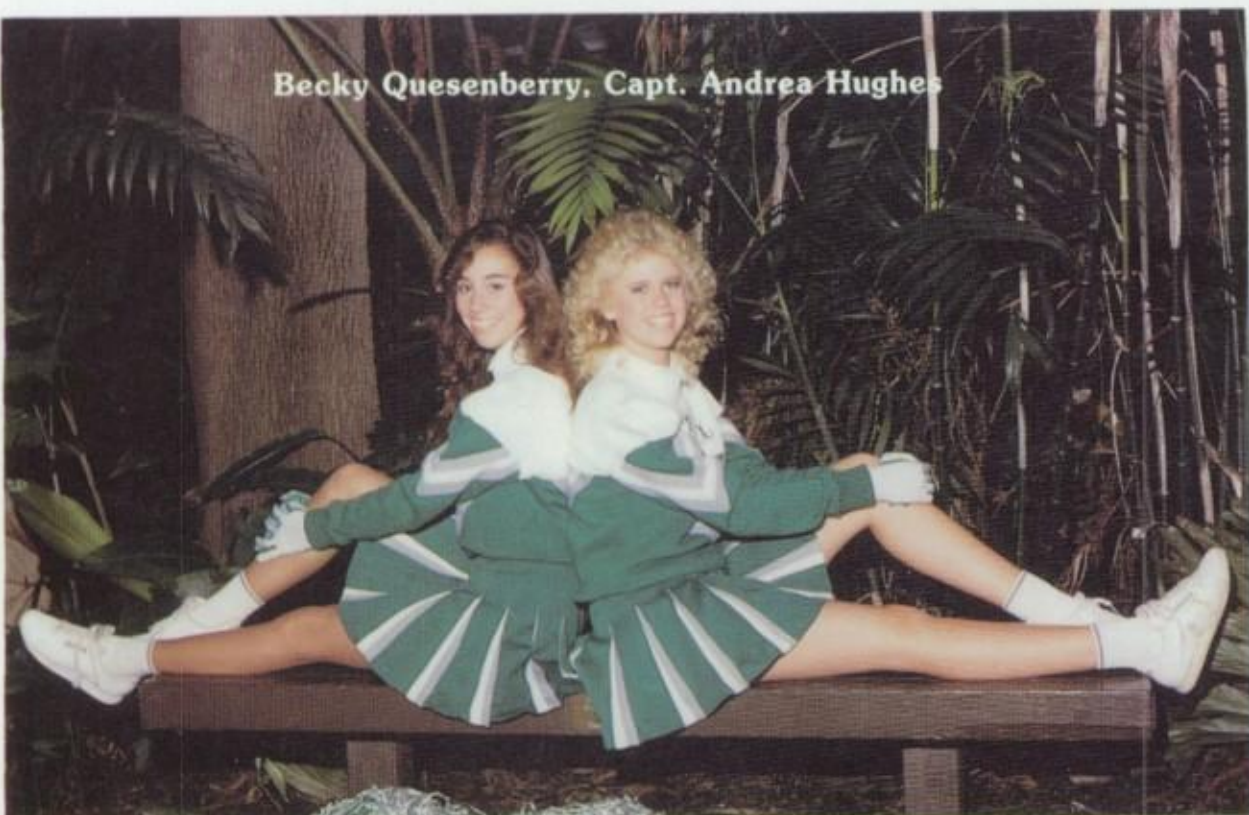


Abbey Field, Co-Capt. Melissa Scherer

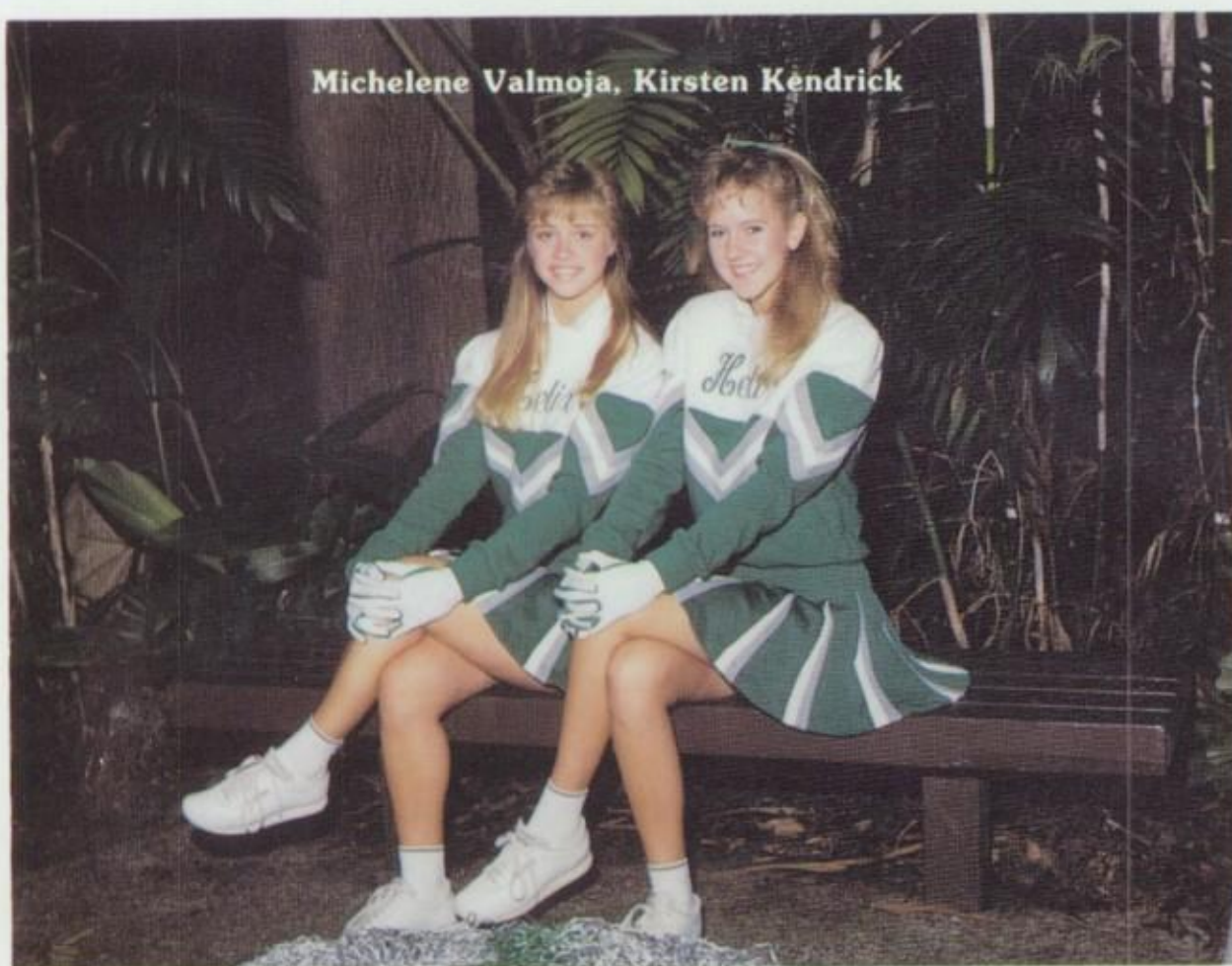




Becky Quesenberry, Capt. Andrea Hughes



Michelene Valmoja, Kirsten Kendrick



Farida Diola, Teri Whitmer

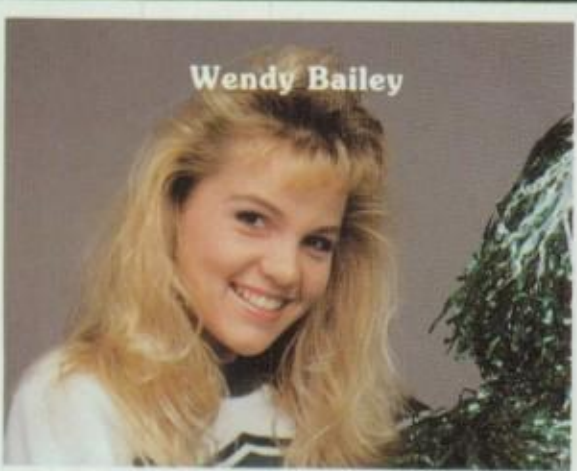




Michelle Adamonis



Wendy Bailey



Katrina Clayton, Capt.



Ta Londa Cossingham



Lisa Del Gatto



Mrs. Bobbie Plough, Adviser

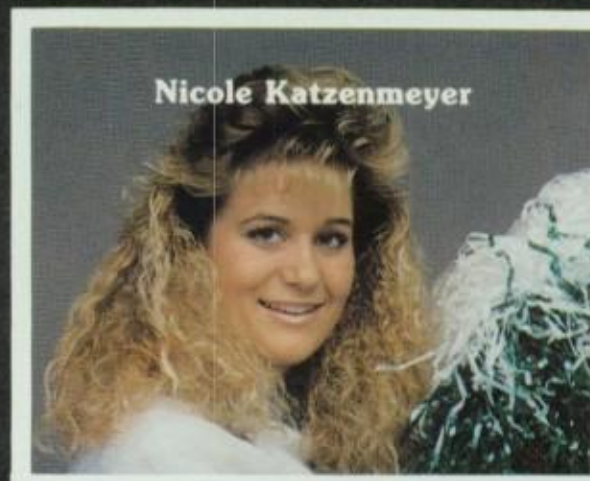
Going In Style was evident with this year's varsity squad as they won the Award of Excellence at NCA summer cheer camp. This enabled them to travel to national finals in Dallas, Texas. And, as defending champions, they hosted the Grossmont district competition at Helix. In addition, the girls presented their stunt and precision abilities in a variety of competitions throughout the year. According to Bobbie Plough, "The squad used the utmost of their abilities to make this one of the most spirited years at Helix."







Jody Flowers



Nicole Katzenmeyer



Kristen Gatley



Linda Kinnard, Co-Capt.



Dina Serrano



Debbie Storm



Meilanie Virola

# '87-88 Varsity Cheer





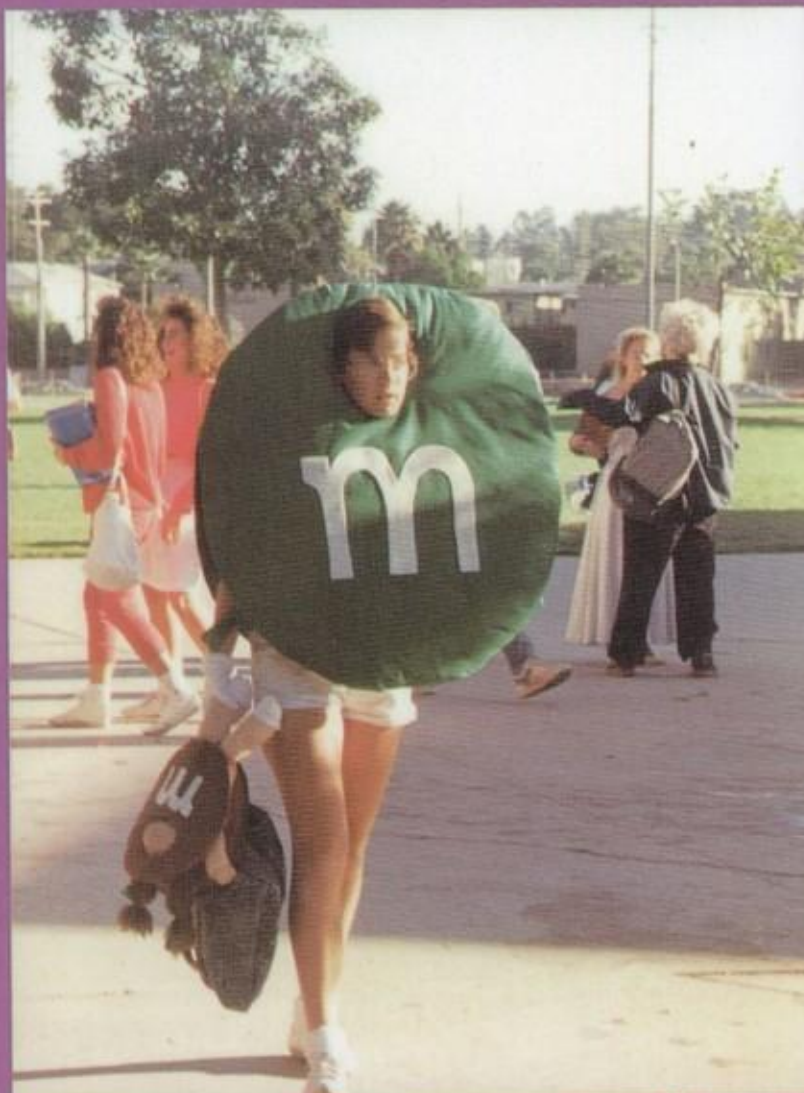
# HALLOWEEN

Dina as a Spanish dancer and Kristen as a Hershey's Kiss pose for the camera.

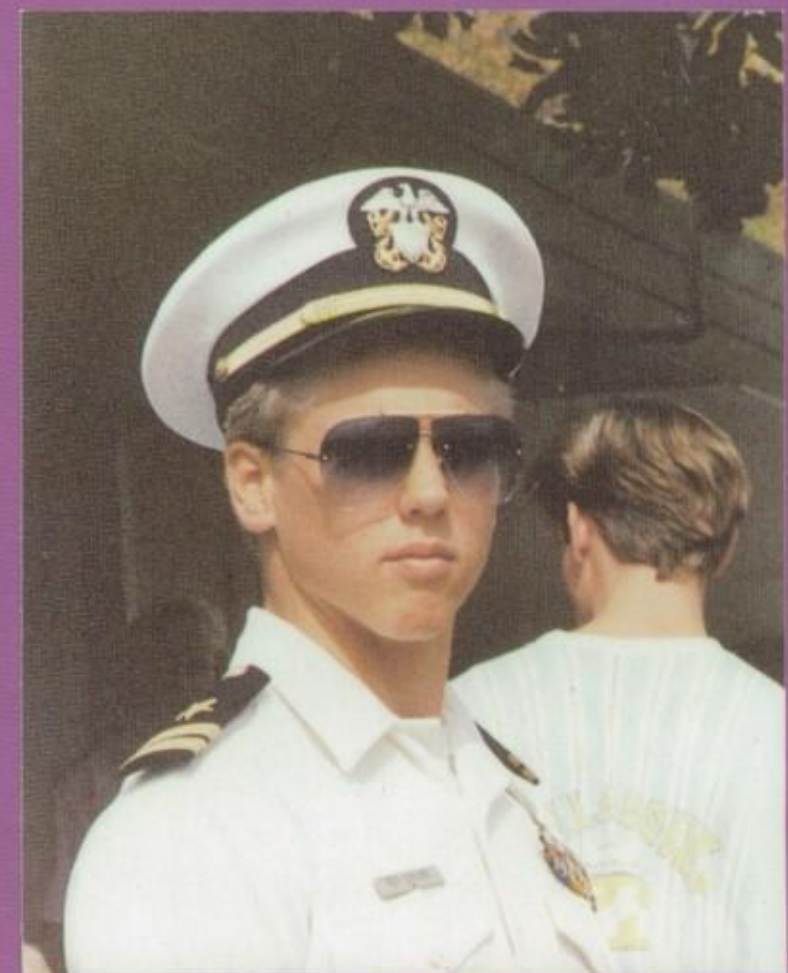
**K**irsten and Michelene as Raggedy Ann and Andy.



Big mama M&M and little baby.



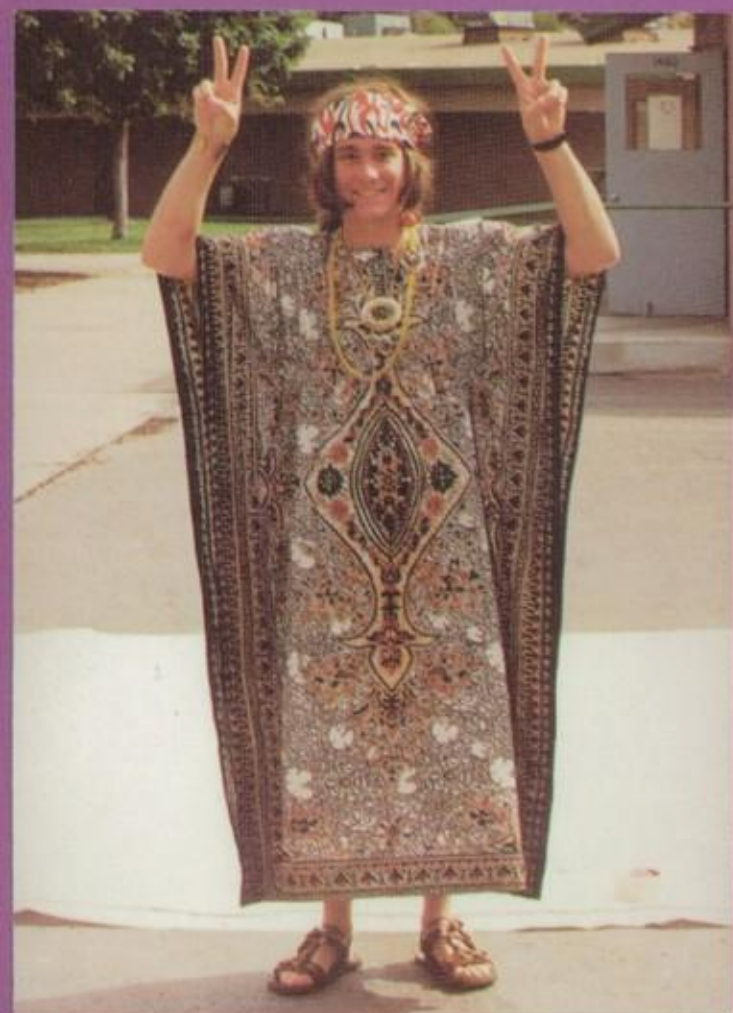
**R**ey Lyyjoki struts a Top Gun prototype.





# HAPPENINGS

Kraig Katzenmeyer shows that the 60's still lives on.



Jaime and Heather attempt to save the A.S.B. room.



“What’s up Doc?” — Shannon Young



Stacy Baker and friends dress up to show the Halloween spirit.





# Ochestra



Style and talent was performed by the orchestra in each festival and activity performed. This year's orchestra practiced and performed throughout the year exhibiting their musical talents and abilities. Advised by Mr. Richard Almanza, the orchestra learned through each lesson. The group attended numerous competitions and had various fundraisers.

Members: Pres. — L. Williamson, V.P. — K. Hoffman, Sec. — R. Maghsoodi, Treas. — C. Frisch, W. Bailey, A. Condon, J. Constancio, D. Desatoff, V. Gancitano, L. McCallister, M. McElroy, F. Obregon, B. Petersen, N. Pyle, R. Rousakis, E. Sledge, C. Sperry, L. Stallings, and C. Surrat.



# Fashion & Self Image ~~~~~



Ms. Jackie Broadwolf, faculty adviser and Mrs. Terri from Sevier School of Modeling.

The purpose of the *Fashion and Self Image Club* was to teach students to present themselves with pride. The club's activities included developing a positive self image putting themselves together to maximize their assets, and presenting themselves to a group. The club participated in many community events. For instance, fashion shows and modeling seminars. This club was sponsored by the Coca-Cola Bottling Co.

**Members:** Pres. — K. Clayton, V.P. — N. Katzenmeyer, Sec. — F. Mirza, P.R. and Ambassador — K. Stevenson, Ambassador — M. Cimmarrusti, J. Anderson, P. Anderson, L. Adreore, R. Andrews, G. Banach, S. Barker, T. Benge, T. Bustani, D. Cifariello, S. Cole, T. Cossingham, M. Cornett, T. Dahl, A. Davis, E. Davis, M. Devos, A. Dominguez, A. Duglio, M. Eagle, C. Eib, C. Ellis, R. Epps, C. Farris, T. Garcia, L. Gogg, A. Graf, G. Gran, M. Guden, H. Hamilton, K. Holinquest, J. Houser, K. Jackson, C. Knox, A. Kraynik, E. Leighton, S. Lim, R. Lloyd, G. Medawar, R. Mewlord, M. Morrison, K. Nowell, C. Oostra, G. Pallidino, J. Rainey, A. Ramirez, J. Rubiano, A. Rubish, A. Rittenberg, A. Rupp, N. Saldano, M. Sanchez, L. Saylor, A. Scotese, C. Short, N. Shouy, T. Sperman, S. St. Clair, D. Stevenson, T. Stringer, P. Thoung, M. Valdenomic, M. Virola.

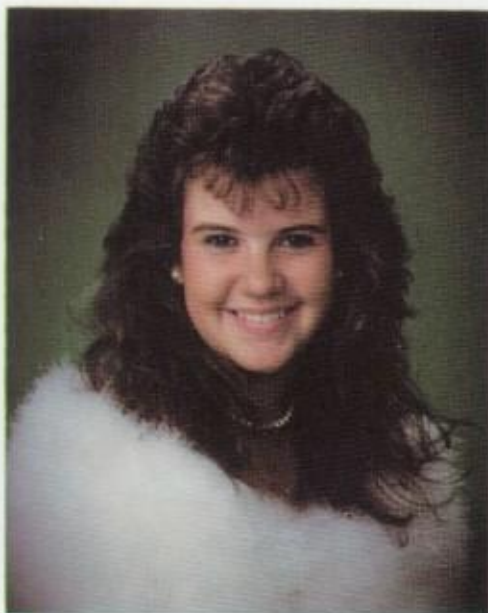




# HIGHLAND



**Marisa Cimmarrusti**  
**President**



**Kim Christiansen**  
**Vice President**



**Kristina Worthington**  
**Secretary**



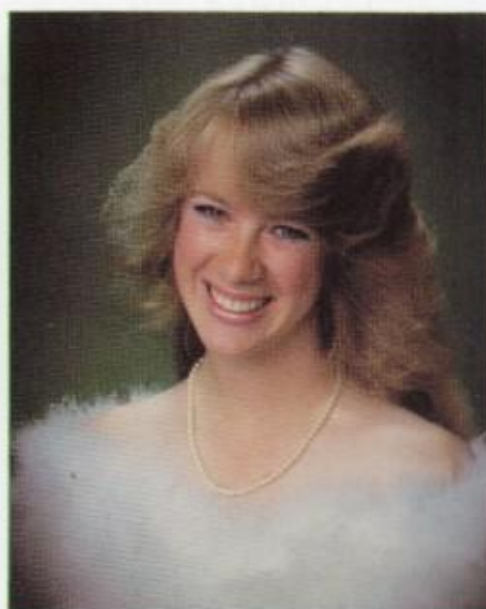
**Heather Swaney**  
**Treasurer**



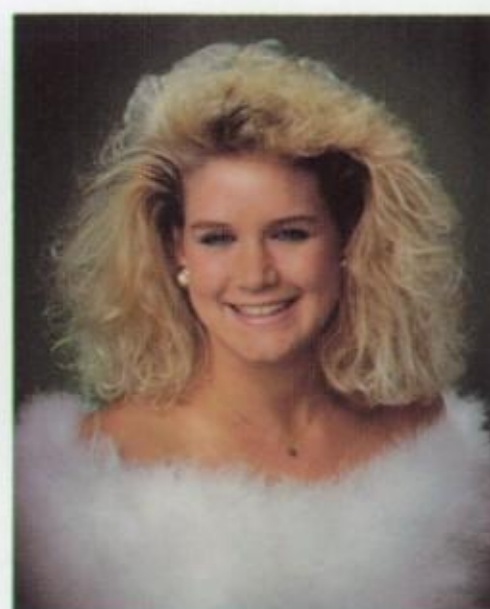
**Stacey Anderson**



**Vanessa Blevins**



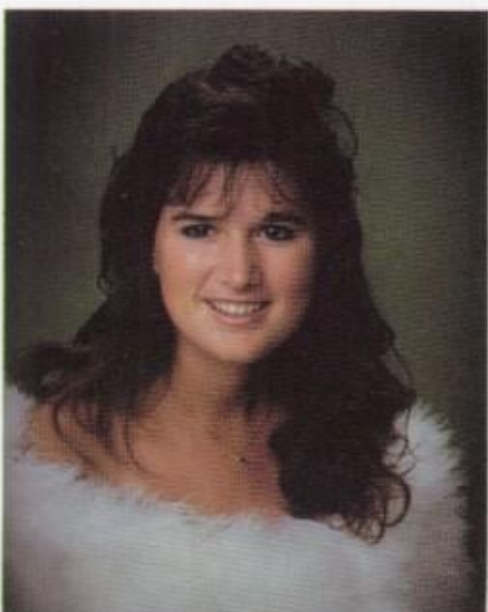
**Patti Frosio**



**Sharon Glueck**



**Gina Hunnicutt**



**Jaime Jeffers**



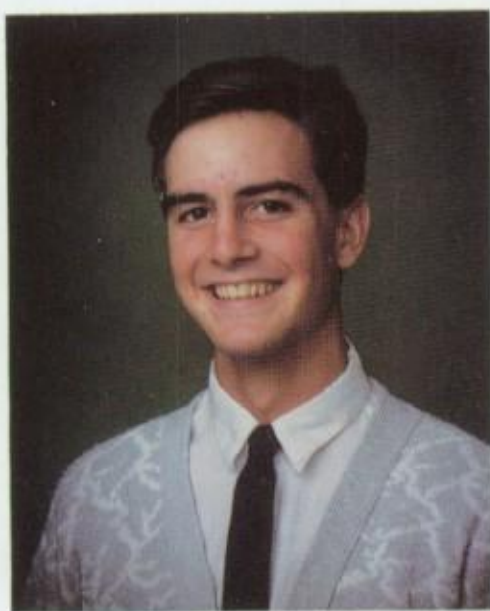
**Laurel Lain**



**Jessica Morse**



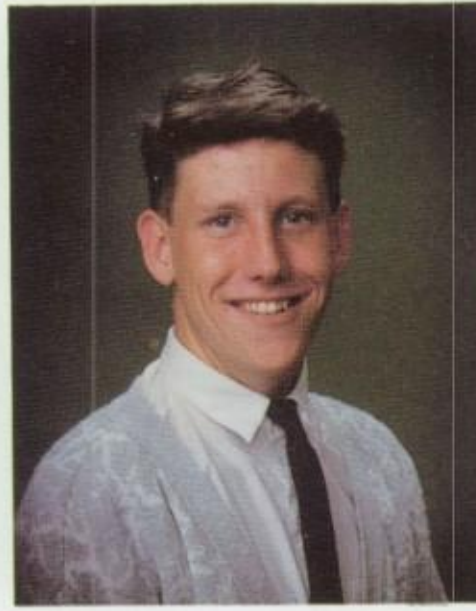
# LEAGUE



**Andy Mounts**



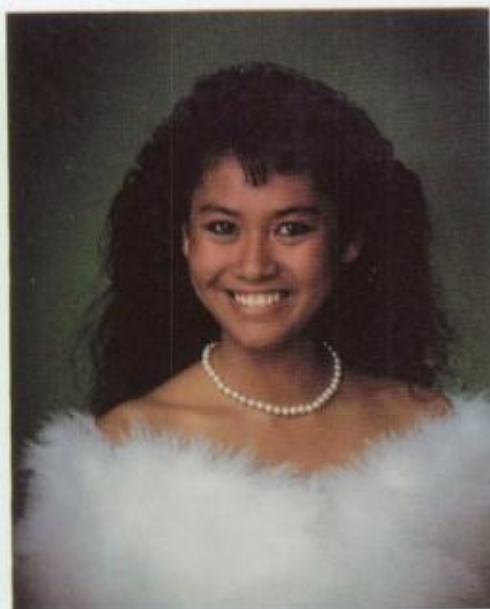
**Michelle Perry**



**Pat Sanford**



**Karin Stevenson**



**Meilanie Virola**



**Karilyn Worthington**



**Stephanie Wynn**



**Mr. Parker Olsen and Mr. Ron Ray, Advisors**

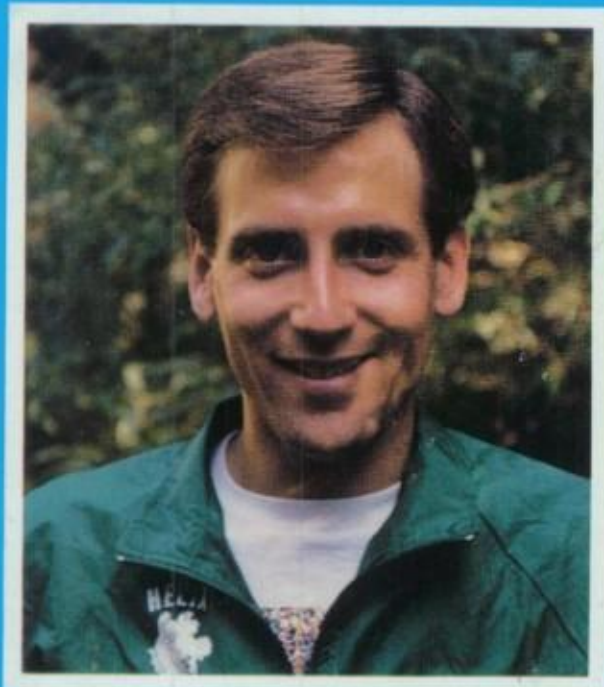
The annual Canned Food Drive was perhaps the biggest and most important project undertaken by Highland League this year. There were more than 4,000 cans and \$250 collected for needy families throughout La Mesa, Lemon Grove and Spring Valley for Thanksgiving dinners. The Heartland Human Relations Association distributed the food to more than one hundred families. Mrs. Mauri Mann's first period class collected 1,029 cans to win the donut-and-milk contest while Mr. Tom Heyer's class won the trophy for contributing in excess of \$130. "This year's contributions by Helix students far exceed any food drive effort I've ever experienced," stated advisor Ron Ray.



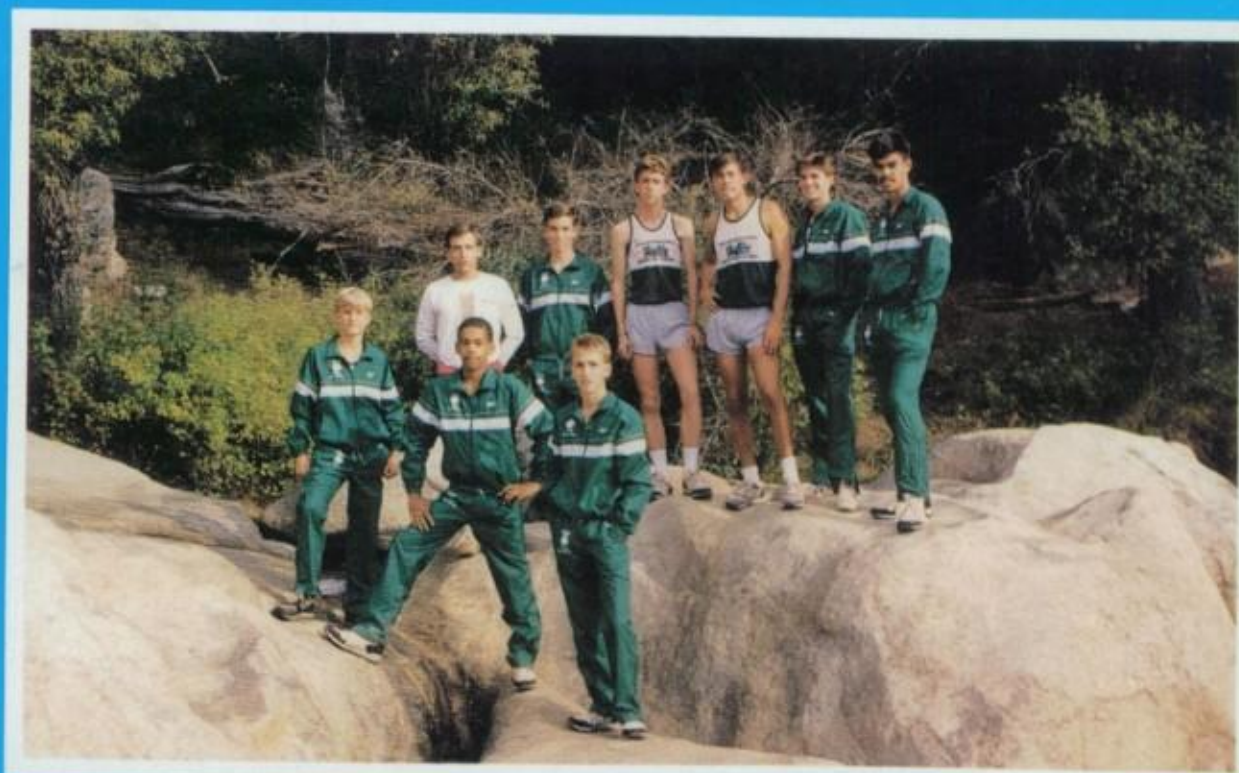
# Commitment To Excellence

"With the most well-balanced team we've had in several years, our goal was to place in the top three teams in the Grossmont League. Cross country is not only physically demanding but also demands great sacrifice and commitment in order to excel. We had more truly committed athletes this year than in the past several years — this was to their credit.

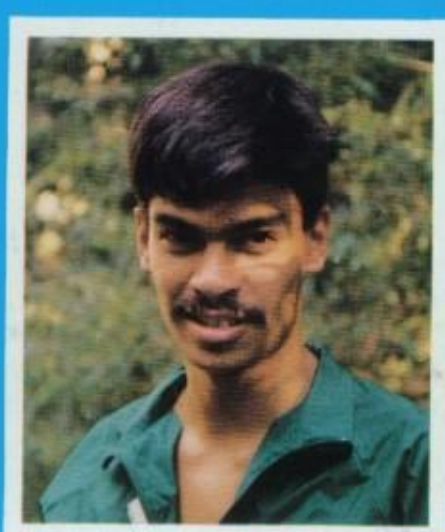
The benefits were almost innumerable. We started the season early on September 12 with the Woodbridge Invitational in Irvine where five boys took trophies. From that point on, it was non-stop with a meet every week, and, in some cases, two events each week. It was a very busy season." . . . Coach David Schultz



Coach David Schultz



Gordon Robinson, Captain



Alex Montgomery



James Sikes



Quinton Foster



Dan Miller



David Normandin



Jeremy Bottroff



Tom Galvez

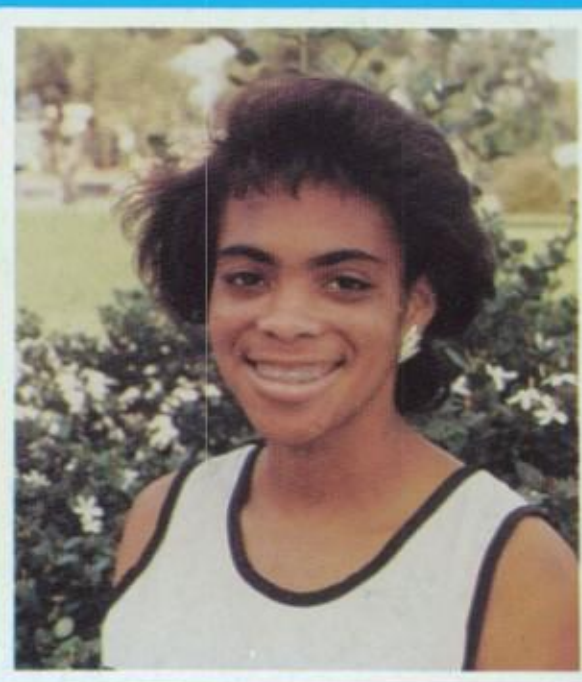


# 8-0 Dual Meet Competition



Back row: Coach John Geary, J. Berry, L. Jorgensen, P. Horton, J. Brandland, K. Foster, M. Sand, J. Sutic, Coach Becky Jackman; front row: E. Holiday

"The team finished in 2nd place in Grossmont League competition. This was a big improvement over last year when the girls finished in 4th place. Next year we'll be even stronger with a total of six returnees." . . . Coach John Geary



Captain Krishna Foster



Patti Horton



Liz Jorgensen



Jenny Berry



Matti Sand



Julie Sutic



Becky Osthimer



Jennifer Brandland



Estie Holiday





## Speech Team

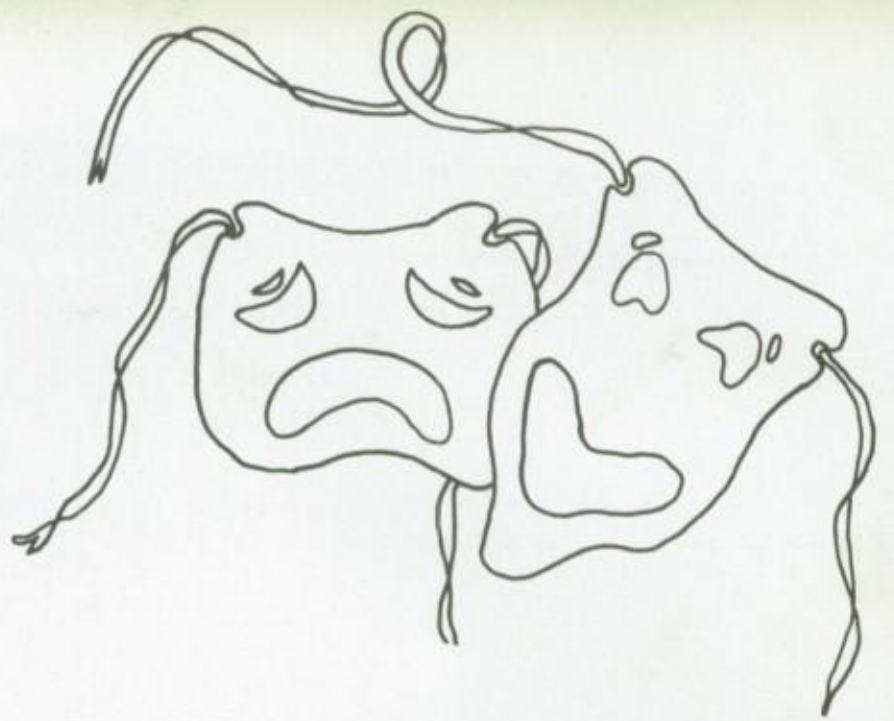
"Our future is so bright, we gotta wear shades," was the Helix Speech Team's motto. They competed against San Diego county schools in weekend tournaments. Through this the members learned valuable speaking skills, responsibilities to self and team, sportsmanship, and built confidence in themselves and their teammates. Members included: Laura Boehmke, Coach; James Franklin, President; James Gleghorn, Vice President; Pat McDonald, Secretary/Treasurer; B. Barritt, H. Beachley, K. Bliss, T. Boettcher, E. Bobrowski, C. Burey, C. Chipman, H. Dao, C. Darby, A. Duggan, J. Flowers, J. Freed, P. Frosio, D. Giaquinta, D. Glenn, S. Guffy, T. Hamma, J. Hammond, J. Kerschner, C. Knowlton, T. Levin, R. Martinez, S. Mincks, B. Morris, E. Person, P. Regan, J. Rodgers, A. Rubish, G. Spearman, J. Swanson, R. Tremblay, E. Viertel, K. Worthington, and S. Wynn.



"If I have to do this one more bloody time . . ." — Joe Freed



# Drama Club



Where do you go to be entertained in style? Try a trip to Helix Little Theatre. Through the year the Drama Club, also known as the Descendants of Sophocles, put on various shows like the fall play, *David and Lisa*, Record Pantomime Night, Final Scene Night, the Spring Play, Beginning Drama Night, and Musical Comedy Night. Members were involved in everything from providing refreshments during intermission and working the lights to acting on stage. Their officers were: Kathy Monahan, President; Krishna Singleton, Vice President; Yvonne Willrich-Teague, Secretary; Cathleen Morgan-Hill, Treasurer. Other members included: J. An-

gione, S. Bays, J. Bender, L. Blye, K. Brody, C. Bruck, M. Byler, S. Cartillo, J. Case, C. Castillo, J. Cesena, R. Cesena, C. Chipman, C. Cooper, C. Cotter, J. Dickerson, K. Elliot, S. Frisch, P. Gallandt, E. Gay, T. Guihrie, J. Hammond, S. Heredia, J. Hitt, K. Holmquist, K. Jackson, J. Jones, B. Kahan, J. Klunick, J. Lamachy, N. Lynch, D. May, C. McCarthy, N. McCrystal, K. McGrath, C. Meanor, B. Millican, B. Morgan, W. Mortier, C. Mumez, A. O'Dell, M. Rivera, L. Rodriquey, B. Savoy, L. Shoughro, D. Spencer, M. Spina, D. Steagall, K. Ward, P. Watson, and C. Wylie.



# Oceanography and Science

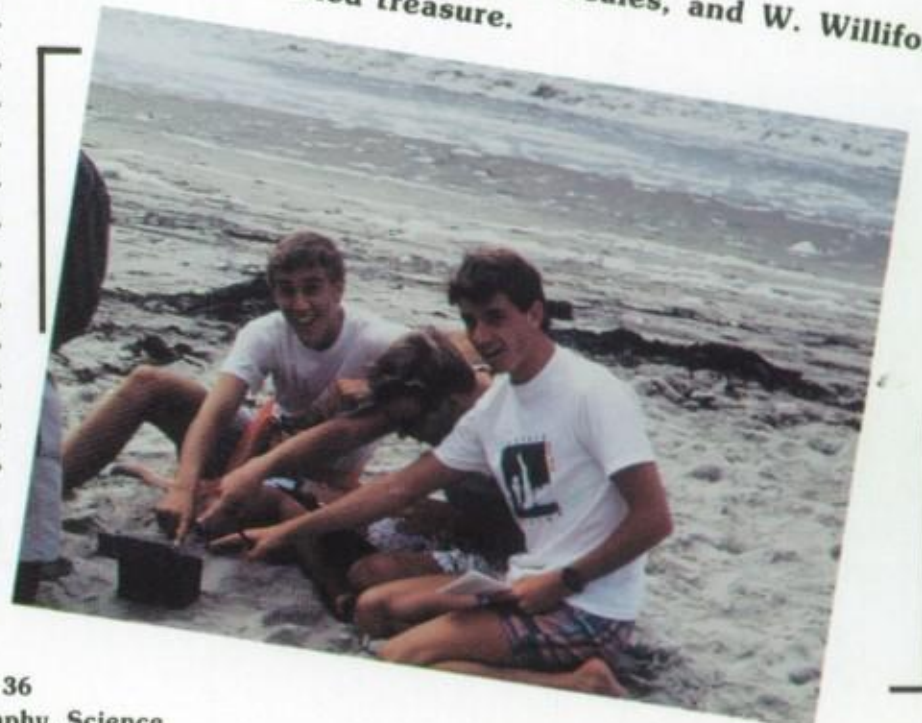


J. Iacovoni, R. Marsden, G. Werdick, and the rest of the club made it to Catalina after a long swim. Catalina was just one stop on the action packed road taken by the Oceanography and Science Club this year. Other stops included Scripps Aquarium, the tidepools, and the Caribbean Islands in June. The club sold donuts at school to help raise funds for their many activities.



The main objective of the Oceanography and Science Club is to combine activities about the oceans and science with fun. The advisors for this year were Leslie Hays and Ann Larivee and the club officers were Pres. Stephanie Brandland, V.P. Stacey Anderson, V.P. Cuong Nguyen, Sec. Cindy Knepher, and Treas. Andy Seales. The rest of the club consisted of H. Allen, B. Auton, J. Baltgalvis, C. Burye, E. Castellanos, H. Dao, C. Darby, T. Dement, K. Eimers, K. Elliot, E. Fenex, M. Fenston, C. Friend, K. Holmquest, J. Iacovoni, C. Israel, A. Lee, D. Lin, R. Little, R. Marsden, L. Martin, D. May, A. McTrusty, B. Miller, A. Minnich, M. Murdock, R. Nordeen, C. Oakey, L. Ofield, D. Omahen, N. Perretta, D. Peters, T. Pryor, J. Rainy, N. Reep, C. Russell, T. Sharp, M. Siepert, J. Spain, S. Spangler, D. Spencer, K. Stevenson, S. Tovsrud, E. VanBuskirk, M. Wear, G. Werdick, W. Williford, H. Whaling, and M. Wu.

J. Munch, D. Omahen, A. Seales, and W. Williford uncover buried treasure.





# Pep Band

The *Pep Band* led by Jeremy Justeson, added to the customary Highlander spirit present at many events. This student run organization consists of many of the top musicians in the Grossmont District including: K. Farrel, B. Fisher, D. Foster, D. Harrison, M. Heinadez, S. Hoover, C. Hutcherson, K. Ihmers, J. Justeson, K. Laney, J. Lyon, S. Minet, R. Murrillo, J. Renolds, C. Roberts, P. Satter, B. Segal. Their adviser was Mr. Richard Almanza.





# Key Club

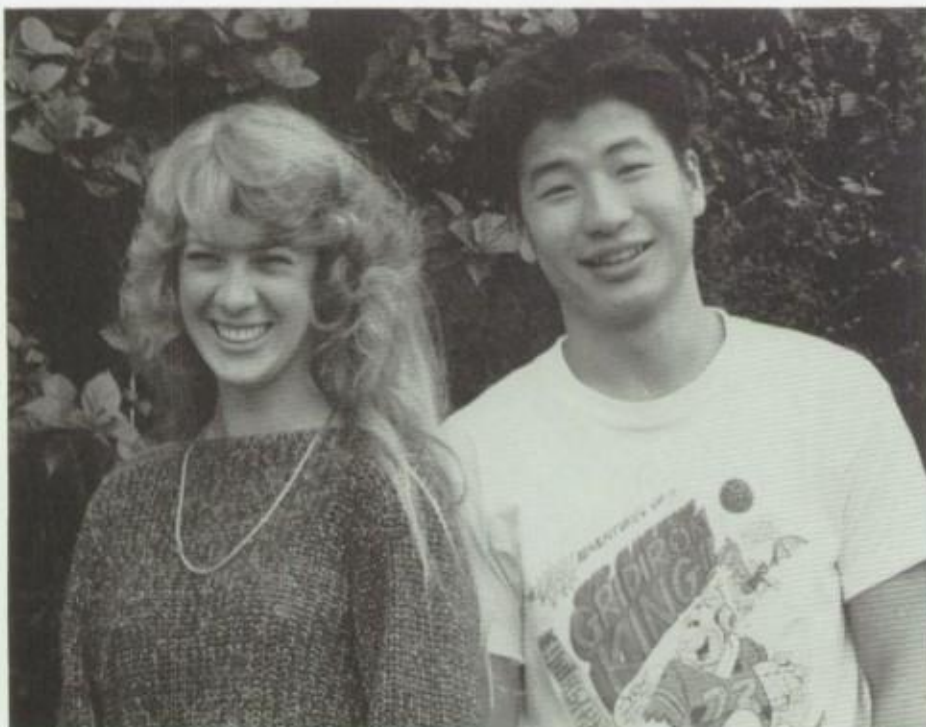


The Key Club provides leadership training for high school students while encouraging a sense of pride in themselves and their actions. Key Clubbers donate valuable time to school and community service. This years highlights included working at the M.D.A. Telethon and a convention in April in Anaheim, Ca. The club's advisor is Susan Ehlers and the officers for '87-'88 were Pres. Andy Mounts, V.P. Heather Schudel, Sec. Lisa Hanson, and Treas. Travis Vaughan.

Other members of the Key Club were J. Bottroff, D. Hall, J. Kerschener, K. Kuhfal, A. Lee, D. Lin, J. Magee, L. Montalto, M. Morrison, J. Mounts, C. Oakey, M. Pettis, H. Presenkowski, D. Rice, E. Roeder, D. Robatham, A. Seales, M. Tonkovich, L. Trent, E. VanBruskirk, L. Westover, K. Worthington, K. Worthington, and M. Wu.



# California Scholarship Federation



Pres. Patty Frosio and V.P. Ming Wu.

California Scholarship Federation — Seniors: D. Baldeaux, E. Bliss, T. Bruck, A. Bruhmuller, C. Carlson, M. Cimmarusti, R. Fisher, K. Foster, P. Ghazialam, G. Halterman, J. Hull, G. Jenkins, J. Justeson, K. Katzenmeyer, C. Knowlton, K. Kopel, D. Lin, J. Meyer, C. Morgan-Hill, J. Morse, A. Mounts, C. Nguyen, L. Poma, A. Seales, M. Siepert, M. Tonkovich, T. Vaughn, T. Zeddies — Juniors: L. Bingham, J. Burry, E. Castellanos, J. Cohan, J. Cooke, S. Downs, D. Engblom, W. Fink, T. Flynn, M. Fonseca, A. Gillingham, A. Givens, M. Gottlieb, D. Hall, K. Hall, K. Haugen, L. Hebshi, T. Hernandez, J. Horn, J. Iacovoni, E. Jorgensen, B. Konold, R. Maghsoodi, M. Martin, L. Montes de Oca, R. Morgan, J. Moser, T. Nguyen, M. Pettis, A. Pollack, R. Price, N. Reep, D. Rice, K. Ring, S. Sawyer, D. Schweitzer, D. Serrano, A. Shapiro, J. Swanson, H. Whaling, A. Zeddies — Sophomores: C. Burye, C. Clubb, B. Couvrette, T. Davis, M. DeVos, K. Eimers, D. Flynn, C. Greaves, R. Hernandez, M. Hoy, W. Lee, A. McTrusty, L. Montalto, M. Murdoch, L. Nguyen, K. Nowell, M. Sand, T. Sharp, S. Skinner, K. Worthington, L. Wright — Advisor: Nilo Atkinson.







# Marching Band

**Marching Band Members:** S. Armstrong, J. Baptista, V. Bowden, J. Bryant, M. Berry, L. Bingham, D. Carney, I. Cervantes, T. Davis, T. Dufrene, K. Elmers, I. Davis, C. Dement, F. Dennis, B. Diola, K. Farrell, B. Fleher, D. Foster, M. Gendreau, L. Glover, M. Hayes, M. Hernandez, G. Goforth, G. Harmen, D. Harrison, P. Hooper, S. Hoover, M. Hoy, C. Hutcherson, A. James, M. Kilpatrick, K. Lansy, C. Lewis, A. James, J. Justeson, J. Lyon, S. Minet, M. Munyon, R. Murrillo, D. Pitman, N. Preston, A. Navarro, J. Pellgrini, D. Quinci, B. Rafferty, J. Reynolds, C. Roberts, P. Satter, A. Smith, M. Sobka, M. Smith, G. Smith, J. Schilf, B. Segal, P. Smith, T. Spahn, T. Speck, C. Sperry, L. Stallings, T. Sullivan, A. Vargas, M. Vazza, J. Tinker, I. Trotter, R. Valdez, A. Wilson, M. Wilson.

so, T. Cason, C. Cooper, A. Davis, M. Duff, K. Feldman, A. Hartig, L. Herry, C. Goforth, T. Guthrie, M. Hodge, S. Hunt, D. Kurek, J. Jefferson, S. Jensen, B. Phillips, F. Pearson, E. Sanchez, S. Shumaker, A. Waddell, J. Thoms.

**Bagpipes:** R. Carlino, N. Bell, R. Lloyd, N. Prevolos, M. Siciliani, D. Volnov, N. Volnov, S. Wilkens.

**Drum Major** ..... Robert Fisher  
**Pipe Major** ..... Robert Lloyd  
**Tall Flag Co-Capt** ..... Johanna Bechtol, Amy Hartig  
**Director** ..... Mr. Richard Almanza  
**Assistant Director** ..... Mr. Mark Nadeau

**Tall Flags Corps:** J. Bechtol, A. Bradley, M. Bevier, J. Caru-





# Future Teachers of America Club



Future Teachers of America Club was a club to facilitate students who are interested in a teaching career. They did such things as observe and help in local area elementary schools. Their President was Chris Carlson and their Treasurer was Amy Kraynik. Other members included: D. Baldeaux, M. Benier, P. Bulat, C. Carlson, B. Colley, N. Cook, A. Daglio, D. Desatoff, J. Durick, K. Farrell, S. Ferois, S. Fisher, C. Fonseca, K. Gatley, T. Gleason, J. Gleghorn, C. Greaves, N. Katzenmeyer, A. Kiss, C. Knox, K. Kopel, A. Kraynik, S. Mason, C. McGuire, C. Moreno, N. Rittenberg, L. Rodriguez, P. Satter, H. Schudel, A. Seales, D. Serrano, M. Siepert, L. Stalling, D. Steagall, J. Swaney, K. Swanson, K. Ward, W. Williford, and S. Young.





## Inter-Club Council

Inter-Club Council provided a means of communication and of unification between ASB and the clubs on campus. They were headed by Erik Bliss and advised by Mr. Anderson. Other members included: Kim Christiansen, Krista Elliot, Joe Freed, Patti Frosio, Teri Lusignan, Farah Mirza, Andy Mounts, and Todd Sheehan.





**Choral officers, (top row): J. Bottroff, T. Smith, D. Radice; (bottom row): P. Bulat, K. Hendee, T. De Ment**  
**Vaughan; (middle row): S. Hovland, M.**



**"Going In Style is just what the Highlander singers did this year. From service clubs and convalescent hospitals to festival concert stages our vocalists excited our audiences and won critical acclaim through their many performances. The Winter Concert and Thousand Voice Festival were real highlights as well as the Spring Tour this year. Once again, the annual Pops Concert was a tremendous success. Choreography, sets, lighting, PA equipment, and hot pop music all combined in a kaleidoscope of entertainment that filled the gym to capacity for three nights running." — Mark Faulk, Dir.**



**Choir members, (top row): M. Nelson, D. Radice, P. Harper, F. Reyes, J. Bottroff, T. Vaughn, B. Aldridge, M. Smith, T. Hughes; (3rd row): J. Russell, C. Greaves, D. Frisch, D. Henderson, S. Moore, J. Fort, S. Ferris, S. Hovland, K. Hendee, B. Downey; (2nd row): L. Adams, J. Hixson, J. Barnes, S. Hal-**  
**sey, J. Butcher, K. Hall, C. Knox, C. Merritt; (front row): P. Bulat, C. Miller, D. Howard, A. Padilla, N. White, R. Hudson, T. De Ment. (not pictured): D. Brown, C. Foxhoven and R. James.**



# Ensemble



*Ensemble members, (top row): C. Short, C. Ramsey, M. Adamonis, K. Howard, C. Pykles, V. Perez, B. Downey, s. Spangler; (middle row): P. Hammell, T. Barnett, K. Clayton, W. Bailey, T. McGalliard, S. Sheridan; (front row): C. Sledge, A. Kraynik, L. Saylor, D. Flynn.*

# Glee



*Glee members, (top row): A. Ewing, J. Dickerson, T. Drew, H. Pykles, T. Guthrie, C. Knox, N. Cando, M. Duff, J. Hovland, K. Ward, C. Wylie, K. Kuhfal; (middle row): A. Rasmussen, T. Nail, T. Radice, S. Barnes, N. Spadaro, S. Sexton, T. Petersen, J. Castro, L. Barnett, K. Davis, N. Miller; (front row): A. Bradley, J. Zbytniewski, L. Bolton, C. Perry, R. Dobyns, H. Watson, M. Asgari, T. Benge, D. Hollingshead and S. Davis. (not pictured): S. Guffey, M. Hodge, D. Jastrzembski, M. Lazear and W. Sexton.*



# Student Council

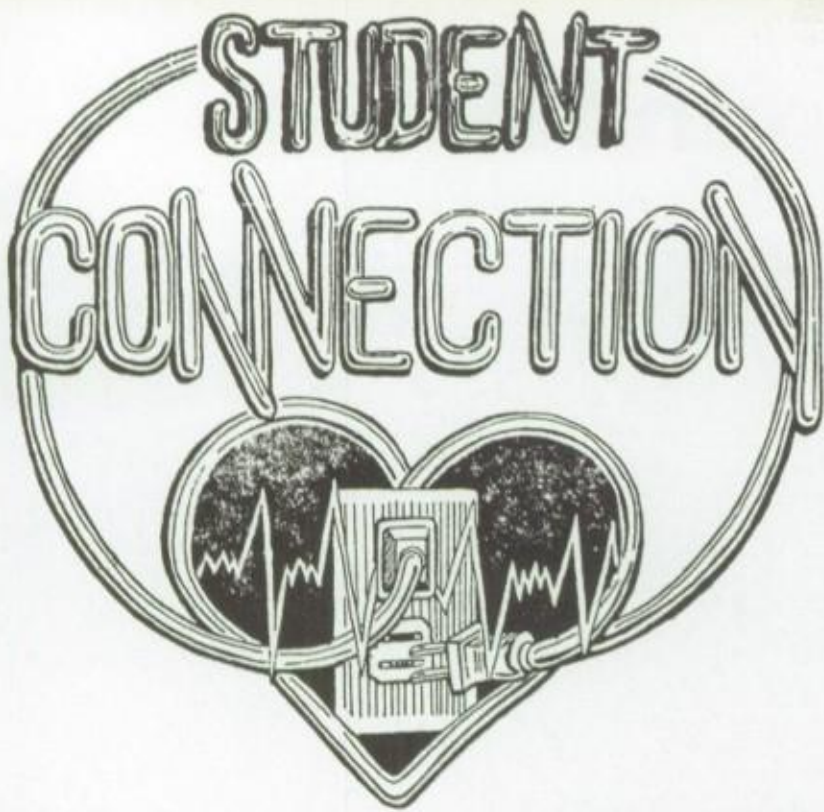


**Student Council** helped get the word out to all students through elected representatives from each fourth period class. They met monthly in the cafeteria to get updates of ASB happenings and to share ideas and concerns of students they represented. ASB vice-president Yvette Marzullo was the leader of this group that included Ale Campos, Kristen Cook, Lorryne Davenport, Lisa Del Gatto, Farida Dida, Patti Frosio, Angelique Kiss, Zana Licht, Matt Martelli, Leah Martin, Stormy Masson, Andrea McTrusty, Andy Mounts, Jason Quigley, Mike Tran and Anna Traylor.



**Yvette Marzullo** conducts a monthly Student Council Meeting.





*Student Connection* was a group of students who volunteered their time and offered a listening ear to anyone with problems at school or at home. They realized there were times when someone needs a friend to talk to when all is not well. According to faculty adviser Bob Lucas, "They're here to listen. Many of them have experienced problems of their own and now they want to offer the kind of help they received when they were down." Members of this group included Stacy Anderson, Tammy Benge, Laural Bingham, Kristy Bonell, Paula Burmeister, Priscilla Carter, Jolene Castro, David Cefariello, Sarona Cole, Lisa Covey, Dawn Cross, Michelle Espinoza, Sheri Espinoza, Patty Frosio, Amy Gillingham, Kenji Hall, Brian Hay, Melanie Hodge, Kraig Katzenmeyer, Nicole Katzenmeyer, Angeli-que Kiss, Kim Kopel, Amy Kraynik, Stephanie Kreitz, Laurel Lain, Cassie Lykke, Stormy Masson, Caprice Meanor, Ron Meinung, Brandie Morris, Neda Moshtaghi, Becky Reynolds, Kym Salas, Andy Seales, Tracy Shaklett, Natasha Stapel, Diane Stevenson, Karin Stevenson, Kelly Swanson, Brian Turner, Max Vezza, Meilanie Virola and Amber Whaley.





## Fling Staff 87-88



## Editors

**Editor-in-Chief ..... Krista Elliot**  
**News Editor ..... Jamie Jeffers**  
**Asst. News**  
**Editor ..... Stephanie Wynn**  
**Editorial**  
**Editor ..... John Lamachy**  
**Feature Editor ..... JoJo Smith**  
**Asst. Feature**  
**Editor ..... Heather Poulson**  
**Sports Editor ..... Jeff Meyer**  
**& Jeff Andrews**  
**Exchange Editor ..... Christi Turner**  
**Art Editor ..... Richard Cando**

### Business Staff

**Ad Manager ..... Todd Howerton**  
**Asst. Ad Mgr ..... Heather Poulson**

## Reporters

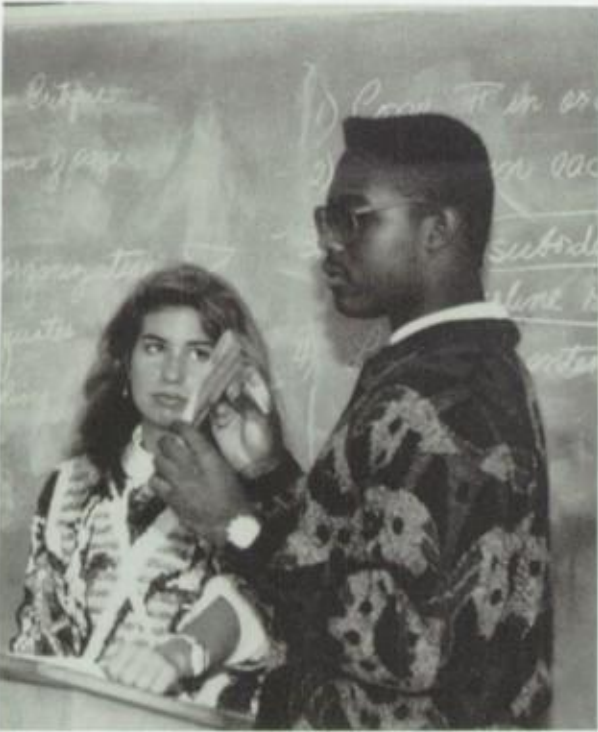
**Denise Baldeaux, Lori Bennett, Ann Bulat, Anthony Carlino, Stacy Castillo, Joey Cohan, Kristen Cook, Alisa Daglio, Jennifer Dant, Desiree DeFoe, Stephanie Downs, Audra Galon, Jody Flowers, James Franklin, Joe Freed, David Hall, Michael Kuss, Lori Weber**

## Photographers

**Kristina Ramirez, Leila Hebshi, Cuong Nguyen**

Advisor ..... Jessica Patton

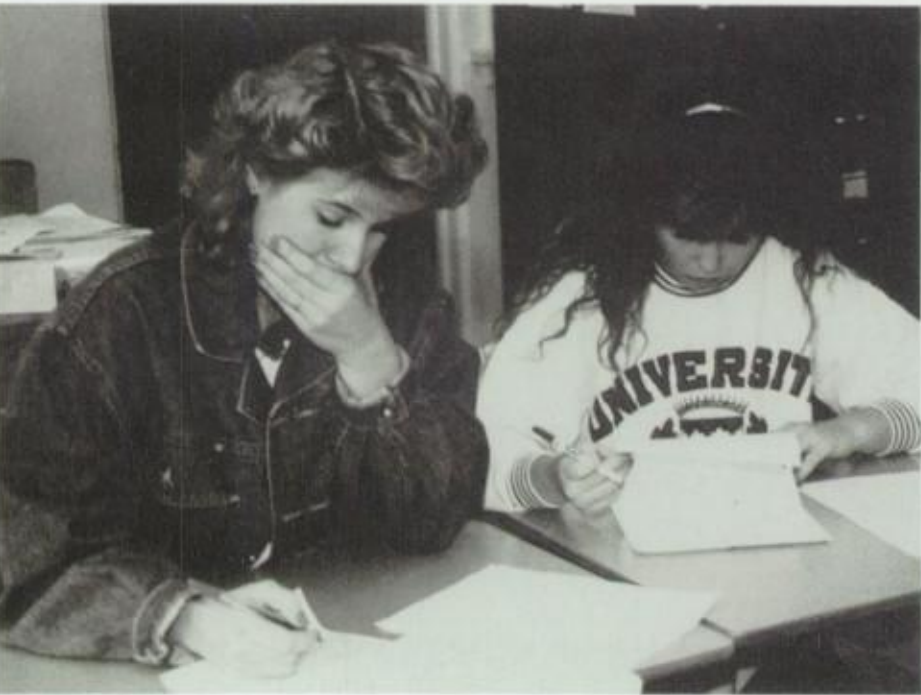




Alisa Daglio and James Franklin share their ideas with the rest of the staff.



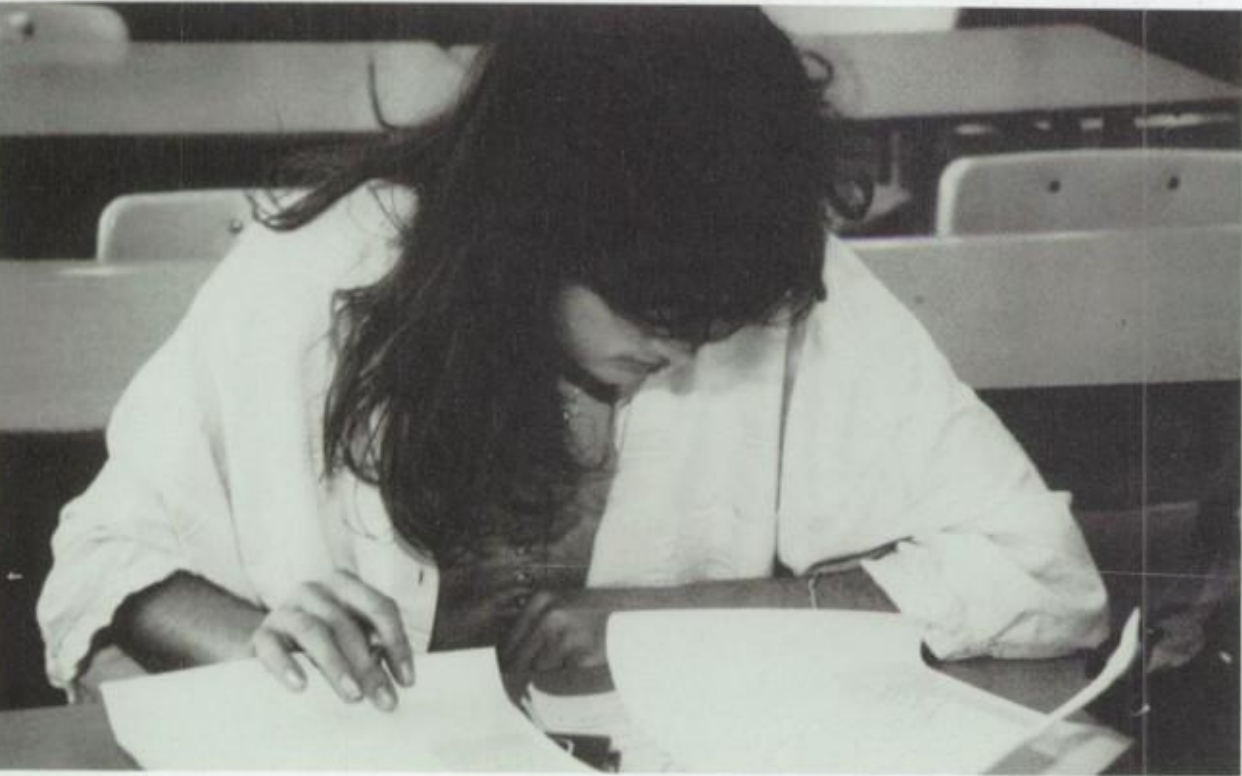
Mrs. Patton gives her opinion of Richard Cando's latest drawing for the Fling.



Heather Poulson and Stephanie Wynn contemplate their stories before making any changes.



The 'Jeffs' just can't decide which picture to select for the sports section.



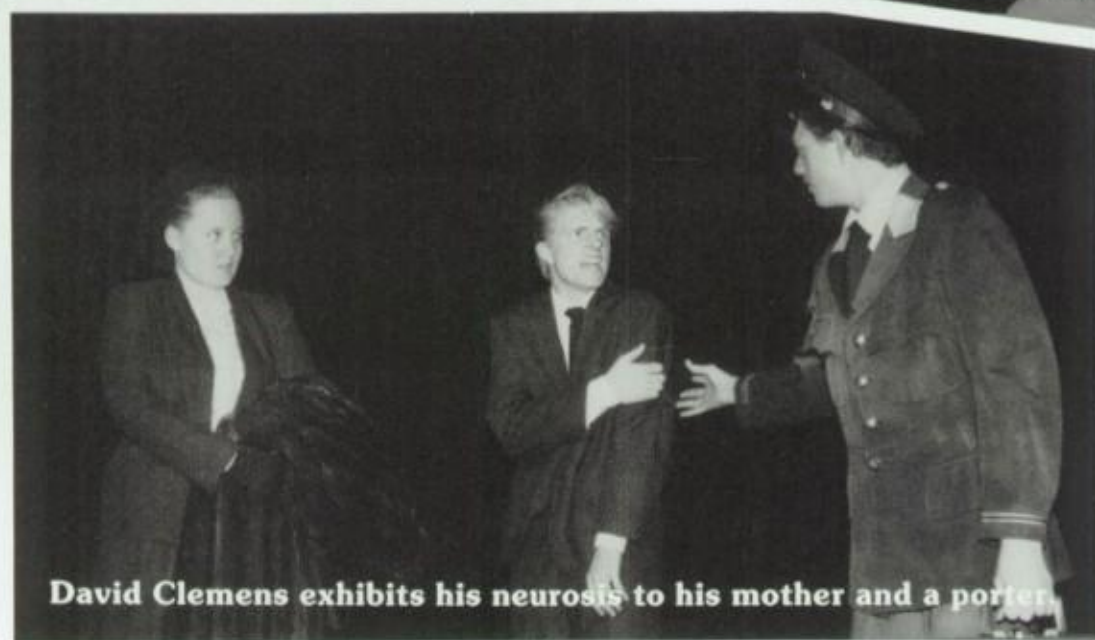
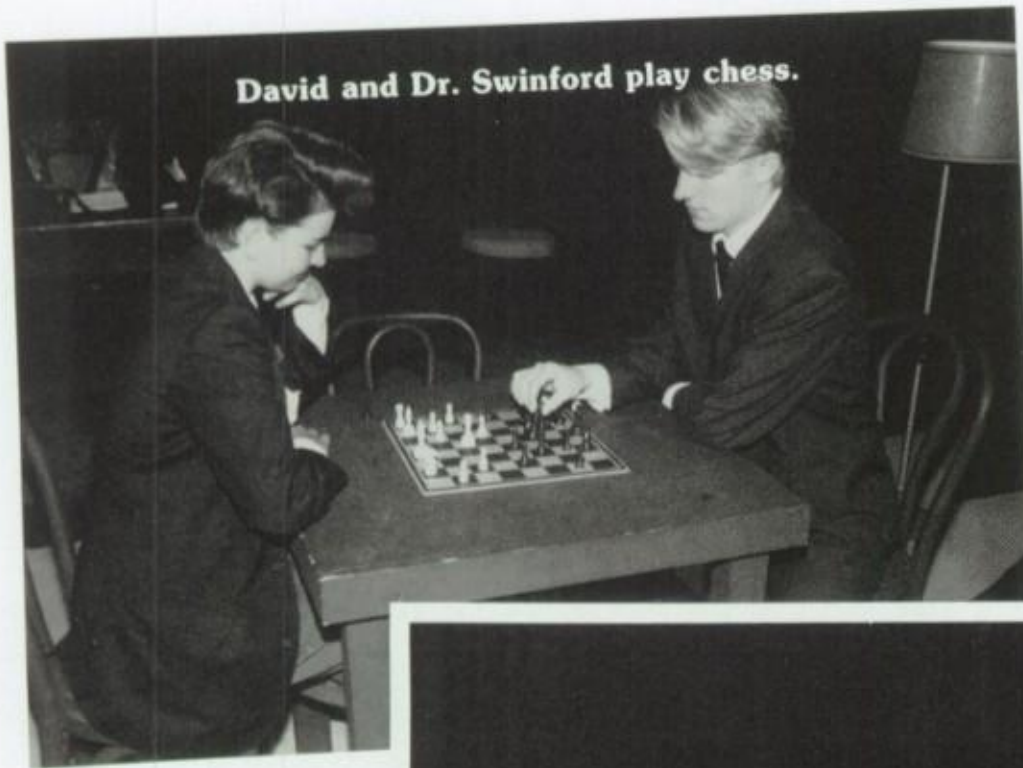
Jaime Jeffers works hard to meet the deadline.

The Fling Staff has a continuing and dedicated effort to inform as well as entertain the Helix student body. Publishing a monthly journal gives them a chance to improve their writing, learn about how a newspaper is run, revise their work, and constantly critique their efforts. Each month their task was to present the most complete and unbiased view of the news, provide a public forum for all students to express their opinions, and to write about the issues affecting Helix students to the best of their ability. By exercising the right of free press granted to everyone in the United States Constitution, this year's Fling Staff upheld the Helix tradition of quality journalism.

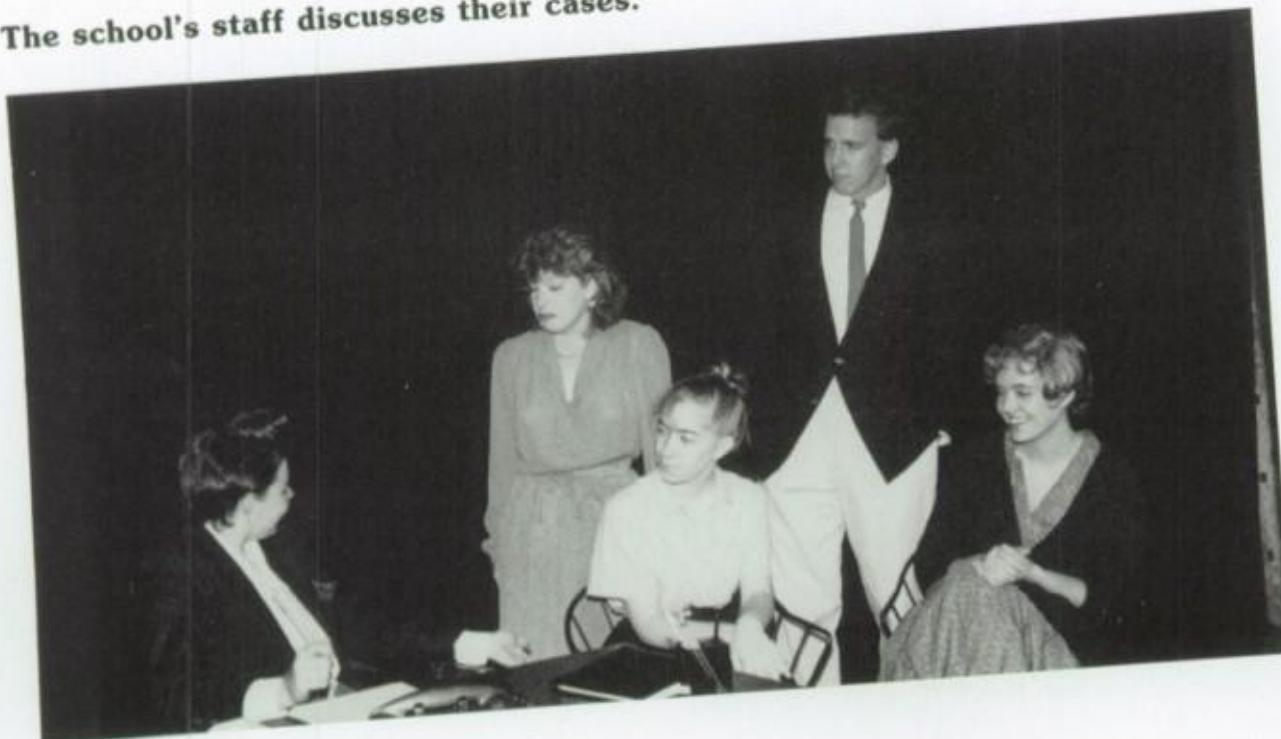


# Fall Play 1987

## David and Lisa



The school's staff discusses their cases.



### Cast and Understudies

David ..... Peter Watson  
 Mrs. Clemens ..... Cathleen Morgan-Hill  
 Porter ..... Charles Ayers  
 Mrs. Ferris ..... Kathleen Monahan  
 Elaine Swinford ..... Yvonne Willrich-Teague  
 Maureen Hart ..... Jennifer Angione  
 Carlos ..... John Lamachy  
 Sandra ..... Nicholle McCrystal  
 Simon ..... Justin Jones  
 Kate ..... Jennifer Hammon  
 Lisa ..... Krishna Singleton  
 Barbara ..... Shelly Bays  
 Robert ..... Richard Bradley  
 Ben ..... Gary Chipman  
 Mr. Clemens ..... Jon Bender  
 Girl ..... Anna Marie Noe  
 1st Boy ..... Matt Heffernan  
 2nd Boy ..... Hunza Kotal  
 Woman ..... Marcella Valderrama  
 Understudies - John Lamachy, Shelly Bays, Linda Rodriguez, Cathleen Morgan-Hill, and Patrick Monahan.

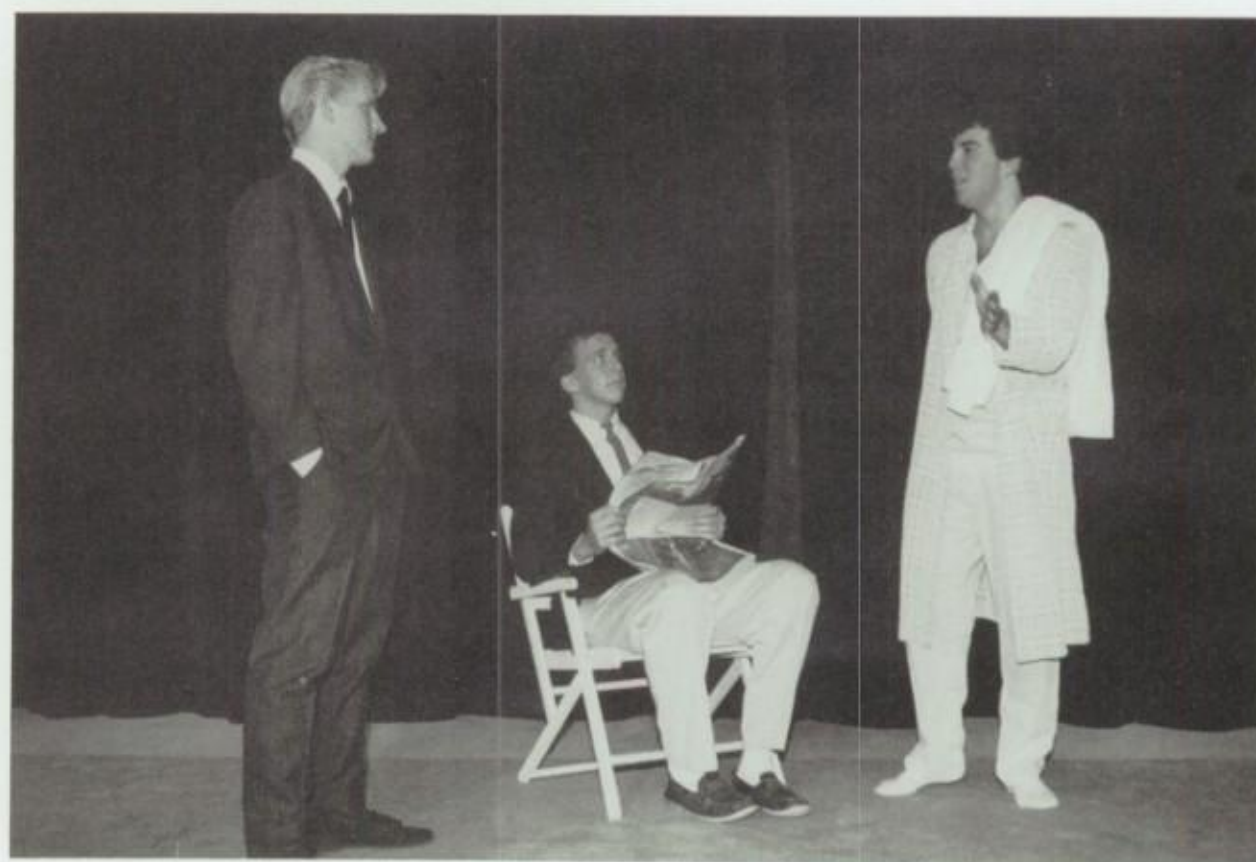




#### Technical Staff

Toni Austin, Jamison Balvin, Chris Bays, Jon Bender, Monica Benevides, Michelle Bixler, Kimberly, Ben Carr, Connie Castillo, Jeannette Cesena, Heather Dewey, Janice Dickerson, Patricia Dunkle, Shannon Frish, Patrick Gallandt, Elena Gay, Sergio Heredia, Mindy Hines, Ivan Hollinshead, Jason Hunnicutt, Justin Jones, Blake Kahan, Robert Kocis, Nicholle McCrystal, Kathleen Monahan, Kathleen Morgan-Hill, Ami O'Dell, Dathon Pabon, Mike Rivera, Linda Rodriguez, Libbi Shoughro, Krishna Singleton, Derek Steagall, Brian Turner, Kim Ward, Yvonne Willrich-Teague, and the Stage Craft Class.

Directed by Evonne A. Noll



David, Ben, and Robert meet in the hallway scene



# Winter Court

# Wish Upon A Star



This year, the Junior class sponsored "Wish Upon A Star," the theme of the annual winter formal. The Scottish Rites center was brightly decorated with many red and silver balloons. A table filled with refreshments was also provided. After Dark supplied the DJ and music for the dance, which started at 8pm and ended at 12. Halfway through the festivities, the Winter Court was called to the stage and the King and Queen were announced.

Pictured below is the '87 Winter Court.





**Queen Kristina —**

Key Club, Highland League, Tartan staff, ASB, I-Club, Jr. and Sr. boards, Soph. Sec., Frosh Treas., Sr. Prom head

**Princess Heather —**

Tartan Co-Editor-in-chief, Key Club V.P., ASB, Jr. and Sr. boards

**Princess Stacy —**

Student Connection, Highland League, ASB, French Club, Ocean/Sci Club V.P., Sr. board

**Princess Tricia —**

Ensemble, Varsity Cheer, J.V. and Varsity Tennis



Kristina Worthington



Heather Schudel



Stacy Anderson



Tricia Barnett



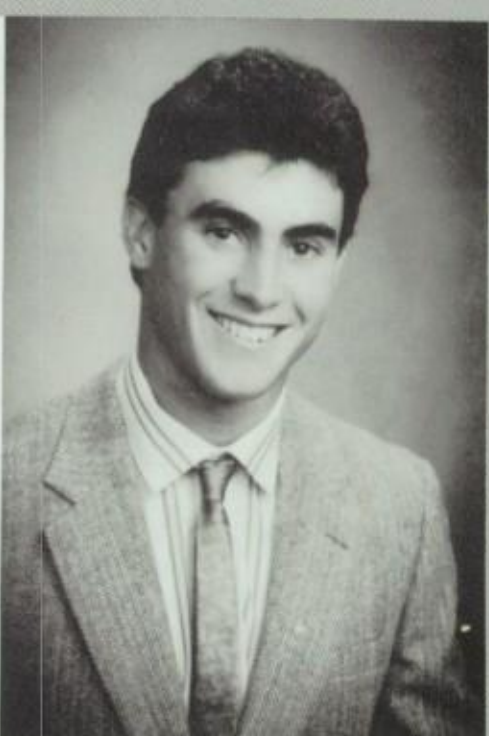
Kraig Katzenmeyer



Mike Siepert



Pat Sanford



Todd Sheehan

**King Kraig —**

CSF, Water Polo Co-Capt.-Gros. League player of the year, Swim, Letter Club, ASB Treas., Tartan, Student Connection

**Prince Mike —**

Water Polo Co-Capt., J.V. and Varsity Basketball, Swim, Ocean/Sci Club, Lettermans Club, Jr. and Sr. boards

**Prince Pat —**

Tartan Staff, Highland League, ASB, Sr. V.P., Jr. board, Student Council

**Prince Todd —**

Football Co-Capt.-Gros. League player of the year, 1st team, all CIF, Tartan staff, Lettermans club, Baseball





The  
Junior  
Class  
Presents:

*Wish Upon A Star*

December 19, 1987

Winter Formal

Helix High School

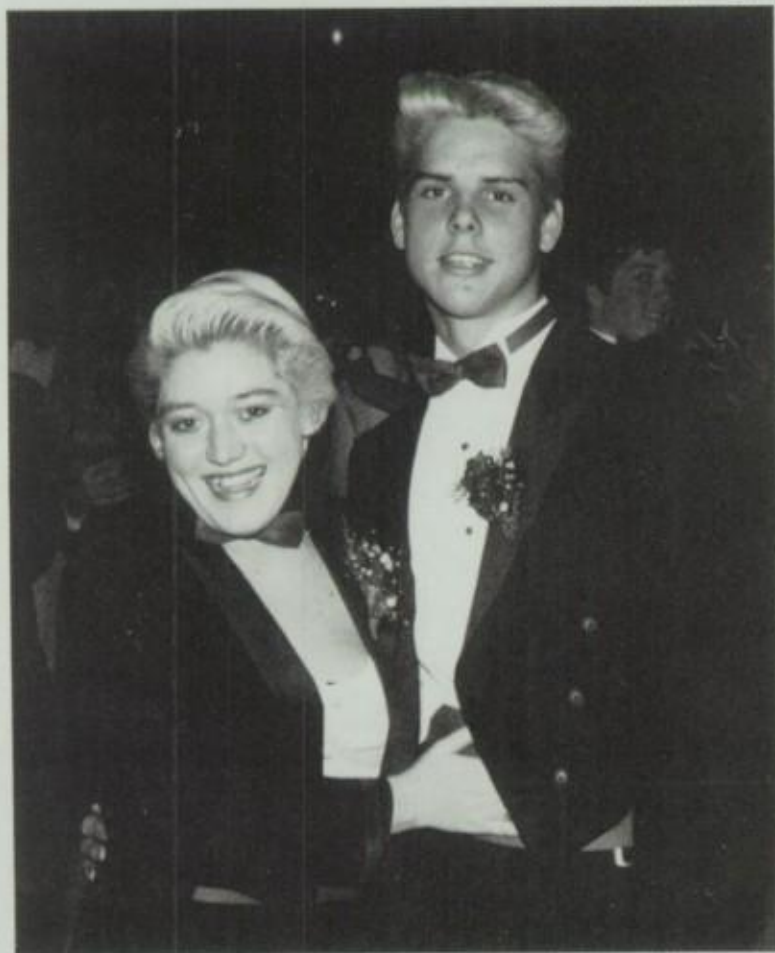
8:00-12:00PM



D. Omahen, H. Schudel, T. Shacklett and K. Katzenmeyer joked around on the dance floor.



Under the arc of balloons, dancers moved to the soft music.



C. Lee and date showed off in matching tuxes.



L. Hanson announced the court while E. Jorgenson, R. Price and D. Nyenheis helped with the ceremony.

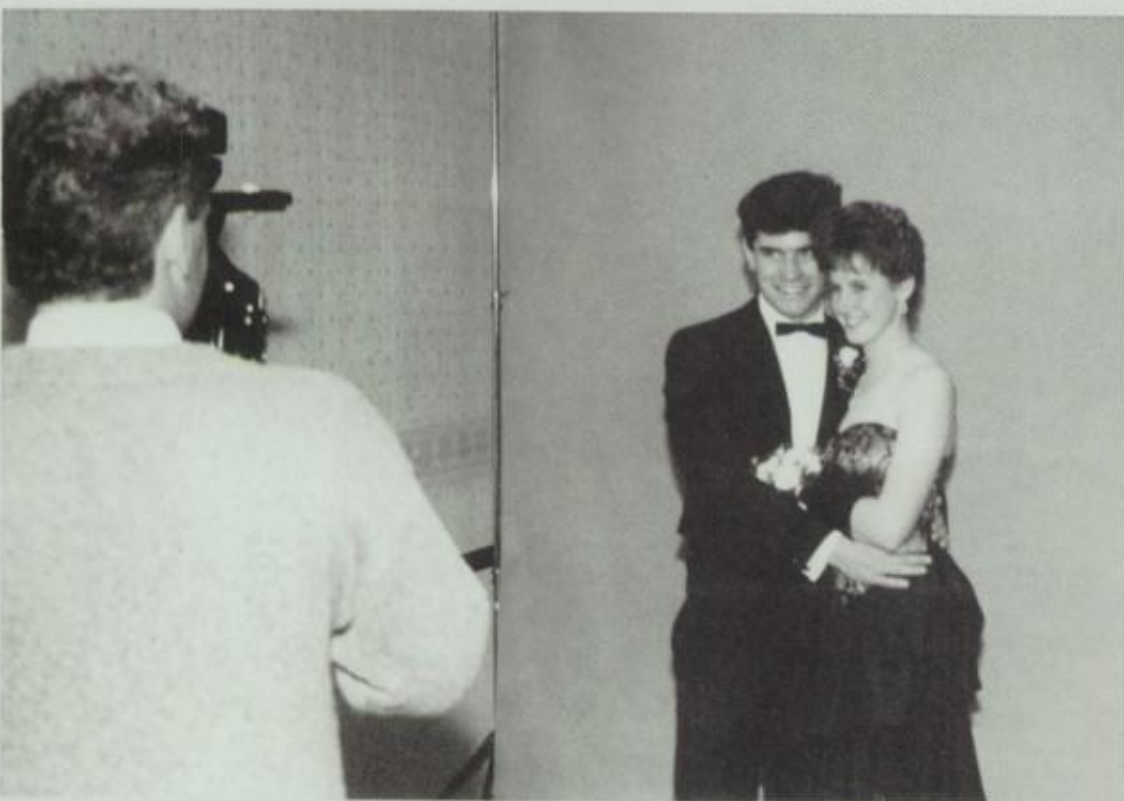




The crowd waited with anticipation for the announcement of The Winter Court.



K. Gatley and M. Siepert were interrupted by the camera while on the dance floor.



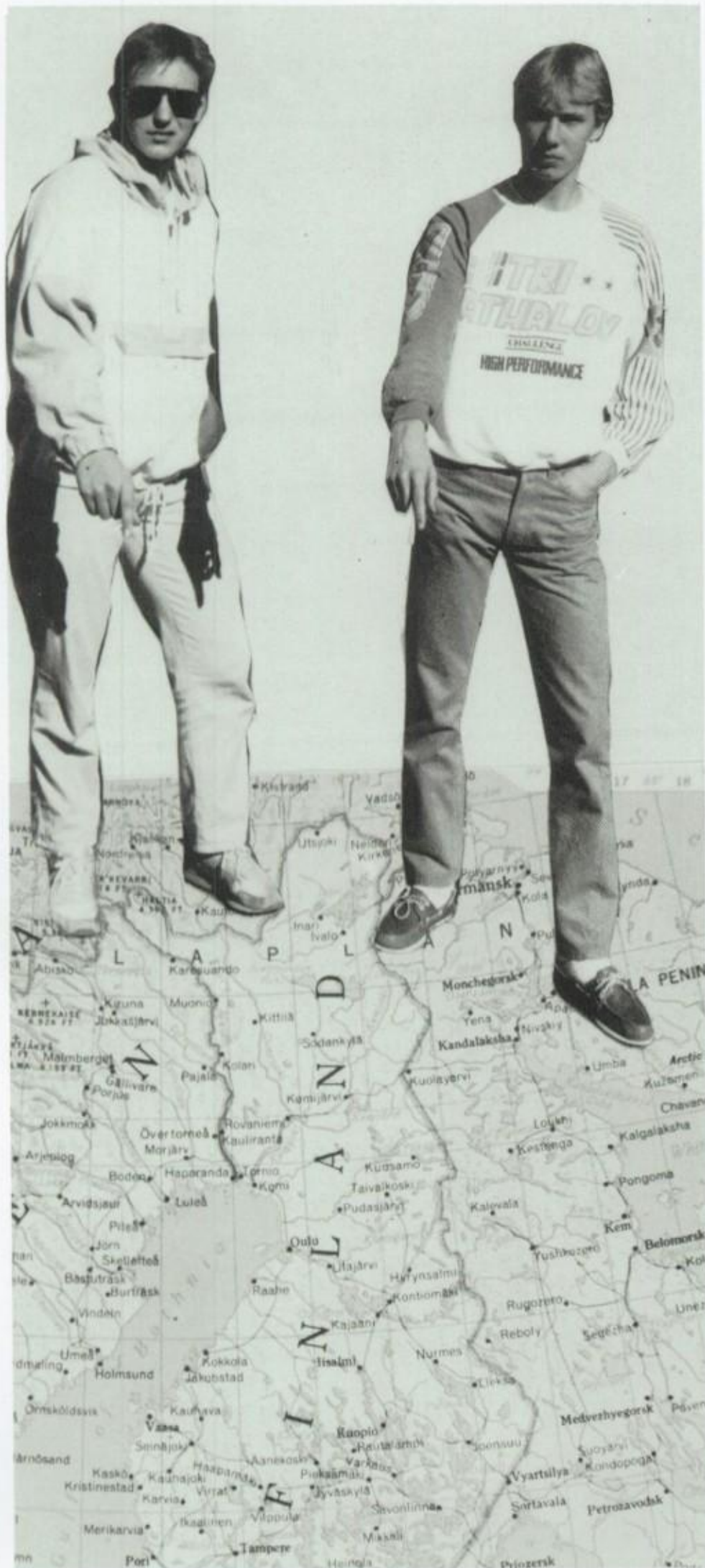
D. Rice and E. Jorgenson posed for pictures.



Students took a break at the refreshment table.



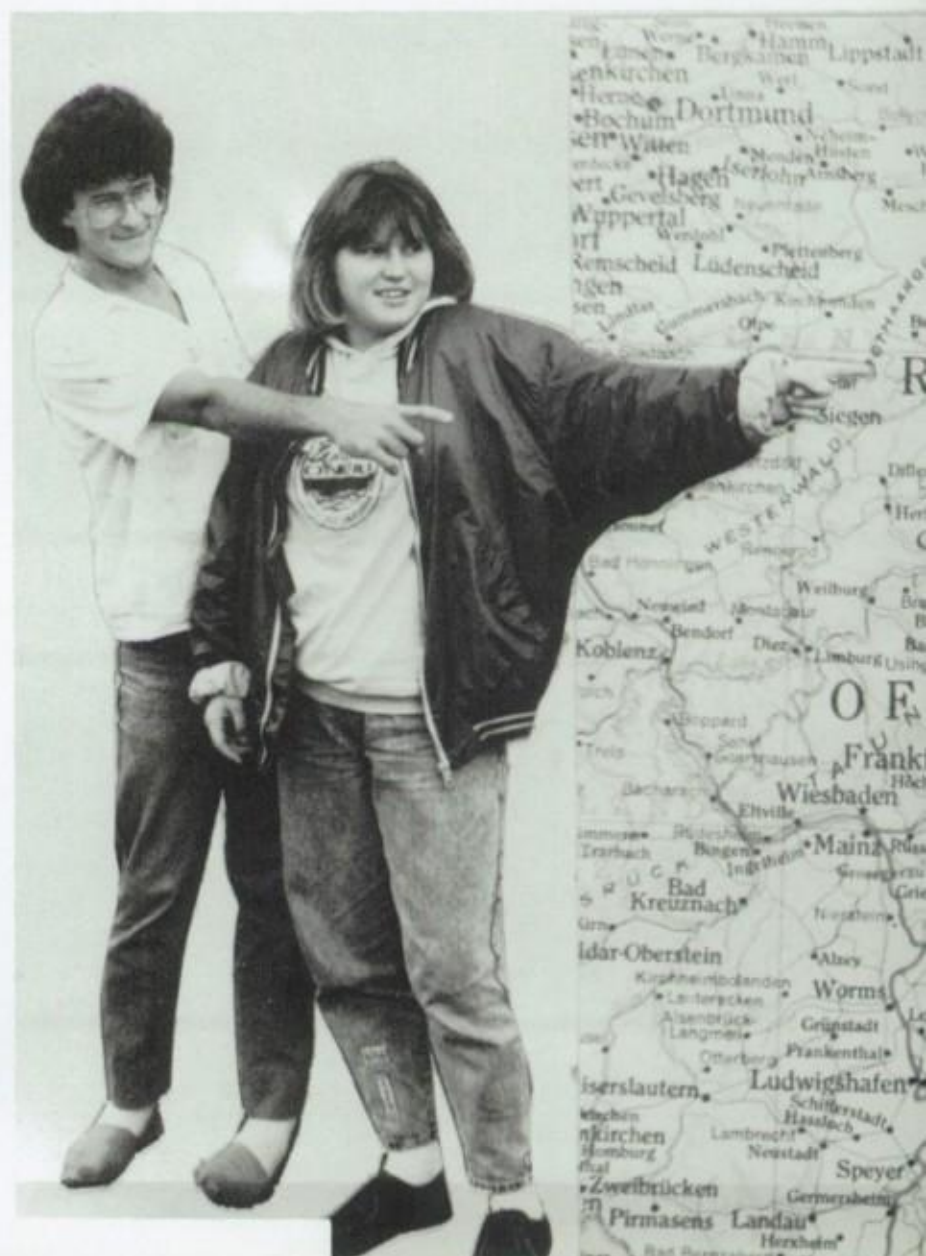
# Foreign Exchange Students



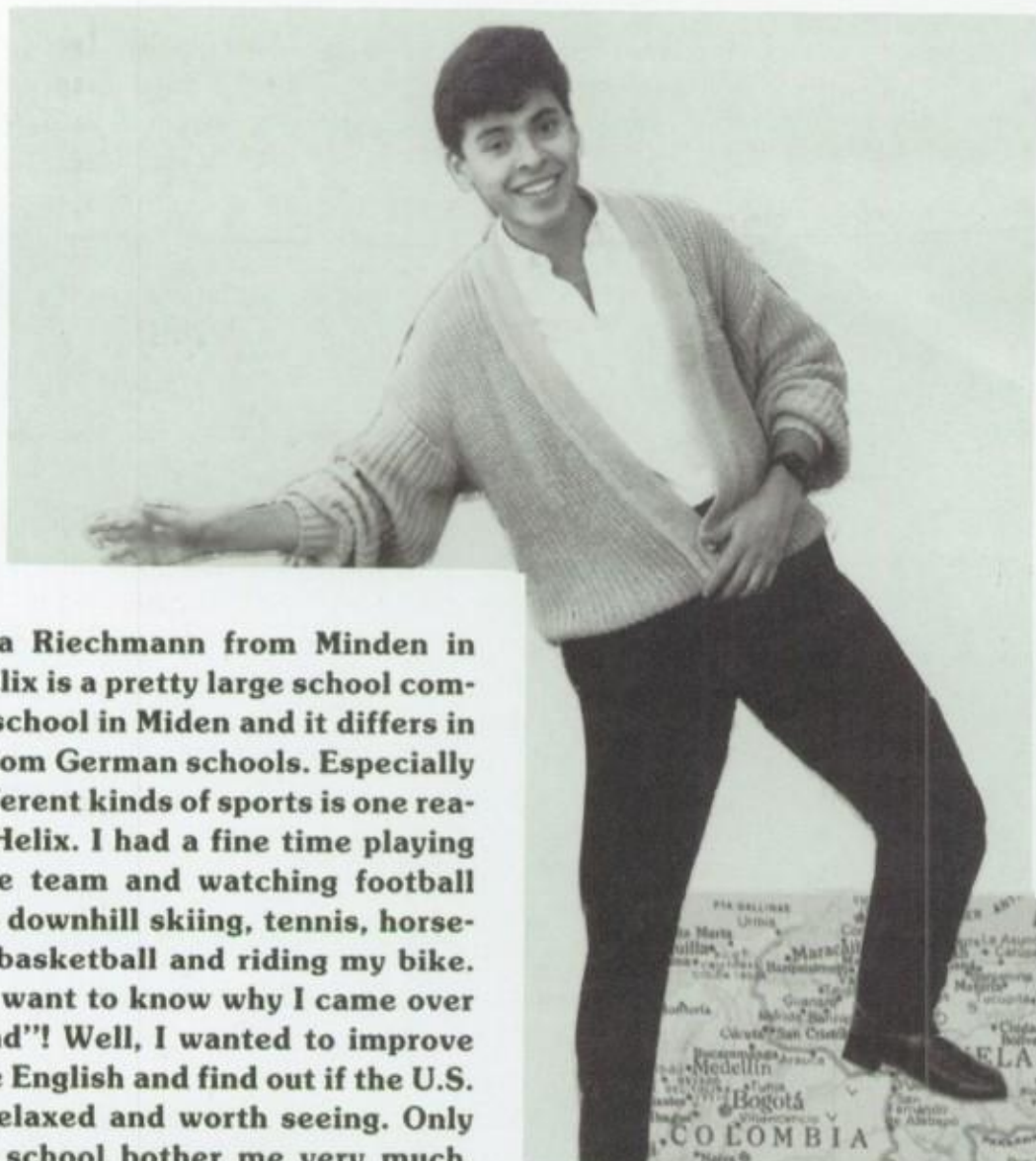
Hey! My name is Marko Dillström, at least it was when I was writing this. I'm coming from Lappeenranta City, which is possible to find from the southeastern part of Finland, very near to the Russian border. My favorite hobbies are: karate, body building, computers, math and physics, long-distance running, hunting, fishing, water skiing, motorcycling, orienteering, reading, music and collecting knives. My reasons for coming to the United States were 1. Resting and 2. Learning a little bit better English. Originally I was going to New Zealand, but here we are! I think that Helix is a small, nice school, but too many rules. That's all folks!!

Hi! My name is Vesa Peltola and I come from southern Finland. I like soccer, skiing, tennis, and ice hockey. The reason I became an exchange student to the U.S. was to learn English and to have the experience of a different culture. I think the U.S. is very interesting and quite unique. I have been enjoying the fine weather in San Diego and my English is getting better and better. This has been a nice experience for me.

Hi, folks! It's me, Davide Cefariello, from "West" Germany, born in Napoli, Italia. Thank you very much for this great year! California, especially San Diego, is a very special place. A lot of beautiful females, mostly warm weather, sandy beaches, great sports, and a whole lot of fun. I live in Frankfurt, Germany, everybody is invited to come over so I can show you what we do over there. Don't be afraid! San Diego is what I needed, a lot of sports and great people, all right California! I came to the States because I wanted to meet more different Americans. In Frankfurt we have Americans, but only soldiers. Don't forget to come over to Europe in your future, but please before you are 70 years old.







I'm Gustavo Valbuena. I'm from Bogotá, Columbia, in South America. I chose to come to America because I wanted to experience a different culture and so far I'm very impressed. I like this country a lot, especially California. People here are incredible and very friendly. Fortunately I found lots of people who like foreign exchange students like me, and now they are my friends. I thank all of them because they made this year the best year I ever had. I also thank this school and my teachers because they understood me at the beginning when I didn't know English and they helped me. I just want to say: THANKS HELIX. ◀

Hi! I'm Katja Riechmann from Minden in Germany. Helix is a pretty large school compared to my school in Minden and it differs in many ways from German schools. Especially the many different kinds of sports is one reason to miss Helix. I had a fine time playing tennis on the team and watching football games. I like downhill skiing, tennis, horseback riding, basketball and riding my bike. Many people want to know why I came over to "Ameriland"! Well, I wanted to improve my miserable English and find out if the U.S. is really as relaxed and worth seeing. Only the notes in school bother me very much. Why do you have tardy notes and admit slips? Just ditch and enjoy life! Thanks Helix for a great year. Thanks everybody for your support. I'll never forget the fine time I've had. Enjoy California and don't forget to see Davide and me over in Germany. ▶





# ESL



E.S.L. (English as a Second Language) was a special class for foreign students with a limited English proficiency. Students were: V. Peltalta, H. Lam, L. Gonzalez, Y. Yawadallah, A. Encinas, E. Holiday, K. Holton, A. Hartig, M. Gomez, P. Encinas, H. Nguyen, J. Gilliland, C. Soler, E. Lluch, J. Avila,

N. Azimi, G. Encinas, M. Paz, I. Trittibach, F. Popal, I. Cortez, J. Lopez, T. Nguyen, S.K. Wong, S.Y. Wong, C. Macmillan, C. Kashiwagi, L. Bender, C. Higgins, B. Exevea, R. Azimi, D. Morales, O. Moreno, H. Nguyen, and H. Nguyen. Their teacher was Miss Heimpel.



# I-Club



The International Club was the club to join to learn more about foreign countries and cultures. They also played a big part in the interaction between the foreign exchange students and Highlanders. Members were: Jennie Shinall — President, Teri Lusignan — Vice President, Lisa Hansen — Secretary, Amy Kraynik — Treasurer, L. Balistreri, S. Boyd, B. Couvrette, P. Espinoza, A. Estakhri, C. Farris, H. Gill, A.

Gillingham, S. Harbin, P. Hathon, E. Holiday, A. Kiss, J. Lamachy, J. Loftus, S. Masson, C. Modrey, D. Nguyen, L. Nguyen, A. O'Gorman, E. O'Gorman, T. Phuong, L. Poma, K. Riechmann, T. Shaklett, M. Sote, E. Streringer, S. Sullivan, Y. Valbuena, P. Watson, Y. Willrage-Teague, K. Worthington, and T. Zeddies. Their advisor was Mr. Bonpadre, a foreign exchange teacher from Argentina.

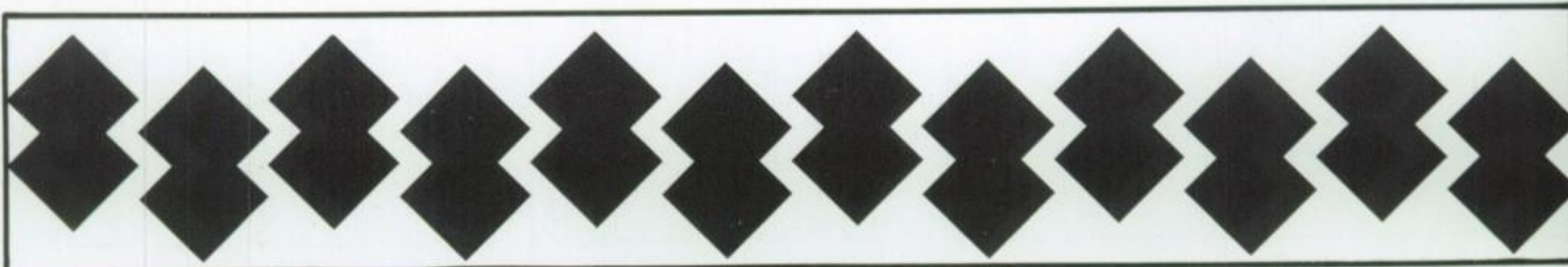


# Math Team



The Math Team continued the tradition of excellence once again this year at Helix. The team placed first in the CAML and second in the national ASMA contest. Team members competed in math contests sponsored by UC Santa Barbara and Cal Poly San Luis Obispo as well as contests at SDSU and UCSD with other local high schools. This years guru was

David Lin and the advisor was Jack Munson. The team members were Erik Bliss, Andy Bocko, Jeremy Bottroff, Carol Burye, Chris Darby, Roman Fail, Mike Givens, Kenji Hall, Sarah Harbin, Kimberly Haugen, Jason Iacovoni, Wai Lee, Rob Price, Kenneth Ring, Andy Seales, Alex Shapiro, Lisa Stallings, Jonathan Swanson, Travis Vaughn, and Ming Wu.



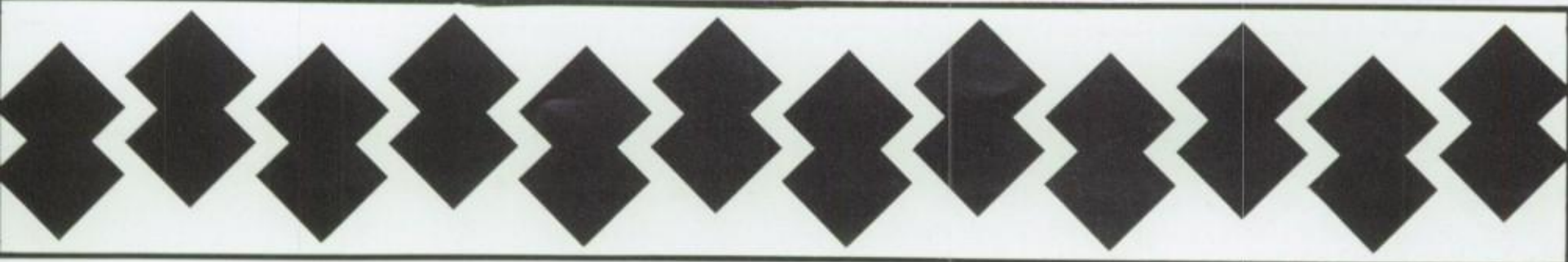


# Academic Decathlon



The Academic Decathlon team competed in county, state, and national academic competitions covering all disciplines of study. Members earning awards in local competition were David Lin for math and interview and Andy Mounts for essay. Preparation for the competitions involved many hours of

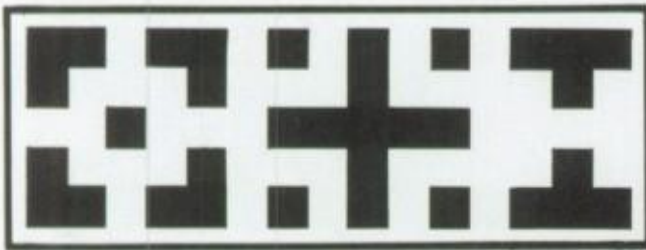
study under the direction of this years advisors who were Paul Bliss and Norma Basgall. This years team members were Troy DuFrene, Roman Fail, Mike Givens, John Lamachy, David Lin, Andy Mounts, Mark Pettis, Alex Shapiro, Erik Stieringer, Shannon Sullivan, and Ming Wu.





# AVID

The AVID Project was an elective college preparatory program that started at Helix this year. Its goal was to help students achieve the academic success of which they are capable. AVID taught improved time management, study skills, and exam-taking techniques. It featured the use of tutors, guest speakers, and visits to colleges and field trips to cultural events. The members of the AVID Project visited the Huntington Library, the Norton Simon Museum, SDSU, UCSD, the Old Globe Theater, the San Diego Symphony, and the Reuben H. Fleet Space Museum. The coordinator of the Advancement Via Individual Determination Project was Gerald Kirk.



The college tutors for AVID were Mike Kuhfal, Denny Lee, and Armand Washington. The cross-age tutors were Gretchen Banach, Jennifer Berry, Tony DuFrene, Marc Gottlieb, Joel Kelly, and Dina Serrano. The remaining members of the AVID Project were Todd Alexander, Julie Anderson, Kristy Bonnell, Tony Cao, Tristin Carson, Tiffany Carter, Alessandro Comana, David Drake, Jim Duncan, Tricia Farris, Quin-

ton Foster, Jason Graham, Thomas Grindle, Denay Heddy, Peter Herlan, Kristin Hoffman, Scott Hoover, Troy Hunt, Stephanie Johnson, Zachary Leeds, Chad Lewis, Carlos Melvin, Marcos Merlos, Charles Oakey, Jennifer Rainy, Traci Reagan, Paul Rigopoulos, Vicki Simms, Morgan Wear, and Craig Weiss.



# French Club



The objective of the French Club was to promote an appreciation of French culture. The club sold posters to raise money to dine at a French restaurant. Jill Gormley was the advisor for the club. The members consisted of A. Alexander, B. Amozgar, S. Anderson, J. Angione, T. Azin, G. Bannach, B. Bayes, A. Bernabei, G. Bjornson, M. Bjornson, P. Burmeister, S. Cameron, J. Campbell, V. Christensen, C. Clubb, T. Conner, M. DeVos, D. Erskine, W. Espinoza, K. Farrell, A. Field,

S. Fisher, A. Graf, D. Gutgesell, J. Hammond, L. Hanson, K. Haugen, W. Ingram, L. Kinnard, C. Knepper, H. Kotas, A. Kraynik, T. Lasalle, C. Lee, J. Lee, A. Lord, D. Martinez, S. Mason, E. Moyal, M. Murdoch, L. Nguyen, A. O'Dell, A. O'Gorman, V. Perez, R. Price, T. Pryor, C. Russell, C. Smith, J. Smith, D. Smoke, J. Strawder, K. Toshalis, T. Tran, L. Trent, M. Villavicencio, A. Wheeler, L. Williamson, and A. Wilson.



# Letter Club

The *Letter Club* was comprised of students who earned their letters from athletics or an organization. Their function was to promote all sports programs and encourage individual and team participation. According to their advisor Coach Donnie Van Hook, "We got off to a slow start this year, but we're picking up slack. Right now, our main goal is to make the Senior Awards Night the best ever."



*Letter Club* members included Daman Chase, Ali Pniak, Travis Gleason, Jason Ledford, Mike Siepert, Dan Tiumalu, Jim Pekelder, Gary Jenkins, Brian Hay, Alex McTrusty, Elizabeth Jorgensen, Eddie Greene, Craig Giangregorio, Spike Mitchell, Roman Northcote, Ron Meinung, Tim Zeddies, Mi-

chelle Gomez, Bob Fisher, Mike Murphy, Kenji Hall, Brad Gunn, Erik Bliss, Dan Omahen, Joel Hull, Kraig Katzenmeyer, Nicole Katzenmeyer, Todd Sheehan, Marie Cortez and Joan Moser. Their adviser was Coach Donnie Van Hook.



In addition to keeping scores at wrestling matches, the *Mat Maids* were busy with car washes, candy sales and selling gift certificates. They even had a Rent-A-Wrestler to raise funds to help cover trip expenses and T-shirts. By doing this they earned the opportunity to attend out-of-town wrestling tournaments such as the annual Rim Of The World tournament in Big Bear. "They are a real boost to team spirit and morale," stated wrestling coach Dick Langston.

## Mat Maids



*Mat Maid* members included Kathy Akers, Kim Brody, Denise Brown, Kadon Campbel, Priscilla Carter, Kimberly Davis, Jennifer De Claireville, Janice Dickerson, Stephanie Dumont, Annie Ewing, Trina Garcia, Tanya Gonzales, Kristie Gudity, Jann Hitt, Nancy Houghtaling, Lessa Hove, Crystal

Lee, Robin Marsden, Kacee Miller, Wendy Mortier, Becky Ostheimer, Laura Seouls, Vicki Simms, Shannyn Smedley, Monique Villavicencio, Meilanie Virola and Tara Williams. Their advisor was coach Dick Langston.



# Volleyball Club



Guys volleyball took a giant step toward becoming a regular school sport this year. Grossmont District schools were recognized by C.I.F. to participate in regular and post-season play. The team was coached by Mike Welch and Thad Trent. Team members were Haval Abbas, Steve Gadler, Mike Gi-

vens, Mark Holton, Real Kremelay, Fred Kruse, Tim Linares, Andrew Mounts, Dan Nyenhuis, Jim Nyenhuis, Jim Reynolds, Ed Roeder, Alex Shapiro, Robin Shepard, and Peter Smith.



# Academic Quiz Bowl



The Quiz Bowl team got off to a great start by placing third out of thirty-two teams in the Fallbrook Tournament. This year's advisor was Sam Singer and the team members were

Erik Bliss, Jeremy Botttroff, Chris Carlson, Troy DuFrene, Lelia Hebshi, Cindy Kneffer, Rob Price, Nathan Reep, Joe Spain, and Yvonne Willrich-Teague.

# Literary Magazine

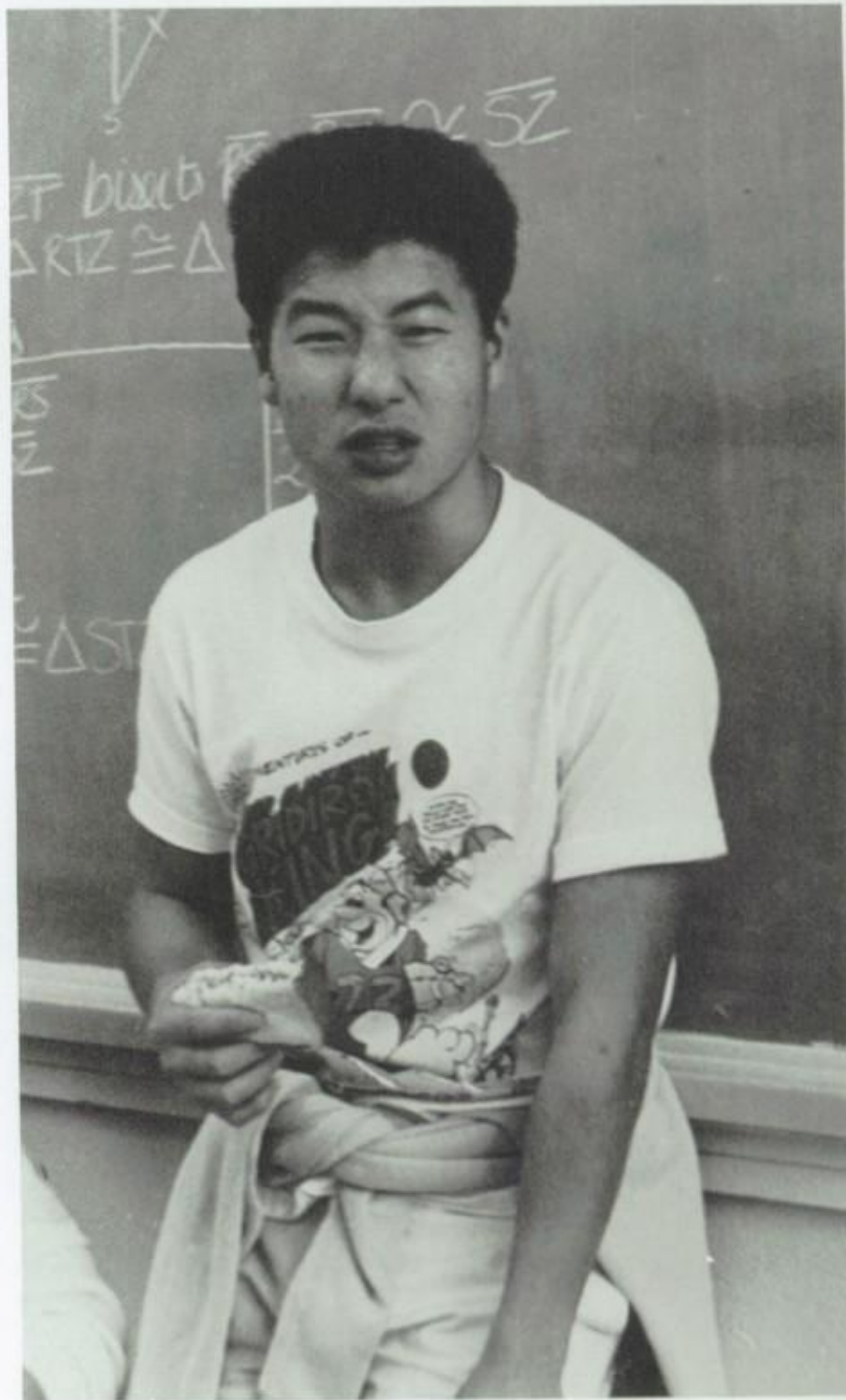


The Literary Magazine featured original writing, poetry, and artwork contributed by students. This year's advisor was Dan Baits and the staff consisted of Krishna Foster, Gravity

Goldberg, Jennifer Hammond, John Lamachy, Crystal Lee, Stormy Mason, Kathy Monahan, Andy Mounts, and Yvonne Willrich-Teague.



# sen





# iors





# TAKE ACTION ~~~~~

**President**



**Andy Seales**

**Secretary**



**Marisa Cimmarrusti**

## ADVISORS:



**Howard Estes**



**Mari Mann**



**Parker Olsen**



**Ron Ray**

Together members of the Seior class worked to make their motto "Seniors Dominate in '88" three dimensional. Class President Andy Seales describes this years Senior Board as an "enthusiastic" bunch of workers. Approximately ninety inspired Scotties showed up for the first Senior Board meeting. "The class of '88 was quite a domineering group, always striving for the best", said Secretary Marisa Cimmarrusti. In hopes of making their Senior year more pleasurable for all, the board organized social activities such as the Senior breakfast, Grad night at Disneyland and the highly anticipated Senior Prom. "We are far ahead of schedule (on Prom planning)", said President Seales. Early in the year, the board decided to develop the Prom around the theme "Midnight Masquerade" with the colors teal, silver, and black. They worked together, to reach a monetary goal of ten thousand dollars prior to the Senior Prom. Steps towards this goal were holding a Senior parking space auction, selling Valentine bouquets, and Senior T-shirts. The time and effort Senior Highlanders put into their class, sowed the seeds for a "good year and exciting prom", said president Seales. Senior board was responsible for much more than social activities, a baccalaureate, and a Senior blood drive. Other officers of the class were Vice President, Pat Sanford, Secretary Marisa Cimmarrusti, and Treasurer Andy Mounts.

**Vice President**



**Pat Sanford**

**Treasurer**



**Andy Mounts**





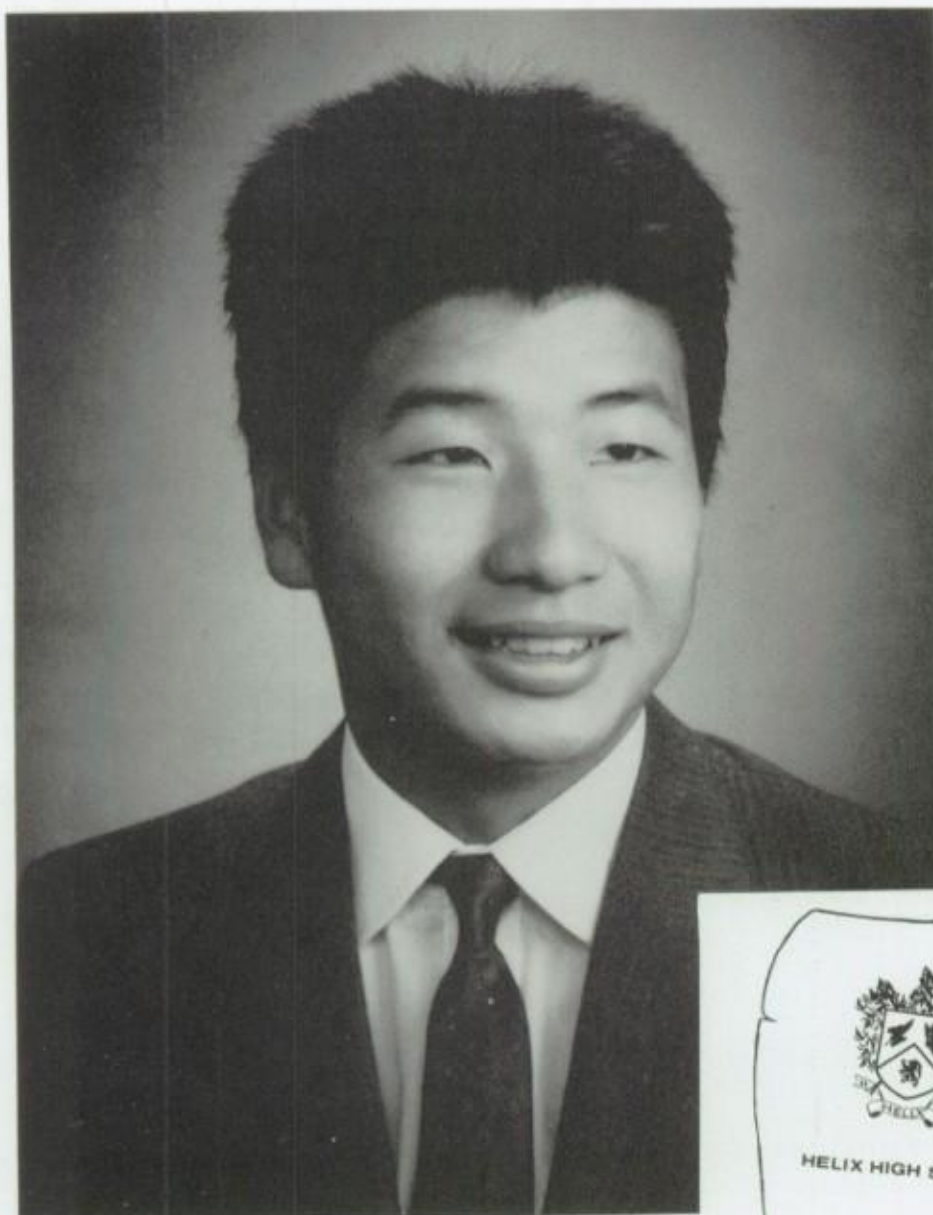
Led by president Andy Seales, board members held a meeting to discuss the details of the Prom. They decided such things as the theme, colors and types of refreshments for the dance. The senior board put their minds together to brain-

storm ideas for an exciting prom night. Observe the intense thought that radiated from senior board members in the photograph above.

# Senior Ladies







Valedictorian Candidate Ming Wu (4.643), loves banana splits, and dancing. "Tackling a problem, and afterwards standing back and looking at the finished results" is pleasing to Wu. His struggle continues as he strives for his goal of studying biomedical engineering at either MIT or Stanford University in preparation for his career as a resident doctor in San Diego.

"I live on a schedule: school, practice, dinner and by 7:30, the evening is mine for studying, reading or whatever I desire. Too many people are looking for what do I get out of this. When considering joining an activity, look for the long term effects of your actions and take opportunities *now*."

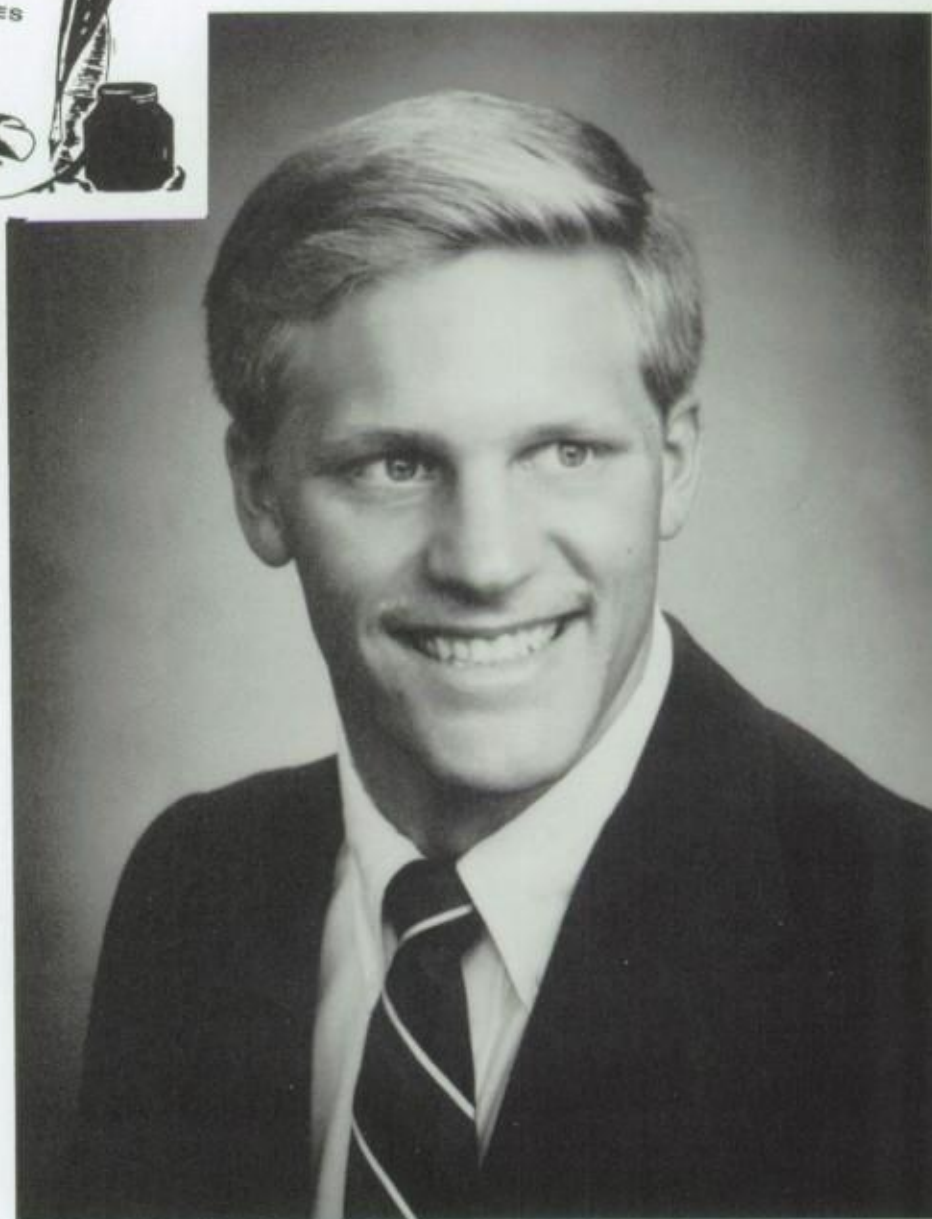
Ming is not one for wasting time. He has many activities outside of the books. Ming is ASB Special Projects Commissioner, a varsity tennis player and video photographer for Helix basketball games. As Special Projects Commissioner, he directed this year's homecoming. It took a lot of hard work, but according to Wu, "It went fairly well. Everything ran smoothly." On the courts last year, he earned a spot on the Grossmont second team all league, and membership on the second place team in our league. Congratulations, Ming, for your accomplishments!



Salutatorian Candidate and ASB Pres. Erik Bliss (4.563), will never look back on his high school years and say, "I should have ..."

Erik was named First team offensive lineman two years in a row, and during his senior year All-CIF. In addition to Erik's many awards, he received All-League honors in wrestling and track as well. As ASB President, Erik had an extra set of responsibilities. He helped organize assemblies, lunch activities, the Homecoming festivities, and the ASB sponsored dances.

He's had the privilege of having four all expense paid visits to some of the top ranking institutions in the country. During his travels he's visited Dartmouth, Vanderbilt, the Air Force Academy, and the University of California Berkeley. All of these schools were interested in both his athletic and academic prowess. The decision making process for Erik was a tough one, "I drew up charts and graphs, and I weighed the pros and cons of each school before I made my decision." Erik turned down three of these schools to make what he feels, "The most important decision of my life," and that decision was Dartmouth University. Erik has won many scholarships from various organizations and contests, and he plans on putting them into good use. While at Dartmouth, Erik plans to apply his skills toward a major in Engineering with hopes of continuing on to law school and becoming an international Patent Lawyer.





# Top 10 Percent

## The Class of '88 The Elite

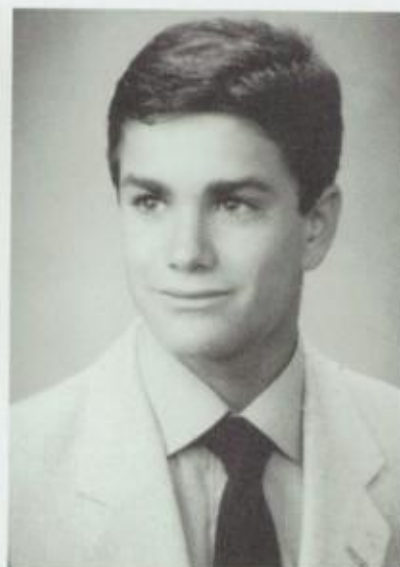
It has been a long, hard struggle for the top ten percent of the Senior class to get where they are today. A special salute goes out to these 43 outstanding students . . . the Elite.



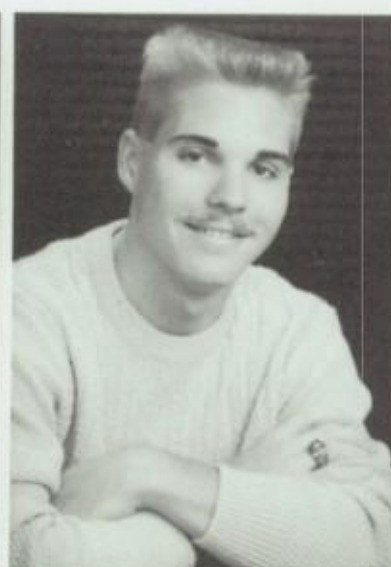
David Lin  
4.500



Andrew Seales  
4.433



Adrian Costa  
4.406



Gregory Halterman  
4.360



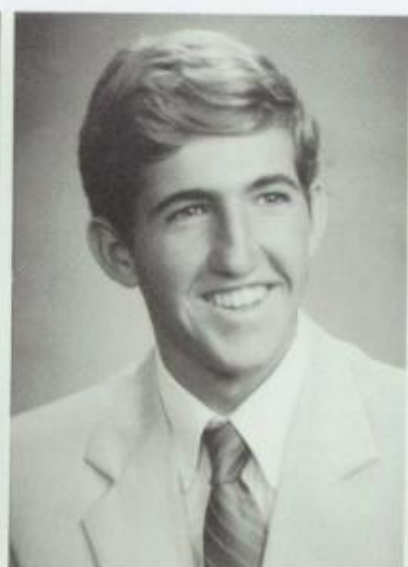
Gary Jenkins  
4.360



Matthew Tonkovich  
4.357



Jeffrey Meyer  
4.308



Joel Hull  
4.267



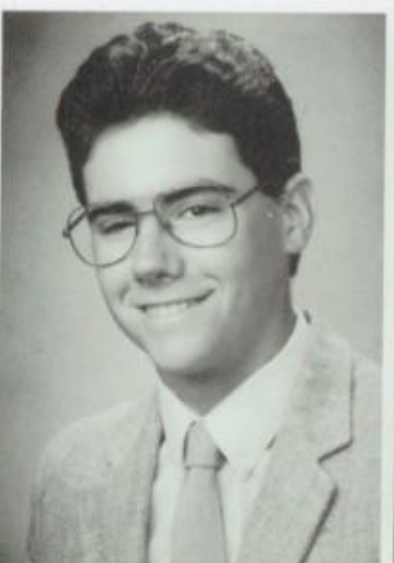
Kraig Katzenmeyer  
4.208



Torben Bruck  
4.200



Krishna Foster  
4.192



Travis Vaughan  
4.185



Chris Knowlton  
4.179



Cathleen Morgan-Hill  
4.179



Marisa Cimmarrusti  
4.143





# Roll of Honor



**Arthur Bruhmuller**  
4.133



**Peter Smith**  
4.103



**Michael Siepert**  
4.080



**Jeremy Justeson**  
4.077



**Christopher Carlson**  
4.036



**Dang Do**  
4.000



**Kimberly Kopel**  
4.000



**Yvette Marzullo**  
4.000



**Katja Riechmann**  
4.000



**Andrew Mounts**  
3.964



**Yvonne Willrich Teague**  
3.963



**Laura Poma**  
3.960



**Michael Thornburgh**  
3.960



**Jeremy Bottroff**  
3.906



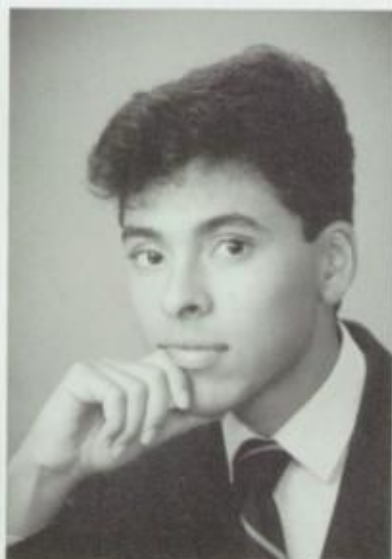
**Dominique Beck**  
3.875



# Roll of Honor



**Cuong Nguyen**  
3.810



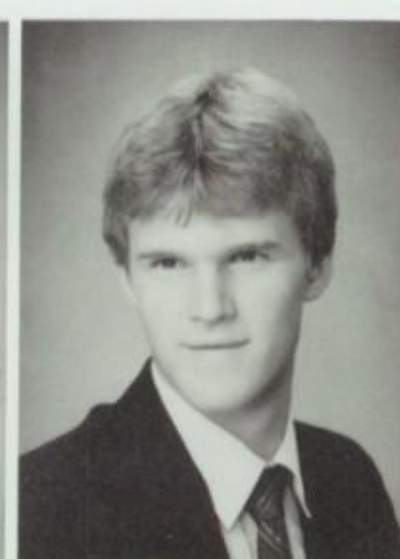
**Gustavo Valbuena**  
3.800



**Patricia Frosio**  
3.778



**Kristina Worthington**  
3.750



**Andy Bock**  
3.704



**David Selder**  
3.667



**Timothy Zeddies**  
3.654



**Jason Lee**  
3.640



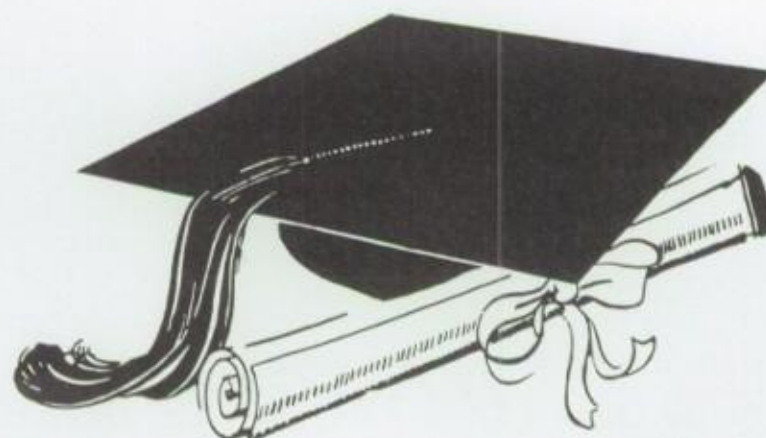
**John Lamachy**  
3.615



**Neda Moshtaghi**  
3.556

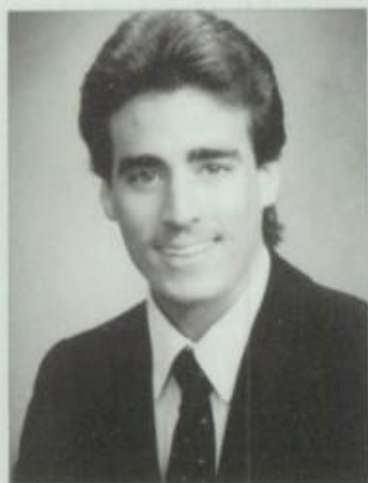


**Rebecca Wacklor**  
3.536

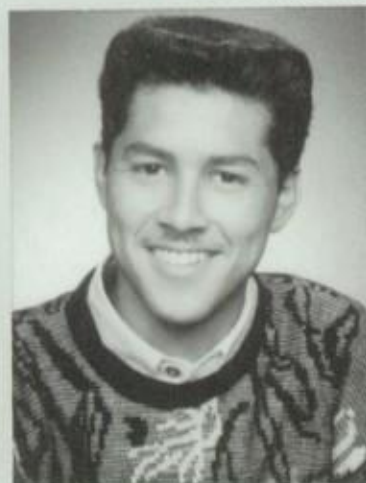




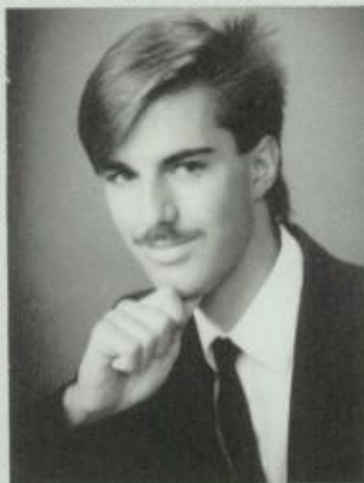
# SENIORS DOMINATE



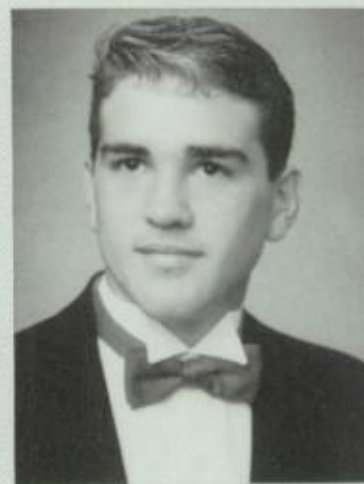
*Anthony Acaldo*



*David Acevedo*



*Michael Agar*



*Rick Aguilar*



*Tina Aitken*



*Kathryn Akers*



*David Alonzo*



*Carlos Amarillas*



*Stacey Anderson*



*Jeffrey Andrews*



*Chad Atchison*



*William Auton*



*Stacy Baker*



*Todd Baker*



*Denise Baldeaux*



*Janet Baptista*



*Bill Barnes*



*Jenice Barnes*



*Leslie Barnett*



*Patricia Barnett*



# IN '88



Pamela Barry



Brock Bayes



Shelly Bayes



Heather Beach



Dominique Beck



Christina Bentz



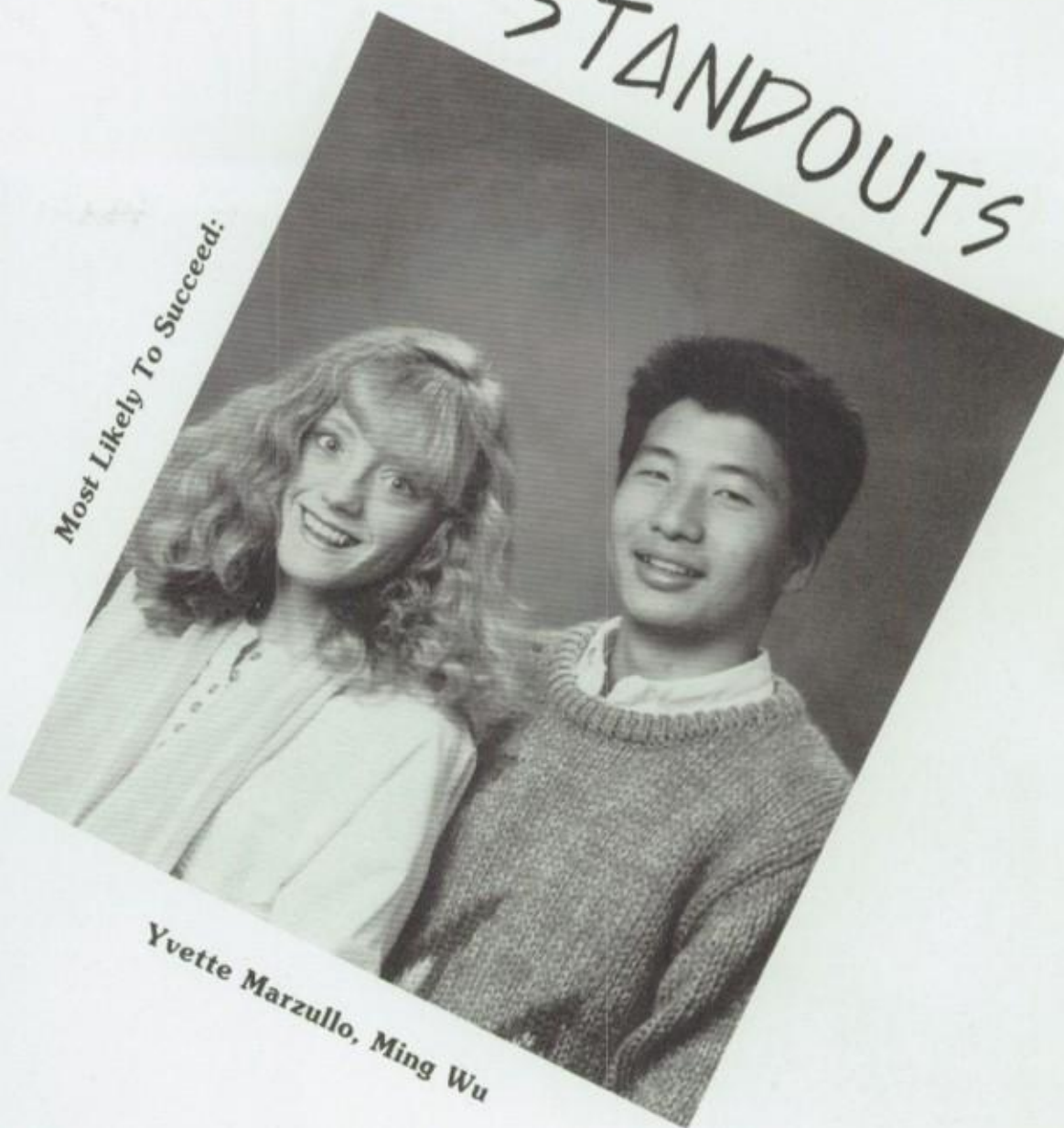
Melissa Bjornson



Vanessa Blevins

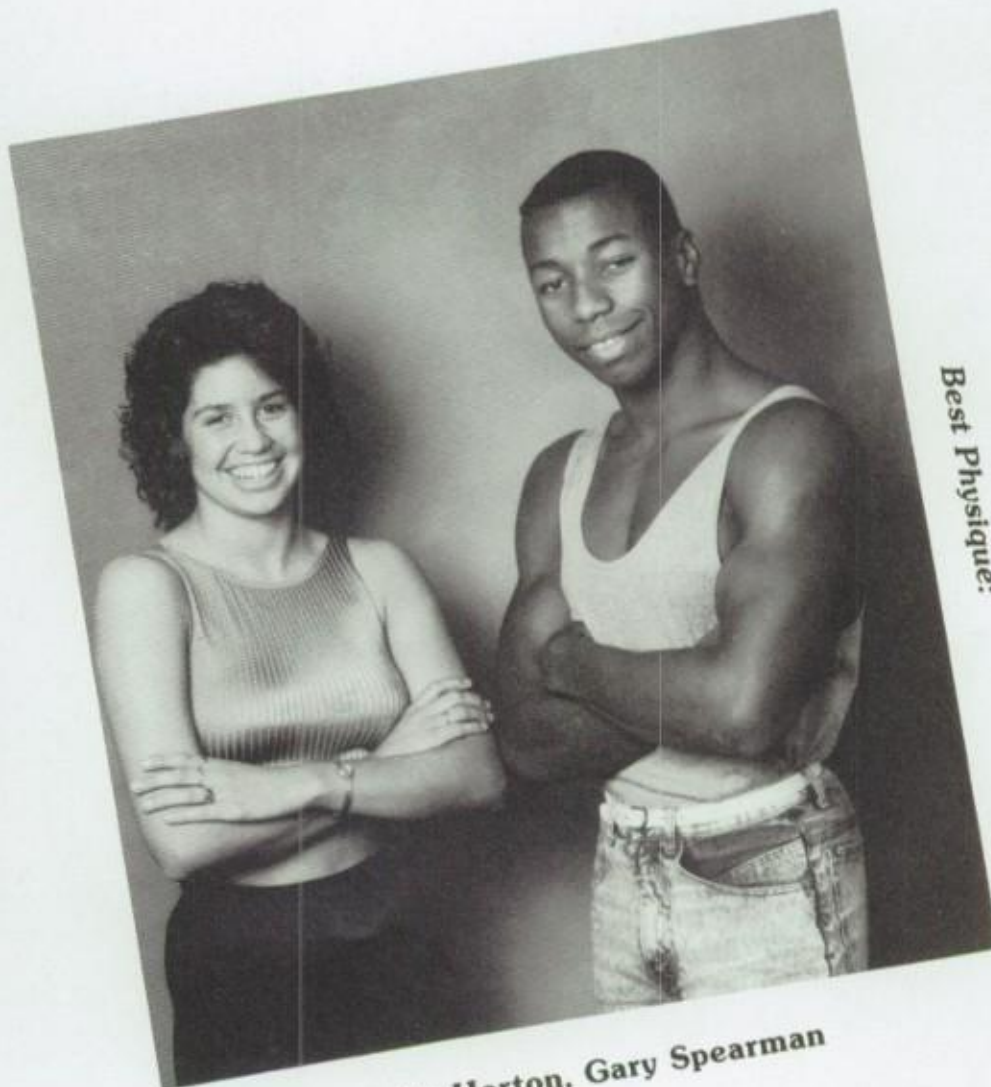
## STANDOUTS

Most Likely To Succeed:



Yvette Marzullo, Ming Wu

Best Physique:



Patty Horton, Gary Spearman

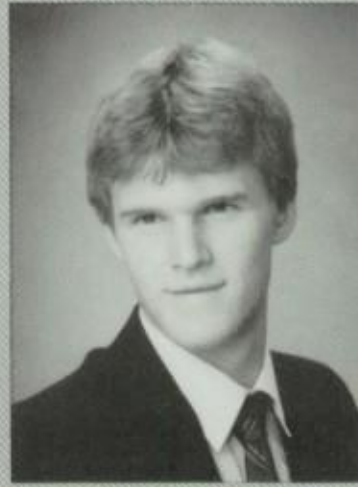




*Erik Bliss*



*Elizabeth Bobrowski*



*Andy Bocko*



*Kenneth Bordine*



*Jeremy Bottroff*



*Kimberly Bourne*



*Marion Bowser*



*Rose Braddock*



*Richard Bradley*



*Stephanie Brandland*



*Michelle Brekke*



*Tamara Brinkman*



*Tracey Britton*



*Torben Bruck*



*Arthur Bruhmuller*



*Jennifer Bryant*



*Daniel Bryce*



*Robert Buckalew*



*Ann Bulat*



*Davenna Butcher*

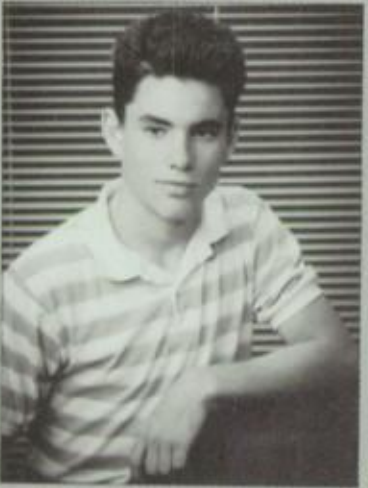




*John Butcher*



*Mark Buttron*



*Martin Byrum*



*Claudia Cagigas*



*Kenneth Carlile*



*Christopher Carlson*

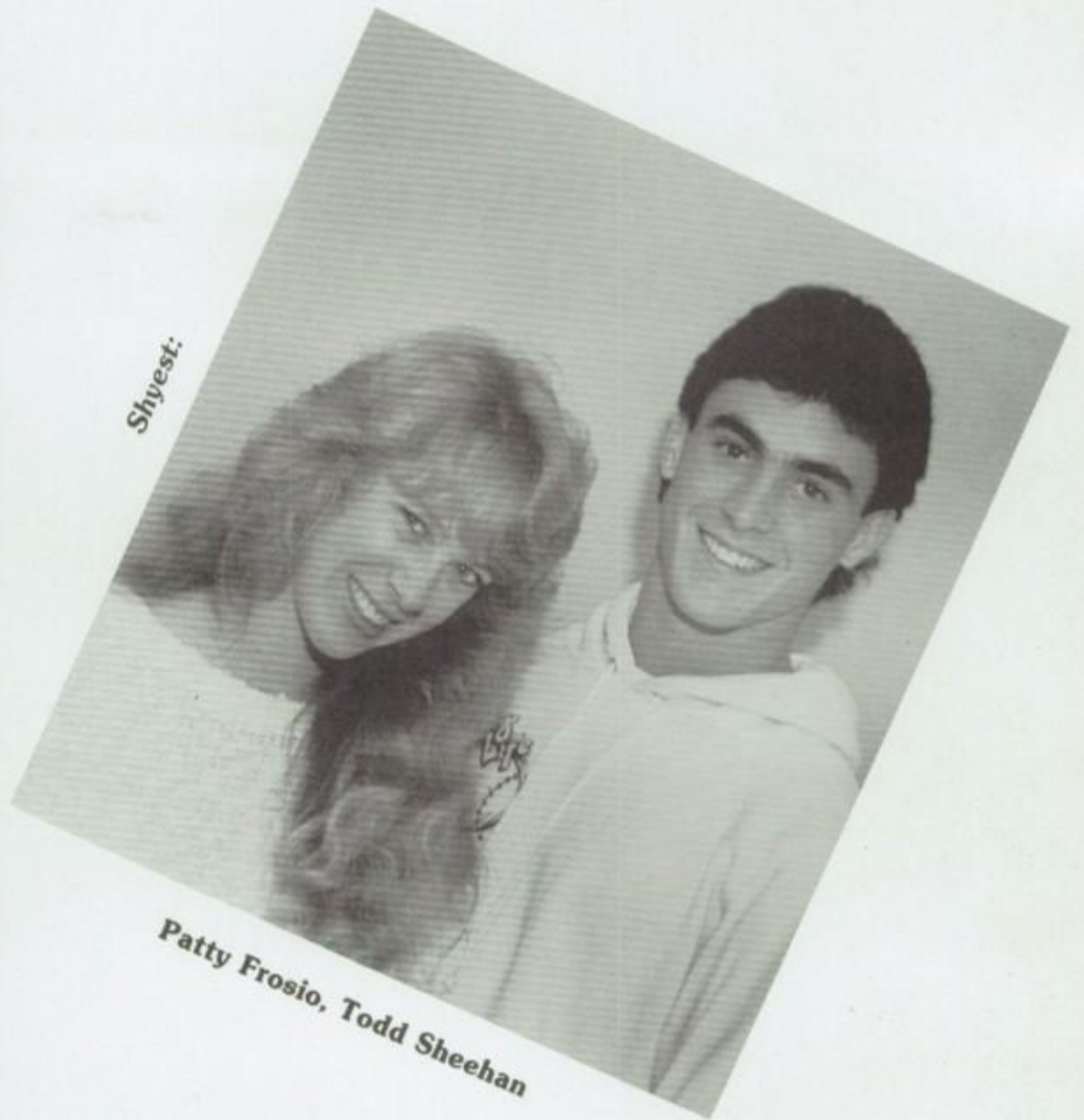


*Jennifer Carlson*



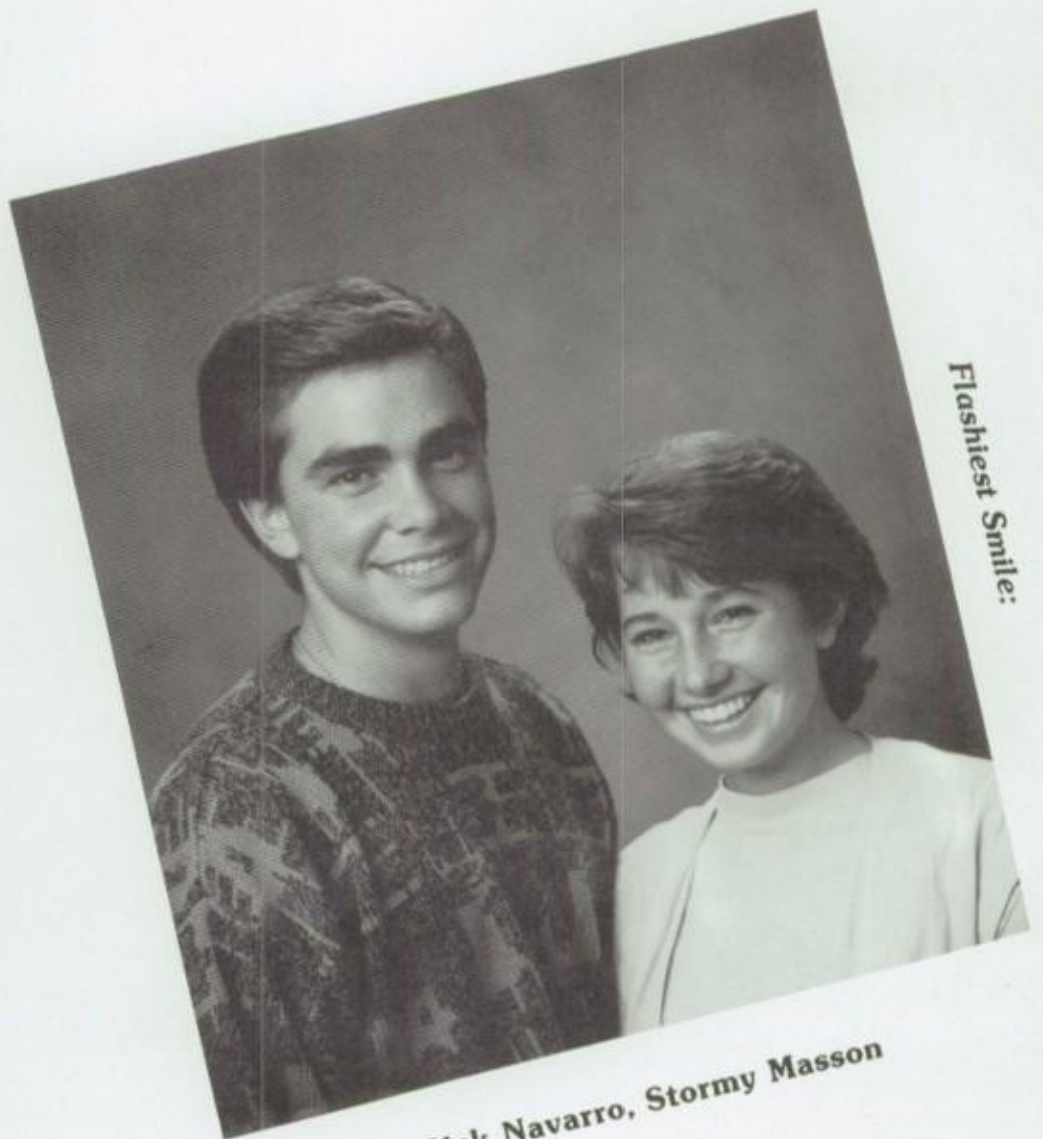
*Priscilla Carter*

*Shyest:*



*Patty Frosio, Todd Sheehan*

*Flashiest Smile:*



*Rick Navarro, Stormy Masson*





*Alicia Castaneda*



*Joseph Castillo*



*Stacy Castillo*



*Vincent Castillo*



*Davide Cefariello*



*Marcella Cepeda*



*Sylvia Chaffee*



*Tammy Chalup*



*Chamroet Chhom*



*Gary Chipman*



*Kim Christiansen*



*Warren Churchill*



*Marisa Cimmarrusti*



*Katrina Clayton*



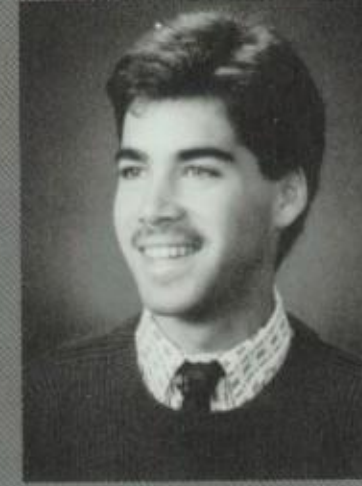
*Cary Coleman*



*Lisa Collier*



*Vanessa Colvin*



*Joseph Connolly*



*Marie Cortez*



*TaLonda Cossingham*





Adrian Costa



Richard Cox



Gina Crissafulli



Richard Cryer



Grant Culbertson



James Daniels

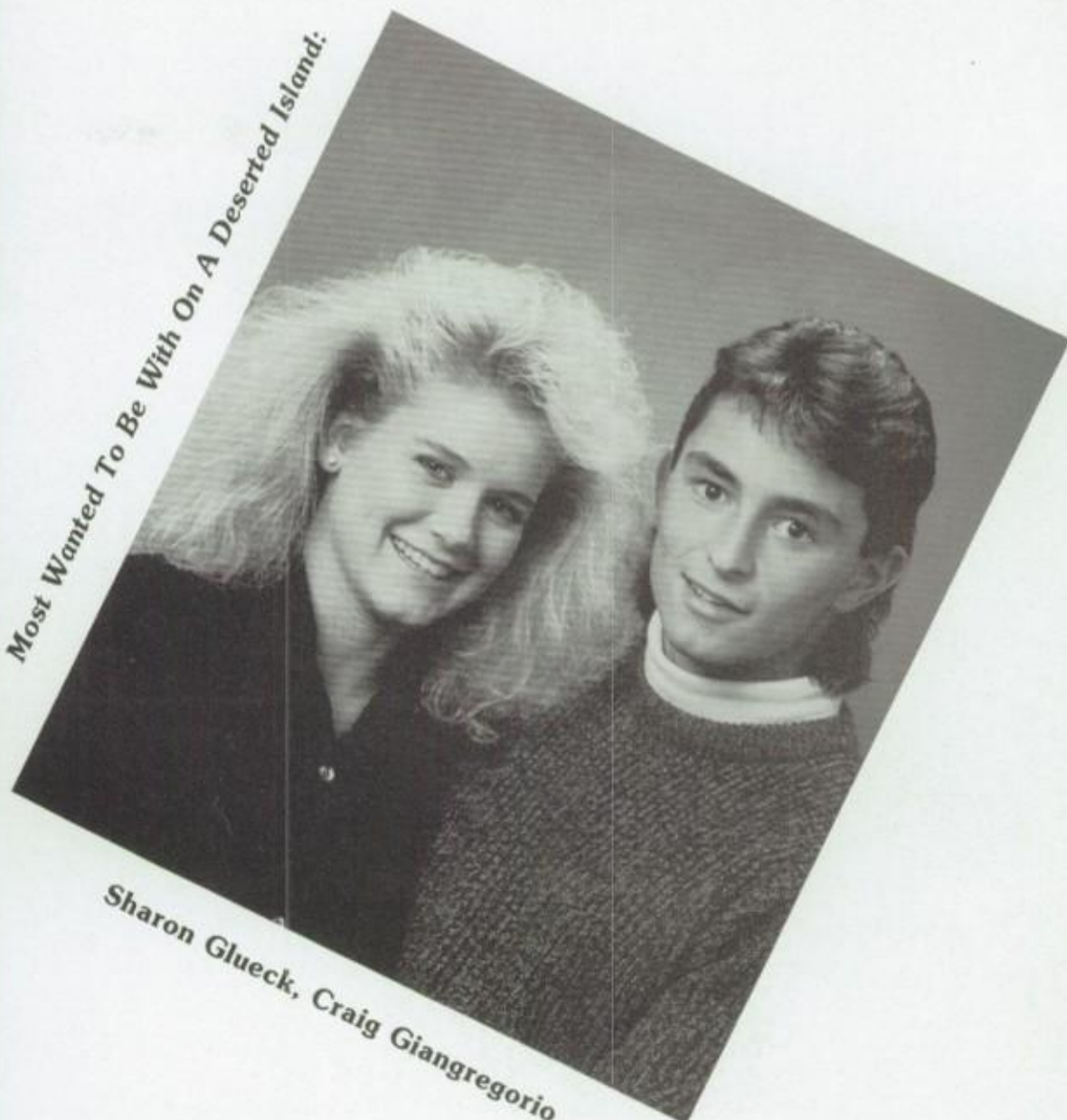


Paul Darby



Dau Tyler

*Most Wanted To Be With On A Deserted Island:*



Sharon Glueck, Craig Giangregorio

*Class Clowns:*



Krishna Singleton, Robbie Peron





*Stacie Daves*



*Nicole Davis*



*Robert Davis*



*Tamara Davis*



*Tracy DeMent*



*James Delgadillo*



*Jason Diamond*



*Tracy Dill*



*Ronald Dilley*



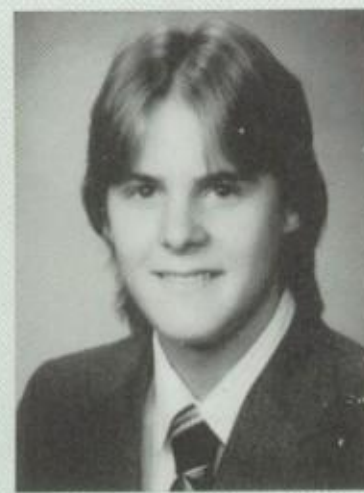
*Bruce Discher*



*Karen Ditslear*



*Dang Do*



*David Donovan*



*Darla Dougan*



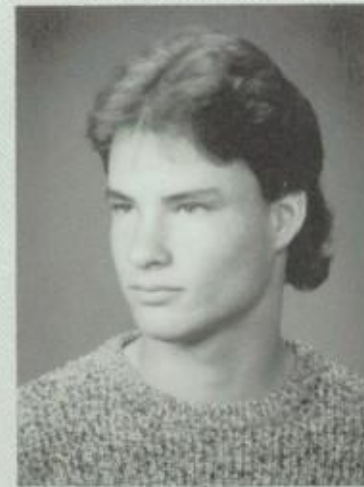
*Rebecca Downey*



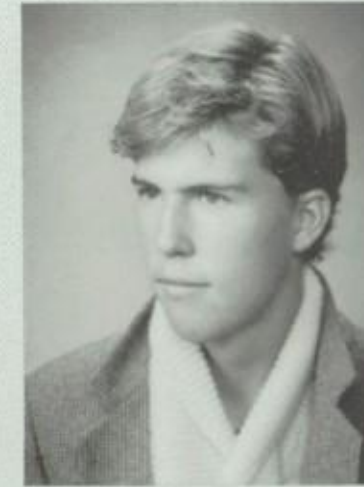
*Christina Dugan*



*Heather Eastin*



*David Eaton*



*Chad Ebbert*



*Krista Elliot*





*Carrie Ellis*



*Stephen Elmer*



*Rhonda Epps*



*Donna Erskine*



*Paula Espinoza*



*Robert Falldorf*



*Eric Fenex*



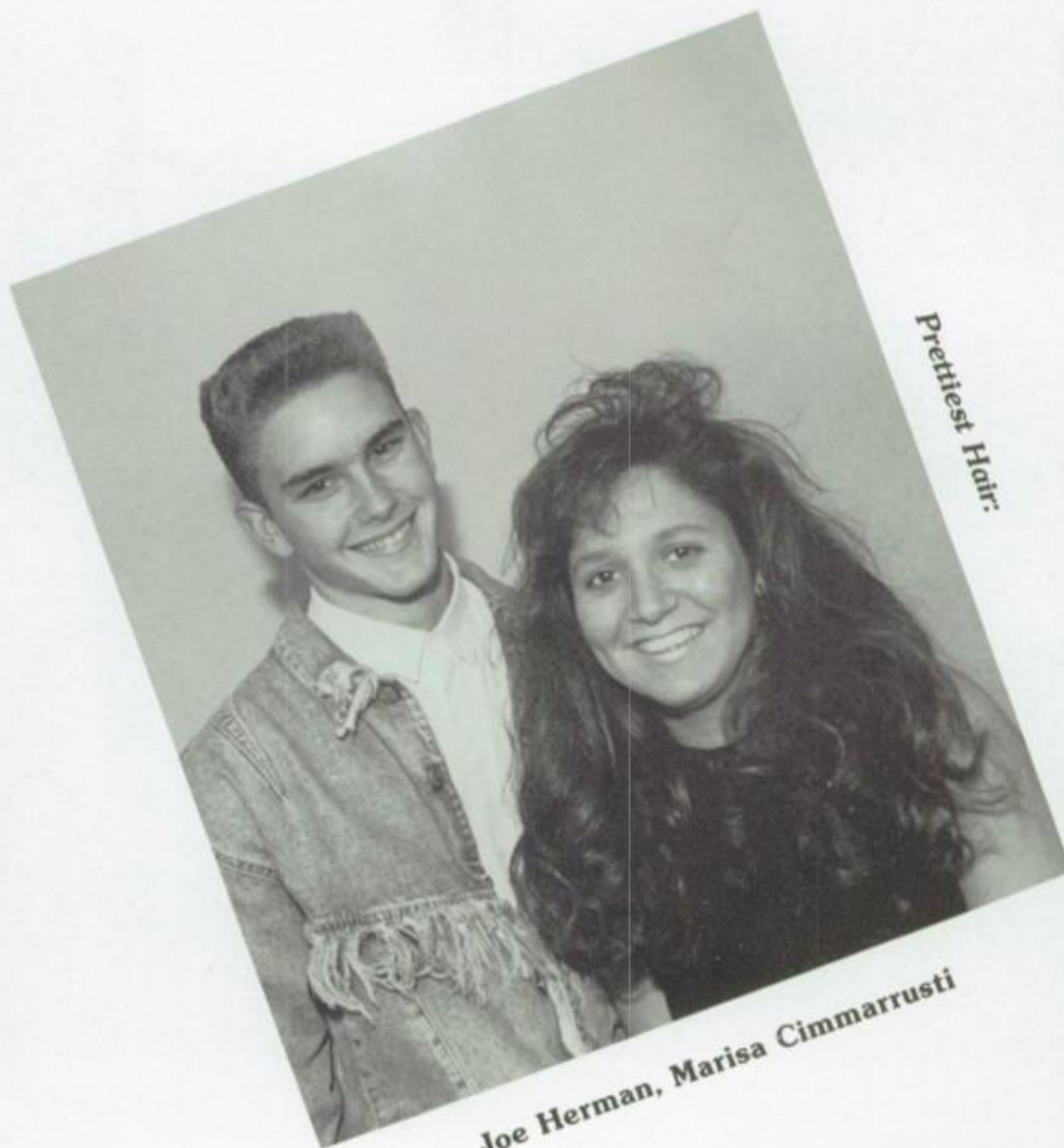
*Stacy Fink*

*Most Athletic:*



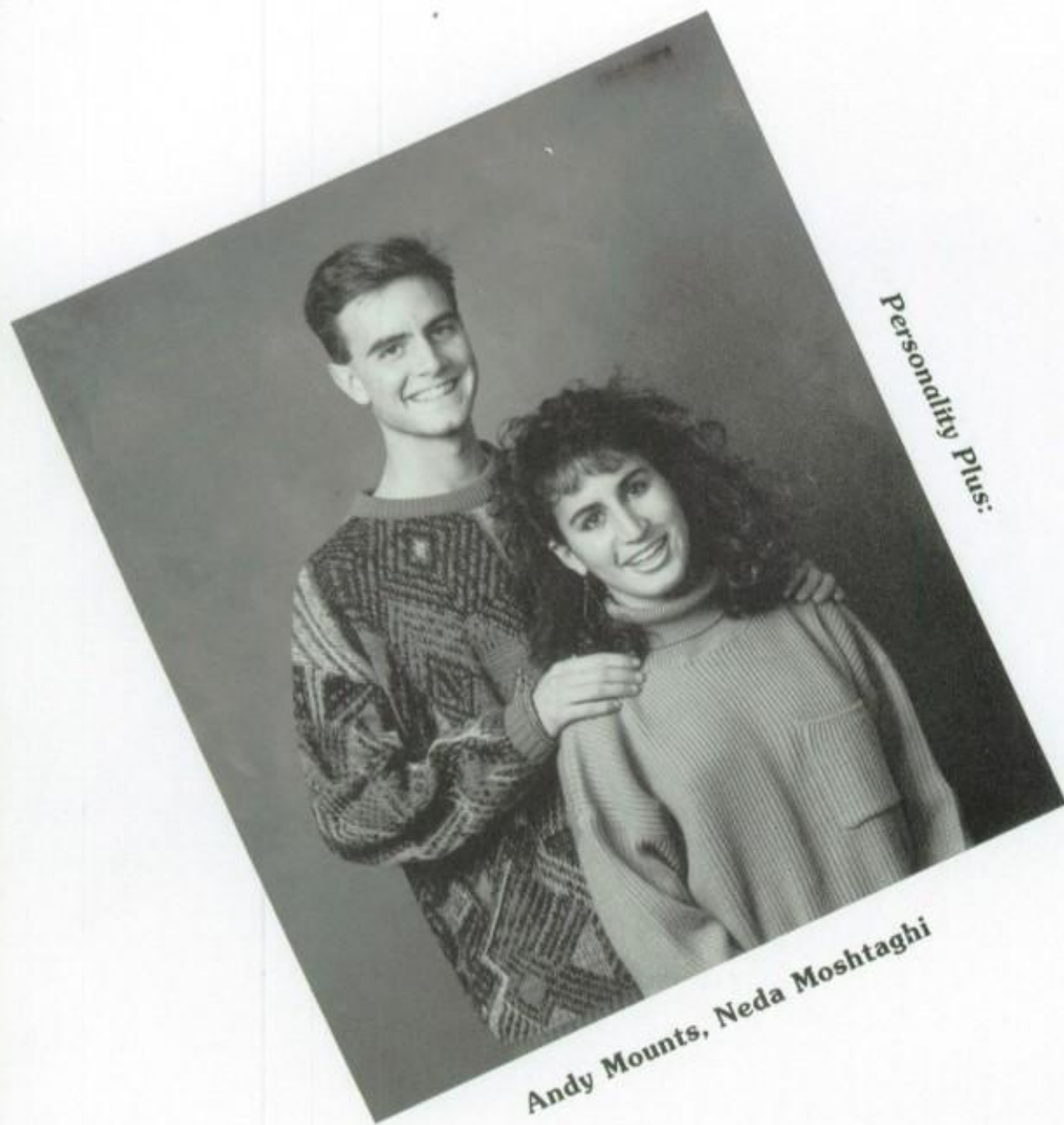
*Marie Cortez, Tim Zeddies*

*Prettiest Hair:*



*Joe Herman, Marisa Cimmarrusti*





*Personality Plus:*

*Andy Mounts, Neda Moshtaghi*



*Best Dressed:*

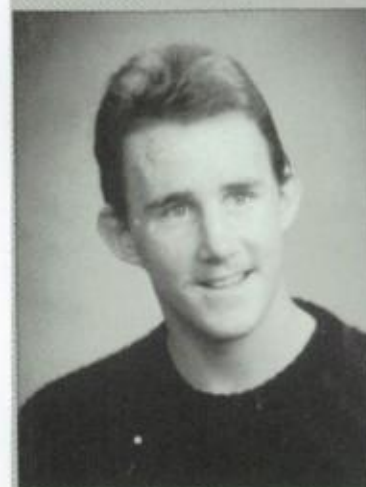
*Pat Sanford, Tiffany Hopkey*



*Amy Fisher*



*Robert Fisher*



*Joseph Flinn*



*Krishna Foster*



*Laurine Frederick*



*Patricia Frosio*



*Melissa Gadler*



*Audra Galon*





Jamie Gardner



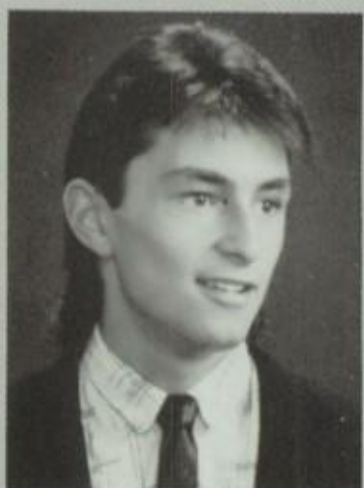
Jenenne Gaskin



Hamid Ghazialam



Palwasha Ghazialam



Craig Giangregorio



Tiffany Ginn



Michelle Gleason



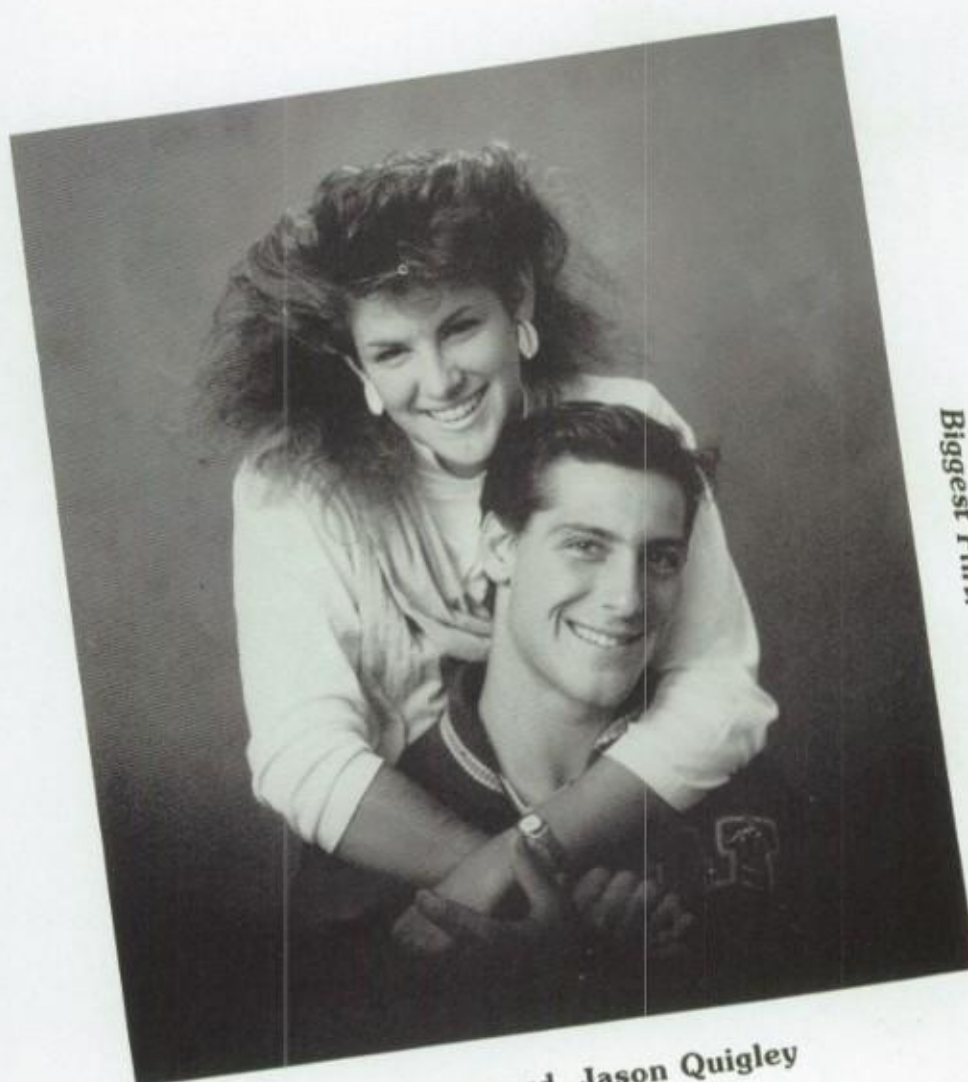
Travis Gleason

Mr. and Mrs. Sr. Class:



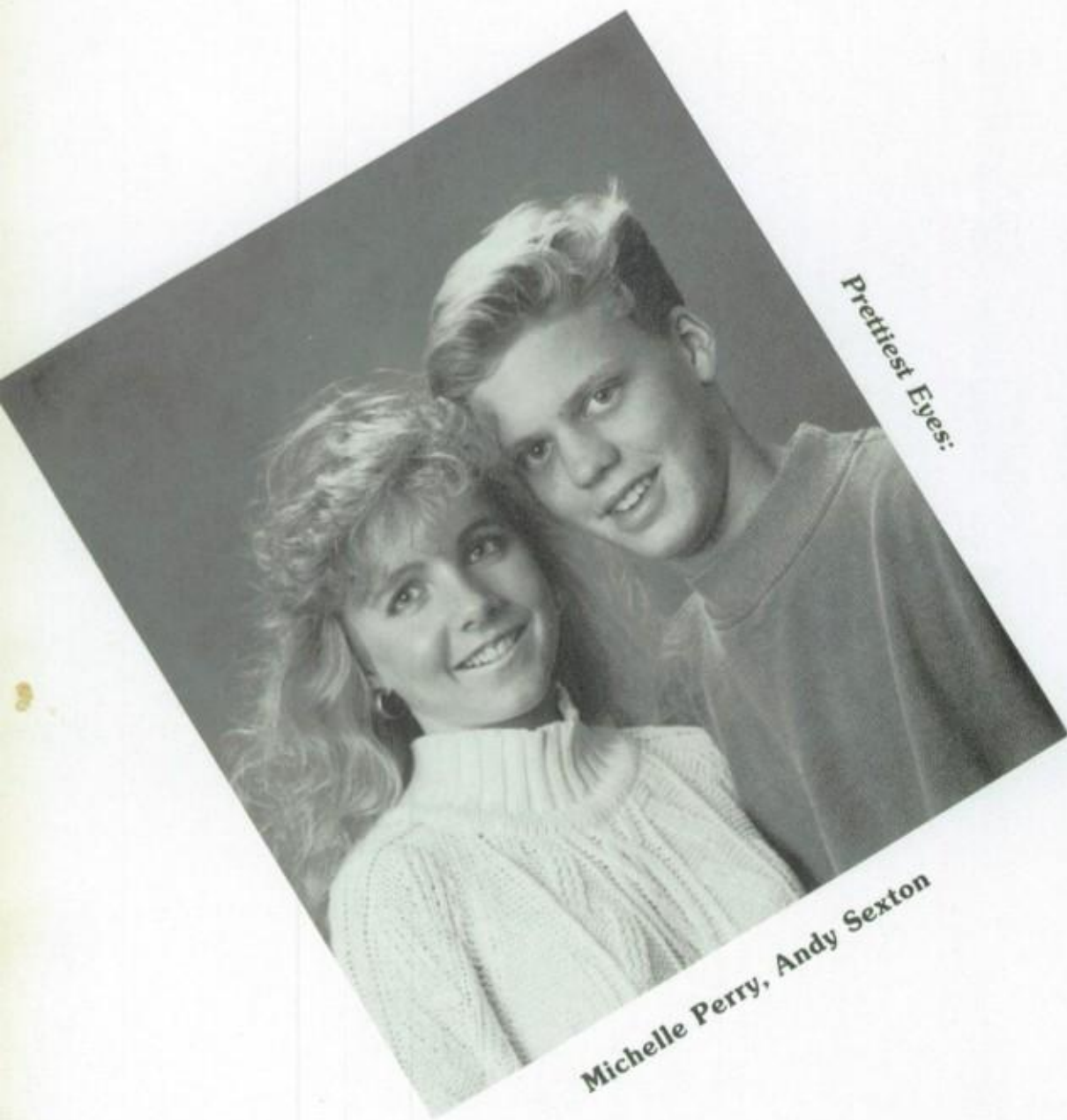
Jaime Jeffers, Erik Bliss

Biggest Flirt:



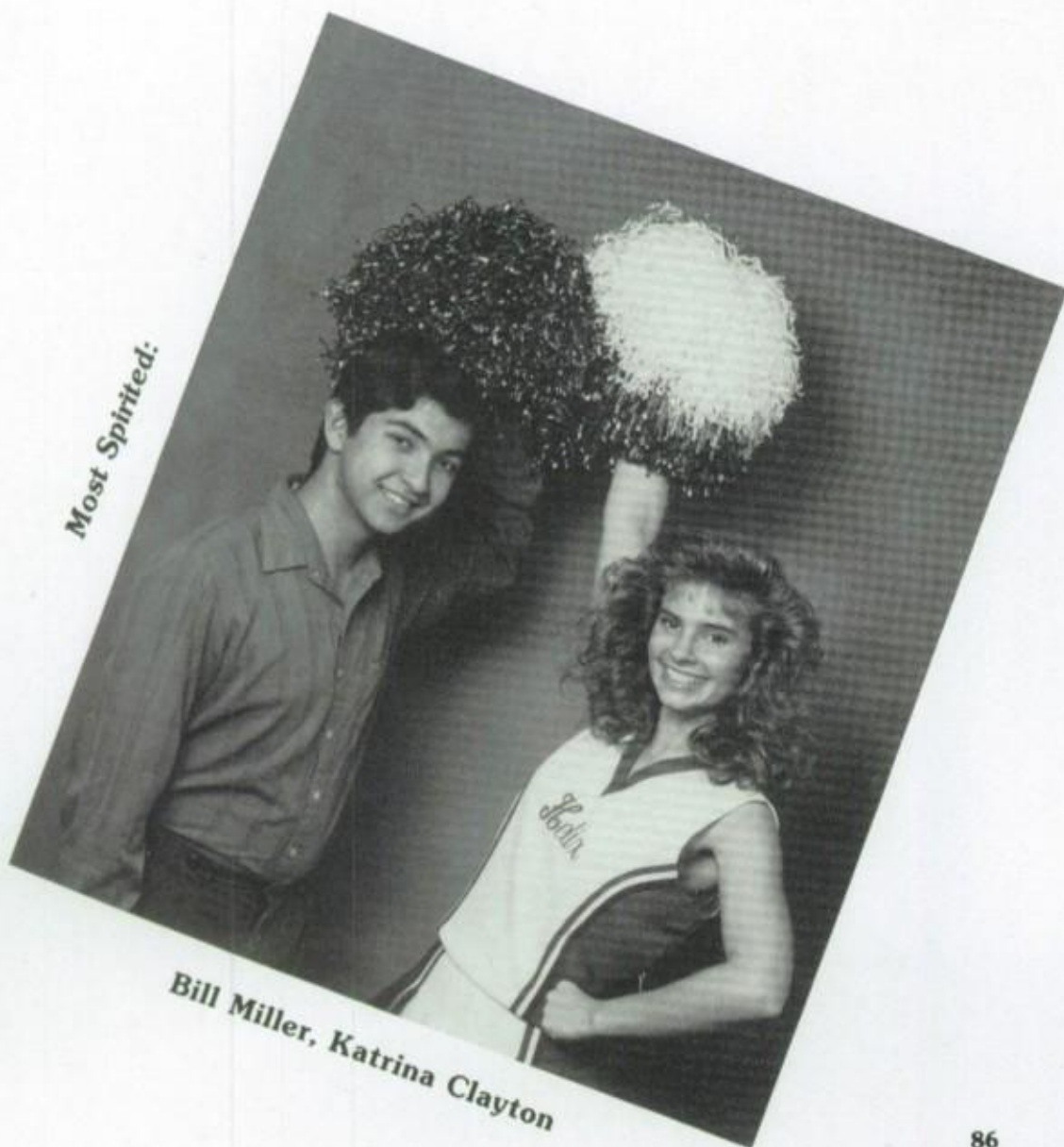
Karen Howard, Jason Quigley





*Prettiest Eyes:*

*Michelle Perry, Andy Sexton*



*Most Spirited:*

*Bill Miller, Katrina Clayton*



*James Gleghorn*



*Daniel Glenn*



*Sharon Glueck*



*Michelle Gomez*



*Angela Gonzales*



*Rene Gonzalez*



*Edward Greene*

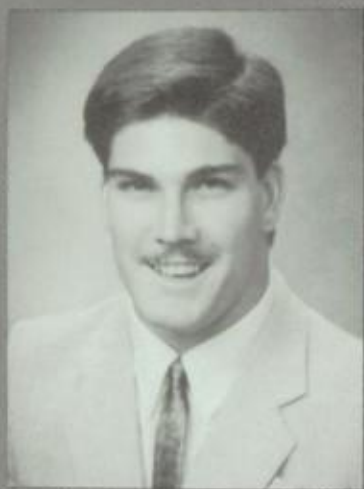


*Sean Gudmundson*





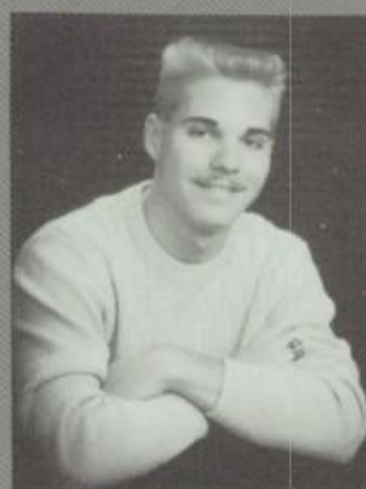
*Jason Guffrey*



*Brad Gunn*



*Emily Gutierrez*



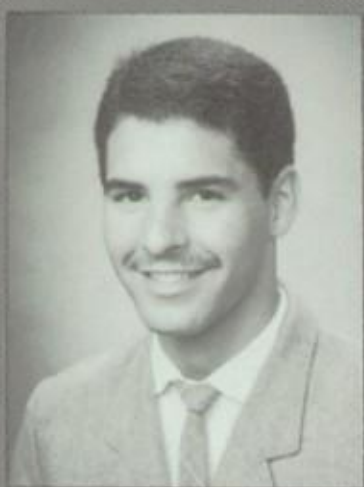
*Gregory Halterman*



*Douglas Hammell*



*Kevin Hand*



*Jason Hargis*



*Catherine Harris*



*Amy Hartig*



*Heather Hartman*



*Lawrence Hayes*



*Joseph Haynes*



*Jennifer Heald*



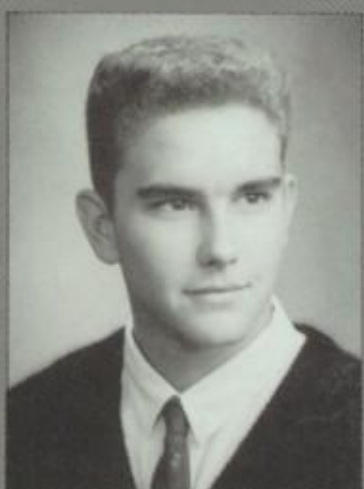
*Christina Hecht*



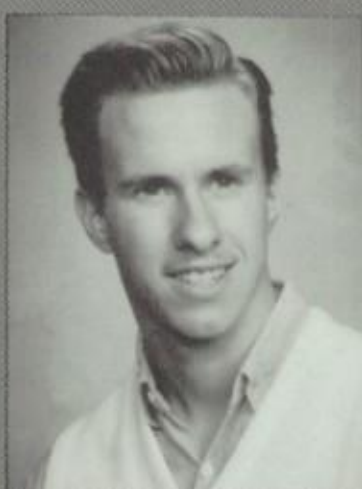
*Kimberley Hendee*



*Jeffrey Henson*



*Joseph Herman*



*Joseph Hiel*



*Lena Hileman*

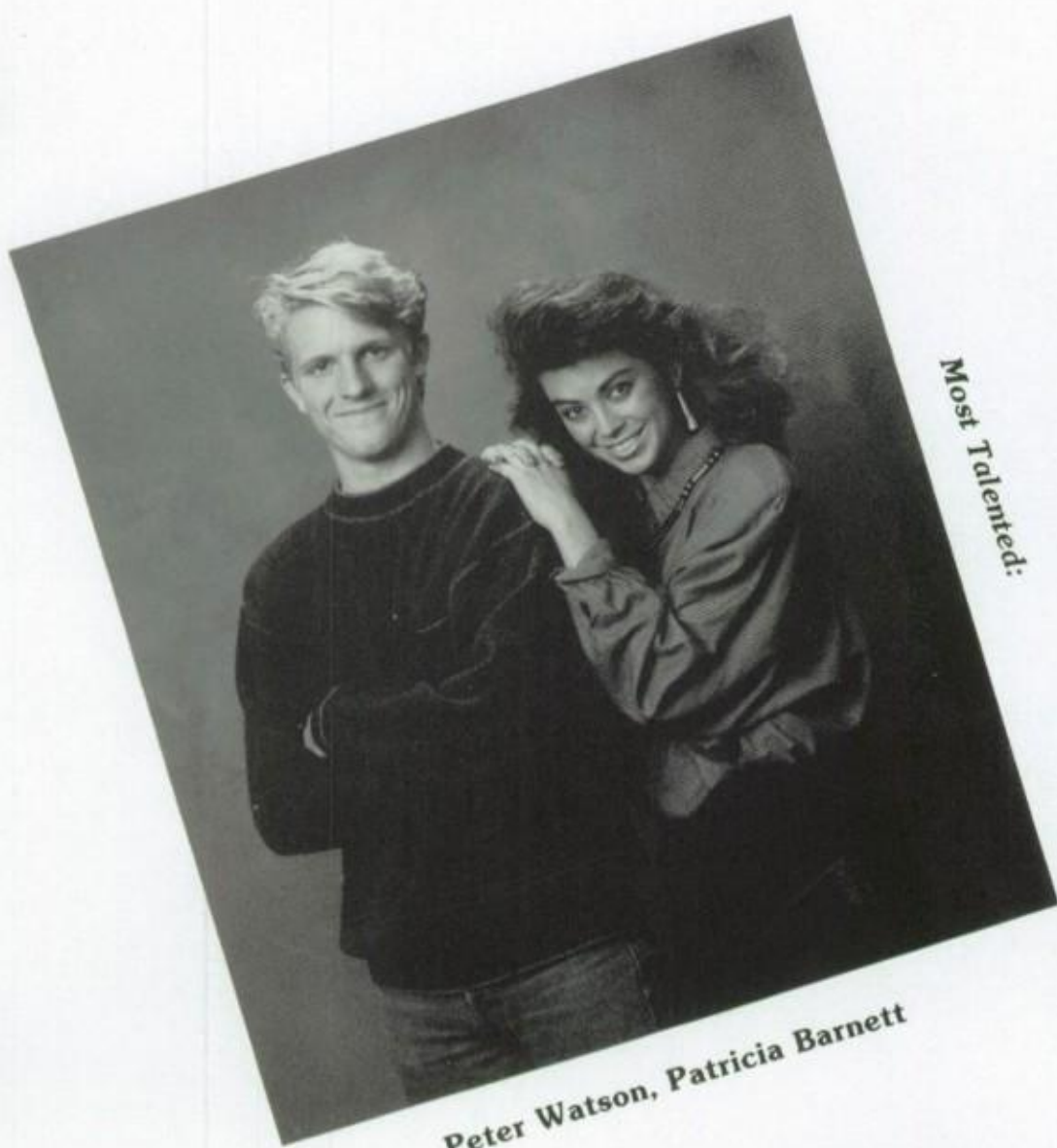


*Jaan Hitt*





**"Do you think we're having fun yet."**



**Most Talented:**

**Peter Watson, Patricia Barnett**



**Michael Hobbs**



**Erin Hoffman**



**Terrence Hogan**



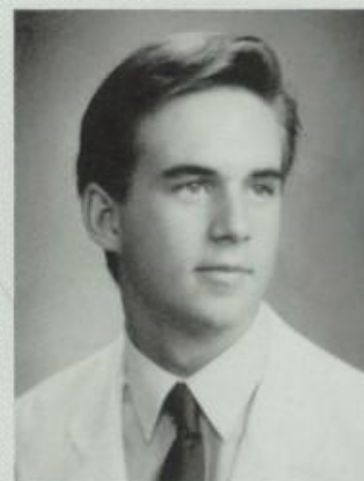
**Esther Holliday**



**Tiffany Hopkey**



**Patricia Horton**



**Garry Hove**



**Sonya Hovland**





*Karen Howard*



*Todd Howerton*



*Barbara Hudson*



*Tina Hughes*



*Joel Hull*



*Stacey Hunt*



*Ken Huynh*



*Rosalind James*



*Jaime Jeffers*



*Gary Jenkins*



*Shawn Jensen*



*Sharon Johnson*



*Angella Johnson*



*Kevin Jones*



*Preston Jones*



*Jeremy Justeson*



*Joseph Kabler*



*Laura Kalchbrenner*



*Kraig Katzenmeyer*



*David Kendall*





*Matthew Kidney*



*Michael Kidney*



*Klaus Killian*



*Steven Kimbrough*



*Angelique Kiss*



*Cindy Knepher*



*Kevin Knight*



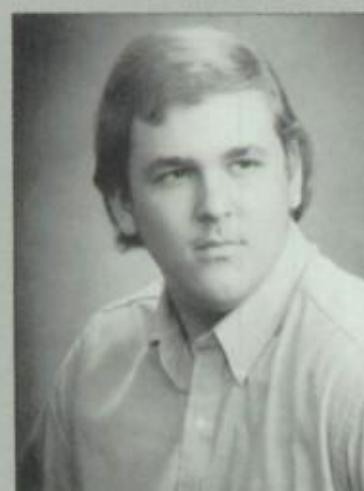
*Chris Knowlton*



*Kimberly Kopel*



*Amy Kraynik*



*Michael Kuss*



*Brian LaVallie*



*Laurel Lain*



*John Lamachy*



*Kevin Laney*



*Matthew Langston*



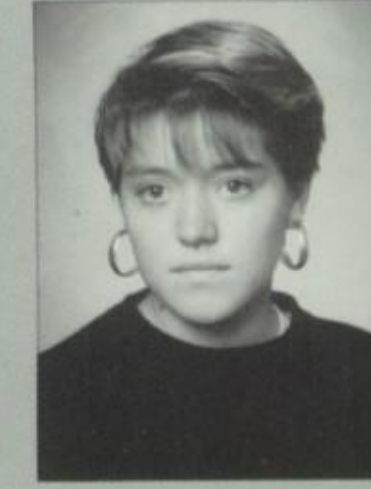
*Shelley Laslo*



*Diana Leberis*



*Robert Ledford*



*Crystal Lee*

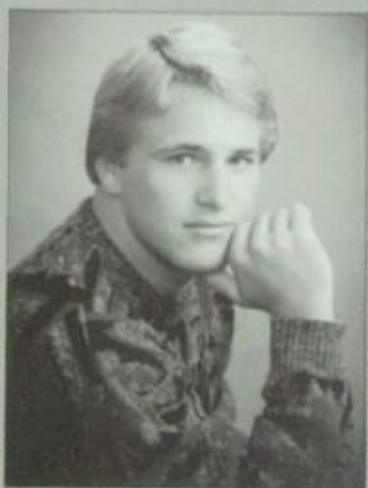




*Jason Lee*



*Elizabeth Leighton*



*Charles Leptich*



*David Lim*



*David Lin*



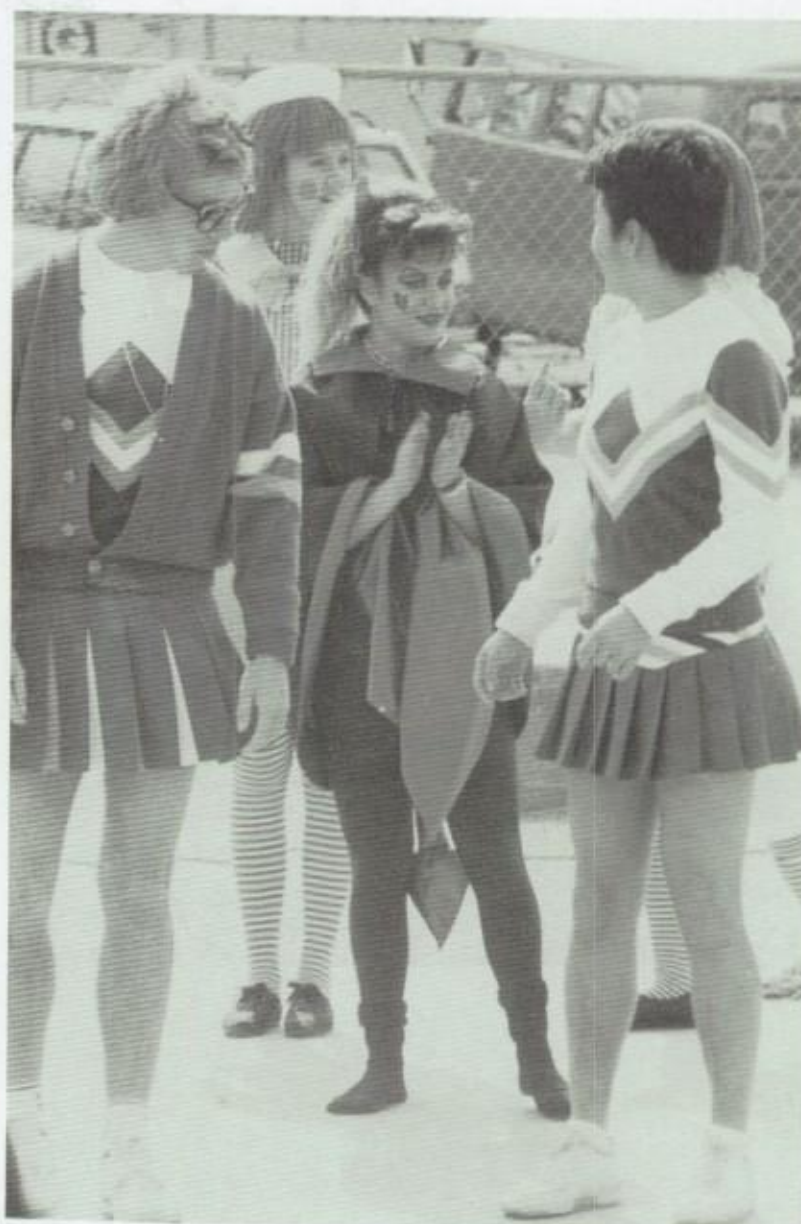
*Jennifer Linares*



*Jared Loftus*



*Josh Logan*



**Ming and Wade, where'd you get those legs?**



**Billie Pierce says, "Give me an H!"**





Eddie Roder dreams of what his senior year has in store for him.



Stacey and Vannesa are skeptical about Estie's Chemistry notes.



*Damon Luban*



*Nicole Lynch*



*Jaron Lyon*



*Tabitha Mabee*



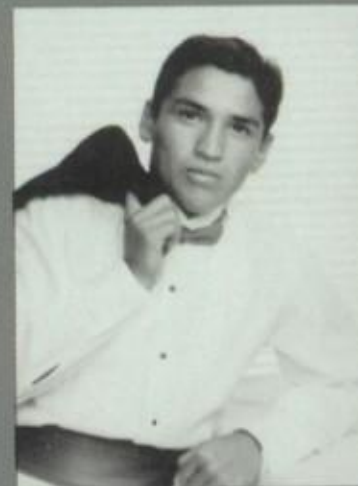
*Deanna Majomut*



*Robin Marsden*



*Christian Martinez*



*Frank Martinez*





*Yvette Marzullo*



*Danielle Massaro*



*Stormy Masson*



*Carolina May*



*Teresa McAloney*



*Nicholle McCrystal*



*Shannon McFarland*



*Anthony McGirr*



*Kerry McGrath*



*Thomas McGuire*



*Jonathon McKeig*



*Anthony McLean*



*Cynthia McNeal*



*Alex McTrusty*



*Ghada Medawar*



*Ronald Meinung*



*Mija Meiss*



*Zachary Mendoza*



*Jeffrey Meyer*



*Jeffrey Miller*





*Kristen Miller*



*Linda Miller*



*William Miller*



*Deborah Miner*



*Ann Minnich*



*Kristyn Moe*



*Kathleen Monahan*



*Michael Moore*



*Maria Morante*



*Staci Morgan*



*Cathleen Morgan-Hill*



*Christina Morinville*



*Kirstin Morrison*



*Jessica Morse*



*Neda Moshtaghi*



*Andrew Mounts*



*Jennifer Mueller*



*John Munch*

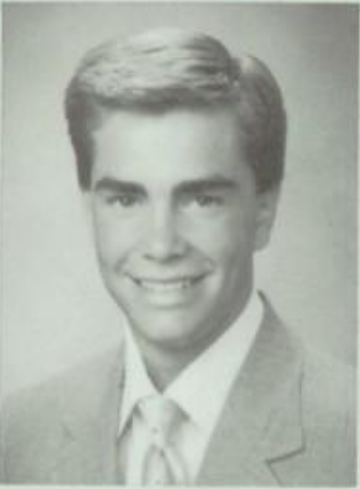


*Heather Murphy*



*Michael Murphy*





*Richard Navarro*



*Lapara Newsome*



*Cuong Nguyen*



*Shawn Nocon*



*Renee Nordean*



*Roman Northcote*



*Victoria Nowakowski*



*Gilbert Nunez*



*Jessica Nunez*



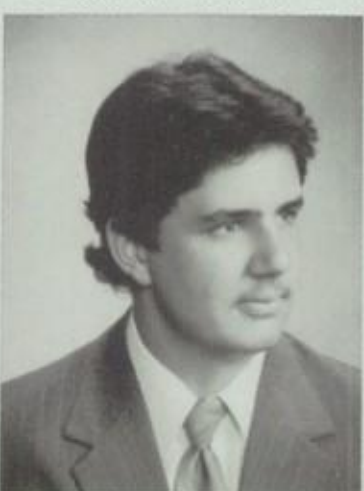
*Anne O'Gorman*



*Allison O'Dell*



*Luc Ofield*



*Cory Oliveire*



*Heather Oltman*



*Daniel Omahen*



*Carey Oostra*



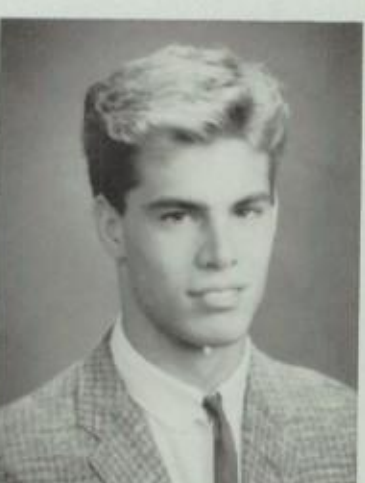
*Anna Osborne*



*David Osornio*



*George Osthimer*



*Ronald Pabon*





*Stephen Padula*



*Robert Paez*



*Kathleen Page*



*Ricky Page*



*George Palladino*



*Kristi Patterson*



*Richard Pedrin*



*Jim Pekelder*



*William Pellegrini*



*Vesa Peltola*



*Viki Perez*



*Michelle Perry*



*Tracy Pestcoe*



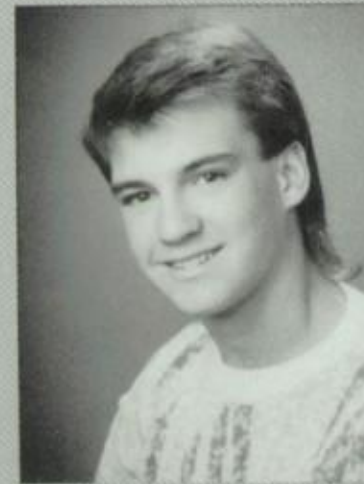
*Stephen Peterson*



*Timothy Phillips*



*Todd Pichierri*



*William Pierce*



*Laura Poma*



*Linda Poma*



*Farzana Popal*

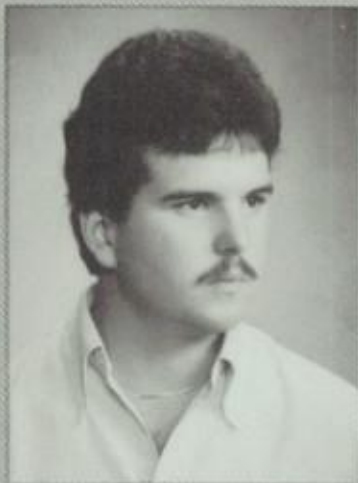




*Heather Poulson*



*Cesar Preciado*



*David Preece*



*Thanasi Prevolos*



*Chris Provinzano*



*Tracy Pryor*



*Jason Quigley*



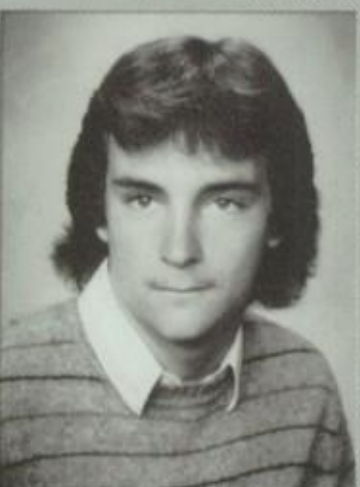
*Kelly Quinn*



*Dawn Radice*



*Anna Rasmussen*



*Paul Ratelle*



*Deenah Reyes*



*James Reynolds*



*Joe Richardson*



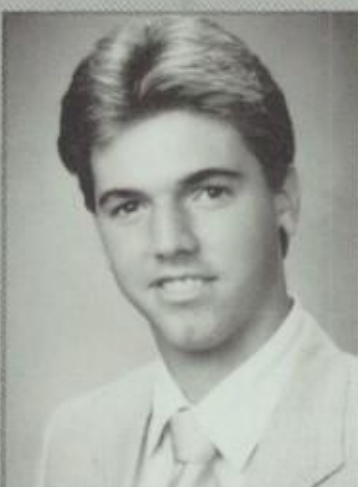
*Judith Richardson*



*Katja Riechmann*



*Michael Robbins*



*Edward Roeder*



*Tahnee Roper*



*Theresa Rosario*





*Christopher Rupe*



*Richard Rushing*



*Craig Russell*



*Jennifer Russell*



*Rachelle Sabo*



*Renee Sadulski*



*Alethea Saganis*



*Kimberley Salas*



*Shari Sams*



*Eric Sandoval*



*Patrick Sanford*



*Teresa Saplen*



*Paige Satter*



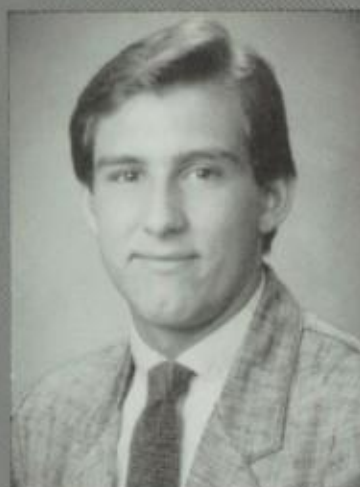
*Kiko Savage*



*Diana Savu*



*Sean Schneider*



*Martin Schilf*



*Walter Schmersal*



*Stephen Schrock*



*Heather Schudel*





*Andrew Seales*



*Briar Segal*



*Renee Seifert*



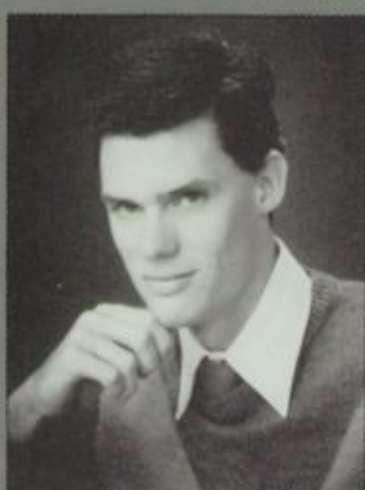
*David Selder*



*Andy Sexton*



*Tracy Shacklett*



*Michael Shanahan*



*Todd Sheehan*



*Danielle Shepherd*



*Michael Siepert*



*Stephen Sikes*



*Paul Silver*



*Krishna Singleton*



*Carolyn Sledge*



*Kimberly Smith*



*Michelle Smith*



*Peter Smith*



*John Soriano*



*John Sousa*



*Troy Spahn*





*Cory St. Clair*



*Orlando Stanley*



*Dawn Steele*



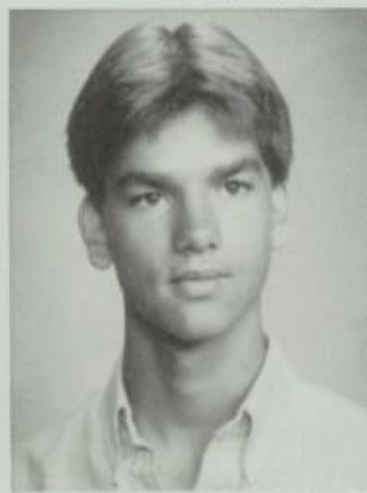
*Karin Stevenson*



*James Stickley*



*Erik Stieringer*



*Mark Stimpson*



*Jason Strojan*



*Czarina Sujecka*



*Derek Sullivan*



*Shannon Sullivan*



*Heather Swaney*



*Michael Thiem*



*Michael Thornburgh*



*Stephen Thurston*



*Ngoc Tieu*



*Ana Rosa Toledo*



*Rosa Haydee Toledo*



*Matthew Tonkovich*



*Guadalupe Torres*





*Ramon Torres*



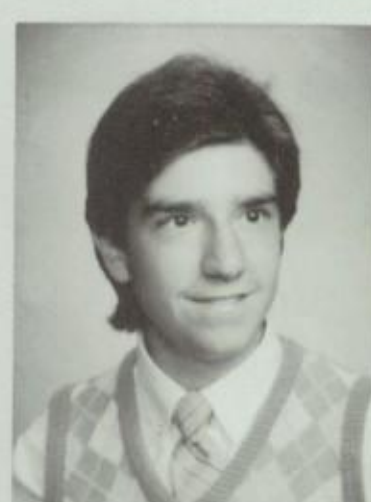
*Sean Tovsrud*



*Ai Ni Tran*



*Christi Turner*



*Steven Turney*



*Elizabeth Upchurch*



*Bonnie Urbanek*



*Christina Usquiano*



*Gustavo Valbuena*



*Travis Vaughan*



*Paul Villarino*



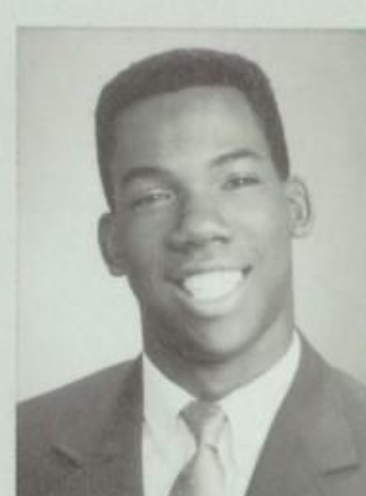
*Penny Vince*



*Meilanie Virola*



*Rebecca Wacklor*



*Emmett Walker*



*Sonya Walker*



*Ann Wallace*



*Kevin Walsh*



*Peter Watson*



*Jennifer Weast*





Carrie Weeks



Grant Werdick



Robert Whitney



Valure Wigfall



Tara Williams



Wade Williford



Yvonne Willrich-Teague



Nicole Winnie



Kristina Worthington



Rene Wright



Ming Wu



Stephanie Wynn



Pamela Yates



Carmen Ybarra



Timothy Zeddies

*Too late to classify*

Azimi, Sheragha  
Bagnard, Tammy  
Barnes, Kalona  
Battisti, Jason  
Bechtol, Johanna  
Bigler, Robert  
Boling, Jim  
Brown, Darryl  
Brown, Kenneth  
Casaday, Dustin

Castro, Alvin  
Contman, David  
Conway, Shawn  
Copenhaver, Melissa  
Cotter, Steven  
Cruz, Steven  
DeFoe, Desiree  
Dean, Keith  
Devers, Terry  
Divitis, Mary

Durland, James  
Espinola, Odilia  
S. Estakhri, Ahmad  
Greene, Julia  
Hyde, Diane  
Kashiwagi, Miyuki  
Kernazitskas, Anthony  
Knox, Donna  
Kusenback, Frank  
Likavec, Paula

Lima, Paul  
Manchego, Karlene  
McCarthy, Timothy  
Montiel, Michael  
Moore, Stanley  
Nguyen, Dung  
Noel, Staci  
Ortiz, Marc  
Peron, Robbie  
Roach, Damon

Rycroft, Cynthia  
Salas, Melanie  
Sargent, Shawn  
Shaw, Byron  
Simmons, Michael  
Smith, Joanna  
Smith, Shannon



# SENIORS SAY GOOD-BYE

Gustavo Valbuena — "Hasta la vista, amigos. Fue un año maravilloso."

Andy Mounts — "Thank you, goodbye. Thank God it's over."

Matt Tonkovich — "Don't think of it as the end of high school, think of it as the beginning of college."

Dang Do — "I don't want to be a freshman again!"

Greg Halterman — "Now on to reality."

Gary Jenkins — "To all goodbye and good luck."

Bill Miller — "It's over? When did it begin?"

Wade Williford — "Bust the move!"

Erik Bliss — Endlich vorbei (leider). Tschüss!"

Crystal Lee — "See you all at the reunion! — Get me outta here!"



Patti Horton — "Thank you for everything! I'll miss you all."

Marisa Cimmarrusti — "Gotta bail — Helix!"

Vanessa Blevins — "Hasta la bye bye Helix! On to better days."

Cathleen Morgan-Hill — "Well, Helix, it's been a slice — here's to the future!"

Cuong Nguyen — "Thanks for an awesome, greeny 4 years. See ya in 10 years!"

Stephanie Brandland — "Adieu Helix! It's been real!"

Pat Sanford — "It's been real!"

Tracey Shacklett — "Thanks for the best time of my life."

Marie Cortez — "Reaching the end, but not falling over. See ya Helix."

Neda Moshtaghi — "Movin' on to bigger and better things."



#### ALONZO, DAVID

What up chicken, Billferd, feet, Ericcc Mobeta, Todd, KC. From the Mex. What fun jumping off the clam, me almost commit suicide, Jason running into 701 and Jason's car taking all the damage. Party at Mexs; When the cat is away the teenagers will play 1 Duran getting chased beaten up by his imagination, Paco punching a hole in my wall. Hey Todder remember those wall-bangers I The capture the flag games and getting chased by "person" on moped. The mashing football games. Wiffle ball the mexicans vs. the gringos. Mexicach breaking down. Hey Jason do the dance, watch feet go crazy, kick him in the head so he will wake up. Chicken if you jump the clam a few more times I'll learn how to jump. Hey guys see you later and keep the faith!

#### ANDERSON, STACEY

Bye LLA, hello Helix! DW, DH, MC, TW and a the LLA, LS, A kids I live ya! Europe tour '86 was awesome! MI special guy. NG MS, AM Virgin Islands Ontario, strict family fun! Rub a dub-3 in a tub. DG wierd but fell 4 u anyways. EH what to do? P. Henry buds! I'll always luv ya. Bubs say thanks-My best bddy. KF Spelman? I'll miss u! So smart! The other beatsies we'll stay friends ASB, Highland League Ocnography Vp-2 Yearly, Stdnt Cnctn Stres Snr Brd, I-clb, KAP! CASC wow Homecoming Whew! MC, HS, AK, TS special frenz. Thank for caring. JG morning rides, hem my pants pleze! Reggie I'm H over HHC love always VP, ASB, and 1st friend thanbks, luv ya! French buds Aurevoir! SBits due today? Mom I love you so much thanks for the support. Together Forever, Dad, father friend. KA we're all we've got. Thank you God for protect-ing me, bye Helix hello colleg! love to all my frenz and family I didnt put you down.

#### ACEVEDO, DAVID

To many memories to remember; to much fun; party in Mex; busted w/Ray; Pt. loma-hot chicks; Mt Soadad; Pacifico-PUP; x-mas dance '86"-party bus, Marriott; Girls on film-poker ram; best friends-SC, JR (bruiser) RB; Aaron's house-J's first "B-load"; CHOKO ONE; Laguna Mts. Julian-Breakfast-lots of fun; MEX-FEST '87" w/James (bro); Billy Idol concert w/Jeanette; girlfriend-Jeanette; love you, fun in 4x; lunch at Steves; Riverside-Jk-Just the guys-Mountain Climbing-get with it Rick; love you Mom, Dad, Granma, James Chris; Jessica; Best wishes to all my friends; Class of '88" #1; keep in touch Buds: Wild boys forever; Miss you all.

#### AKERS, KATHY

Best Buds-KT, KR, MB, RR, JH, DS, JH, KH, TR, KH, MH, ON, BA, BB, party buds-Karen, Robert, Devin, Mike, Matt, Jason, Richard. My high school years have been a blast, Summer of 87I was the best w/Danny and the guys. KAREN LETS GO TO THE BEACH!! The KKK what a threesome, Kathie and Dulcie BBB karen I \*\*\*\*\* your fav:orite chicken at rammin speed and it was finger lickon good. John Christian you will always be my first love. I love you. Halloween 87" was rad! Robert Keeton-ANYWHERE BUT HOME. JAMES! 69 mustangs rule Mom, Dad Sandy Thanks for everything I Love You. Kasta la cya helix

#### BAGNARD, TAMMY

A spal thx 2 my seester Vicki, ur the bst! nvr frgt u! Rembr Sn Eljo? "MRTY" ADM ANT. Kaip bds & oh yes Aron! I think mddr as my own, wll u know mn! I lvt u all of u! Evn CM & m. qool! (BRBRA). all excpt 4 DF! I'll luv nvr frgt u! Vicki! I lvt u! (drlly nt. mrry) Helo to AB, CK, DP, TH (DB & Chrsty 4evr) RB-THNX, yr still #1 at Als! My BE Berna, i lvt u! time 2 tlt papr! To my hubble 2 bel I love u! Jody! Even though u r a squid! I wnt my mrz! sn I ht Aqirus & Alf! w Chual! Augle u r kpld plyn my song! Sticky situation, bye all, ce yaaa!

#### BAKER, TODD

Aneemall! Kevs house dead squirrels. Julie and Casadi's spaghetti sauce MAGIC T isnt it kind of hot in that leather jacket. BEASTIE special thanks to Tricia Sisson the most beautiful girl I know. Ms Clark Edwards for making me strong w/push up power. "e % # @ "" Mr. L your all right Manors robbing the riddle. Dave will never finish his car Rad axel stall Kevin U-2 tourist fettles. The party was last nite Ron-please shut-up. Eric- we are atchid to party. Ray-stop reading over my shoulder and stop throwing stuff. Dave, good luck in the Army. Dont act so tough, you might regret it. Good bye Tricia my secret love whom ever knew and good-bye Helix High school in general!

#### BAKER, STACEY

For being here for one and a half years and had the best time of my life. Laura for all the support and good times. 4 love you Grad '87. What happened/Tina? Crazy time in Times 4 Nicole, Pat, Elena (schroom) Disneyland and BP (green jettuz) Science with the weiners-Paula, Tracy, Gina, Rob, Tom and Trish (grubbin) Summer school with Paula, Dana, Cindy, FOCUS, Good friends-Tina Rick, Damon, Amy, Donna, David, Todd, Billy, Gordon Erik, Pat, David, Softball 87-88, Michelle and Heather (BW's) Thanks for everything-I love you all! Were finally outta here!

#### BALEAUX, DENISE

First I would like to thank my family and friends for helping me survive this year-Its been a tough one-AD, LP, PF, JR KS, AG, AC, EB, and to all my other friends, including BP (from work) who constantly labored in keeping me sane! Kim and Jen, remember the all nighter on Halloween? Tap, Tap um, do you have jumper cables/Audra, watch out for left white fenders! Elizabeth lost it! WO! Patty remember the board experience? Laura, Linda remember snaugs/Im gonna live to be 103. Remember ONO? or ... Mikel want a piece of gum? Im so lucky to have all of you as friends! what would I do w/out you guys. Bye Helix, its been grat!!

#### BAPTISTA, JANET

Band 1-4, Class 3-4 '87" prom w/Derrick: Elarios. Want some cheesecake? Bead maybe? Corssage, whats corsage? Derrick thanks for those special times, your the best. Band camo '87: Rick the fireman, "MURRILLO"! Nancy, wanna go on a hike? Little bunny foo foo ... or is it little Tommy blowhole!

Bubba, hummm ... Stars and stripes forever '87, Friday nite at the pops, encore, encore! James, I'll treasure the memories (esp. Chimo '85) Best of luck, Dan! Dr. bob the best drum major (and a special friend) Matt; thanks for making my senior year special. Deanna: my bestest bud! yuma '86: dinnr w/Bruce. yuma '87: at the padres Hotel room. Jacuzzi w/"The Book" Sockers cruise: They were everywhere! Jan and Dean together jk4-ever AKA "The bullpen girls" Lake Tahoe '86 too much to say. You are my ultimate buddy and will be forever. To everyone I missed: THANKS. Good-Bye Helix.

#### BARNES, BILL

FRIENDS: PC, JP, HB, KS, TM, CW, JC, JG, HL, SR, DS, KA, ND and others. Memories: megadeth chase. Nationally. National, pen cap, peace sells ... rab concerts (Cooper), coed slumber party? Pear man trapped forever. Those weird experiences at Helix, 8-ball slayer liar, 87 summer was intense, wiging out on Jamies bug, Frosh English-n-Art, sbiling face first (ouch) Eat out at Bambis, guns and roses tour bus. Thrashes. prom nite 87, all nite talks and drivin no place, do you want to die, early morning car and storage room sessions, 7/4/85 oh god never again, Dr. Ruth, lets party on meadow brook, Christy dohnuts, slayer, metallica, dr anthrax, whos missing what! 2500 plastic girls, well Helix its been a time marches on. Thanxs mom and dad for being there. cya Helix, its been insane.

#### BARNES, JENICE

Jrk Niecy Flame Red? No strwbry. Sxy Chqlta Spcl FRNDS Grls: HM, SG, TB, CN, SB, CP, KH, SJ, LL, MKC, AG, MP, KC, SO, GS, TM, PH, BG, KH, MB, BP, TK, EL, RN, JJ, PS, DS, I Luv U all! VB-Frn all 4 yrs; CQKQIT RNANA: Bub Rn Trn sxy M: Hlx Yr kls Mmm; Joe H. u o me a Pie! Thxs 4 stk dnr n Fir Plc; Spdy QMM Ftbl on BIG GLPS NOPE! Bys br YES! MP: AG, LL & Grad all! alter HETHR TETHR Bst Frnd Akcndt XKUZ me BLKE! SCSPL @ kME: Ric n Wht jkt nce kis; Jay & sxy; Trn Wld u so long; Eric L. Tryn 2 srl funst date; Troy T. SGOGLKN ice-crm ... Yum! Shet Bear IL MIS U! DMFAM. I LUV U! Thxs HELIX 4 the bst 4 yrs of my LIFE!

#### BARNETT, LESLIE

To my best buds: Ana R. Jeremy B. Mike G. Dawn S. James F. Kym K. Kathleen W. Thanks for making my 4 years here at Helix great. Lets not forget about those teachers that helped me the most like: Coach Vanhook, and Stabley. To Kym, thanks for being my good friend in Gleg for the last 2 years. I couldn't have made it w/out you. Special thanks to Dawn for being there for me these last 5 yrs. hanks for invitng me to the car races (sorry, Brian Luffe). I want to thank my mom for putting up with me all these years, and putting me through school. I love you Dad, Bye Helix!!

#### BARNETT, RANTIA

Special Friends: Shara, Nedra, Michelle, Heather, Rick, Dave, Pat, Dad, of course Kik, I love all of ya. Always in my heart Kik. Muddoggit! Gctyl, Dude, can I be u fer a de? Sharon-barrell! Jiff-jimmy CRACK CORN! The Rik-Bo love em. Laurel of poker anyone? Gotta laugh at the rumors Rik, Boogie Michelle! Ouf-poker spent the nite there morn. Where's Mexico? Love ya Ken. Mike-did you spit in this? Thanks for putting up with me mom n dad. I love you both. I really do love you dad.

#### BAYES, BROCK

Memories, memories, memories. Wrestling buds: Doug, Kevin, Kenny, Jason, Pat, Mat, Gilly, Rick. We had fun over the years, Rnnsoph, Helixville bop, Junior, all the parties, the memories too many. X-mas dance, Jessica blowing on the Limo, Rolling truck, Hotville Amies and 6 girls, and so many more. Thanx Julie, Stacy, for the memories in French and all around. Julie and her lunch habits haha. Thank you all my friends over the years. Thank mom and dad. Helix Helix its been real!!!!!!!!!!!!!!

#### BEACH, HEATHER

Lowest st. parties-Dino, TM, KD, TB Squealers! The yaers-Mota. Animal Magnetism. Too fast your too fast for love. The "S" crew at the Brewery, 300xxl's w/ cellular phones. Trip the cliffs. Led Zep Deadheads. The Cult. Slash and the tour bus. Slamdancing at DRI W? BB and PC Fiesta and mariners. Yo blonde! Long hairs and glad boys (Bon Jovi BRos.) Im tramping in airayd through not? Knew so. Todd I love you so. Thank you for showing me to love. Mom and Dad thanks for your guidan-ce and sacrafices. Its almost over yet its just begun. See Ya!!!

#### BECHTOL, JOHANNA (na-na, jo)

Tall flags, Key Club (9.10) Flag cap. (11-12) Thanks RM (advisor) and Mr. A. Boyfriends: MC, TF, RT, KT, ML, BL, CL, (RK and ND) Good luck as mommies Kristine, Tami Clinzia, Becky, and Karen, Kristine and Jo best friends forever! You mean alot to me and you better not forget me in NY. Amy, we finally made it through. Life couldn't get much harder! Thanks AH and BF for being there when I needed someone to talk to. Camp CG (10,12) Custle! PW! Fairfield 86. Good luck next year flags. JT, JC, LH, KF and RL (Pipette) Love ya mom dad, gram, and Becky. I love you Nicola DiLello. You are the most important thing on my life. See you at our wedding! Ciao e ti Amo.

#### BECK, DOMINIQUE (DB, Neek, Clueless)

WHAT THUD AH? Well this looks like the end. Special friends-EU, HO, KM, AR, TB, Terrible trio-Cabbage Patch, raisins and me. Living in the fast lane during the summer of '85. Rainbow Warriors and the rest of the gang who taught me the important things in life. In memory of Scott Milliron with love. Jan. 29, Aug 31 IKE? State men never again. Right Ang? My Co-jeditor thanks for the attitude. The guys I will not forget SP, JB, JC, SS, and now BV. Prom '87. No one gon reconize me. Really thanks Mom and Dad Andi And Daniel I LOVE YOU. helix you will not be missed like the people wil.

#### BENTZ, CHRISTINE

I finally made it with the help of times like these with: Loyle (velvet) with weekend activity at Round Table (DERPERADO), Michelle at BonJovi-Ive got a headache and the land of the hunks, Mike Randy, Jeff-LTS Buds, Deana-Movies, movies movies Ron-dining at the restaurant at the end of the universe. A warm thanks to all my family for being so special especially MOM. I cant wait to go back to Europe, especially Switzerland (ser cool!) Snooks the wonderlizard! Elkle-Zombie at wheel. Watch out! Whats it taste like? ... FIRE. lets talk about "... whats a gibsail? killer shrimp at Mission Bay-Forgive me? its times like these that make me wish for spontaneous combustion. Stacey-your still a bodo, until the reunion ...

#### BIXLER, SHERRELL

Finally independent! Dad thanks for help trough school. Mom thanks for listening. Michelle and Regina good luck to my great-est sisters. I love you all. Robin too many times to mention, climb bind the wall and what we saw, crazy jokes, crude comments, granny shots Drew at the dance, having Drew, hacky sack, aerobics, volleyball tryouts, all those long talks! Thanks for being the bestest friend Love of my life Bryan Leatherman for one and only love, mentioned last but first to me. Thank you for your love and exchngent. Remember double shift, 19, unicorn, the car window, the cops! I'll love you forever!

#### BURNSON, MELISSA (Bunny, Melis, Mel)

My best friend Linda Miller, thanks for putting the "sparks" in my life. You-bts growing up together was well worth it. lifes ups and downs, love and memories forever. TB and BH-tickels forever! Bowsie all night! look out Hawaii Univ. Special times w/BW, JM, BH, PS Driving-SH, SG lifeguards and David Vajdos. Mom and Dad w/but your love and support none of this could be possible. I love you. "Natures first green is gold. Her hardest hue to hold. Her early leafs a flower, but only so an hour Then leaf subsides to leaf. So Eden sank to grief, so dawn goes down to day. Nothing gold can say. "My gold will stay. ALOHA

#### BLEVINS, VANESSA (Faness, Slick, Nessa)

Band 1,2 Basketball 2, Student Council 2, AG, LF, RC, KF, EH, SA, KE. Debutantes 4, Sr. Board. Spcl frnds: AG, LF, RC, KF, EH, SA, KE. Debutantes w/Krishma 1-3 curtsy, how low can you go, you look lovely in white. Keep on truckin its only 5 miles. 3 yrs. best bud Ruth, watch out 4 those boys El Sid. Shhh not so loud cute down. Estie louder, louder! I cant hear you. Quiet sweet and calm guys-love your look, hang on to that hair. Orange eyes Stac, sosh, lets analyze the prob. further. Keep smiling best at UCSD. Say something are you there Laurine hello. Whatsy checking u out. Speech, speech ask moms now! Alg. 2 whaty ur grade?d you focus. WB's what do you think? 5 hrs. Phone call about Brick-who do you lust now. NeNose! Char-bite! 2 hrs. then that look. blew me away. 3 Biology pretty eyes my fav. class, so friendly, gorgeous, and scheming pic. phone # admiration. Joseph slick brick H. Always and 4-ever. Audra should I call. those eyebrows my obsession my love. Football games. Lets dance. See ya, Helix on to better days. lookn for the best! Love ya Mom, Dad, Kim, and Cliff Rhasta my fari.

#### BLISS, ERIK

"High school life is ... simply these four years, and we will never forget them." Germany 85-86, SS, HE, TK, AT, MO, BT, Ill never forget it: the ski-trip, ping-pong, X-mas, Laboe, die Badewanne, thank you shoeeners for the time of my life, Sebastian in America, Julian (twice), Seminar Crew, "Ming, the fly is dead", the pee-wee experience-ASB 88, Mufrehls, Halloween expeditions, Zeddies' thought for the day-"AAAAUUUGH!", Utopia, Homecoming 87, Special people: SS, DA, JM, GI, CM, CI, TS, TZ, RM, JJ, YM, JR, KK, AM, AS, GH, MW, JM AND SO MANY more. I thank every-one who has helped to make these past four years a lasting memory teachers, the Admin, my coaches and especially my family, Mom and Dad: I owe you more than I could ever pay in help and love.

#### BOBROWSKI, ELIZABETH

Well we made it! I thought it would never happen!!! ;Denise this is the raddest year! The first time we all (you, me, Audra) had someone, but you are "Lagin' Honey" you were jammin' with E.R! But he was Borin! Huh Denise 11th was Awesome too what was my record 12! your was much more. Mrs. Drakes class was fun. To bad NR couldnt stay one more year. D. are you going to TJ for Grad. Lets go to our B-Day, first on yours, till we are so tired we cant wake up for 2 days, then well do it again on my B-day Rad! Huh! Audra to bad so sad Juan had to join Uncle Sam. You could drop out and go in w/him HA! HA! Ann-shame on you for not mentioning me. Does your Madee sabe de la truck?!!? Fred try not to Click! The next time its ferri, dont forget the summer of '87 it was the weirdest-Marci, Tuni, Kelly, Malcum McFunky, David D., Mr. H (we drove him MAD, he was alreadyt crazy) Oh Fred remember our Mikis Ronde too. How about beginning of science I hate your bleep! bleep!

#### BORDINE, KENNY

Best friends: Terry, Jason Coker, Tony, John, Jody, Roberta, Odilia, and Darla. Special memories include typing class w/Darla & Bill. Geometry class w/LKori, Amy, and Tracy. Also going to parties w/Terry, Jason, and John. I will remember the good times. Thanks Terry for being there when I needed you. I owe you. I hope we become best friends for the rest of our lives. Tony and Roberta stay together. take care and KIT. John its time to party. Jody have fun in life and thanks for being there for me and being like a sister. Thanks mom, dad, gradma and grandpa. LOVE YOU. Congrats to the class of 1988. Thanks to my teachers. See ya Helix.

#### BOTTROFF, JEREMY (Germ Warfare, Hllessil, Afterion)

Hidd the jerseys of life on ur wings. Best friends-Travis, Andy, Mike, Richard, Matt. Choir w/TV, MB, RT, SH, BS, KMC, MD, AP "Who are you guys?" "Were the tenors." The CC boys. Andy Rob-NO SLEEP "TILL FRESNO!!" Adventures at Mt. Soc-JV TRASH. Aztecang, Summer '86. BR patrol w/Travis and Matt (BRs HO)



Hmm. 22 top mustve meant her. Valkyrie your life force is running out QUARTET Trav, Buk, Rich (Harmony nor Choreography) The words the prophets are written on the subway walls. AD&D w/ Richard, Mike, Mark, Franz Shasta, David, Jimmy, Robert, Steve. Hrun: official archester of the '88 olympics Schmendrick. Homecoming w/ Travis, Wendy, Carolyn (Crank) So long and remember: you never know whats hanging until it drops, Travis the tuffl, Rabscutt O.

**BOWSER, MARION**

Hey Helix I finally made it! Thanks so much to SH, AM, KT, MB, JR, SG, TS, JC, RN, the other RN my band friends-KRM, NP, PS, TD, DH, BF, BP, of course Mom and Todd, my fiancée. Weve had some grat times. WOW. Peace love anarch and b bunny slippers. Honisolt qui mal y pense! Never play leapfrog w/ a unicorn. There are no bones in lettuce. Band Bunnies rule. URF Mike warke, Sam Kinison, shelly Berman, Eddie Murphy. Rocky Horror, click-work orange, Oingo Boingo, Madonna, Motley Crue, Etc. Ah music. Renee: Imagine this. Hoe do you spell noeglige? or PAS-SION! Duran still rules. Todd: No more muhs or guppies! Some peoples kids. Redhead stepchild, I feel like dancing . . . no shoes, no shirt, NO DICE! Bye Helix.

**BRADDOCK, ROSEMARY (Nigel)**

The lightning paid off after all. The Special-TR, YM, SF, LB, NM, K7CF. Sktns best Michael & Derreck '84. Eric Braswell I'll nvr 4get u. Sktnng partners in crime-Engine #9/ Speed Freak, Jammer, & Liz. So Shannon, what is jamie wearing 2nite? Ask Tammy about my hair. Crying in the back-Jammer understands. We be Jammin if Kevin would just get here . . . Sid II's Babygirl '85/ Jill & gymnastics. Orlando the ultimate arguments. Dark grandstand June '87 w/DAY-The great moments. summer 87 bye AL, hello GG-Good luck Yvette. Summer, Jammer, & Uturns. Bye Jerome cant forgets-Kevin & Curtis, Souunky, Spunky Jr, Mike, Jordache, Dinky, Jamie, Steve (Check out the back view Tammy). Jason (Mr. Smooth). Aug 23 1985 DAY Eternally Egyptian Wom-an/Me Z avaricios one. Sayonara

**BRADLEY, RICK**

Adult hood is upon us and we must say goodbye for now or just so long. To my friends. Alison, Pam, Phaidra, Shannyn, Kim, Heather, Holly, Jeanett, Lucy, Jen may you find the happiness your looking for all the beauty you have in you should lead you in the right direction. You all are special to me and always will be. My brothers Jason, Steve, David, Aaron. I love you guys, your my life and inspiratio to my world. Thanks VanHook for being there. Thanks Cristina Hecht for my dreams of a perfect girl I love you, and Chris for showing me whats up. Thanks Mom & Dad and sister G. To my brothers may the spirit of the wild boys be upon us forever.

**BRANDLAND, STEPHANIE**

Best Buds: DA, CM, AS, SA, KW, KF. Donna & Court:- Unorigina- lity is totally original! Who are we? Uh maybe Satan! Thanks for everything. You two are definitely the best 2-best friends a per- son could ever have! I Love You Keith-YESI! You are bugging me! I have unlimited stress! Sue & Kat-Someday they'll be able to har- ness all your energy and use it in warfare. Stacey-No more SLOB patrol! Robin-How's my study buddy? Jeez-What a dweeb! Andy- S.-I hate to work in groups! Remember vote for me for homecom- ing! Pat-Pickled chickens? John M.-X-mas dance '86-As you wash- ing! good time! Did you fluff?! Andy M. Huh, Huh, Huh, Huh, Huh, Huh! Do you remember her?! What a babe! Mom, Dad, Dave, Dad! Thanks for the support. I Love You!

**BREKKE, MICHELLE**

Thanks to all my special friends, but especially JH, CH, KA, CM, DKk. Who could ever forget Jen, Chell, Chris? Ill never forget all the times we thought we tricked our parents, but somehow they knew what was going on. Ill always remember Jennifers nice little roll down the hill in the front of the school. We had some stupid fights, but a trillion laughs. Remember we'll be friends forever! I love you Shawn, we'll be together always. Weve had so many memories already. Some special ones are: 11-4-86, 2-23-86, preppit night '86, the desert, constantly, some strong and, Friday nights in the mountains. It all seems like yesterday. Hildon, Valt 4, 1990 isnt too far away. Bye then, you had fun!

**BRINKMAN, TAMARA**

My helix excursions can be remembered best as NAZI! Chula Brawl Loves . . . many a game came true, well almost. SP, DE, RH, JL, DH, ER, now thats called an experience! KW thanks for being such a good friend, state cbicerts so fun! 99pocce power almost killed me! Anybody witch, Joe gotta luv it, nite! Dade? whee a guy, me nazi parlor! Bushbound Santa Clara, cops were bad! Yag burn never kill 4get in Jambula, law cruising all the guys, names dont need em! Lark your the best, thanks 4 dngt xl's and ragin' Mex adventures! Mar I luv you 4 ever Shafers 2nd family, luv u all. My family all my loves so many memories in little time, a page couldnt list 'em all so in a word INCREDBLY! Congrado ya tons, Helix its been, well you know.

**BRITTON, TRACY**

Many special times and friends to remember. Shawn your a great friend. thanks for all the special times and memories. Anna & Lee thanks for all the laughs and good times. Thanks to my family, I love you all dearly, and to my sweetheart mark Rebello, the day I met you was the 1st day of the rest of my life. All our special Sun. at the beach, I will cherish j4-ever. You r not only a special boy- friend, ur the bestest best friend Ive ever had. Dates to always remember 7-4-86, 7-30-86. There arnt enough words to express my luv 4 u. I will luv u 4-ever Mark, your the best! Bye Helix, its been great!

**BRUCK, TORBEN**

Swim: 4+ yrs, Polo: a lot less; ER, TV, PD, JH, KK, JM, MS, JM, DO, GH, RT. Mannequin! driving to Valhalla, talking offspeeds, lightning, moochers, golf . . . in the morning, in the evening; no

hole in 11 defromed Pad fan, pictonary; twisting in the pool, com- edy, MB7MB-the rides the laughs, ww. enceloivdnaxes, Exploted Barmy Army, BUDDY can . . . mine. ludo "the dealer"-unforgeta- ble, Neil, Ik'll write, UCLA, DK, Beatles, Sgt, Pepper, Jimi rules- right otter? throw shoes in next leagues, job hunting in the heat. swimming outdoors . . . whats that? Didnt realize how much the beach-car meant to my life. BK, GR, JS, stay in the pool for at least another yr. JO, RC, MW, DC, SG, SM, JF, NK, MP, JJ, HS, KG, CW, WS, JO, JL, JB, PS Cheers! Father X-mas. dont forget to laugh 3 more left 4 u Ren. Heaven help us all! Pt'al Per. 6 w/JR, MB, PD- baseball w/paper.

**BRUNELLE, TINA (Tina Too)**

Helix X's been best 3 yrs. Laura cant wait ILU. Best Buds: LK #1, JM, TH, KS, NM, KC, EG, CT, EF, AG, MP, SG, SM, AK. THANK MOM, JOHN, DAD 4 PUTTIN' UP. SOPH. YR.-KS, JS, bch. sum'r nites w/BJ's. the Cure w/PW-the bushes! Simon! X-MAS dans w/KW, had a blast, and Marine rm was gr8. new yrs @ KC. Joe help! KC call the hospitall Sexy j6-SM, SG, MP, KC, KS Grt .25's KS shts. I luv u guys. LK best bud 4-evr, late nite talk, more to come grad '87-Stacy is that u? Mex. w/EF, JH, RS, crux, jolla, mission, LA-Uncle Pauley? Hi Brian! Beep! Beep frenchmen, wha? A. 99¢, dance till dawn! dont forget Neals @ Dennys. help drive? Mexicall, cardinal puff, ralph @, Renes, Frwy, phone #'s-sure I'll call! Apt. Hunting time. LK God ur #1. Lead us all the way! Miss U Helix Best of luck Seniors! KIT

**BRYANT, JENNIFER (JB, Jen-med, VP, IAP)**

Special Friends: thanks Lisa for always being there. You're a peat, big sis! Bob, your so special. Im vry proud, thanks 4 everything! Love you both! "The Gang" (big D, KF, AS, CR, BS, LS, RM, DM) Hpy Halloween, nice glove DP-Rebel Pty anyone? Sorry, cant see ya fm that side. Forgt the great assassins? Too good 4 these people club! Nice jeans Pres! Vanguard who? Balloon miute (pop) Thanks Tracy & Derrick 4 gd X's! 8 rough dia?? The grt balm rip off. Stay & Lis shouldve had fun longer! Whoo whoo policeman com- in'. Rob Leah, Tracy wheres Rasputin? Deanna watch those steps gravity (ya know)! Kevin start a gang and I'm only 2. Tracy-D. B- boys been grt Mac-Luv ya! SW no lights too bad! Jinh, Janna, Binky, Bnky, bullfrogs 4-evr! HE, SC, TS, TD, R-JM, PS. Todd you grt 2. Thanks for mking life special! Luv ya all Mom-Dad-Matt Luv You! Where 2 Know??

**BOLAT, ANN**

Whata wild year! CSULB and Europe in combination this date fun: movies, english & history, late nite talks. UG Algebra couldn't be been worse. Par M. my lil scheming partner in crime. KM, you're gotta nice voice. Friends: JM, JA, JS, JH, JL, how many more I'll SC, ER, BA, FR, EB, AD, DG, KE & JS. Teachers: HE, JP, MAM & AL your the best! Richards: KM, Kim, Ron, Rita, Andy & through your "Family" Neener. I'm sorry but I had 2 the this way. Kevin G. always said "thank God" for whatever was on his mind. I'll remember that. Kev! Goodbye Helix. Thank God!

**BUTCHER, DAVID**

Thanks to all my friends 4 everything-SM, AF, TD, GB, GW, PH, HE, EK, KH, EF, M-SA, RM. Great Thanks 4 being so understand- ing and 4 being my best friend. Remmbr. Contamar, surf contests- we jebz. Ocail, Masatlan this summer. Babysittn-shut up Robert lets go 2 the beach! In bored our plgn X-taci. house in LaJolla got Dane, chow! I hate LA u & JB me & DE (someday) AMY; all those wild fri THE RM at our future house. Tammy-youll always be a special friend. Glad I could be there but why Cheves? GB-we sure want the slot in sorry we couldnt work it out. I really loved & will never forget what we had. GW-ur a special person & I'm glad were still friends. Special Thanks to my Mom 4 being more like a sister than a mom. I luv u all & now its time to party!

**BUTCHER, JOHN**

Thanks to my dad 4 all ur help & guidance down my long, dark road. I luv u Dad. I love u Marci 4 all the memories in Yosemite as well as life itself. may we live 2gether 4-ever I love u! Thanks Mr. Nash 4 all u taught me-woopie cushion. thanks Mr. Shephard- make. woopie cushion. Mrs. King thanks 4 all ur Algebra help. Thanks 2 all my friends-Andy, Rick, Steve 4 all those laughs. Road-Rattlesnake. Thanks mrs. Mentas. Marci remember the sock. u look mighty fine on a horse, great kisser. Karate, Hyundai, shooting. thanks Mr. Faulk. I finally made it in the top!

**BUTTRON, MARK**

Best Friends-CXB, UG, CG, San Elifo 80-87 w/CS, CS, SS, DL, it was fun, surfin at San Elijc w/CB, the early mornin sessions many trips, lots of grt times. Mexico '85 CB, RB, the Rosarita hotel & endless pitchers. Surviving LaMesa chain gang w/flip, BH, JP, JA, what a job "71" what a joke. Summr at 86 w/CG it was a grt time. Good times w/CS, SS, GT, DL, RE, KB, BL, RH, PB. Thanks every- one, couldnt hve done it w/out u. Thanks Mom & Dad luv ya. Be young, be foolish, be alphabetical.

**CAGIGAS, CLAUDIA**

My 1st luv R E-I'll always remember. Best frnd JR Thanx 4 always being there. Rear-Rear! Luv u always. D-na crusin in thr 'lac after the 'cert peepin out all them fine freaks. U gettin' arrested '87. Weve been thr alot 2-gether. Luv ya like a sis. I want 2 say what up 2 the homies; romeo. D-na, monika B., TA, SB, Tapper, RC, YC, FC, MB, romance, Rude Boy, AV, Rozz, X-man and all the homies fm ESD! Special thanks 2 moms I love u so much. I'll make u proud. Thanks 4 not giving up on me. Tia, Eva, thanx 4 all those special talks We've shared they really helped me. Your much more than an Aunt your a good fren. Moni Im so sorry. X-mas '86, cruisin' 2 LA w/moms and the fellas. Mmember? 2 livel luv U. JR, DR, YC, -MB, I'm always here 4 u guys YC thanks 4 all ur help. Dee- nah-n-Claudia Certifies 2 be so sexy! Get it girl! I'm on the Re- bound!

**CARLILE, KENNETH**

Best Buds: BB, MV, KT, TH, KM, all wrestling buds. 3 yrs. wres- tling. 10th grade got ou—Kicked! 11th team 2nd CIF, me 3rd, 6th

masters. 12th going all the way! Gotta win state! (132's) Tom H. thanx 4 help in sports & life. Summers taught me alot. Owe suc- cess 2 U. Cant thank enough. Del Mar surf was fun too. (Hooters!) Meil, your a great friend, letters, talks, personal times shared. George P. remember New Years 86-87. Side by side. HAI HAI! Had rad talks too, but I learn how to surf. Mt. Helix held up w/gun w/ Brock & Toby. Whew! Thanks sis 4 helping me thr. school, long talks, being a friend. Thanks dad 4 support in wrestling and life, your always there. I love you! Kacee-u know ur special 2 me, Ik'll always love u! Bye Helix! Hello College!

CARLSON, CHRIS (Bub, Bubba, Carl, Son of christ and the place to be) El-Centro U-Haul. Yama curve k. Bunnin' at USC & sweet Allied Wilshire Blvd. Dan, please do this problem! On the endline! Mor- nin practice w/the helpin' oh. Battled. "Unh!l" To the Helix coaches: Thanks 4 easing. To coaches: Bigger, Thadux, Walker, and Bruce-it was a pleasure to those teachers who took pride in their work. I owe love HE, JD, PK, FL, BE, AL, ME, MM. To my friends so many in #. thanks 4 being there. Slamball (top dunk) Mario, still cant slayn. Palm trees and hammock, here I come. Why dont we go up to Pali look out and watch the sun rise. To mom & dad-I couldn't have dreamed of better parents. I love you! (Siepert & Fleht human) To those I have behind remember Moderation is 4 monks . . .

**CARTER, PRISCILLA**

Just know life. I st'd like to thank my friends, whoever they r) BB, EG, JG, SE, CW, DS, RS, JM, HH, KD, VC, DH. Alice Cooper to BRI: biggie, B-ball, home depot. Mr. Heyer, Tocan, Piscant, big- bear, Chrissy Bonns, 25000 plastic bags, nationall and all those garcades. Thanks PVD team goon! well its been more fun than any open callker funeral. XAVS Doug, I love you very much babel! The last 6 mths of my life have been the absolute best. Mom, Gran, Pop love it all to you. Honestly I thank you, and I love u. PS-Good luck Steed. Hi Vince, Bill-I wish youd get a car so I dont have to drive you everywhere. Edoug-I love you. Bye Helix . . . Its about time!!!!!!

**CASTENADA, ALICIA (Leash)**

Special Friends-DM, JN, CS, DE, MC, Ena, PV, DT, RP, Deanna Thanks 4 our talks, cries, and laugs, wouldnt of made it thr my hardest times. WOU, ILU! Special Times, Special Friends Chari, Debugger, Jessi, Cruzing the "park", meetin' fine cholitos! "AN- DANDO DE BOIADAS" Bahia on Fri, shoot out in Convertible "there he is. run!" Deez Bleedin were u shot? car wont start ITS DEAD AGAIN! pushin car on Highland, 1st time TJ "I wanna go home" "Peter I got u back" lets throw rocks. Never forget all special friends ILU ALL! Danny Gutierrez 1st love, always love u, special times, why'd they have t end! Mom Dad, Ian, George, Kerr, Baby ADDISON Love u!

**CASTILLO, JOSEPH**

Remembering when I ran across the field on punt vs. Santana. Leaving DT & KK at the Sweetwater & Lincoln game. Hey Vince, your mom beat u w/a garden hose. Yes my brother JH learn how to fish dude. Playing against Mt. Miguel, & my friends. Gettin' a truck fm my dad towards the end of my jr. school yr. Jeff there is more fishin to come. thanx for the "Rice Burner" dad, also thanxs for the stereo system Curly. The last thing, Thanx to dad, wanting to live by Helix, I wouldnt be going to school that has a good football team, making it to the playoffs. I LUV YOU MOM & DAD, Good luck next year Helix. Donna! (Budha D.) Remember. Rib-lon- bin. Later Helix

**Castillo, Vince**

Buds: VA, DM, JP, JC, JM, JD, DJ, DD, DB, BR, CS, CP, RP, PC, KS, ND, AO, LH, Early yrs. FH, DH, JW, CL, SE, EC, and of course me. Tha Ace, what we gonna do/where we gonna go, the moun- tain, Dolby falls, Mt Helix, cruzen w/Pac, his guitar, Sheriton, cops, MS, TS, shannons, Jaimes, Robbys, Mentzers (2 Wks.) Ar- cades, MTV, Cocerts, my cross JR high, camping (AJ) late/all nighters, Fridays, Cheech & Chong, gold at Dans, sports, boonies and Frank, Halloweens, driving, Sept. 18, 87, bugs, pillow fights, I Love ME Always! Mexico! Love Gina, extra luv Mom, rspect dad, dream on Helix.

**CEFARIELLO, DAVIDE**

America, the land of the drea, the land wher all your dreams can come true. Me, Davide, he, whats this little ant doing on my Senior Memories! well, anyway, I feel good, fine, fantastic and I'm happy to be here. I have no dream, maybe one or two, but they are my secrets, I hope I'm gonna see one of your famous parties before the end of the yr. Waterpolo. Wet! but fun! Soccer also fun, not too much morning, more kicking. America parents give to many re- strictions they dont trust their kids! why?

**Cepeda, Marcella (Marcie)**

Very special thanks to my mom, dad, and sisters, and John for being there for me I love you all. Always remember the summr. of '85 when I 1st met Rivhard, I will always love u, late nite watchn MTV "I Miss Uk" U & I always and forever, Bets Buds, Kristina, Nina, & Brandie luv ya. Special Frnds-KB, AL, TD, AC, DR, MM, RP, DT, MA, PM, RT, JG, TC, GL, MO, RJ, PP. Kristina nvr forget the "DISHES" Ha Ha. thanx 4 always being there when I needed an ear I Luv Ya! Fun x's at After Dark Club Tron w/Ni & Lisa, fun at the beach, ninas 19th B-day "The Budget" more fun x's to come. I Luv you pooh & new little one. See ya Helix!!!!

**Chaffee, Sylvia**

I have had limited time here at Helix but I can say that it has been a good yr. The people here have gone out of their way to welcome me and I thank all of those people. Also to my good frnds-AG, TR, SD, CD, JD, LF, SH, ET, ST, and my good frnds at OLP. I'll always remember the good times we had together CD, RG, TC & me- summer of '86, my friends, movies, talks, football games etc.



**Christiansen, Kimberly** (Kim, Kimmer, Kimstier)  
Gr8 Gals-MV, CT, KH, AG, KC, LL, NM, MC, JB, JM, CL, BL, Gr8  
Guys-EG, DL, CG, DH, ZM, KW, KW, KC, RR, PM, MM, JQ, CL, TZ,  
RL, JL, TS, RN, DM, BG, JH, TG, MV-We're outta here! Prks &  
Univ wll nvr till Sonic Sound! u n! yr th bst frnd I could evr ask 4, I  
lv ya! EG-We've hlpd ech othr so mch snce we met. I'll nvr frgt u, or  
lee touch w/u cuz u mean so mch! tk care! TG-W-hr do I bgn? R  
frnshp is so specl, I'll tresr it alwyz u've taught me alot. I hpe r gd  
timz cont! yr wndrfl! DL-my chldhd bud! somtimz I think yr the  
brthr I nvr had, but I think ur a whole lt more! Gd luck in BB Babe. I  
hpe U mke it! partz @krshnax-who'd frgt em? im so trd of Jimi  
Hndrx! fun @Nedas-whrs th crk? get ou th plyars. Cheers! Pic-  
tures! wrstfrs-partz would b strnge w/o u, arry 2 say, but I stil cnt  
pla VB! Dont get Arstd guys! so many memories, so lil spacel dont  
move to far awy everyone! c-ya n 10 yrs @r reunion! Mom&Dad-  
lm leavin yralma mtrr, I lovd it! KY-yr next! Farewell

**Cimmarusti, Marisa** (Meese, Punkin, Maris)  
**Freshmen;** so scared! Peppermint candies, Howie, Utopia, plus  
MacDeath-stress yet fun. Cathleen, barbell, & waterbed, class  
tres. Krista always fun in sun. Kicked out who cares! Junior—class  
sec. Myrras all pain no gain. Me&Cathleen no recall! Zinn-what a  
full on commie. Steve&Jase, Shan III nrr 4get; rain, 72-4, billy pt  
2x, looks across rm, Shan&Jase, readng paper-I love u floor, no  
towel, Cathleens fght w/Inv carpet. **Seniors;** class sec, V tennis,  
U@. Depeche Mode, Heath srfr grl, love ya! Yvette thanx. Berkley  
smmr CASC, x-mas Rob thanx. Homecmng crt (yen!) Bubba I love  
u-x's ahead 2gethr, Inches 4u, wthchg u srf. Dad I miss you, I  
know your thinking of me in heaven. Mom your everything. I love  
you so much! No waking me up or long phone calls. Family-your  
my inspiration.

**Clayton, Katrina**  
Friends girls-CT, MA, BJ, EF, AP, AG, KC, KS, TB, guys-EG, PW,  
DA, TZ, DW, lunch tbl crew sexy 6 K's house New years -CT, TB,  
BJ, ladies nite CT, MV, MA spending night at Mels, TJ inrain KS-  
Eddie Murphy crowd, cheer MV, TC 3 yrs. we made it! JV T-he-  
ba-ha-ha, Heafy Wimpy y. '86' maby baby, magic mt dis champs  
87 let camp dallas, BJ I miss u PW thanx 4lways being there AG  
hard rock MA summer 87 beach cheer, I drive u scam, BB, EDDIE,  
ETB nvr 4getu & the time we spent 1st date, Cbn, Fri nights at my  
house & Chuckie I luv U. CT-3yrs Dislnd tch me smk, late night  
talks, Lake Murray friends of the heart, New years 1st time to-  
gether (wanna piece of candy?) Stand by me 4evr friends ur the  
best!! Thanks Mom&Dad 4ur support, I'll mke u proud. Bye Bye  
HHS I'm gonna miss ya.

**Collier, Lise**  
Life, Dont talk to me about life! My bestest friend, Chell (Sea Chell)  
Smith. Dahling, you look mahvelous! Watch out for those bozoz!  
Gretchen (the faithful orange bug) and Putswig ('81 Toyota corolla  
Tercel, my 1st car) Andrew Nathan Kahl (Nook) I love you, dont be  
afraid of being hurt. Lifes full of it. Steven Hinck-thanks for your  
friendship dude. It was important to me. To my friends that have  
graduated from Mt. Miguel-AA, WR, BC, EC, CH, L&F, Food Luck  
Kids, Louie & Melina-thanks for giving me a place to gel. I wish all  
of you the best and see you in the "real" world.

**Coleman, Cary**  
Its been 4 real rubeful years at Helix. Now its time to say good-bye  
and pull my life away. In line w/Paul and Jennifer in Psychology,  
clueless fools. Watch the banana at the wall, glad to get out of hel  
now I can start having fun. LATER days, the mad pills.  
Boyoyoyoing Chris, you will soon Jen.

**Colein, Vanessa** (Nessa, Nessie, Morrissey)  
I would like to thank all my friends who stck by me whnr I really  
needed thm-CH, JH, CM, DK, KK, LC, TA, SD, TD, DS, MV, TB,  
MR, RJ, LT, SG, FR, CC, RE, JS, JW, JC, BG, TC, DD, The "KODE"  
at x-mas party. Our friend the HAPPY H. Men Lili goin rnd:rad-on  
that ride, me feelin sick. Christina gettin caught w/VOD. Hey  
Lisa we had Michael Jackson in r class, r we lucky of what? I  
dedicate my Senior year to my mom and 2 my beloved Cuz Ray  
Lara (1969-1985). Thank u 2 my whole family who stood by me.  
Thank umom 4 the luv&support u gave me while I was learnin 2  
grow up. To my special REBEL Frnds, CH, JH, CM, DK, KK, Lili  
thank u 4 ur friendship w/out u guys I nvr could have made it. u  
taught me the meanin of sharing, caring, givng, loving, being  
honest w/myself & asked 4 nothing in return but my friendship. u  
made this the best yr in my life. I love & thank u all 4 everything.

**Crisafulli, Gina** (Bubbles)  
Best frnd Lynn Farmer, luv you Lynn ur the bst and thanx. Special  
Friends-PE, DM, RT, TP, AW, TM, JB, CM, RP, MM, MT, GH, we've  
all had me good fights but we still remained frnds in all vry  
special. Science crew-SB, TD, PB its been 4 yr. Mudd loves us  
"Kooka bura II good luck & "Remember to hve fun is 2 taught. Fm  
Kookabura I. Special frnds fm Thurs nite Becky Chesland, Coree  
Jeffreys, Deann Flynn, Eric Swanson, Moke Watson, Tim Andrew,  
"Volleyball, been great guys" I love u all 2 my parents I love u &  
thanx 4 stickin buy me this yr & thanx u lord for watching over me.  
Goodbye Helix.

**Cortez, Marie** (REE)  
I'm outa here! fn x's w/PB. The Heebie-Jeebies, "they hit me!" P  
pl. 1st lighting candls Mom. Prom 86 w/DM, RF, NM. Make me a  
samich! cool smmr of 86. look till ur eyeblis fall out! Killer V-  
ball&killr parties w/team Smeg, PB, and Jim. I'll nvr forg't the fun  
x's Luv ya bro! Bat buds CS and ME. The airayd grls, whre wid we  
be w/ot em, B-days 87, the limo w/Tim&Todo. Thanxs Joey,  
carng is sharng. fun x's w/CS&AD in chld dev what did u do ths  
wknd? RD Jcuzi, nobody will evr top that only u! X-mas dance 86  
HP (mom) thanx 4 the help, couldnt hv mde it w/out u! Expo 86 w/  
mom&pop. HM scam 4 fn! MA&JS 1st HS harthrobs. Prom 88, cuz  
I know its gonna be gr8! School wasnt the best bt the frnds &  
memories I'll nvr forg't! Thanx Mom, Dad, Bill, Mike, and Ruth-  
anne, the bst fmly in the world I fnlly mde it, bt I couldnt hve dne it  
w/out I love u guys! Here I go! See ya Helix!

**Cossingham, TaLonda**  
Its tme 2 say goodbye, but i wll nvr 4 get all the good x's I hd hre.  
Goodbye to Tracy, Tanya, Kristi, Tracy P., Damon, Tara, Rosalind,  
Keith, Melissa B. Kena, Ericka, & the rst of Helix. Bye 2 my yrs on  
cheer. District & Dallas competitions, it was fn. wngng 1st at Dis &  
camp. bye Katrina, Meil & the rest of cheer. see ya later. Tracy,  
Tanya, Kristi remembr Sea World (The pudding&french fry) Ha-  
Ha! 2Keybo-We hve been thr many good & bad x's & we always  
come out 2gether. I enjoy the special x's we have. I will love u 4evr.  
thanks to my family 4 bein there. I luv you!

**Cotter, Steve**  
This is it my friends, no more past, only the future lies ahead. My  
family, my teachers, my brothers thank you, I love you all. My  
other "family" Jason, David, Aaron, Rick, John, Marcie, Jeanette,  
Kim, and my special one, Shannyn-we will! to the MTNS! Jason-  
live if u wanna live, Shannyn-now & 4-evr-I love u. Ur beautiful.  
David take care of urself and Jeanette, brother, Aaron-yes mon!  
Rick-live past 50 okay! Kim-ur a sweetie. Bye Tara, Peter, Ric,  
Allison, Judy, Nicky, whats next? Forward and Fiaca-wild boys  
FOREVER!!!

**Daniels, James** (Paperboy, Rebel, oh Jamie, Pl's Jew Baby)  
X's 2 remember w/PP, PL, CS, TK, EG, TK, PV, good x's at Brights  
w/ PP&PV, Paul P-lets go play boat in my backyard sounds like  
fun, but "oh mom" that was the start of our frndshp. "punk rock"  
how fun! quotes 2 shows w/PP&PV&evryone else "We're so PR!"  
Famous quotes by PL-Buy american. Good x's w/EG&TK. TK  
was 1st JD second & coming in last is EG "HA-HA" So many nights  
on the town w/PP&PL. lets go to. Buster "u stink!" Tiffani wants a  
breath saver? To much 2 write about so many memories. Thanks  
mom, dad and kids. BYE HELIX!!!

**Danzy, Michelle**  
First time I walked into High school, I was in Utah & I was really  
excited, because my class was the very first 9th grade 2 go in high  
school. and in my 10th grade, I was going to go to another school  
in Wa./and in the 10th grade, I started to play Basketball and  
track. What I remember the most was the practice because it was  
long and hard. In 11th grade, I was still in Wa. and I got really good  
in basketball, and track. I got to go to Basketball camp. I remem-  
bered my Junior Prom In my Senior year I up and moved to San  
Diego and how I am in another school called Helix. I think I'm  
going to have another good year.

**Darby, Paul**  
Polo & Swim 1-4. Best buds-JM, TB, DO, HK, JM, JH, MS, ER, TM.  
League Champs in polo 87, & in swim 87,88. I am not a corner. May  
Javiar hive forever. Torbet, I know how to get to El Cap. Good  
times at football games, round table, the beach, and kregis  
parties. Joel bee, I got doddie and where are the boys. Otter I'll see ya  
at Gross. Tortis 6th bet. Honors baseball & honors gold pos. Matt  
you'll never get rid of it. Hawaii was rad in 86, Tabitha lets go see  
Mrs. Ehlers (Macharia). Bumpin' n' rids, the eternal mooch. Bets of  
luck to Tory, thnx Dad and Janell. Bye Helix

**Day's, Sigala** (Spracey)  
TO, AG, RB, WS, RC, KH, ML, CM, JB, Lihought I wld nvr make it!  
"The str will surge" I dont want to move back hfp me? Movies w/  
Russ. Do u always gt dwn on I knee? Taco Bell, she is such a "T" will  
we evr gt outa lre? I wanna: Sea World, Club tronics-Texas Men!  
parties at Santa Clara pt w/ the gang. Jimmy I nvr thought I wld  
feel this way but u tucht me the meaning of of the wrds love  
and respect. I love you, Mom and Dad I cant say thank u enough or  
in 4 parts 4 the past few yrs. everything I hve put u thr, I luv u both.  
My memories will last 4evr.

**Davis, Nicole**  
I dont know where I'm going but I sure know where I've been. Best  
x's w/ buds like SE, DM, KS, BB, PC, VC, HB, AS, SC. and anyone I  
forgot to mention. I nvr forg't the x's I had w/"The forest",  
Brian, Mike, Jake & Ace (Thanx for being so cool) To Bill & Priscil-  
la u guys were crazy. Hey Billard Shelley thanx for being there  
forme. Robert Dmack I can honestly say the time i've spt w/u has  
been the best x's of my life. I lv u vry much and hopefully things  
will only get better between us. To my Mom & Dad, no matter  
what u think I DO LOVE U. Later Helix, I cant seem 2 separate the  
good times from the bad.

**Davis, Tamara**  
Special Frnds-TM, JH, SM, AF, DB Prom of 87. Is Davenna wearing  
red? Thanx for being such a gr8 frnd, hng in there pats and good  
Tck. Stace-Weve been frnds for a long time, evn though our differ-  
ences weve managed to hang on, thanks for always caring. Da-  
venna-I'm glad we met again after 4 yrs and that weve remained  
frnds these last 6 yrs good luck. Amy-T Top fun, hang on to ur key  
at parties u nerd. The Stiff is coming. 3grls fm a party. Jason thnx  
4 always being there. your a special person 2 me in many ways. I  
wish u all th eluck. Mom & Dad can u believe it? yes evn I made it  
thr HS. Thnk 4 everything, love daughter #2. Debbie watch out  
here I come. Kim its up to u now. Good luck. Love always Tammy

**DeGadillo, James** (Jlim, Jimmy, Slick)  
To my good frnds in my high school yrs-SS Drvng fast, jammin 2  
loud music. The gang, Trent, Paul, Jamie, Cory. Paulto all the bad  
things weve done, I say lets do some more! To all the hearts Ive  
broken out there, remember me and love me. and for the rest of u  
cats! Change ur ways. hope to see some of you in the future. Now  
for the girlies behalf, my next door neighbor Jen Mixson uve been  
a sweet friend, and a great neighbor . . . LOVE YA . . . Also thanx  
Mom for letting me get away w/all those things. Sorry for all the  
trouble. I love u. and that also includes my best friend, my brother

**DeMent, Tracy Nicole**  
They say these are the best years of your life, we'll see. Been  
through lots these past 4 years: good & bad, but we made it! Stace,

Joe Trac, Leah, Ron, Heather, Jenny tab, Kimmie, Eric, Melissa,  
lorrayne, Gar Marks & everyone. You all dont know how much you  
mean to me! San Elijo w/Kelli & Am & all-eh now! The monkey,  
Sheps class, garfield st., sci. w/Gina, Stacy, Paula-Weiners! Fri.  
nites, Ftbl, basketball & all after. Movie theaters are always an  
experience! Jamaican holy people grapes, Mickey D's, triple chi-  
nese fire drill. Beach Boys, July 4th Halloween, thanks David, its  
been fun! I love ya all & thanks David, its been fun! I love ya all &  
thanks! We're outa here. Ba-ha-hoe! Mom, Dad, Christian. I  
LOVE YOU!

**Diamond, Jason**  
Best Buds: DB, MA, RB, JH, CH, PK, EW, BB, CC, KD, to all of you,  
have a good one and takeoff ay!!! Favorite Bands — Prowler, Alice  
Ofend, Mentors, Ozzy, Metallica, Maiden. Dont let the scum dogs  
getcha. To all my wonderful teachers. Last but not least to my girl  
Tersa, I Love You.

**Dill, Tracy**  
I'll never forget the good and bad times that we had. what about  
the time we went to SeaWorld? We had so much fun tripen out  
that night. All the times we went through, I'll never forget them.  
The wny TaLonda would get mad at Keybo one day and be back w/  
him again. Crazy TaLonda, always laughin at someone and Kristie  
looking for a nice guy. I hope she'll find one. My best friz-TaLonda,  
Kristie, Tanya, Numpy, Jennifer, Keybo, reggie, Stacie, Teresa,  
Scott, and Bruce who have helped me through hard times, my  
lover, I would like to thank my mom who has done it on her own.

**Disjawn, Karen**  
Best buds-TM, HB, DS, TB. Best time tunnel w/BB, DS, BH, BB too  
young to fall in love. Is this love, you are the best thing that has  
happened to me. Sunset Cliffs w/TB, TL, HB, JC, TM, MC, MP. The  
wolf, what a trip. Catalina, south Mission, cinnamon toast, short  
chicks, ruin your knees' I'm leavin u 'Dazed and confused' Lw  
Street all night long. Mommoth, Whitesnake, Metallica, Radas-  
son, Easy money, Feista-that one special weekend. Charlie  
Brown, laughing hyneya take off eh. PB Brown Bomber thanks for  
everything mom. Later Days Helix.

**Dugan, Darla**  
Best buds—Kinky, Kathy, Andys, Viks, Larry, Jens, Linda, Shawn,  
Layra. Typing w/Kathy. remember Jackie, Neil, and Dwayne?  
How bout Beast Woman? Times have changed! ur chair b IT me!  
Darling Darla, Kunky Kathy, big bump, little lump, Bobo, KJK all  
the way! Member that? When I say Ivan u say ho! long days short  
yrs. Papas taco bell nbow mother goose! x-mas dance 85 w/Doc.  
87 w/Larry rondas retard dance! Want a toothbrush? Shrt tme  
Kevin, ED, Lane, Shane, othr ED. I cant rememr Kath how mny prs  
of swts do u own? Deoderant? Howz about stick? Welp I must go!  
Thanx mom, dad, grams, gramps, 4 everything! I love yall. To Ryan  
mypoookie bear. I love you! Ron Tu siempre estaras en mi corazon.  
Hasta la pasta Helix.

**Downey, Rebecca**  
Beckki (yes thats 2K's and li) only 3 yrs @ the big H. Who cares?  
on w/it! Kris""its a betful day in the night"" JR-TX shelly, made  
my JRYR awesome. College Ave, 55 BIRD, AA & BOBS, 4 yrs sem  
no credit. GLENN A. "yr. sis in the GSP! "SMR 86-spract, bkrs  
"ouch", fun times-TXS, SG, KE, JM, AO, AA, HP, MJ & Bst f TL.  
ILU! CNT WT 88!! music, music, music-we're happy — LATER  
HELIX!!!

**Eastin, Heather** (Peppy, Hadda, Heder)  
Activities: Soccer 1,2,3,4: Sftbl 2,3,4: Letr clb. frenz: Go-Go, Car-  
men, Davenna, Gary soccer buds: Ski scare, Heather D-us waste  
time? Matts sturdy wagon. dinners on drvway 4 in 5 min. rnd tble,  
tag team, ur sore arms Go-Go pretzals, can we eat them? The New  
Yorker n thel who ate evrythng, wht am I aimn at? Evolution left  
hr behind. time wrp. 70's girl. Al Jarreau in Mr. A's. eating his food.  
my bro El. D.Pen w/SP. the car-moms hands. Jesse-the only! All  
the times we had I love you. thanx mom and dad u lived with me  
despite my attitudes. I wouldn't trade u in! I luv u2! now where do I  
go??

**Elliot, Krista**  
Frosh yr-hppy 2 be here. frnds and teach's mostly alone. Shan  
lves. Marisa n I become close. soph yr-good x's. x-mas dnce nice,  
but 2 bad its winter (achew!) Jr. smmr-very nice. sun, surf, and fun.  
fun w/bro n Tod, change? Jr yr full of fun! Shan comes back,  
changed n enriched. Maris n I drft 2 mnds search. Withdraw n  
thnk fnd? not yet. Kookaburas live in! V-ball cld be better, b-ball  
cld be wrse. X-mas dance-nice co, intro Lance, Vince, Nick, Alek.  
Oh yeah! Ibeck of A good time. But work, work, work. nce smmr-  
thnx Alissa n mom. Curtis bck-my big brover. hey buds! rmbr levis  
n voice. u were always there 4 me whn I needed u. thru thck n thn,  
near n far, r friendship is the key 2 r future. Take care, n remem-  
ber, 1st smile! My love to all.

**Ellis, Carle Ann**  
Special frnds-GM, PW, PU, KW, CR, RJ, RL. gr8 x's w/Ghada. all  
nite study sessions! GRUBS! "bt occifer! "Gunny sack daiz! dncg,  
Scotts work. Dennys, candle lite dnnr. smmr 87, Roomates w/Kel.  
WOW! 2 crazy! stu&the clo ponies. PH, OH Demond! terrorize  
McDonalds, He, Hels-pcl. frnz 4 evr Kel! spr brk, scooter, toddlers  
place w/melissa. KK, almost luv? I 86 plm sprn w/Penny. blu zoo  
memries! U@ cncrt, State show, luv ya Ghada! bst frnz 4evr! thnx  
Pen 4 bng sch a good frnd 4 so mny yrs! I'll alwy rembr Nov10,  
1987!!!! I luv you BILLY!! Thnx 2 mom, gram, gramp, n scott 4  
evrythng. I luv u!

**Epps, Rhonda**  
best buds-KP, BP, JW, LS, AJ, JC, NT, DDD, SN, TB, n all the rest.  
its been a gr8 yr. GT, BP walking 2 College Grove, hutter, butter &  
orange juice, BP "How did we evr get home "bicycling, sorry Bp  
didn't mean 2 run over u. KP dont forget french fries, sure can be  
violent, never forget m/f roles its been real right! SN next time  
remember ur keys. DD"r u thirst" KP, Cruisin, oh no, dont run



rosin, Patty  
act-3yrs tennis, ASB soph. jr, sr brds, sr coach, ESP, spirit, spch,  
ey clb, hghld lgue, SADD, Inter clb. special hnds: DB, LP, LP,  
P, KF, YM, TC, MB, TK, BW, HHMM Bike-a-thons, thnx 4 always  
eing there Krishna, Diana & me: Tennis & 1st aid in coach A's

Thanks Helix 4 all the gr8 x's. To all my friends who made it fun:  
 Suban, Sheehan, Brad, RP, Rick N, Joe H, Jason Q, Tim Z, Dan T,  
 Robbie L, Jason L, Chuck L, Kenny K, Ron M, Damon C, Rich H,  
 Doug H, Rick R, and every1 else on the football & baseball team.  
 Girls-Jamie J, Heather S, Jenice B, Joanie M, Kim C, Tina B,  
 Sharon G, Michelle P, Karen H, Amy K, Karen S, Neda M, Christie  
 F, Stormy Teachers-Hayes, Plough, Anderson, Basgall, Estes,  
 Drake, Ehlers, Arnaiz, Woods, Clark-Edwards, Ash, Schniepp, Da-

Yrs flags. 2 yrs co-cap, tour 86-mntns, drk rde jo! 4 mrrnings, up 6  
busses. Ha Ha. BF, RL, JB, JC, KF, Fun @ awards! good lck next  
r flags! camp 85 & 87-Cuttle! ha-ha, thanks 4 so mch weve been



2gethr a lng time, FD & JB-woof-woof, potatoe head, wank, yellw boat, STOP!, toes, skatng, snckr bar-smmr! thanks-DA, LW, DB, SA, SF, PE, 4 fn in class! Bst x's! JB-BIG DUD! Thanks-DE, PB, BS, most of all SB, bye Mr A-and O-P bio! well JB, BF, we finally made it! can u believe it! Miss u all very mch! good luck! thanks a lot & I love you very much-grandma & Grandpa, Mom, Dad, Lisa, Sue, Tracy, Steve, Bye Helix.

#### Halterman, Greg (Halte)

TBHR shut up Dan! I'm sorry. its beed a gr8 4 yrs w/the gang-DO, KK, WW, JH, TB, EB, ER, RT, JM, CC, PD, MW, TV, AM, AS, MT, J&J and of course NK, KG, DS, MF, JJ, TS, HS. Pizza 4 lnc & the midterm, 2. Soph. tennis, duck Wadw, sccr violets. EB bust on that home boy, its been a blast. hey KK, MS, JM, get off my car! Life w/the polo studs. TB the PI, I cant believe we did it. RT & me, the 2 live crew, oooh my! see the ad. Fri night football violets. We got spirit. Thanx 2 my teachers, Al, LF & u2 HE. Helix is the best! Thank you god! I love u Mom, Dad, Teri, Reality awws.

Hammell, Douglas (Doug, Hamster) Closest friends-KW, ZM, PM, MM, GN. ftbl 86-87 MVP Def Wrtling 86-88. Big Bears 87, 1st gold w/Kev. Iowa 87-88 w/Kev, Gil, Ric, & Chuck. all the prtys w/the "Big 5" TJ & the bch. Priscilla, thanks for making my senior year and 87 summer so wonderful. I love you very much. Best wishes for all my friends. Thanks Ma and Pa.

#### Hand, Kevin

Thanks 2 all my frnds: The ones who created so many memories, some cherished, some I'd rather 4get, & the still mny 2 come. U will nvr be 4gotten. To the smmr of 87-Wild parties, and endless nights. Running for r lives in Escondido. Dodging tacos. Spr break ski trip (what was her name?) Following taxis on El Cajon Blvd. Better luck next time. Todd B! Stains & traffic patterns that never seem to fade. Driving into curbs & reciting the alphabet. Thanks Chris 4 being by my side and bailing me out in those difficult x's. Mazatlan here we come! Bye Helix!!

#### Hargis, Jason

Schools out! what fun its been thest last 4 yrs, it was all 2 soon. I hope 2 see u all in the after life of High school. I just want 2 thank all the teachers & people I met, but its finally over. TD, Dave is not a stiff, John, Chris, Todd, Bill, Chad, Joe, Kevin, Dave, well I'll tell ya we'll have fun after its over but till then. Green Berets here I come but I cant 4ger my Mom & brother I love Ya! lots thanks Helix 4 evything

#### Hartman, Heather

AKA Hedra, Hed, Heath, Heda, These past 4 yrs hold way 2 mny memories-Rick, Estel, Al donuts & what! Jess, do u thnk we'll mke it 2 4th this wk? I love U Jess, buds 4evr K?? Spr Brk 87. Iowa? Alter ego where r u? T. press youth-what a bunch of wierdos-what would I do w/out u! Republic house-esp lisa, Tina, Joye, thank u4 bein a frnds. god vadah beyed! Vadanbeyed! David-is this the one? I hope so honey-I love u God u nve blessed my life in so mny ways, I am so thankful for your underlying love. I pray others may find your light and walk a long way. Mom; I love you, thanx!

#### Haynes, Joe

snking in the movies w/JP, got caught once. DE thinks 4 the tips on surfing, I'll nvr 4get it, hang ten dude, playing soc w/Bria. Segota socres, partying w/SR @ his house. Choked bna Scott! Jamming w/my brother, needs to modify your guitar. Star rembr, EDWARD VAN HALEN is the best! Talking about music & /SS. Karlene stay sweet, I wont 4get you, VAN HALEN is the best, thanks mom and dad, for all the help, I couldn't do it w/out u thanks for being like a brother to me Skeeter, remember Helix! EDWARD VAN HALEN is still the king of Rock-Out!!

#### Heald, Jennifer

To my frenz who r the gr8est. I thank 4 evything especially ur friendship. My fend ur 1 of mking, thanks 4 all the advice. Casanova become what u dreams are, telling you 2 be a craze. your friendship is extreme 2 the fullest, u r my "whining star" Dana "be strong" till the end. Vanessa, u r a very bad person, bitches and blueberrys. tough u r expensive but worth it. 2 bth jls i cant hve done it w/out u or ur help. ur being a teenager. I hope-I love u. good luck! Jamie thanks 4 everything Ma its been hard but we made it 2gethr Ri thanks 4 being a gr8 father to me. CRY TOUGH"

#### Hecht, Christina

I's like 2 thnk all my frnds who stck by me. MB, SB, JH, DB, KK, T, UC, KC, BD, TD, RB, BM, GA, TH, BB, MR, LG, HM, EW, MC, VC. falling off the roof. Shawn & Michelle thnk u 4 stcking by me whn RM lft, love u guys 4 it. my bch prty. Chinese food. losing my car w/Kevin & Bill. Thnx BB 4 being my budd ur the gr8est. Ernie & Bert (Hum) Mr. Heyers math class. thnx Jen 4 being thre whn I was dwn. To JH hpe u mke it in lfe. Skating HP the apple fght MB, JH u guys r the gr8est frenz I've known, Chris ur crazee w/Carey. PR, KN, allnte long woof. Psych w/Woods what a class. Thanx Richard Casey 4 being my big bro. I love u 4 it. thanx to my Mom, Dad, love you. Bye Helix. Its been real.

#### Hendee, Kimberley (Kimmie, Kikibee)

2 my fmly, Brian & my spcl frnds. thnk you lord for blessing my life with so many loving, caring and forgiving people. I'll never be able to repay all your love and care. I love you all so much KE, MJ, JS, DA, SA, MB, KP, TU, CG, PB, TM, HP, MS #1, KF, MS #2, TZ, MS, DF, Christ Buds, Kris frosh yr we had str ideas (the "Spear" ... tap tap tap) special thks to sings for all those "fun" practices. (the assembly diagram "he's lost it", nice quiet talks at half time, KP the bible "in case you cant find the right words to say") but most of all Brian thank you for loving me for who I am. You mean so much to me. (Gradnight/85 brought us together, Catalina, Big Bear, Coronado watching the sunrise/sunset) You will always be my very best friend. ... forever! MS "All I needed to say" you know I loved you once I love you stronger today!! Ecc. 3:11 Matt. 6:33 Rom. 8:31 B.B 1234 VB 1234 S.B 2 Choir 1234.

#### Herman, Joe (Herm)

The Gang-RP, BG, RN, RL, DM, KS, TS, JL, DL. Good times in Mex. Ros, S msn, K-38's, Ledfords, Pages, The boat, The van, Savages, sneakin in the movies, NAVARROS, the romper rm, OTL "Look out OMBAC" Gross, Mnta Vsta, "We'll paint any school any color" Cal Poly w/Rob Quarters King, Sharons, Robertos #5, Marine str, Magic Mt, "nice Motel" x-mas dnce 84 — 85, H20 balloning, 502 w/Rick, DUI w/me FULMPD Hello Oassifer, Arrested in LaMesa, TJ, and Cantamaz, bch hse w/ Steve, bch hse w/ the ladies-MP, SG, LL, TB, The grads-KB, SS and all the chicks-good smmr, "get a life", MADRID-your my man "(lou) "Badges we dont need no stinking badges" (I love u all my bros, you mean the world to me) Mom, Dad, Dave, I love you!

#### Hiel, Joey

#23 Helix Defense #1. Best Frnds-LW, GB, JP, MM, PJ, TC, MD, BS, CR, and the rest of my Sr frnds who grad in 87. Loren & Gene I'm glad we met, weve had 2 mny fun x's 2gth 2 write dwn. YL splc thnx 2 my good frnd Anthony D. Peggins, if it wasnt 4 u I wouldnt hve met the gang. 2 mch fun @ Capizzos pad over the smmr. All the prtys, Mulvaneys, my parents gone, tking the Ghia, u2 had 2 mch fun. V ftbl, thks 2 all my new frnds, DB's #1 Gomez, Page, Rushing, Arnaizand Fritzer 4 not giving up on me. Game dnry, hell wk, thks 2 Sarona u hve been the nicest friend a guy cld hve. To all the special people ans x'sin the hall. Bye helix, miss you

#### Hitt, Jaan

JC, AB, KA, rmbr ... grade 9, lowly frosh. Wow its such a big school. Say, hey, babe take a walk on the wild side. Grade 10 the Oregon exp. A Diff school & diff people. Sftball games in far away lands. Donkey baktbl & fatal ftbl evrything is interper, is it real or Fantasy? Staying in the right state is mind. Gain, nain go away. What is it? could it be the sun? Cid, Examine me while I kiss the sky. Wow a rip in the sky, watch out 4 Boats & chicken legs and all u can eat ... Shrimp. check it out, the Demonising everything is yellow! A green ora w/a purple base. Final oc will glde Drama pracice, but always in the right (or left) spirit of mind.

#### Hobbs, Mike

Good frnds-PR, Shaw, & Jason. gr8 x's from Maine tncare. Movies on tues, bch prtys, hpgng out. Thanks 2 the crazy teachers such as Mr Mudd & Mr Raits 4 making this place actually fun bode. times & 2 Mr Oxford 4 patting up w/ his m lobs 2 all my new frnds. thanks 4 mking this year beafable like Ad, Al and thanks 2 all frnds 4 still being there, such as JD. Hey Helix the stimeries will always be there! Stay cool! The class of 88!

#### Hoffman, Erin Noelle

Registration to Graduation, thanks Crystal for sticking with me, and not letting all our "Whats-his-names" split appart. I couldnt have made it without you. Thank you Paul, for keeping the faith-2 years is a long time to wait, I hope I am worth it. I love you both. Talk to you later. I know. Boy Boy American!!

#### Hobarty, Clea Blid (Keybo, Lil Prts)

To all the homies in the class of 88, have a good one. Tracy P, lillian, kickin it in the summer 87 never will forget yall. Hail to the Prus my home & Fray my strong! Tee my heart love ya. Farewell Helix, and special thanks to Mom and Dad Love you.

#### Holliday, Esther (Estie, Estes)

CC 86-88 running as fast as we can. u all mean a lot 2 me. Krishna, Patti, Yvette, I wish ur the best. Stacey "Only u can mke me hppy. Weve only known ech othr 4 a yr. Bst yr of my lfe. May r frndshp continue 2 grow. Krishna; Almost always 2gthr when do I move in? we been supportive & I appreciate that. Luv u, a Spelmanite. Bubs-ur a genuine frnd. I'll miss u & will nevrr lost tch. Vanessa-we used 2 be so far, the dist is disappearing, frnds always. Laurine-Ability as well as beauty. Mike those drms reality. I believe in u. Ruthie-ur a special person. Be happy & hve a likable life. I'll miss u katrina; I'll always remember the good times and think of u always. Those not mentioned; u r thought of. Peace, Love, and Happiness!!

#### Hopkey, Tiffany

Frosh prz, JV cheer cptn. Whre 2 strt? Kik I adore U! U know that. Heath ur frst my lil cri. Leah, thnk u fr hvng a pice 2Bld. ILY! Laurie u doll!! I thnk u 4 evrythng. "Doug will we be in Wa soon Dad? dnt tk bkcs on a trpl! it lks bd. Thnx fr scrts, Whn n doubt hv nls! Splish, Splida, Spce, Spiff. Splish Hiawatha! ILY, Kiko u2. Fny hw tht ran tgthr! Sharon & Shell u dtsy blnds! Shell It me cl the Police. Thnx fr bing w/me Shay. Dcians! Jamie, dnt be sch a bby! Andy 300 zx w/ fst. Thnx my blnd bra. Hi Andy. Shtas Carmen ur hlarioos. LaJolla w/KK, NA, MR bubs pls. ILY mch. Trace ILY alwys. Heathy gd lck & Sarah 2! Thnx Amarillas fr bing so wndrfl! thts jst the wy I feel Laurie! Fnist tme til ltr nwldge. Rn on my prade. Thanx fmly fr everything! I rily lv U. Bubby ILY.

#### Horton, Patti

CC grls-mud runs, no drugs, JB 8-0 87 we're still the best. Coach Geary-Thanks for always being there I wont 4ger u. Giving me that extra push. Amy-6yrs, they have been gr8. Scott & Gene. Stacey-Davenna-Dont party 2 much. Deanna-bch, tans, guys, ftbl games, Mulvaneys. Jason Hargis-Those were fun x's 2gethr. Tams-Fun x's, chasing David Jackson. T-Top, crazy driving shop in debt. Yvette-Gilbert & John "Bottie Lock" John-thanks for being there I love you. My little blue. bch dancing lunch talks w/TD, AF, DB, SM, DM. Krishna-Sam & Gary dancing till 3 "I'm so fat" diet. thanks for being such a good friend. thks mom, dad, link, summer, mark, 4, evrythng.

#### Hove, Garry

Thanks to many good friends like, Chris, Mike M, Robbie, Mike T, Stacy, Jeremy, for a yr full of gr8 memories. bch prty, smmr 87, LH, LH, SB, JB, RP < CM, After drk. CM, LH, MT, KG, RP, and especially Cassea for that special dnce. Sat nites at SeaWorld w/ the whole gang. Helix pool 2:00 am, RP, CM, MM. MY zuki, born 9-6-87 and died 10-19-87. Vegas w/mom and the Rad Jet (120mph),

dinner in style w/MM-s dad & 230.00. Much love and appreciation 2 my grandparents, my suster Laura and Leesa, and a great Mom and Dad.

#### Howard, Karen

Thanks Helix, 2 my frnds-KC, MV, AG, KT, CL, CC, KK, PV, CE, JQ, KM, KS, NM, GH, MM, RL, PM, DH, LR. I love u all. Thns Mr Faulk. Ens & Choir was gr8. Ens & Choir was gr8, JP, my 1st love. I'll nv 4get u. The memories weve shrd r the best. 3 yrs & still str. CACSI Kim ur the best. Mel-Weve shrd a lot snce JH. Penny ur frndshp is evrythng. I love u 4evr. Lisa be good & stay happy. Bst frnds 4evr. Rusty, I loved I. Hope it can get bettr, Mt Helix, my memories; ftbl games, TJ, prtys, snking out, Jirus & Paul, let me out. Mulvaneys, KK runnin out of gas, ditching & getting caught. Mom & Dad I love u & Thanks for being there. David, I'm glad ur my brothr & I love u. goodbye Helix, and I'm glad I was here.

#### Howerton, Todd

I would like to publicly thank all those who made it possible and made High School worthwhile! with great significance to mom and dad!

Hudson, Barbara; To my frnds we had lots of fun x's 2gthr like the Thnx Kristen & I went to the beach. When Heather & I cruised around in my new truck & I didnt know how 2 drive a stick shift. When Melissa & I went to Taco Bell in Santee. Plus the park before night school w/ Hobbie & John, those were the killer x's. Then Robbie & I had a "kiss" that was "I?" to mch fun. Then Alisa & I got 6vie & parties all day. I would like 2 thnk Oz, 4 helping me thru this & 4 being there when i needed him. Thanks Oz, I love u. A special thanks to the rest of my frnds who mde all the parties & dnce eve so much fun.

#### Hughes, Tina

Lots of fun w/my frnds-Kim E, Donna, Chie, JJ, Tami H, Kristina H, Roxy & Lisa. Hey lets go to the beach, no lets goto TJ. I cant dad wont let me, u werent supposed to tell him. Fun x's @ Rocky Horror picutre show. Special thanks to the following teachers — Mr Moretti and Mrs Mann for all the help, support, and understanding, and special thanks to my mom and dad and brother and Typl. c-ya later Helix. Love tee! 88 rules

Hill, Joel polo 3, swim 4, Padre Games, Rowdy @ ftbl, RT, Igue Champs-swim 2,3 polo 4, Oh My, unbelievable, oosasasa, whut? I Hate LA, Polo Rap, I live @ Wendys, Jack-in-the-box. Sccr-Mud Bowl-12, rain bowl, Sleep At Mi Casa, pictnry, Beat Up Ed, W-WF, Eat In Calc, Wall! ER-RU my Bro, mudds Inv-Wall, JM-whose Not Here, TB-sorry, HS-Im Not a Trble Mkr, Ts & MS-dimples, TV-dejavu, KK-vollybl, Friabee, ftbl, DO Send Him Moose, smmr 86 not my smmr, no Skik saws, I Hve No &, CC & JA-frnds alwys, JM-possng Prtnr, PD-Doody, WW-drg sng, ES, JH, MD, KF, SP, TU, MS, LM, CH, MW, JK, GL, RS, Carls Jr, Homey Your Sytms Weak, sccr Scab, Whut Up, Rox, Dream Team, "sack," Mom Dad Sis, Thanx For All, Bye Helix-THE BEST.

#### Hunt, Stacey

id Liek 2 gve thks 2 my parents. My mother Carol & my step fathr, Neil Hirschbein 4 giving me the support I needed to make it thr High School & 18 yrs of my life. Im very grateful 2 hve them as parents. Id also like 2 say that Bryan, I love u very much & I always will. Lets stck 2gethr like we have 4 sch a very long time. Ur very special 2 me. Helix Tall Flags I will always remember all the hard work, lots of fun, and plenty of parades. Good Bye HELIX

#### Jeffers, Jaime

Tennis 4 yrs, sftbl V3-Frosh VP, JtPrez, Fling News Editor-Stress! Heath, Aim-Do u realize how mch trble weve gotten into 2gethr? Bobby MG-its a tradition. 3 hrs?! Jim shorts-chainsaw chef-Scott & Frank-corruption! Beach Cott-Elevtr "men" -can we pick em or what? B-ball, B-boys, b-100-evr see the monument? now u hve. Jst me & u & the H20 pole crew! tanks 4 being wndrfl. Goumetchi-what a stud! cruise laJolla lately? Dont tse me, u wild thang. Bob Jones u, hre we cme! Dan "One shot ot" Kraif, Jeff, my fav punch makers. Special x's, special frnds-DS, EG, AS, AM, MS, EB, NM, MF, ER, MW, RM, PS, Jeffii, BP (coach), RC, LT. Thanx so mch 4 all ur support & 4 all the stress of raising a Jaime-Luv ya mom, dad and jackie!!

Jenkins, Gary Vwrstling 1,2,3,4, V ftbl 3,4, JV ftbl 1,2. Gr8 Games Homecoming Vs, Granite, El Cap 87, Granite 87 & Miguel 87. Frenz- Ron, Erik, Tim, Todd, Yvette (Tinker Bell), Amy, Jamie. Past frenz-JJ, Lobbins, Barr. good luck to all teammates fm ftbl & wrstling. Fav memory going 2 state in wrstling. "I want a patch" Frenz 4evr Casanova. Good luck to all other friends, Thns Helix. Thanks to water dogs for support at ftbl games. Love mom and dad, see all later.

#### Jensen, Shawn (Shaw-na, Shawnie)

Best Buds-Shari Canary, my #1 frnd snce 4th grade, Misty Mist (Minnick), my roomie. x's w/SS "Come on Shawn, I can really play today." "I got a pool, come over and see it" Ha Ha. Soaps, mackin out, lte tlks about Shawns probs, gossng, make-up, goofing off, "Stand by me" To-Brian Millium & Jeff Martin, Thanks 4 ur love & support when I needed it the most. I will nvr 4get either of u. X's w/Mike Scrubble, 4 the warmth, securite the love, compassion, & most of all 4 cheering me up when Im feeling at my worst. In such a shrt tme I hve fnd to cre 4 u deeply. U mke my dys brighter and brighter. Special tunes: One Heartbeat at a time, To see her again, You mean the world to me. othr memories; Lunches w/PS, English w/LH & KM, the weekend w/AF (She was wacked) Thanks Helix, for ... who knows. Keep smiling, it makes others wonder. I love you lan

#### Johnson, Angela

Yrs hve all gne by fst but they were fun, spelly w/Cind & Renae. Rembr r messy lckr Cind? Swim class! oh yeah. Big hnds? No dbt! Stacy who? yes I know how 2 drive. rily! look, he wrks here. faint-alwys rembr fun x's w/Kev. Teri & Hyla my buds in photos. Alex &



Damon stop tsng me! Polo gmes-what Pinto? car wsh germn plys & ftbl gmes. Christy thnx 4 bng my best frnd. memries w/CK, HB, TL, JL, KP, RE, MM, CH, Kev, LH, CM, GH, SM, & Shellie. nvr 4get 15th b-day prty. Cind-r 2 jeffs. Horton plaza. She tid him wht? r prtnd fght, did u see the look on thre faces? Gross polo game- Teri dont 4get to bless my car. Kathy-ur bad luck. 2 all my frnds, thnks 4 mking my yrs @ Helix fun. Luv u mom, dad, Rindee, Shawn.

*Johnson, Sharon* To my best buddies; RM, PD, TS, SD, BM, CS. Paul ur & always will be my sweetheart. Rowshie, rembr those x's at camp, tour & so much more? Ill nvr 4get r argumnt on the bus. Who gets the cold window seat? Tania, thnx 4 the chats in sci. we drive her crzy huh! Dont panic when some1's worth u. Thank u & Stef 4 playing matchmaker. It was really weird th. Stef u hve a wndrfl brthr. I love u Paul! oh no, its Mr. Bill. Thnx 4 the rymes that drve us crzy. Christine, dont 4get r special wrds from camp. Our secret. Thnx for the mems guys. I love you all. Bye Helix!

*Justeson, Jeremy*  
Ron and Garner best frends 12 yrs now; the dth van, AZ, Skiing, Mt climbing. Iric going to the movies, parents gone. "Uh, I hate this" Ralph chnged my life w/1st trip 2 "oktoberfest" Dave make me go. Chris work out mch Rene love those debates. Bill "tough tests" Paul, Marc, header yrs, 4 yrs of band, Mr. A, Troy, Kevin, Bob, Jaron, Roland, my little saxophones, all my female admirers, Da, Hair, Drive much caught w/pants dwn. ISOMATA 86-87 met rotter, Berrys haired crew. 4ever limp until last nite w/Erica. Best family. Lets do it.

*Kalchbrenner, Laura*  
Later Helix! I had the time of my life! New person after Sr. yr. Thnks Tina. Bst gals! TB #1, CT, CM, AG, JM, KM, DE, KS, MV, KH, SB, Guys! CG, JE, the GI loves all of u 2 death! TJ, MM Mission, Law Str, LA. Krishnas Fri? So mch fun everyday, no specifics-thanks Christi, Heath, Jess & Kim 4 saving Tina & I 1 Sat nite, Louie . . . Loouie . . . Congrats Cardnis, Mesa, AZ. Come w/me Devil! Hse dnce? No thnks . . . no way! His names probly John. Thnks MOM & DAD. Evryones welcome 2 Tinas & my apt. After grad. Think u god 4 evrythng. 3rd gear Craig? Hasta Helix! love ya people! As Christi Turner said, "People dont hve faults, they only hve weaknesses!" Wrds 2 lve by! Thnks CT, TB ect. Keep on smilin'!

*Katzenmeyer, Kraig (Katz)*  
Oooh my! Water dogs #1 (87-88) My buds: DO, MS, JH, JM, JM, WW, GH, AS, ER, TV, PD, BK, GR, TB & my gal-Tracy Shacklett. Yo Homie, ur systems weak! Bust the movu! The QTT-Katz CONNECTION strikes again. John & Mike rembr the Rama? Wrkng once a week. Joel, we r unstoppable @ bch vlybl. Dan rembr smmr polo, Bonita Vista, they treated us lke gods! 86 Nado tourney. #1 Siepert (Seafart) 87 Nado all tournament team. (Me & u) Squirrel gun wars. What a blast! The bch, golf scrr (Im sore) Swim (boring) Good Lck in polo Jrs! Thnks 4 evrything Helix. Mom & Dad ur the gr8est. I love u Nicole, good lck as a Sr. Best wishes, love all of u always. Kraig.

*Kendall, David*  
Class of 88. Plyng the game & making the chnge. Joe, Jay, Kik & I lyng the game, got caught w/;2 prs of VRS. Some gone? Missed: the prtyl prties at DCs. Fun @ the Ltble, who did what w/who whre. Shaf lght 4evr! 2 mny prties 2 say. PF, RL, JL, JH, JT, BC & the rst. Its been gr8 fm 84-88. Its been quick but lng & how it's ov. M&D thnks 4 evrythng I. 4evr JFL u hve always been there & rpe. Thnks u. The end frnds & times 4evr. Prty Jake.

*Kidney, Mike*  
Time passes so quickly TO all the x's KK was gr8 KB a spec. guy. The music fm JH, the rapper KW a cool nerd. The fun thngs @ WD. Ha Ha/a bad experience/Grls, Grls 3 crs 1 Scott, Bob, Ex. Baskin Robbins, Red lbstr. Mr. Manpr poli sci. Doug H, Cards O. Priscilla C, fm cooking. LW was a good time, JJ my secrt lv? Went 4get anyone. CP, LJ, JM, CO its good-bye!

*Kiss, Angellique*  
Co frnds, I luv u all so mch-skiing, good x's, & hng w/u. QM. I luv u so mch ostrich! I will nvr 4get all the rad. we skred 2geth. G8 buds-SM, AK, PS, SA, KK, TS-SA, dr first day. Wow we will not know anyone!" PS- thnks 4 the rymes & all ur frndshp. BS- In nvr 4get u. The Fashion Show & club. Smmr 87, New Feak. Mom, what do the chickn pox look lke!" RE: "Oh my GOD! Ms. Kiss! Im sure sth Masion. CR-I luv u Honey! ur so special 2 me & I miss evryt of u. Ull be in my memrie 4evr. Paych-88!!"

*Knepher, Cindy* Cynthia, Anthony, Luvr, Mrs. J. Bst frnds: Angelo, Erubag in ur ear. "Srry, ur my chrch bnd. Wht do u mean that boy my mther's infu?" "Noooo." He wrks herts. Our Jeffs, polo gmes. "Big kids" Stacy, who? She told Doug what? What Pinto? Redeo rzdo? Geg. I thnk I'll vst ur class. No Im not jealous. I jst dont lke pr. At least shes got good yaks. To Bear & Frog. Jeff-No dont fawwls over hng. U thk that stng tho. how he thnks I threw it. Im gonna marry who? NO WAY! Our frnds-IF, TH, SM, RM, AK, MS, LJ, MV, TJ, Eddie, good lck, rct yr. Youll need it! I luv u Mom & Dad Mike thnks 4 the help! "ZECHARIAH Y:G" thnk u, lord, 4 hngng me through

*Knight, Kevin*  
To all my Helix frnds-BT, JQ, TJ, CL, RL, RP, TS, BG, RR, JB, KH, AG, OS, CE, PV, PP, SG, AJ: Tke it easy. Crazy ideas wow! TZ, PW-the taxi drive almat got me. DT, JT. Almat was abe 2 rde the onkey. JQ, CL, CC, GS, TJ was a blst! "Chuck, ur moms looking 4 us" SG-Soph yr was a memorble 1 thnks 2 u. Ang-u'll always hve a spot in my hrt. Thnks Mom & Dad. Bye Helix.

*Kraynik, Amy Linn*  
Thmpson, Bennett, BB, Steve: The beauty of ones life can only be measured by the quality of love in it. Luch buds: KE, MS, SC, SM, KM, AK, KK, TS, SM. PRTY ANIMALS: Big 5-All u need is luv, Joe-U brng me JOY, NP 4th CYO, DTI, Kris-Dnks dor da dood dimes,

Zack-true frenz 4evr! Mateo-Be strng. 4 once, JQ, RL, KW, GP, RR- Thnx 4 evrythng! Storm-I luv u, Jess-I Believe in you, HH-Thnx 4 listng cous. P-Meet us ½ way, Big bros-FM, MB, RP, LS-I 4gve u n wsh u luv. Fmly-Thnx 4 the freedom. I luv u. TRUE FRENZ R NVR LST! Thnx tchers-n-Frenz. May god be w/u ALWAYS!

*Kuss, Michael*  
Kussr, the kussmn & the big guy. Pops 86-the bst evr. Pops 87-lte nghts, Nappys, SDSU (Miami Shd mchne) & stealing Yodas dmmr. Ill be bck 4 pops 89, Faulk, the bst tchrs Citizen Jane & Howie. Lng lve Willa Cather. Color prple will be apprved 4 stdy. Straita Head w/assassin & prtys galore. Dctrs offce prty-the bst. Going to Rocky disguised thn tryng 2 wlk across El Cajon Blvd, Ill see u in Spet, Landry. Blair Sutherland-the bst & wrst thng in my lfe. u were the grl, Marion. Fleetwood Mac rles ovr all. Dougs Panorama prty-the wldst evr! Im chngng my 1st nme 2 Reed. Im going to prdce & drct Theater/fil in LA, look 4 me in the credits! My advce 2 all-Tke off ur mks & lve ur own life. Osta la Pasta Helix.

*Lain, Laurel*  
Thnks 2 all my frnds 4 filling my yrs @ Helix w/excitement. JM- Think u 4 mny yrs of love & frndshp. May we always remain clove frnds. TH-trip bck east, wke up the Hotel is on fire. Prtng in Georgetown. TB wnt 2 ply crds? KC-thnks 4 the insight. AG-nvr 4get r dys of saving & yrs of frndshp. CT-r frndshp is so comftrable. It is hrd 2 picture us not being friends. SG Wed in TJ. Thnks 4 being normal when no one else was. MP-Thnks 4 filling those lonely hrs w/ur friendship.

*Lamachy, John*  
To keep the record straight, EVERY day is Boof Day, but Wednesdays are mandatory. JoJo, Nina, Stormy, Rrrrr, Yvonne, Jenny and Terry; I pledge you love and breadsticks. To the men from Africa, keep on jumping mon! To the rest, Have a Nappy!

*Laney, Kevin*  
Yo! Helix has been cool. My closest friends TS, JJ, DP, TJ, BS, BF, MH, CD. Band memories: Fania DE-La Lona '86, Fairfield '86, Idyllwild '86, '87, District 10ner band, All Southern Honor band. Yo, Jeremy, Troy and Kevin: Roof Climbers. Anonymous. Pep Band, the race to football games. Veterans Day football games. Troy and Zane, 4 hour bike ride. Garfield Street. YO Laney x trumpet section. Christian and Kevin's surfing trip. Jeremy and J. cliff jumping off the Point. "Lose the trumpet section and the band will fail." Be careful with those childhood friends! "Hey, why don't you turn off your brights!?" "Your halred Buddies!" "Anth! Helix has been grand and great, later."

*Laslo, She/My*  
Looks like I made it! After all the troubles, I still survived. It was fun while it lasted. 9th, 11th, and 12th grades were my best years. Many memories with MD, KC, days doing my paper route with JM, KD-science, and JTB best friend. Razz w/ lunch eatin' Yum Yums. Memories of ST, JJ, and my favorite teacher RK, also hangin' with BG just kickin' back. Senior year. Yeah! The best year. Socially and academically. Memories of KS at Carlsbad, DM Vacation Villa, just watchin' we rdo wad hangin' with my bestest bud Nicole Davis! I love you forever. A thnks Mom and Dad, I love you. Now its time on my own and to move out. Good luck everyone, let's keep in touch. Oh Razz, do you got a signal? PS Ooooh Babe!!

*Ledford, Robert*  
Friends to remember: Joe, David, Ricky, Jason, Damon, Todd, David, Kileo, Kenny, Blaine, Travis, Heather P., Sharon, Michele, Tricia, Neda, Monique, Steggy H., Denay. (The Gang): too many good times to remember. Pate's house, Navarros garage, TJ, Quarrels, DTL, Shiba, Bulmer, Let's go get gash! Yank 'em down Gunn. Hmmm — Don't go to JJ Navarro — Thanks for being there, you'll never be forgotten. Monique — You were my best friend and so much more. Melissa — I love you and always will! Coach Singer — Thanks for everything. Coach T: Thanks for making me a player! Mrs. King — Thanks for your support. Jimmy (My Big Bro) — Thanks for the fun time, camping, letting me use the pad and sports, I wouldn't have made it without you. I love you!! The gang, frnds forever, thanks for everything. Bye Helix!

*Liz, Crystal (Kitty)*  
Thanks to all those people who played an important part in my life: Sue and Linda, for helping me to come to know God, my family and my odd barrage of friends for putting up with me. Jenny — I love you babe! You're irrational, aren't you? Rachel A lifetime friendship! Kim — Thirteen years and holding! Meil — Remember when things wew simple? Tim and Peter — I love you guys! Donna (Mom) — Thank you for everything! Jason Lee — You amaze me! Also, love to John, Jared, Steve, David, Yvonne, Vince, Jessica, Erica, Amy Chaseley (Wherever she is) and to all my fellow Mat Maids — Don't fall apart after I'm gone! Thanks to Coach Langston, Kenneth, Thomas and Tommy for their trust in me (sometimes). i love you Mom, Daryl and Grandma! Class of '88, see you at the reunion!

*Leighton, Elizabeth*  
'88 sure is the best year to be graduating in. Thanks to all my friends, who have been through the years with me. Ana, Tina, Michelle, 85-88 Teachers: Clark, Edwards, Brodwoif, Bassage and Kirk. Haydee THANKS for the friendship and understanding, your my Best Friend and I'll never forget that. Bucky I wish you all the luck in your acting career. For my husband to be, Marshall Anthony Estavillo, One of the most important people in my life. I would like to say I LOVE YOU! And to remember Art class, when I saw you in the Camaro (ha), egg (Anthony) last football game at the Stadium, the words under the tree. Your graduation 86/87 the game. Tom Thanks got us back together, Tina's Nov. 25 1986 on the boat. Our Christmas '86, thanks for helping me through school Babe! I love you Mom and Dad!!! Hay Jim and Charles, I am out of school.

*Lepitch, Chuck*

Ftbal 1-2-3-4, Hookers '88: #55, 72, 64, 74, 65. Thnx Coach Van Hook & Coach Theroux. Wrestling 1-2-3-4. Can't wait til '88! State bound. Thnx Coach Langston, & Herlihy & the Jenkins. Hohville, nvr 4-get it, thnx kk. Best Buds: CC, DH, ZM, PM, MM, JQ, KK, RM, BE, EB, KC, BB, RL, DK, DT, KH, KC, KS, FM, & LK. CG, look out for THO! CC, My best bud, thnx 4 all the support. Mom,Dad, Richard, Pam, Aunt Cheryl, Neil, Jill, Suzanne, Granny, G&G Lepitch, Fox 2 & Cedric, I luv you all. Lisa (Ravioli) — Thanks for all the good times, many more 2 come — uh-oh, a prking ticket! I love you always. Hasta Helix, It's been fun!!!

*Lima, Paul*  
BSA—Bilmingham Shad! Trips don't ask again, I don't need to name my friends, they know who they are! Can't really think of anyone I need to thank (I'ma grateful), you were born to settle with ute. Can you dig what I'm saying daddy O!? Rich "Lifes so sweet, but nothing lasts today's here, tomorrow's trash." Remember when judging people, they probably think the same of you! Were all just a waste of flesh and bones. Regrets I've had a few to mention, I might not have done it all the way, but at least I didn't do it youka!

*Thomas, Jennifer*  
Wow! We made it. Thanks Mom and Dad! One more year Tim. You can do it. Hang in there! Lick. Nobodys a kid forever. Thanks to my cousins, too! Brian — Best friends then, now and always! Rob — We're hangin' in through thick & thin! Steve, Casey, Brian, Mike, and Bill, my high school sweethearts. Piedmont Pirates; Shannon & Nichole. Campus Life '84-'86. Mike Arleda — You big Larry! Nanny — What's a matter, Bunky? Helix. Deb. & Ann — What a ripless Easter! Jenn & Tabitha — Keeping each other sane, well twing anyway. Tade & Tob. Campus Life '86-'88. Bob Wilson. Give Santa a break. He's coming around! Here we go you guys. Into the real world. Good luck! Goodbye Class of '88. Goodbye Helix. Hello life.

*Lutz, David*  
At the end of my high school career, I would like to thank everyone who came to influence my life. I can never forget Denny's with TP, CH, and CK on Fridays. Special thanks to Woo for teaching me so many things. The great time in Cal with the special animal, AB, immature Russian, AS, and Communist Woo will always be in my skull. Outstanding "fool around" in Seminar with all members are great memories and experiences. Dancing in the gym and games with all friends are fun. The struggles on tennis court with BD and others are great. Bananas in Physics are delicious. Anyway, I run out of words to say. Thanks again to everyone I knew (including teachers). Well, have fun in college; success will be inevitable.

*Logan, Josh*  
Best buds: JW, ED, JW. Don't forget Friday nights w/waiter and Saparo! Here's to never ending hunt, and all that TNA! Denise and the Goddess Hat and the Noid. THE MOOSE IS LOOSE at Long Beach. See you guys around. By the way, you want to make a buck?

*Luban, Damon (Hey big Guy)*  
Baseball 1,2,3,4. The gang: TG,RN, RP, TS, BG, JH, RL, JL, JQ, CL, EG, CG, DM, JS, DH, DK, RH, DC, KW, ZM, PM, MM. The gals: KC, KH, NM, CT, SG, LL, KS, HP, AG, ect. Good times: TJ, parties at Page's and Ledford's. The awesome gang! Rebel's 4-ever! South Mission DTL. Navarro and Sheehan and Luban "Drive us deep" 1st in YL, 4th Junior OMBAC! Breakin' rules, TJ on a school night? Fun times; there were serious times weren't there? Na! I wish all the best of luck to the gang in whatever you decide to do with your so called "lives". Baseball CIF 88! (hopefully). My love to Mom and Dad 4 their support 4 some of the outrageous things I did. To my friends, guys and gals, 4 making these 4 years the best of my life! ADIOS HELIX!

*Lyon, Jaron) (Jerry, Butch, Horon)*  
Band 1,2,3,4 Pep band 2,3,4 Drumline 1,2,3,4. Fun in pops '85 "what a solo." Fairchild '86. Mothergoose '84 with that darn bass drum. Drumline's best times on tour in '86-'87 with LW, TW, JR, in back of JR's truck. Best friends JR, SH, AP, KE, LW, DP and JD. Having those pizza & movies with the "Hoov" & "James." Parties at Stacey's house with JR, SH, TW, DP. Spa parties at DP's house. Beach with JR, DP and SW. Good times fishin' with WM & TJ. Computers with CP. Good times with LW (while it lasted). Won't forget Gavin, Round Table, No beans, Ya wanna plum, crust, Nip, fluff. ES's house Pearl drums rule. Thanks for everything, it's been fun!

*Mabee, Tabitha (Bunky, Sunshine, Beector, LU-El)*  
Well Bee, I fnly made it. U always nu I could. X's w/Tim: Oct. 10 '87, hill, cheez, fites, ftball gms, V-ball #10. Windbag! TickleTickle! To Kat, Vicki Shawn: "theres a line!" Kat, lets do donuts. Cake fites at MiMis. Thanx Mush, 4evrytng. luv U! Sory Tim 4 bad X's. Crstik 2gthr! Boy hv I chngd! (prpl hr?) Luv 2 Trac, Darb-wlk theoz halls, Jen, Ron, Vik, Lar, Mr. A, Mel (B/B/F), Bob cmpus life cru! Thnx 4-evrytng Mom & Dad Luv 2 fmly! Goodluck in H.S. libro. I LOVE YOU TIM — (100% T-N-T ALWAYS) Good luck as a Sr. C-YA Helix! '88!

*Majomut, Deanna*  
AKA, "CHEEKS," "SMILEY." To my friends Deenah & Patti. Deenah, it's been great, our "Little Parties," Dancing & cruising, and of course "Lester," Eddie & The Bahia. Pattie, Thanks 4 the great beach trips. Our "Fun in the Sun Days" with great friends, Tammy, Stacey & Davenna will always be remembered. To my Parents "Thanks" I couldn't have made it without you. I love you very much. My Big Bro David — Thanks for always being there, you're very special to me. "Don't touch my stereo!" and of course my Baby siter "Coni." Remember our first yogurt experiences in La Mesa? (Smile). You will always be very special to mee. Love ya lots. THANKS HELIX!!!!



Martinez, Chris.

Too many things to remember. Best buds GH, RP, MT, MM. Soccer 1,2,3,4. Things we did that I will never forget. Helix swimming 2 a.m. that's bad. Hurry we have to get home, 140 in freeway green limmo, 3 positions. T.J. Great week-ends. Skeater's sleep over, give me the blanket. John smelly ft Robbie "Green Cadillac" Peron, Mike "Marine Biology" Thiem, Gary "Golie" Hove, Mike "Ugly Jet" Moore. Mike "Back to the future." That was good. Monica's jaccuzi. Good job Mike. Laura Dole first place like daughter like mother. I Love U honey. Lisa my sister. Barbara nd Larry my second family. Cats don't bug me. Rick dummy come back. Barbara what's for dinner? Spaghetti. Later Helix. Soccer #1.

Marzullo, Yvette) (Tink)

Thanks to EA, KF, RM, MC, RN, DP, SA, GS, PF, MT, EJ, MS, PH, GJ for all the Good-Times and the support. May God bless you and keep you strong! EA my special friend through good and bad. I love you! MS wish u were my real sis. RM Hey Peter watch out for Hook. Thanks for the confidence. RN you're the greatest I'll never forget you. GJ was that a smile? MT Calc almost as bad as Lee. PH Moving to the West? Get it? EJ keep a smile! MC How about Chinese Food? GG I love you, Thanks for an interesting 87 track season! God Bless You all.

Masson, Stormy

Ninth began as a time of fear, yet excitement new friends and relationships — Amy and Ric, and old pals — Trish. Tenth was truly the best, Sharon you are the best friend ever. I'll always love you!!! Then Eric, my first true love — always my obsession. 11th—a time of wonder and searching. I wanted to know myself (Thanx John L.) Georgy I'll never forget you. Amy, thanx for always being there. 12th is now I'm ready to travel, still searching, but always happy — loving life and some new pals — Tracy, Angelique, Kim . . . Mom — you have been my strength, thanx for pushing me thru. John I love you — you have been a great Dad and Friend. Tennis, Psychology, M&Froles, Teaching, Hippies . . . all my loves.

Moy, Carolina

Hey! Year finally over. Wow! Fun times. Remember D. head, ha! Beach, sleep over. D&D game — Midnight. Booh! Marshelle — party animal. Granade Launcher. Summer of '86." Romance — romance!! Dial-a-ride. GMC C's shoes broke ha! ha! Mikay Peeu. Remember Steve, Warren, Coken; Pain Pizza day at CM's hot. Beach fun. Beener dude. Birkley, cousins, 21, LaMesa funnnn. Al those guys. K.L., B.C., T.Z., M.C., R.L. 2 many. Carolina remember sleep over. Party upstairs, we in pool. With very Carry. October Fest "87" — lost. Campaign "86 — Sec. oh! boy! he! ha! The el baño guy and beer tent. Spanish guy; no muy good! Groups. Boys. D.D. concert "87." Thanks Jenny: U2, Europe, BonJoviect. Thanks buddies. Thanks Mom. Love U. Bye Helix "84-88."

McAloney, Teresa

Friends KD DS HB TB party times at Dinosaurs BC and Boo Bo. Mota upside down stairs breaking the what! Ski Mammoth CONCERTS beach days Sunset Cliffs TRIP and LONG night at Law Street. OFF roading and guitar with TW, the Best of times. Chipmunk attack. Pink Floyd THE WALL what a TRIP KD as BL, never again! SCORPUS METALLICA and JP. WHITESNAKE and CRUE concert (TL). JD is too rad, I love ya! This is it. Thanks Mom and Dad I finally graduate! See ya Helix!

McCrystal, Nichollee

God is #1! Heather, I love you, dearest Torkly! Dad, Mom, Mom R. Dad R., Rachal, Rene, Shelley, jade, Scot, Jonni, Kevin, I love and thanks you all! And the Monkees. By to Mr. Feeser, love. Trouble Maker. By to Mrs. Noll and all my drama buddies! Summer of 1981, my best and most memerable cuz of you Torkly and Mom! K! Dolenz your Dolenz. Luv Ya: Micky, Peter, Davy, Mike, Mi Ya, Liz Leighton, I'll 'member you always. Had fun at lunch. Keta, Mc. Summer of '87: Heather, Mom; Disneyland — Zoo — Sea World — Seaport Village — Beach — ect. Monkees concert, Aug. 23, '86 (Jacak Murphy Stadium)

McGrath, Kerry

Great times and great friends: Stacy, Kame, Johnny, Shelly, Deb, Michelle, Jen, Kryste, Nicky, Becky, Sonya, Ellie. Stacy — so many memories; Rosarita, "It's 1/2 to 1", stranded, thanx for being my best friend — "Highlanders to the Frontiers". Jenny, I'm glad you're my friend — (camp, "V.W. Bugs & Mack Trucks" — she has the shoes for it" crying over D. Deb (Thanx for staying my friend when we got lost, ice & nips 4 ever) Katie, special Ellie — we had some fun in 10th — sorry we grew apart, krysie in Drama (dark corners, F's) "L.A. Times" — pinches w/nicky, Thanx mom for all the support. Thank you too, Dad! I love you, both. You too C.T. — Well — Bye, Helix!

McFarland, Shannon) (Shane, Larry, Lance)

This is what it means to be a teenager in America. Mickey d's and J.T. B.J.s from Cyn, the coolest mom on earth. MARISA, from John M. to Steve and Jase (they say history repeats itself). It's been six years and we have survived it all. Rankin' rog laughed at your joke. Take care and keep in touch. KRISTA, you and me: roommates. You're welcome back anytime. You may have "changed," but you're no "loser". STACY, you have an incredible sense of style. Love your hair. I'm gonna miss you and your subtle sense of humour. CATHLEEN, 17 november and everything else, you were there. You are taken seriously. Always remember: pierre, the soldier in Nicaragua. Hey, we made it to graduation. "Guess what kids, I am outta here."

McLean, Anthony (Mr. Rythum, Legs, Old Man)

To the guys: David, stay young, Bocko, Thanks, Chris, ASU#1, Costa, keep searching. Kevin, David, be cool, Hammel, ASU bound, Jeff, lost! Ron, Black forever. "otter," SAAB stinks, George, surfs up, Todd, what legs, Old Man #2, Don't die, Pat wish I was white, Cory, Trav, Bocko, The Group. Ladies: Tricia, Melissa,

Tamara, Tina, Devenna, Marisa, Gina, Tracy D., Krista, Paula, Krishna, "Legs," Jamie, Angelique, Kim, Tabs, Yvette, Stormy, Cindy, Neda, Vikki, Tracy S., Kristina, Meilanie, all attractive women! Varsity cheer 86-87: Monica, Lori, Stacy, Valerie, Monique, the freshest of all cheerleaders. Track n field, Jeff, Old Man, George thanks guys. Hoggie special coach, thanks, soccer sorry guys!!! Basketball, it's over, dancing partners: Bubbles, Andrea, Denise, Krishna, Ann, Legs, Vikki, Meilanie, so fresh!! Fresh females: Michelene, Kristie, Denay, Lori, Lookout! Ladies never forgotten: Andrea, words can't express my feelings, Neda, forever lub, Stormy, first love, Monica, OH MY! Kadon, who knows.

McNeal, Cindy

Finally graduating! I can't believe it's almost over. Definitely good times. Mr. Wonderful will always be. Basball games, extra innings. Vons — where are you? Varsity everytime. Is this true love? Driver's ed., simulators, you're tall. MQ — No I didn't. Permit test pas - swimming at my house — tickled to death — but loved it. 1st and 2nd anniversary. Boat house so much funnn. Condo at PB, what's the point? JH — too much 1st period photo was fun. Swim 9, 10, 11, 12. College bound. Surfer girl — Surfin' in Safari. PE — Can you believe it. Life guarding 2 years. What a job. Beach bound. Special friends: TP, SM, DE, LK, SL, KM, DC, MB, TB, TH, DK, RL, JL, NM, SG and especially SS. Your wonderful. I love you. Thanks for your support. You truly are Mr. Wondetful. Thanks so much Mom, Dad & David for all your encouragement, love, & guidance. I love you.

McTrusty, Alex

Best buds: Kerry, Dan, Eric, Chris, the Italian, Shnozy Brian, and Bruce (the Texans), Somoa, Pollack and Taco, Chuck, Bliss, John, Rich, Steve. Neve forget the fun times of waterballoping. Those drives home from passing league were great! Even though Tim's car needed oars. Tim — Danke sohn fur hilt ins Dufach. Todd — We've had some fun times since 8th grade. Beta on a mountain raised in a cave. Women and . . . is all we craved (hey, get out of here Bruce, I hope those tickets get copied.) Hefry, Eric. Dan we had some awesome times going out and now lifting weights. Kerry let's tear up at Grossmont. Love to Ma, PA, the kids & Rappy.

Medawar, Ghada

Friends forever: KQ, TA, RR, CE. Little never forget the great times. Scott Waiting by his pistol. Guy, Traxx (ladies night), Denny's, and the Blue Zoo. Beach punniest. Tom & Tuki party animals. You guys are great! We never forget the good times. Surfing, dinner. Fluv's Carrie — I love ya forever but October 20, Mom — Thanks for being there. Val — You the best. I love you! I love you Dad & mom. JIMN, SLAM.

Meining, Ron

Helix football! 2. Grossmont league champs at '87. Helix players are the greatest! Friends: Todd, Tim, Erik, Chuck, Roman, Spike, Brian, Jimmy, Travis, Jason. One couldn't ask for better role models than the Helix coaching staff; you are really #1. Thanks Coach Van Hook, you were like a second father to me. Thanks also to my friends who kept me alive through four years: Todd Sheehan, Tim Jeddies, Erik Bliss, Jeremy Justeson, Matti Sand, Sotoua Cole, Jamie Jeffers, Loren Wallace, John Lamachy, Kristina Worthington, Andy Modina, Tony McLean, and Stormy Mas-son. I will always love you Shannon, you are the most beautiful person I've ever known. Scdawn in the Dark '87, not you Tim! Hoolers do it all together. #7, #9, #34, #55, #60, #64, #65, #72, #74; I'll never forget you guys, have a great life. I love you Shannon. Goodbye Helix.

Meliss, Mike

Mom, I love you. Thanks for being my best friend when I needed you. Russ, Tim, Tracey are we huge? "Irey" Russell my love forever. Jane I lit our day. Maria, you know I'm funny, I love your green car. Christmas Dance '86 Drives to the mountains with Russ. Well what are we doing this weekend Maria? Little pink phrases. Jason I love you. Remember you can only go too far. Tracy, I like fighting with you, but what a pain. I love you, Sis. Best friends always. I can't stand Eric, slow-n-easy trucks, my dream truck. Wicki Wicki my bud for years. Best times with Tim and Russ. Russ, I love you. Long live cloaties.

Mendoza, Zachary

Imagine theres no heaven, its E-Z if U try, no hell below us, abuv us only sky. Imagine all the p-ple, living 4-2 day, Imagine theres no countries, it isn't hard 2 do, nothing 2 kill or die 4, & no religion 2. Imagine all the p-ple living life in PEACE, U may say Im a dream, but Im not the only 1. I hope someday U'll join us, & the world will B as 1. Imagine no possessions. In wonder if U can, no need for greed or hunger, a brotherhood of man. Imagine all the p-ple, sharing all the world. U may say Im a dreamer, but Im not the only 1. I hope someday U'll join us, & the world liv as 1! J. Lennon.

Miller, Jeff

This year was great, but I wish I didn't have to leave next year. All of my friends have been good to me and I'd like to thank them for helping me make it. You all know who you are. See Ya!

Miller, Kristen

Great Friends: LK, HO, KM, AS, CH. Laura, you'll always remain special to me, I love you! Grat times in 86 with LK, JA < BK, RD, KM. Horton Plaza, Party at the neighbors. Summer of 87, to many good memories with HO, A&S, Chavez, KM, EU, BH, JM, RP, CS, BL, CP, JS. Marine St. Warriors, aren't they tough? HaHa. Crazy Nights! Fryday at the park with HO, JM, RP. Thanks Mom, Dad, Jeff, Bobby, you are the BEST! I love you! Special Thanks to all my friends who gave me these great memories. I'll never forget you. Good luck to everyone. Late.

Miller, Linda

Well, it's been real. Melissa, my best friend. George, watch out for the wet lillys. T.J. you had shape up. Love you, Eric, if you only knew how much. T.Z., you're a weak wimp. Life could have been

better. Thanks for the help, Eric. Getting in trouble!! GSXR, NINJA . . . Halloween Raisins! San Francisco!! Thanks for the watch "GUCCI" Lisa (Yuck) my worst experience and a trust me friend. halha! Love is out there somewhere, I shall find it. Love will conquer all. 16 and 21.

Miller, William

(Mr. Bill, Memo, Bildo) I made it! I'm a senior. What do I do now? Great times, hard work — high school. Lunch with Sharon, Stef, Tonia, Christine, and Laurie. "I'm a chiquita banana . . ." Where're my books? Oh, no! There's Ron 'n Phil. Scream in the Dark! Thanasi, Bob, Craig, Eric, David, Mike, lots of fun at lunch. Jokes, Guns, Shooting Brothers Karamazov. Berry tag. Matt, Physics was fun but we were stuck in the Mudd. Thanks Mom, Dad, you helped a lot. Hasta la bye bye. Adios, Adieu, Auf Weidershin, Shalom, Goodbye Helix.

Miner, Debbie

Well, it's almost over. 9-10 luv to: LZ, IM, MS, DZ, LB, DC, TH, LB, MB, ABILY. On to Helix: Ann, thanks for being there, luv to big and little bro. Paula, don't sit under trees. Kerry, don't get lost. Best buds: Leann, Hey, Red, quit falling out of trailers and I'll quit fallin' out of cars, k? Don't forget "Z.Y.X . . ." and all our many many talks. Gina, stay outta LKSD and they aren't going to get you. "I'm not lost, I know where I am." Oops HELP!! Kris: Big sis, you're so special THX!! Unforgettable: CM, LH, RP, MM, GH, JL, TH, CS. AM love to Michael, stop BSN to old friends and new. Thx Mom and Dad, love ya Tim!! Thank you, Lord. Later Helix!!!

Minerva, Ang

Orchestra — 1,2,&3. Carrie, "Lucky Dog" — Remember those sectionals, San Francisco tour! I love and miss you guys. M.M., L.S., S.H., M.S., J.H., M.H. Mammoth '86 — Hitching post "Fry better with Graco" — Tish, the chicken is breathing . . . Get into the Pig. Claudio movies. Egg Wars. "Singin in the rain." THE ROCKY HORROR PICTURE SHOW! Thanks R.J. What's up Doc! Oh Ludo! Shh, don't wake up Holly. Sour suckers and Doughnuts. Silver Nitrate. Love you Mom, Dad and Janet. Happiness is playing the cello. bye Helix!

Moe, Kristyn

(Shmoe, Mozer, Kristopher) Soccer 2XCIF. Bst Frnz: ER, LH, KS, AK, NM, HP, LL, CT, AG, KS, MP, AR, LK. Cool dudes: JE, DR, KW, ZM, MM, Pm, DH, RL, DL, MM, EC. Fun X's w/ the "Gang" LH — HA, insep. sum. couldn't mde it w/o U. Caught 4 once. ER — Near or far U were alws thre, canada, sinkin out, tnx! KS — we no they luv us! Jst a cople a sleazes! Shp in Frees. A panty friend. AK — Prty Animal, G.A.M., Alws B yrself. KW — Mick, ifs a prty. Tnx 4 being a good frnd, it mnt alot 2 me. Wanna surf? Matao — yr spcl, prps or no prps. The beach, finally? Frenz! PM — tnx 4 being there! ZM — yr gr8 — hold all my respect — if U can find it. Dobby, a kind heart, tnx. DR — secrets, a BF and more! JE — my world, spcl yr in my life, the future holds more, "I live 4 yr love" Tnx! Mst of all my family! Dad, a gr8 coach & even better father. Mom, a beautiful person & special mother! Buck tnx 4 puttin up w/ me U football stud! Frenz, family & the Lord, I love you!

Moore, Mike

The sun went down and the night began. HELIX #1 '88 Best friends SU, OS, GH, RP, CM, MT and everyone else. (Dec. 6, 1986) Shannon, I will always LOVE you. Remember Stardust CC? The church parking lot after Lisa's wedding. RADJET is the skeezer pleezer. Der Jam 1, LL Cool J is BAD! Sea World on Saturday nights sneaking in and skamn' FBI Robby Peron, Garry Hove, Chris Martinez, Mike Theme and of course me, Mike ""RADJET"" Moore. Kool "O" remember Donny? Wht a " . . . ". Pinhead, quit your whining. Chris, where's my book? Gerry, chill out! Leesa, can I talk to you? Barbara, I'm going to break out the hedge clippers. Larry, go pick up your papers. René, are you thinking you're saying it or are you saying it? 10/19/87 Garry you RADSAMI went to the big Suzuki Graveyard in the sky. Las Vegas 125+ mph and getting stopped for no license plate ha ha! Everyone remember JUST RELAX!!!!

Morante, Maria (Darlene, Goofy chic)

Well, this is it! My three years at Helix have finally come to an end. I thought I would never make it, but I did! Tricked ya huh?! Surprise congrats to the Class of '88 "Mom & Dad, I just wanted to say I LOVE YOU VERY DEARLY — My one & only brother Jun thanks for all your luv. Your the best. Luv sis'. To my friend Barbara, Krissy and Debs Debs and all my Loies HB, MF, AA "Hugs and Kissy Kissies always. I love you. To a very special person in my life; ARD thanks for teaching me how to love & be loved, & to my "Tenderly loved" AB, thanks for believing in me. To my HHS family, I love you. Thanks for all the good times that I will treasure always. Luv ya: KS, DL, MT, RM, DR, CW, CS, KC, MV, TZ, VP, TB, PD, MS, LM. My loves RN, AS, SL, RP. To my new love TS "otwc" Always and Forever special! Gotta go . . . I luv ya all.

Morgan, Staci (Casper, Grechen)

Special friends: DB, CK, TD, AF, PH, SCK, & KQ. Amy and Davenna — Cookies on Friday. Chelle — Depeche Mode, Martin & Dave, the math gang, my obsession with Jason, Paul K., your special to me Chelle. Tammy — It's orange and you know it, will you ever get a Rabbit, thanks for being there for me. Davenna — Your Mom's parties, those fresh brownies, Mike & Greg, Mexico with Kelly & Frank, I can hang, surfers, Mazatlan for grad., let's get in that VW bus and travel, college hah, sag & scorp don't mix? Looking in purses at Tommy's. I want Jason! DB's family, thanks for being the family I thought I didn't have and to my second Mom, May, thanks for caring. Mom, I love you so much, your the best mom I could ask for. Gilen, I love you no matter what you do.

Morgan-Hill, Cathleen (Cate, Vince)

We made it to Senior year! D'ploma — freedom, oh yeah. So much damage to do-so little time! To my family and teachers-you done good! Much love to all my friends who helped me grow. Drama



buds-it was a blast on and back stage, through carne asada, bull-horns and syringel-4 years definitely well spent. We'll all be stars! Utopia survivors (exploding water beds) and lima on Sweet 16 (Home Dick)! LUNCH CLUBBERS LANCE NICK, ALEK-love you all-don't forget these stiches-this is what it means to be a teen-ager in America! From stich shifts to B&J's-I'd say it's been a sort of cross between Stae Wars and ET! Oh, doctor, Well, Helix, me and jt are outta here!

*Morse, Jessica*

This is not the end of our lives, but merely the beginning. Has been not dwell on the past, for happiness lies ahead. Helix has been a place for us to grow into individual people. We came as children, and leave as young adults. TO my special friend Heather, thank you for our exciting lunches and the last couple years of a great friendship. Angela-Thanks for all the dangerous Fridays and a lot of great fun. And to my dearest friend Laurel, thanks for all of the times that I will cherish forever. I love you!

*Mounts, Andy (Biff)*

Thanx Helix, its been interesting. Thanx for all the laughs H2O Polp, high bagel, score 2. Course-buster turned H2O dog. Honorary "Water Puppy", what a thrill. Trav, I could never remember all the times (especially after Dan's party), but it sure was fun, duude. Pat-"It an happen" but "she can't take much mooorrrre," "You're crazy". Laura and Lenora, I don't think I could ever tell you how much you mean. Heather Schedel, don't ever lose your squeak, and don't forget to write me OK? Jeffers, No! Well OK, just this once. Mr. Mudd, Fyxx (so does calc Munson). Thanks Howie ans Mrs. Mann, I learned more than I care to remember. So long Helix, good luck as Tr.s all you underclassmen, don't let us down, maybe (hopefully). I'll see you at the Naval Academy David R. Thanks Mom and Dad, you're a true blessing. I couldn't have done it without you and the Lord.

*Moshtaghi, Neda (Mushpup, Needs)*

gr8 x/ w/spcl frnz-HP, TB, MP, SG, TH, HS, KM, KC, KH, TS, CT. Guys @ tble-good lck w/wnt the ftre brngs! Bub-Dnt kse me! 12:00am mvies were the bst! RP-Thnx 4stckng up4me&crng. Craig-Sch a spcl guy. In my hrt alwys. 11-21-87. Heath-my bstfrnd-nvr a dull momnt 2gethr. Sharon-Tennis 86, "Strwberry fids 4evr" Trish-Can I be u fer a de? Heathr S-my bio twm! Catalina 87-fun in the sun! Krish-Fighting like cats&dogs, mns we cre right? Whata cheetballIMP-Thanks 4letng me sty whn I rn away. Hi Eds, X-mas dnres-84 JM, 86 JH, 87 CG, Cheers 85-86, Tiff, Wren, Stace u mcd it gr8: Lts ply pcknary-Christy & I ply the bst tchn were intoxcd. Sth 4th nte-Lts dnce-prties-ice sktng-News Yrs@KC-Herbie the bell @6:00 am, Dnt say it "I lst mne" aaag! 2 all thse spcl frnz who hve hlpd me thr sme rgh x's these pst 4 yrs. I luv each & every 1 of u 4 gving me the luv&suprt needed. See dad I made it thr-I'm not perfect but I'm all u've got, can u be proud? Bro ur next, stay tough. I luv u Mom, Thanx Helix.

*Mueller, Jennifer*

JCY u made my last 2 yrs worthwhile. I luv u! 2 all my frenz up North, I miss u! Esp. CTE, TM, SR-I'll be back! Thnx Moms & Pops I couldn't have dnt it w/out u! Luv u! 2 Big Bros-My closest friend SS-Good luck I know U'll make it! RS-Still loving u. TM, drop Trannies much! TJF-u mean more 2 me than u know. I'll never 4get u. Thnx 4 putting up w/me. We both needed each other. Hope all ur dreams come true. Maybe ur right, CU in a few yrs? . . . and thnx 2u, it will be dawn, 4u, 2 me, r the only 1. Mystang #1 - Dad, Starr, Bran, thnx 2 u, 1 stuck w/ it & made it . . . C-Ya! I'm outta here!!

*Munch, John*

Good friends: PD, KK, DO, TB, MS, NK, JM, BK, TS, HS, VW, AS, SB, MB, TS, JH, RN, GH, JA. Incoming Freshman year I made in Great fun sking WW, KK, WK, MB. To ms, my constant & infirmp companion still stroke for stroke in CIF. Great fun at the Santa KK, MS. Free passes! To SB, my car crashing companion. I had a great time at the dance. You were right, I'm looking back and laughing. Ha Ha!! Thanx to all my friends for reforming me. Rbudy football games. I made it before half time!! Good luck '88 Polo and swimming. Heartwood practices. Yuck! HS pretty eyes, bazo!! Thuff! JJ Boogiewoogie woogie. SO My hll-walking companion! Thanx Dad for helping me see the not-so-confusing side of life. To Beth, you the best. Thank you for all the support. To Leo-Good luck at Grossmont. I love you very much. You little twint, Mom I never would have made it without you. I love all of you always.

*Murphy, Heather*

Spcl frnz: JB, JG, CM, MC, MM, SS, CB, LB, TK, JC, RO, MB, Nwey So mny fn X's. Ur the BST. ILU. My 1st luv FAREK mlti spcl X's will nvr b 4gotten. UR alwyz in my hrt. CUMAR's B-Cool. Me Scam 4 fn SDSU. Smmr w/SS. Sww Bly JIAH '86. Pm Spgs War-a RIOT. Rob 18 yacht Pr T strt hmt. J&B fdy pch bgs. JW-JW & Nib UR A gr8est. Mom, Dad, & Joqtue & Jann! Thanks a lot! Joqt & support. ILU all.

*Murphy, Mike (#13)*

3yrs. Varsity football '86 Sorry Sweetwater. We broke the stadium. CIF, the stadium. '86 head of ups and downs. Oh yothere goes the Mue. All league '87 the best juvet to camp. Friday 13th, look out Mt. Miguel. Championship in progress! April 25th we got out with Kym for the 1st time. We've had so many great times! Crown Point, the Party at Jeffs room, feeling the works on the Jetty, Oct. 11, '86. Wow! Sweetsville on a Sunday. X-mas Dance '86, always full of suprise, a years later, nice fat x-mas party. Oct 10, '87. The drive home from Buba's house. Kym your an animal! Thanks for the summer '87. It meant so much. X-mas Dance '87, Prom '88 going to be the best ever. I love you Kym. Best friends: CA, TC, JJ, MJ, KB, KH, RP, SH, CM, TS, PH. Thanks for all the good times.

*Navarro, Rick (Navarski)*

These 4 years at Helix has been the best of my life! Friends are friends forever: AP, BG, JA, TS, DL, DM, KS, RL, LL, MP, TB, SG, & Secret 7. Thanks all of you for being there in a time of need and of partying. The great years of the Romper Room '84-88, no Dad, it is

not a hotel! What a night! My "head" hurts. Those nights in TJ (fishcart) flashing lights, it's just another, DVI Blues. Yes I am a "V". Ride home from OMBAC. CJ the best of memories. I'll love you forever. Dad, Mom, and Big Bro, thanks for everything. I love you.

*Newsome, Lapara*

Mom and Dad: I'm finally graduating thanx for not giving up on me and for all you've done. I love you both. Good luck to all my friends and associates. Special congrats. to old best friends 85-86. Dawn-Keep your good sence of humor and you might survive Helix. Fun times in the office 5th period; "Hows those feet working today" "What you looking at?" Yes, I am just a little photo crazy. I'd like to say hey to my walk home buddy. Thanks again Mom and Dad. Goodbye and good luck to Helix.

*Nguyen, Cuong*

To my aunt and my sisters who had to put up with me and my rebellious personality — without you I would not be where I am now. May God bless you without. Thanks to all the teachers, especially the science dept. L. Hays, A. Larivee, and Q.P. (Olson & Pirie). Thanks to Mr. Ray, who taught me how to be a candid photographer. Mrs. Patton for having so much faith in me. You are a great bunch. Thanks to all of my chauffers. You all served me well!! I owe you! Thanks to all my buds (You know who you are) for the fun times at the beach, Grossmont Center, football games. Thanks to Helix for such a memorable high school life. I'll see you in 10 years. Hopefully I'll be somebody by then. Meanwhile, who knows!

*Nocon, Shawn*

Best buds — TB, KP, RE, LP, JR, AJ, GR, MR, KN, and LS. Together we made it! To many memories . . . That I'll never forget. Thanks for being a perfect sister. Lee, Anna, Tracey — Thanks for the unforgettable weekends. Kathy gummi bears! Remember all the laughs we had. Laura, Linda, Jenny to many memories. I'll always remember them. This is the end of school, but not our friendship. George, I'll never forget you. Thanks for all the great times. I love you with all my heart. Forever! Thanks for all the support. Mom, Dad, Grandma, Grandpa, I love you. Good luck next year Jason, Kirsten, & Jeremy. Thank you Lord for giving me strength through all the hard times.

Nordean, Renee Cynthia, Jeff, A.A. KM, CM, RN, DS, PE, Frog, Shark, K-Bear, Ro-Bear, Mike, Figger, Puppy, RPSR, Snake Band '85-86 — the best, what homework? Puppies — I can't take this. Another lap? But, coach! A heavy hills, danger, Slither The Desert, Photo, the tree of the intelligent, it's not the same without them. Oceanography Club, I haven't been a senior long enough to have memorized. Thank you Mom and Dad for everything. I couldn't have done it without you. I love you.

*Northcott, Roman (T.B. Siftur)*

334 RE football yr. Fun pine ridge yr. 2 played T.B. Soph love D.S. Linda "bunker" Sanchez/KL's Best Buds: Skeeter & EGROEG. 1st yr love Stacy Avers 2nd. Prom A2 Ups and downs and I still love you and always will 4ever! Thanks Mom and Dad. Luv you both. Thank Coach Annix and Rodriguez & fellow Smurf #24 Buds #13, 9, 22, 60, 14, 108, DT, and the Lunch Bunch — SA on Veteran's Day — oh yeah! 2nd home Dr. Grey's — Valhalla Post-game-Lil Leah's gr. 8 advice — Thanks ya!! C-Ya!

*Nunez, Gilbert*

My dearest buds, Kev, Cheeth, Patat, Mateo, Hammster. Let's get our license! You Mean that night at the beach! The flashlight! The big 3 in Big Bear! Pat! The Mac. Family thanx for support during my rebel stage! Your coolest Miss Gossipi! Bub, just like a brother to many good times. We will not let you down! But Good luck! Love ya! Twait Rumble on the cuffs. You're my old cycle partner and big brother! "Nice oldest, clean bathroom" Jody, I love you! We've had many good times together and they will never leave my heart! Jode, you're the best! May come in, and I'm glad I have you! Dad, Mom thank God for you guys! Love ya!

*Nutaz, Jessica (Jessi, Jes)*

I finally made it! Best friends: AC, CS, DM, DV, DE. Best times with best buds: beach on Wednesdays, Jack in the Box, Yum! Yum (caramel) Quinceanera "this is dead" chicano park, crying, czarria, "your too emotional", movies with the bunch. Special thanx to my boyfriend Bobby — all our memories I will never forget summer or '87 "our summer" August 24 it's official! Late night talks, sneaking out "getting caught" ILU! First time in TJ with Blazer. "Don't slip!" Dinner Victors! Dinner Victors! coming home late, next morning "did you get in trouble!" Too many memories. Not enough space to write. Thanx Mom and Dad 4 being there when I needed you. ILU. I finally made it thanx to all.

*Odell, Allison*

Garage openers, food fights, San Elijo, concerts, EFY, car accident, the Globe, oh no the cops! beach, ditching, skiing Utah, parties, dancing, games, Grossmont guys, blowing up Science labs, cruising, driving, Mike in French class-Speak NO French, the limited, fun & wild times. Kell-You're a doll, enjoy Helix. AM-Make it the best. Thanks to Kell, MW, AO, JM, JK, TA, TD, BD, RJ, RS and everyone else I couldn't fit in — I love you! Mike -Our 3 1/2 years we had will never be forgotten! TO all my teachers, I leave you my little sister. Thanx Mom and Ami, I love you both! Believe it or not, I'm off to BYU!

*Offield, Luc*

Oceanography, Fishing Club, Orchestra 1,2,3,4, Music camp, beachcasts, Pops concerts, Festival Superiors. Have fun orchestra! You've all made my 4 years great ones. It's been a great 4 years at Helix with friends GW, CR, TS, SP, TM, BW, JP, ES, MM. Best friend Grant-You've really been a good friend. We've had some great times together. Beachhouse '86-87, fishing diving. Hey Dude! Becky-Thanks for your friendship. You've really made Oceanography fun. You're a sweet person. Thanx Mom and Dad,

Sara, Maya for all your support. I love you! Bye Helix.

*O'Gorman, Anne*

Deadlines! It'll never be in on time! Plug your ears while I scream! Well, anyway, it seems as if this is going to be an awtully great Senior year. Don't be offended through, if I can't wait until June. It really has been great, my two years here at Helix. To all my teachers and friends: Thanks a lot for everything! Extra thanks to Mrs. Mann and Mrs. Drake for getting me into Mrs. Mann's Class. Everybody's really great and well, let's not talk about those that haven't been. You'll still be great buds if you KIT. Have fun in college and in life. Don't let the responsibility scare you-you can handle it. Have a great life!

*Orndorff, Dorell (Qutter Vn)*

Water polo 1-4, swim 1-4, Mide, Clutch, Pine Power lifes. My friends, the lunch gang, Wade, Camel Clutch, look out Ed! Oooh My! Bust the hype. Vant systems week! Punkbusters, Hit-man, Captain Ebonball games after polo. Billy, thanx for the ankle. Working at the Fun Center: No weekends. H2O polo: KK, JH, MS, JM, TB, BK, League Champ! Ya whoo ya! Valhalla who? Great Coach huh? Thanks MI OTT-KATZ connection. Jeff-It boggles my mind! One staff-ott. X-mas dance with JJ. Love that punch! Heather, what was August 14th? Oh yea, the Reds game. Its been great! Love ya. Oh no, October! Thank you Lord. Thanks Mom & Dad for everything. I love you. No more lunches Mom. Bros. and Sis, Thank you for putting up with me. Hawaii!!

*Osborne, Amy*

I finally made it Mom & Dad, thank you for all your help and support. I love you! I'll make it as a teacher, you'll see! Bugging Mom and Dad. Thank you Dad for teaching me to drive. Carol, Jessie, Sam, John, Cody, Derek and Mattie - I love you very much! Colleen I never would have made it without you. I love you so much! Colleen I never would have made it through without you. I love you so much! Always trippy Tracey, Shawn, Jim, Lee, Michele and Emily, we made it. Thanks for always standing by me through everything! Your the greatest friends I could ever ask for. Tara-You'll be a Senior soon, I love you! David Bernard I love you with all my heart and soul! Together we've been through a lot, but it was worth it to be with you!

*Paez, Robbie*

Best friends: John, Chivas, Cesar, Bobby, Jason S, Jason H, Damon, Vince, Gary, Heather, Alisa, Kirstin, Kristen, Elizabeth, & Barbara. MARINE ST. WARRIORS: John, Kristen, Dave & I. FUN TIMES: "PRIMO" moments @ Magic Mnt. SKY SHOW 86-case w/ Chivas. 87-car jumping. LETS GO TO DODGE. Battle Royal in 220. That insane cab ride in TJ. PEANUTS & BEER, 1st time 2 see Watchboard remember that! HEANUTS? Lets get some "AIR"! Wee of summer @ my house. Jason's Mondays & Wednesdays. Halloween 87, THE PUMPKINIZERS. EMBARRASSING MOMENTS: Hal-sleepin 86W/ Tai in Jack-in-the-box. Left on beach summer 86. Sleepin in the Cheese. Where's the Victor? Get off the Regall! Chivas better shave off that beard. LOVE U ALWAYS HEATHER. THANKS MOM, DON & FAMILY. GOOD LUCK STEVE & ALISA. BYE!

*Page, Kathleen*

Thanks 2 all my friends (u kno who u r), 4 the special times & 4 always being there 4 me, u guys r the best! I wish u all the luck in the world in the future. RE-"The Groove" SN, DD-being asked out, and lost. Crushes, DD-your chair but me-there's a line. Psych-JL, rude notes. CO, LS, ET, JW. Acct-fun!! 2 many memories. Thanks Mom, Dad, Arni, & Teddy 4 all your love & support. I love u! Thanks! BYE HELIX!

*Page, Ricky*

Here today gone tomorrow! To all my Greatest friends in the world (BG, RN, TS, RL, JL, DL, JH, KS) Best of luck to u all. Convertable rabbits, parties, my pad. Somebody please take the wheel. Like a virgin, oh no no no! Mex 87-88. Playing take the pickle @ Navarro's Romper Room. We were nobody in 9th, somebody in 10th, and now we're everybody! Life is 2 short when u have friends 2 wake up with u. But please, please don't tease me! I just want 2 wake up with u in my arms. What a line. Believe me, it works. What she don't know won't hurt her. So many parties, so many adventures (surfing @K-38, ski-in in Tahoe, OTL @ San Luis Rey, having parties on your boat) I wish it weren't over but life must go on 4 the gang! I love u Mom & dad.

*Palladino, George*

Life has just begun too bad 1/2 of it has gone by so fast, but memories will last forever thanks to Roman, Stormy, Karen, & Lynn. Life growing up, sometimes 2 fast, high school, falling in love with Stormy Masson. Europe 1985. Surf safaries 2 Mexico, K-38. Thanks Alex B close call with April spyrgs. Lynn Colonelli I Love You. Thanks mom & dad, it's been hell. Stormy great times & more. Used 2 be 3 screw-ups, now it's 2, but not screw-ups, but the successful ones. Love ya. Later other friends, off the lip I go.

*Patterson, Kristi*

All thanks to God, Dad, Mom, Grandmother, Kym, Deisha, Devina, Tiffani, Nina, William, Jesse, Gilbert, Allen, Ena, Mike, Tan-ya, Tracy, Talonda, Erica, for helping me make it Mario your a great guy keep in touch melissa Club Tronics Blue Star. Camp thanks to everyone who supported me Basketball CIF Second round Grossmont field, Finals Santana Summer Tournament. Granddaddy I made it. Halifu Blackbird, San Jose, Northern Arizona, Irvine. Deisha work hard and you'll get a scholarship. Devina keep jumping it will take you somewhere someday. Tiffani you have a lot going for you keep your head high, Kym good luck in your senior year hope you make it to state PRECIOUS LORD TAKE MY HAND I WILL FLY AWAY AMAZING GRACE AMEN Misty Shadow Tango.

*Pekelder, Jim*

Thanks Mom & Dad. Couldn't have done it without you! Love



always. Thanks Peggie you're the best! Jan, I love you! Thanks for everything. We had the best of times and more to come. "Prom '87-88, love "forever" To my friends John, Joe, Ken, Mark & Ann- Had good & bad times, but it's been great. You guys are great! Joe thanks for our roll over and swim. What a way to start the year. Kevin — Remember? Coach Hook, your like a father. Coach Arniz, I have utter respect for you. Thrower Pool. Langston, a nice warm bed. Love you Mrs. Davis. Vicle Been best Buds. X-mas dance — Great! You're so sweet. Thanks all my teachers and Helix, killed Mt. Migel. "Hasta!"

#### Pellegrini, William John

Helix Band 2,3,4. Best baritone with greatest partner. Hey Rick, Bari is best. Hey Laura, lead on Chick. You're the best. My friends JH, GH, LB, MG, SA, TS, TD, RM, AG, AND EJ. Amy, Elixabeth and Michelle. My favorite ladies. "Dole" on you. Hey Jon, you bring the limes . . . Well Helix, it's been real. Have a day or so. To my babe. (You know who you are.) Love ya! Well Helix, this is good-bye. Well world, here I come. I hate to leave, but . . . well . . . let's rock!!! Reach for the stars!!!!

#### Peron, Robbie J.

In these wicked days of our lives, there memories that will last a lifetime. For these are the high school days of the FBI. Yes, the Female Body Investigators. Timeslike the funky livesum, and Monica's jacuzzi, the no show party, the KC party #1 ha, ha, ha, but the laughs were unstoppable. (Definitely Doritos . . . ) But the Robbie one-liner-jokes, ranked 3 on the scale. The 3 diseases. 1 ugly chicks (I shall give no names) 2 STUPID JERKS 3 IGNORANT PEOPLE, but I really dedicate most of this to my best friends and the members of the FBI The newest member, Mike "rad jet" Moore, Mike "scampman" Theim, Chris "the Chilean" Martinez, Myself "the wonderful", Robbie, "the comedian Peron and Garry "Lurch." Hove. We could never forget the Big DIP. and SUPER Poop, or Party.

#### Perry, Michelle (Shelly)

New school sophomore year. 2 scary! First friend-Sharon Thanks! I could never have made it without u. Special friends SG, LL, TB, TH, NM, KS, HP. The guys RP, JH, RN, BG, RL, KS, TS, DM. Thanx 4 all the good times. Summer river trip '87-just u, me, & Marley. 2 my trippiest friend Laurel-deep talks I'll never forget. Sexy 6 Raged! Miss u KS. EG-miles the mornings. AS-I knew you'd have fun. Magic Mnt, 2 fun! TB-beach trips? 2 month long parties! You've been closer than a sister, Shay! Thanks to my friends 4 all the memories. 2 my little sister Cindy, now it's your turn, good luck!

#### Pestcoe, Tracy (Tapper)

2 all the homies what that b like? Lillian, DRay, Claudia, Kena, Peggy, & Cookie & Heather. Whaz' up pimpin? Summer of 87 up town waz kiln it. I waz kiln ps chrome waz kiln B's. The MC w/ the 5th. Sky comin 2 the crib 6:30 AM. Girl I'm grown. U cold wana b wit me @ the Jack, Beach, Cty, St, OG, Partys, jail, ESC, & LA. Mr. Mini Bliz on the run Nick Nick here I come. Baby S. Yellow man, my girl trips off ya. okay. Beepum! We need the \$\$\$. The Benz, LAC, Jeep shoot us wit a cozie ok? Nay, nay, leave my man alone yur 4 wot 14! Keybo getin lryed in the B BR. Keyin W, we almost had it all. Ingrid TJ wit James & Bernell, baby lets get it on. Vincent (daddy) I miss u. Adrian, please hurry home. George my 1st & last only true love. I miss u. 2 my loving mother thanx mom. I couldn't have done it w/o u. Grandma & Grand pop! I love u2 Josh good luck lil bro. HASTA HHS.

#### Pichierri, Todd

Ode 2 Def 1 cation my bowles ache. The grue & hidden isle sking in a white out w/o goggles & digging out the cabin w/ a dustpan in a blizzard. Billy's locker, Jason's rearendng 701 & takes all the damage, 701 none. Thrsdays @ the clam & Bear Claw. Wha-hutta Bill, Eric, Jason, Chris, Dave, John, Chad. Long live ukla & the Yetti. Bill remember die Boulder maker. Wileppn. EERRIIC, CHICKEN, Harass, Bettey, Bida, Yetti, To Stormy & the great experience we shared @ Home. I don't forget! I don't stop loving God. Keep the faith! Bean 2 w/ @ camp. May the bean machine live forever. THANKS FOR COMING OUT.

#### Pierce, Bill

Todd, it has to be us . . . I had to be. It's been a blast. Disappearing off the Clam-Double bear claw! Days @ the beach Eric. I don't feel like going 2 school today. Lets ditch! Having fun wit the guys: Linguini, Chicken, Errici, Met, Nicks, Uddi, Yetti, Baggas. By the way why do people call me Billy? I'm not Billy. u look good. (what the hell are u wearing?) Planning capturing the flag. By the way, I won. And it was a MOPED!! To JJ, I can't thank you & wait 4 your fling 2 end. Playing football in the park w/ Danny-man, & sorry about that ankle. Todd-are we the only ones that can tackle? Heather, u have to find out 4 yourself. R great pilgrimage 2 Disneyland, & Heather, nice essay yeeessss!

#### Poma, Laura (Lo)

Thanx JR, JM, Us LP 4 being my best buds. Tennis, ASB, I-Club, CSF, Concerts: Depeche, DDm, a-ha, Howard Jones (autographs). CB radio, bowling bud PF Ssh! Boom! Strike! Froma power. Rappin MS we b skinny. VP hili! Tennis pal MC "snauges" KS, KB Halloween 86. The spider oh my god! "Si Ortega" Walking in the rain. RT-brute w an e. Dancin in Denny's parking lot. Your turn quick lock the door. Broadway haircuts. SN I'll never forget all the memories. Quick hide in the bushes, it's a head! B-ball w/DB, TC, Farrells, Fuddruckers. Italian all the way! Thanks God, mom, dad, Linda 4 always being there. U mean so much! Ciao Helix!

#### Poma, Linda

Closest friends: Jenny Russell, Viki Perez, Dawn Sardella, & my twin Laura. Activities: ASB, I-Club, Senior Board, MatMaids. Our lunch gang: JR, VP, LP, DB, KS. Bowling stud Patty Frosio! Ramon u brut spelled with an E. Marisa, Jenny, Laura-Howard Jones' autograph!! Hey Mattie. "We Be Skinny" yeah! Denise u-no. No I don't know. Dancing in the rain @ Denny's parking lot, Bonkers,

ah . . . pop! The cup, Fuddruckers, a-ha like hey! It's a head . . . ah! To Shawn a special friend forever. Jenny & Dawn, my 2 very best buds thanx 4 many yrs of fun & friendship! I luv ya family & friends. Ciao Helix!

#### Poulson, Heather

(Ch 4) Wow, 4 yrs possible? The 4 pw's what a teeam. Watch dogs on Stanford St. Toilet papering & cruising. Look, I can drive w/no keys. Burp-roll down the window. Main sisters in the gospel: HP, SW, DR, TR, SO, MW, HS. U guys have changed my life. 1st time 4 orange herbal tea. Jack who? Cemetary, NCMO, that is out of control (Chunka Bunk). Hi Stardust. Taco sauce & tuna. Surfboard (peel). Beep. EFY & waterballoons. Horndog. FACE, the truth hurts. "Don't u wash your clothes?" Paged at P-N-S. Hey Sexy! Humiliator, nice casabas. Stress monsters. "We call it the wide road." Blashemy. CTR=? So destructive. Mom, Dad, thanks 4 love & support, and tstimony. I proud u! Heidi I love u lil sis. Thanks Helix, look out BYU!

#### Preciado, Cesar

Fun times & dull times. Raging parties & raging times in TJ. Awesome memories of Magic Mnt. Off-roading in the turf. Colt-Cesar getting off. All-nighters @ Dave's & J's. Quarters @ Bob's. Looking 4 women in the Hot Rod. Don't worry Lori, & let me hide your scooter. Chivas, Robbie, John, Dave, Jason, Scott, the girl bunch, best buds ever. Special thanks to Mom & Dad & family. Thanx to everyone I ever met @ Helix, or anywhere else. Hope 2 meet more friends after Helix as good as the friends I have now. Later days. I almost forgot the Apple Crew & the Supplier (Brian). Silver Bullets forever, Kangols & summer vacation.

#### Prevolos, Thanasi

DO IT ANYWAY. An unknown author wrote these lines entitled "Do it Anyway": Some people are unreasonable, irrational, and self-centered. Love them anyway! If you do good, people may accuse you of selfish, or ulterior motives. Do good anyway! If you are successful, you may win close friends & true enemies. Succeed anyway! Honesty makes you vulnerable. Be honest anyway! The biggest men with the biggest ideas can be shot down by the smallest men with the smallest minds. Think big anyway! People really need help but may attack you if you help them. Help them anyway! What you may spend years building may be destroyed overnight. Build anyway! Give the world the best you have & you may get kicked in the teeth. Give the world the best you've got anyway! Give anyway! Love anyway! Help anyway! Build anyway! He who sows beautifully will also reap beautifully. Give generously. Cheerful giver. Dedicated to those of my friends & parents who have guts enough to "Do it Anyway!"

#### Proinzano, Chris (Chicken, Flyman)

Weekend Worshippers: Jason, Eric, Todd, Billy, Dave, Chad/John & the crew. Ron, Jefe, Tony, David, long live the Woppros. To all the great times @ Mallot: English w/ Mrs. Mann, History w/ Boone, & all the lunch time activities, all night games @ Todd's, going to the Clam. Lets hit the beach! At the football games & dances, football & whiffleball @ the park! midnight movies, senior registration day, tadd flights @ Bob's, witch days to Disneyland, "Eat my shorts twice", Bandido! Mtn answers in Psych. To AE, a very special friend, my thanks and love to the best 4 years @ Helix. Hail all Weekend Worshippers! "Mo Betta". Hasta Helix. DOMINATE IN '88

#### Pryor, Tracy (JD)

Band 1, 2! WOW! All my buds-LS, JB, MM, DP, TD, SF, JM, CM, RL & any I forgot! LS & JB made band fun! 2 good 4 these people. (DP, JB, me) Want a banana schtupit? Save the whales! Warren-nice snail? 2. LS can't believe I liked RD! 86-88 the best years! Leathery, football, late nights, Jen's bug and many more! Mr. Anderson's hooker is rad! I love you Mom, Don, Dad, Julie, Bob, Michelle, Jared, Mike, Miyuki! Norm thanx 4 being there. Leah my best bud thanx 4 being there-I love you! Weell Helix, it's been real! Watch out world 'cause here I come! WORLD PEACE!!

#### Quigley, Jason

Shaka Helix, thanks for the memories and the times we shared. Wrestling Buds, Cheech, Walshages, Hamster, Ricker, Kevin, Mattio, Pat, Gilbert, Chuckles. hanks C-Man. Best Times: Rosorita, Disneyland, movies, whenever with friends. TJ, Prom, Christmas Dance, Dairy Queen Parties, Knight's house, beach, football games, Big Bear, Holtville, Page's house, hotels, Buba's and Reeb Sgnob. Thanks to the girls of Helix and aboard. Sandy Quinn, thanks for everything you've done for me. Every moment we've shared has been special and very memorable. I'm looking forward to the future with you. Mom, Ernie, Dad, Pat and Lorraine you've done some work getting me through high school. Your support and a little push helped me through. Thanks Jason. Football '87, coaches, teachers. Seniors dominate in "88". Watch out world here I come. Asta Helix — Jason Quigley — the "king!"

#### Quinn, Kelly

spcl thnx 2 my good frenz: RS, CE, GM, PV, SM, DB, NMc, JS, KB, CS, & MG! Spcl thnx 2 Cathy E. 4 putting up with me 4 so long! I love U! Spcl timz w./stew, scott, alex, & bobby. Surfer girls all the way! Double dates! Robertos-souvenirs. Slo Poniz! Wipe out! McDonalds! Ditchin! Love it all. More Parteyn I say! Thoz sleeplez nites. Spcl namelez ones. Vamuz Mex. Budez! Oh, thoz budez! Bobby! I luv U alwaz! Sexy. Dimond rngs! Supr Frydaz, wild thing! Crazy bunch! Spcl thnx 2 the Ledford family! 4 your love n support! I luv U! With love 2 all my family! I've finally made it! I'm going up! up! up!! C-ya in the hills!

#### Rodice, Dawn

Christmas Dance '86, Time magazines in U.S. History, Pop's Concerts, Catalina, Disneyland, Sweet 16, Cruising, NCMO, EFY, Y.W. Camp, Roadshows, Study Hall and Ms. King 3 years. Lyss — "He's sooo . . . cute." 8th grade rebels. David-prom '87, movies, dinners, double dating, long talks, hugs and missionary's. Thanks for always being there. Heather, thanks for all the fun over the years.

Heidi-glad we had a class together. Good luck next year. Stacy — cruising with you is the BET!! Tina — "HAVE A COW!" I miss you Laurie. Dennis — We've only just begun. You're the GREATEST. I love you!! Mom and Dad, thanks for all the love and support. I love you both. Sis-it's been fun. Good luck the next 3 years. Bye Helix.

#### Ratelle, Paul

It has been three fun years at Helix with M.H., C.C., B.R., S.D., D.A., J.B., and J.M. But, I enjoyed the summers in between much better with S.C., C.C., C.A., D.W., C.W., J., G. and Tina Hurst. Hey, don't slip on that banana man. Wampin at Mareen and Winden, Tuban Ruban at the shores. The rad times at the swings, especially watching the rope snap on Gabe. SPLASH! Good times at Fiesta, Mariners, and Vacation Village. Spending the summer on the beach, or at the top of a rocky mountain in Jamul. It's over? Good luck! Later on.

#### Reyes, Dee-Nah (D-Nah Dane, D-Nah Dee)

Whas your Bleed! I'm only buggin 2 my best buddies Claudia, Britt, Deanna, Heather, Ena, Marcella, Gia, take care. To my sweethearts Stevie Baby, Aro. B., Kenny Sexton, Sir Rod, Tony, M.A., R.A., and last but not least, Kevin Jackson, you were more than a sweetheart, somewhat of a very close brother. I love you. My 1st bigrad love — Michael Lewis, only you can make me happy. Memories of all those concerts. Ready 4 the world is 2 live! Cruzzin' through Dago with Britt looking 4 freaks at the Jack. Curls was the thing, my rebtthra against the wall. Getting arrested in '87. Very hard times with the family. They are all over! Mom, Dad, Mike, Shay, Grandma, and Grandpa, I love you all very much. I didn't get Andy Lynn. Steve and Jerry. Love U 2. Dee-Nah and Claudia certified 2 be so sexy. Get it girl! I'm on the rebound!

#### Rendon, Jim (Jimmie, Buba, Corn, Peart)

Finally it's over! Later! Bean! Drum Line '88: JR, JL, SH, KE, RV, AV, BP, TD, BD, and who could ever forget Max? It's been fun Jason. Best times @ Habra drum competition — Laundra World. Quick, take off your clothes. Who's coming . . . ? Get out of the car Maria! Where's Max? — never mind. Hannible lives Time for certs. Bean's got that look!! Still want to sell cliff notes Ed? Night at Erick's — you're welcome Crystal. Todd's Toga Party '87. Thanks for making me feel at home: ER, RL, TS, LS, AM, JL, and Hoov. Daves House '88. Surf's up Roman! Let's jam Torben. Look out, it's Mark Nadevo!! Nunca crust. Paiv-a-vuir forever. Sorry it's not a fluertta. Luv U Mom and Dad. ADIOS!!

#### Richardson, Joe

You mean I finally made it! Can't say it wasn't fun. Too many skate experiences to write about. Thanks for all who made it happen in school and out of school. Early morning seminary, quite an experience. Stay verticle. El Rollo the truck with the woo-man. Date St. ramp(s). Nick & Derick's ramp, SDSU, Heimey's ramp, Jeff's ramp, John's ramp (Whoa!) Spring Valley ramp. Goose dropping ramp, blue ramp, concourse downtown at night. R.L.P. the "man", Lemon Grove trench. St. Martin's Pool . . . No man is an island, no spot is eternal. Can I stay a while, I ordered some pizza. Many thanks to the yellow car. Wood runs, no skating for 3 months. Very Lame Troy's beach house. Long, strange trips. Skating with Runny Brown sauce. Halloween at Damon's. Learning to drive with your feet.

#### Richardson, Judy

We had a cool summer in '87 with years to follow. I appreciate all the help from my teachers, Mom, Heather, my grandparents, Darla, Daniella and others. New people came in and out of my life during the year of '87-'88.

#### Riechmann, Katja

Dusseldorf, Chicago, San Diego. Met Niki in Chicago, friends forever. Big fun with a great tennis team thanks. Thanks Mom and Dad for the possibility of being an exchange student! Thilo 4 ever. High phone bills, great letters. Teri, see ya next year. Thanks for your friendship Niki, Teri, Davide, Gustavo, Yvonne, Jenny, Timmer, Tony, Mike, Erik, Kathy, Vesa, Pliyuki, Frederik, Kristin, Petra, Poppi, Halef, Vamp Clown, Snoopy, Olaf, Frauke, Claud, Alex — see you! Interrail! Thanks, WE for a great year. Greetings to the best family in the world. Looking forward to seeing you let's have fun. Snoopy, let's stay friends forever!! I'll miss you all. Thanks for everything! Balboa Park, Hotel Del, L.A., Santa Rosa, Yosemite, S.F., Calif. you're great. Hope to meet you in Ger.

#### Roach, Damon

Well, first I would like to thank God for everything he has given me. My parents, for all the love and support they give, and also the teachers and coaches. Now, it's time for the homey's: DonDon, Em-Dog, Mike L., Preston, Keybo, George O. and my good friend Alex M. and the rest of the homeys. It's the ladies' turn: Talonda, Tracy D., Tracy P., Ena #15, the years were fun. B-Ball, and the young lady that I love, TARA. I could never forget you and all the times we shared. Even the ups and downs, but we survived. I'll love you 4 ever. Word em up B-Ball. I'll get back Helix.

#### Roeder, Eddie

special friends: JH, TV, MS, WW, CC, RT, CG, KK, EG, TB, JJ, HS, DO, SA, KF, WM, PS, and the youngins: NK, KG, DS, and golf, lunch friends. School over time for the beach and volleyball. JM, viva los contras! Fav. mov "Bkn. harts and noses" with Mike & Joel. Trav "and he went where I went" "Fishy Fishy Fishy" Ramon, "the ol run down the field and hit the trash can, trick" Craig "Hi Ron" Chris "where is my sweatjacket?" Youngins, don't ever change, you're beautiful the way you are, don't forget me, the old fogey. Off to the beach to watch the bikinis. It's Wade! Run! Joel What? Good bye friends "SHAVE RICHARDS TOUPEE".

#### Roper, Tahnee (Tahn Peaches)

Spcl Frnds: Shell St. Clair, Ali Burger, Judy Gross, Alex Beltran. Shells, where would I be w/out U? FLORIDA thnx 4 everything. Taxi anyone? 21\$'s BS, but it was worth it! Remember Kris, Shells, I owe you so many days of my life. Spcl talks about our hart



breakers: Alex Kris, Cris, Dolan, Eddie, Joey, 21 yr old Mike anking into gp's house. Right foot first getting into cabinets. Peep-ponds parties. Running in the rain. Playing football. The best part of my life CARDO! I LUV U Dad. I know U R not with us, but I'll always think of U. Bye HELIX! I LUV You R.B.!

Rosario, Theresa

I would like to say good bye to all my friends that I have made this year. Thank you for making me feel so welcome my first year here at Helix. To my best friend S.C., thank you for always being there. You have been a great friend, always making me laugh whenever I was sad. For all the good times we had at fg's, mv's tlks w/frnds, . . . Goodbye SD, LF, SM, AG, VB, TM, NP, ST, and NT. To my other friends outside of Helix, LI, JT, DH, MS, TC, MM, EM, KK, JT, and JM. I love you R.C.R.!

Russell, Jennifer

Pops Concerts, Catalina '85, Kim Denise, Jenny. Luv It T.P. "the door won't unlock! — have fun girls", Halloween '87, car broke, Denny's, Kim 91x—\$91 at Roberto's, Disneyland (yesterday) concerts: Depeche, Cure, Echo, Howard Jones . . . autographs! (remember the station wagon C.B. radio, how embarrassing!) Depeche tickets with Laura and Linda, don't remind me! Linda and the cup in Shawn's tent. Miki's, the Lunch Table for 3 years. Laura, Kim, Linda, Viki, Denise, Jenny . . . Magic Mountain in May.? in June, Laura, and Linda thank you for being my best friends since first grade, and also to "Mother Kim," Dad, Mom and everyone else, "Aufwiedersehen Helix"!

Saganis, Alethea

Thanx Stan & Eddie I love u bth. Fiesta Isl Mariners pt & VACATION VILLAGE. Look @all the hot men. Either way its fine w/me. The fat girls r bck. That rily says wow. I feel my hrt is bking in the skiltl tonite. Eric-my Adrian Vandenberg man. Richard-my prkwy plaza man. Oh hes hot, no wait, I lied. Warrnt-nrth prk thtre. Hilywd Gazzaris. Ha! that looks really stupid. No I dont look like Jack Russle. Lost Boys rle. Brooke McCarter-Garlic doesnt wrk boys. Fill me w/knwldge. My brain is a sponge. That man has sme really good hair. Doodle, Doodle, Dee, Wubba, Wubba, Wubba. Hey, this wld mke a good video. wt bout luv, were peppy swds. Long haired blnde man, lggy Pop. Oh, Oh whtesnke 10-87, Whoa! well, I thought it was funny!

Salas, Kym (Kymmie, Murphy)

I mde it! CHS 2 yrs. Chher, I luv u HHS, I yr V-cheer. Mikey dnt evr 4get 10-11. how bout the Jeddy. zoo dys, oh no Mr. Geck, Mikes not hre. 4-25-86, Crwn pt w/the wrsting crowd, X-mas dnces, Frosh LT, Soph TC, Jr MM, Sr MM, prom MM, Mike I luv u vry mch, thnks 4 all the caring & support u've given me, jst rmbr Im hvng the tme of my life. Kim Barnes (BFF) I luv & hve missed u thr the past 3 yrs. Sexy 6-KS, TB, KC, SG, MP, ahh Dr Brunelle drnk. Rmbr hindind out in Jeffs rm, MP I miss u, ELAX ha, ha. Thanx Mom & Dad 4 putting up w/me, Luv ya, Good lck 2 the class of 88, & God Bless!

Sandoval, Eric

Wow! What hppnd! Rad! Im soo sck, Im soo sck. Who cld go 2 school on a day lke this. Go bch, cliff diving at the clam, Dont play mnd gmes! David, why did u brk my fnce? Jason, dont hit Todds car. Parties, TJ, Fun. Slave 2 my car. Ftbl games, Mid-nite mvies. lte nte cruisin. Track buds; Tony, Jeff, Jenny, Elizabeth, Yvette, Kim, John, The dudes; Bllfred, Linguine, Jerm, Mex, Chickes, Uukla, Yeti, Nigwu, Rondo, sasquach, Cheech. 2 my little brthr, who I nvr saw mch, but chnged my outlook on life. This was the bat amzng, carng, confsng, deprsng, exctng. 4 yrs of my life.

Sanford, Pat

Trtn-3.4. Sr VP, Hghlnd lgue. Bst frnd AM, special Frnds-HS (Squeak) AS, JM, MC, KK, TB. Special x's, ftbl gmes, dnca, bst dnce prtrn Jenice. JB 9th & 10th KC 8 mnths 1st I lved nvr 4get u. TR 85 secrt/special x-mas, LH miss u 9th & 10th w/KS & JH gr 8 x's. JH 50's music, 55 chrvy, Sociology Subliminal. 86 xmas dnca ML (Sorry) AM she cant tke mch more Capri. AS has memories. AK luv u.Bill & Kathy thanks, I couldnt hve made it w/o u. Mom & Dad thanks 4 evrythng, I luv u bth. Goodbye Helix!

Saplen, Tersa

BF-CR, TJ, CY, MG, Gif-SP, BS, HE, Lims 4 my 6-day prty. Td on floor of limo, CY my head help! Spoons Chris i dnt hve a cide hgha u lso CY my roaddog Peacedog, Limo 4 Chris pr 4 get 4-11-87 Magic mt w/CY, MG, HE. New yrs CR. Theres chesall bvy ur lce, what tme is it? Steves gne Bowldge! lftt Ha Ha! Hg Coll w/CY. lcant see, I hve mass bruises. New CRX Sports Wren like off! Sanfti: pos 3 yrs thnks. MG-dryng a trnk wch. CY I nvr dre sd aggie. I'll always wtch wht tht dntg, w say tht on the dng. lant they special. I love u Chris I love u Mom, Dad, Betty & Bill. Class of 88. Be careful.

Satter, Paige (Paigey, Lucy, Peach)

Band poems, Janet's 9.2, Melissa at After Dark, luv w/ Calhoun, Chinese fire drill, times efly Jerry, 8 ygos with Row, kitch with Shawn, sprained ankle-Fairfeld 86, acoomthng gng, blng em away Bob, good luck Christine, to all my Band buds: 85-91 - I'll miss you!! Stars and stripes, Vntro, ftr m pgs band, fights with Thanasi, I love a parade. Favorites: Alderson, Paines, Knott, Almanza, Pirie, Estes, Mudd, thtre w/ Kim, Ding Dongs, band/orch/pep/band/tuba section lgher 4 years, crew-3 years. FTA-2 years, Leah-same time next year, Kasey-Paigeums loves you, Mom and Dad- This is it, I love you both . . . see you all at the reunion!!!!!!

Savage, Kiko

The gang: RN, JH, RP, BG, JL, RL, DM, TS, DL. Always Frnds no mtrr what-Can we get any Better!-?!? Most memorable Mex trip-Bodacious Tatas Joe drvng & the boat. I'll always luv ya Trisha, 2 bad we clidnt chnge-Thanx 4 the memories. Ultmte Surf trip-Mexico-Estr Vactn, 86 w/the sc team-too bad Ken came a day lte-Heaven is shipwrecks-2nd bst-Mex w/CA, RD, MH, DG Malibu a

little hry, but perfc 38's, Kik, my little Bra, my surf bud, sme ultmte x's 2gethr, esp Mex-U & Tiff 4evr-Tiff bst bud a guy cld hve & thnx 4 the help & support. halloween 87, It was fun! Long live the gang & may we all get what evr we wnt fm this world-oh yea, Rasta 4-ever!!

Schrock, Stephen (Doc, Sarge)

Studs wanna be me. Best friend Mike Thorp, O.K. I drive by braille, where's the party? Banana on sidewalk, I blew my closet doors off, girls watch out we're studs. Best bands Alsan, Mistreated, Megadeth, and Metallica. Notice the chart, Yak Olympics, caution band in progress, what do you play? I sing, I scream my heart out for you, R.O.P. Graphics, How many this prom Mike? Procter Valley Monster, but the numbers go down, Mike. Friends to remember Dan, Mija, Jamie, Brent, Rene, and Vicki. Time goes slow in eternity, Mike, you're next to go. Love you Mom, Dad, Deb, and Christine. Long hair studs rock. Later Helix, I'm on my way to the top.

Schudel, Heather (Heath, Pee-Wee, Sniffles)

Most WONDERFUL friends ever-JJ & AP!! "Us or sports! "Uh-oh, not us! KK-Friends forever & a day-and then some. Luv ME. JH-sweetest guy ever-to think ur such a troublemaker! DO-A Steve Allen kind of guy, youll always B so special to me. ILU. NM-My twin! MC-My surfer bud! SA-Love ya forever babel JM-Always my pal w/the pretty eyes. Thanx 4 Disneyland guys. CP-UR the best. Dont worry. TP-NO, Mickeys not there! Im not a flirt! BP-Whats wrong? Ill find out someday. Thanks JM-Nicest & best punch-maker ever. TV-Going to miss U pulling my hair! SQUEAK! Er-No more headbutts. AM-My wonderfulest Shelby. PS-Shell be here someday. (w/a boy) AS-Flipper, weve gone a long way! KW-LOUIE! Mom, Dad, Burk, Dawn, G&G, Bomber-thanks 4 evry-thing. ILU

Seales, Andy (Roo, Flipper, Banana Man)

Sr Pres, Scrr 2-4, Tennis 2-4, Hmomng; So mny frnds; AS, Tennin Miramar, JR, cnrtrs, Hojo; SS-Crusaders, Must Not Sleep; Hefty; Go Cart; AM-BurpKing, vlybl, Togo; PS-VP, English Mr. GJ-KW ur red, go east! JH-Smmr school, Mupson, Oh My! RK-ASB, Poly Rap, campaign posters; MW-Wing Nun EB-MC, Peds, CC-Nyprth; Bubba; JM-Fluff ur bazoo; YM-Hng in theat; EG-FU, mvies, 3cl, in-the-box; SA, KF, SB-thnks 4 all the lghs Mrs. Karbee ur the bst! H2) plyers-Go Bananas! Tnns-Beat Vahlha! Mom & Dad-I mde it, thnks 4 alwys being there for me, I love u! Mike-Dnt do 2 bad ch? Bye Helix!

Segal, Briar

a few of all the terrific people at Helix: Kary-Thanks 4 all ur hlp. As been . . . I Chad-Sea World 87 yaaa! Troy-I want my \$30, good mcy! Audra-see u @State, vdy ur Zoology. Love u Peter-Embr all the Peacock cuties! They were dnt Tony ur quile w/bby. Five fun! Suzi-AHHHH! Keti-GO trumpets! lls been 1st! Bob-Stay cool, u've been gr8 dnt! Go Seals! Graduation is FINALLY here! All the rest of the bnd buds: Thnks ur the bst! Nvr lets bail this place! Go SDYS best! Stop sayng "Mama" Fairfild prty. Are we going to dwntwn? Where hvr high school gngs. lts helix Helix.

Selfert, Renee

Well kids the yr of 88 has finly cme & not moment 2 soon! Thnx 2 all my biddies, Melissa G, Erika R, Kelle Q, Atole W, Ghada M, Carri E & 2 thes I can be proud of! Melissa thnx 4 being there 4 all 4 yrs, & overcomng ul bck on my Big A Inch wld nvr hve been the same! Hay do u lve any mch? G, G, Giddle & Gina u wanna go & get a cake & then devloppe some pictures?" Thnx Mr. Ray 4 mkg it a fun class "Bnd is beautiful" Thnx Ms. Landry 4 evrythng. Thnx Mom, Dad, & Family 4 gving us the support I needed, & special thnx 2 the 1 I lct: Keti. Thnx 4 always undrstndng me & being there 4 me. I will always love u. Remember: "Love Cats"

Selzer, David (Jan-McKegg)

Journey through Mexico in the summer '87. Señor Frog's Bar and Grill, parasailing, living in Cozumel, the Sports Page, Fandanggo & beach at Playa del Carmen. Decorating Billy's locker, the home of the . . . All the rest of the stuff that we couldn't remember in 5 minutes. It was fun, but there will be more. Jon and Dave.

Sexton, Andy

85 Buds: Andy S., JRB, CL, PS music/music. Tennis, gms, & dncs. 96: 150 3 yrs. — Food. '86 Prty Buds: TH, RS, SN, MP, — Max, excursions w/TH, MP, Ragin' Hopkey House 21st B-day prty. Summer '86 — Hawaii 2 weeks, 9 gallons Zn'it Xmas dance w/TH, 125 rcng. Ski trips — JRB, TH, Big B, Moose H. Summer '87 festive times w/the Hopkey Family. Wtr. ski, Clr. Lake evrydy with MOER. K. rock, Fern G. no surfn' no money 13th lovn' in the lgh ovrntrs 5 plus mnths (wow) S.B. trps. Lov ya M.R. — BB, TH. Bst summer ever. College bound. Thanks for everything — mom. Hey Bro. keep the name going.

Shacklett, Tracy (Treky, Fish)

to KC our times have been mem. Hawali '86, lost bonfires, bus benches, beaches, shopping or library. Helix isn't the same w/o you. To KK times with you have been the best. You're a special person with a bright future. Take your valium JH; WW, AK, KK, TV, ER, DO, JM, KG, MS, HS — oiew, oiew, oiew. Laguna '87, thanx SM you're a beautiful person. NK good luck with your senior year. Muf & Fan connection. Mom and Dad, Reb and Min, thank you so much for your love and support. Hasta Helix, I had a great time.

Shanahan, Scott (Bones)

1986 JV League Champion. Cross country-3, track 3. Good times with DH, BT, TD, GR, & AM. Kinney party. Van-85. Disneyland-Magic Mtn. — 87 w/the guys. Mtn. runs w/coach, BT, TD., & GR. Long bike rides with BT. Thanx Moms, Dads & coaches.

Sheehan, Todd

"The Gang" RN, JL, RL, BG, RP, JH, KS, DK, TG. Fun Times at the beach (OTL), parties, Mex, Page's house, Ledords's House. RN,

RP, DL, OTL teams RN, DL young life junior-OMBAC. RN, RP, OMBAC — we need a new name. So many many more memories . . . so I'll save them. Thanks Coach, JA, DV, AR, RF, DV for helping me grow. Thanks Coach E. I appreciate all your help and your confidence and will never forget it. TZ, MM Bakersfield (Banzai). To all my friends I made while playing football (EB, CL, RM, GJ, RN, TZ, MM, TG, JJ, MJ, DL, PA, PG, UB and the Big Guy AM.) Thanks for being great friends and teammates. Good luck AM, since 8th grade, we've had a lot of fun times. You're a great friend. Thanx Helix, I had a blast.

Stepert, Michael

Its over! clidnt hve d4e it w/ evr my frnds- KK, CG, AM, JM, DO, RC, JH, ER, TV, MT, EG, TZ, JA, JM & mpy others ESPECIALLY KRISTEN! polo-no slg-ll jns, wking on wtr. GET OUT OF MY HSE! polo or swm? no pch 4 Miguel, Kraty & cmp, dat up, already? 1 bickd Sashas shot! B bati, but this ur mch pqly. rnt old CC? Put dwn the rck, mke a pywme! Top dnk lves! Swm, need 4 any vbl plyrs? Specl frnd-Kristen, shnks 4 4000 d4ys, mchdy! Qthr frnds-NK,SB,PS, DB, JJ, HS, Phil Bmep, hty, than chldes! Hayes dth 2 Ehtman! Vdy frn JM, good lck 2 all d4e! Trnsl! Scty, val yes I wnt the addmy, CC, RC, DL

Singleton, Keshona (Kifah, Amani)

Drama Club 87 Trnsl! ST, VP, Bst buds: AK, KM, CT, NM, DH, MM, ZM, KH, KW. "The Gang" Zach stay true but . . . GAMI! KW-ya lve in acct dnc, Mated Evrythngs, ymmase, believe in urs, I do. DH-NO! Jcty! Stnd by me Ropotes! Krissi- 2:30 snk in shopping? Thnks 4 nking all's bits. Amy ur the bst, True frndshp "Always" Pat-keep the fire alid. One "Kick it" smmr! Neda Friend? heath-Bigson! Feet! Luv ya. Christine: Fg 4evr! Katrina & Clan 10st! Michelle & Renee & Rachelle special love & thnks, also to-The Luvcats, Sabos, Sadulista, Sammy Nagel, R. Sexton, Colette especially 4 thnks 4 rle of his 4 yrs & grow. Mom, I love u! u've given me the bst. "D" thnks 4 hngs lve the wild side-My destiny Calls

Sledge, Corylita

Howdy! Its 88! Gick-CW, ER, TB, ES. rmbr whn all else fails, pnt ur nails! Gmpt. 85 Hot tub prty. Goon wedding mnt. Palamar. Oingo Oingo 86 4-87. tee-club! Fnky ornge juice. Hilwn prty 87, x-mas dnce flop 88! Wping 88, lte nte tlks w/CW, drvng the boat. Chinese fire drill & Calaminty lanes. Bon fire in the pk, oh I wsh I was a little bar of soap. bch & chkn fights. Lovers quarells. Baby fce dont lve ur punky CAS. Carrie-its tme u lrn 2 stnd up. Togo in the bk. Blow grass. Hiking in the nite. Magic mt. Cows mt. Dtch me? Carries Empre (Rck out) Futbol 2 wks of freedom no prnts! GOONS! Beep, Beep, nvr grow old, use oil of delAY. CW, all dctrs, gops & Mechns arent jerks! x-mas pizza. BA;s, B-day prty. 5-25-85, Lots of love to BA (Fiance) Bye

Smith, Kimberly

Bst buddies-JR, SM, RE & SA, I love u all. Jenny & Denise running arnd. Dnt u "love-it", then Halloween w/DA. Sch cuties. Being a bch bump is a way of lfe. Kicking-it @ LaJolla, & Sth Missn. Wkly drive-in movie then Robertos 4a bite 2 eat. Spotted by the radio 4 91 & a chnce @ 6 yugos wow! + trip 2 dnylnd. What a day. Toga hmcmg. r we snrs & did we pass? Halloween was nvr better. Rad cncrts, the Cure, Echo, New Order & Gene loves Gezebel. Reyna be wedded 2 a grnt. Steph & Masha, u brats! see ya @ Denny, Thnks mom & Roland, Im not hopeless yet. Love you KG, Bye Helix!

Smith, Michelle (Chelle, Marge, Spud, SeaChell)

Memories-Dave & Chelle; Lise & Andy; Lise-ur always there; David-I love u; Thnks Mr. Faulk- 4evrythng; Mrs. Lee-Thnks 4 being a female chauvinist; Lise-I need a job; OK, if we getta hse-& I know we will!; Any thghts, any anticdotes, any rembrnces?; David-one mens bthrm Uh, well uh-typical male response; STOP dont tickle; NO! Im not ticklish! Lets go t lch!; Chinese food!; No, I cant dtch school 2 day!; Thanx Sonya!; J look mahvelous cahling!; God #\$!?! @-u BOZO!! CHOCOLATE! SWAK attack! David & Lise; Ill love u guys Forever!

Smith, Peter

To Lewis: Disneyland with ACSI, lady in wheelchair, tourists backscene, golf. Briar: Is State worth short stories? Who will get to United first? Band: 4 years is to short for being in band. I wish I could stay longer. Counselers: Thanks for all the help. Keiper: Spanish 1, Saitles, paper airplanes, class outside, polyester. honors classes: Easier than college prep. Thanks for the high GPA. Band Directors: Thanks for the experience Mr. nelson, Mr. Vbovich, Mr. Almanza, Mr. Opher, Mr. Tellinghousen, Mr. Kirk, and Mr. Nadean. Future: USNA, Wheaton, UCSB, or UCI-Champion?

Span, Troy

Band 1-4, Sweepstakes 85-86. Fairfield, fun for years of marching band. Best friends: Jeremy Justenson, Kevin Laney. Roof climbing West Arcadio, Mt. Carmel, back of the bus with the gang. B-day party 3 letters, what a joke. Thanks guys! Reveille 2 am with KS, DA. Trumpet solo, ensemble, straight superior trumpet troop-ers DS, KS, KL, DF, BS, TD rule the band, best section 85-86. The gang! Who are you? 3 cars 4 years, what a risk, the truck was stolen, let's go off Garfield maybe to drop. Great times at Band camp: KP, — 1st day. 4th night girls' cabin, "busted." Wish you were here. Even Jason J. & Darrel Arrozar. Friends forever it's been fun. Helix, I'll miss you. Thanx for helping me, Mom & Dad. I love you both. Thank God I passed.

St. Clair, Cory

Best friends: JC, PL, PP, JD, TP, FK. Best times with Joe, when we would go out with Tony's friends. Remember the time at Nancy's house? When we went to the bachelor parties, we shouldn't have left so early. Helping work on Paul's BSA's. Going out with Paul and Paul and Jaime to the concerts at State. "I didn't think it would open. Skating the ramps with Paul. "I'm a quick learner." Going to parties, and charging people to get in. I would always make a nice pocket full of money. Going out with Joe and Paul and



getting all those tires, 3 white walls in one night. Too much more to write. I love you, Mom. See ya, Helix.

#### Steele, Dawn

Working on my adopted parents' race car. The 2 hour sentencings by my dad. Sis, I always had fun with you except for the black flags. Toni and Ivan, Gay will win the point standings this season. To all my friends: L.B., J.E., K.W., T.C., M.G., I.H., and T.A., thank you for listening to all my problems. 35 on the freeway. The first time I was kissed by Gay. To all my teachers I have and had, Thanks. Becky, Amy, and I at Dee's house with the snake under Becky's chair. To my grandmother: Thank you for all the senior presents. I love you. To Mom, Dad, and Bill: Thanks for all the fun times we had. I love you. Bye, Helix! I will miss you.

#### Stevenson, Karin

Best buds: PC, ME, HB, BB, LD, DT, RR, and DS, MS. You guys gave me the best times. Remember all parties and concerts. Fiesta Island, Mariner's pt! Hey Betty?? Denney's at 3:00 am YUCK! Mission Beach on the "wall" — summer '86. Megadeath in S.M., Triumph, Whitesnake, Motley Crue and Britton. Valley Boys, DC, RR, TB. Hey Blondie! Xmas Dance '85 and senior prom. So your parents are gon? Party at the Stardust — or anyway. Puerto Nuevo lobster — giggle. You ... too much. OH fx@?! it's the cops — too bad. Baja's & 4x4's. Hey, let's party on Meadowbrook. Please, PC, don't drive. Tweeker! you're such a wanker! Punk shows and rock concerts. Party at P.C.'s house — Anarchy in L.M. Thanx Mom & Dad for support. Bye, Helix. It was an experience!

#### Steiringer, Erik

Freshman year at Lutheran High. First dance and meeting "Bon-eski". Final member of "The look ... Most Prestigious Club on Campus." Sadie Hawkin's Day, trying to breath in no air. New school. Leaving behind Tim Martin, Julie Dimette and Fred Palenschat. Jason and "Mr. Shulteis- his wife!" CABC with Craig, Sean, Stormy. Good friends: Mei, Nicole, Frederick, Robert. See you during Europareise '88! Seio and one month with Sakamo. Special thanks to Jason, without whom I wouldn't have survived my junior year. Davide- "Is there a party ... on Monday?" Going around corners- "Hi Dad!" Nikki, Katja, Frederick, Gustavo, Vesa, Marko. "Gustavo, so your Dad is the President of Colombia?" Thanks Mom and Dad, who were wise enough to let me go to Helix. Aufwieder-schreiben!

#### Sufeka, Czarina

Best buds: JN, PV, AC, DE, DM, MR, HA, JR, MM ... anybody I forgot, your still in my heart! Summer of '87 w/ Alicia, Deanna, Helen. Chicano Park crusing Crosby, fine CHOLITOS, getting stranded in Chicano Park: "Don't leave me!", meeting guyz, starting fights, shoot out in Martin's convertible, crushing into the bug "look out" late nights with the girls, getting in trouble by throwing rocks (74) late Friday nights at Bahia, Sunday nights Chicano Park, Golden Hills, Tony's corner, "Mexican mafia", pushing convertible on Highland, hiding from Jose, running to Martin. Different guys every weekend and the list goes on. Special thanks to Mom and Ara. To mi primer amor Martin, meeting you was the best thing that ever happened to me ILU

#### Sullivan, Derek

First of all thanx to friends AM, CL, SP, SE, ML, SR, CM, SM, BL, LS, RS, and SR for sticking with me. Steph, we haven't finished swimming yet! Why does Kermit have plastic eyes? 1,2,3, well! Way to go Church Lady (right Tim?) Where's Chasley? Janet Br, Scott! Janet! Brad! Rocky! Unh! Parties at my house! Exploding brocoli! You like who Crystal? Stratus- yea for the droppouts! Shrimp cocktail sauce, whip cream and other wonderful foods! Right Step? She was only 15?!! Rachel- all those trips to the movies that ended up in bankruptcy at Tower Records! Todd!! Sundaes in the parking lot! Crystal- I love you! Helix, it's been an experience! Hasta la vista!

#### Swaney, Heather (H2, Wally)

Special friends: HPo, SW, HP, TR, MG, PE, PH, PM, JM, & of course JS. Camp '85 WES! CCYM 1/2/86. Me! "You really pulled me out of that one!" 16th B-Day YD celebration. DE "Let's try Sci-ence one more time!" 6/16/86 "I did it!" Conference '86 w/ AM. Met MSI Lunch on the grass w/ HPo. Missionfield. MDE moustard? "You have to go again?" H & 4w picnic in the park. Xmas Dance '86 w/ MSI 6 months! YPC '87 "You going where?" Egypt bound" HPo- "Surprise!" SW- "I LOVE JESUS TOO" MS '82 HS forever! 6/20/87! "Sorry I won't live like that!" 9/12/87 MM "Thanks for being there for me when I needed you the most!" HPo, SW, & HS- "The three amigos!" "The bryonethanana!" HP, SW, HP, TR, & HS- "The M&M luge!" AN- "Pee & King So involved, yet not!" JM- "It can only get better from here!" College bound! \$20,000- scholarship to AP "ATASKA!! JEN- "I love you! Rembe, ill always be there for you!" M&D "You both are the best! I LOVE YOU! "Christ- "THANKS for the guiding light!" BYE HHS!

#### Thiem, Michael

Special friends, Chris Mike, Gina, Paula, leslie, and my best bud Robbie Great times, wild nights, parties for 2. The 3 amigos, Scamp, and green limosine, rad times in TJ, fast cars, great girls, and cool teachers. Thanks to all my friends for sticking with me through the good and bad times. Thank you Lord for bringing Debbie Debbie into my life with her understanding and love. I love you Debbie and hope were together forever. A special thanks to Robbie for being there when i needed him. Helix is the best, and I will never forget all the lessons it taught me. So a thankful good bye to the class of 88. The party shall live on.

#### Thompson, Elizabeth

Robert my lover and friend, we have what many people search for, true ever lasting love. In my heart I love you always. To our future plans together, we will make it work because love does not decrease with time it grows. Your my baby, I love you! Michelle, remember sidewalk rides (wrong way), motorcycle rides to San

Diego, Kennsington etc ... High days and nights, mud wrestling in suede and cotton at B.B house. Love ya. Kerry, we had a lot of fun times in tenth grade. Stay sweet and beautiful, Love ya always. Mom even though I am never home, and I don't say I care enough, I want you to know I love you!

#### Thorsen, Tricia

Mom I love you, Thank you for everything. Jim how can I forget your good advice. Dad I am proud to be your daughter. Barry my only brother your the best. Leeann, thanks for being a good friend. I am looking ahead now and nothing can stop me I love you all!

#### Thumalu, Daniel Paul (Samoa)

Activities, FB 3.4, BB 2.3.4, JVFB 2 JVBB 1.2, Lettermens club 3.4, Memories, Too many to remember Vacations and field trips w/ Kevin Kim when are we going out? Zach WHAT A YA DOIN?!? Robbie whats up fish? Leash and Diana, thanks for the letters and then some. Marie thanks for all the memories you sports freak. Anthony and Coach Rod thanks for all the fun times and the meals you Pestuches. Well Marty, its been awhile. To my B Ball buds, Dine and Ditch lets go party. Marci, sorry are we still friends? Ena thanks for always being there. Christina I still can stick you. Diana do you have a boy friend. Jason Q, who is the king, Chuck, Kevin, Doug, get off you awesome wrestlers. Thanks to all my coaches. Special thanks to my Brothers, Sisters, Nephews, Nieces, and especially Mom and Dad for making my life worth while. I love you all. Thank you God for being with me all the way.

#### Toledo, Haydee

Best friends, LL, ME, AT, TS. Thank you guys for being such special friends. Liz thanks for helping me out. Tina I did not forget you thanks for being my good friend. Lee and Lopez keep it cool. Thanks Mom and Lucy for making it possible and giving us what we need. We love you Mom. NY #1, Ricans all the way. P.R.S. Class of 88, Thank God we made it.

#### Tonkoitch, Matt

Freshman year: The beginning. Lunch in front of general Ed: cheese pokes on Thornburgh. Dork o Rama: Summer school, the typing class. Gag! Sophmore year: the turning point. Howies class, Mac death, Utopia (get a porsche, Matt), Fun times on CSF (The Sea World trip). Summer school, The Jeadeaskip clips. Lots of fun, even with Frankie the Fairie! Junior year: The awakening. A.P. History with Mrs. Lee! Goin' but worth it. English-ahlmah roel! Quit the route, work at Best. 5 months was plenty. NO SUMMER SCHOOL! Worked at Dixeline. Gbt the car- 67 Pontiat. Senior year: The climax. Frenz TV, AM, KG GOOD BYE HELIX.

#### Tran, Nina

To Helix, 4 yrs of High School, I have been dependent all my life and I would like to dedicate my senior year to my family and my good buddy Victor. Remember the good times we had at the parties, battle fights to the others! Lunch crech, dreamman and our future. Special thanx to my parents you are great! Chieu, I luv you! We have been together for 2 yrs now, U give me courage to stand and help me in the world and in school. T.J. cruising, movies, spending xmas with your family. A wonderful gift, my B-day in Enseñada and Disneyland. It was fun, I will never forget U. To my friends: Andy E. and Rhonda E. and Elizabeth. "What's for H.W." Good luck, I finally made it, the future is waiting, see ya buddies. College here I come.

#### Turner, Christi

Special friends- KC, AG, KS, LK, TB, LL, KC, MA, NM, TC, KM, KH, Guys, EG, CG. How you both. Mazatlan with AG "Chicken" Kat my B/F. Want some candy? Fridays with KS, only fun! pizza! LL new years ... fun. Well, I don't know! Kim remember PEE WEE? laura cute, hot, silly, fixing to what? Neda do u want wheaties, I do. Eddie, thank u everything. Craig, only warm memories of you. Ladies nite out KC, MV good x's. Mich stay crazy! Goy the party hat. Ans? Kat I luv u, always there, helped me grow, forever in my heart! New friend KK your so special to me, keep smiling! LL thanx for teaching me to be me. Luv u M and D. Thanx Helix. My future awaits.

#### Upchurch, Elizabeth

What thud dah. 4 yrs have never been longer, but we made it! The terrible trio-cabbage, raisini, dum, having some fun at the zoo, and being filmed on S.D. at large. Living in the fast lane during the summer of '85! The irie Rainbow Warriors, raggae never sound so righteous! Spcl frnds HO, DB, KM! growing up with good people! In memory of my 1st love SM, who only had 20 yrs. I hope we meet again. Not to be forgotten KC, SC, AS, MA, RA, KM, RP, CK, BL. PROM JJ, JM, RN, Mr Benson not to be 4gotten. 2 Mom, Dad, Shawn and the new baby, I luv u. 2 Helix C-ya

#### Usquiano, Christina (Ena)

'85-'86 V BB, thanx Coach Singer and Frank 4 all your help. BB buds — BP, AC, KR, KP, DR, JS, TM, RP, DT, MA. To bst frd Brandi, take care it was fun. 1st luv Pat, new yrs, windows, Micki Da, it was great. Terry Mack, thanx 4 being there during the hard times, you'll always be very spcl 2 me. To cousin Kris, it's been and experience, all always regret. Sweetwater looking good! nice stunt Reino! Thanx Mom and Uncle Tony I luv u both. 2 my sisters, Lisa, April, even u Marci, and Rob to. Take care, I luv u all. Ruben, no jealousy, please, I luv u, Bye Helix.

#### Valbaena, Gustavo

To be an exchange student is difficult. Thanks to my friends and everyone who helped me. If you want to come to Colombia, U R welcome at my house. California girls u r great, don't u want a Colombian boyfriend. Those guys are great. The best girl in the entire world is Isabel Cristina, thanx Danny u r my best friend and also my best brother. Be an exchange student, it's great. That is the most marvelous experience. This year was the best of my life.

#### Vaughan, Travis

Where 2 start? Helix is great! never 4get choir — Mad Dog tenors,

Pops '85-'88 Awesome! 1000 voice — bad music, good times. Never 4get Das Catalina Boot. Disneyland '86 — LH, JB, CM — nice! Remember the list. Tennis '86, great times, James Bond kinda stuff! Am — the fence is your friend! Track '87 RM, — EB, TV, can't wait till '88! long live the group — ER, WW, KK, JH, DO, MS, TB, KG, NK, DS, TS, HS, JJ, JM, PD, GH, MT, JB, JM, JA. Summer '87 was beachin! Whut? V-ball body wompin, the store, gross cheerleader games, six and violets — yeah Torb! Wade "wanna do something" Golfing, KK fastest golfer in history. Pic-tionary with Joel's cousin Freddy Kreugere. Yo cango! your systems weak Yo Dan bust a move! Groom Richard's Toupee! Good luck next year to DS, NK, LH, LT, and especially KG — you r the best! C-ya Helix.

#### Vessa, Max

Things started hard but only got better, from my frosh year I know I've have learned about life and people. From the bad times to the good, Here I am finally a winner. Good luck Helix drumline 4 yrs 2 come and good luck 2 JR, JL, SH, RU, KE. BUT now it is time 2 go 2 bigger things in bigger places. I wish all u guys good luck in life and special thanx to Mr A, Thanx ... Pearl drums and pastie cymbals, Mad MV.

#### Villaringo, Paolo

Special homegirls — CS, MR, DE, JN, AC, DM LET's go on. Going 2 Costa Rica, Inetelina Ine Vatos ... ditching night school, being Attacked by Miguel. Having a crush on short men. Getting stranded to Chicano park. Going 2 T.J 17 B-day Getting happy sitting in Martin's cella all day. "DON'T worry I can fix it" Cruzing in Miguel's blazer to the beach. Special day Dec. 19 meeting Angel. Being asked on May 28, getting up and calling everyone "what about last night." Thank Mom and Dad 4 always being there. Y mi primer Amor Angel Reyes being with u hasido lo mejor que me ha pasado. Look out world here I come!

#### Virgin, Melonie (Mel, Mel-Bel, Melonhead)

Frenz I remember — KC, CT, KC, KH, PV, AG. U TOUCHED my life and have given me the best times 2 remember. Kim my best frnd, UR the gr8est. We have so many memories 2gether & therez still more 2 come. CT (homes) could'nt of made it w/ out u, summer '86 we were inseperable. KC — 3 yrs in a row. PV — thanx 4 being there, AG — nice tan, UR so cool, Cheer JV '85-'86 V '87-'88. The fantastic 12, best squad ever. NCA 1st place beat UNI. Let's up, look out Dallas here we come. Ladies nite out, everone's staying at Mel's, movies, dancing, spol talks, walking in the rain, sunset cliffs, who could ever 4get. Joesph my 1st & only luv, my other 1/2 we've shared so many spcl moments and we still have a lffe time ahead of us, we'll last 4ever. Mom/Dad u've put up w/so much thanx 4 everything. W/ out your luv & support, none of these last 4yrs would of meant anything — I LUV U.

#### Wacklor, Rebecca (Beck, Concheta)

Thanx Ankh — Omega 4 all the good times! spcl frnds — Davie, Mony, Greg, Rich & Quiz. I'm the lat 2 go. DD — 1st Mex trip 4 weapons. Goin west 2 the Condo — La Jolla. My fave cool R'S peachy huh! RTFW 87 w/DD, MC, MQ, summer 87 La Jolla w/DD I'm only 1 shade darker than a corpse 1st luv CD, then MC & CA. In luv w/PG 3 yrs. Span w/ PG, PE, CR & LG. JVs-ball, bud Amy P, trading pants, yougart mill b4 games, lunch lunch w/ Arpie, Beecha the lost tribe, Nigeria. Lurches w/M&C — eyes 2 remember — Yaverra, M's dad the little punker dude. The day Carmen fell on her face. Guys in white BMW, yuck late nite study buddy Marisa — thanx Tartan '87, '88. May Prince never die. It's time to cut the gig, so hasta Helix.

#### Walker W. Emmett

Frenz — DR, DH, TD, KB, TB, JS, JMG, BS, LF, KL, SJ, KA, DS, OS, KK, QW, AJ, HW, KS, \$4th per. Eng. w/KH, GM, RB, TJ, JH, JC, AD, MA, CD, RP, & MRS Mann eatin bananas & cheese w/Mrs. Brodwolf. 6th per. photo w/EA, LL, MJ, EJ, GM, TW, AS, LL, OT, RS, GO, & last but not least this 1 is 4 Mark — Jose Remem. bal. on the hill Christina's party, Tueke's party all the great times at your house. Good luck next yr. P.S. I luv u Mom & Dad & as 4 u big sis a pict. is worth a 1,000 wrds. I won't 4get u Brenda. Metallica rules. I'm outta here, '88' it's been great.

#### Walker, Sonya

Still just a kid life in the fast lane, Carol I miss u 2 many memories 2 write double trouble, shopping sprees, spending the night, little house parties, softball tournaments. 2 much fun cruzin w/Neena & Dames, long nights of frogger. thanx 4 everything "come over here" Fiesta, vacation, marines, mission beach, tring 2 meet Pat & finally did, Kauai nights, ship-wreck beach, running scared w/sky, cow pastures, cruzing & more cruzing Motley Crue dude. Jason my 1st luv & I & only, who gives me everything & more. The wild & crazy things we've done & will be doing & of course 2 Mom, Dad, thank u 4 helping me in lifel luv U.

#### Wallace, Ann (Annie)

"Lucy" spcl frnds — Deb thanx our Jr yr was best remember FF(rv, sport (bear Peter pan), then clh & mt. It was fun. Thanx 2 our bros. Mike & Jeff. Kurt your very spcl, luv ya. Chuck thanx 4 being there, your prayers made the difference all y luv. Thanx to Mr Boone, Mrs Hume & Mrs Drake, U put up w/me & taught me so much. I luv u all Renee we made it!!! I luv ya sis, we had a blast. C.L.H. I luv u 4ever. Had fun Helix. Luv u all. Toodles!!!

#### Watson, Peter

"I have a ... " Best frnd TZ. memories: 9th grade we own part of this school, Individually. 10th — trips 2 Gommara & other silly places. 11th girlfrnds (commitment mode) 12th the rest is history. Drama plays & people. It was lot's of fun. All my frnd over the yrs. U have been gr8 Europe an unforgettable place. Jared may the flam rule under a flag of black. I'm glad we're still frnds after so long good frnds — CL, KC, JM, SC, KS, KM, RB, & all the rest. Goodbye every1. Goodbye Helix. I luv u Mom & Paul, Dad & Grandma, (Christie 2) B:YE!!



**Weast, Jennifer**

No Kathy there is nothing on your face. Helix was gr8, Rhonda funny! Bagpipes. Thank u Mom & Dad. mad dogs Good luck 2 Donnivan and the Saints Debby (Debit) accounting was fun. All my frnds u r all spcl. I'm super duper glad I came 2 Helix. U can be anything u want 2 be if u put your mind to it!!!!

**Walsh, Kevin (Karmit, Walshter)**

Hey Mics — Zach, Doug, Matt, Pat, Amy, Krishna, Krissi, Gil, JAMIE. Tanx-u guys r Sprusie! wrsting 84-88 no more raisen lips. Smmr 87-Bon-fires & Hendrix w/the gang. Wheres my . . . ? When do I get my braces off? When can I clean Robertos again? Yo Mamie & Papie. I love & appreciate ya alwhez. Cause of u my is "Kickin it" All I want 2 do it party, so we had a real big 1! & 800 wrth of fun. Jesepie , Jepetto, Ragu, Joel & all the rest of u artsie fartsies. Don't be Lo Disin me! Im leaving Helix . . . High school!

**Weeks, Carrie (Careless, Sam)**

Good x's w/Ilana & Beth at beach, togas, Hawaii spring break '86 summer '86 Carolyns driving lessons in boat "where's the brake," stuck in ditch, Calamity Janes, Antonios Hacienda late nite talks if all else fails paint your nails. Summer 87 best ever CS parents gone 2 wks of freedom! Beach fires Nat'l budget Inn, Bretts s'prise party @ Plaza Internation'l OUJA, Tripoly, lake @ nite-frog hunt Hiking @ nite w/Zach (Huck Finn) ditch 4 Ich w/ Marty. Oingo Boingo concert, Clyn bat rnd so proud of u Johnny bro. & co.-pilot. Doc advice & hugs. Jen bio bud, Marc it's been crazy but I luv U. BA, TS, DS, JP, & all the gang, thanx 4 gr8 x's I luv u Beep beep bye.

**Werdick, Grant**

We're finally Sr. it's been fun W/frnds like BG, KS, RM, TH, HS, NM, EF, 4 yr honors CR, LO, RN, DOI, ST, JS, ES, TM, DB, Chris your a gr8 frnd, I'll never 4 get our frndship. Beach house 86, Dan we've been 2gether since 9th, through thick and think your a gr8 frnd. Sean thanx 4 being there, don't 4get Catalina. Luc it's been a blast ever since 9th. Oceanography rules, beach house 86, 87 good luck. Heather sorry 4 the hard x's in Bassgalls, Kiko luv that Sociology class! Eric don't consume 2 much. John don't 4get skiing BB. Mrs Hayes thanx 4 all the patience Mom, Dad thanx 4 the support. Brad good luck in a few years.

**Williams, Tara**

Lady devastator, 2 all the homies that kicked it at me & Jason's crib we had fun. The good x's r gone. Lashare, Eddren, Mike, Dion those rappin days. X's w/Mid city Michael, LaTonya, Sade, Charlie, Fletcher those chaka days. 2 the coolest tacher my mom Mrs Clark Edwards your help is never 4-gotten. Sr. ditch day 86. Special thanx to Steve Cotter & Ric Rushing. Thanx 4 the help in English & 2 the luv of my life Damon Roach, we have been through a lot 2gether, thank u 4 sticking by my side. I luv u 4ever. 2 my parents, thanx I appreciate U & your help. The king u really can cheer me up. Gary S. A true friend.

**Williford, Wade (Trout, Road Warrior)**

Soccer 3, Tennis 4, yogart mill, crash lmy bug, bye right fender,

beaching it, volley ball. Body wumping, marshmellow fight, John don't trip, Carls Jr bottomless drinks. Don't 4get your cup. Golf at SH & Navajo, throwing clubs watchout. Ed. Otter camel clutch, Ed watch out again. Sayings — Oooh Myy! I'm sorry! Whut, Six & Violets. Groom Richard's Toupee! Frnds — JH drug song, yo your systems weak. KK ski bud & soccer scab JM skiing in Utah, DO the buddy Biancalanna fan club. MS squirt gun wars, RT lok out 4 the trash can, MW Halloween 87, cheerleading bud! AS, TV, ER, GH, CC, & ;the lunch crew. 2 much 1 mention! Good luck 2 MF, DS, NK — ski bud in Utah, & KG thanx 4 everything. Thanx Mom! Good bye Helix.

**Teaque, Yvonne Willrich**

AI YIY IY!! FROM TIGHT PURPLE SWESTERS 2 BLUE HAIR, TEDDY BEARS & BEYOND, WE DID, WELL MOST OF IT. 2 F. Lueke, the Debonair, A. Larivee the energetic, D. Landry, the invisible, M. Mann the gr8, M. Lee the challenging & Howie the ? . 4 education. 2KW, JR, JS, DC, AM, JL, KM, 4 trust and frndship. 2 Bowie & the Talking heads 4 making sense out of this mess. 2 Ariane, Mutti 3 Joel, I could'nt have made it w/out u, & your luv in the immortal wrds of mame: LIVE, LIVE, LIVE!

**Winnie, Nicole**

I finally made it 2 my inspirations Mom, Brian, my family & the Sams Family, thanx 4 all your help. Spcl thanx 2 Ms B. & Singer 4 keeping my spirits & confidence up. 2 the luv of my life Brian, I could never of asked 4 anyone better. Through good & bad we'll always be 2gether & there 4 each other. I luv u very much. Good buds — SB, SG, LC, AP, MP bye Helix. Watch out world!

Wooten, Brent (MOJO, WOOMAN, WOO, BWENT, SASQUACH) I'm outta here, king MOJO, NO SUBSTITUTES. Bad brains miracle legion, Gr8ful Dead, Janes addiction fiction. KCR99 in cable. CERWIN VEGA. Finally an oil change Eric Chrysler. Steely Dan. Do the Hamster dude! Doses head ups, Hiking in Samoh. Rapping Mission Bay Often I've begun 2 wonder just who is talking when u speak. The grass SDSU, bathroom window @ KCR. Soap Exchange 44 hrs. Pykles 43. Off roading & the last time, long strange trips. Camping out 4 tickets. (Playing backy oops) Lower records stable guns, Donuts lead 2 yacking. "al I ever wanted was the girl next door" The nose body bag. Can u speak English? 747474560. It's babe isn't it? Blues Bros. The Jetz.

**Worthington, Kristina**

Well guys it's been fun but now it is time 2 join & how this popsicle stand. Thanx 2 all my buds 4 making these 4 yrs tons of fun & blow right by. PS thanx 4 always being there & a true frnd. oops the slurpee, it's all over everywhere. & I wasn't holding it. TB 2 many fun couc'terts. "Hey, wete did my candy go?" LOUIE (Heather) the sang'bligade-lytes. Member the look on AS face at Farrells, spit on the jacket 2 Ervies Halloween 87, Ronnie watch out 4 the truck. ph we'll it's just a little danc. I'm always rmbr Drake's class. Quit the Kling me. Krishna & Stacey r we going in the right direction, yes, np, just relax OK. Thanx Dad & Mom 4 always being there & helping me through it all! I luv u mucho, Karilga & frog I luv u 2. good luck 2 yrs 2 go. GOOD HELIX.

**Wu, Ming**

CC, RC, JG, DO, KK, WW, RT, AM, EB, GH, PD, JM, AB, DL, AS, & other frnds, thanx 4 the gr8 yrs. Blisseous Seacumbereous was a fun class. Dan don't 4get the pine. Congrats on league polo. rich "Bring it on baby" CIF tennis Helix #1 Numbers is mine, ASB, thanx 4 all the work loads, Chris, sweet homecoming court 87. Ho 'bout AP English? Yuck. Tennis league, champ. is ours. Hawaii? yeah. Ming Wu production, "she is hot," James & Rich "What happened 2 the tree?" Bahdunia pants shirt & Glubby hat. yea, David don't ask?'s. The SOL theory still works! JJ, HS, SA, thanx 4 the help in ASB, Mrs. Larivee UK the best. Thanx 2 all my teachers U've been gr8. Munson sweet retirement, don't clime 2 fast! Thanx again 2 all frnds & teachers. High School is no fun w/ out U!!!

**Wynn, Stephanie**

Spcl frnd: MW, HP, HR, HS, SG, JG, KE, & MW of course! fun x's on Stanford St! Grusin w/ midnight brawls, & w/ A. Taco sauce, Saturday night dances. Hey Mel no it's not! Shah needs some air? Long talks, bad walle, sorry it's all over! post. Heather can I borrow your purse? Not this out of aont to!! Beep Football games HS's galopys th. doh! u wish your t-fodies. Late 4 1st per. again. HI Stadst says I'll miss sac R (Jack who, Nick who) Cemetary time, (sniff, sniff) LHM the ltmn was 2. KC fun x's at tournaments. 4 PW's new yrs 87. Thahat Melissa 4 being my best frnd! thanx Mom, Dad and the rest of my family! I luv u guys.

**Yehard, Eugene**

2 All my bouffant frnds, Michelle, Heather, Teresa — Concheta/ Becky & everybody else 2 but I don't want 2 waste space, thanx 4 the memories. ORANGE SODA Hitting firebird — Teresa. LIMO DED MHLKMN, deans dream! & the retard rochelles singing 70's time warp. I hope 44 — CWRLD — same here me El Cult PEASE TA-LOOS, book "Diores" JDean, AWarol, Eddie, PTosh, MMonroe mustard fshell pizzz. Don't bother me while I'm drinking unless en' drinkng SMITHS. hey mom get off my back, theres a monkey there already. EISENHOWER — SH AS — ARE EVADE CHEE RUMA AU REVTOR MUMFER DOGS, I heard the fat lady sing and if s'over, As Dennis Miller says "I'm OUTTA HERE!!!

**Zeddies, Tim**

I have a . . . ". rad x's w/PW, cab w/ KK & PW, I-opening x's in "odd country" Hey boy, well Derick isn't that spcl, Bakersfield w/ MM & TS (your all wet Italian) heart 2 heart talks w/SM, screaming on Oct 31, 87 at movies. Lines & dots w/SS (I'm better) Mid-life crisis, not again! lost in luv w/NR. "Honorary Hooker" 4 ever. Deep talks & unconsciousness w/JL. (that's right boy) Sgeegy & attend lady. Thanx 4 everything coaches (JA, JS, FT, DV, DV.) Crisy, the king! best buds, good luck (PW, JL, TS, SS, RP, CL, KK, JO, KC, SM, Hookers, RM, EB, TG, KC, MV, RC, CC, PS, KW, MS, RL, JM, MM, SC, EE, & all my other frnds) Luv & Rockets 4ever. Thanx 4 everything Mom & Dad I luv u both. Good luck Tony, I luv U. Good bye Helix and thank U 4 Helping me grow.





# Seniors At Work

## Day in the Life



Many seniors at Helix high school performed a delicate balancing act between school and work. Cars, plans for college, dates and clothes are constantly invading the teenager's wallet. These financial demands persuaded many Highlanders to make sacrifices to join the job market. As senior Matt Tonkavich said, "Because I work, I can't participate in other extracurricular activities." "Working and going to school are the ultimate test of a person's endurance," said Greg Halterman. To work or not to work? The choice is yours.

(Above) Eric Sandoval does his part to get you Domino's pizza there when you want it. (Left) Becky Wacklor bags at Food Basket. (Right) Dan Omahen works at Family Fun Center. (Below) Johanne Bechtol and Vicki Nowakowski work at Jack in the Box.





# ... Of a Senior



I scream, you scream, we all scream for ice cream! (Above) Krishna Foster, Ann O'Gorman and Amy Hartig present frozen desserts at Baskin Robbins. (Right) Pat Sanford buses at Farrell's. (Far right) Marisa Cimmarrusti fills an order at Yougurt Mill IV.



## Stress! Stress! Stress! Stress!



The words senior and stress are tightly intertwined. At times, the final preparations for and challenges to be faced upon graduation are overwhelming.

Many seniors pondered the question; "Should I go to college or not?" If the answer was yes, some seniors found preparing for the endeavour quite stressful. Throughout the year, seniors geared up for their final attempts at conquering the SAT and other standardized tests. "The competition towards college admission is fierce these days and the higher your score, the better your chance. Because of this, your entire future can be determined in one Saturday morning," explains how Gustavo Valbuena felt about the examinations. Seniors also spent late nights and early mornings filling out college and/or scholarship applications. Estie Holiday expresses rapidly approaching application deadlines as a source of frustration for her. There were thousands of attractive schools and if a student was accepted to more than one of them, the senior was forced to pick only one. Counselors and parents reminded them, "This is probably one of the most important decisions you will ever make."

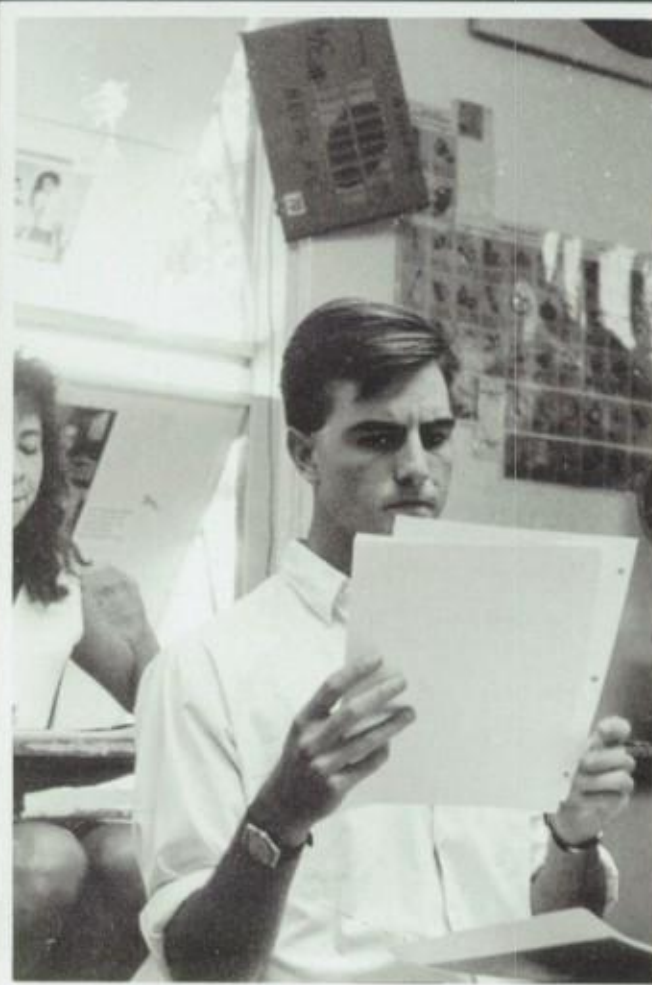
Social events are important to most seniors. Stacey Anderson pointed out, "The prom is a really hyped up event in our society, so naturally you want it to have pleasant memories." Clothing, colors, dining arrangements and transportation must all be arranged. All are factors that add to the frustration of a person preparing for the prom.







# SENTINORS OF '88



**Class of '88  
The Memories Never End.**







# Highlanders seek girls' cross country crown

The Helix High girls' cross country team, following a strong showing at the Mount San Antonio College Relays in Walnut over the weekend, can complete a perfect Grossmont League dual-meet season in the final regular event of the year. However, the Highlanders, paced by league-leader Jenny Berry, must get by second-standing Santana to post an 8-0 mark. The Sultans (7-1) placed second in its division at Mount SAC. They are backed by senior Catherine Rico, who has come off early season injury woes to win three consecutive races. El Cajon Valley will host the battle of team leaders at Lindo Lake Park, starting at 3:30 p.m.

The Daily Californian

## Coaches' All-Grossmont League 3A Football Teams

FIRST TEAM OFFENSE				
Pos	Name	School	Hgt	Wgt Year
WR	Todd Sheehan	Helix	5-10	165 12
WR	James Fraser	Monte Vista	6-0	165 12
C	Ron Meinung	Helix	6-1	210 12
G	Erk Bliss	Helix	6-3	230 12
G	Doug Kemp	Mount Miguel	6-2	200 11
T	Brian Hay	Helix	6-3	210 11
T	Kenny James	Mount Miguel	6-4	230 11
RB	Brian Giles	Granite Hills	5-9	175 11
RB	Anthony Williams	Mount Miguel	5-8	160 12
RB	Spike Mitchell	Helix	5-9	190 11
QB	Tim Zeddies	Helix	6-1	190 12
PK	Jesus Alvarez	Mount Miguel	5-8	153 12

SECOND TEAM OFFENSE				
Pos	Name	School	Hgt	Wgt Year
WR	Joe Church	Santana	6-3	182 12
WR	Ed Evilsizer	Helix	6-0	175 11
C	Scott Friedrichson	Santana	6-2	224 12
G	Bryan Bounds	Granite Hills	5-10	166 12
G	Roger Dodd	Monte Vista	5-11	190 12
T	Eddie Ayala	Granite Hills	6-2	208 11
T	Ishi Gordon	Monte Vista	5-11	210 12
RB	Alex Rohrke	Monte Vista	5-11	185 12
RB	Eric Coffey	Monte Vista	5-9	160 12
RB	Steve Cardoza	Santana	5-8	154 11
QB	Anthony Rivera	Mount Miguel	5-11	160 12

**Offensive Player of the Year**  
Todd Sheehan, Helix

FIRST TEAM DEFENSE				
Pos	Name	School	Hgt	Wgt Year
DL	Eric Parker	Mount Miguel	5-4 1/2	189 12
DL	Erik Stottlemeyer	Mount Miguel	5-10	190 12
DL	Bruce Marshall	Helix	6-0	180 11
LB	Adam Wilson	Mount Miguel	6-0	198 12
LB	Haywood Mathis	Mount Miguel	6-3	195 12
LB	Jason Munoz	Granite Hills	6-2	215 12
LB	Andy Heacock	Santana	6-1	180 12
LB	Brad Gunn	Helix	6-0	200 12
DB	Robert Griffith	Mount Miguel	5-9	155 12
DB	Calvin Clements	Mount Miguel	5-8	135 12
DB	Robby Christian	Granite Hills	5-7	146 11

SECOND TEAM DEFENSE				
Pos	Name	School	Hgt	Wgt Year
DL	Kevin Knight	Helix	5-11	185 12
DL	Jason Neuenswander	Santana	6-2	186 12
DL	Dru Williams	Monte Vista	6-0	175 12
LB	David Taylor	Helix	5-10	160 11
LB	Alex Rohrke	Monte Vista	5-11	185 12
LB	Tim Fletcher	Mount Miguel	6-0	180 11
LB	Pete Stacey	Granite Hills	6-2	185 12
LB	Mike Murphy	Helix	5-11	195 12
DB	Troy Lynn	Granite Hills	5-9	168 12
DB	James Fraser	Monte Vista	6-0	165 12
DB	Monte Degree	Mount Miguel	5-9	160 12

**Defensive Player of the Year**  
Adam Wilson, Mount Miguel  
Haywood Mathis, Mount Miguel

### HONORABLE MENTION

Mount Miguel: Devin Rainer, 12; Joe Castillo, 12; Raymond Caraway, 12.  
Helix: Jim Pekelder, 12; Dan Tumaku, 12; Chuck Leptich, 12.  
Monte Vista: Paul Odish, 12; Shawn Owen, 12; Haidu Johnson, 12.

Granite Hills: Gabe Cupp, 11; Mark Phillips, 11; Ron Breun, 12.  
Santana: Dennis Spicuzza, 12; Phil Jones, 12; Tony Burson, 12.

The Daily Californian





# Outstanding Senior Athlete Candidates



Erik Bliss  
Football, Wrestling,  
Track



Torben Bruck  
Swimming



Kenny Carlile  
Wrestling



Chris Carlson  
Basketball, Tennis



Marie Cortez  
Volleyball, Softball



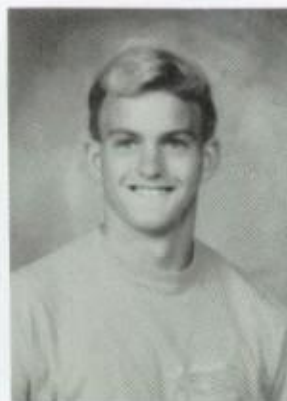
Rich Cryer  
Basketball, Tennis



Heather Eastin  
Softball, Soccer



Krishna Foster  
Cross-Country, Track



Travis Gleason  
Football, Baseball



Sharon Glueck  
Swimming, Tennis



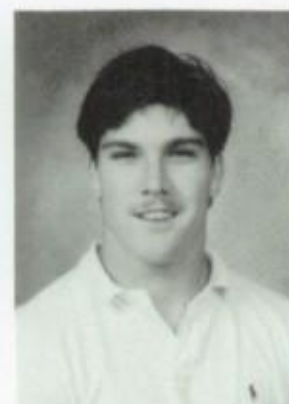
James Gleghorn  
Tennis



Michelle Gomez  
Soccer, Softball



Eddie Greene  
Soccer



Brad Gunn  
Football



Doug Hammell  
Wrestling



Jeff Henson  
Track



Jaime Jeffers  
Tennis, Softball



Gary Jenkins  
Wrestling, Football



Kraig Katzenmeyer  
Water Polo, Swimming



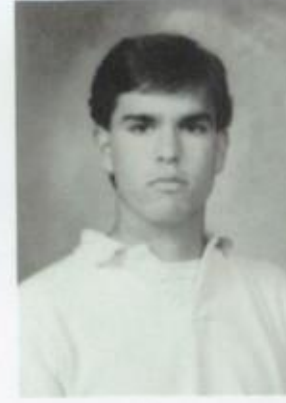
Amy Kraynik  
Diving



Rob Ledford  
Basketball



Chuck Leptich  
Football, Wrestling



Damon Lubin  
Baseball



Anthony McLean  
Soccer, Track





Once again, 1987-88 was a banner year for senior athletes. These students are candidates for Outstanding Athletes in their respective sports. They were selected for this distinction by their coaches based on individual performances which ultimately led to All-League or All-CIF recognition. Not pictured are *Preston Jones*, Track; *Yvette Marzullo*, Track; *Rick Navarro*, Baseball; and *Gary Spearman*, Track.



*Ron Meinung*  
**Football, Track**



*John Munch*  
**Swimming**



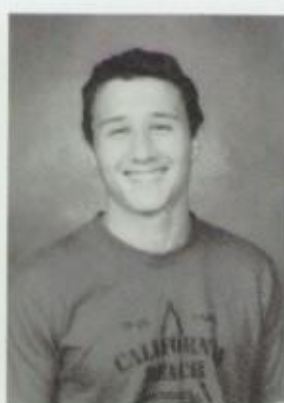
*Mike Murphy*  
**Football**



*Gilbert Nunez*  
**Wrestling**



*Dan Omahan*  
**Water Polo, Swimming**



*George Osthimer*  
**Wrestling, Track**



*Rick Page*  
**Football, Baseball**



*Kristi Patterson*  
**Basketball, Track**



*Rich Pedrin*  
**Baseball**



*Jim Pekelder*  
**Football, Wrestling**



*Jason Quigley*  
**Football, Wrestling**



*Ric Rushing*  
**Football, Wrestling**



*Andy Seales*  
**Tennis**



*Todd Sheehan*  
**Football**



*Mike Siepert*  
**Water Polo, Basketball, Swimming**



*Dan Tiumalu*  
**Football, Baseball**



*Kevin Walsh*  
**Wrestling**



*Ming Wu*  
**Tennis**



*Tim Zeddies*  
**Football, Basketball**



# Football

TODD



SHEEHAN

TIM



ZEDDIES

TRAVIS



GLEASON

JOE



SMITHEY

MIKE



MURPHY

RICK



PAGE

TODD



McTRUSTY

RICK



RUSHING

HAVAL



ABBAS

ED



EVILSIZOR

JAMES



FRANKLIN

CHRIS



CAIN

DAN



TIIMALU

JOEY



HIEL

SPIKE



MITCHELL

GREG



ARNAIZ

GEORGE



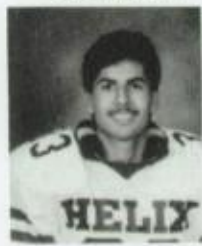
GUTIERREZ

MARVIN



McCULLOUGH

PATRICK



GOMEZ

ROMAN



NORTHCOTE

BRAD



GUNN

BRUCE



MARSHALL



Tim Zeddies



DAVID



TAYLOR

JIM



PEKELDER

CHUCK



LEPTICH

KEVIN



KNIGHT

CEDRIC



CALHOUN

ERIK



BLISS

GARY



JENKINS

CHRIS



GIAQUINTA

JEREMY



CARPENTER

RON



MEINUNG

TOM



WALSH

BRIAN



HAY

JOE



CASTILLO

RICK



COX

ALEX



McTRUSTY

ERIC



EIMON

JASON



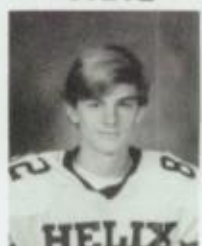
QUIGLEY

ANTHONY



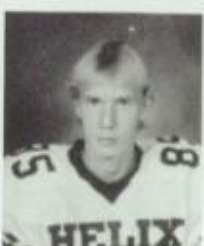
WHITNEY

STEVE



GADLER

VESA



PELTOLA

KEVIN



COOPER



Todd Sheehan



# Highlanders Earn CIF Berth

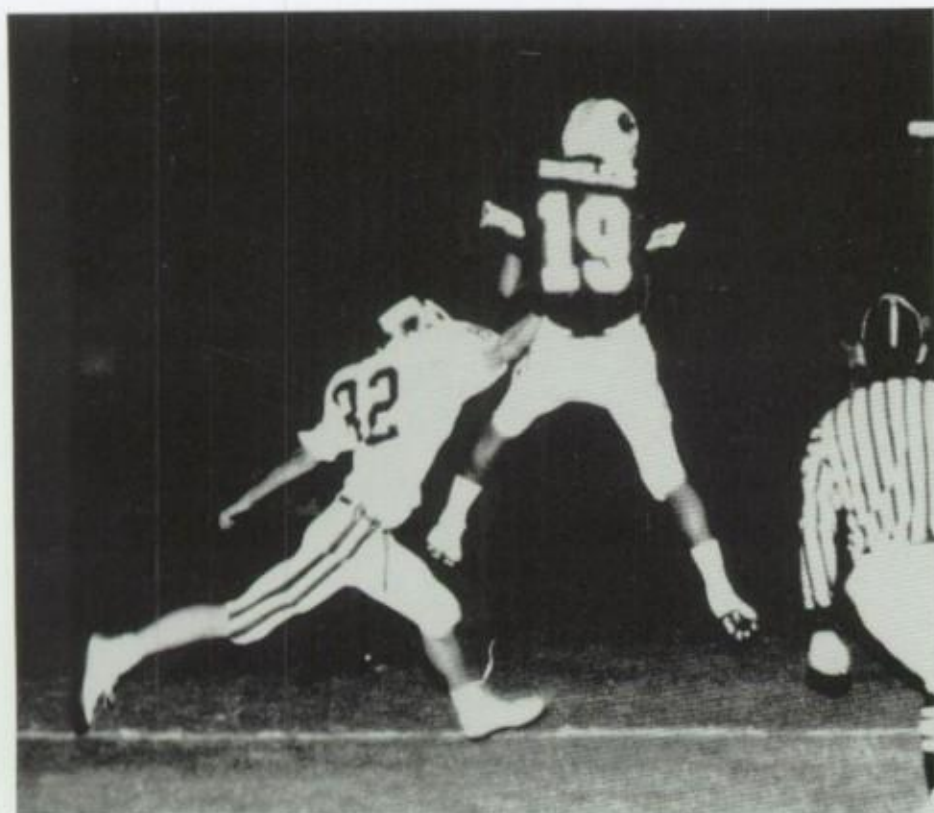
For the eleventh time in twelve years, the Helix football team earned a spot in the San Diego CIF football playoffs. A second place finish in the Grossmont 3-A League automatically qualified the Highlanders for the playoffs. The Highlanders compiled an 8-3-1 record, with all three losses and the one tie coming against playoff teams. The Scotties were led on offense by the Grossmont 3-A League coaches' first Team choice and Offensive Player of the Year, Todd Sheehan. Other offensive first teamers included quarterback Tim Zeddies, junior running back Spike Mitchell, and lineman Erik Bliss, Brian Hay, and Ron Meinung. The "Mad Dog" defense that gave up only 11.7 points per game was led by first team selections Bruce Marshall (defensive lineman) and Brad Gunn (linebacker) and second team selections Kevin Knight (nose guard) and Mike Murphy (linebacker).

Helix opened the 1987 season on the road against Patrick Henry with a 21-7 victory over the Patriots. Offensively, the Highlanders rushed for 193 yards. Team leaders were Spike Mitchell with 91 yards and Tim Zeddies with 71 yards and three touchdowns. In the season's second game, the Scotties traveled to Granite Hills to face the Valhalla Norseman. Helix fell behind 14-0 and 20-7 before rallying to a 28-20 victory. Spike Mitchell scored two touchdowns and Bubba Gomez added one touchdown off an interception in the win. Next came the Highlander's home opener, the first of three consecutive home games. San Dieguito turned out to be a tough opponent for the Highlanders. The Mustangs out-gained the Scotties 297 yards to 175 yards and earned a 12-6 victory. The high point of the loss for the Highlanders was a Gary Spearman blocked punt that was returned by Dan Tiumalu for the teams lone touchdown. Cross-town rival Grossmont was Helix's next test, and the Highlanders came away with a 24-14 win. Junior wide receiver Ed Evilsizor scored 15 points on two touchdowns and a field goal for Helix.

Week five signaled the opening of league play for Helix. The

Scotties defeated Santana 28-0 in a game that saw reserve quarterback Dan Tiumalu, replacing the injured Tim Zeddies, throw for 79 yards, including a long touchdown pass to wide receiver Todd Sheehan. Spike Mitchell led the Highlanders with 115 rushing yards the following week in their 14-7 win at El Capitan. The Helix defense held a rugged El Capitan team scoreless for the majority of the game, giving up only one touchdown late in the fourth quarter against Chula Vista. Dan Tiumalu threw for 92 yards and one touchdown as the two teams battled to a 6-6 tie.

The Highlanders faced Monte Vista in week eight of the season. In a balanced attack, the Highlanders gained 110 yards on the ground while passing for 94 yards. The win gave the Highlanders a 2-0 record in league play and set up the first of two critical league games. A victory over the Granite Hills Eagles the following week would assure the Highlanders at least a second place finish and a spot in the playoffs. The game marked the return of Tim Zeddies. The senior quarterback threw for a 1987 personal best of 260 yards and two touchdowns, including one to Ed Evilsizor for 93 yards, in the Scotties 14-7 win. The win put the Highlanders in position for the league title with a win over neighboring rival and number one ranked Mount Miguel. The game at Helix's Braemar field drew a homecoming crowd of 5,500. Helix scored first on a Tim Zeddies to Todd Sheehan pass. A Vesa Peltola extra point kick put the Highlanders ahead 7-0. Helix held Mount Miguel scoreless in the first half. In the second half, Mount Miguel's highly ranked defense held Helix scoreless while the Matador offense scored ten points to go ahead 10-7. A Mount Miguel touchdown, with less than two minutes to play, closed out the scoring in a tough 16-7 loss for the Highlanders. Todd Sheehan reflected on his feelings towards the game, "We knew we were a better team and we showed it; unfortunately the scoreboard didn't show it."



Wide-out Ed Evilsizor leaps over a Santana defender for two points.



Lineman Kevin Knight brings down a Valhalla runner.





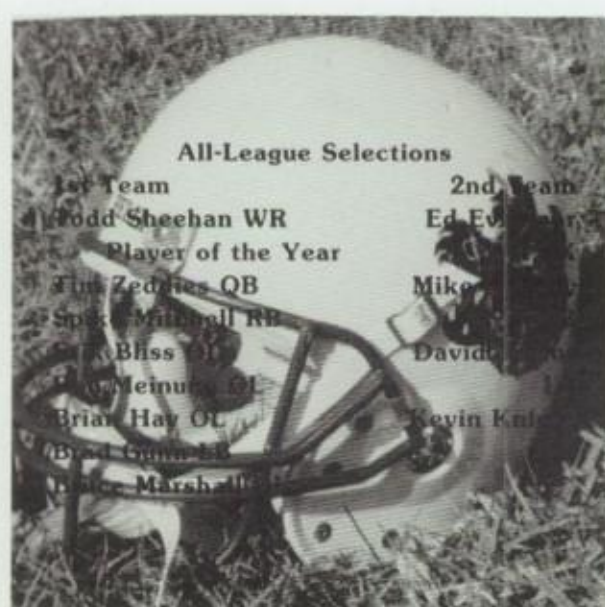
David Taylor tries to block a punt. (top)



Brian Hay puts pressure on the quarterback. (top)

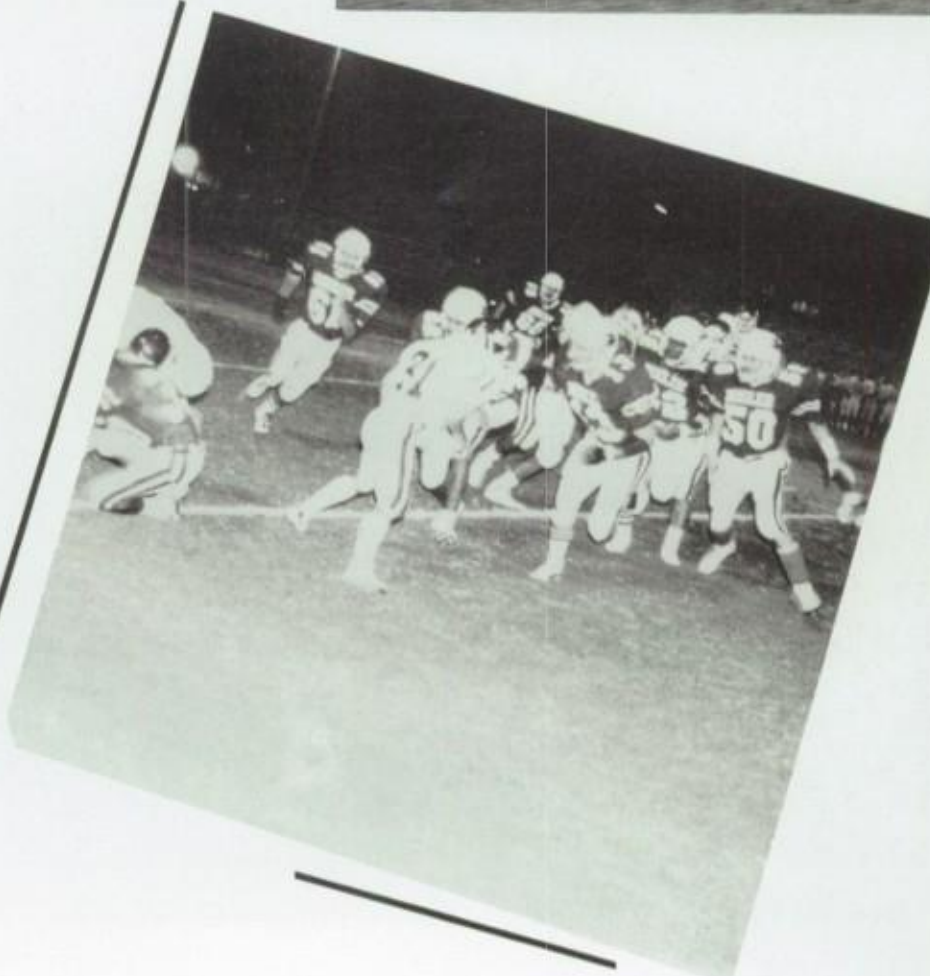
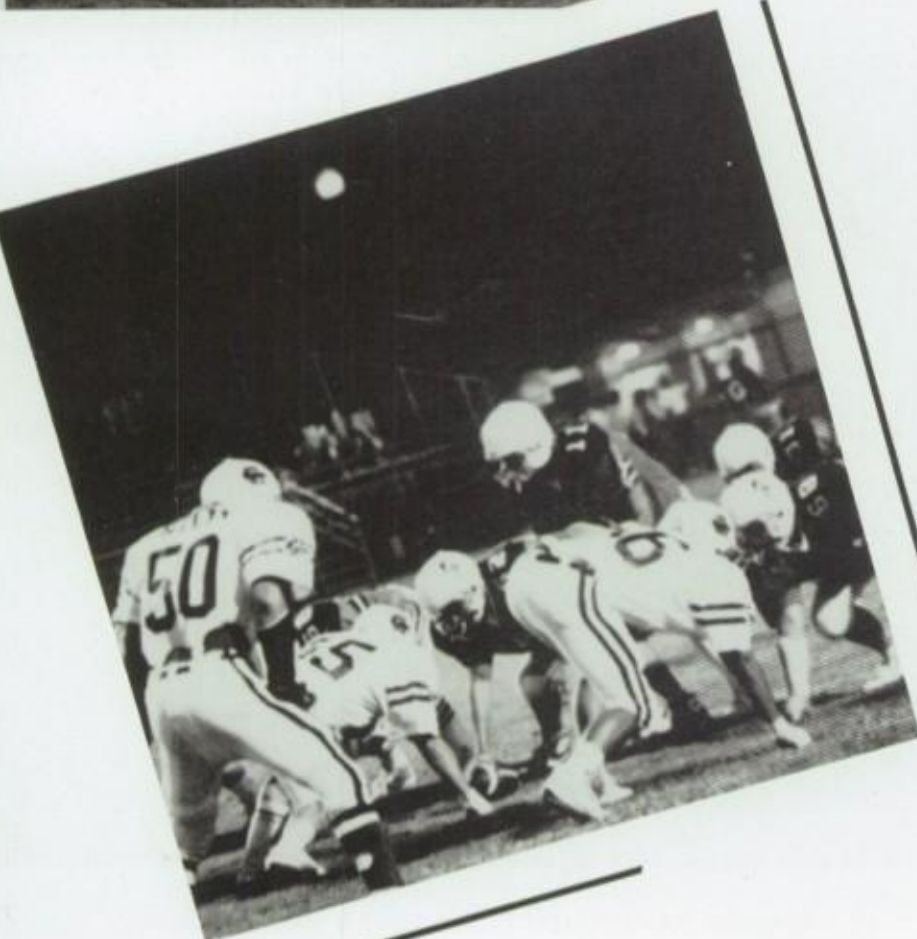
The Helix defense tackles a runner. (bottom)

Mike Murphy (13) chases the QB. (bottom)



The Helix defense prepares for the play.

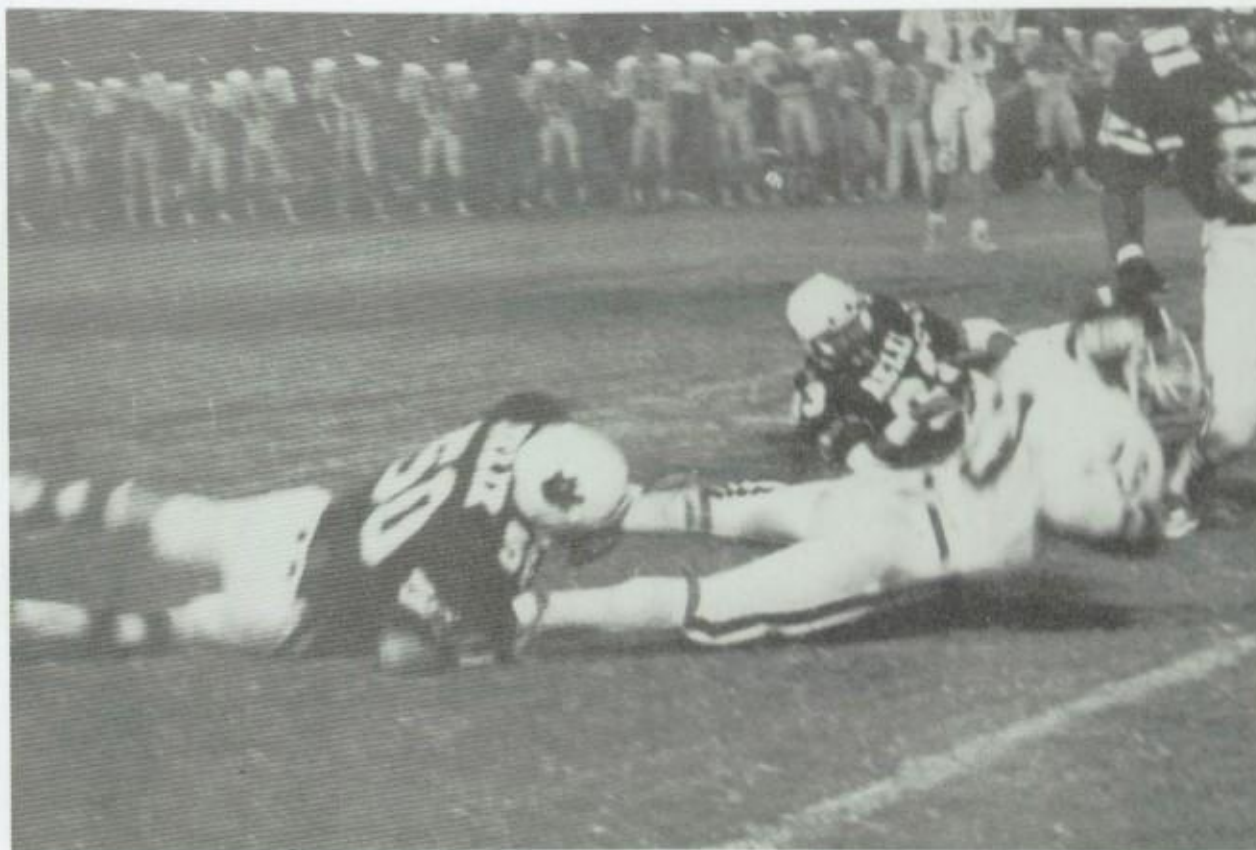
Bubba Gomez (left) makes a tackle against a Santana runner.







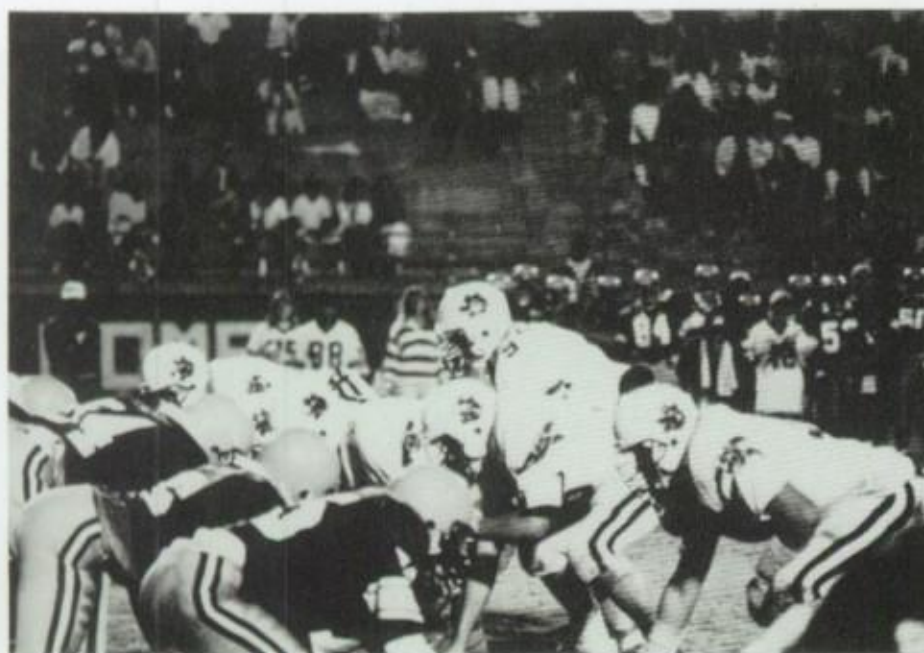
Todd Sheehan displays his ability to run with the ball.



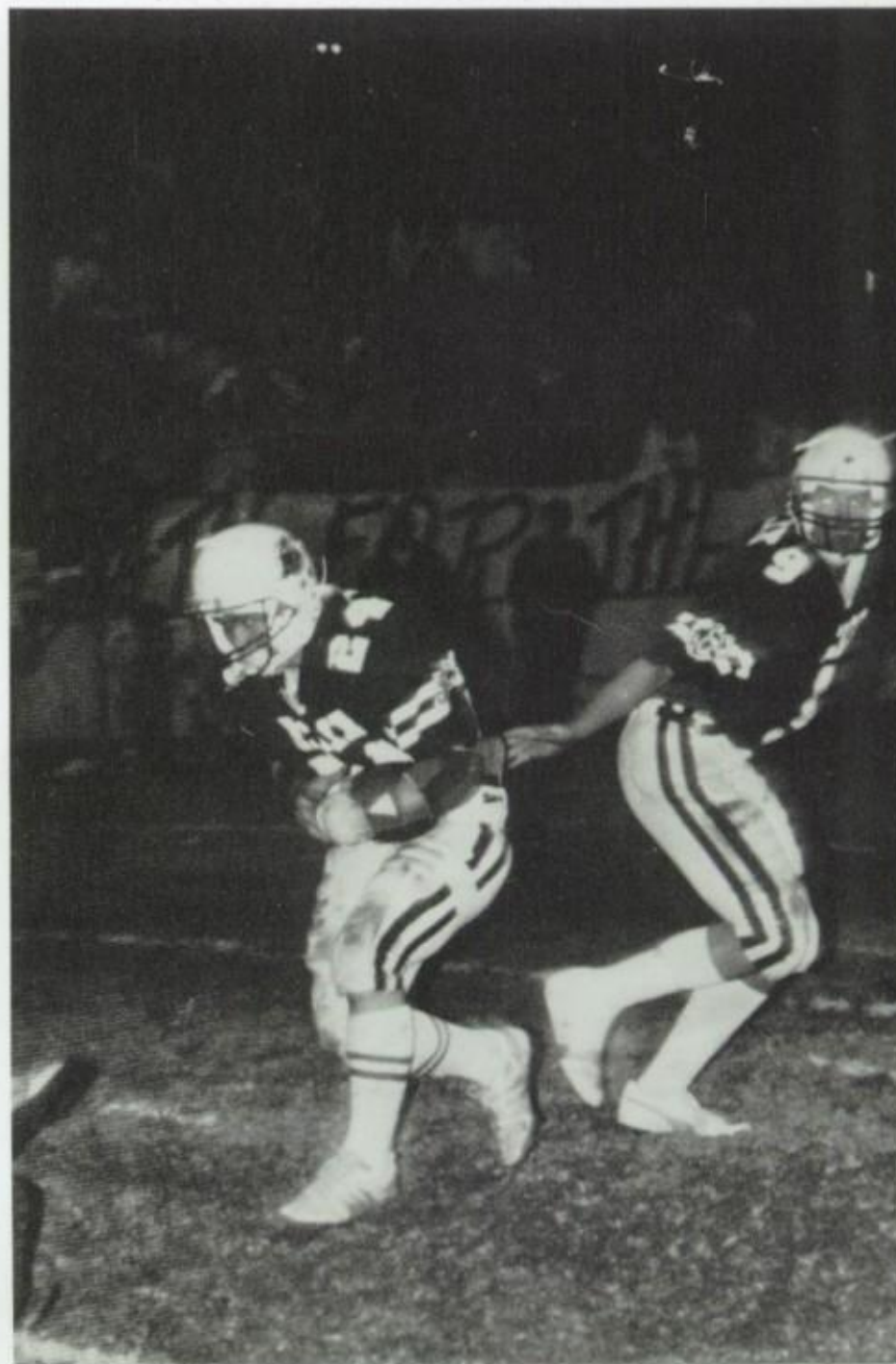
Helix linebacker Brad Gunn trips up an opponent's running back as his fellow "Mad Dog" defenders converge on the play.



Tim Zeddies attempts to outrun an opposing defender.



Tim Zeddies prepares to receive the snap as the Highlander linemen prepare to block.

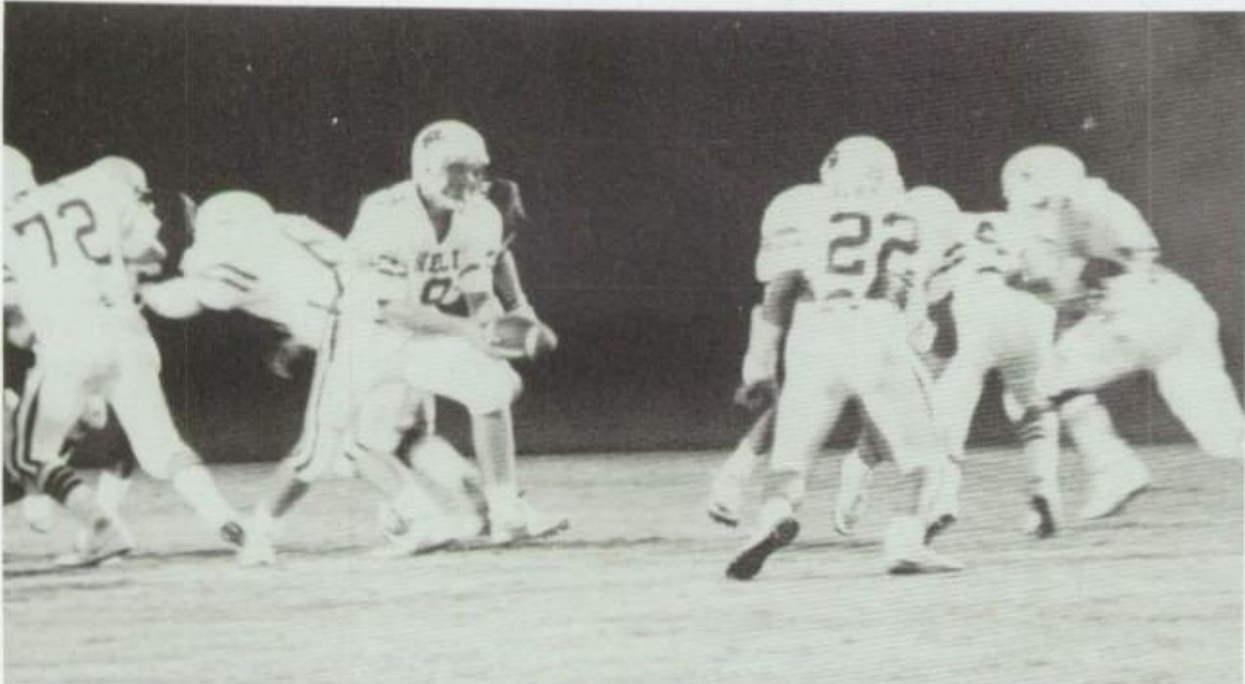


Highlander starting running back Spike Mitchell takes a hand-off from Tim Zeddies.





Standing from left — Andy Rodriguez, Jerry Schniepp, Frank Theroux, — Rick Ash, Head Coach Jim Arnaiz, and Don Van Hook. Dave Van Matre, Rich Ralston, Rip Fritzer, and Ed Davis. Kneeling from left



The Helix offensive line makes a hole for Dan Tiumalu.



Vesa Peltola kicks an extra point.



Dan Tiumalu shows his kicking form.



David Taylor chases down a Patrick Henry punt returner.





J. Arthur, C. Aziz, R. Bonilla, A. Campos, V. Castrejon, J. Chappel, D. Corley, B. Crise, M. Dow, J. Gagnepan, M. Gutierrez, Ab. Henderson, Ar. Henderson, K. Housman, R. Ippolito, J. Ledford, J. Livingston, N. Martelli, C. Masilon, R. Mata, B. McCaskil, G. McCuster, M. Merlos, E. Montgomery, M. Musaco, E. Nicholson, A. Norberg, F. Nunez, R. Ortuna, J. Oshtimer, B.

Pitts, J. Plesky, A. Rodriguez, D. Roy, P. St. John, V. Saldamando, M. Salvatiera, V. Sanchez, B. Sanders, B. Sessions, J. Skinner, E. Slavola, E. Stewart, T. Sullivan, C. Taylor, C. Torres, M. Tran, R. Vahl, D. Valarlro, T. Vance, J. Vanderpool, G. Watson, Coaches — E. Evilsizor, M. Favaro, M. Aiken, D. Saatzer, T. Jenkins, and D. Langston (Head Coach).

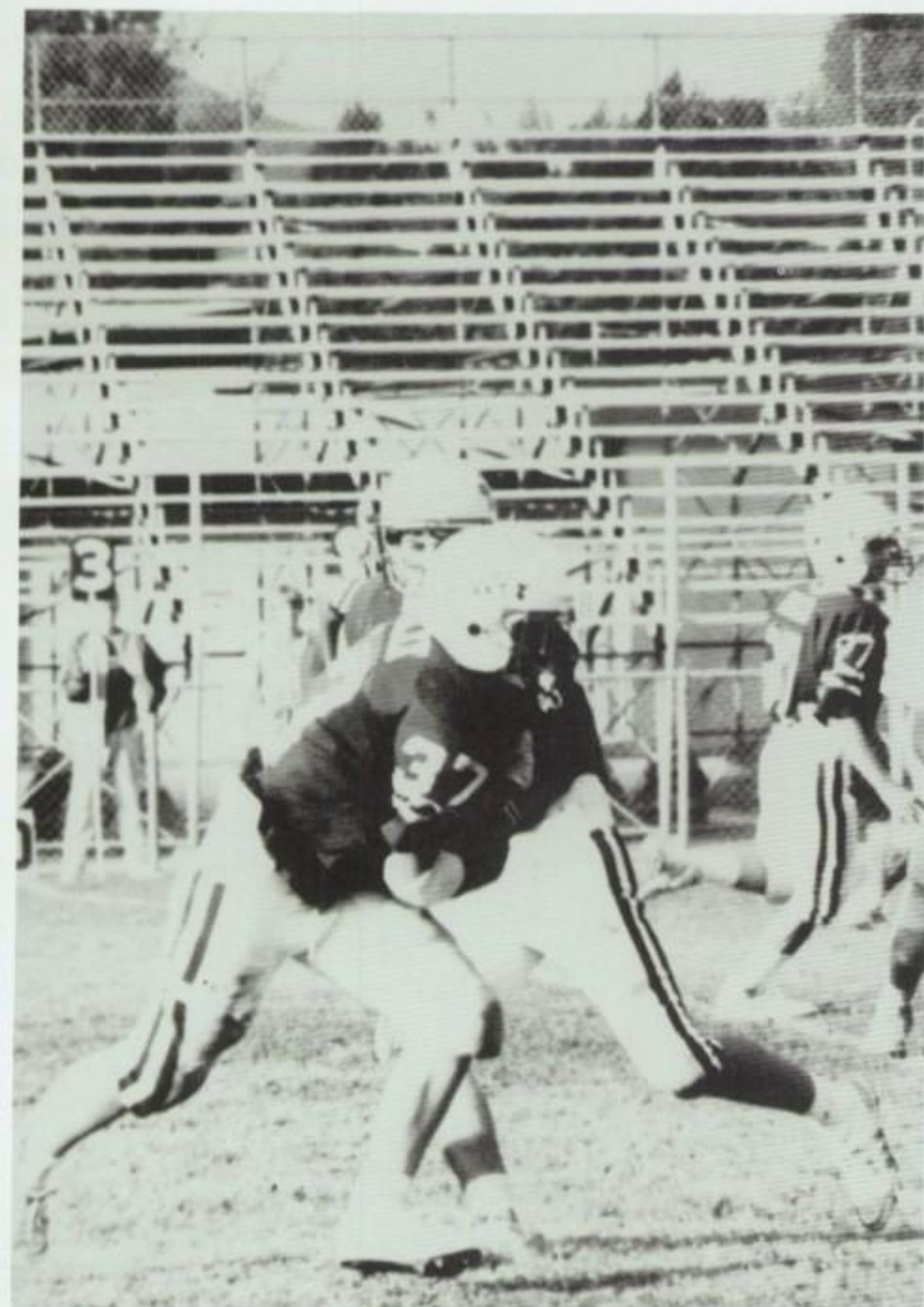
## J.V. Football Shares Title

The Helix junior varsity football team tied Mount Miguel for the league crown with a 3-1-1 league record. Their league wins included Santana, Granite Hills and Mount Miguel. The Mount Miguel game was to determine the league champions. The Highlanders came away with a 22-19 victory to earn the title of co-champions. Overall, the Scotties, under head coach Dick Langston, posted a 6-3-1 record. Helix was led by quarterback Rob Ippolito. His main receivers were Mike Tran and Chris Masilon. In the backfield, the Scots were led by Frank Nunez. On defense, Helix received help from defensive backs Mike Musaco and Victor Saldamando, linebacker George McCuster and down lineman Eric Nicholson and Alli Campos. The junior varsity's strong showing should be a precursor of things to come for Helix football.

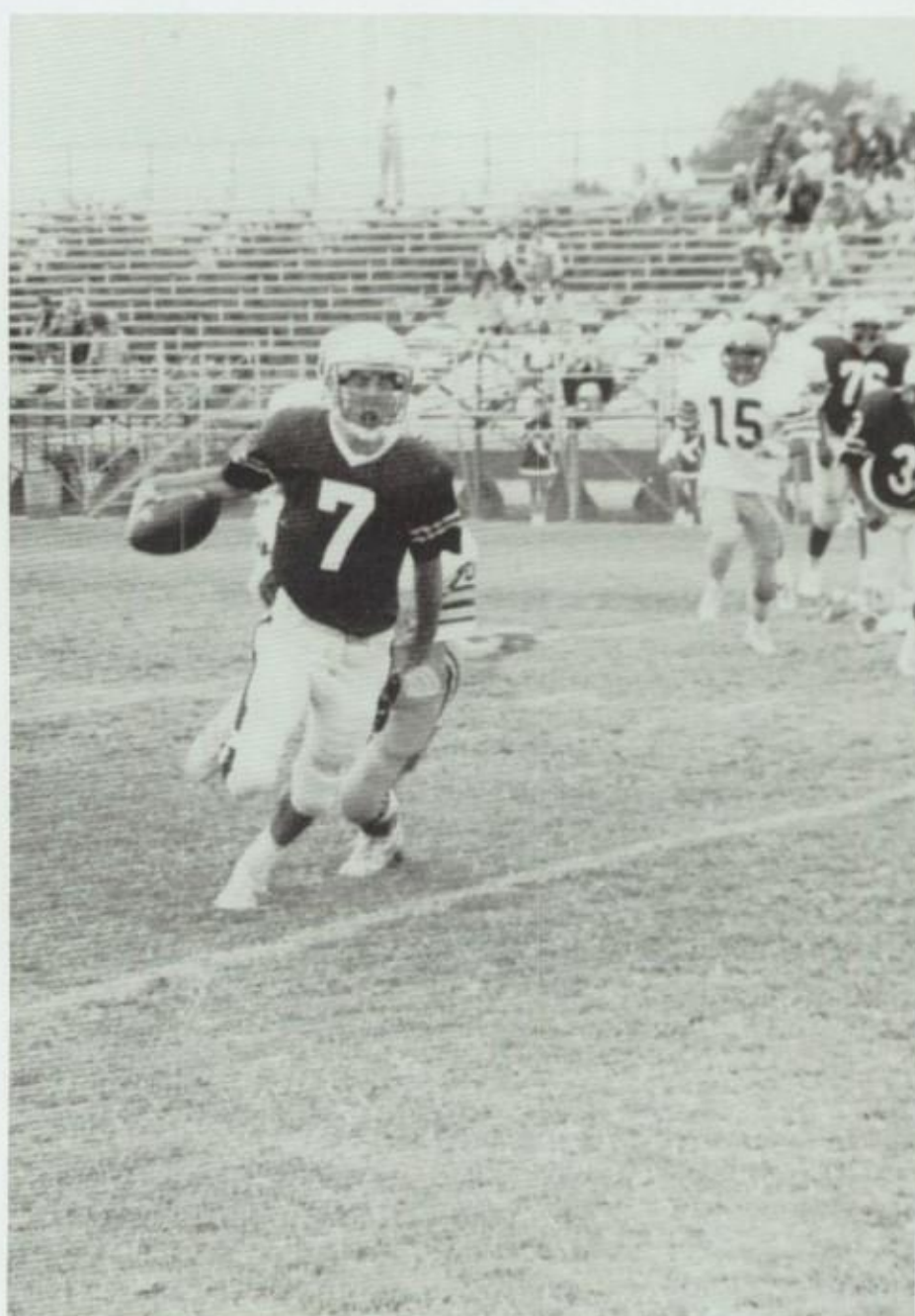


Receiver Chris Masilon avoids a Valhalla defender.





Running back Frank Nunez looks for a hole.



Quarterback Rob Ippolito looks to the open field.



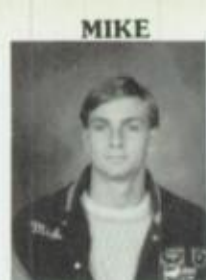
Rob Ippolito gets a punt off.



Eric Nicholson and Gary Walton take down a ball carrier.



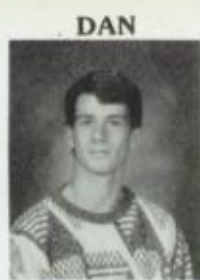
# Water Polo



MIKE  
SIEPERT



JOEL  
HULL



DAN  
OMAHEN



KRAIG  
KATZENMEYER



PAUL  
DARBY



JEFF  
MEYER



JOHN  
MUNCH



TORBEN  
BRUCK



BYRON  
KONOLD



JASON  
MAGEE



DAVE  
HALL



GARRET  
BJORNSON



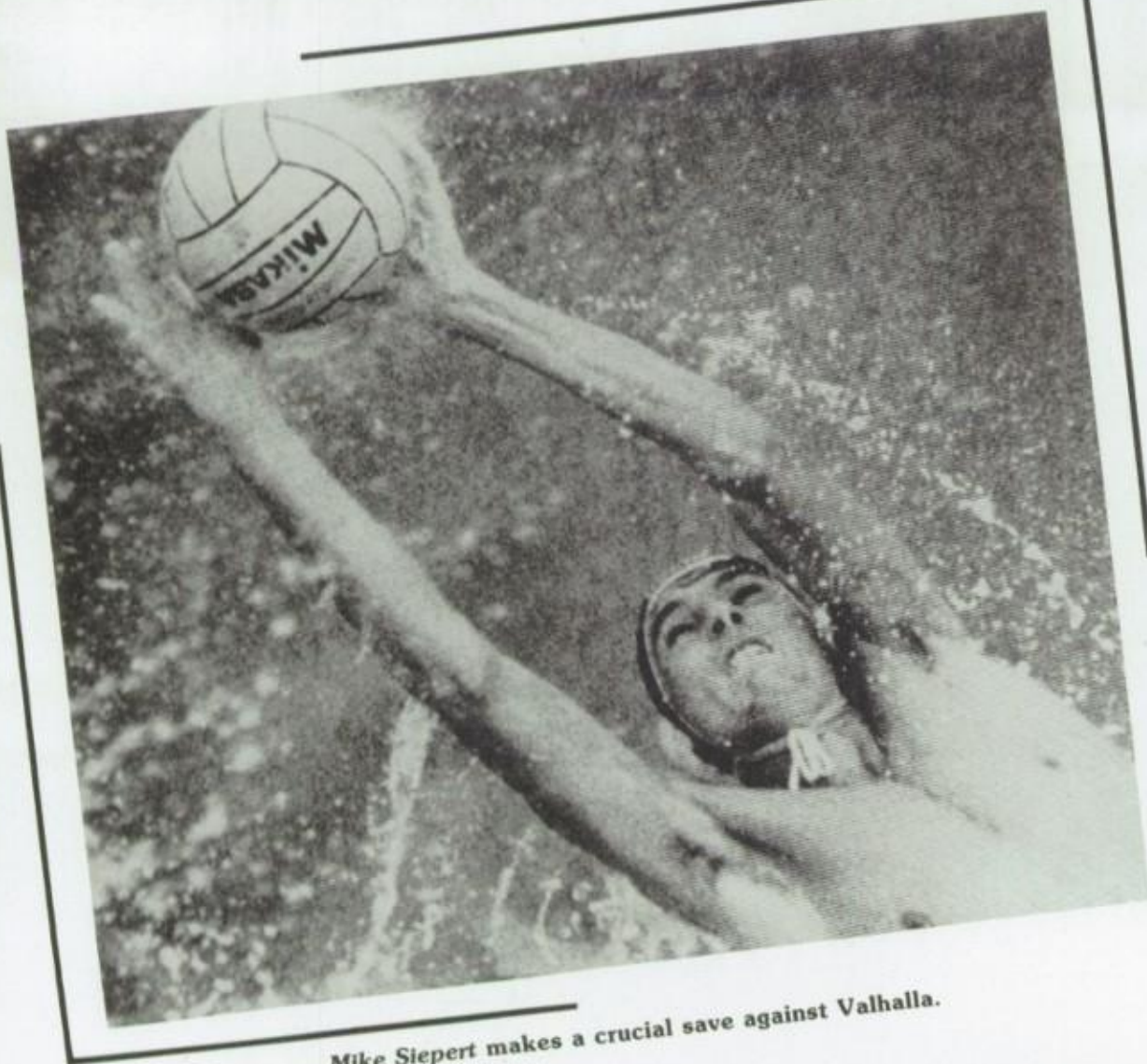
STEVE  
SAWYER



GARON  
ROBINSON

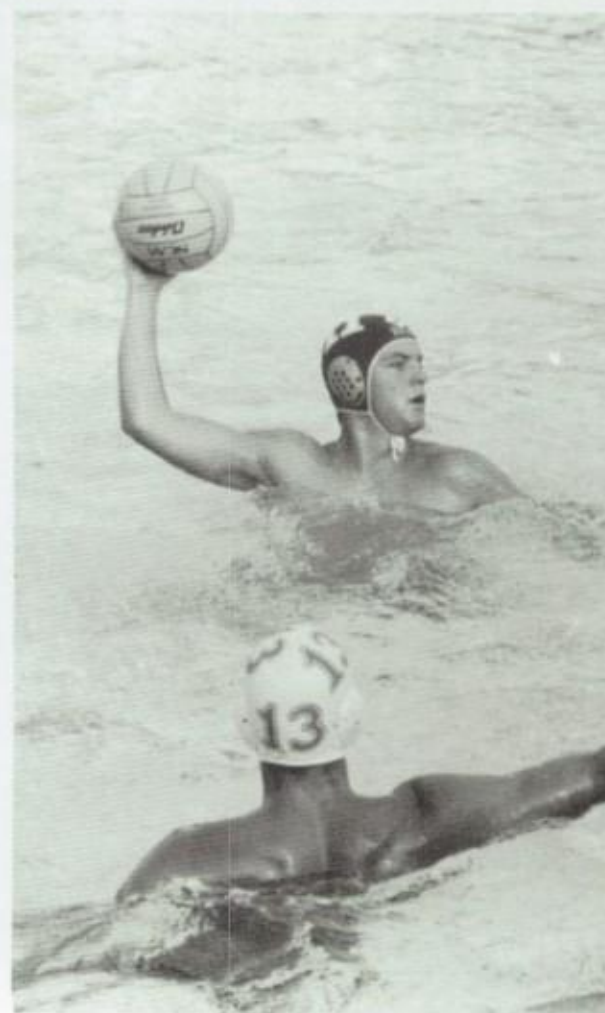






Mike Siepert makes a crucial save against Valhalla.

## Water Dogs Sweep League



Jeff Meyer unleashes "The Guns!"



John Munch looks to set the hole.

ditional Highlander winning spirit throughout the League season as well as post season play.

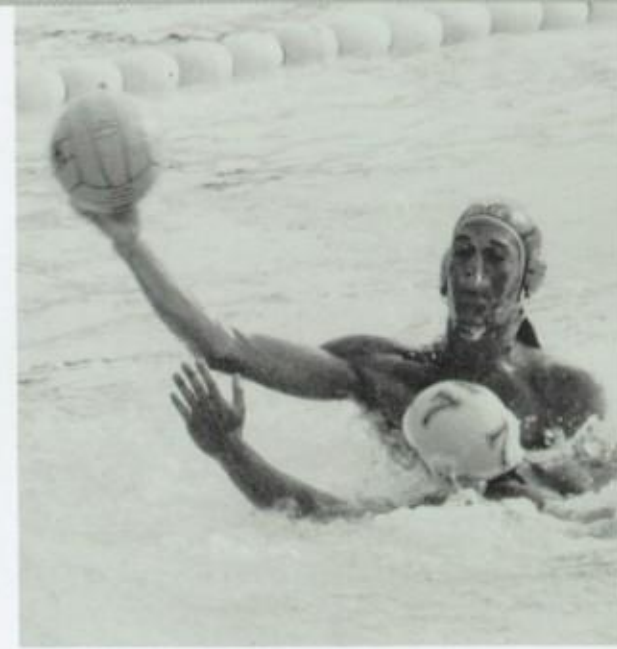
Senior *Kraig Katzenmeyer* was named the Grossmont League's MVP as well as being named to the Coronado All-tournament team, the All-League, and All-CIF first teams. He was one of the teams co-captains and led the league with 43 goals. *Dan Omahen* led the Water Dogs in steals and was named to the All-League second team. *Omahen* was the teams second highest scorer. *Mike Siepert*, the other co-captain, and *Byron Konold* received All-League honorable mentions. *Mike Siepert* had the best goals-against ratio in the league and was named to the Coronado All-tournament team. *Byron Konold* was named the teams most improved. *Paul Darby* and *Joel Hull* led the team in assists. Because of all of these talented players, the Water Dogs ended the season on a very positive note.

"This is our year to go undefeated," said coach Mike Smith early in the season. And he was right. The Water Dogs finished their season play with a perfect 8-0 record. Capturing the first Water Polo championship for Helix in at least ten years. This championship was made possible by both an unrelenting offense and a powerful defense. As a result of their strong offense and defense, the Water Dogs scored more goals during the season, and allowed fewer goals to be scored against them than any other team in the Grossmont League. The Helix Water Dogs' attack on offense was led by seniors, *Kraig Katzenmeyer*, *Dan Omahen*, *Joel Hull*, and *Paul Darby*, while *John Munch*, *Jeff Meyer*, *Mike Siepert*, and junior *Byron Konold*, led the Scotts on defense. The Water Dogs perfect record in league play earned them a third place seating in CIF. After being given a bye in the first round against Fallbrook and were beaten by the score of 13-10. All in all, the '87 Water Dogs demonstrated a tra-





Mike Smith psyches team at Valhalla. (notice score)



Cary Coleman launches an excellent shot.



Byron Konold demonstrates tight defense.



Kraig Katzenmeyer sets at two meters.



Joel Hull looks center on a fast break.



Dan Omahen powers the ball past defenders.



# JV Polo, 6-2 Season

Continuing the Highlander winning tradition. The Junior Varsity Water Dogs posted a strong 6-2 record in League play. They suffered losses to Undefeated Monte Vista and second ranked Valhalla. First time Helix coach Mark Fletcher inspired the team to a third place finish in the Grossmont League; Posting several victories against teams from throughout the county.

Some of the teams outstanding players included Junior *Richard Cando*, and sophomores *Eric Arrive*, *Jorge Self*, and the teams leading scorer and MVP, *Mike Konold*. *Tim Ney* showed great promise as the Water Dogs goalie. Both *Richard Cando* and *Eric Arrive* received the teams most improved player awards for the 1987 season. As a result of talented players, the Scotts should be a continued threat in years to come.



*Mike Konold looks to make a pass.*



*Alex Comana shoots against MV.*



*Jorge Self makes a pass from outside.*



**Back Row:** K. Oliver, T. Markin, T. Lozano, J. Torbicki, J. Konold, J. Self, J. Lozano, M. Scheidel, A. Comana, A. Taporaski.  
**Front Row:** F. Dennis, T. Ney, E. Arivee, M.



# Volleyball

JODY



ZOLLINGER

JOANIE



MOSER

SHALEEN



SHERIDAN

KIM



HENDEE

KRISTA



ELLIOT

KARRIE



DOWNEY

ALI



PNIAK

MARIE



CORTEZ

HEATHER



WACHS

SUSAN



ALLSING

ANDREA



McTRUSTY

JENICE



BARNES



Camores and Migh  
Colors black  
These will be  
As our lives  
Guide us to the  
Of our fello  
Let us look to n  
Hail. EL CA





Andrea McTrusty sets to a hitter.

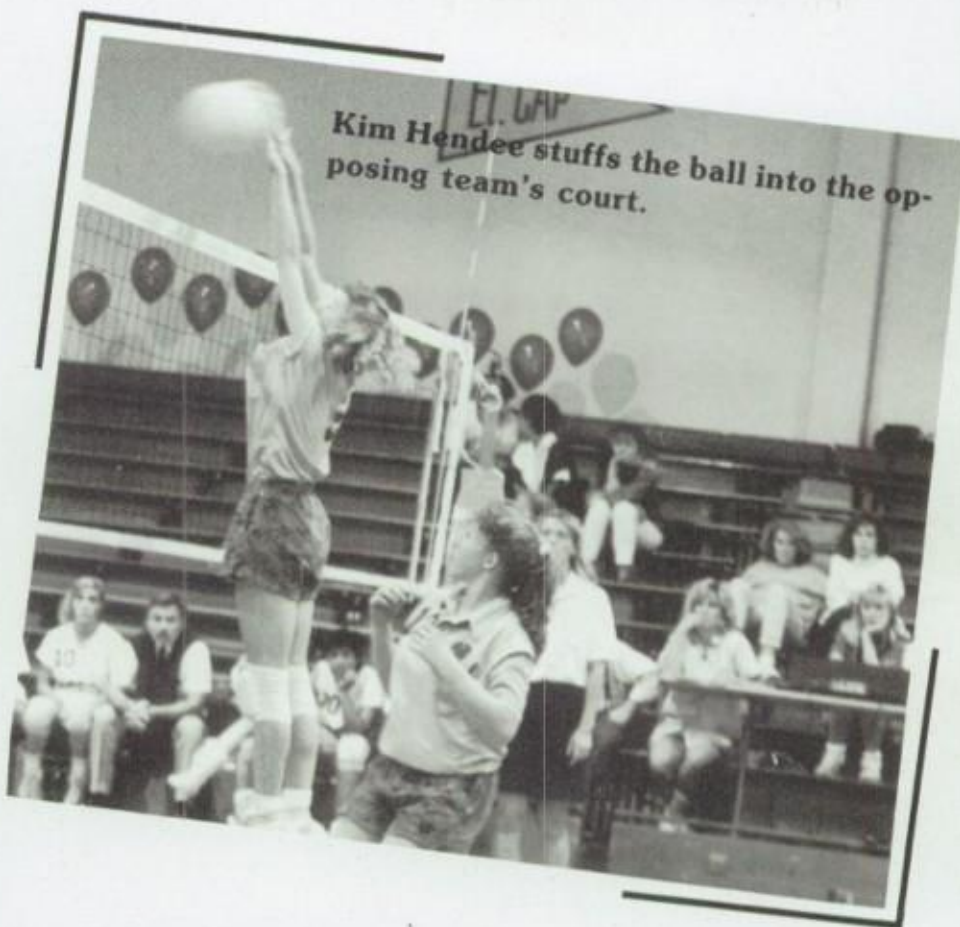
# LADY SCOTS IMPROVE RECORD

To say the lady Scots volleyball team improved was an understatement. With new coach Mike Welch, they improved last year's league record of 0-16 to 6-10, and a sixth place Grossmont League finish. Last year's team went through a rough rebuilding season with only three returning players. This year's team returned all but two and proved themselves to be a contending team. They gave tough teams such as Granite Hills and Valhalla an unexpected scare in close matches. It was Helix' respect of the opposing teams and their coaches. As one coach replied to Coach Mike

Welch, "I hope your girls take league next year." This may well happen especially with the top teams in the league such as Grossmont, Valhalla and Granite Hills losing most of their top players to graduation this year. The same goes for this year's Helix team losing four girls to graduation. They were Denise Barns, Marie Cortez (outside hitter), Krista Elliot (outside hitter), and Kim Hendee (middle blocker). Other starters Ali Pniak, Joanie Moser and Shaleen Sheridan helped improve this year's team and should be an asset to the 1988 season.



Ali Pniak attempts a dink over an Elcapitan blocker.



Kim Hendee stuffs the ball into the opposing team's court.







Shaleen Sheridan spikes the ball for a point.



Three Helix defenders successfully block.



Joanie Moser serves tough for an ace.



Jenice Barnes lunges to return a spike.



Krista Elliot dives to save the ball.



Coach Mike Welch patiently watches his girls battle Valhalla.





Coach T. Wilber, J. Long, K. Woods, J. Shepard, T. Carson, A. Panozzo, M. Plum, A. Daglio, S. McKeig, and L. Blye. Murdock, M. Padillo, N. Cando, K. Patterson, N. Spadaro, M. Murphy, E.

The J.V. volleyball team went through some changes this year with new coach Trish Wilber taking the place of Claudia Townsend. Despite this change the team managed to serve a good season with an 8-8 league record. With only three returners, Ann Dagilo, Monica Murdoch, and Elizabeth Plum, the team was young and inexperienced, but willing to learn. This years team was led by Angel Panozzo voted team M.V.P., Ann Dagilo voted most inspirational, and Kym Patterson voted our most improved player.

# J.V. Volleyball Serves Good Season



Angel Panozzo passes the ball to the setter.



Two Helix defenders block an attempted spike.



Monica Padillo serves the ball for a point.



# Girls Tennis

CHRISTINE



FONSECA

JULIE



PILKINGTON

JAIME



JEFFERS

LISA



TRENT

MAUREEN



FONSECA



LAURA



POMA

MARISA



CIMMARRUSTI

NEDA



MOSHTAGHI

STORMY



MASSON

SHARON



GLUECK

PATTY

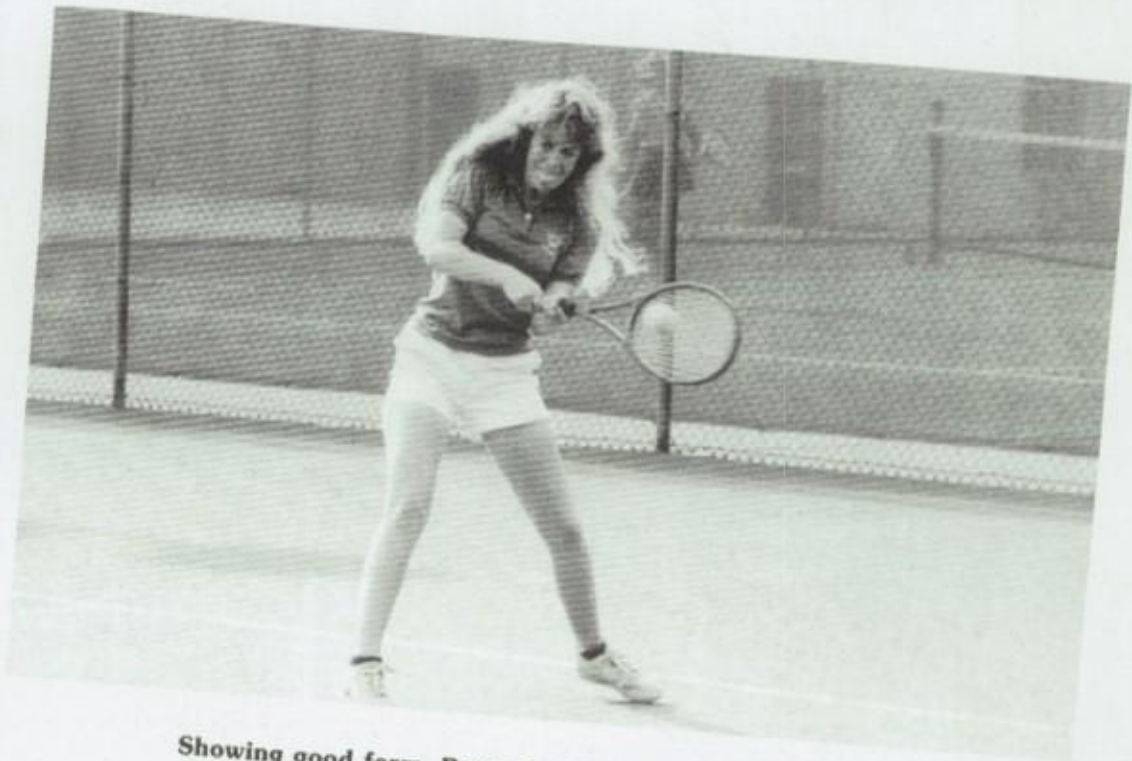


FROSIO





Neda Moshtaghi and Stormy Masson discuss their strategy during a doubles match.



Showing good form, Patty Frosio drives one over the net.



Julie Pilkington backhands a return to an opponent.



On the base line, Sharon Glueck follows through on a forehand.

# Girls Tennis Led By Great Attitudes

This year, the girls varsity tennis team did not post an impressive record, but their attitudes carried them through the season. Under first-year coach Wendy Tapper, the girls made the season exciting with their enthusiasm at practice and on gamedays. The team had a 6-10 record, an improvement from last year. However, the 6 wins were impressive. These victories were against Mt. Miguel, El Capitan, El Cajon, and Santana. In the singles matches, the Highlanders were led by Team

MVP Julie Pilkington and Most Improved Christine Fonseca. Both of these Freshmen advanced to the post-season play of CIF playoffs. Jaime Jeffers and her teammate Lisa Trent, the teams Best Doubles also led the Highlanders to some impressive victories. Their hard work and determination advanced them to the CIF playoffs. The team hopes to improve next year; therefore, their attitudes will be even better.



Maureen Fonseca concentrates on the ball as she serves.

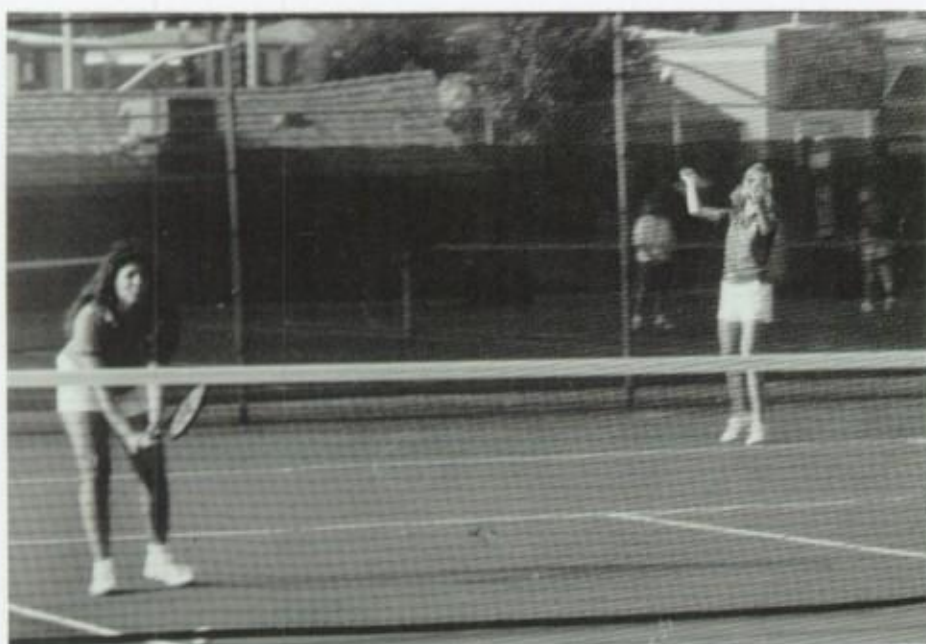




**Lisa Trent jumps after a short serve from her opponent.**



**Christine Fonseca displays concentration during her top singles match.**



**L. Poma and M. Cimmarrusti show determination during a doubles match.**



**Maureen Fonseca smashes a forehand to her opponent.**



**Senior Jaime Jeffers exhibits great hustle in her victory match.**





J.V. Members: Front Row — Erika Castaneda, Tina Azain, Angie Castillo, Lisa Covey, Shannon Cameron. Back Row — Katja Reichmann, Kristine Hart, Tricia Farris, Sara Harbin, Pam Hathon, Amy Lee, Tina Runion (not pictured).

# J.V. — Girls Tennis



Kristine Hart follows through on a serve.



Lisa Covey displays great form on a forehand.

The J.V. Girls Tennis team had an impressive year this year. First-year coach, Wendy Tapper was very pleased with the way they performed. Tina Runion and Erika Castaneda were the most dominating singles players this year. They both showed great enthusiasm. In doubles, Sara Harbin and her teammate Pam Hathon displayed great determination to post some impressive victories. With a young J.V. team, the future looks bright in girls tennis.





*Junior Jenny Berry nears the finish.*



*Helix runners prepare for an excellent start.*



*Julie Sutic shows deep concentration.*



*Patti Horton has an aggressive finish.*

## Girls



*Krishna Foster maintains intense pace.*





*Javier Lozano runs to a CIF birth.*

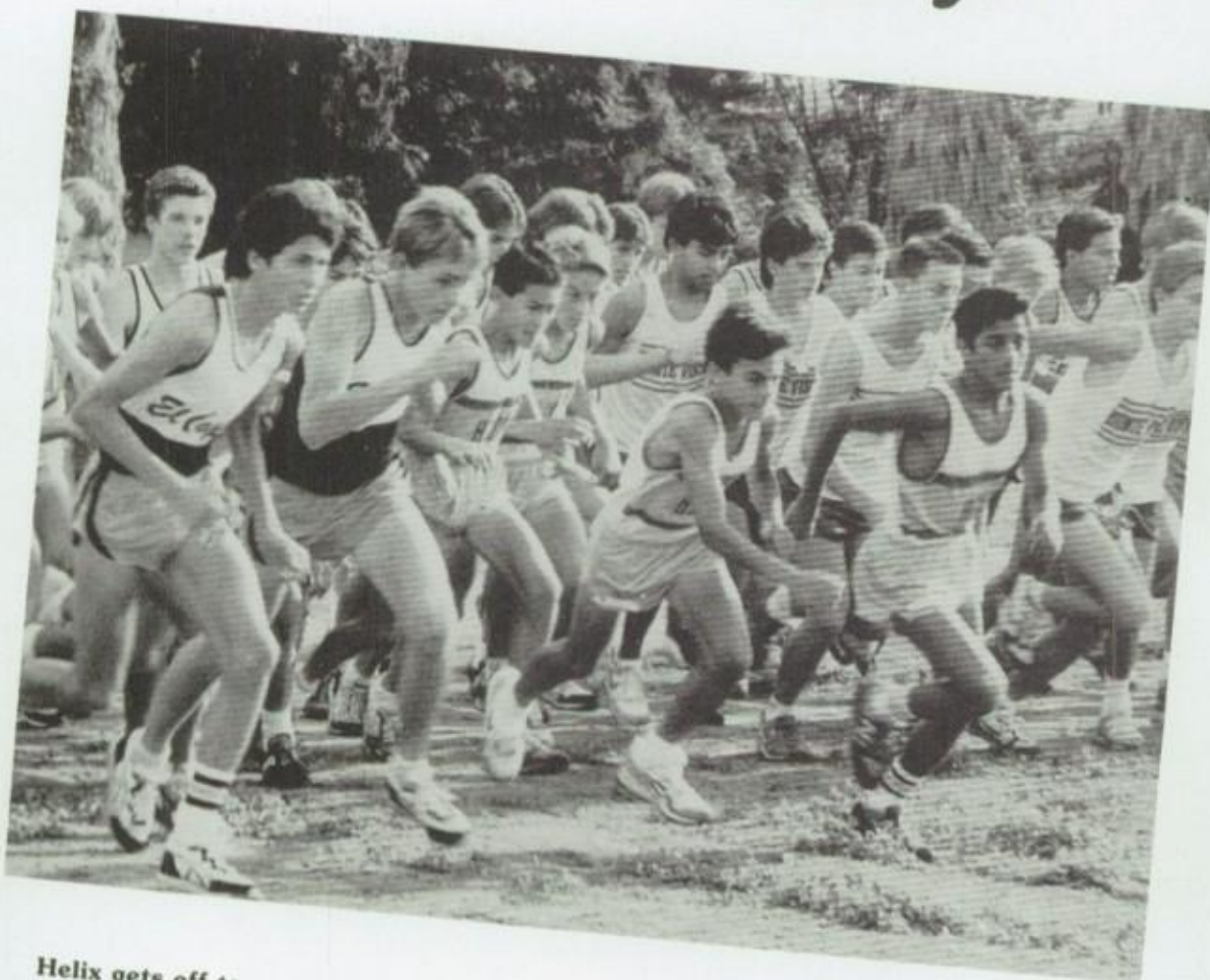


*Q. Foster shows intensity at the line.*



*Alex Montgomery concentrates on finish.*

## Boys



*Helix gets off to a good start.*



*Determined Gordon Robinson crosses the line.*



# Boys Basketball

TONY



ZEDDIES

ANDY



MERIDETH

RICH



CRYER

TODD



McTRUSTY

DAMON



ROACH

ROBBIE



LEDFORD

JOHN



PRESSLER

TIM



ZEDDIES

MARIO



MADLE

ANDY



BOCKO

RICH



HAAR

JEFF



ANDREWS

MIKE

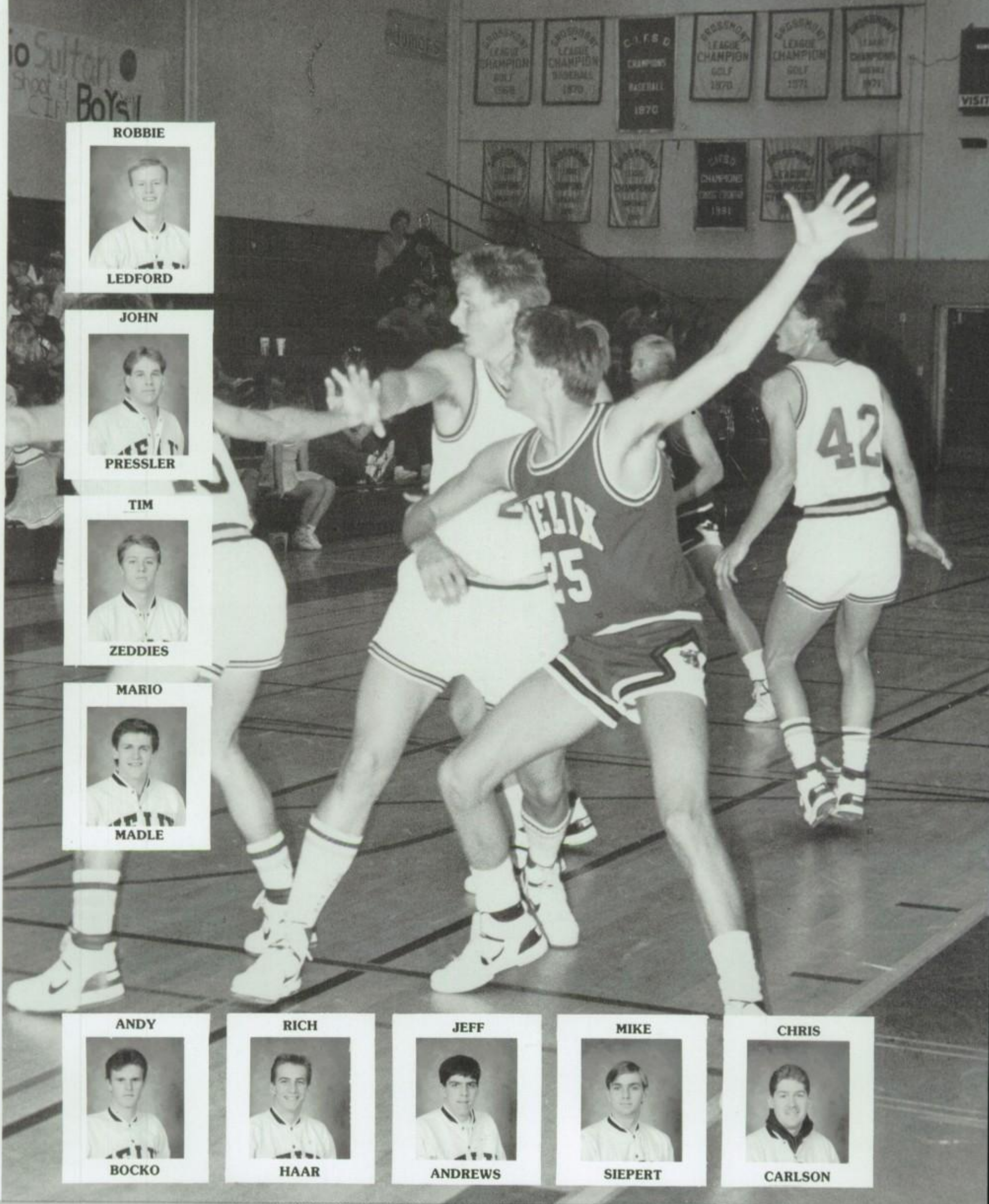


SIEPERT

CHRIS



CARLSON





# Experience Is Key

Varsity experience and leadership were two main characteristics of the boys basketball team this year. Ten players returned from last years young and inexperienced team, including team captain, *Robbie Ledford*. Head Coach *John Singer* and Assistant *Frank Theroux* were pleased with the improvement from last year with the same starting players this year. "The biggest reason for success this year has been our ability to learn from our previous inexperience and find ways to be successful," stated coach Theroux. Over Christmas vacation, the team played in the Kiwanis Tournament. The team lost their first game in the tournament, but

bounced back strong to win the consolation bracket. Standouts this year were seniors *Robbie Ledford*, *Chris Carlson*, *Mike Siepert*, *Tim Zeddies*, *Damon Roach*, and 6'7" junior *John Pressler*. Contributions off the bench were made by senior *Rich Cryer* and junior *Rich Haar*, who will see a lot of playing time next year. With a steady mark at third or fourth place all season and the change from 3A to 2A, the Hoopsters went into the playoffs with great winning attitudes. Returning next year will be *John Pressler* and *Rich Haar*, along with four other juniors from this years team. Coach *Singer* is optimistic for an '88-'89 campaign as well.



*Mike Siepert* intensively takes one to the hoop.



*Robbie Ledford* hits one from three point range.



**John Singer**  
Head Coach



**Frank Theroux**  
Boys Asst. Coach



**Robert Jones**  
Boys Asst. Coach



**Rich Ralston**  
Girls Asst. Coach



**Ed Davis**  
Girls Asst. Coach



**Glenn Lockwood**  
Team Manager





**Rich Haar pressures the opponents guard.**



**John Pressler shoots a free throw.**



**Chris Carlson threads a pass.**



**M. Siefert and J. Pressler get the ball.**



**Rich Cryer pesters an opponent.**



**Damon Roach goes up for two.**





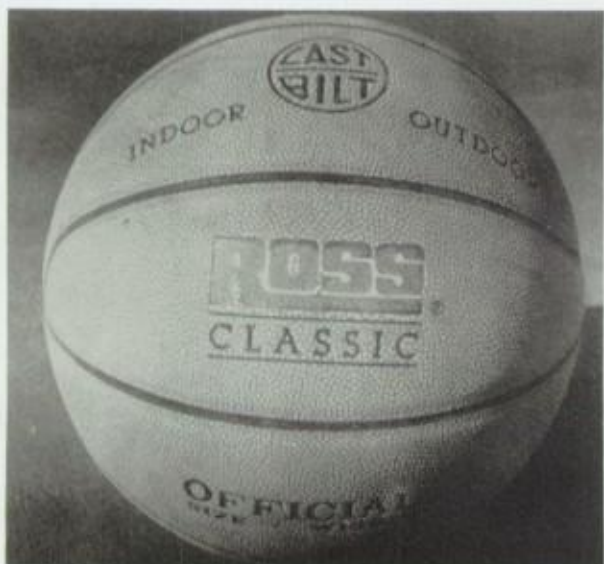
**Tim Zeddies makes a power move.**



**Chris Carlson puts up a baby sky hook.**



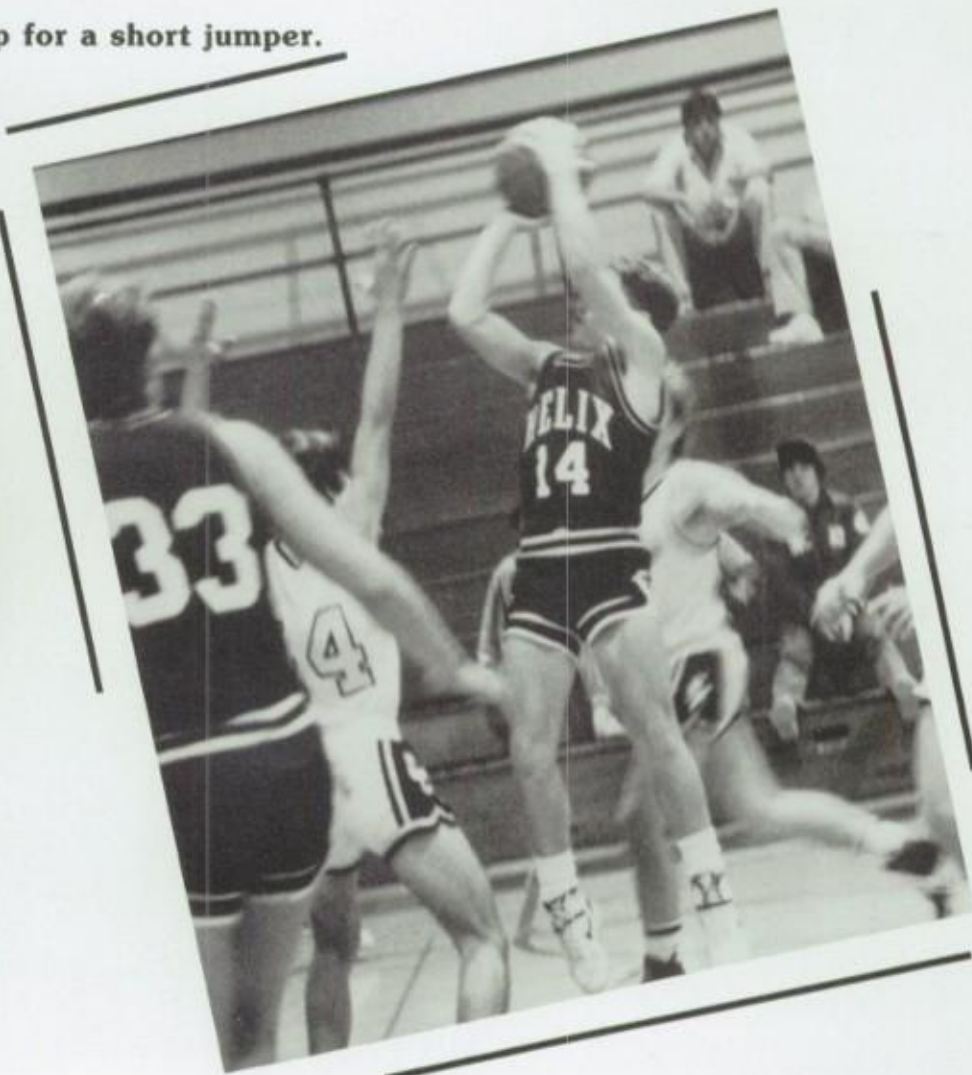
**John Pressler drives the lane.**



**Rich Cryer pulls up for a short jumper.**

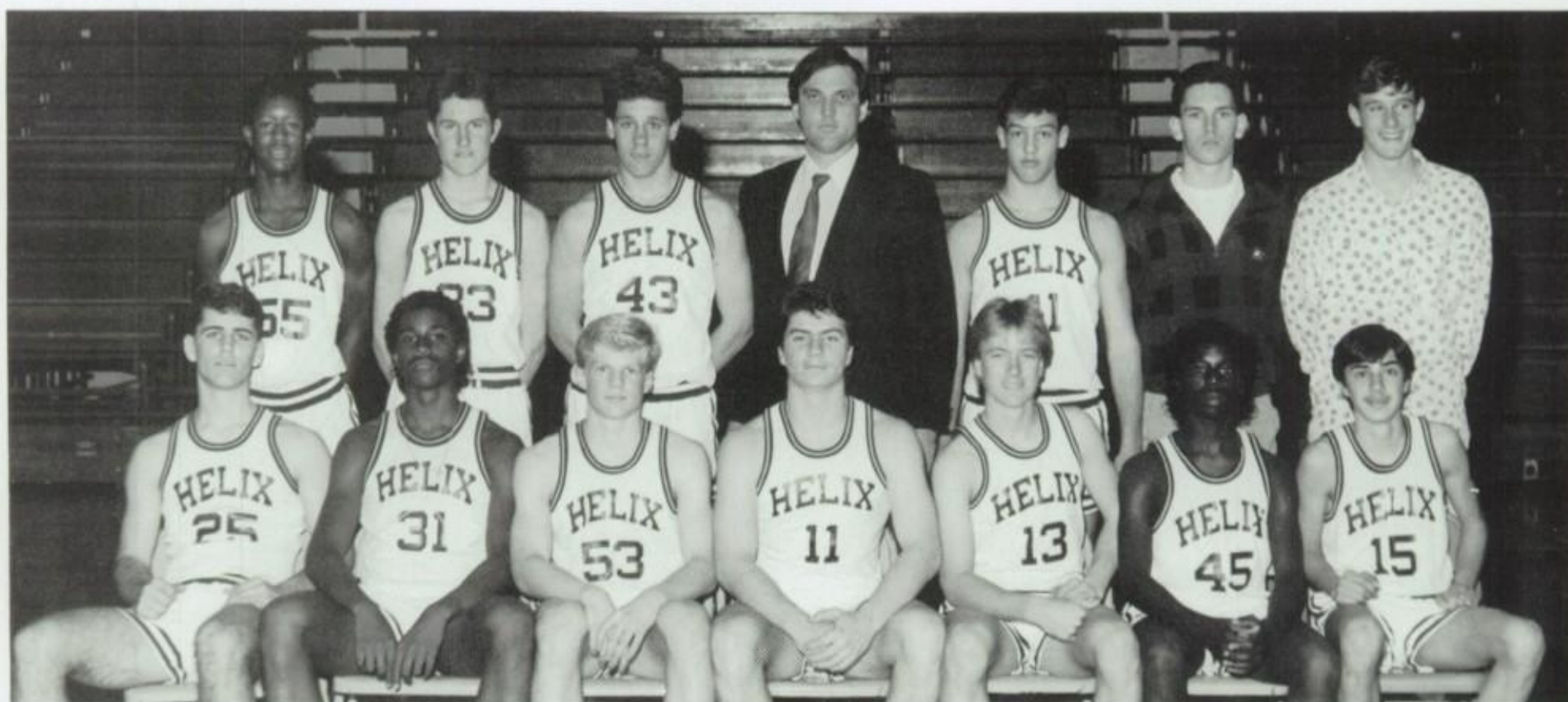


**Rich Haar brings the ball up the court.**





# JV Continues Tradition



Team members: H. Lundy, D. Filbon, T. Vance, Coach B. Walton, J. Price, A. Campos, B. Bodensadt, O.J. Salmond Sullivan, M. Gottlieb, D. Pabone, C. Masilon, R. Ippolito, G. and D. Munoz.

This year's JV basketball team continued upholding a winning tradition as they were tied for first place at midseason with a 9-1 record. Their only loss was in a non-league match against Lincoln. The team was led by forward

Chris Masilon and guard Rob Ippolito. Other team leaders included Marc Gottlieb and Ted Vance. With the performance of the JV team this year, they should contribute strength to next year's varsity.



Marc Gottlieb shows intense determination.



Henry Lundy hits a free throw.



John Price goes up strong for a shot.



LORI



ENGLEHORN

KIM



HENDEE

JULIE



O'NEAL

ANDREA



McTRUSTY

DEISHA



PATTERSON

KACEE



MILLER

KRISTIE



PATTERSON

KATHERINE



FERREIRO

TINA



USQUAINO

DANEA



HEDDY

KRISTI



GUDITH

SUSAN



ALLSING

SUSAN



SCHROEDER

# Girls Basketball



# Highlanders Enjoy Success

Coming back from an impressive season in 1987, the lady hoopsters showed they still had what it would take to be among the Leagues best. With an impressive record of 13-3 in League and 16-5 overall, with the season drawing to a close, the women Scots were second in The Grossmont League and should receive a spot in this years C.I.F. playoffs. With returning players such as *Kristi Patterson*, *Christina Usquiano*, *Kim Hendee*, and *Julie O'Neal*, The Highlanders were 8-1 midway through the season, suffering their only defeat to League leading Santana. In the Kiwanis Tournament, The Highlanders won two out of four games with loses

to top ten teams Patrick Henry and Vista. Leading the way for the Highlanders was Senior forward *Kristi Patterson* who was among the leading scorers in the League. Another strong forward was Junior *Julie O'Neal*, who will return next year for the Varsity squad. Showing their balance on the court, Helix had *Christina Usquiano* and *Kim Hendee* at the guard positions to help with the scoring. With help from Juniors *Andrea McTrusty* and *Susan Allsing*, The Scots showed their depth in youth. Having only three Seniors on the team, the lady hoopsters should make an impressive showing in The Grossmont League next season.



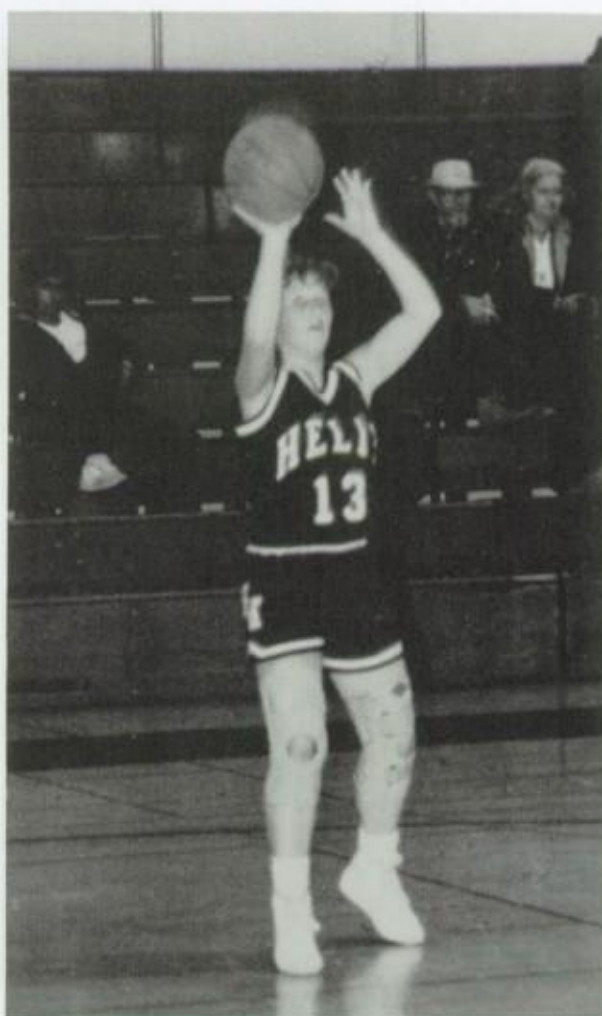
*Christine Usquiano* plays pressure defense.



Two Scotties try to steal the ball from an opponent.



*Julie O'Neal* makes a layup for two points.



*Andrea McTrusty* looks to pass inside.



*C. Usquiano* puts up a shot for Helix.





*Kristi Patterson shoots in "the paint."*



*Susan Allsing makes a power layup.*



*Coach Singer talks to the team between quarters.*



*Kristi Patterson wins the opening tip against Mount Miguel.*

*Julie O'Neal hits a jump shot.*





# JV Girls Show Promise

"We have a strong returning team, led by sophomores Cindy Clubb, Tristin Carson, and Ann Daglio," said Coach Morrow. In his second year as head coach, Morrow has led the team to a 5-3 start with victories over Valhalla and

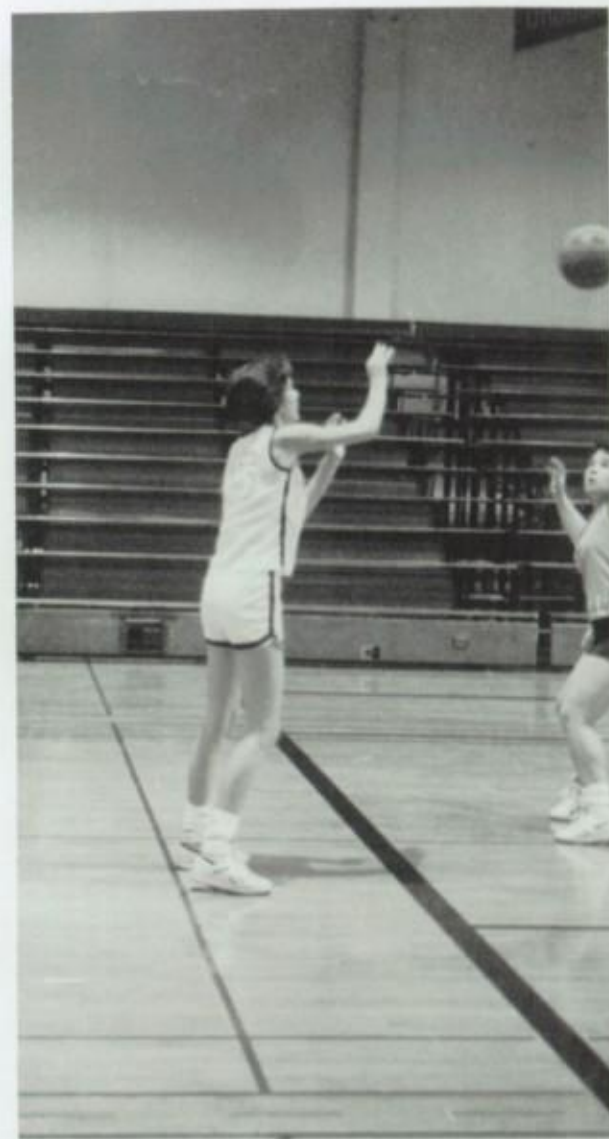
Grossmont. Three of the girls victories were earned by margins of fewer than four points, showing their intensity and determination in tight situations. The team predicts a strong future for Helix girls basketball.



Nicole Cando shoots a jump shot.



Helix girls run an inbound play.



Tristin Carson puts the ball in play against Valhalla.



Back Row: R. Osthimer, N. Cando, K. Cook, Coach Morrow, Castillo, E. Gay, C. Clubb, J. Weir, A. Daglio, S. Sexton, L. T. Carson, M. Dumont, J. Mounts, M. Sand Front Row: C. Bolton.



DAVIDE



CEFARIELLO

DAVID



SELDER

CRAIG



GAINGREGORIO

ISSAC



LEWIS

JASON



COOKE

KENJI



HALL

CHRIS



MARTINEZ

BOBBY



GIFFORD

VESA



PELTOLA

EDDIE



GREENE

ANDY



SEALES

ERIC



FARMER

RAMON



TORRES

ED



ROEDER

WADE



WILLIFORD

TONY



McLEAN

B.T.



BURDICK

# Boys Soccer





# Soccer Shows Fighting Spirit

As a result of experienced returning members, the Highlander's soccer team proved to be a formidable opponent in league play. The Highlanders powerful offense was led by seniors *Craig Giangregorio*, *Tony McLean*, *Chris Martinez* and *Andy Seales*. Backing them up on defense were seniors *Eddie Greene*, *David Selder*, junior *Bobby Gifford*, and freshman *B.T. Burdick*. The Highlander's powerful line-up led

them to a victory in the Rotary Cup, Grossmont League Christmas Tournament. As a result of the unrelenting goaltending of seniors *Daide Cefariello* and *Wade Williford*, the Scots allowed only one goal to be scored against them in the entire tournament. Because of their strong league and tournament play, the Scots entered CIF on a very positive note.



*Eric Farmer* out jumps the opposing team to gain possession of the ball.

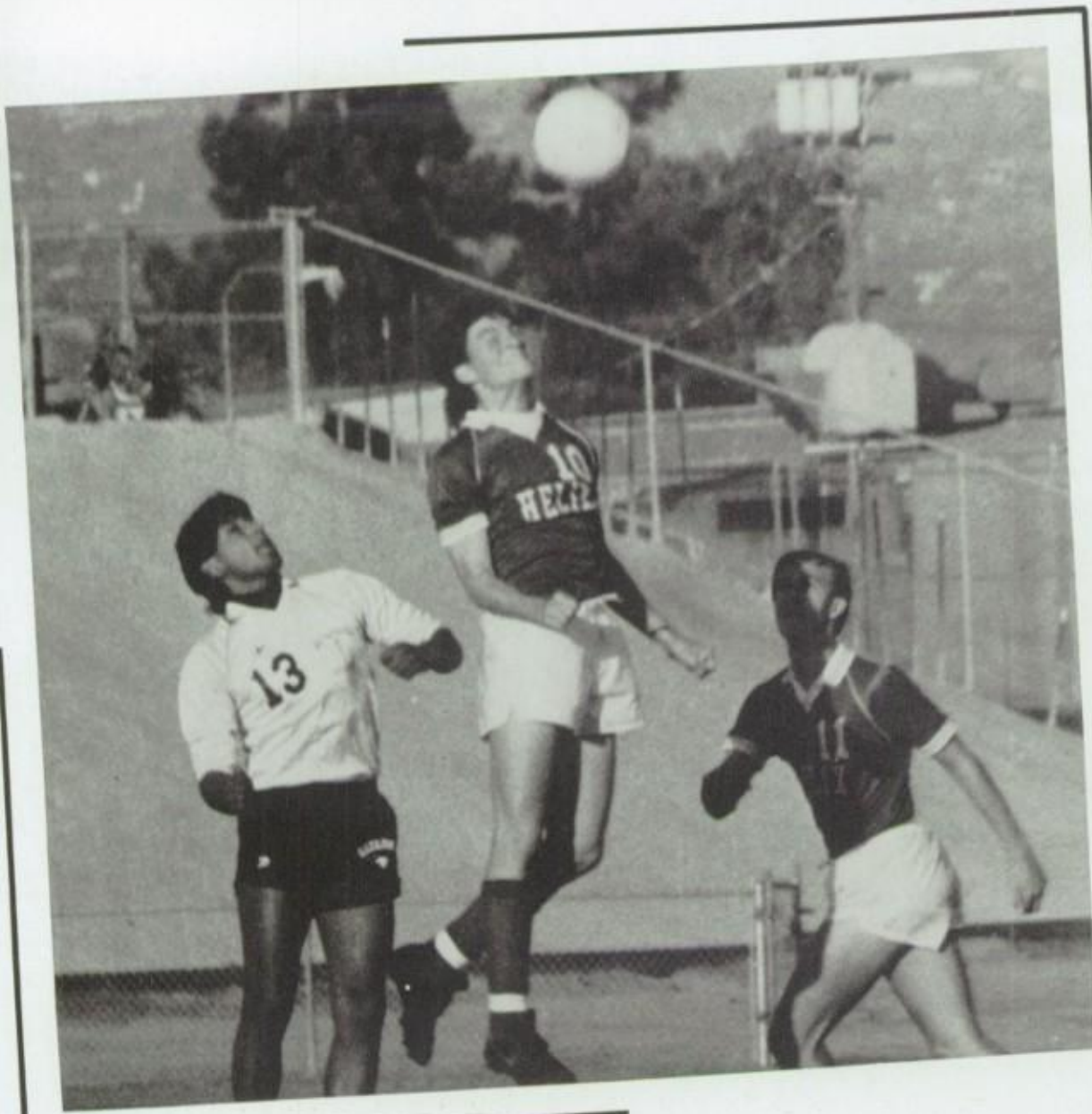


Forward *Craig Giangregorio* moves the ball up field.



*B.T. Burdick* goes up for a header.





**Eddie Greene leaps for a free ball.**



**Midfielder Andy Seales out jumps his opponent in front of the goal.**



**Bobby Gifford goes down to win the ball from a Mt. Miguel forward.**



**Kenji Hall fights to keep control of the ball.**



# Scots Show Promise



Team members include: R. Holliday, T. Mena, R. Diaz, D. Lupo, H. Willidson, J. Story, M. Laube, C. Sousa, M. Martelli, J. Gephart, C. Ridenour, . Hopkinson, . Markin, C. Bayes, J. Gatley, D. Peters, R. Perez, H. Hall.



*Chris Bayes scores important goal.*

Under coach Danny Lachenbruch, the Highlanders finished with a strong record. The Scots were led by high scoring forward *Chris Ridenour*, midfielders *Jeff Gatley* and *Hiroshi Hall*, and fullback *Harry Willidson*. The Scots are looking forward to an excellent future.



*Robert Perez dribbles around defender.*



CRISTI



TURNER

JUDY



SHEPARD

HEATHER



HOPKINSON

PAULA



BURMEISTER

MONICA



MURDOCH

KRISSI



MOE

KAREN



COHEN

BECKY



REYNOLDS

TIFFINY



TINSLY

HAVILAH



TAYLOR

SHERI



ESPINOZA

MICHELLE



ESPINOZA

MICHELLE



GOMEZ

ANNE



MARTINEZ

JULIE



PILKINGTON

KARRIE



DOWNEY

LEA



MARTIN

MELISSA



BJORNSON

JENNIE



LONG

HEATHER



EASTIN

# Girls Soccer

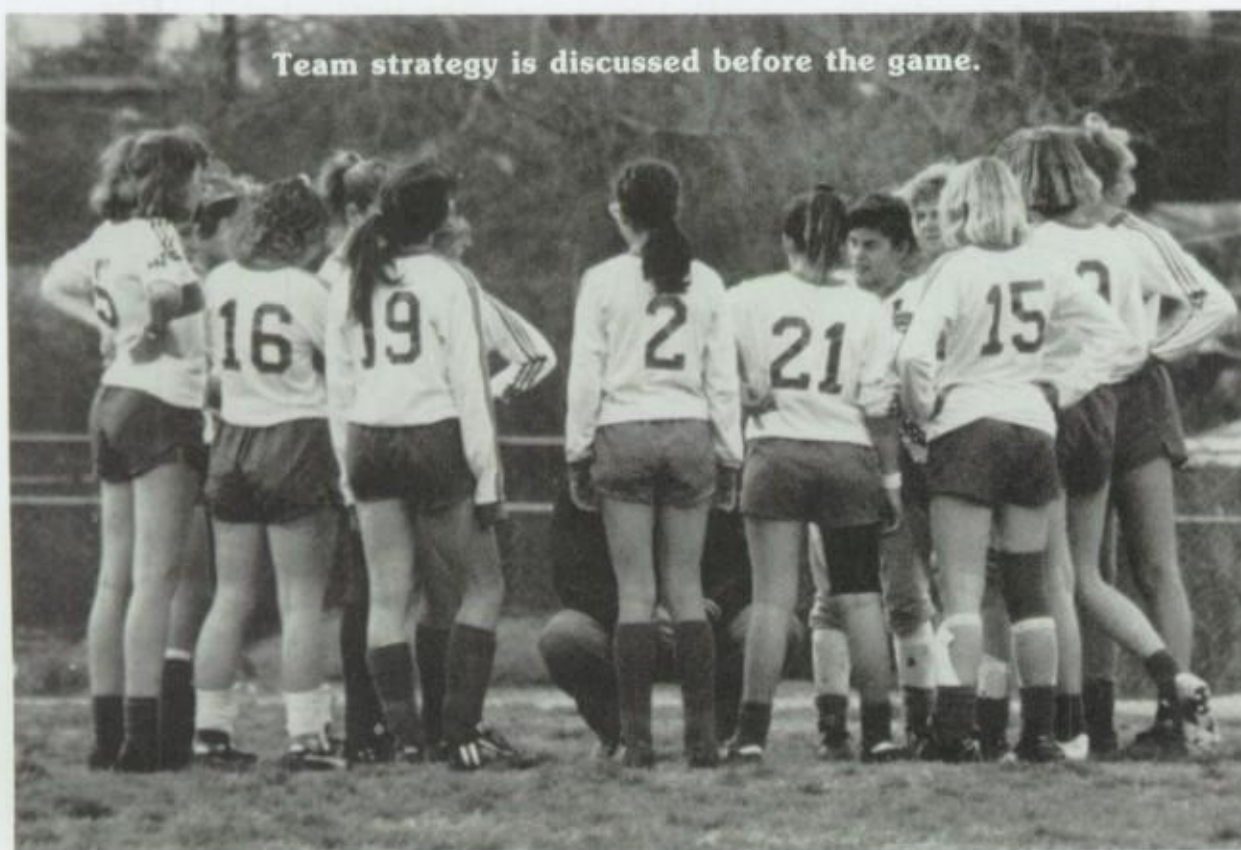






*Karrie Downey battles for possession of the ball.*

## New Beginning For Lady Scots



*Team strategy is discussed before the game.*



*Jennie Long kicks the ball down the field to a teammate.*

This year's girls soccer team was very young, with the majority of the team being made up of freshman. This made the team more inexperienced than in years before, but that much more willing to learn. The team lost only four seniors to graduation, Melissa Bjornson, Heather Eastin, Krissi Moe and Christi Turner, who all helped the team in gaining experience. Some new assets to the team such as freshman Karrie Downey and Julie Pilkington were the teams leading scorers and scored more goals alone than the team of last year put together. This new beginning helps the team look forward to a promising future.







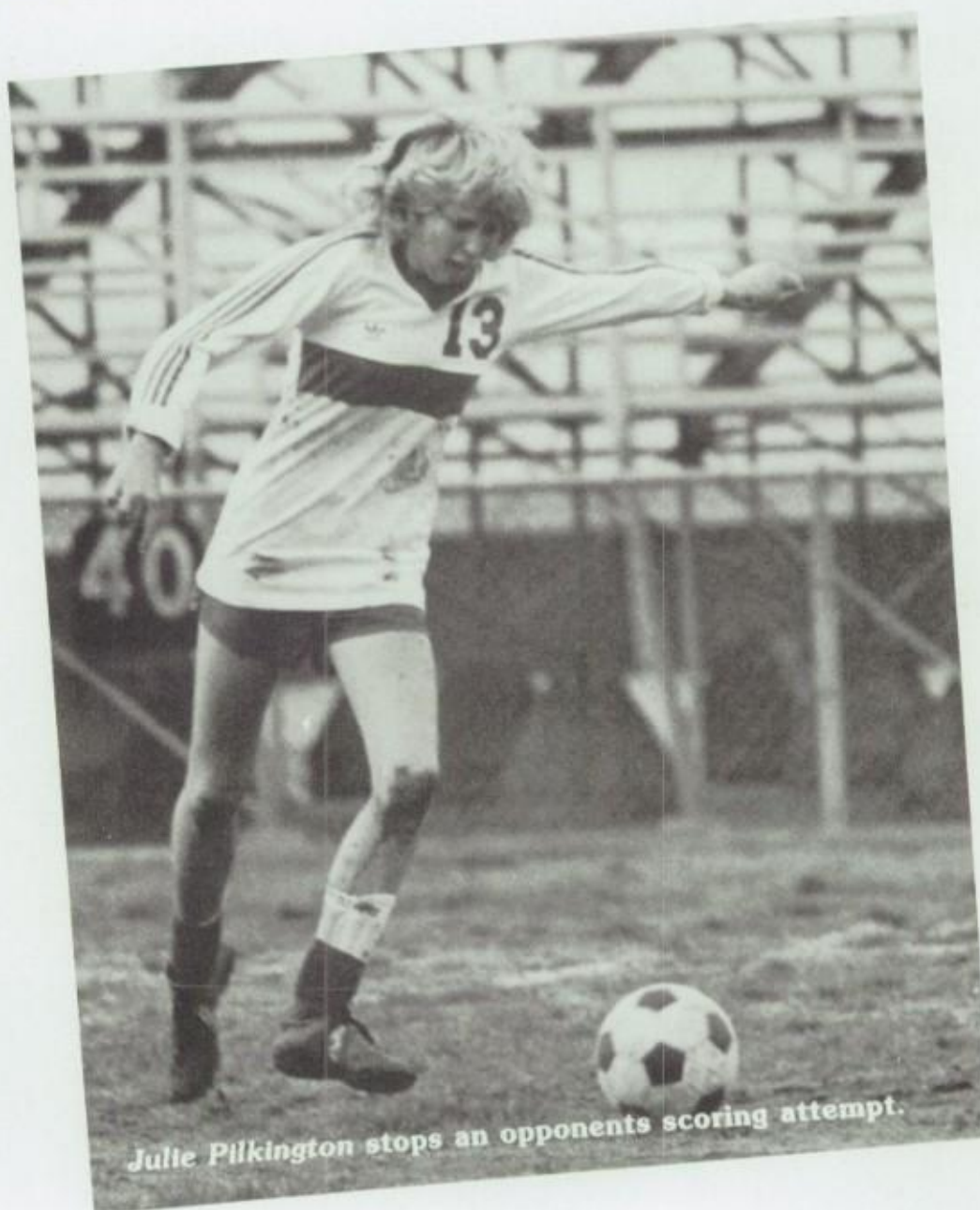
**Goalkeeper Christi Turner clears the ball up field.**



**Two Highlanders celebrate a goal.**



**Coach John Moe watches with intensity.**



**Julie Pilkington stops an opponents scoring attempt.**



# Wrestling

DARRIN



KAWASAKI

GIL



NUNEZ

PAT



McAVENE

RIC



RUSHING

MATT



McAVENE

MATT



LANGSTON

KEVIN



WALSH

KEN



CARLILE

BROCK



BAYES

GARY



JENKINS

DOUG



HAMMELL

JASON



QUIGLEY

CHUCK



LEPTICH

GEORGE



OSTHIMER

JIM

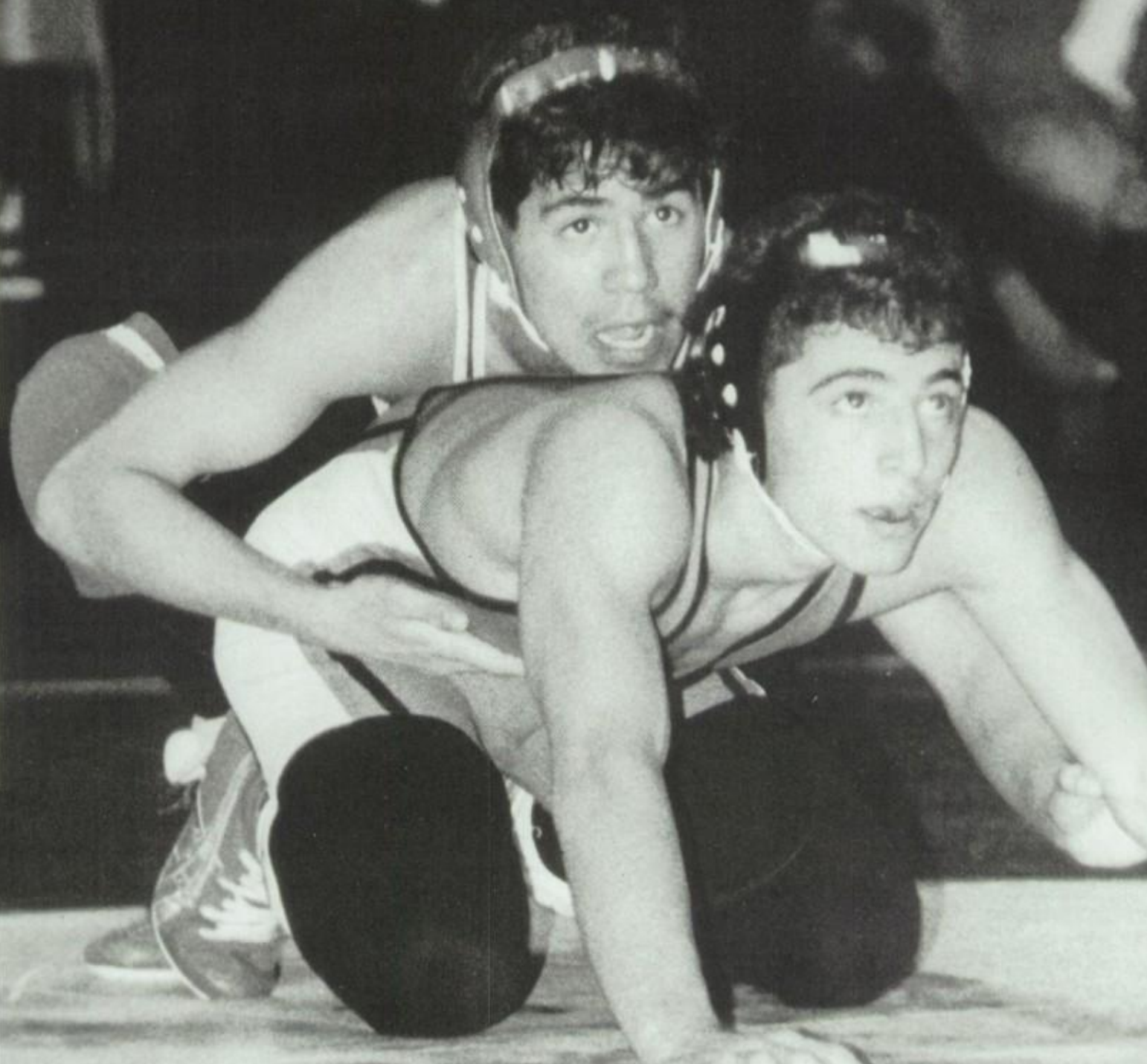


PEKELDER

ERIK



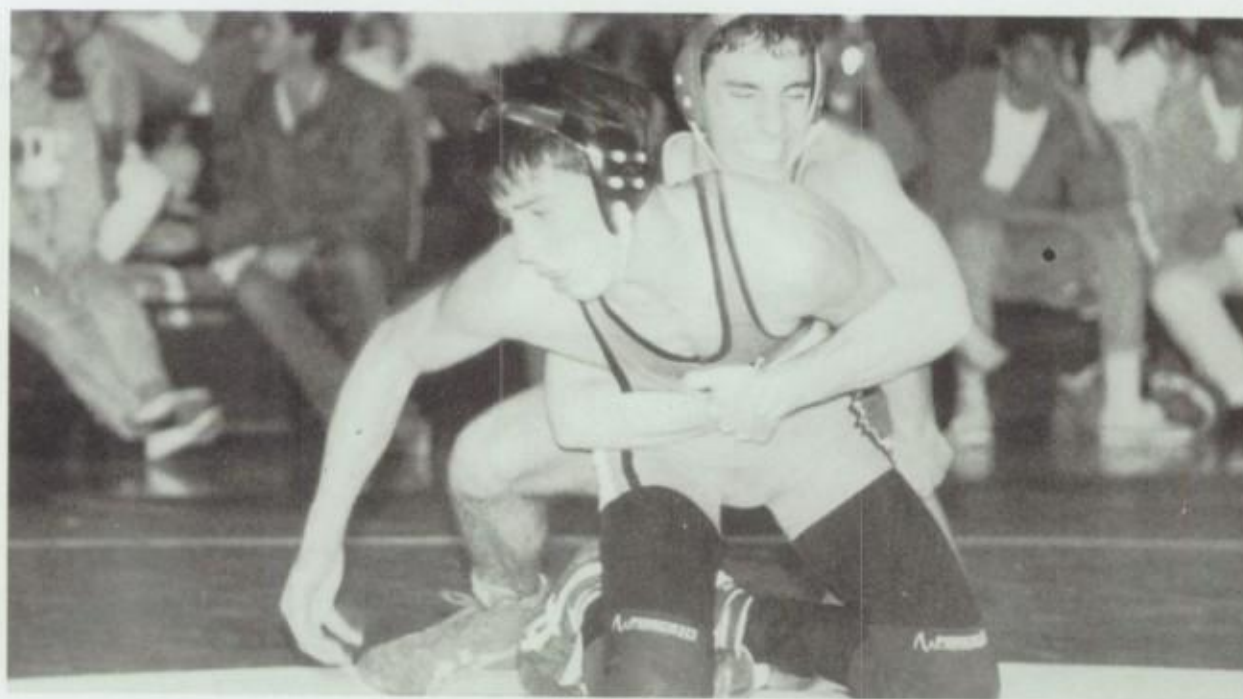
BLISS



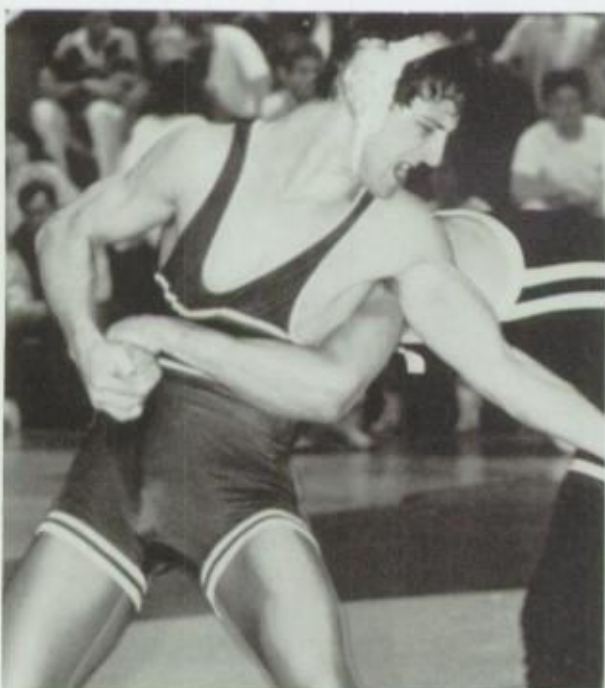


# Wrestlers Wait Til '88

For the past few years, the Helix wrestling team's theme has been, "Can't Wait Til '88." 1988 came and the wrestlers made their wait worthwhile. Under head coach *Dick Langston*, the Scots finished league play with one loss and captured the Grossmont League title through a tiebreaker. The Scots were led by *Kenny Carlile*, *Chuck Leptich*, *Kevin Walsh* and *Gary Jenkins*. Other top performers included *E. Bliss*, *B. Bayes*, *G. Nunez*, *R. Rushing*, *D. Hammell*, *J. Quigley* and *M. and P. McAvene*. In addition to league meets, the Scots participated in tournaments at Rim of the World (1st place team finish), El Cajon (5th), Mt. Carmel (2nd), El Camino and the tournament of Champions. The Scots hoped to top last years CIF 2A 2nd place finish.



*Pat McAvene ties up his opponent.*



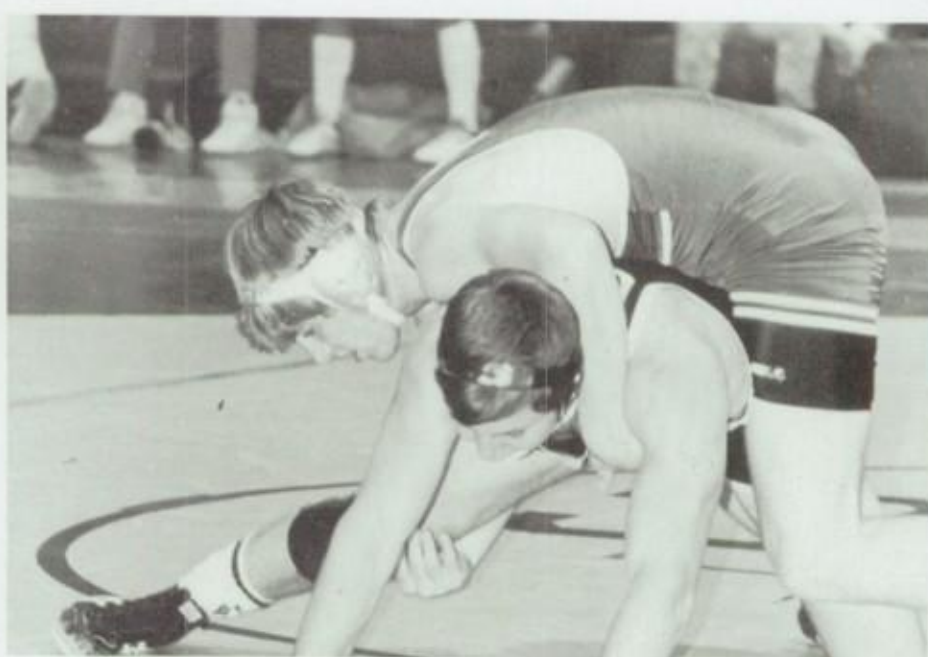
*Jason Quigley battles for position.*



*Erik Bliss stymies his opponent.*

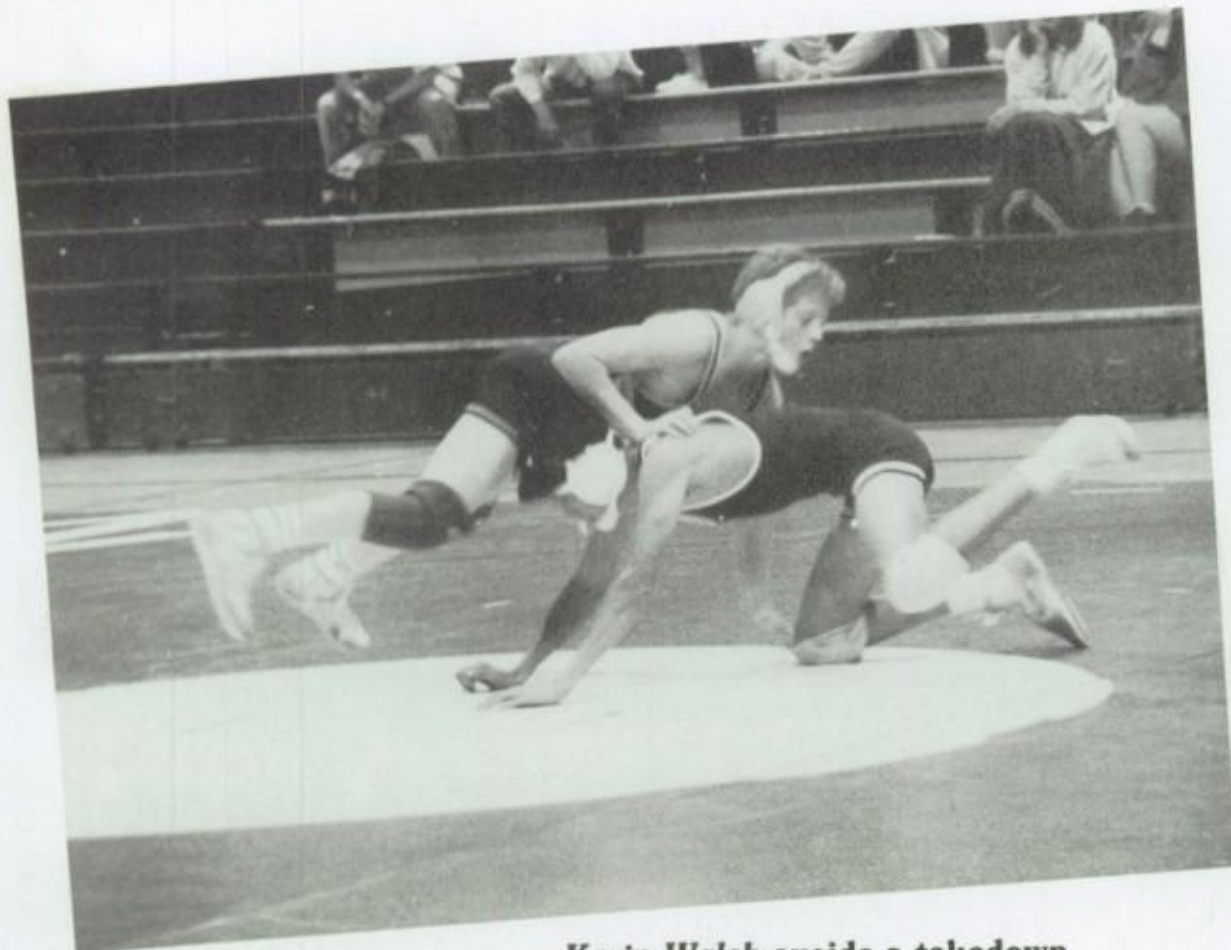


*Jim Pekelder gets the upper hand.*

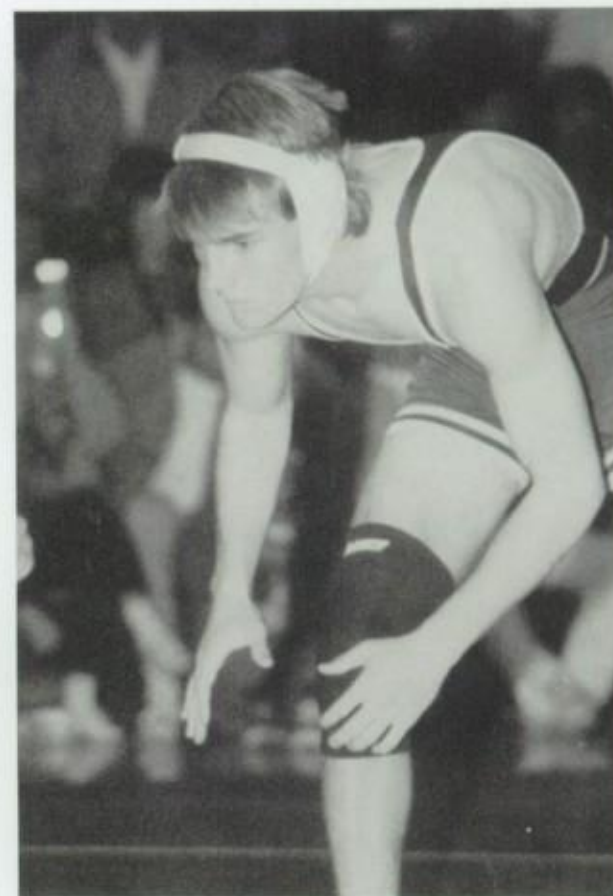


*Chuck Leptich tries to bring down his opponent.*

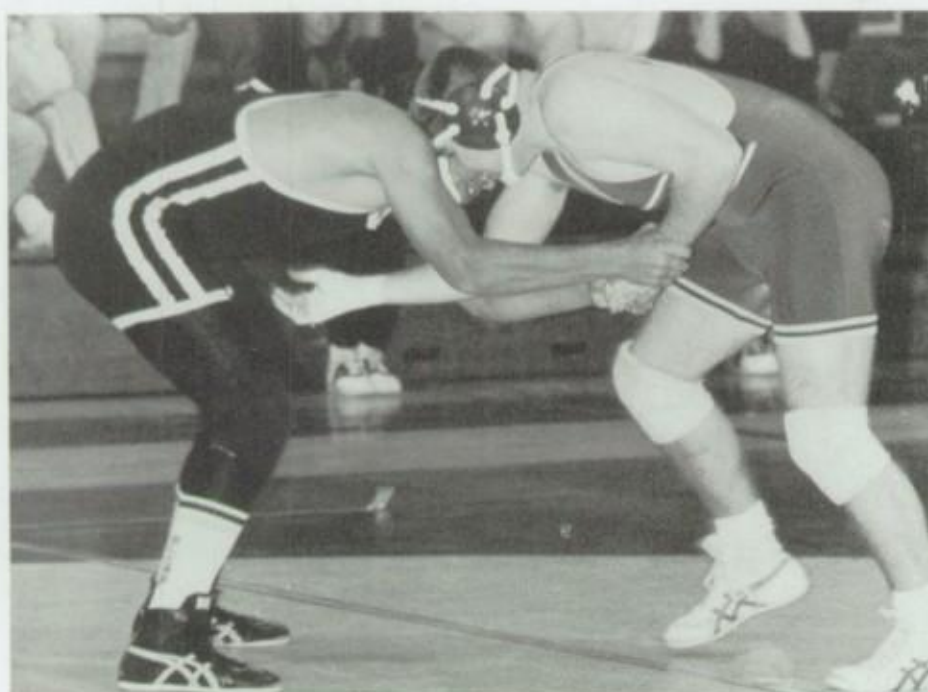




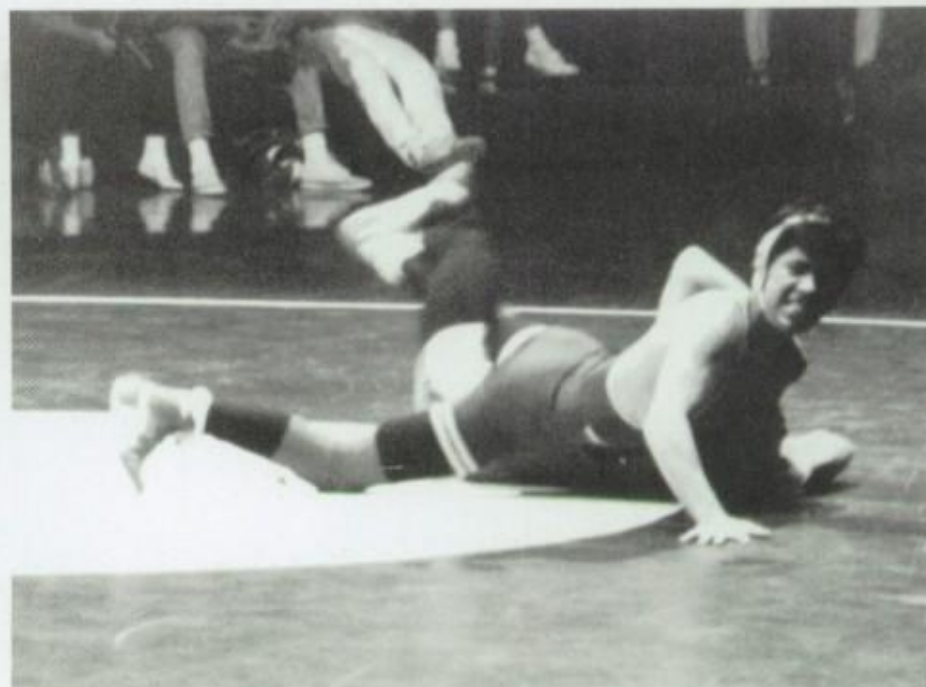
**Kevin Walsh avoids a takedown.**



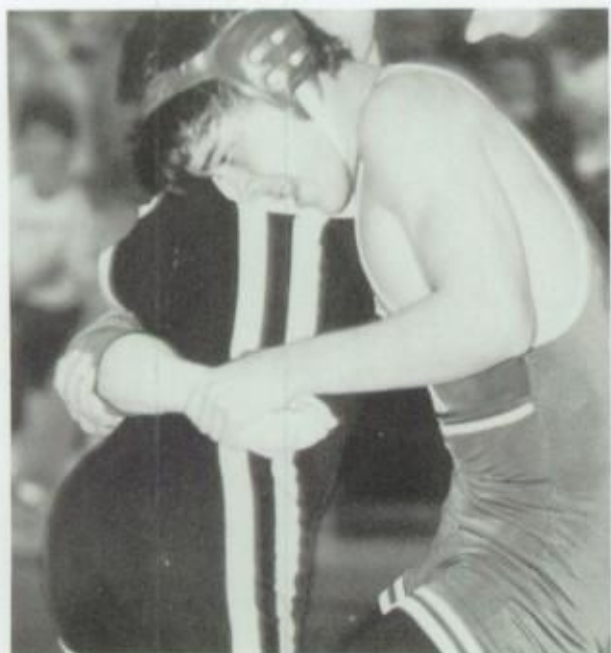
**Ric Rushing prepares for battle.**



**Jim Pekelder locks up with his opponent.**



**Gil Nunez looks for a win.**



**Ken Carlile grabs his opponent.**

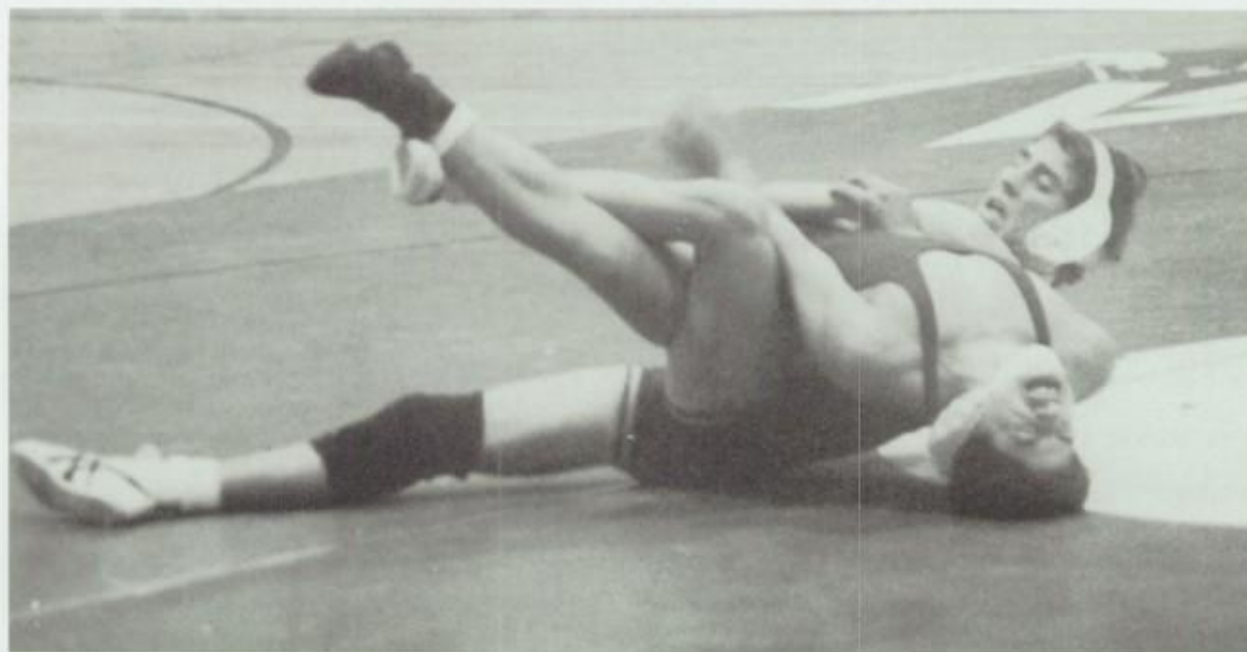


**Chuck Leptich cradles his opponent in hope of a pin.**

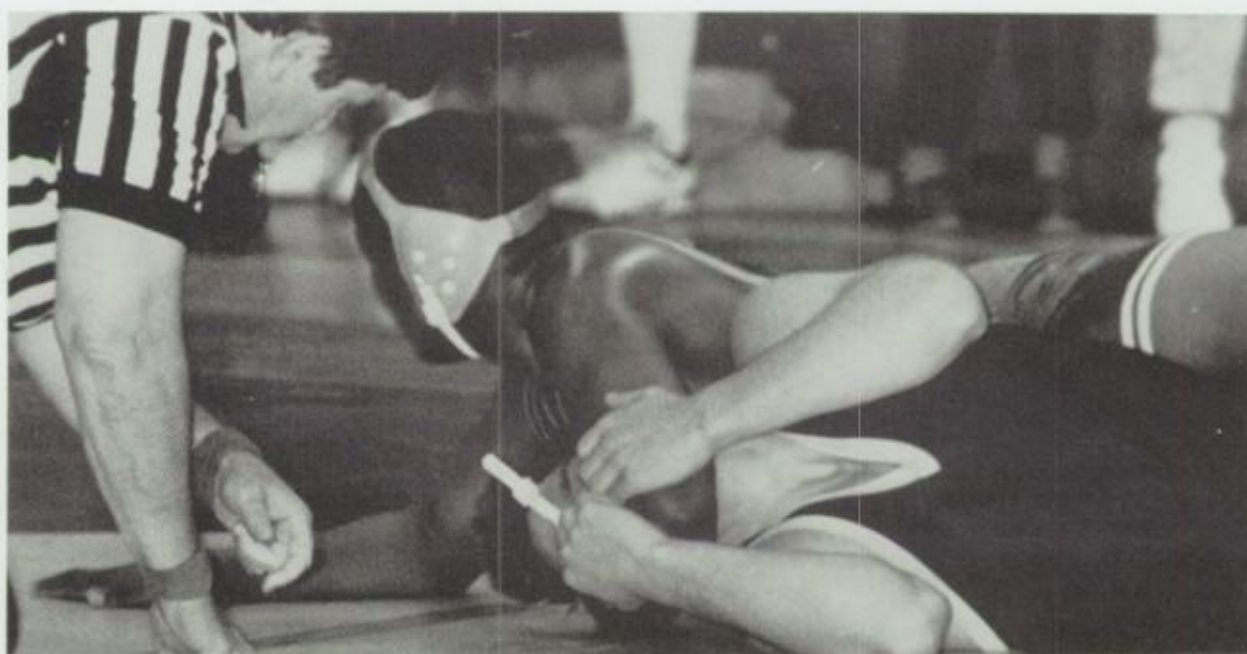


# JV Wrestlers Near Top

The Highlander JV wrestling team lost two matches and was a game out of second place with one match remaining. Under coach *Dick Langston*, the team was led by *Cedric Calhoun*, *Marvin McCollough* and *John Osthimer*.



*John Osthimer controls his opponent.*



*Cedric Calhoun goes for a pin.*



Team members include: Cawa Aziz, Sean Julian, Joe Constaniro, Headran Ablas, John Osthimer, Quinton Foster, Steve Woods, Mark Clark, Jon Bender, Chris Israel, Marco Merlos, Marvin MCCollough, and Don Hunt.



# Baseball

RICK



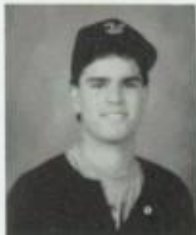
NAVARRO

DAN



TIIMALU

DAMON



LUBAN

ROBBIE



IPPOLITO

SPIKE



MITCHELL

TRAVIS



GLEASON

JASON



LEDFORD

DAMON



CHASE

RICH



HAAR

RICK



PAGE

ERIC



WEST

CHRIS



GIAQUINTA

TORY



WINROW

RICH



PEDRIN

JOE



SMITHEY

GARY



MALER

EDDIE



EVILSIZOR

TOM



HALL





# Bustin' Loose

## In '88

Bustin' Loose In '88 became the varsity baseball team's motto and they lived up to it very well. The team consisted of varsity experienced players at every position. Returning from last year were catcher *Rick Page*, first-baseman *Jason Ledford*, second-baseman *Damon Chase*, shortstop *Rich Haar*, center-fielder *Rich Pedrin*, and the pitching of *Rick Navarro*, *Damon Luban*, and *Gary Maler*. The team got off to a good start by taking third place in the Hilltop-Moose Tournament. In the tournament the team compiled a record of 5-1 by

beating some non-league teams. Leading the team offensively were *Chase*, *Page*, *Haar*, *Ledford*, and *Dan Tiumalu*. New head coach, *Jerry Schniepp* had a positive feeling that his team would win it all. "We've taken our lumps the past couple of years, now maybe we can make up for all of that this season." Ranked 1st in league and 2nd in the county, the team felt good entering the play-offs. With a crew of experienced juniors, the team next year will be Bustin' again.



*Coach Schniepp concentrates on the game plan.*



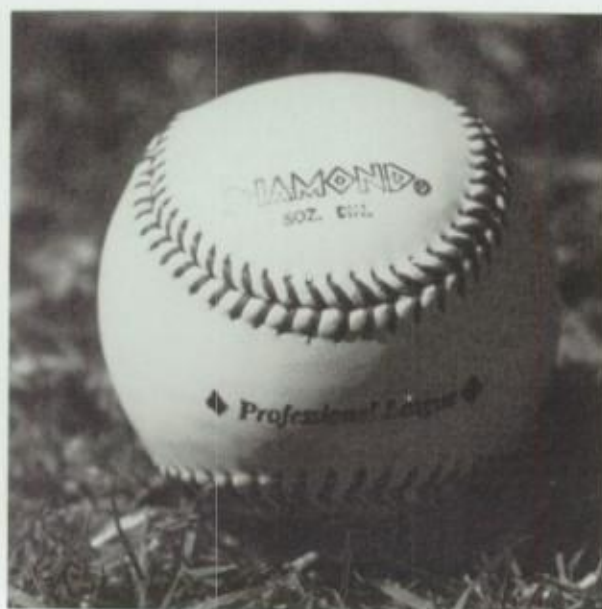
*Jason Ledford puts the tag on a picked-off runner.*



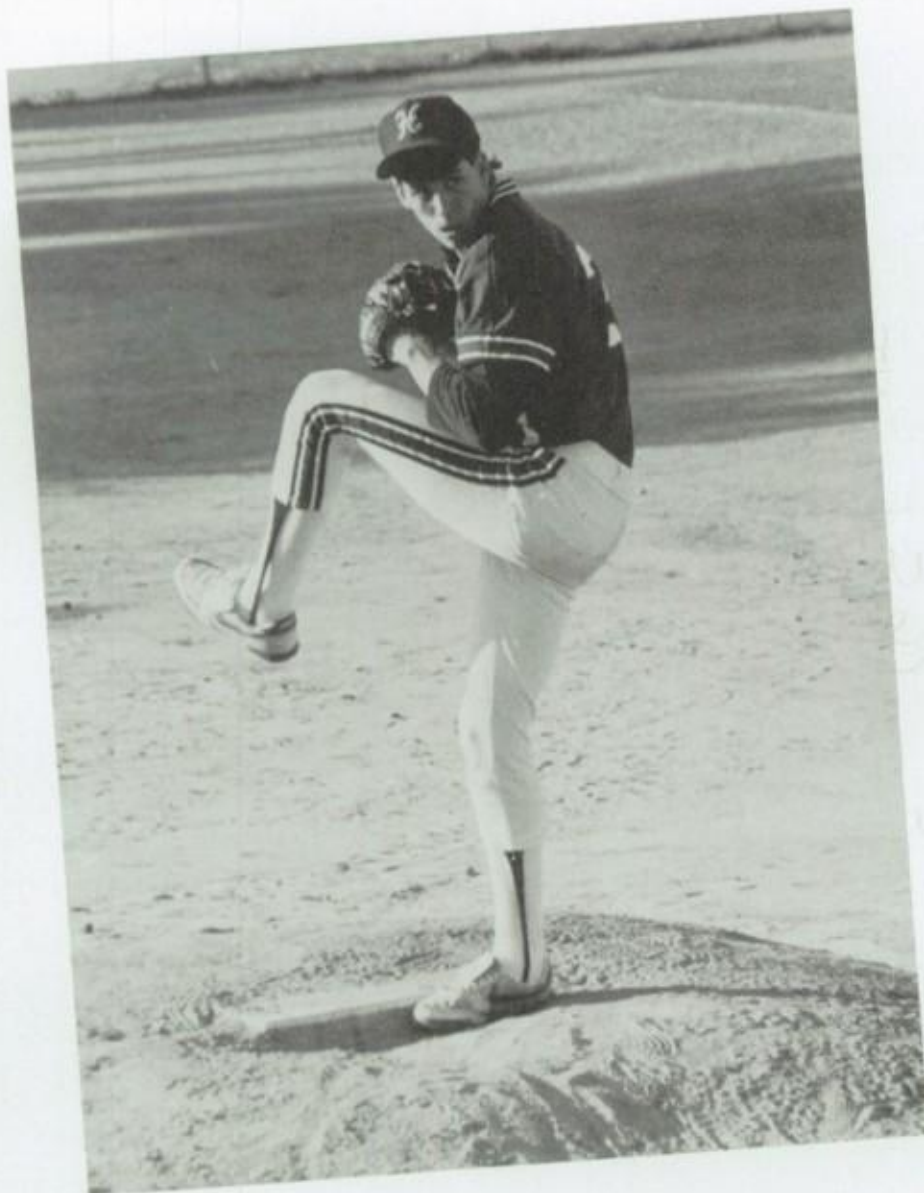
*Rick Page awaits a fastball.*



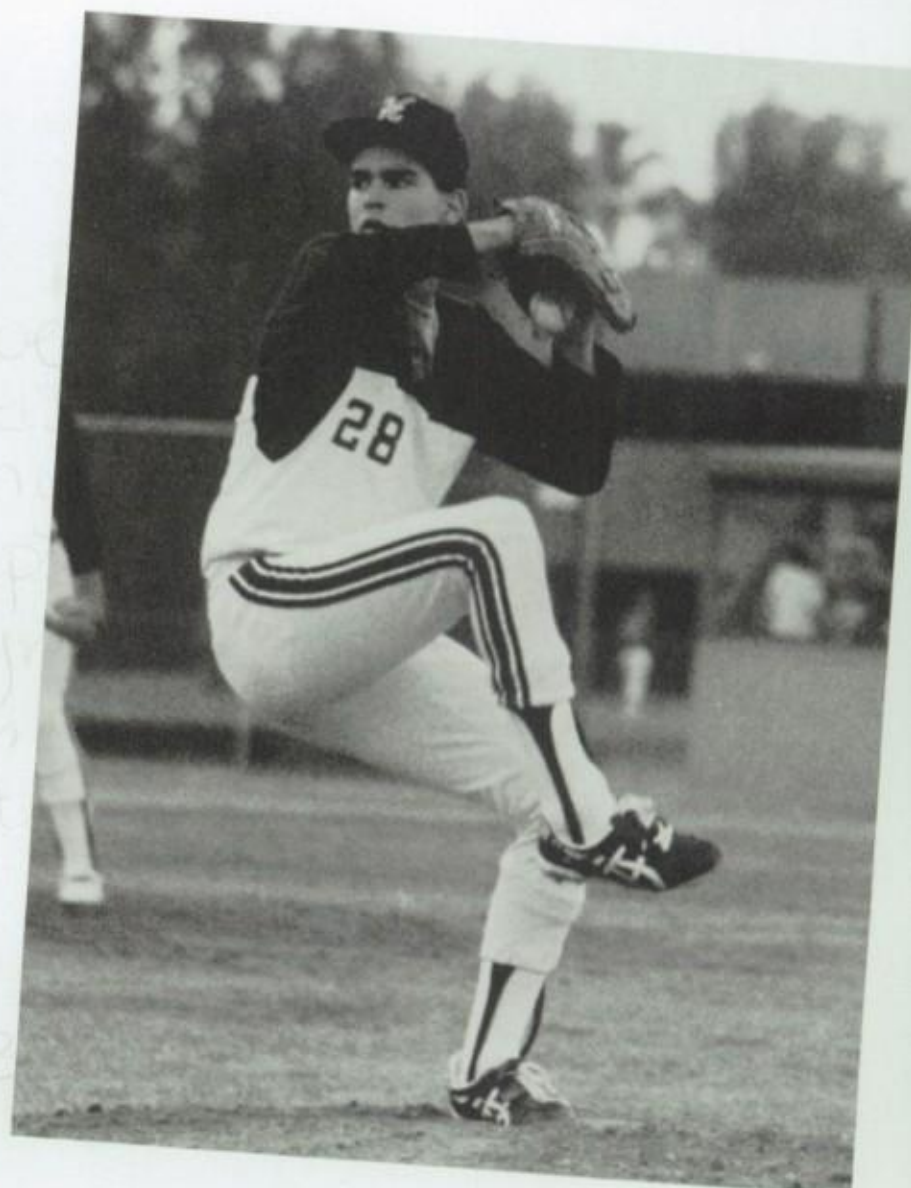
*Rich Pedrin takes one down the third base line.*







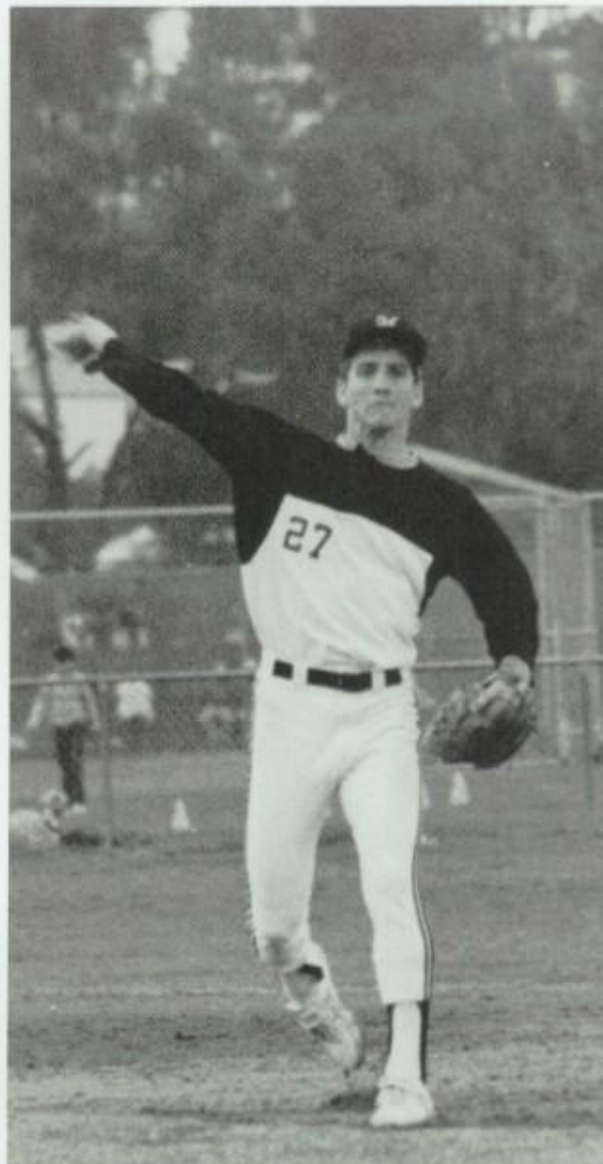
**Junior, Gary Maler.**



**Senior, Damon Luban.**



**Dan Tiimalu takes one up the middle.**



**Rich Haar extends to get the out at first.**



**Damon Chase concentrates on the pitcher.**





Members: Coach D. Saatzer, C. Oakey, T. Vance, B. Bodenstadt, S. Ballyntyne, P. St. John, T. Grindle, E. Nicholson, Coach E. Evilsizor, M. Cox, V. Saldamando, J. Po-

leski, M. Salvatierra, A. Rodriguez, M. MacAvene, D. Caporale, J. Frey, R. Diaz.

## JV Baseball



Eric Nicholson follows through on a fastball.



David Caporale hits one hard.



# Softball

STACY



BAKER

MARIE



CORTEZ

HEATHER



EASTIN

MICHELLE



GOMEZ

JAIME



JEFFERS

MICHELLE



LEONE

JOAN



MOSER

ALI



PNIK

JENISE



RUBIANO

SHELBY



SEXTON

SHALEEN



SHERIDAN

SHANNYN



SMEDLEY

JODY



ZOLLINGER

John,  
I'm really glad we had a class together  
and became friends. You're a real nice  
person and funny too. I'm finally  
out of here yipee!! You still have  
the mighty Byrns to go; Good luck;  
hang in there. You're such  
a cutie; Never change!!  
Luv ya,  
Michelle Gomez  
#15  
KIT  
68-3373



# Determination, Skills Surprise Opponents

With the loss of half of the team from last year to graduation, the lady scots softball team had some work in store for them. The remaining half took charge and helped guide the team through a productive season. The scots started off strong by winning three out of their first five non-league games. Determination to prove that they were a team to watch out for, kept other teams

on their toes and changed their attitudes. Being the under dog was something that the scots did not mind. The lady scots proved that they were just as strong as any other team and their winning spirit helped. Second year Coach Cindy Moser provided the leadership that resulted in a more confident attitude and desire to prove their team abilities.

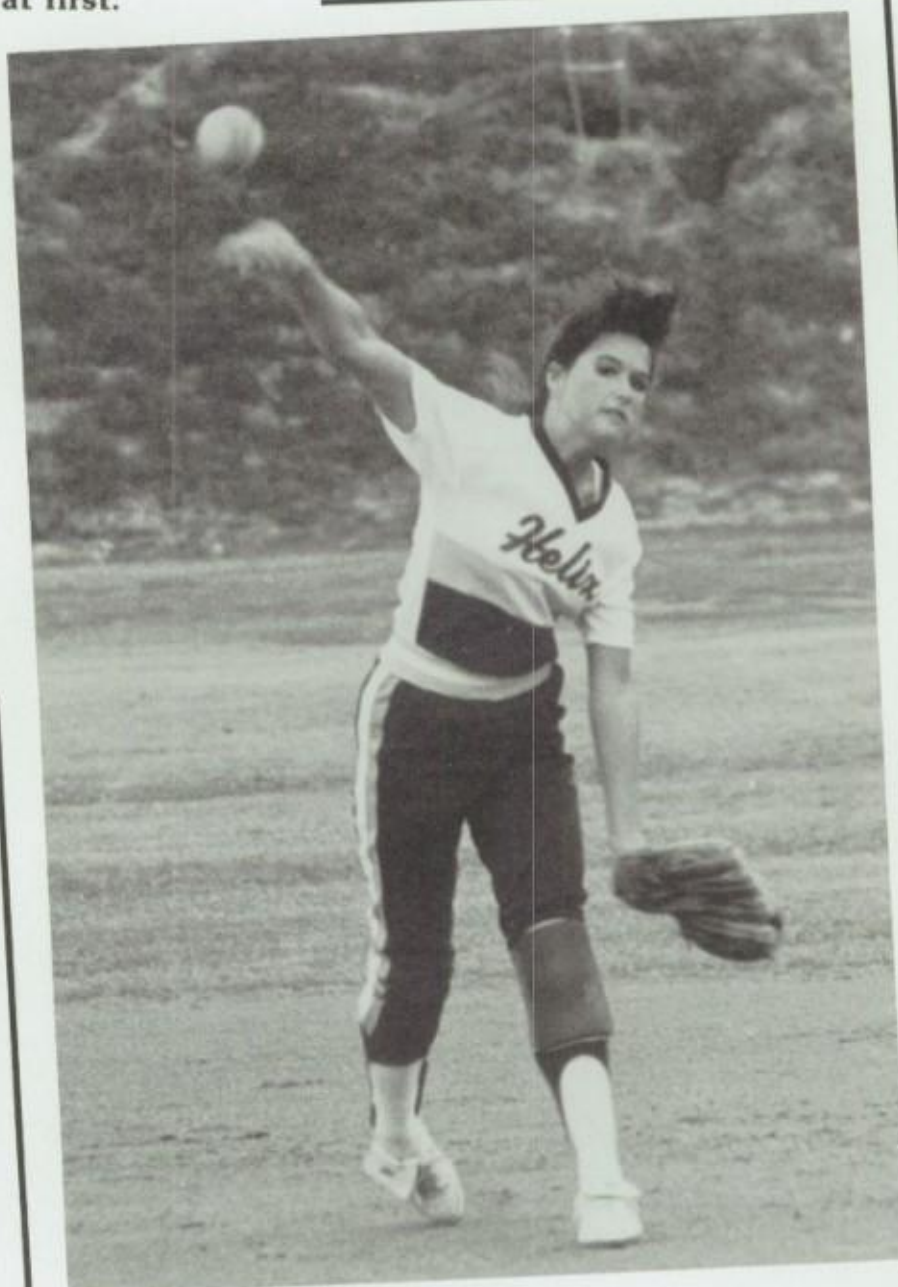


*Shaleen Sheridan stays ready for a hit ball.*



*Shelby Sexton pitches the ball for a strike.*

*Jaime Jeffers throws a girl out at first.*



*Coach Cindy Moser talks to her team before the game.*





**Marie Cortez waits for that perfect pitch.**



**Michelle Gomez attempts to strike out another opponent.**



**Joan Moser stays aggressive behind the plate.**



**Ali Pniak jumps high to catch an overthrown ball.**



# JV Softball



Team members included: H. Wachs, J. Pilkington, S. Dominy, S. Narbin, L. Martin, N. Houghtaling, K. Woods, Coach M. Favero, L. Crumly, P. Gutierrez, L. Trent, T. Farris, M. Gutierrez, J. Zayas and S. Sanders.



At the plate, Sara Dominy waits for a pitch.



Lisa Trent pitches a fast ball.



Monica Gutierrez gets under the ball.



# Boys Track

ERIK



BLISS

JEREMY



BOTTROFF

ALI



CAMPOS

JOE



CASTILLO

JOHN



DAQUILA

TOM



GALVEZ

PRESTON



JONES  
BRIAN



TURNER  
CHRIS



MASILON  
TONY



McLEAN  
RON



MEINUNG  
DAVID



NORMADIN

JEFF



WRIGHT

TRAVIS



VAUGHAN

GARY



SPEARMAN

ERIC



SANDOVAL

GORDON



ROBINSON





# Track Looks for High Finish

The Highlander Track team opened the 1988 track season with a big win over Grossmont and a tie with Valhalla. Senior *Travis Vaughan* felt "This year's team has a great deal of potential . . ." Under head coach *John Geary*, the Highlanders were led by sprinter *Gary Spearman* and distance man *Gordon Robinson*. In the field events, pole vaulter *Eric Sandoval* and jumpers *Andy Bocko*, *Tony McLean* and *Jeff Henson* led the way.



Coach Schultz talks to his team.



Travis Vaughan concentrates on the shot.



Dressed to kill.



Gary Spearman sprints away from the rest of the field.



Jeff Henson prepares for take-off.





**Chad Conway looks strong in his race.**



**Javier Lozano puts forth an extra effort.**



**Pole vaulter Eric Sandoval goes for the win.**



**Ron Meinung readies himself for a toss in the shot put.**





Members included: M. Brown, E. Curtis, M. Dow, R. Fail, Q. Foster, J. Gatley, J. Price, R. Price, A. Ridenour, C. Ridenour, B. Sanders, M. Schmitz, J. Sikes, R. Holaday, E. Kallis, J. Kleinick, J. Ledford, J. Lozano, J. Lozano, M. E. Stavola, D. Smoke and T. Weber. Martelli, D. Miller, L. Nguyen, A. Norbert, J. Oderlin, J. Osthimer, D. Peters,

# JV Track



Two Helix runners lead the pack.



Rob Price comes down the home stretch . . .



With Mike Schmitz close behind.



# Girls Track

TRAM



TRAN  
HEIDI



WHALING  
ELIZABETH



JORGENSEN  
JENNY



BERRY  
KYM



PATTERSON  
ANN



DAGLIO  
KRISHNA



FOSTER  
PATTY



HORTON

MICHELLE



DANZY

PATTY



PHONG

CINDY



CLUBB

SANDRA



WILLIAMS  
HEATHER



PRESENKOWSKI  
TARA



WILLIAMS

TAREN



JESPERSEN



KAREN



COHEN  
TIFFANY



SHARP  
KARRIE



DOWNEY  
JUDY



SHEPHARD  
SANDI



DAVIS  
JENNIFER



BRANDLAND  
EDDREN

ALDRIDGE

KACEE



MILLER  
NICHOLE



CANDO

TRACY



DILL

JULIE



SUDIC

YVETTE



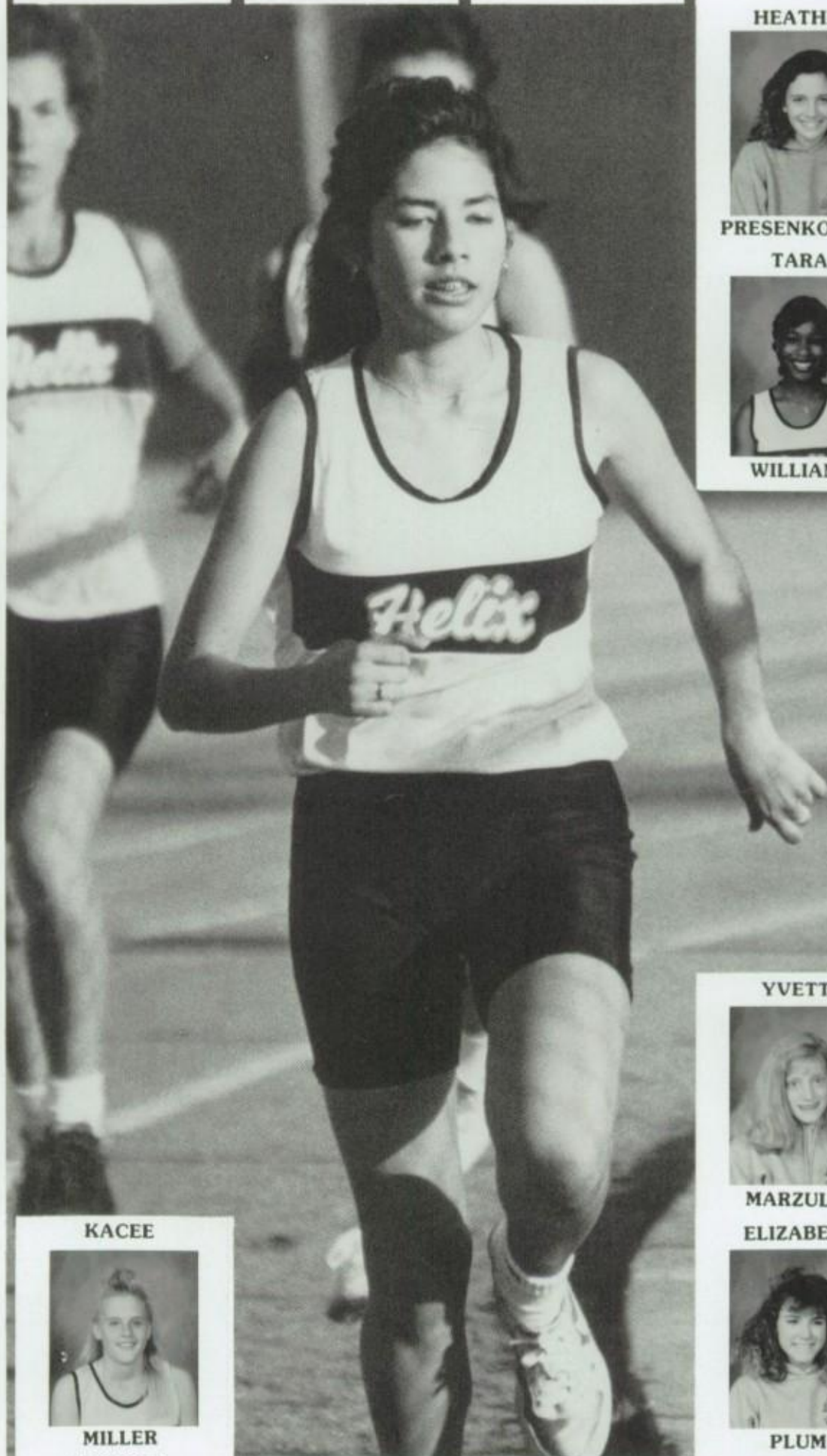
MARZULLO  
ELIZABETH



PLUM  
MICHELLE



ESPINOZA





# Girls Track Shows Unity

Starting the 1988 season, the girls track and field team looked to be one of the top contenders for the league title. With a big team and some promising runners, the girls would be led by *Jenny Berry* in the mile, *Yvette Marzullo* in the quarter mile, *Krishna Foster* in the 880, and *Kacee Miller* in the hurdles. This season the coaches decided to have the whole team practice together, creating team unity and a harder working team, hoping to bring out the best in the girls.



*Ann Daglio gets off a good jump.*



*Nichole Cando races hard in the hurdles.*



*Leading the way for Helix, Krishna Foster.*



*Coach Geary discusses the race with Patty Horton.*





*Michelle Espinoza* works hard during her race.



*Cindy Clubb* attempts to clear the bar.



*Tracy Dill* prepares to throw the shot.



*Kacee Miller* nears the take off in the long jump.



*Tracy Pryor* shows her form.



MIKE



SEIPERT

KRAIG



KATZENMEYER

DAN



OMAHEN

TORBEN



BRUCK

PAUL



DARBY

JOHN



MUNCH

JOEL



HULL

STEVE



SIKES

GARRETT



BJORNSON

JANS



BALTGALVIS

MATT



BUCKLEY

GARON



ROBINSON

BYRON



KONOLD

# Boys Swim



# Boys Look To Dominate

The 1988 Boys Varsity Swim team had great potential entering the season. The team was led by seniors, *Kraig Katzenmeyer*, *John Munch*, *Torben Bruck*, *Mike Siepert*, and *Joel Hull*. The Scotts have been undefeated in league competition for the past two years, and coach *Mike Smith* predicts another strong season for the Highlanders. The Scotts showed their strength early in the season by defeating Valhalla in league re-

lays by the score of 77-66. Senior *Kraig Katzenmeyer* is the returning league champion in the 100 backstroke and placed second in the 50 free. *John Munch* and *Mike Siepert* placed second and third in the 500 free. Juniors *Byron Konold* and *Garron Robinson* also made strong showings. The boys were very optimistic about their performance this year.



*K. Katzenmeyer* gets a quick start in the 100 back.



*G. Robinson* shows outstanding form.



*M. Siepert* pulls hard in 100 breast.



*J. Munch* swims the 500 freestyle.





*D. Omahen demonstrates intensity while swimming the 100 breast.*



*Butterflyer, B. Konold shows his powerful stroke against Grossmont.*



*G. Bjornson swims a strong 100 back.*



*T. Bruck demonstrates race winning form.*



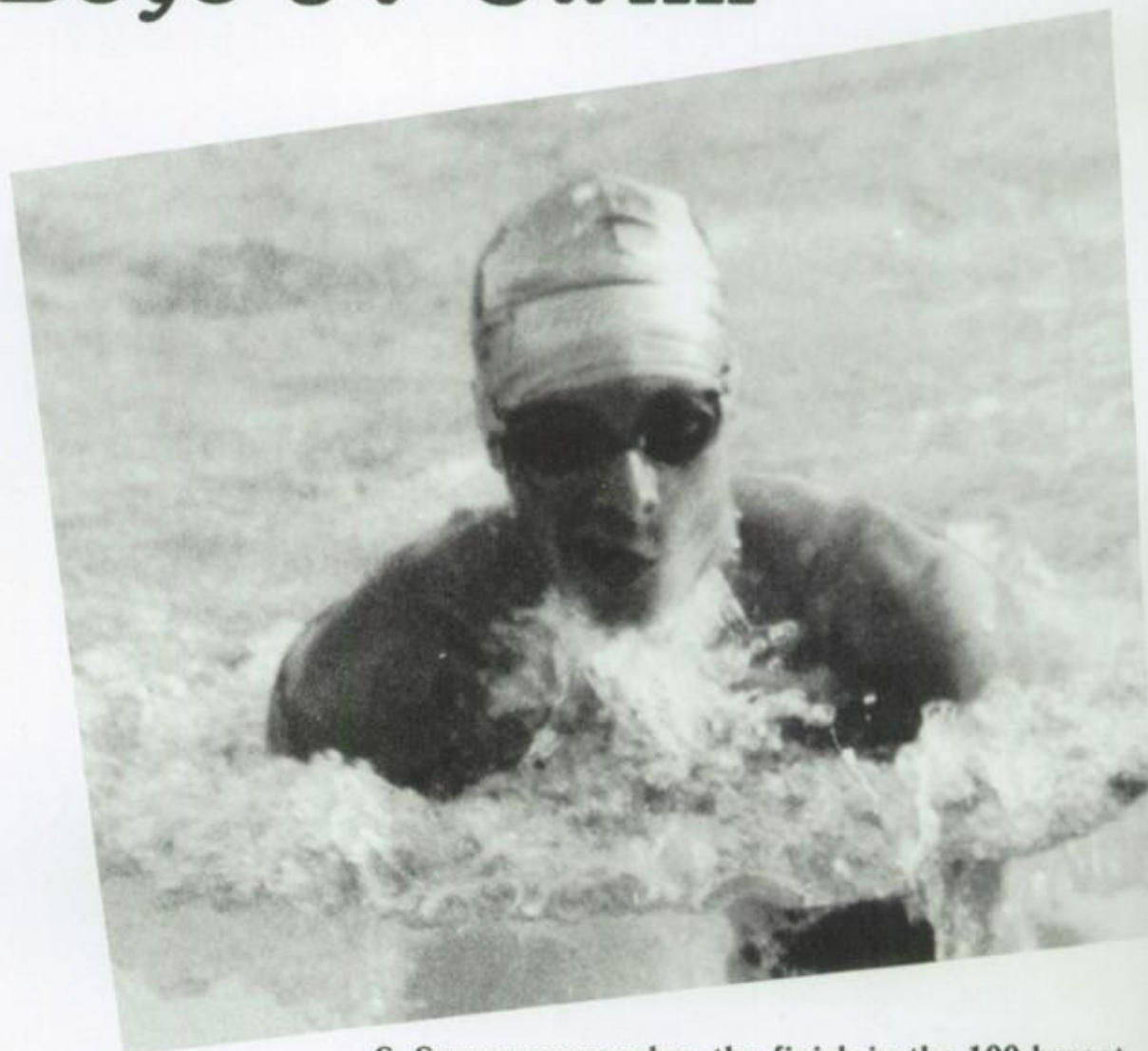


*Team members include: J. Magee, D. Hall, S. Sawyer, M. Schiedel, R. Cando, T. Ney, A. Comana, M. Konold, E. Montgomery, G. Martin, A. Bonnett, E. Arrivee, A. Topovousky, T. Robles, C. Ashe, F. Dennis, D. Schell, K. Oliver, D. Laterade*

## Boys JV Swim



*Sophomore, Mike Konold shows determination while swimming the 100 fly.*



*S. Sawyer approaches the finish in the 100 breast.*



STEPHANIE



BRANDLAND

SHARON



GLUECK

TRACY



SHACKLETT

AMY



GILLINGHAM

NICOLE



KATZENMEYER

DEBBIE



MORNEAU

JENNY



BIRCH

ERIKA



YARYAN

JENNIFER



McCLURE

JILL



BUCKLEY

SHASTA



GAUGHEN

MAUREEN



FONSECA

SHANNON



YOUNG

BECKY



ZOLLINGER

AMY



KNEZEVICH

BECKY



REYNOLDS

NATASHA



STAPEL

# Girls Swim



# Lady Scotts Swim to Win

The girls varsity came on strong this season with a defeat over Grossmont 89-81. Seniors Sharon Glueck and Stephanie Brandland provided experience for a young team. Glueck was strong in the 50 freestyle and 100 backstroke. Brandland won points in the 200 and 500 freestyle. Juniors consistent in placing were Amy Gillingham in 100 breaststroke and Nicole Katzenmeyer in 100 backstroke. Two freshmen who provide potential for the future are Amy Knezevich in 100 butterfly and 100 freestyle and Erika Yaryan in 100 breaststroke. The young team had high hopes for the future.



S. Glueck concentrates on backstroke.



S. Brandland strives for the finish.



D. Morneau strokes hard.



# J.V. Girls Swim

Team members included: S. Mincks, R. Rousakis, C. Fonseca, M. Jendroe, L. Bolten, M. Slater, C. Bruck, K. Davis, L. Westover, N. Cook.



C. Bruck in freestyle.

M. Slater demonstrates breaststroke.



J.V. swimmer A. Connely starts off in backstroke.



# Varsity Diving

ERIC



MONTGOMERY

JENNIFER



McCLURE

BECKY



ZOLLINGER





# Shows



**E. Montgomery shows perfection.**



**J. McClure concentrates on her dive.**

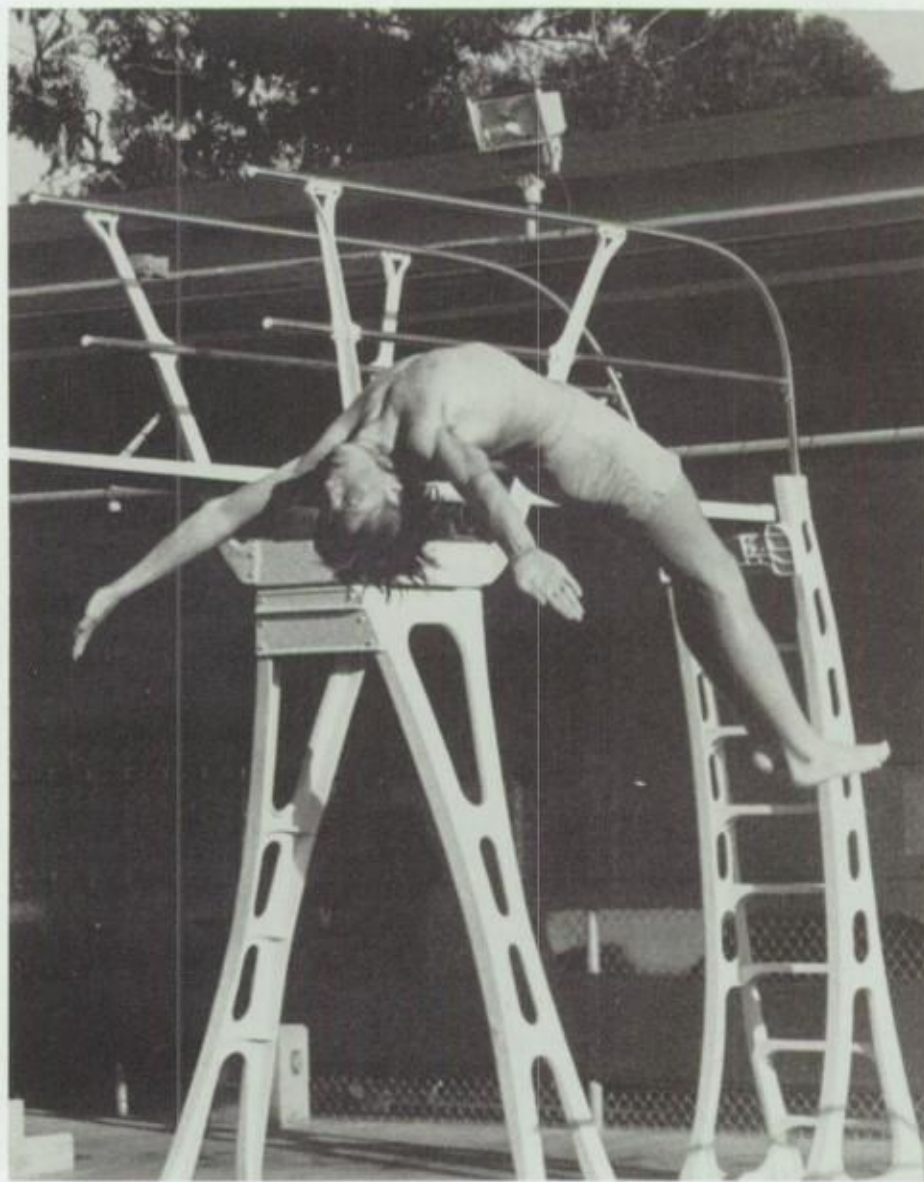
# Perfection



**S. Cole begins her dive.**



**B. Zollinger executes a difficult dive.**



**D. Martin in a full layback.**



# Boys Tennis

FARSCHID



FATEHI

MING



WU

JAMES



GLEGHORN

RICH

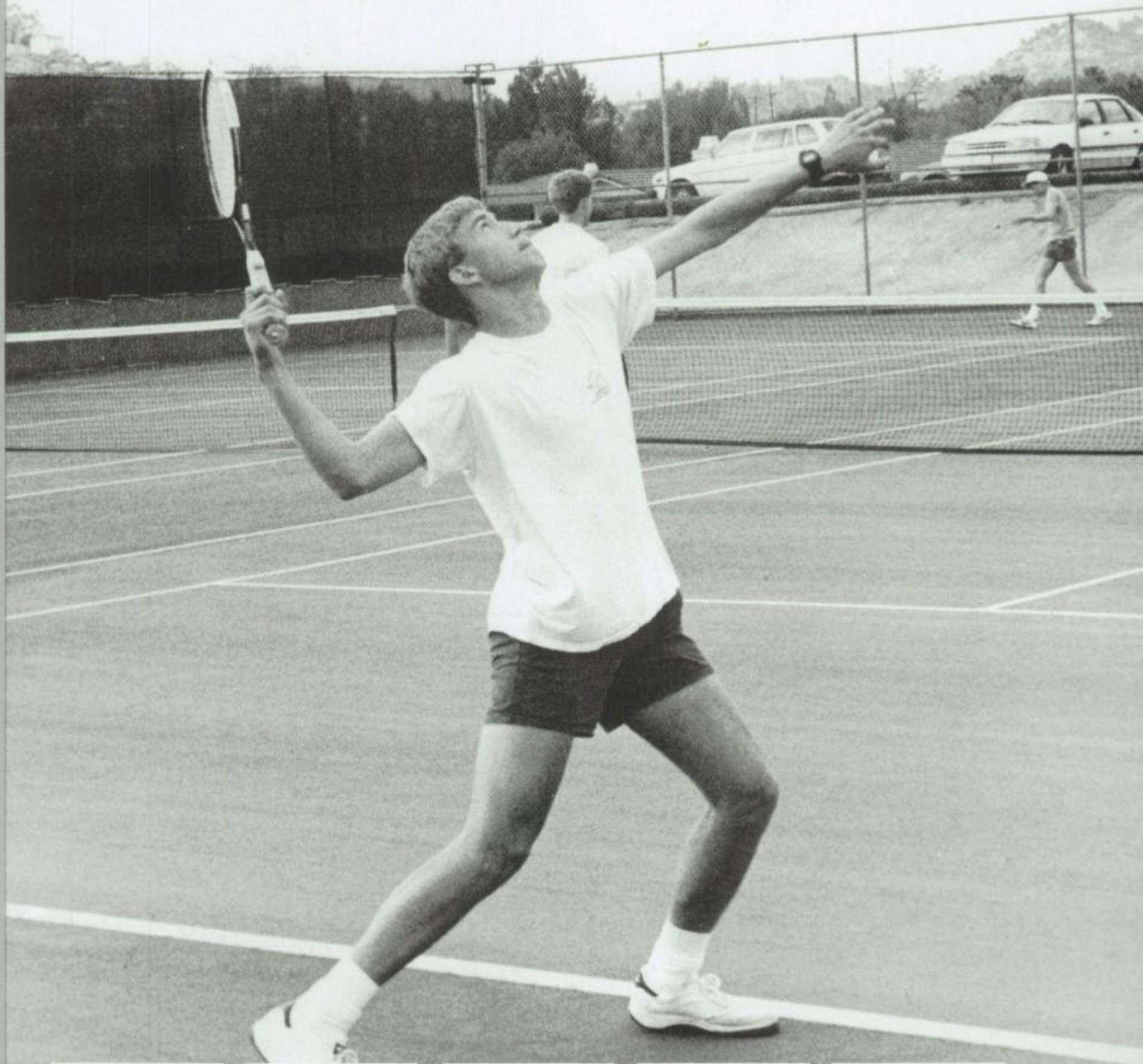


CRYER

CHRIS



CARLSON



ANDY



SEALES

DAVID



VAJDOS

GARRETT



CHIPMAN

ANDY



SEXTON

ARTHUR

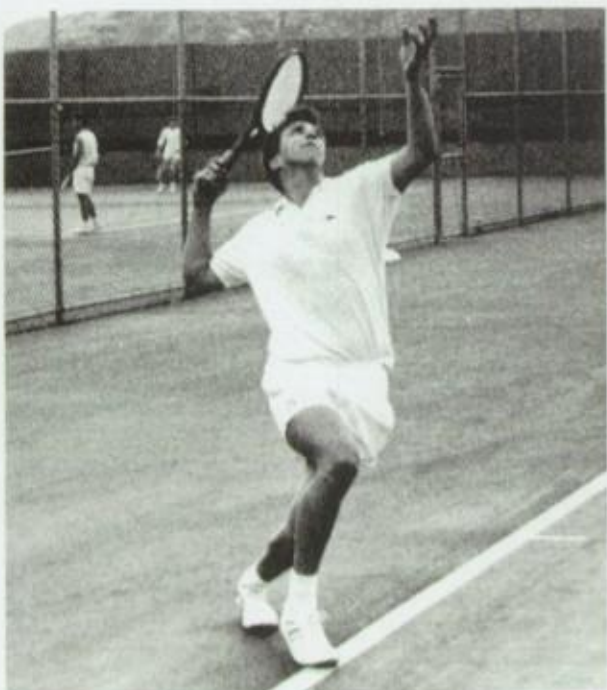


BRUHMULLER



# Scots Vie for Top Spot

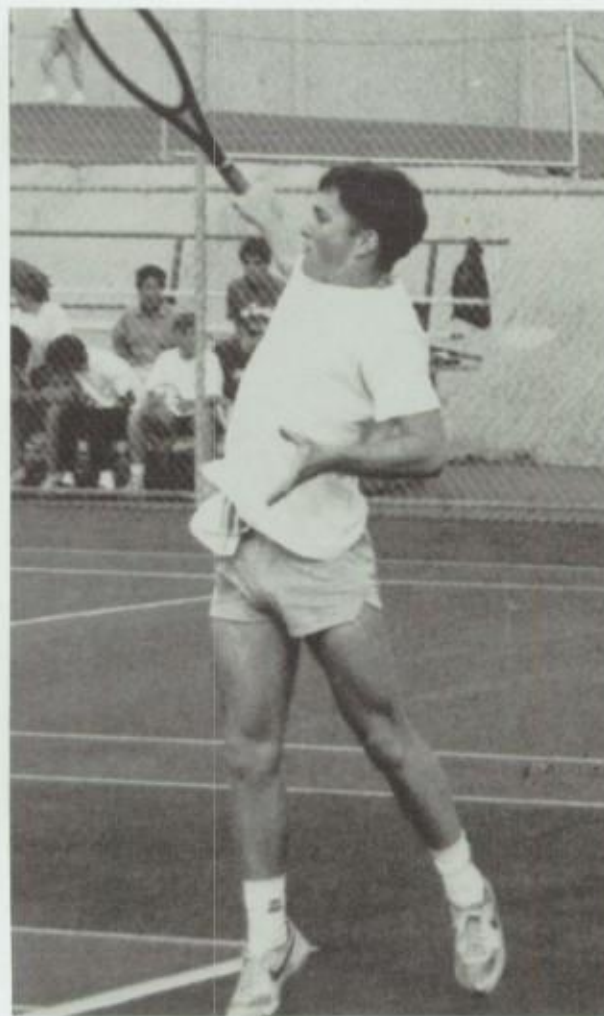
Head coach *Ross Walker* led a team that returned all of its top players. Top singles players included *Farschid Fatchi*, *David Vajdos* and *Ming Wu*. In doubles, the teams of *Chris Carlson* and *Andy Seales* and *Rich Cryer* and *James Gleghorn* were on top. Cryer felt the team would do well in CIF.



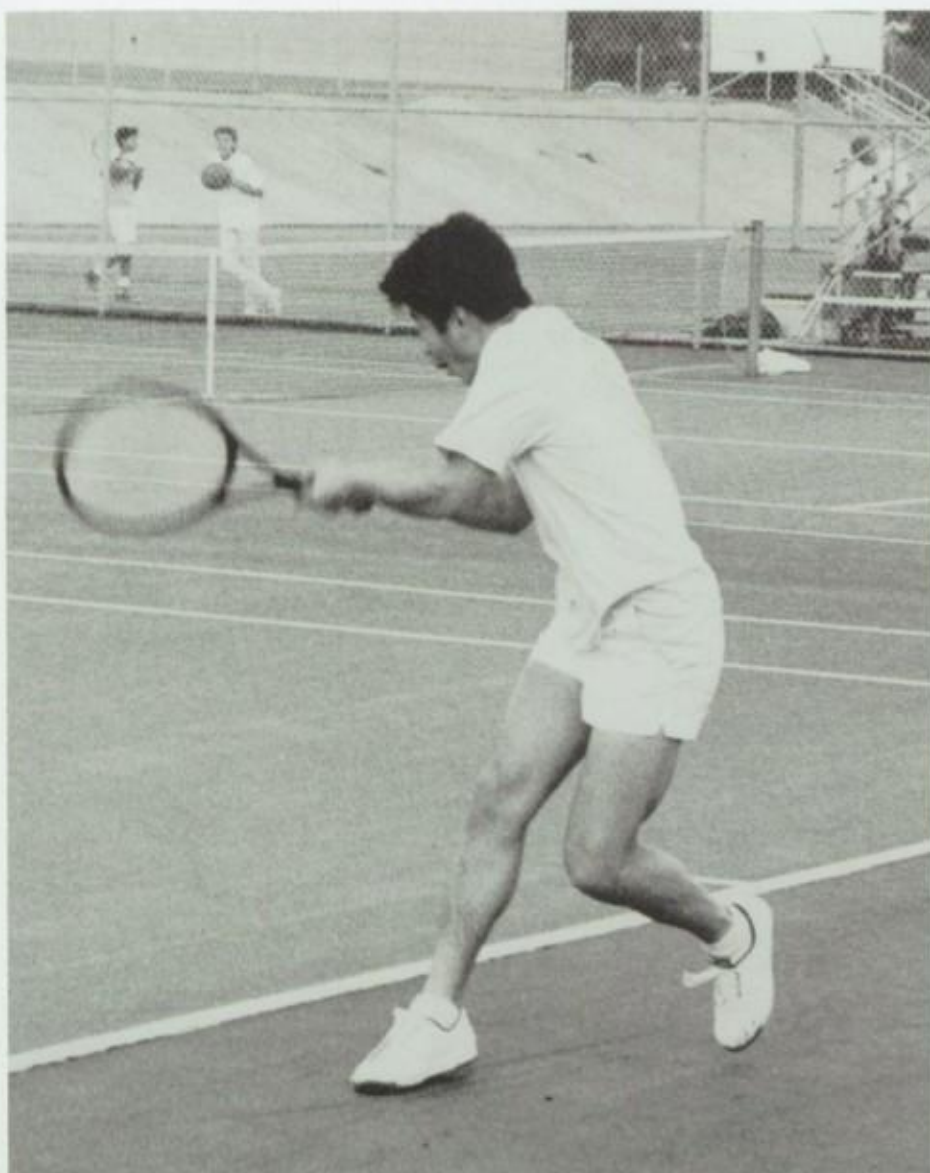
*Garrett Chipman* begins his serve.



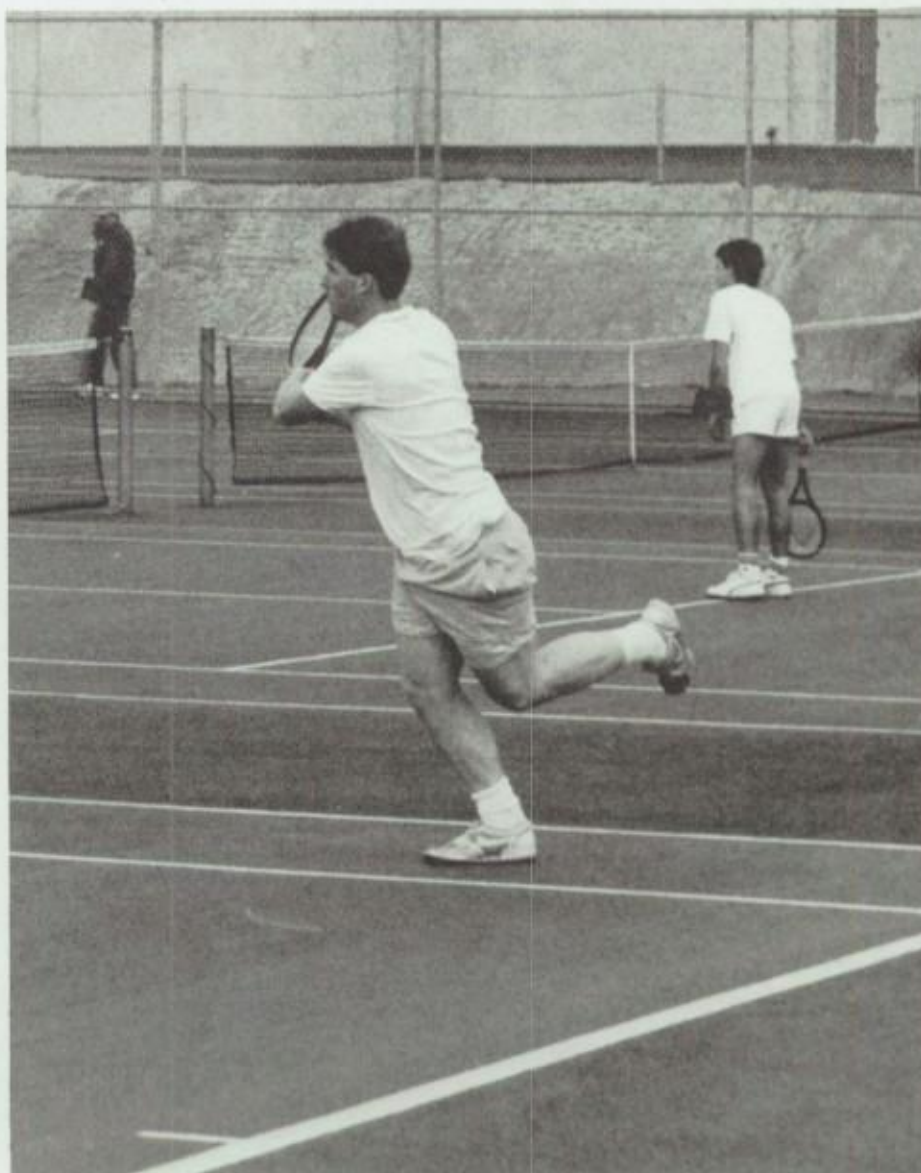
*Andy Sexton* lets loose with a serve.



*Rich Cryer* shows his backhand.



*Ming Wu* keeps his eye on the ball.

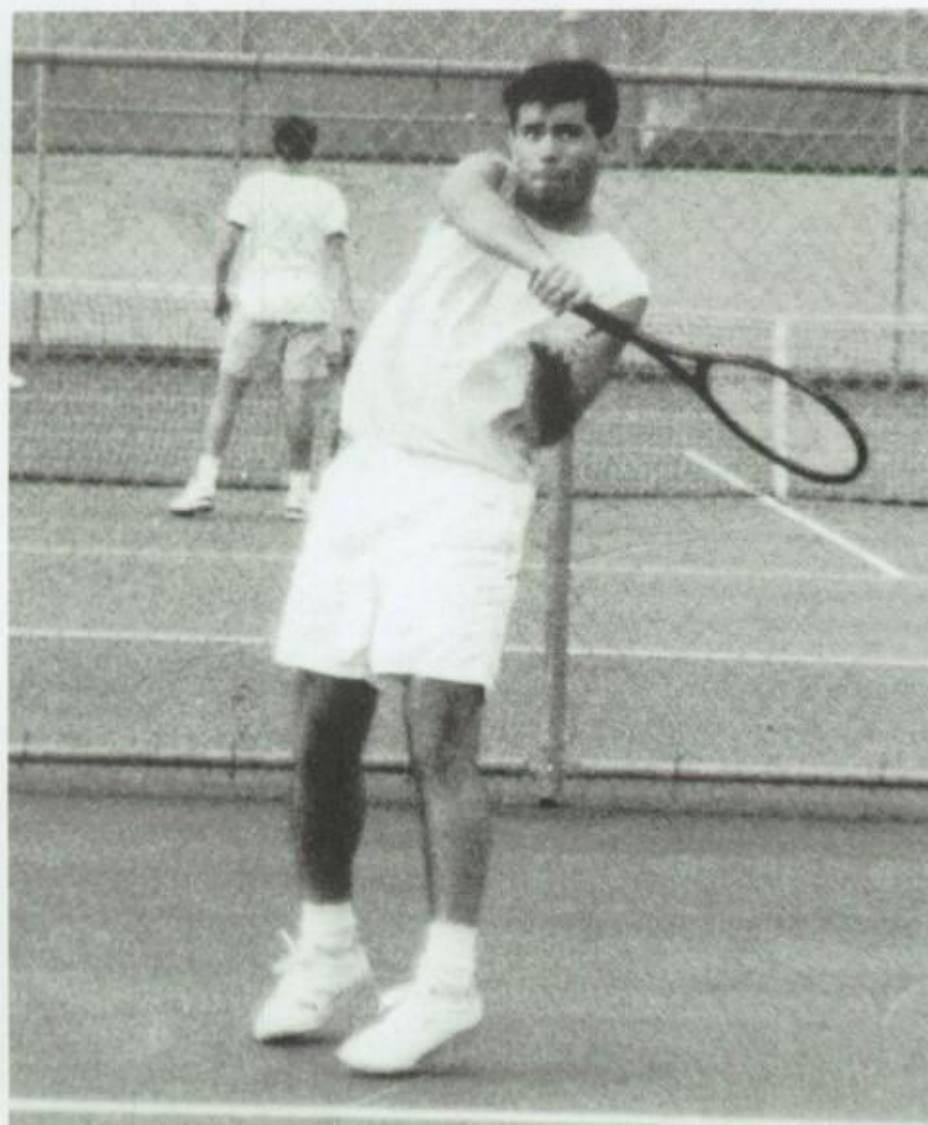


*Chris Carlson* returns the ball in his doubles match.





Members: E. Person, T. Tran, C. Sousa, B. Rafferty, D. Hurst, C. Bayes, A. Bobrowski, M. Pettis, D. Lupo, R. Stuart, Rice, C. Roberts, K. Gautier, C. Hutcherson, V. Truong, P.



David Rice follows through on a forehand.

## JV Tennis



Eric Person smashes a forehand.



# Gymnastics



Team members included: Mrs. Shaw, V. Sepe, M. Villaviciencio, J. McClure, V. Scholz, S. Cole, S. Chaffee, Mrs. Johnson, J. Humphries, T. Cason, J. Erickson, T. Benge, T.

Reagan, P. Hooper, M. Hayes, E. Holliday, C. Ferris, T. Phong, H. Watson, L. Serna.



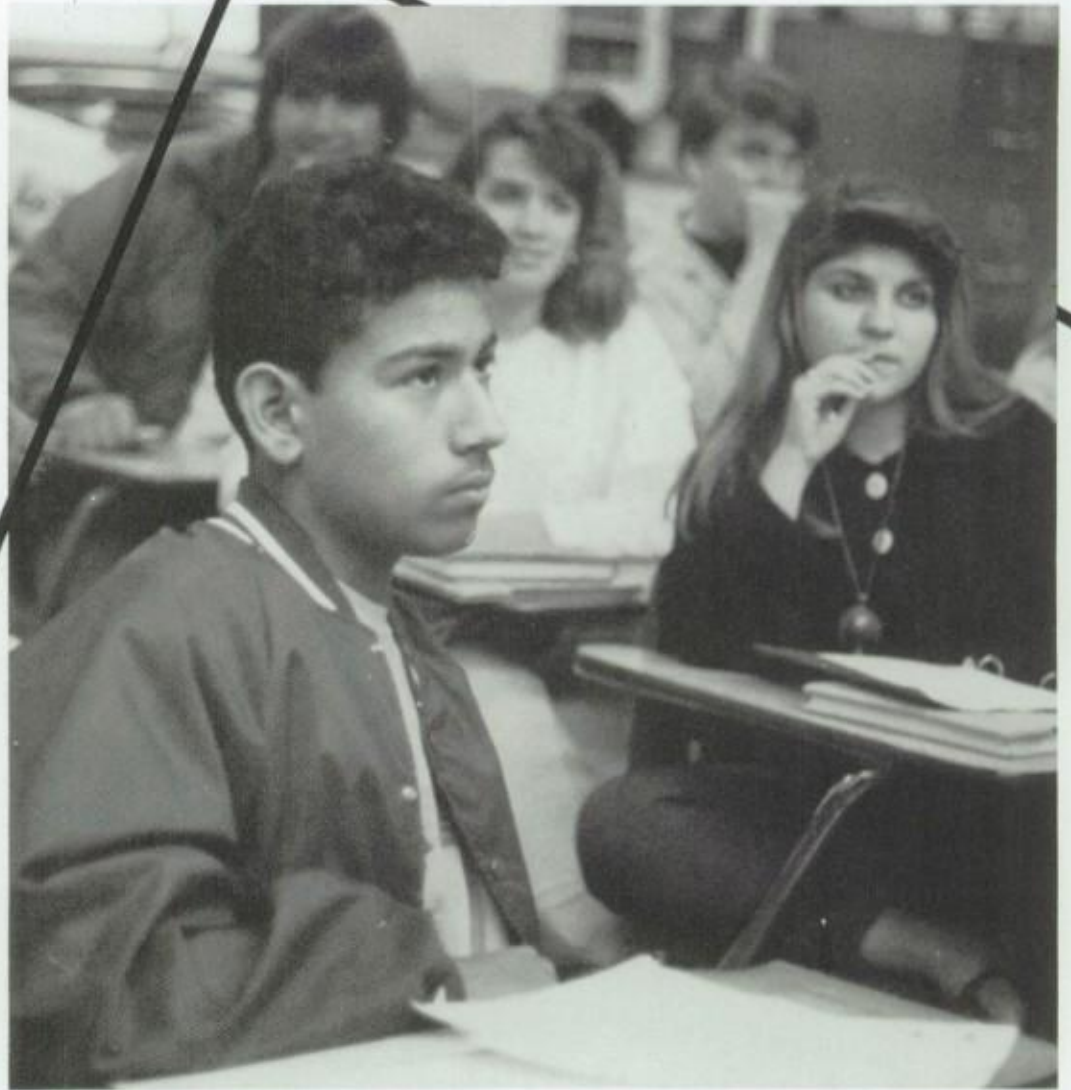
J. McClure demonstrates poise on the uneven parallel bars.



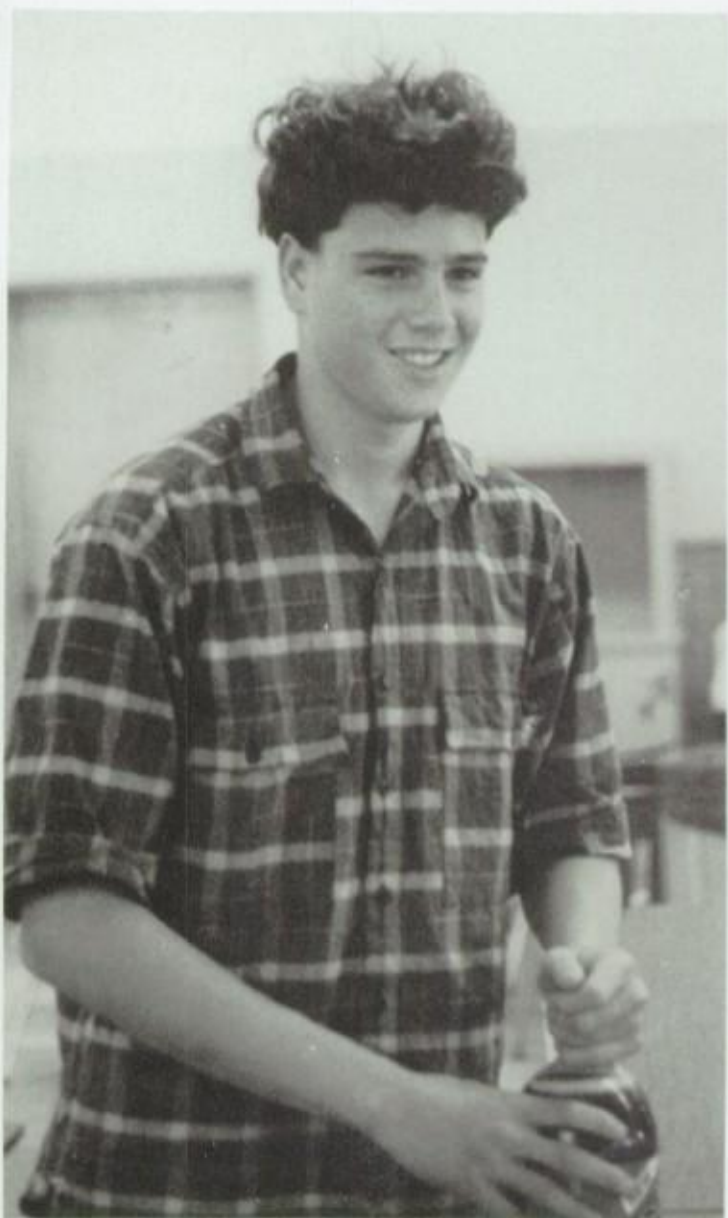
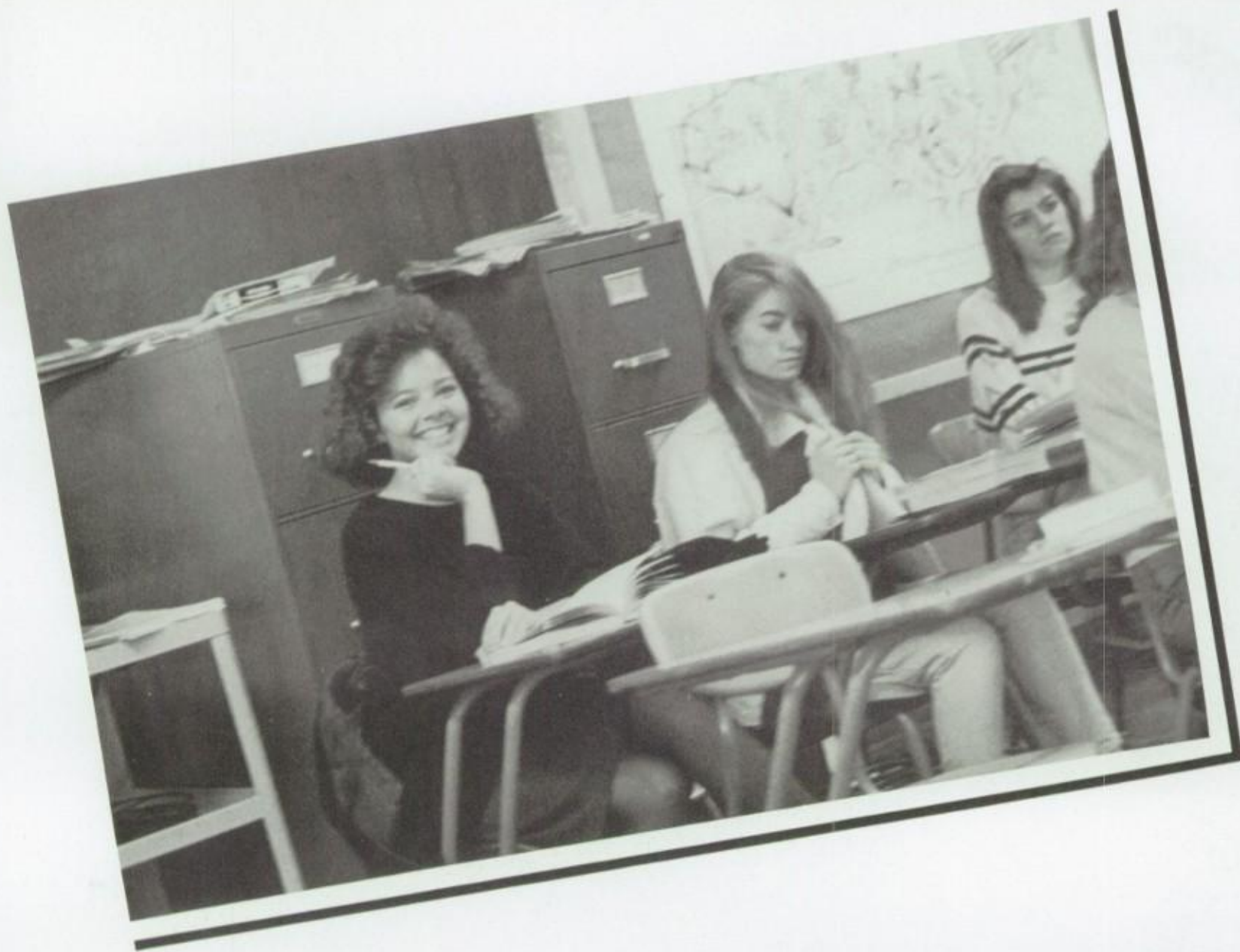
T. Phong shows intensity and flexibility.



# C L A S S E S









# Top Ten Percent

## Clan Oliphant

Fifty-three members of the class of 1989 were honored as the top ten percent of their class on academic achievement maintained through the first semester of their Junior year.

Their hard work earned them the privilege of participating in the Senior Commencement exercise and Baccalaureate Service held in June.



Tartan Bearers included: R. Price (4.733), K. Hall (4.471), M. Pettis (4.444), A. Pollack (4.438), D. Nyenhuis (4.389), T. Flynn (4.375), K. Haugen (4.375), M. Gottlieb (4.353), L. Hebschi (4.333), A. Shapiro (4.333), M. Martin (4.313), J. Swanson

(4.313), M. Fonseca (4.294), J. Horn (4.278), K. Ring (4.250), A. Gillingham (4.182), J. Cohan (4.167), E. Jorgensen (4.133), R. Williams (4.125), D. Hall (4.063), D. Serrano (4.063). Not pictured: W. Fink (4.267).



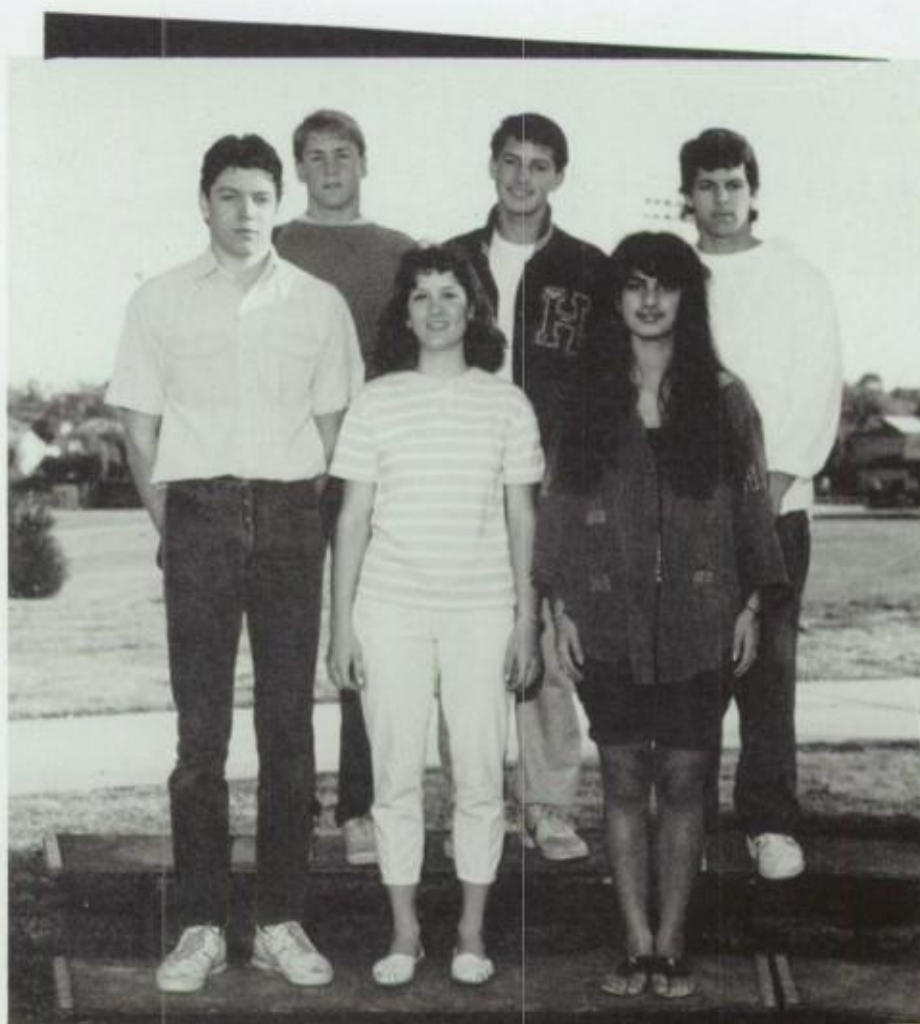


Graduation Ushers included: E. Castellanos (4.000), R. Haar (4.000), J. Iacovoni (4.000) B. Konold (4.000), B. Salami (4.000), M. Givens (3.941), J. Cooke (3.938), J. Berry (3.889),

J. Ledford (3.867), C. Darby (3.848), A. Zeddies (3.813), T. McTrusty (3.800), A. Rusch (3.800). Not pictured: R. Morgan (3.850), L. Stallings (3.833).



Baccalaureate ushers included: J. Moser (3.786), D. Rice (3.765), S. Downs (3.750), E. Limon (3.750), T. Best (3.733), W. Canty (3.733), M. Shoaee (3.733), J. Burry (3.714), N. Reep (3.688). Not pictured: R. Fail (3.765)



Graduation Assistants included: M. Buckley (3.667), T. Hernandez (3.667), J. Magee (3.667), R. Maghsoodi (3.667), J. Rintoul (3.667), H. Whaling (3.667).



## Advisors



Leslie Hays



Chris Moretti



Janet Shanks

This year's Junior class began the year off with four spirited officers and an energetic Junior board. They helped build the homecoming float, and decorate for the dance. Their major fundraiser was the Winter Semi-Formal, "Wish Upon A Star". Advisors, Mrs. Leslie Hays, Mrs. Chris Moretti, and Mrs. Janet Shanks helped guide the Junior class with advice and encouragement. Thanks to their several successful fundraisers and dedicated officers, Clan Oliphant can look forward to an exciting Senior year!

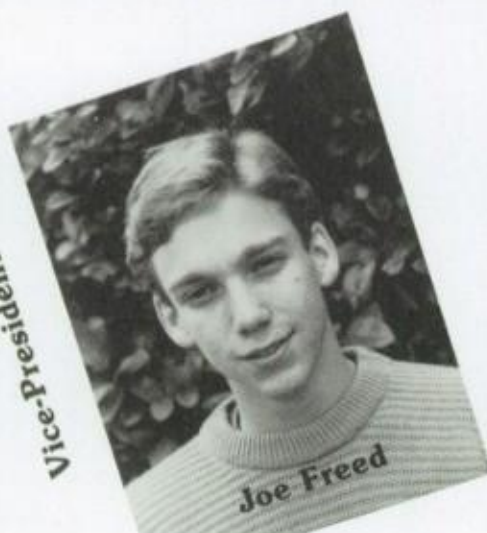
# Juniors Move Up With Class

President



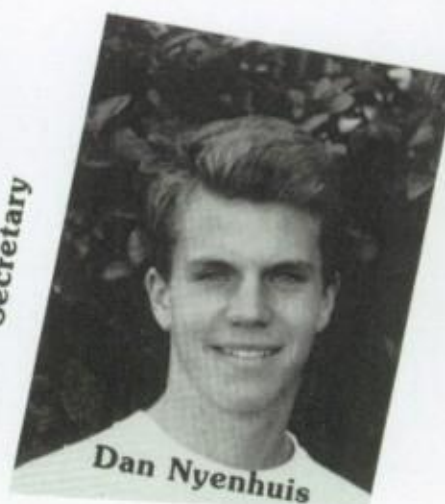
Elizabeth Jorgensen

Vice-President



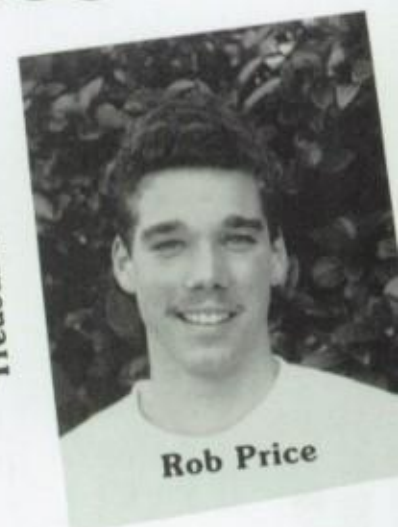
Joe Freed

Secretary



Dan Nyenhuis

Treasurer



Rob Price

Abbas, Haval  
Abrams, David  
Adalian, Garry  
Adamonis, Michelle  
Adel, David  
Aldridge, Eddren  
Aldridge, Rolland  
Allsing, Susan



Amozgar, Beheshta  
Andrews, Roberta  
Angione, Jennifer  
Antoniello, Seleste  
Arnaiz, Gregory  
Arnott, Tricia  
Asay, Jon  
Asgari, Mona



Austin, Toni  
Azimi, Noor Agha  
Bader, Shawn  
Bailey, Wendy  
Banach, Gretchen  
Barker, Laurie  
Barton, Jeannie  
Bates, Brandon



Bega, Carlos  
Bennett, Lori  
Benway, Jon  
Berger, Alison  
Berry, Jennifer  
Berry, Michael  
Best, Lena  
Best, Tina







Bevilacqua, Jason  
Bilotti, Jennifer  
Bingham, Laura  
Birch, Jenny  
Biser, Teresa  
Bishop, Corey  
Bjornson, Garrett  
Black, Lori

Blinder, Alexander  
Bly, Corinne  
Bonsteel, Nichole  
Bowden, Vanessa  
Bradley, Tammy  
Bradley, Terry  
Bratton, Kim  
Breidenbaugh, Hyla

Briones, Abraham  
Brown, Denise  
Brown, Erik  
Buckley, Matt  
Bulat, Paula  
Bunting, Cavan  
Burry, Julie  
Cain, Christopher

Calhoun, Cedric  
Cameron, Shannon  
Camitses, Steven  
Campbell, Julie  
Candia, Thomas  
Cando, Richard  
Canty, William  
Cao, Toan

Caper, Wendy  
Cardwell, Kimberly  
Carlino, Anthony  
Carlson, Steven  
Carpenter, Jeremy  
Carrasquillo, Ruth  
Castellanos, Erick  
Castillo, Angela

Castillo, Donna  
Cesena, Rachelle  
Chadergian, Gerard  
Chase, Damon  
Chavez, Henry  
Chavez, Stephanie  
Chiang, Tom Tua Chen  
Chipman, Cathy

Christensen, Victoria  
Churchill, Warren  
Ciamacco, Luisa  
Clark, Jamie  
Clevenger, Jason  
Cluff, Carl  
Cobb, Samuel  
Cohan, Joey

Colbourne, Stephanie  
Conway, Chad  
Cook, Tricia  
Cooke, Jason  
Cooper, Kevin  
Copeland, Tamika  
Corder, Joey  
Cornett, Mike

Corral, Sylvia  
Covey, Lisa  
Cusignan, Teli  
Daglio, Alisa  
Dahlberg, Jason  
Dallen, Mark  
Damberger, John  
Damery, Bill



Davis, Robert  
De Bellevue, Douglas  
De Burn, Maradeth  
De Long, Brett  
De Long, Terre  
De Witt, Felina  
Decker, Randal

Del Gatto, Lisa  
Dempsey, Wayne  
Desaire, Kimberly

Desatoff, Dionne  
Desmond, John  
Devera, Arnold

Diaz, Edward  
Downs, Stefanie  
Drew, Tina

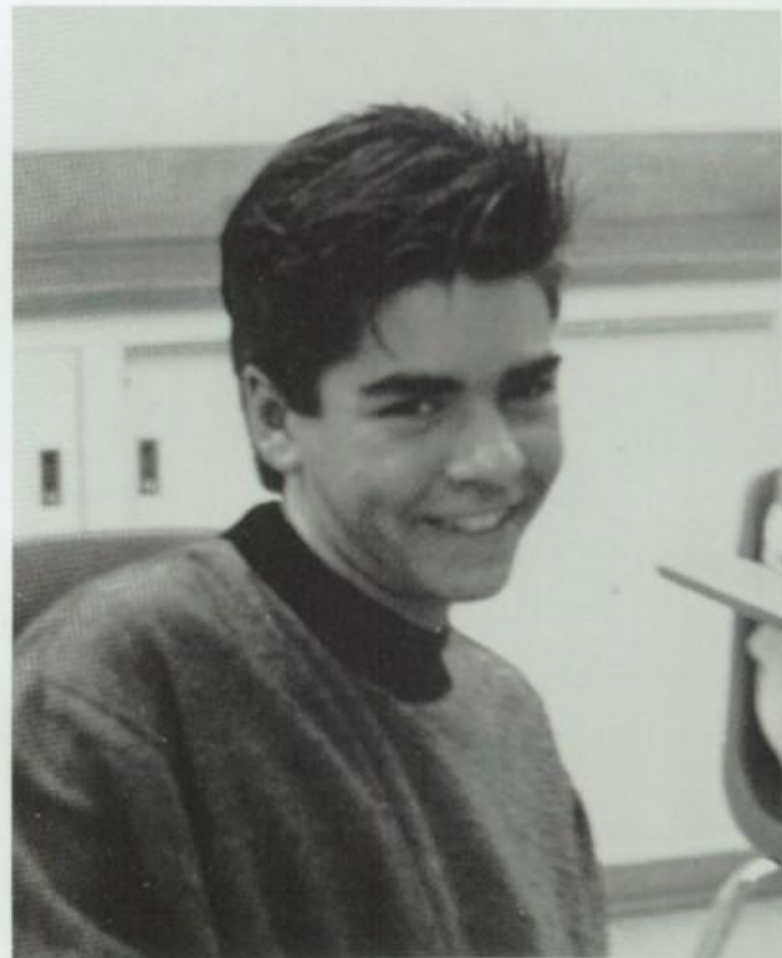
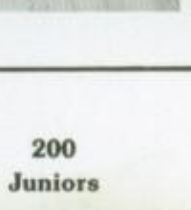
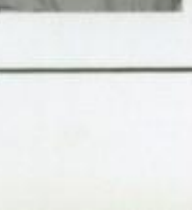
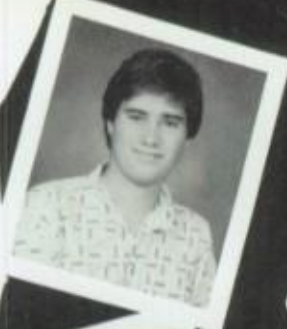
Driscoll, Shawn  
Du Frene, Troy  
Duggie, Erik

Duhamel, Neil  
Dumont, Stephanie  
Dunn, Chris  
Eagle, Mike  
Eastham, Tina  
Edwards, Katrina  
Eggers, Bill

Eimon, Eric  
Engblom, David  
Erwin, Craig  
Estakhri, Mohammad  
Eversole, Dolan  
Evilsizor, Richard  
Exevea, Bobby

Fail, Roman  
Farrell, Kerry  
Fatehi, Farschid  
Ferreiro, Katherine  
Field, Abbey  
Fink, Wendy  
Flores, Andrea

Flowers, Jody  
Flynn, Traci  
Fonseca, Maureen  
Fort, James  
Forte, James  
Foster, David  
Franklin, James



"You've got to be kidding" — J. Iacovoni







Freed, Joseph  
Frisch, Denise  
Fuller, Carrie  
Gadler, Stephen  
Gaffney, Patrick  
Galon, Audra  
Galvez, Tom  
Gancitano, Vito



Gann, Bobby  
Garbiso, Kristen  
Garcia, Annabelle  
Gardner, Cathy  
Gardner, Jamie  
Gaskin, Trevor  
Gatley, Kristen  
Gaughen, Shasta



Gefrom, Walter  
Gendreau, Michelle  
George, Bernadette  
Ghazialam, Bashir  
Giangregorio, Sheri  
Giaquinta, Christopher  
Giaquinto, Don  
Gibson, Elizibeth



Gifford, Bobby  
Gildelatorre, Ricardo  
Gill, Nina  
Gillingham, Amy  
Givens, Mike  
Gleghorn, James  
Glover, Latricia  
Goins, Carol



Gomez, Albert  
Gomez, Ami



Gomez, Patrick  
Gonsalves, John



Gordon, Celia  
Gottlieb, Marc



Graves, James  
Gregg, Suzanne



Grey, Kena  
Griffie, Andrea  
Grinberg, Edith  
Gross, Judith  
Guererro, Sylvia  
Gutgesell, Daniel  
Guthrie, Cassandra  
Gutierrez, Jorge

"Cheese" — D. Storm and N. Katzenmeyer



Gutierrez, Jose  
Gutierrez, Violeta  
Harr, Richard  
Hall, David  
Hall, Kenji  
Hall, Thomas  
Hammell, Penelope  
Hammond, Jennifer



Handley, Lawrence  
Hanek, Kymberli  
Hanson, Duane  
Hanson, Lisa  
Harrison, Daniel  
Haugen, Kimberley  
Haywood, Yolanda  
Hebshi, Leila



Henderson, Dane  
Herlan, Ivette  
Hernandez, Tony



Higginbotham, Wayne  
Hill, Jeffrey  
Holton, Karen



Horn, Jeremy  
Horton, Mark  
Houlihan, James



Howard, Becky  
Howell, Gary  
Hower, Becky



Hroza, James  
Huber, Treena  
Hughes, Andrea  
Huidor, Lilia  
Hunnicut, Gina  
Hyatt, Jonathan  
Iacovoni, Jason  
Jefferson, Eric



Jennison, Michael  
Jensen, Kimberly  
Jensen, Mark  
Johnson, Scott  
Jones, Antoine  
Jones, Felicia  
Jones, Ginnie  
Jones, Richard



Jones, Robin  
Jorgensen, Elizabeth  
Kallis, Erik  
Kallner, Allen  
Kastlunger, Christy  
Katzenmeyer, Nicole  
Kawasaki, Darren  
Kay, Jennifer



A giant kiss! — K. Gatley





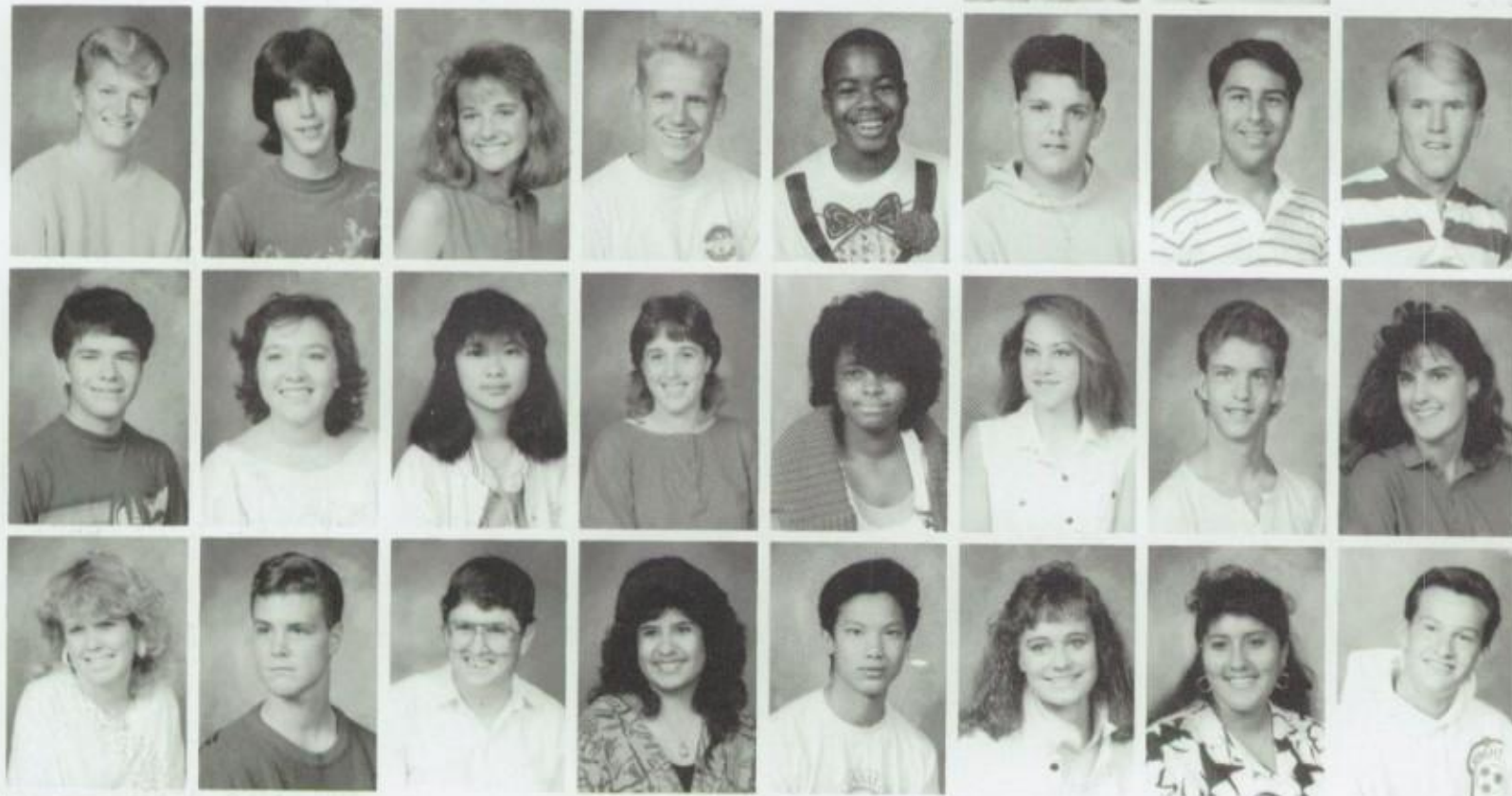
"Who asked you?" — J. Flowers



Kearns, Candice  
Kelly, Joel  
Kendrick, Kirsten

Kennedy, Kelly  
Kerns, Travis  
Kiewlich, Kristen

Kinnard, Linda  
Knox, Cynthia  
Konold, Byron



Kreczmer, Erick  
Kusenback, Allan  
La Bass, Kristine  
Lahti, Todd  
Lambert, Richard  
Lange, Kenneth  
Lear, Randy  
Ledford, Jason

Lehman, Daniel  
Lehman, Marshelle  
Lei, Jinny  
Leone, Michelle  
Lewis, Sharon  
Licht, Zana  
Linares, Tim  
Litzinger, Kolleen

Little, Robin  
Lloyd, Robert  
Lockwood, Glenn  
Lopez, Melissa  
Lord, Amoy  
Lowder, Melissa  
Lozano, Guadalupe  
Lucas, Ken



"Watch out here we come" — R. Evilsizor and M. Horton



Lundy, Donald  
Lusignan, Teri

Lutes, Melissa  
Lyyjoki, Rey

Mac Millan, Cammi  
Mac Millan, Carri



Madle, Mario  
 Madrid, David  
 Magee, Jason  
 Maghsoodi, Rowshanak  
 Maler, Gary  
 Marshall, Bruce  
 Martin, Michele

Martinez, Anne  
 Martinez, Diana  
 Martinez, Robin  
 Masterson, Stacy  
 Mathis, Dawnya  
 McAllister, Lori  
 McAvene, Patrick

McCarthy, Kristi  
 McClelland, Rebecca  
 McCullough, Marvin  
 McDonald, Jeffery  
 McDonald, Patrick  
 McElroy, Michelle  
 McGee, Jennifer

McGirr, Shawn  
 McNelly, Kathryn  
 McTrusty, Todd  
 Medvinsky, Vladimir  
 Mehrer, Tim  
 Merical, Kelly  
 Merideth, Andrew

Merritt, Camille  
 Meski, Michael  
 Michalek, David  
 Miller, Christine  
 Minet, Stephanie  
 Minnich, Janet  
 Mirza, Farah

Mitchell, Travis  
 Montes, Linnette  
 Montgomery, Alex  
 Moore, Sam  
 Moreno, Christopher  
 Morgan, Rachelle

Morneau, Deborah  
 Morris, Jason  
 Morris, Tracy  
 Moser, Joan  
 Murillo, Richard  
 Naemi, Jennifer  
 Nail, Tina

Nathan, Ansara  
 Navarro, Marci  
 Neal, Matthew  
 Nguyen, Trang  
 Nguyen, Tung  
 Nieves, Charisse  
 Nobiensky, Roger

Normandin, David  
 Noursamadi, Raymond  
 Nunez, Christina  
 Nyenhuis, Daniel  
 Oliver, Wendy  
 O'Neal, Julie  
 Osborne, Josh







Osthimer, Jeffery  
Otis, Denise

Padilla, Zoraida  
Palma, Cecillia

Panozzo, Angel  
Parker, Kevin

"Mondays!" — K. Walters



Parsons, David  
Patterson, Kimberly  
Patton, Robin  
Payne, James  
Pettis, Mark  
Phillips, Bridget  
Pitman, Deanna  
Plum, Elizabeth



Pniak, Alexis  
Pollack, Adam  
Pomeroy, Shelly  
Popal, Ferishta  
Poulson, Heidi  
Preciadco, Cesar  
Presenkowski, Heather  
Pressler, John



Price, Rob  
Prothro, Maria  
Pudsey, Joshua  
Pykles, Charity



Quintana, Saul  
Quintanilla, Serina  
Radigan, Mollie  
Ramirez, Kristina



Ramsey, Christine  
Ramsey, Scott  
Reagan, Todd  
Reardon, Lisa

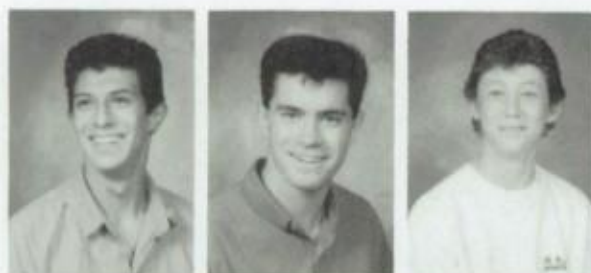


Reep, Nathan  
Reesa, Mona  
Rettig, Drum  
Reyes, Deenah

"I knew I should have skipped lunch" — R. Price



Reyes, Fred  
Rice, David  
Richardson, Joseph



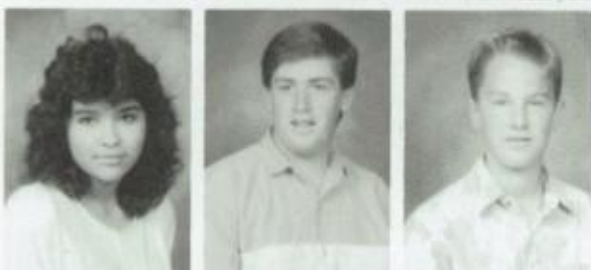
Riddick, Scott  
Ridenour, Alan  
Rikard, Michelle



Ring, Kenneth  
Rintoul, John  
Rittenberg, Adam



Rivas, Monica  
Rivers, Scott  
Roberts, Chad  
Robinson, Garon  
Robinson, Gordon  
Rodriguera, Aurelio  
Rodriguez, Leticia  
Rooney, Stephen



Rubesh, Andrea  
Rubiano, Jenise  
Ruffer, James  
Runyen, Tina  
Rupp, Angela  
Rushing, Bobbie  
Salami, Bobak  
Sampieri, Derek



Sanchez, Lori  
Sanchez, Melissa  
Sandberg, Josh  
Sanders, Stephanie



Satter, Leah  
Savoie, Scott  
Sawyer, Stephen  
Schaefer, Douglas



Scheidel, Matt  
Scherer, Melissa  
Schimke, Marla  
Schmitz, Michael



Schroeder, Susan  
Schweitzer, Deborah  
Scotese, Chris  
Scott, Eric



M. Valmoja prepares for the first day of school.

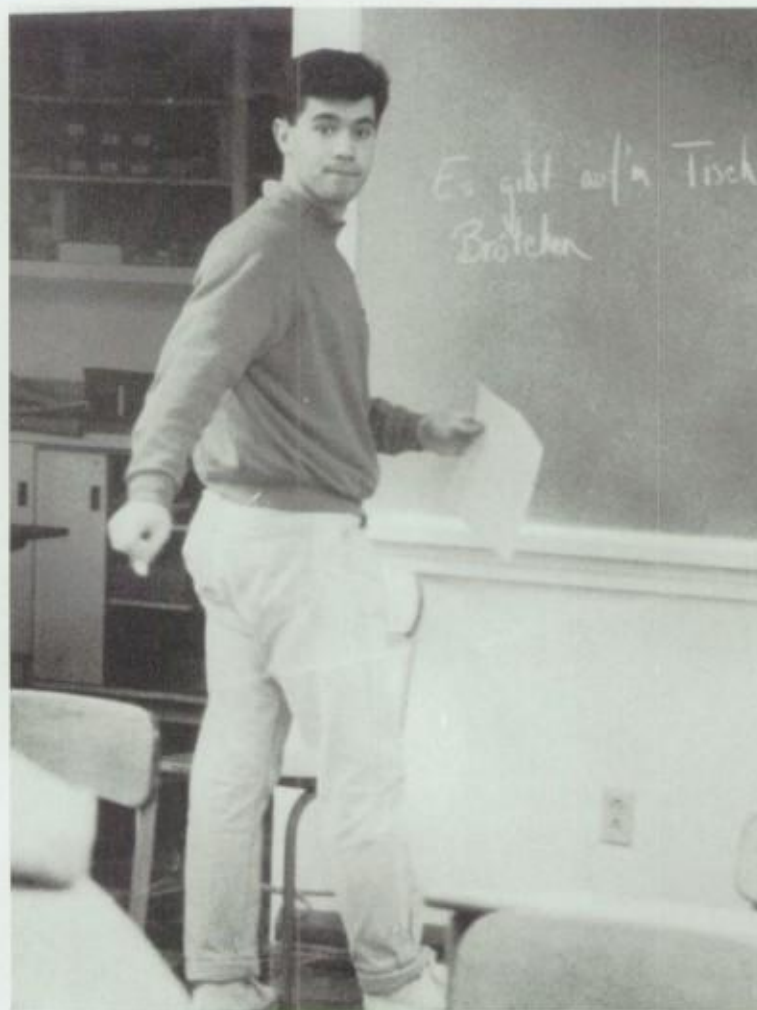


"Who said girls?" — T. Hernandez





"My seat! No, my seat!"



"What's up Doc?" — D. Rice

Selleck, Pam  
Serna, Lily  
Serrano, Dina  
Sexton, Wykendia

Seyfferth, Eric  
Shapiro, Alex  
Shepherd, Danielle  
Shepard, Robin

Sheridan, Shaleen  
Shields, John  
Shimizu, Pablo  
Shinall, Jennie

Shogee, Maziyar  
Shojai, Alireza  
Shoy, Norman  
Simmons, Kimberly

Simmons, Scott  
Sisson, Patricia  
Sloan, Geoff  
Smedley, Shannyn  
Smith, Audra  
Smithey, Joseph  
Sobke, Matthew  
Spearman, Tanya

Spencer, Deana  
Spencer, Krista  
Sperry, Christine

Sperry, Tania  
St. Clair, Shelly  
Stallings, Lisa

Steele, Mark  
Stilley, Sharon  
Storm, Debbie

Stough, Michael  
Strawder, Fritz  
Strong, Angela





Sumek, Matthew  
Swanson, Jason  
Swanson, Jonathan  
Swoboda, Richard



Tarich, Karen  
Teran, Silvestre  
Thomas, Roderick  
Thoms, Jennifer



Thomson, Roy  
Thorp, Michael  
Thrasher, Leslie  
Torres, Lupe



Torres, Vincent  
Traylor, Anna  
Tremblay, Riel  
Trinh, Cuong



Trinh, Julie  
Trotter, India  
Turner, Brian  
Viasuso, Joey  
Vajdos, David  
Valderrama, Marcela  
Valle, Joshua  
Valmoja, Michelene



Variasuso, Joey  
Vasquez, Joe  
Viernes, Michael  
Viertel, Eli  
Villavicencio, Monique  
Wachs, Heather  
Walsh, Thomas  
Walters, Karen



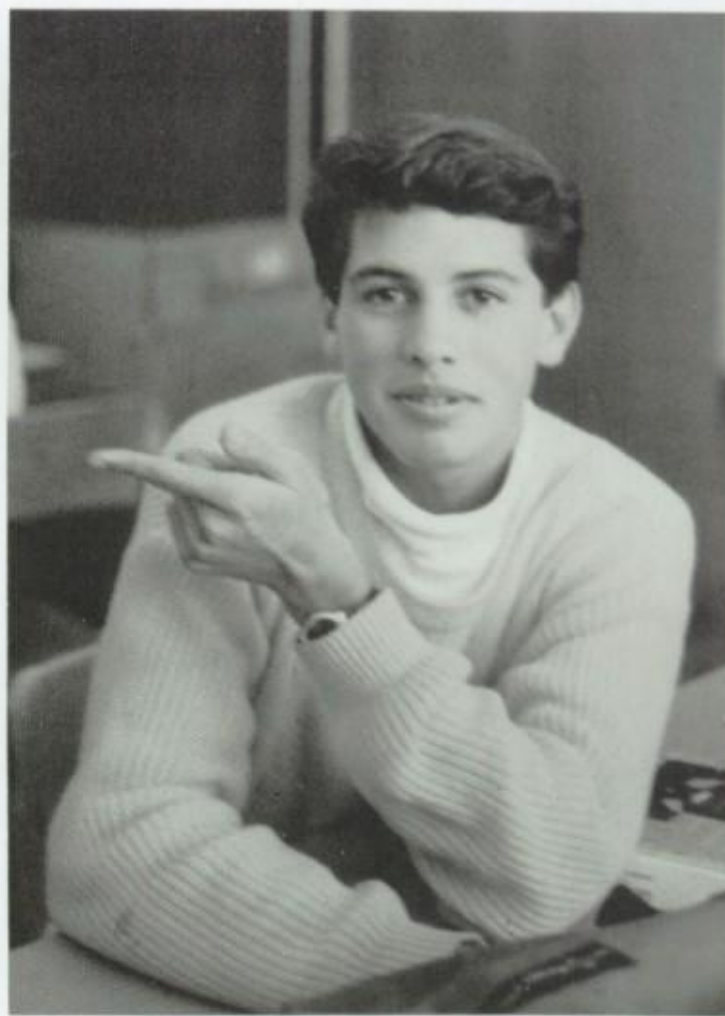
Walters, Kathleen  
Weber, Lory  
Wells, Ben  
West, Erik  
Westover, Lenora  
Whaley, Amber  
Whaling, Heidi  
Wheeler, Anna



Whitaker, Steve  
Whitmer, Anthony  
Widdifield, Harry  
Wiertzema, Lisa  
Wilcox, Keith  
Williams, Angela  
Williams, Ryan



Wilson, Mary  
Winrow, Tory  
Wobinsky, Roger  
Woolley, Stacy  
Young, Lissa  
Zeddies, Tony  
Zoet, Nicole  
Zollinger, Jody



"They went that way" — J. Magee





Too late to classify



Sharpe, Jenny  
Speck, Travis

## Camera Shy:

Ames, T.  
Arrington, A.  
Barnhart, C.  
Bigler, J.  
Bjornland, M.  
Bonot, P.  
Boyle, P.  
Bradley, T.  
Brock, J.  
Brown, S.  
Bruno, A.  
Cabgao, A.  
Castro, G.  
Chamberlin, C.  
Colley, B.  
Contreras, D.  
Crosson, L.  
Darby, C.  
Diaz, S.  
Dinger, T.  
Doiron, D.  
Edwards, J.  
Fakhouri, A.  
Faulkner, J.  
Flinn, J.

Folkers, L.  
Foreman, R.  
Gallego, P.  
Garcia, E.  
Gerdes, T.  
Goode, R.  
Graven, J.  
Guffey, J.  
Gueman, J.  
Hall, K.  
Halsted, B.  
Harris, K.  
Hay, B.  
Hitt, J.  
Houser, J.  
Hurst, S.  
Jones, D.  
Jones, R.  
Jones, V.  
Kapopoulos, J.  
Limon, E.  
MacDowell, B.  
Mack, R.  
May, T.  
McGalliard, T.

McMullen, B.  
Medawar, G.  
Meinung, C.  
Meza, M.  
Meza, R.  
Morales, D.  
Moreno, P.  
Muir, J.  
Nemo, T.  
Nicholson, R.  
O'Neill, T.  
Passarelli, J.  
Pihower, H.  
Regan, P.  
Reyes, A.  
Rodgers, S.  
Rodriguez, A.  
Rusch, A.  
Savoy, B.  
Scalzitti, J.  
Shaff, D.  
Simonin, H.  
Skrip, K.  
Smith, B.  
Smith, C.

Smith, M.  
Snead, D.  
Soto, M.  
Spencer, B.  
Tanner, J.  
Tarantino, N.  
Taylor, D.  
Torres, A.  
Troyzuk, E.  
Trzos, J.  
Turner, R.  
Vega, C.  
Wallace, M.  
Watts, J.  
White, M.  
Wiley, R.  
Williams, T.  
Williamson, L.  
Wingo, J.  
Wright, J.  
Wright, S.

## Surveys

What is the best/worst line you have used/heard on a date?

- What's your sign?
- So, what's your name? ... Hey, that's my name, too.
- Haven't I seen you before?

What is your most memorable locker experience?

- When I opened it on the first try. I was so stunned, I closed it.
- When I remembered my combination, but forgot where my locker was!
- A good friend of mine was upset because, I wasn't listening to him so he hit my locker to get my attention. He broke his hand and seriously dented my locker!

What song best describes your life?

- Heaven is a place on earth  
— Belinda Carlisle
- Memories  
— Barbra Streisand
- Confusion  
— New Order



# Sophisticated Sophs Sizzle!

According to Sophomore class president Ann Daglio, "This year we doubled our treasury through fund-raisers which included selling calendars and jewelry. We raised more than \$2,000 dollars through the efforts of several class members who gave freely of their time. Our adviser, Mr. Gerald Kirk, was extremely helpful in planning our activities. We met with him and the Sophomore board monthly to schedule each activity. I greatly appreciate the effort and dedication on the part of vice-president Tricia Farris, secretary Lisa Wright and treasurer Jans Baltgalvis. We had a great year!"



Adviser

Mr. Gerald Kirk



President

Ann Daglio



Vice-president

Tricia Farris



Secretary

Lisa Wright



Treasurer

Jans Baltgalvis

Acevedo, Robert  
Alexander, Todd  
Allen, Carmen  
Allen, Holly  
Allen, Kimberly  
Ancheta, David  
Anderson, Julie  
Anderson, Pamela



Andreone, Leah  
Amour, Wendy  
Arnaiz, Kristen  
Arreola, Ignacio  
Arrivee, Eric  
Ayers, Charles  
Azimi, Nasreen  
Azin, Tina



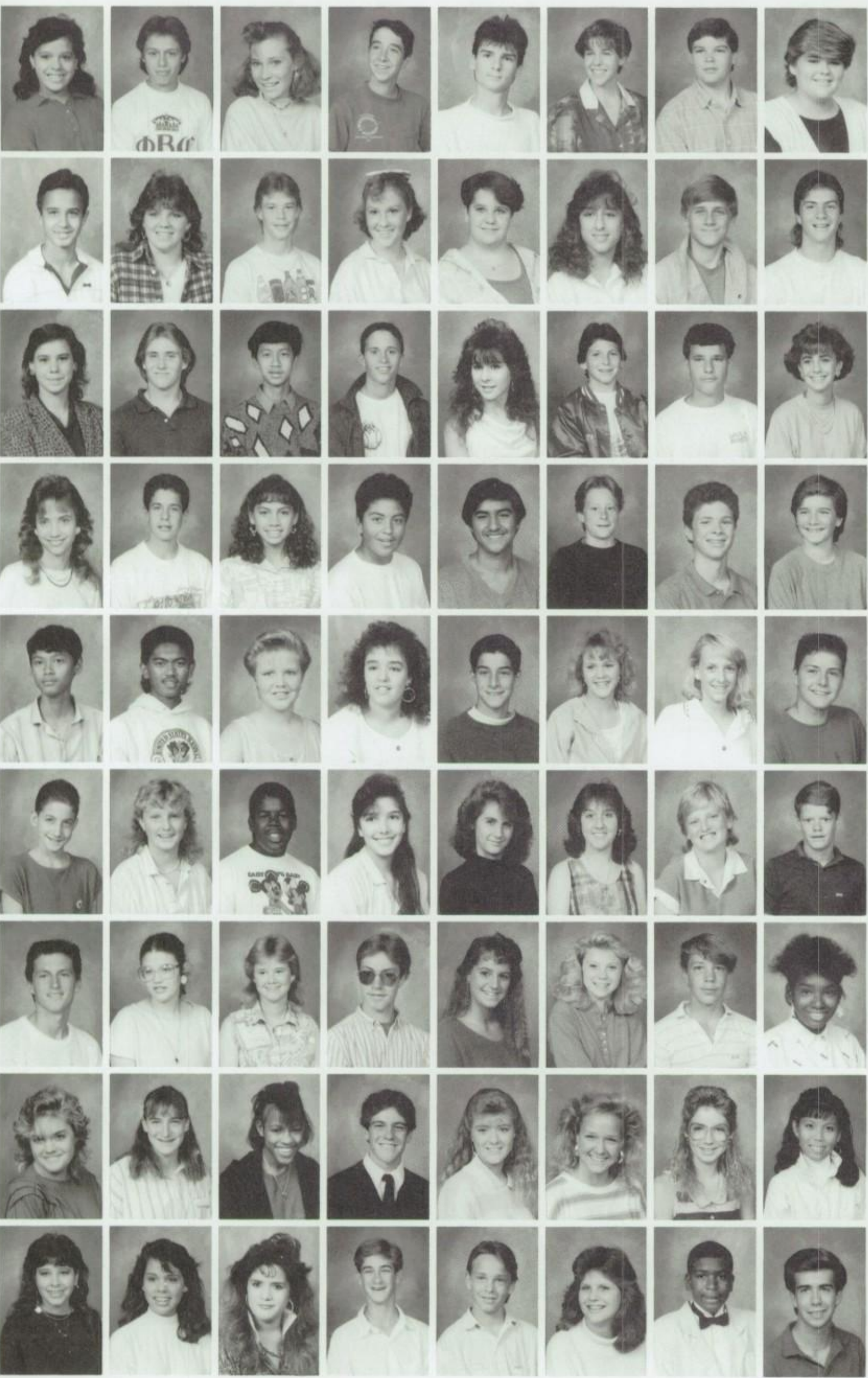
Babcock, Marjorie  
Baker, Jeremy  
Baker, Sara  
Balistreri, Lori  
Ballantyne, Shawn  
Baltgalvis, Jans  
Bates, William  
Bauzon, Rafael



Beighley, Amibleu  
Beltran, Jesus  
Benge, Tammy  
Bernabei, Aryeh  
Bernard, Christopher  
Bias, Deanna  
Bixler, Michelle  
Bodenstadt, Bill







Bonilla, Maria  
 Bonilla, Richard  
 Bonnell, Kristy  
 Bonnett, Adam  
 Boutilier, Phillip  
 Boyd, Stacy  
 Braddy, Michael  
 Bradey, Patty  
  
 Brown, Milton  
 Bunnell, Shannon  
 Burkett, Denis  
 Buremeister, Paula  
 Burey, Carol  
 Bustani, Tavga  
 Campbell, Chris  
 Campos, Alejandr  
  
 Cannataro, Angela  
 Cantrell, Beau  
 Cao, Tony  
 Caporale, David  
 Cardoza, Lisa  
 Carey, Greg  
 Carr, Ben  
 Carson, Tristin  
  
 Carter, Tiffany  
 Castaneda, Craig  
 Castaneda, Ericka  
 Castrejon, Vincente  
 Cervantes, Isrrael  
 Chapman, John  
 Chase, Kyle  
 Chastain, Steven  
  
 Cheng, Yen  
 Chitry, Tiffany  
 Christian, Elena  
 Christopher, Tiffany  
 Clifford, Tim  
 Clubb, Cynthia  
 Cole, Sarona  
 Comana, Alex  
  
 Conner, Tim  
 Cook, Kristen  
 Corley, Dwalonn  
 Corral, Belinda  
 Cote, Tresa  
 Couverette, Becky  
 Covert, Tracey  
 Cox, Michael  
  
 Crise, Brian  
 Cross, Sara  
 Crumely, Lisa  
 Culbertson, Grant  
 Daglio, Ann  
 Dahl, Tonia  
 Damberger, Paul  
 Dant, Jennifer  
  
 Darby, Kimberly  
 Davenport, Loraine  
 Davis, Erika  
 Davis, Thomas  
 De Clairville, Jennifer  
 De Vos, Michelle  
 De Winter, Roxanne  
 Diola, Farida  
  
 Divitis, Mary  
 Dominguez, Amy  
 Dorame, Lourdes  
 Dow, Michael  
 Drake, David  
 Dumont, Melaine  
 Duncan, Jim  
 Eimers, Kent



Engblom, Cheryl  
Englehorn, Lori  
Epps, Jerome

Erb, Charity  
Erickson, Jeanette  
Espinoza, Wesley

Ewalt, Julie  
Farmer, Ivan  
Farris, Tricia

Fenston, Michael  
Flynn, Barbra  
Flynn, Deann

Foreman, Jason  
Foster, Quinton  
Frederico, Tony  
Fresh, Brandon  
Friend, Chatherine  
Frisch, Cathy  
Gable, Jean

Gaffney, Jessica  
Gaines, Chris  
Gallo, Michael

Gallego, Pedro  
Garbero, Haydee  
Gautier, Christopher

Gephart, Jeffrey  
Gilby, Franklin  
Gimenez, Veronica

Gomez, Madeline  
Gonzales, Daniel  
Graf, Amy



Halloween brought out the spirit in many Sophomores this year.



Sophomore Dan Miller prepares for an upcoming exam in math.





Graham, Jason  
Granillo, Eric  
Greaves, Caren  
Grice, Anthony  
Grindle, Tom  
Gudith, Kristine  
Gutierrez, Paula  
Haesche, Matthew



Hanley, Tony  
Harbin, Sarah  
Hargis, Jeremy  
Harper, Peggy  
Hastings, John  
Hathon, Pam  
Hawn, Denay  
Hendershot, Jake



Herbert, Paul  
Herlan, Peter  
Hernandez, Monty  
Hixson, Jennifer  
Hoffman, Kristen  
Hogan, Heather  
Holaday, Ronald  
Hollingshead, Iven



Holmquist, Kristen  
Hoover, Scott  
Housmans, Ken  
Hovland, Julie  
Hoy, Matthew  
Hudson, Roxanne  
Huffman, Richard  
Huggins, Matthew



Hunt, Troy  
Hunter, Tera  
Hutcherson, Chris  
Ingram, Will  
Ippolito, Robert  
Jackson, Kareem  
James, Arthur  
Jefferson, Jeannette



Jenson, Kathlene  
Jessop, Paul  
Johnson, Stephanie  
Jones, Keith  
Jones, Daryl  
Jones, Jeremy  
Jones, Justin  
Jurgerson, Paul



Andrea McTrusty and Monica Murdoch prepare for a lab in Biology.



Kerschner, Jennifer  
Kierig, Brian  
Kieu, Hoana  
Kilpatrick, Manika



Kinghorn, Joshua  
Konald, Michael  
Kotas, Hunza  
Kovatch, Caroline



Kratochvil, Kari  
Kuhfal, Kimberly  
La Salle, Ty  
Lake, Amy



Lambert, Gregory  
Laslo, Shanah  
Ledford, Jeremy



Lee, Kelly  
Lee, Wai  
Leeds, Zachary



Leighton, Charles  
Lewis, Chad  
Lopez, Dawn



Lovewell, Kimberly  
Lozano, Jesus  
Luciano, Robert



"Of course I'm a Sophomore! Here's my ID to prove it." — Kelly Lee



Lujan, Morrie  
Lundy, Henry  
Lutton, Darin  
Lykke, Cassandra  
Mac Laren, Carl  
Maloney, Carianne  
Manriquez, Eileen  
Martin, Gary



Martin, Jessica  
Masilon, Chris  
Masterson, Robert  
Mata, Richard



May, Derek  
Mays, Michael  
McAvene, Matthew  
McCuster, George



McCutchan, Cynthia  
McGee, Chris  
McGill, Shannon  
McGuire, Mary



McKeig, Shannon  
McNeely, Todd  
McTrusty, Andrea  
Medrano, Deanna



Checking to make sure all names going into the yearbook are correct was Becky Courvette's job.





Melvin, Carlos  
Mena, Toby  
Merlos, Marcos  
Mewlud, Rivan  
Miller, Carolyn  
Miller, Kacee



Miller, Todd  
Monahan, Patrick  
Montalto, Leigh  
Montgomery, Eric  
Montoy, Martin  
Morante, Eduardo  
Morgan, Brandi  
Morquecho, Claudia



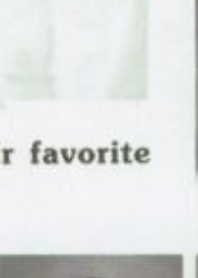
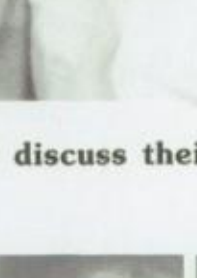
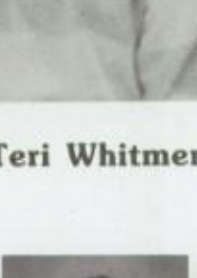
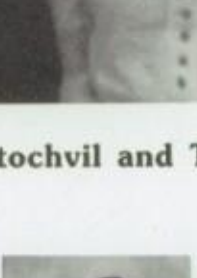
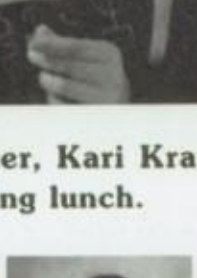
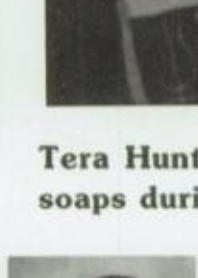
Morrison, Morgan  
Moyal, Elias  
Mullaney, Riley  
Munyon, Melanie  
Murdoch, Monica  
Murillo, Steven  
Murphy, Paul  
Musacco, Mike



Muzzy, Julie  
Nabors, David



Nail, Peter  
Nelson, Marie



Nelson, Stephanie  
Nemo, Travis



Ney, Timothy  
Nguyen, Hien  
Nguyen, Hoa  
Nguyen, Hung  
Nguyen, Liem  
Nicholson, Eric  
Northam, Kimberly  
Nowell, Kristine



Nunez, Frank  
Nunoz, Daniel  
Nyenhuiss, James  
O'Gorman, Emma  
O'Leary, Frank  
Oakey, Charles  
Oberreuter, Denay  
Oderlin, Joshua



Odom, Zach  
Ofield, Maya  
Olson, Wayne  
Ortiz, Eugene  
Ortuno, Roberto  
Osthimer, John  
Pabon, Darrin  
Padilla, Andrew



Tera Hunter, Kari Kratochvil and Teri Whitmer discuss their favorite soaps during lunch.



Palma, Elizabeth  
 Paniagua, Ted  
 Parkinson, Daryl  
 Partridge, Daniel  
 Patterson, Shawna  
 Pena, Ofelia  
 Penney, Jonathan

Perea, Cesar  
 Perretta, Nicole  
 Peters, Damien  
 Peterson, Heather  
 Phillips, Allana  
 Phuong, Tiffani  
 Phuong, Xuan

Pilch, John  
 Poehlman, Nicole  
 Poston, Michelle  
 Potter, Carrie  
 Potts, Kristie  
 Prevolos, Nicholas  
 Preston, Nancy

Quesenberry, Rebecca  
 Quintanilla, Roberto  
 Rafferty, Brian  
 Rainey, Jennifer  
 Ramirez, Angel  
 Reagan, Traci  
 Reed, Ronald

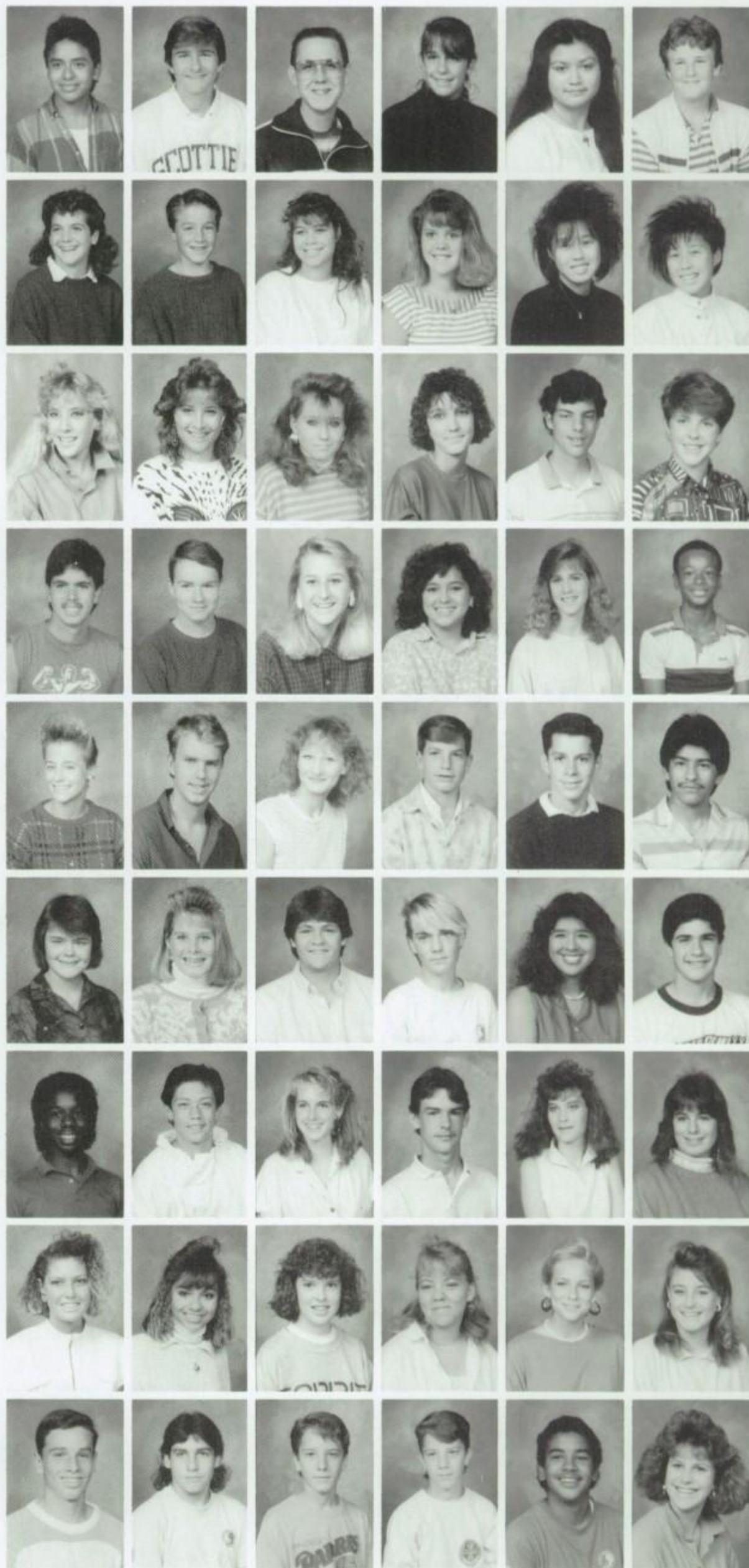
Reeves, De Ann  
 Reeves, Diane  
 Reynolds, Chris  
 Rider, Rayleena  
 Rigopoulos, Paul  
 Robins, Brad  
 Rodriguez, Antonio

Rodriguez, Sonya  
 Rogers, Jennifer  
 Rohowits, Jennifer A.  
 Roy, Daniel  
 Sabins, Kevin D.  
 Salazar, Yvonne  
 Saldamando, Victor

Saldano, Nicki  
 Salmond, Jermaine  
 Salvatierra, Michael  
 Sand, Matti  
 Sawyer, Robert  
 Scholz, Valerie  
 Schoolcraft, Dulcie

Self, Jorge  
 Seol, Laura  
 Sepe, Vivian  
 Sharp, Tiffany  
 Shields, Kelly  
 Shirkey, Kristy  
 Short, Colleen

Shumaker, Sasha  
 Sikes, James  
 Silvas, Brian  
 Silver, Braham  
 Silver, Stephen  
 Simmons, Alec  
 Simms, Vicki Marie







Singer, Colleen  
 Skinner, Skippy  
 Sledge, Elizabeth  
 Smith, Gregory Steve  
 Smith, Nancy  
 Smoke, David  
 Soals, Heather  
 Sousa, Charles



Spain, Joseph  
 Spangler, Summer  
 Spaulding, Travis  
 Spinner, Michael  
 Staley, Kristy  
 Stalnaker, Travis  
 Stanley, Ellen  
 Steppat, Heather



Stevens, Kristy  
 Stewart, Shawn  
 Streeter, James



Stringer, Tish  
 Stringfield, Brian  
 Stuart, Jerod



Sullivan, Jody  
 Sullivan, Torrence  
 Sumpter, Marymarie



Sutic, Julie  
 Swaim, Shelley  
 Swaney, Jennifer



Tabor, Mike  
 Tavizon, Oscar  
 Taylor, David

**Calos Melvin is declared the winner in a Musical Chair contest by senior Robbie Perone.**



Taylor, Havilah  
 Telles, Angelina  
 Tinsley, Tiffany  
 Toporovsky, Alex  
 Torres, Juanita  
 Toshalis, Kristine  
 Tran, Du Van  
 Tran, Mike



Treinen, Amy  
 Trent, Lisa  
 Trojanowski, Joey  
 Trotsuk, Sarah  
 Tygesen, Niels  
 Tyree, Brandon  
 Vahl, Robert  
 Van Buskirk, Eric



Vance, Theodore  
Vatalaro, Dino  
Villarreal, Dawn  
Voinov, Damon  
Wallace, Sean  
Ware, Paul  
Watwood, Russel  
Wear, Morgan



Weeber, Karen  
Weir, Jannine  
Weiss, Craig  
Wellons, Christopher  
Whitmer, Teri  
Wieher, Max  
Wiggins, Robert  
William, Kurth



Williams, Dawn  
Wilson, Ann  
Woodcook, Shawn  
Worthington, Karilyn  
Wright, Lisa  
Wynn, Troy  
Young, Scott  
Young, Shannon



Zayas, Julie  
Zollinger, Rebecca



Cub reporter Jennifer Dant gathers news for the Fling.



Craig Castaneda has no idea how he got into this position!



Kari Worthington explains her theory of relativity to Jenny Kershner.



## CAMERA SHY

Adams, Lisa  
Aguilar, Concepcion  
Alexander, Todd  
Arellano, Brandon  
Ashauer, Julie  
Axson, Lisa  
Balmer, Tammy  
Batson, Forrest  
Batson, Leland  
Benz, Cynthia  
Berger, John  
Bishop, Rosalind  
Borja, Richard  
Boudway, Sean  
Butler, Jason  
Caldwell, Heather  
Carty, Robert  
Castro, Robert  
Castro, Teresa  
Cohara, Scott  
Cooper, Thomas  
Cosgrove, Nadine  
Cyman, Annette  
Dempsey, Wayne  
Easton, Clinton  
Filban, Douglas  
Fisher, Sabrina  
Fowler, Erik  
Frisch, Denise  
Garcia, Gabriel  
Gefrom, Rolf

Grinberg, Edita  
Hague, Kimberly  
Hamilton, Holly  
Hanek, Kimberly  
Hanley, Tony  
Hays, Jennifer  
Hecht, Gerardo  
Heddy, Denay  
Hennum, Marcinda  
Hinck, Brett  
Horta, Ernesto  
Ippolito, Wesley  
Jackson, La Versi  
Jefferson, Amanda  
Keating, Brennon  
Keener, Paul  
Laferriere, Derek  
Lehman, Marshelle  
Lopez, Wendi  
Magnus, Jeffrey  
Marino, Brandon  
Mentzer, John  
Michalek, Keith  
Modrey, Christine  
Moore, Samuel  
Morgan, Moneeca  
Munoz, Daniel  
Myers, Tamara  
Nieves, Charisse  
Patzalek, Paul  
Pecoraro, Paul

Perry, Kellie  
Ramsey, Robert  
Ramsey, Scott  
Reese, Mona  
Rikard, Michelle  
Riley, Jon  
Rodriguez, Leticia  
Rose, Brian  
Rubio, Lucille  
Salazar, Michael  
Sanchez, Loretta  
Savoie, Scott  
Selleck, Pamela  
Serna, Liliana  
Shoy, Norman  
Siebenthal, Anthony  
Simkin, Robert  
Smith, Eric  
Stearns, Ronald  
Stover, Chenoa  
Strand, Kristen  
Strawder, Donald  
Super, Jason  
Tieu, Trinh  
Tillman, Valerie  
Todash, Eric  
Valdez, Raymundo  
Valle, Joshua  
Waid, Jena  
Williamson, Earl



Haydee Garbero watches time fly through the lens of her Pentax!

Mike Konold tells Mrs. Santa (Ann Larivee) what he wants for Christmas.



# What's Your Opinion?

**If you could re-live one day at Helix this year, what day would that be?**

**Wesley Espinoza:** "The first day of school."

**Manika Kilpatrick:** "A finals day."

**Steve Skinner:** "The day Mr. Olsen had hair!"

**Niki Saldano:** "Halloween day — to see everyone dress up in their goofy outfits."

**Milton Brown:** "A minimum day!"

**Becky Couvrette:** "The day Heather Swaney tripped on the doorway coming into yearbook class while Mr. Ray was being interviewed by Larry Himmel."

**Anonymous:** "The last day of school in 1987!"  
"Christmas Dance — 1986."

**What's the weirdest outfit you've ever seen?**

**Steve Skinner:** "Some dorky blue shirt with cactus on it from TJ worn by a guy that looks like Big Bird."

**Becky Courvette:** "A girl wearing black pants with a white peace sign and a black velvet hat with a veil."

**Farida Diola:** "Ronny Stearns dressed as Ghandi during Halloween week."

**Peter Herlan:** "Stone-washed jeans with a stone-washed jacket; it looked like someone had just walked out of a chlorine storm!"

**Damien Voino:** "Maroon cut-off sweats with knee-high maroon socks."

**Tony Hanley:** "Mr. Olsen's Army outfit!"

**Stacy Boyd:** "A green neon bubble skirt with neon pink lace top to match."

**Anonymous:** "A green and white polka-dot dress with a yellow sweater."

"Oversized high tops with no laces."

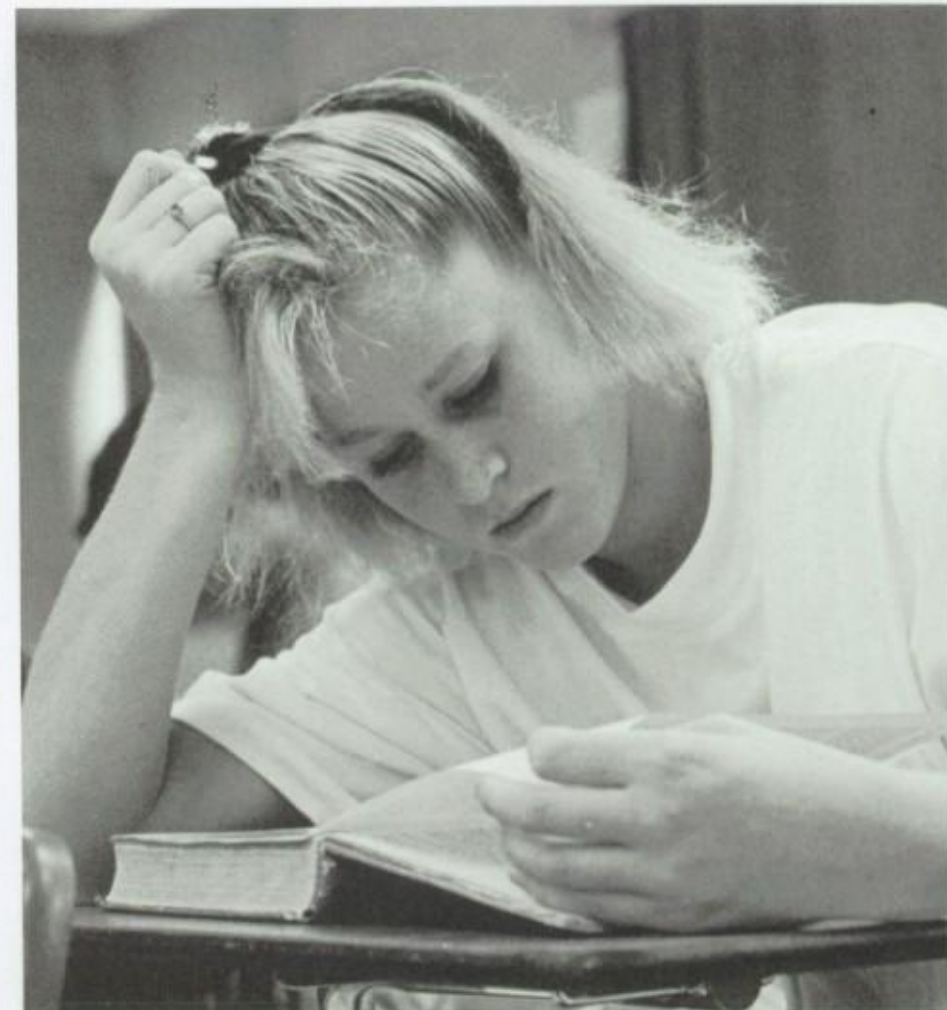
"A guy wearing a 'God and Plenty' bandana around his head."

"A leather bikini top with tassels and beads hanging off it."

"All of them, California is a weird place."



"Sometimes I sits and thinks and sometimes I just sits!" — Becky Couvrette



"How do you spell relief? — V-A-C-A-T-I-O-N!" — Becky Zollinger





**"Please sign this Nationwide Geek Crackdown petition!" — Haydee Garbero**



**Matti Sand stands ready to assist students at registration.**

**What was your favorite word or term in 1987-88?**

- Tom Davis:* "Hip Chicken!"  
*Denay Hawn:* "That's fully blarney!"  
*Scott Hoover:* "Corn!"  
*Holly Allen:* "Pish man!"  
*Amy Treinen:* "Wangin'!"  
*Otis Spinkmeyer:* "Huzza!"  
*Ely Moyal:* "It's groovy; Get hip to my jive!"  
*Jennifer Swaney:* "Take it down a thousand!"  
*Nikki Saldano:* "Get it together, girl!"  
*Kristle Arnaiz:* "Butch!"  
*Craig Weiss:* "SLOBS!"  
*Ivan Farmer:* "Take a long walk off a short pier!"  
*Alex Commana:* "OH, Mate!"  
*Jenny Noah:* "So, sue me!"  
*Anonymous:* "Don't shoot nothing you can't eat!"  
     "OOOO, baby, baby!"  
     "Do ya wanna Tijuana?"  
     "Howie Toe!"  
     "Rasta!"

**What's one thing you would want if you were stranded on a deserted island?**

- Wesley Espinoza:* "Anacin . . . recommended by 9 out of 10 doctors!"  
*Heather Soals:* "A yacht, with Mel Gibson on board!"  
*Bif Tannin:* "A harem!"  
*Carol Burye:* "An Electrical outlet."  
*Beau Cantrell:* "OFF!"  
*Ely Moyal:* "A bowl of Coco Puffs and a spoon!"  
*Jennifer Rogers:* "Cable TV."  
*Rebecca Couvrette:* "Tom Curren!"  
*Kim Allen:* "A Corvette!"  
*Kelly Lee:* "Gilligan!"  
*Kyle Chase:* "Ginger!"  
*Dan Gonzales:* "A volleyball court."  
*Lisa Axson:* "An extra pair of underwear."  
*Anonymous:* "The Helix football team!!"  
     "A poker table!"  
     "A box of Mom's cookies!"



# Advisors



Norma Basgall



Agnes King

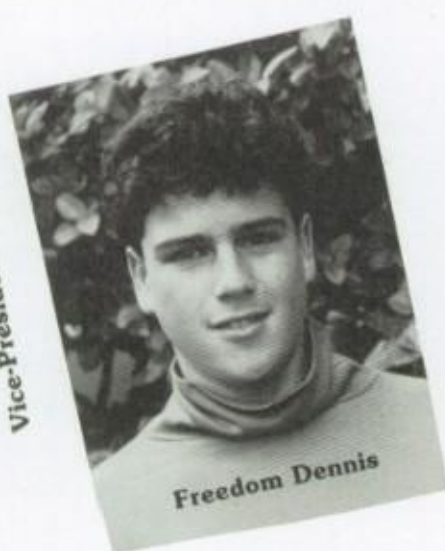
The freshmen this year had a lot of spirit. This was shown in the high numbers that turned out for the first board meeting. The freshmen hoped to make money with bake sales and car washes. The class also picked their clan name and chose their Tartan clan. They were led by Brandie Morris, President; Freedom Dennis, Vice-President; Libbi Shoughro, Secretary; and Christine Fonseca, Treasurer.

## Frosh Put On Ritz



President

Brandie Morris



Vice-President

Freedom Dennis



Secretary

Libbi Shoughro



Treasurer

Christine Fonseca

Abbas, Hendren  
Abram, John  
Acevedo, Christopher  
Aguirre, Joseph  
Amozgar, Tooba  
Anderson, Laura  
Armstrong, Barbara  
Armstrong, Craig



Arnott, Lisa-Marie  
Arthur, Brian  
Ashby, Carrie  
Austin, Jessica  
Avalos, Deanna  
Avila, Josefina  
Aziz, Cawa  
Baker, Stacey



Balvin, Jamison  
Bardosa, Bart  
Barker, Suzanna  
Barnes, Sharise  
Barnhart, Lance  
Barnett, Gary  
Barritt, William  
Bayes, Christopher



Beachley, Heather  
Beck, Heather  
Bell, Arthur  
Bell, Norman  
Beltran, Eugene  
Bender, Jonathan  
Benevides, Monica  
Benson, Tavia







Benz, Cathleen  
Bevier, Michele  
Binder, Regina  
Bliss, Kimberly  
Bly, Richard  
Blye, Luna  
Boettcher, Natalia  
Bolton, Lisa

Bonilla, Charlotte  
Borger, Ronald  
Bova, Gina  
Bowen, Nathaniel  
Boyle, Timothy  
Bradley, Aeyonne  
Brandland, Jennifer  
Brawley, Jennifer

Briones, Carlos  
Brody, Kimberly  
Brown, Matthew  
Brown, Melissa  
Bruck, Corinne  
Buckley, Jill  
Bunch, Jeremy  
Burdick, B.T.

Cando, Nicole  
Cantrell, Jason  
Canty, Bari Lynne  
Carlino, Rebeca  
Carlton, Jason  
Carney, Devin  
Carpenter, Alec  
Caruso, Joelle

Case, Jennifer  
Casey, Sean  
Cason, Tori  
Castaneda, Jaime  
Castillo, Connie  
Castro, Jolene  
Cawa, Aziz  
Cervantes, Elizabeth

Cesena, Jeannette  
Chance, Jerri  
Chaparro, Amy  
Chappel, Jeremy  
Chavez, Alicia  
Chavez, Marie  
Cheng, Kim  
Clark, Marc

Cohen, Karen  
Condon, Adrian  
Connelly, April  
Constancio, Joseph  
Cook, Natalie  
Cooper, Carol Anna  
Crane, Brandford

Cruz, Kenneth  
Culver, Eric James  
Curtis, Eric  
Damery, Ricky  
Dao, Hoa  
Davis Jr., Dante  
Davis, Angela  
Davis, Kimberly

Davis,, Sandra  
Davis, Tracy  
De Ment, Christian  
Delgado, Roger  
Dennis, Freedom  
Depaul, Caryn  
Dewey, Heather  
Diaz, Brad



Diaz Jr., Raymond  
Dickerson, Janice  
Dickison, Dorothy  
Dill, Roger  
Diola, Bob  
Dobyns, Rhonda  
Dominy, Sara

Dowd, Santan  
Downey, Karrie  
Duff, Marnie  
Duggan, Aaron  
Durick, Janice  
Durick, Judi  
Dunlap, Dwayne

Dzieciatkowski,  
Slavomir  
Eagan, Chris  
Eells, Ian  
Ek, Jennifer Leigh  
Epps, Yashica  
Escobosa, Anthony  
Esh, Christopher

Eslinger, Doug  
Espinola, Evelina  
Espinoza, Mary  
Espinoza, Michelle  
Espinoza, Sheri  
Ewing, Anne  
Fail, Holly Ann

Falk, Jere  
Fares, Jason  
Farrelly, Jonathan  
Farris, Christie  
Feldman, Karen  
Feller, Bobby  
Fernandez, Kevin

Ferris, Steven  
Fjerstad, Ernie  
Fonseca, Christine  
Foreman, Rebecca Dee  
Fox, Maressa  
Francicola, Michael  
Frey, Jame

Frisch, Shannon  
Frost, Damon  
Gagnepain, John  
Gallandt, Patrick  
Gallego, Hector  
Garcia, Petrina  
Garrido, Rodney

Gatley, Jeff  
Gay, Elena  
Gesiakowski, Eric  
Ghafouri, Ali  
Gharring, Aaron  
Ghobrail, Karim  
Goforth, Carolee

Gomez, Monica  
Gonzales, Tanya  
Goode, Cindy  
Goodman, Shannon  
Govelik, Vladik  
Graf, Albert  
Guffey, Shannon







Freshmen hard at work during first board meeting.



Guillen, Alfonso  
Gulino, Tracy  
Guthrie, Tanya  
Gutierrez, Frank



Gutierrez, Juanita  
Gutierrez, Miguel  
Gutierrez, Monica  
Hall, Hiroshi



Halsey, Stephen  
Hamma, Thomas  
Hampton, Wandell  
Hansen, Shannon



Harman, Gayle  
Hart, Kristin  
Hartmann, Chris  
Hassan, Aimal  
Hastings, John  
Hayes, Michelle  
Heffernan, Matt  
Helkathorn, Kevin



Henderson, Arvis  
Herbert, Phebe  
Heredia, Sergio  
Hernandez, Henry  
Herrera, Jesus  
Herrly, Lisa  
Hileman, Nathan  
Hinrichsen, Yvonne



Hodge, Melanie  
Hollingshead, Deena  
Hooper, Pam  
Hopkinson, Heather  
Hopkinson, James  
Houghtaling, Nancy  
Hove, Laura  
Hove, Leesa



Howard, David  
Howard, Shawn  
Humphries, Julie  
Hunnicut, Jason  
Hurst, Don  
Hurst, Phillip  
Hynes, Mindy  
James, Andrea



Jastrzemski, Dawn  
Jefferson, Jeanette  
Jensen, Diane  
Jenson, Jeff  
Jespersion, Teran  
Johnson, George  
Johnson, Scott  
Jones, Charise



Jones, Larry  
Julian, Sean  
Kuhan, Blake  
Kawasaki, Tiffany  
Kelly, Lisa  
Kernazitskas, David  
Kimball, Jade  
Kleinick, Joshua



Knezevich, Amelia  
Knoell, Chad  
Knox, Christal  
Kocis, Robert  
Kowaoski, Josh  
Kreitz, Stephanie  
Kuhn, Katherine  
Kurek, Diana



Lam, Hanh  
Lange, Chris  
Laterrade, David  
Laube, Mark  
Lawson, Gabriel  
Lazear, Mindi  
Ledger, Aaron  
Leighton, James



Levin, Tanya  
Lewis, Isaac  
Livingston, Johnny  
Loftis, Michael  
Loftus, Ryan  
Long, Jennifer  
Lopez, David  
Lozano, Javier



Lozano, Julio  
Lucero, Kristine  
Luis, Gonsas  
Lunsford, Lisa  
Lupo, Domenic  
Luppens, Terra  
Mackey, Robin  
Markin, Tim



Martelli, Matt  
Martin, Andrew  
Martin, Leah  
Marvin, Jennifer  
Mason, Chad  
McCallum, Cheryl  
McCaskill, Brian  
McNeil, Jessica



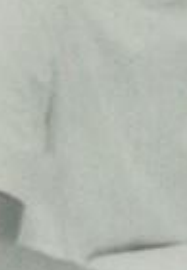
McWilliams, Jason  
Meanor, Caprice  
Medeiros, Peggy  
Mendibles, Sonia



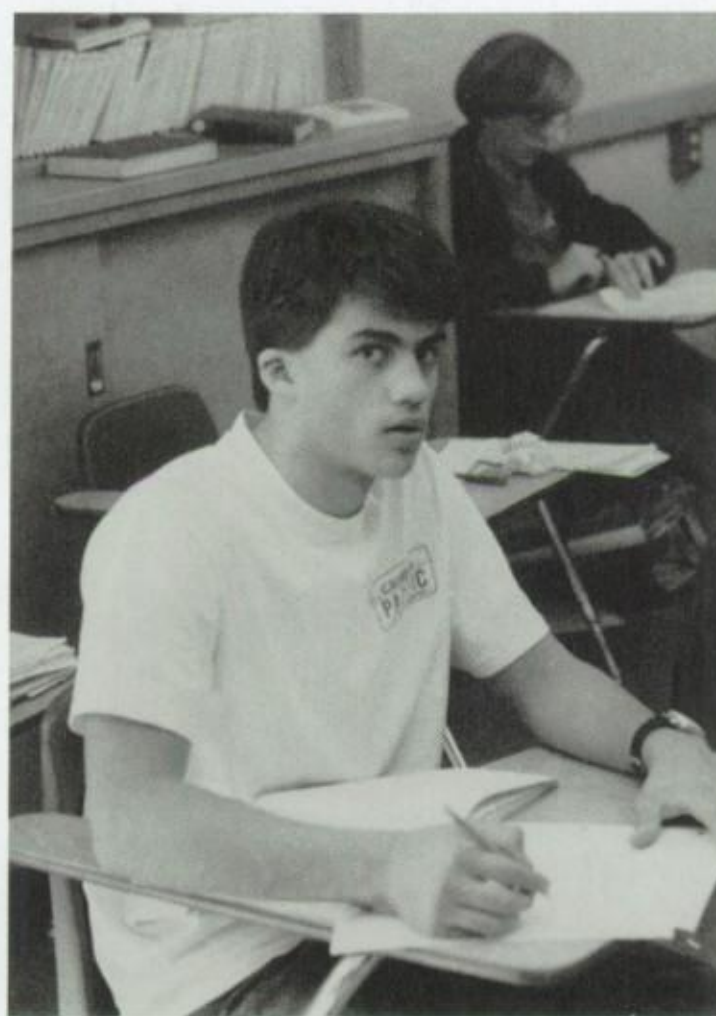
Menkveld, Shannon  
Merrill, Adam  
Mesdaq, Akbar  
Mesdaq, Najib



Mewlud, Qudem  
Michael, Kellsie  
Miller, Chris  
Miller, David



Miller, Nikki  
Millican, Brenda  
Mincks, Sarah  
Montevirgen, John



Surprise! Your picture's being taken.





Freshmen pose for the camera during a freshmen board meeting.



Moorhead, Carlena  
Mooring, Wesley



Morfin, Claudia  
Morris, Brandie



Mortier, Wendy  
Mounts, Jolie



Murphy, Aaron  
Murphy, Melissa  
Myers, Amy  
Naemi, Janice  
Navarro, Alicia  
Necoechea, Monica  
Newburn, Barbara  
Nguyen, Duong



Nguyen, Kim  
Norberg, Adam  
Nordean, Russell  
Northam, David  
Novak, Jennifer  
Nunez, Roberta  
O'Dell, Amy  
Obregon, Frank



Oderlin, Matt  
Oliver, Kevin  
Oltman, Brandyne  
Ostheimer, Rebecca  
Ounkle, Priscilla  
Pason, Dathan  
Padilla, Monica  
Pagan, Rosie



S. Spangler works hard during English



Panozzo, Mike  
Pascua, Matty  
Patterson, Deisha  
Pearson, Elecia



Peralta, Richard  
Perez, Robert  
Perricone, Christina  
Perry, Cynthia



Person, Eric  
Petersen, Jacob  
Petersen, Tonya  
Peterson, Benjamin



Phillips, Gary  
Phillips, John  
Phuong, Phuong  
Pilkington, Julie  
Pitts, Bruce  
Polak, Stacie  
Polesky, Jason

Preciado, Eric  
Price, John  
Prim, Carline  
Pykles, Heidi  
Pyle, Nathan  
Quinci, Daniel  
Radice, Tammy

Ramirez, John  
Redondo, Michelle  
Reed, Ronnell  
Reemelin, Spencer  
Reynolds, Rebecca  
Reyes, Mike  
Reza, Lenora

Ricasa, Teodoric  
Richards, Bryan  
Richardson, Tiffany  
Ridenour, Chris  
Rios, Teresa  
Rittenberg, Nicole  
Rivas, Anna

Rivera, Michael  
Robles, Timothy  
Rodriguez, Linda  
Rodriguez, Anthony  
Rosenal, Christine  
Rousakis, Roanna  
Rowbotham, Dennis

Ruiz, Andre  
Ruiz, Genine  
Rupp, Paul  
Sabo, Jeffrey  
Salcedo, Martin  
Sanchez, Erica  
Sanchez, Ivette

Sanchez, Vincent  
Sabdersm, Brandon  
Sanders, Rodney  
Sanford, Jennifer  
Schell, David

Schell, Steven  
Schiff, Jodi  
Scott, Christine  
Seay, Kimberly  
Seller, Daron  
Sepe, Lisa  
Sessions, Blake

Sexton, Shelby  
Shaff, Jennifer  
Shepard, Judy  
Sherwood, Angeleque  
Shoemaker, David  
Shoughro, Libbi  
Sicilani, Myrinda







Singer, Shellie  
Skinner, Joe  
Slater, Marlys  
Slolari, Joey  
Sluder, Brad  
Smith, Jack  
Soto, Mirna  
Spadaro, Nicholle



Spangler, Charity  
Spangler, Sarilee  
Spina, Maria  
St. John, Peter  
Stanford, Kim  
Stansberry, Brenda  
Stapel, Natasha  
Stapelton, Samantha



Steagall, Derek  
Stearns, Ronald  
Steiding, Jeremy  
Stevenson, Diane  
Stewart, Eric  
Stone, Nona  
Story, Eric  
Strand, Jeremy



Strand, Kristen  
Sullivan, Timothy  
Summons, Beth  
Surratti, Candace



Swanson, Kelly  
Swindall, Jaimee  
Szulist, Giselle  
Taylor, Charles



Thom, Cyle  
Thomson, Glen  
Thrasher, April  
Tilley, David

"Ha! Ha" I did it!"



Timm, Michael  
Tinker, Justin  
Tonkovich, Andrew  
Torbicki, Julia  
Torres, Christian  
Torres, Jose  
Tracy, Damian  
Tran, Thanh



Tran, Tram  
Trawick, Josh  
Trensen, Summer  
Trinh, Truc  
Truong, Vu  
Turner, David  
Turner, Kyle  
Urbina, Moises



Vanderpool, Josh  
Vargas, Alejandro  
Vasquez, Jesse  
Vaughan, Cory  
Veen, Philip  
Vesco, Garrett  
Vidalas, Henrico  
Vionov, Nicholas



Waddell, Andrea  
Wake, Robert  
Walsh, Philip  
Walton, Gary



Ward, Kim  
Warner, Clint  
Watkins, Jay  
Watkins, Tony



Watson, Heidi  
Weber, Todd  
Wedge, Richard  
Weflen, Nathan



White, Nathan  
Whitney, Jason  
Wilkins, Samantha  
Willadsen, Harry



Williams, Sandra  
Williams, Tamia  
Winchester, Aaron  
Wingo, Jason  
Wingo, Nathan  
Wood, Stephen  
Woods, Karey  
Wright, Brian



Wright, Julie  
Wyatt, Perry  
Wylie, Cindy  
Yale, Andrea  
Zaryan, Erika  
Yepez, Joanne  
Zabierek, Anthony  
Zbytniewski, Jennifer



Zulauf, Jora  
Zumaya, Julia



Lisa Long longs for the day she will be a senior!



Kori Smith and Tami Meisner display the hair style of the 80's.



## Camera Shy

Baird, C.  
Bobrowski, A.  
Bonsteel, T.  
Borja, J.  
Cole, J.  
Cole, J.  
Cornett, P.  
Deas, A.  
Dizaiy, I.  
Dunkle, P.  
Elkins, C.  
Foreman, J.  
Golden, R.  
Gonzales, L.  
Gorton, C.  
Haggerty, C.  
Haynes, H.  
Heckathorn, K.  
Hinderliter, J.  
Hull, J.  
Isreal, C.  
John, A.  
Khan, A.  
Kierig, B.  
Kriesel, K.

Kurth, B.  
Lake, A.  
Latham, S.  
Leitner, A.  
Lopez, D.  
Lopez, R.  
Lunsford, L.  
Magnus, J.  
Martin, J.  
Martinez, J.  
Masterson, S.  
May, L.  
McGee, R.  
Mentzer, T.  
Morales, D.  
Murphy, J.  
Nguyen, H.  
Nguyen, H.  
Nguyen, H.  
Nguyen, Y.  
Orser, K.  
Ortiz, V.  
Padilla, A.  
Peterson, M.  
Richter, S.

Rilveria, J.  
Roberts, C.  
Rodrigues, D.  
Rowell, T.  
Ruiz, G.  
Scolari, J.  
Shirkey, K.  
Simkin, H.  
Smith, J.  
Smith, K.  
Smith, L.  
Snelson, B.  
Springer, S.  
Stavola, E.  
Steppat, H.  
Tavizon, O.  
Taylor, B.  
Waid, J.  
Watkins, A.  
Watson, J.  
Williamson, E.  
Wolfe, D.  
Wong, S.  
Woodcock, S.  
Woods, L.



Ms. Jackie Brodewolf explains basic sewing to James Leighton, Charles Taylor and Cheryl McCallum.



FACULTY FACULTY FACULTY FACULTY FACULTY

FACULTY FACULTY FACULTY FACULTY FACULTY







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STAFF



# Administration



## **A MESSAGE TO THE CLASS OF 1988, *Clan Sutherland:***

It is already tomorrow. Time which never stops on its journey will pass before your eyes, and, in only a few more months, you will be members of the community, looking back on the years you spent at Helix High School. When you do, the photos, facts, and memories in this book will be your

stepping stones to a happy reminiscence. May your memories of Helix High School be pleasant ones, and may your futures be filled with happiness and success.

With every wish for a bright tomorrow,

G. Reckin, Principal





Gerald Reckin  
Principal



Richard Geck  
Admin. Vice-Prin.



Ben Amador  
Student Ser. VP



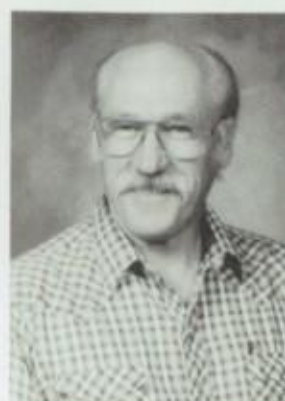
Don Bonney  
Student Ser. VP



James Arnaiz  
Counselor SHI-Z



Robert Lucas  
Counselor A-FE



Norm Robbins  
Counselor FI-MAR



Samuel Singer  
Counselor MAS-SHE

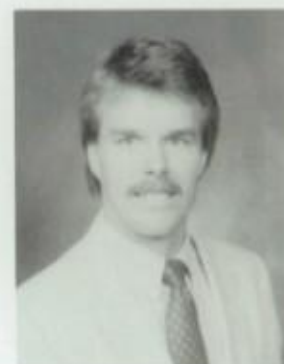


'Would you like to share it with the class?' — R. Dawes

English Department



Jane Drake  
English 3H, 5C, 7C



Dan Baits  
English 1R, 3C, 7A



'Well isn't that special?' — G. Kirk



'Not another fire drill!' — J. Shanks



'Great, now conjugate to juxtapose!' — C. Corbisez



Norma Basgall  
English 3C, 7A



Rochelle Dawes  
Eng 3A, 3C, Speech



Susan Ehlers  
English 1A, 1C, 3R



Howard Estes  
Eng. 5H, 5C



Gerry Kirk  
English 1C, 5A, 5R



# 'Let me talk at you' — J. Patton



**Mari Mann**  
English 7H, 3A, 1H



**Mary Ann Mentas**  
English 3C, 5A



**Marsha Korobkin**  
Librarian



**Christine Moretti**  
English 1A, 3C, 7C



**Jessica Patton**  
Eng 3A, 5C, Journalism



**Janet Shanks**  
English 1C, 7A



Howard Estes models his new spring wardrobe.

'That's it. Take it or leave it!' — J. Drake



'What just ran across the floor?' — C. Moretti

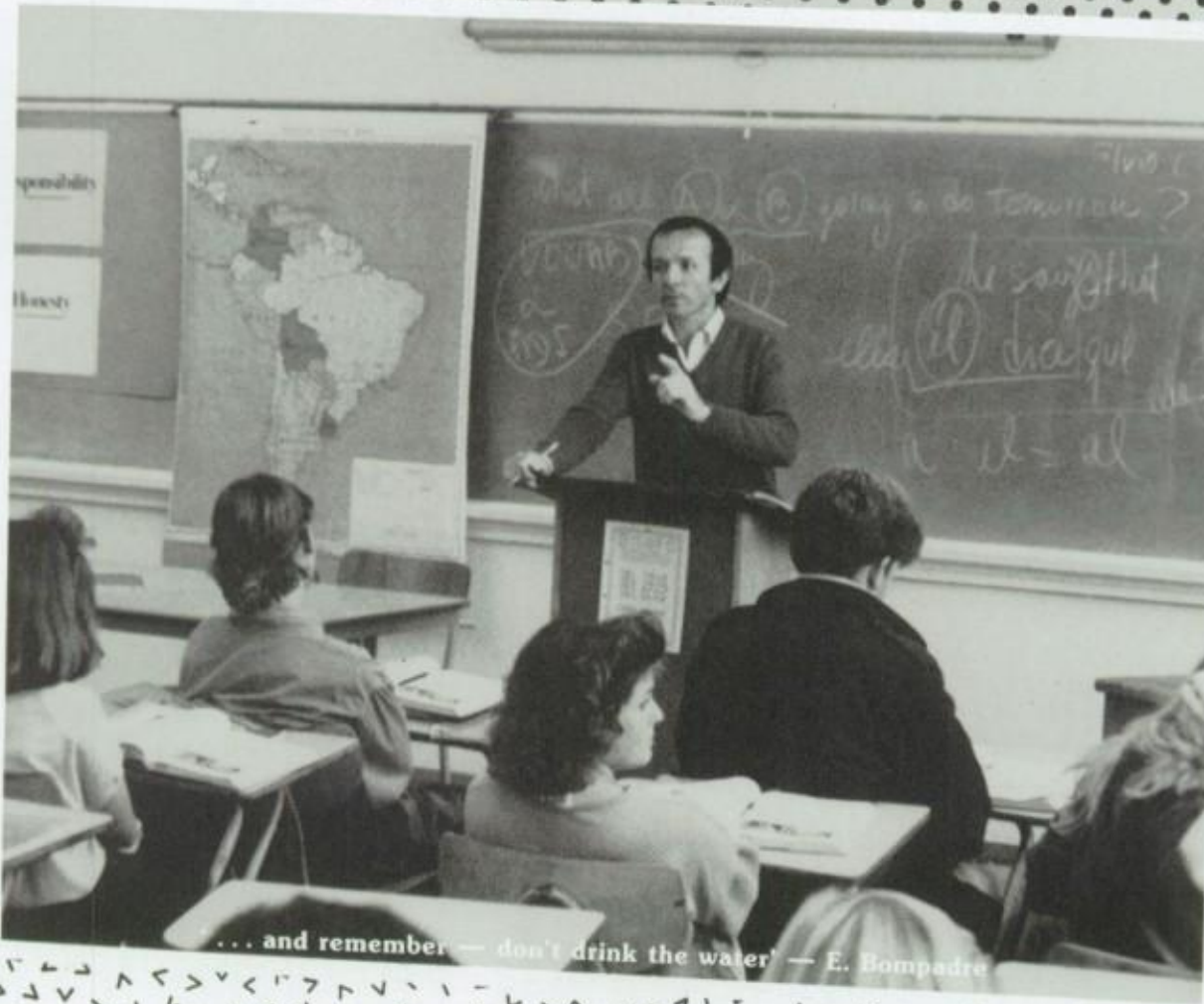


'After you fold it, it can fly!' — D. Baits



'It's an amazing thing, and a tribute to my ability

# Foreign Language



... and remember — don't drink the water! — E. Bompadre



Jill Gormley  
French, Spanish



Laura Boehemke  
Spanish



Elvio Bompadre  
Spanish



Maria Heimpel  
Spanish, E.S.L.



Phil Knott  
German, Economics



Maria Heimpel takes time to help her students.



FRANCE

'That wasn't so... was it?' — J. Gormley



that any of you know Calculus at all!' — Munson



'You said you want an 'A'?' — W. Ehlers



Math even gets to teachers!



\*Lewis Freed  
Alg. 1-2H, Pe-Cal



Brian Anderson  
Alg. 1-2, ASB



Jerry Arvin  
Math Bas. Alg., 1C



Nilo Atkinson  
Geom, Alg. 2, Bas. Alg



William Ehlers  
Geom. 1H, Dis. Math, Alg  
2



Tom Heyer  
Geom. Bas. Math



Agnes King  
Alg. 1C



Ernest Ligon  
Alg. 1C, Bas. Alg.



William Simpson  
Alg. 1C



'And here we have our time line . . . ' — L. Freed





**Jon Crawford**  
PE



**Marianne Hall**  
PE



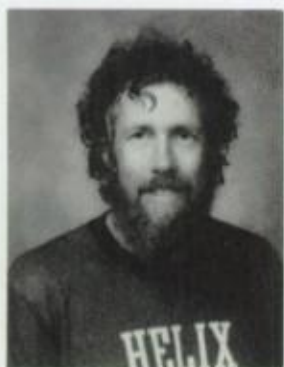
**Denise Hume**  
PE



**Evie Koske**  
PE Attendant



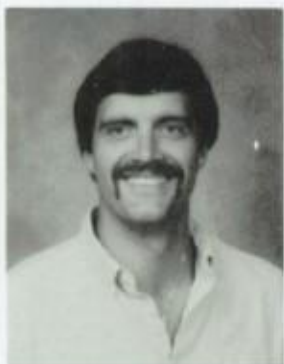
**Leslie Messier**  
PE, Eng. 1A, 3A



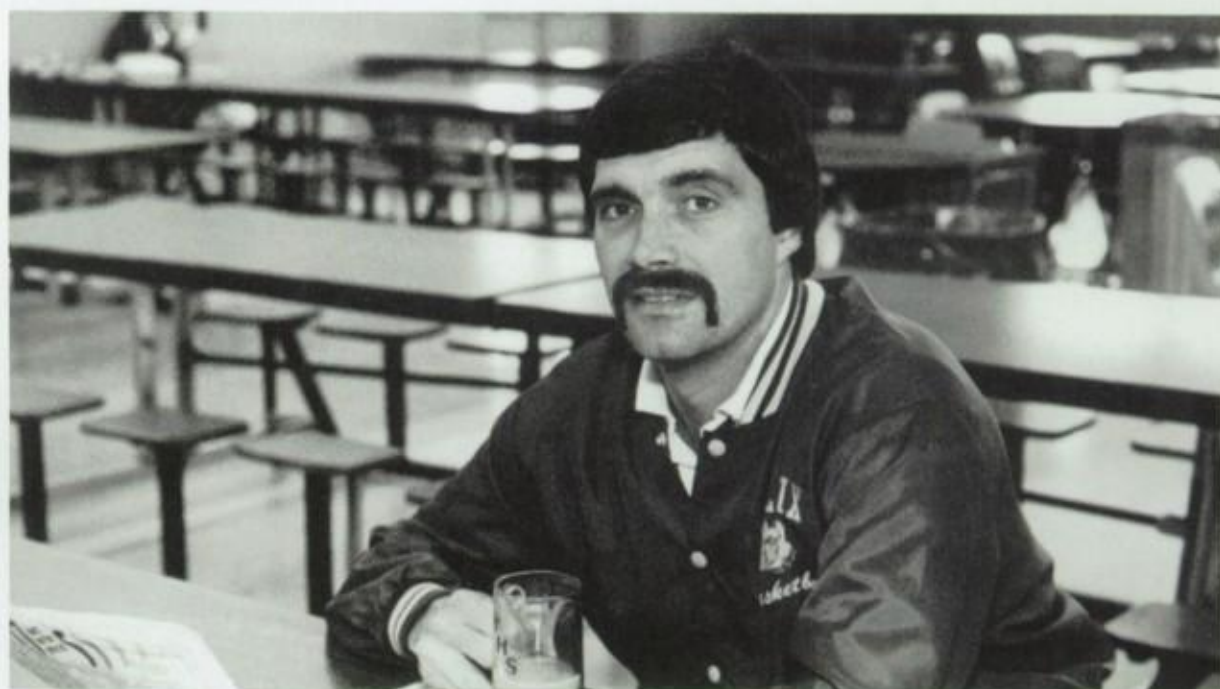
**Mike Muirhead**  
PE



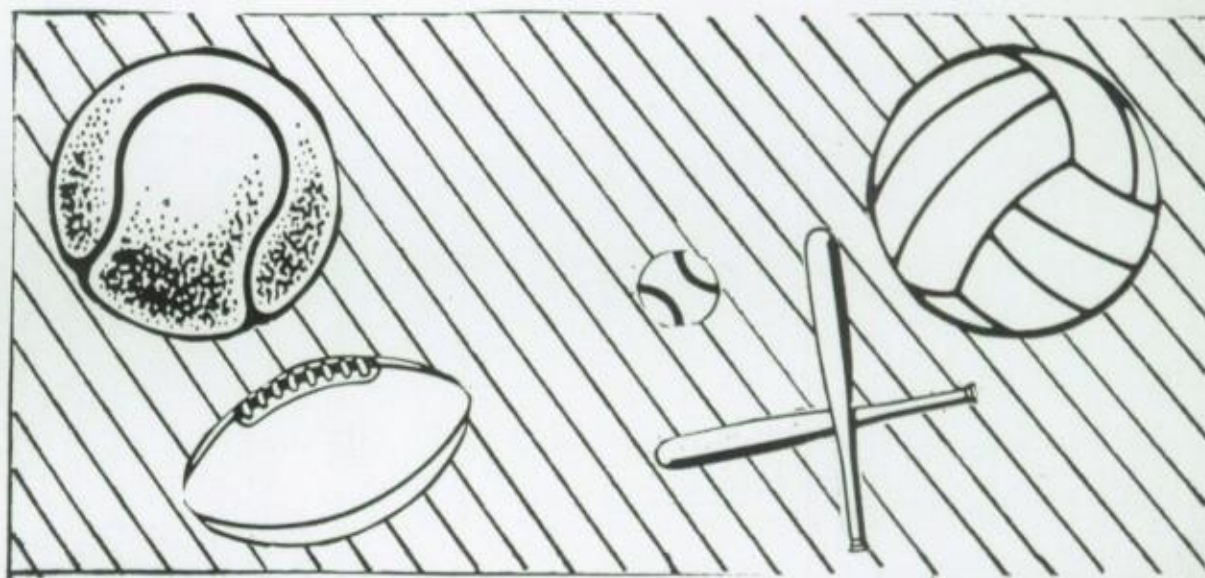
**Elizabeth Shaw**  
PE



**John Singer**  
PE, Fam. Studies



Coach John Singer takes 'time-out' from his busy schedule in study hall.



Coach Rick Ash prepares students for their Driver Education exam.



# 'Physics is Pfun!' — Monty Mudd



**Leslie Hays**  
Ocean., Science



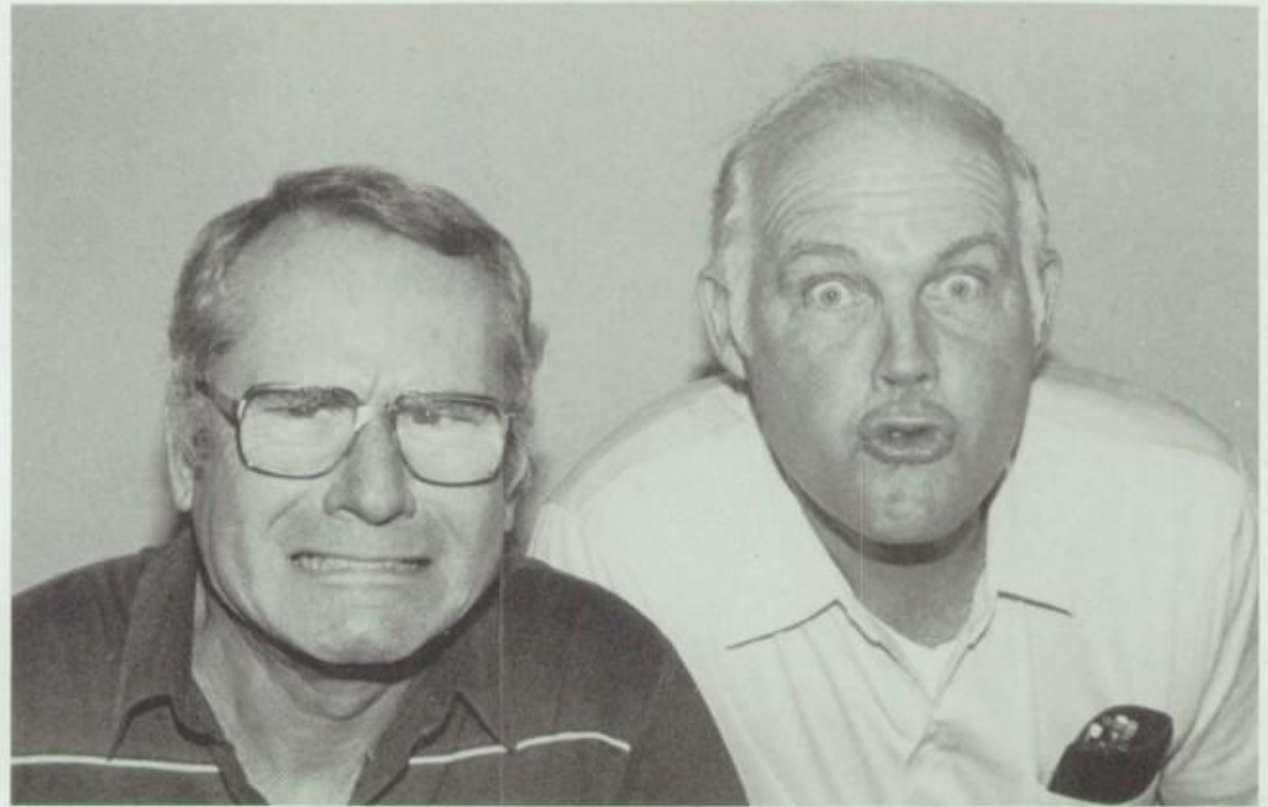
**Ann Larivee**  
Bio., Chemistry



**Monty Mudd**  
Physics, Science



**Gordon Nash**  
Biology



**Al Pirie and Parker Olsen doing their impression of a strangling guppy!**



**"This is the award-winning smile I used when I was a star on the Larry Himmel show!" — Leslie Hays**



**Parker Olsen**  
Biology



**Al Pirie**  
Biology



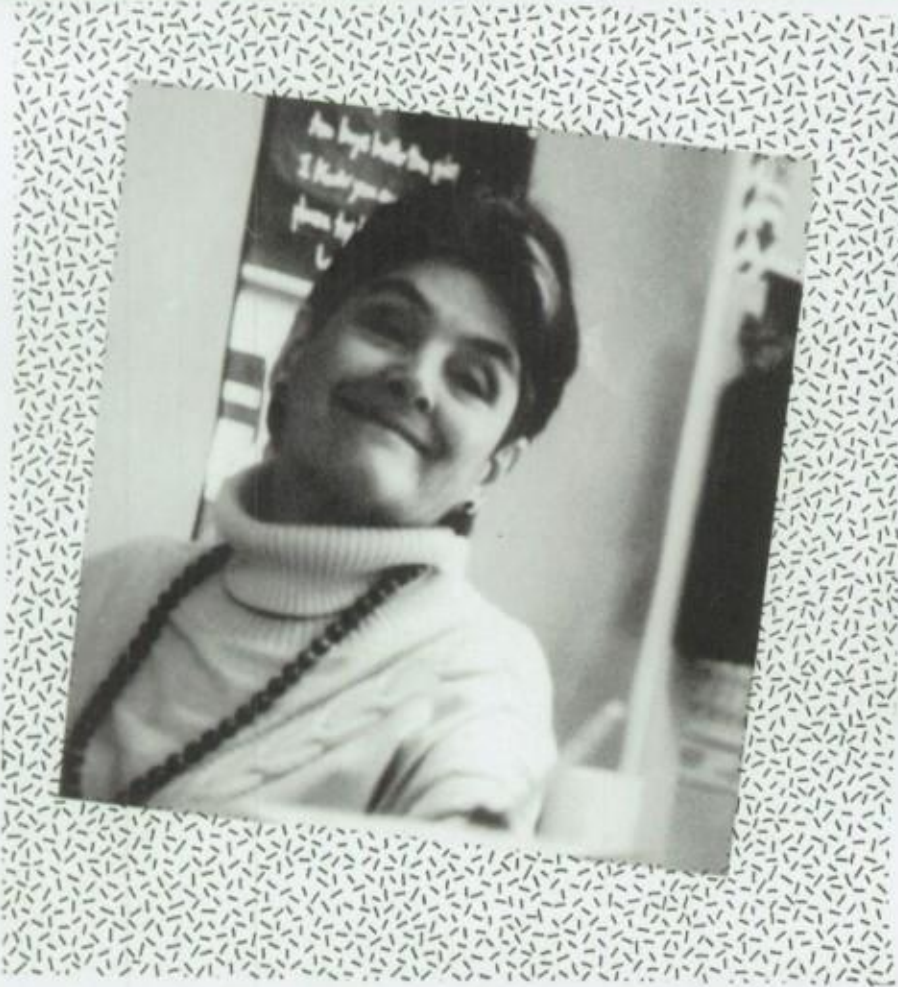
**Ross Walker**  
Science



**"That's the most amazing excuse for being tardy I've ever heard!" — Ann Larivee**



**'I saw Jerry Shepherd smile today!' — John Boone**



**'Here is a pop quiz on William Taft — enjoy!' — Myrra Lee**



**Frank Lueke  
Geog. 1A, 1R, 1H**



**John Boone  
US Hist., World Hist.**



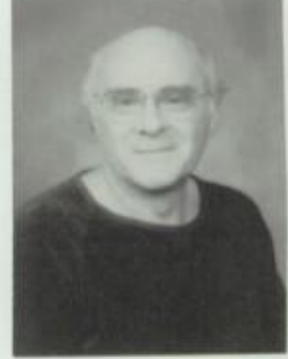
**Dick Feeser  
US History**



**Dick Langston  
Fam. Stu., Geog**



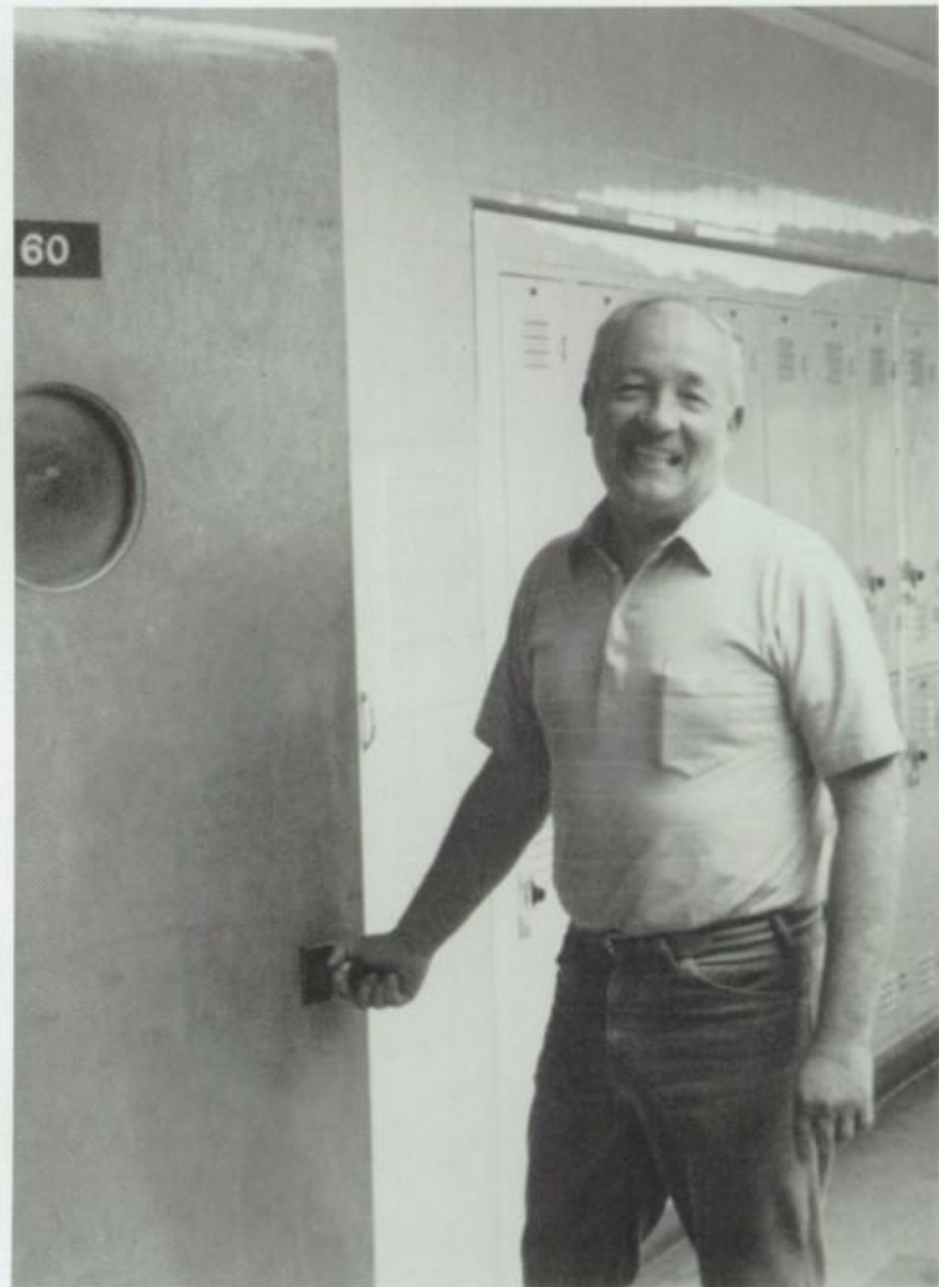
**Myrra Lee  
US Hist., Poli. Sci.**



**Joseph Manor  
Poli. Sci., Psych.**



**'You're certainly entitled to my opinion!' — Don Spear**



**'Behind this door are some of the finest Scotties in town!' — John Boone**



# 'Who said MAN invented the wheel?' — Myrra Lee



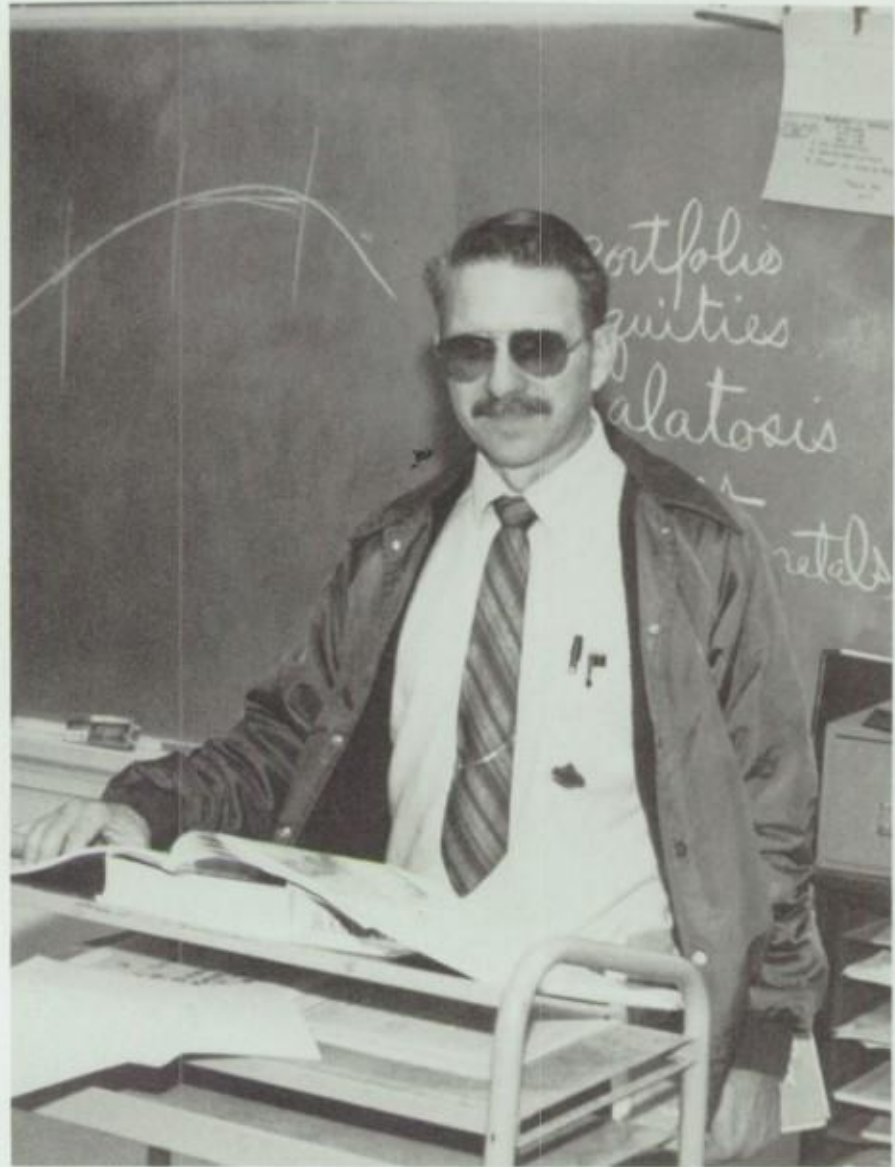
**Bobbie Plough**  
US Hist., Poli. Sci.



**Gerald Shepherd**  
US History



**Donald Spear**  
Geog., US Hist

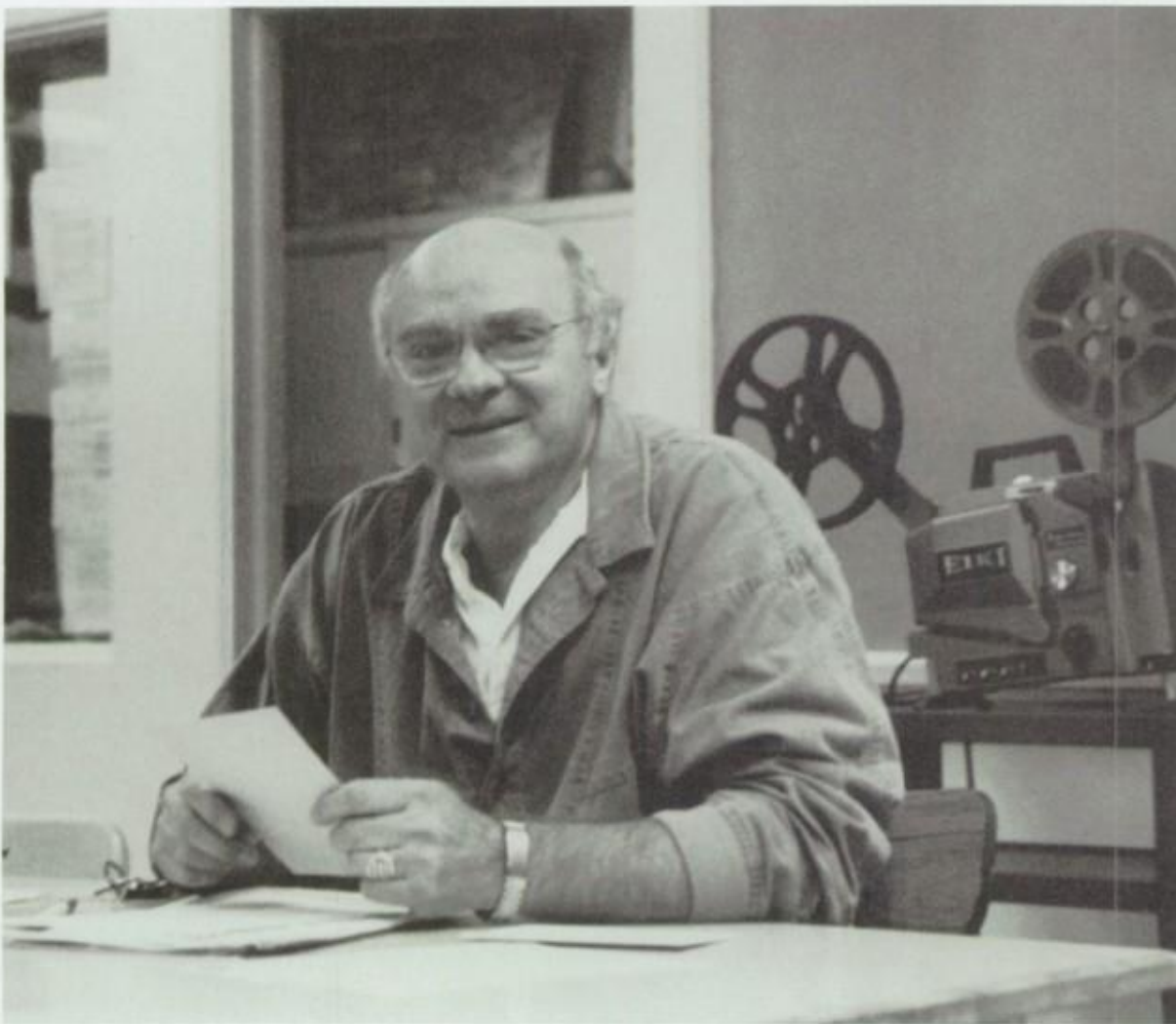


'Those who cannot remember the past are condemned to repeat it!' — Frank Lueke



'Fridays are my favorite day of the week!' — Bobbie Plough

## Social Science



'Lesson for the day: A man is known by the company he keeps out of!' Joe Manor



'And, the film for the day is ...' — Dick Feeser



**Warren Vinton**  
Geography



**Joseph Woods**  
Polo. Sci., Psych.



# 'Kodukcolor Is Film For Ducks!' — Ron Ray



**Richard Benson**  
Graphics



**William Bible**  
Photo, Metals



**Jackie Brodwolf**  
Int. Design



**Nelwyn Clark-Edwards**  
Sing. Surv.,  
Chld. Dev.



"This bird's for you!" Nel Clark-Edwards



**Louis Laterza**  
Electronics



**Dale Johnson**  
Woodworking



"I plan to drive this in the Indy 500!" — Jim Oxford



**Betty Jo Nichols**  
Art, Photo



**Ron Ray**  
ROP Photo, Tartan



**Jim Oxford**  
Auto



**Arthur Welch**  
Metals, Draft.







Kay Raines proudly displays her bulletin board for the holidays.



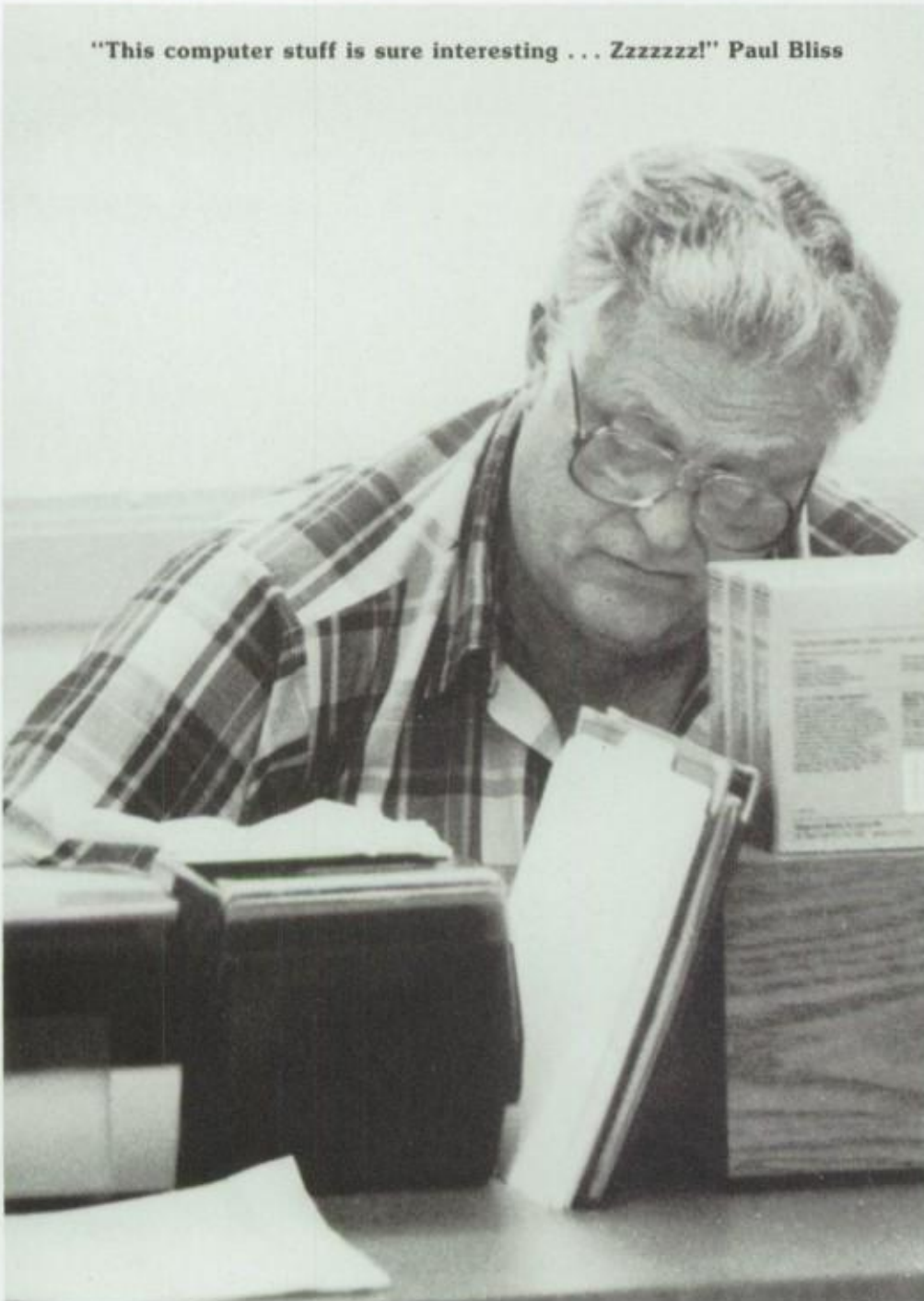
"A fan is helpful in sorting through term papers!" Phil Patton



Hazel Osborne  
Gen. Bus., Typing



Kay Raines  
Acctng. Pers. Fin.



"This computer stuff is sure interesting . . . Zzzzzzz!" Paul Bliss



**IBM**



Phillip Patton  
Computers, Eng.



**'Our Praise We Sing To Thee . . . ' — Mark Faulk**



**Richard Almanza**  
Band, Orchestra



**Mark Faulk**  
Choir, Glee, Ensem.



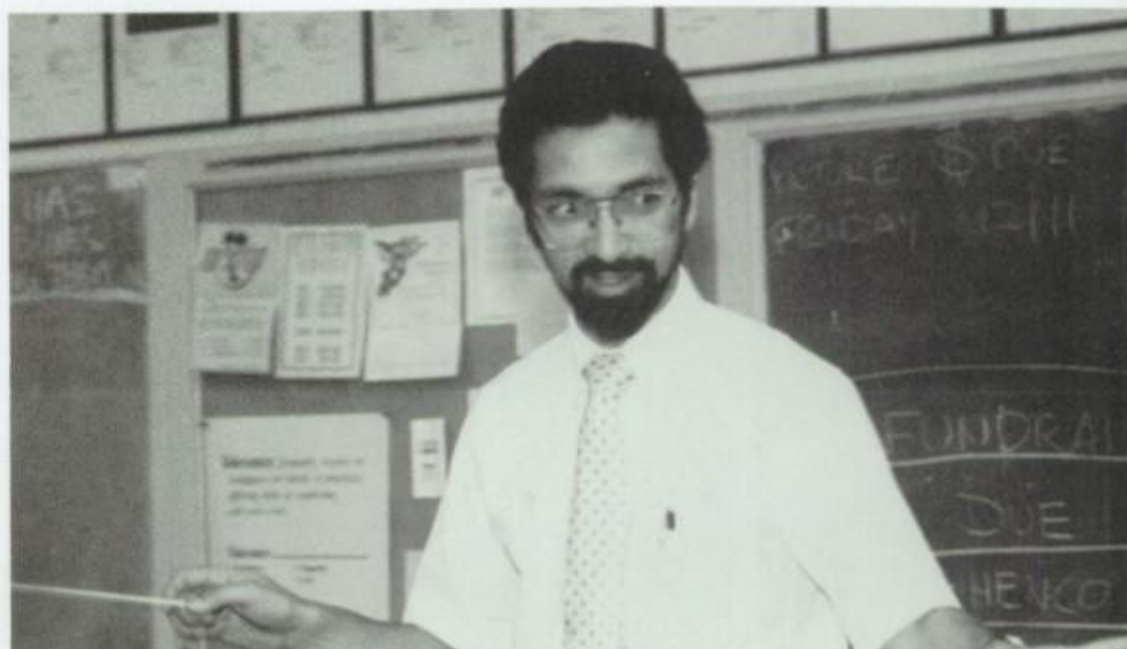
**Evonne Noll**  
Drama, English



*Evonne Noll takes a break from directing the Fall play.*



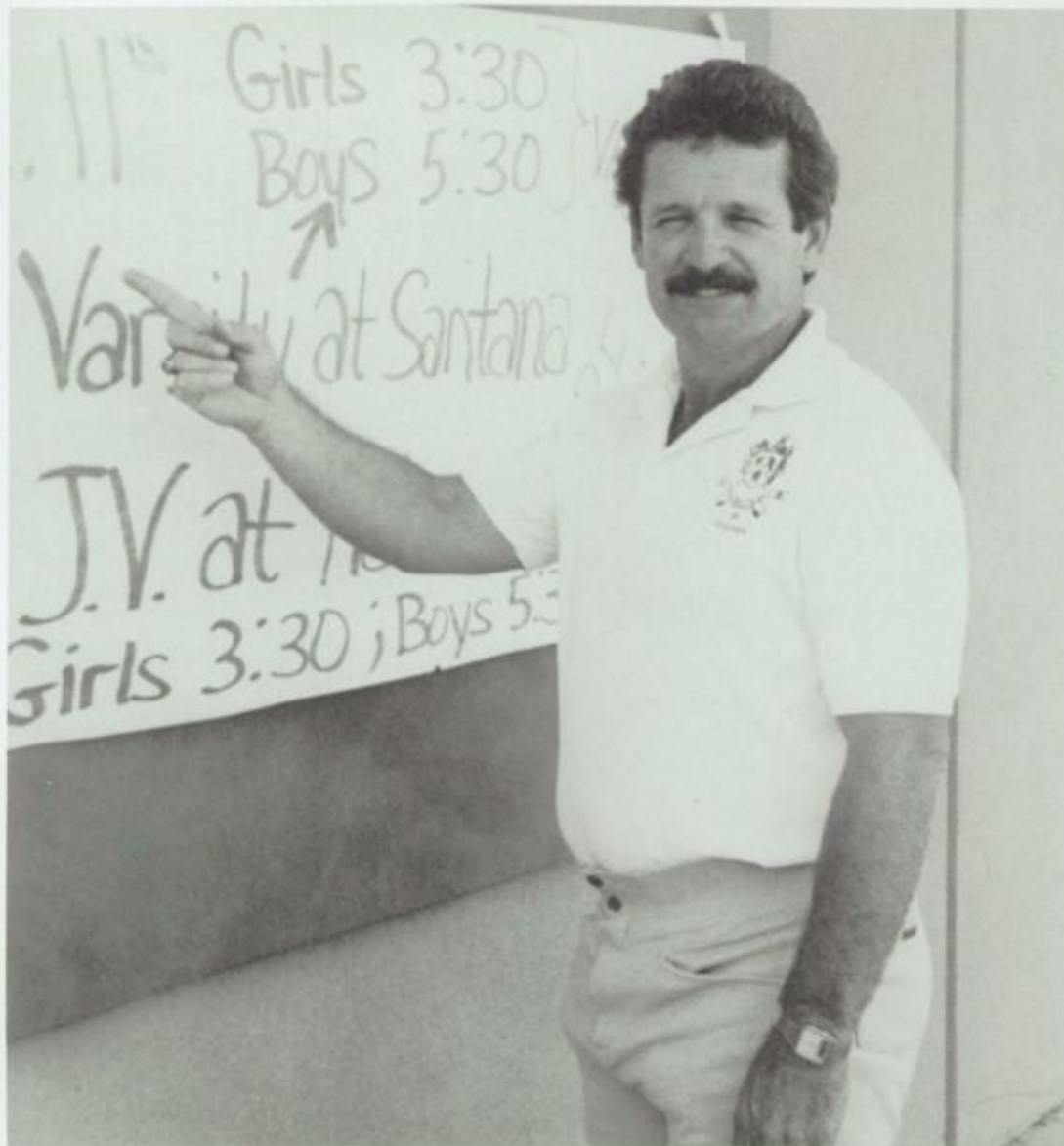
**Mark Faulk directs the Helix Ensemble to the tune of "It's My Party".**



**Richard Almanza and the orchestra practice for the annual Pops Concert.**



## 'Circle Up The Wagons!' — Toni Sue Landry



Donnie VanHook encourages all students to support all sports.



Steve Griswold  
Special Day Teacher



Toni Sue Landry  
Resource Specialist



Gerald Stanley  
Special Day Teacher



Claudia Townsend-  
Zoumoras  
Resource Specialist



Donnie VanHook  
Resource Specialist



Toni Sue Landry prepares work sheets for students from the Resource Specialist Program.



Steve Griswold welcomes his students with a "winning" smile each day.



# 'Not All Cuckoos Are Flying Over The Nest!' — Lucie Flores



**Letty Angione**  
Test Coordinator



**Barbara Davis**  
Car. Cen. Sec.



**Charline Feeser**  
Counseling Sec.



**Elisa Felley**  
VP Secretary



**Lucie Flores**  
VP Secretary



**Dora Goins**  
Dup. Clerk



"What kind of a career are you interested in?"  
— Barbara Davis



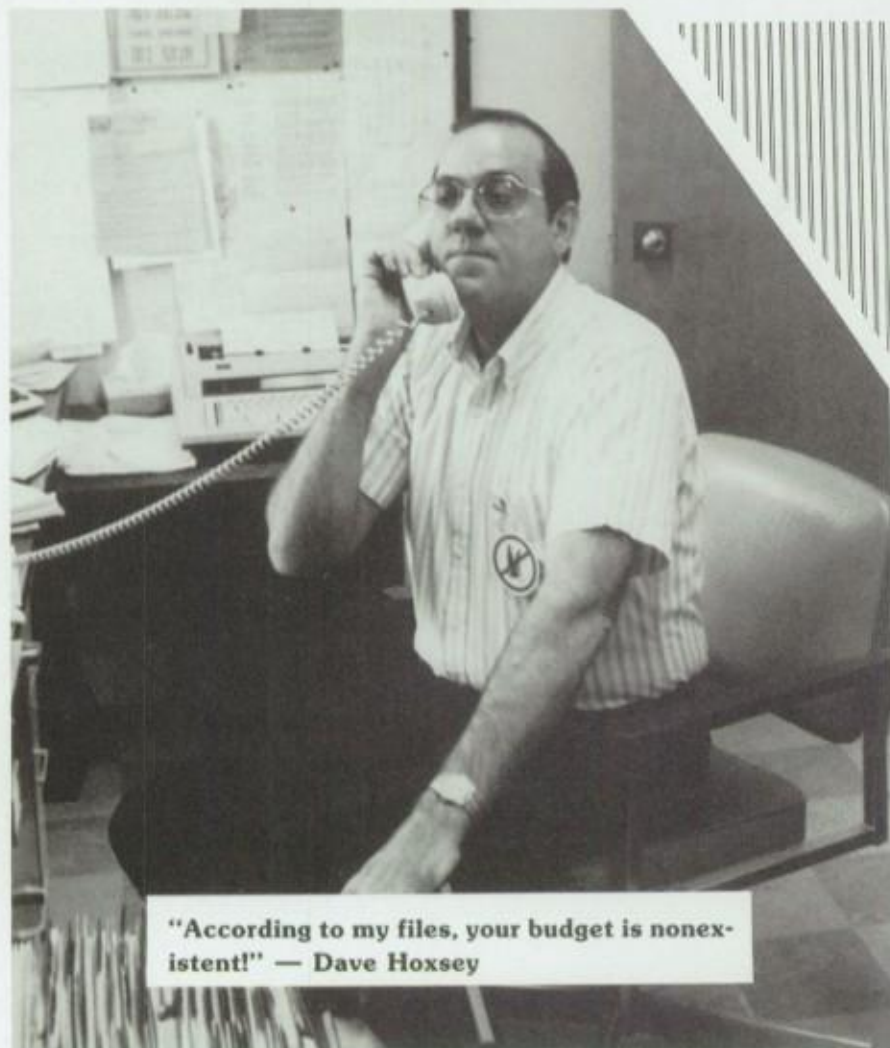
"Which one of the three Amigos did you have an appointment with?" — Elisa Felley



"I have a band aid here for every occasion!" — Sherian Holt



# 'Did Your Mother Sign This Note?' — Ellen Igney



"According to my files, your budget is nonexistent!" — Dave Hoxsey



**Sherian Holt**  
Health Clerk



**Gayla Huckabaa-Poppert**  
Media Tech., Bk. Clk.



**David Hoxsey**  
Sup. Plant Oper.



**Ellen Igney**  
Att. Clerk



**Beth Martin**  
Atten. Asst.



**Patricia Owens**  
Library Clerk



**Linda Smull**  
ASB Bkkpr.



**Joann Stoker**  
Counseling Sec.



**Melanie Tehan**  
Principal's Sec.



**Margaret Volkman**  
Records Clerk



**Kay Wederstrandt**  
Program Clerk



"I'm well enough to sit up and take nourishment!" Margaret Volkman



# Stop Littering Our



**Fred Burbank**  
Head Groundsmen



**Ben Draper**  
Custodian

Another SLOB  
buster



**Henny Duncan**  
Cafeteria



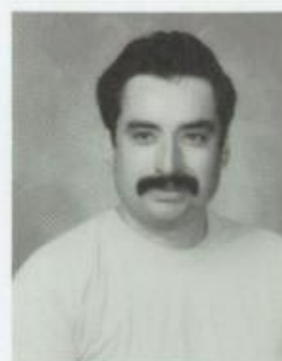
**John Heilchuck**  
Senior Custodian



**James Holland**  
Utility Man



**Kevin Jimada**  
Custodian



**Ron Lara**  
Groundsmen



**Maguerite McDill**  
Cafeteria



**Jean La Moe**  
Cafeteria



**Shirley Muse**  
Cafeteria Manager



**Roger Pawluck**  
Custodian



**Mike Thompson**  
Custodian



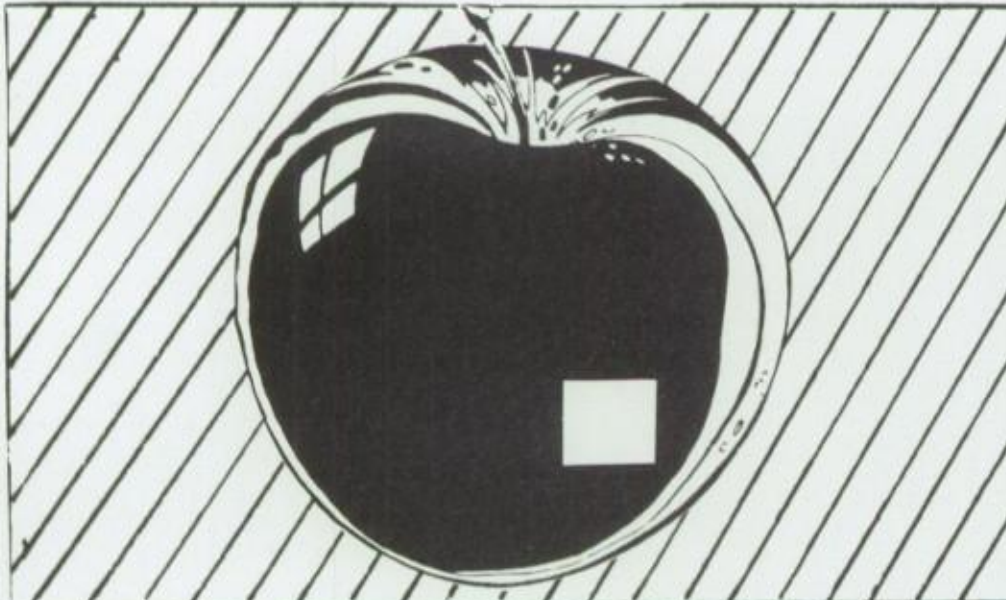
**Fred, the SLOB buster**



# Beautiful School



ROP Photo aide Janina Jarman sorts cans for the annual canned food drive.



"YOU need to go back to class NOW!" ... Mr. Evilsizer



Janet Brent  
Special Ed. Aide



Micheal Davis  
Instructional Aide



Mary DeLo Santos  
Supervisional Aide



Richard Dirk  
Instructional Aide



Pam Heimaster  
Supervisional Aide



Thomas Jenkins  
Supervisional Aide



Barbara Oldfield  
Special Ed. Aide



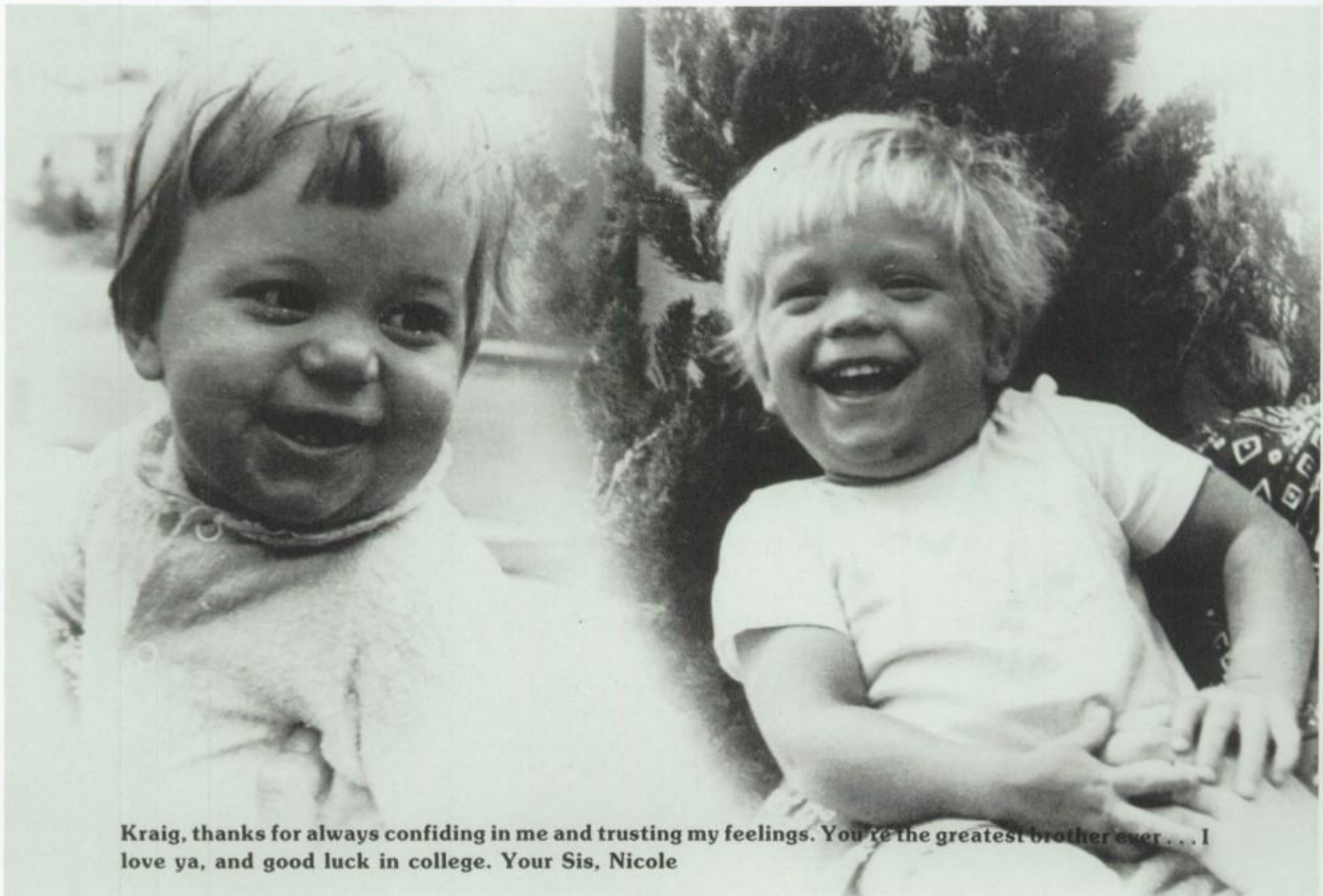
Instructional, Supervisional Aides



# Say it with Style

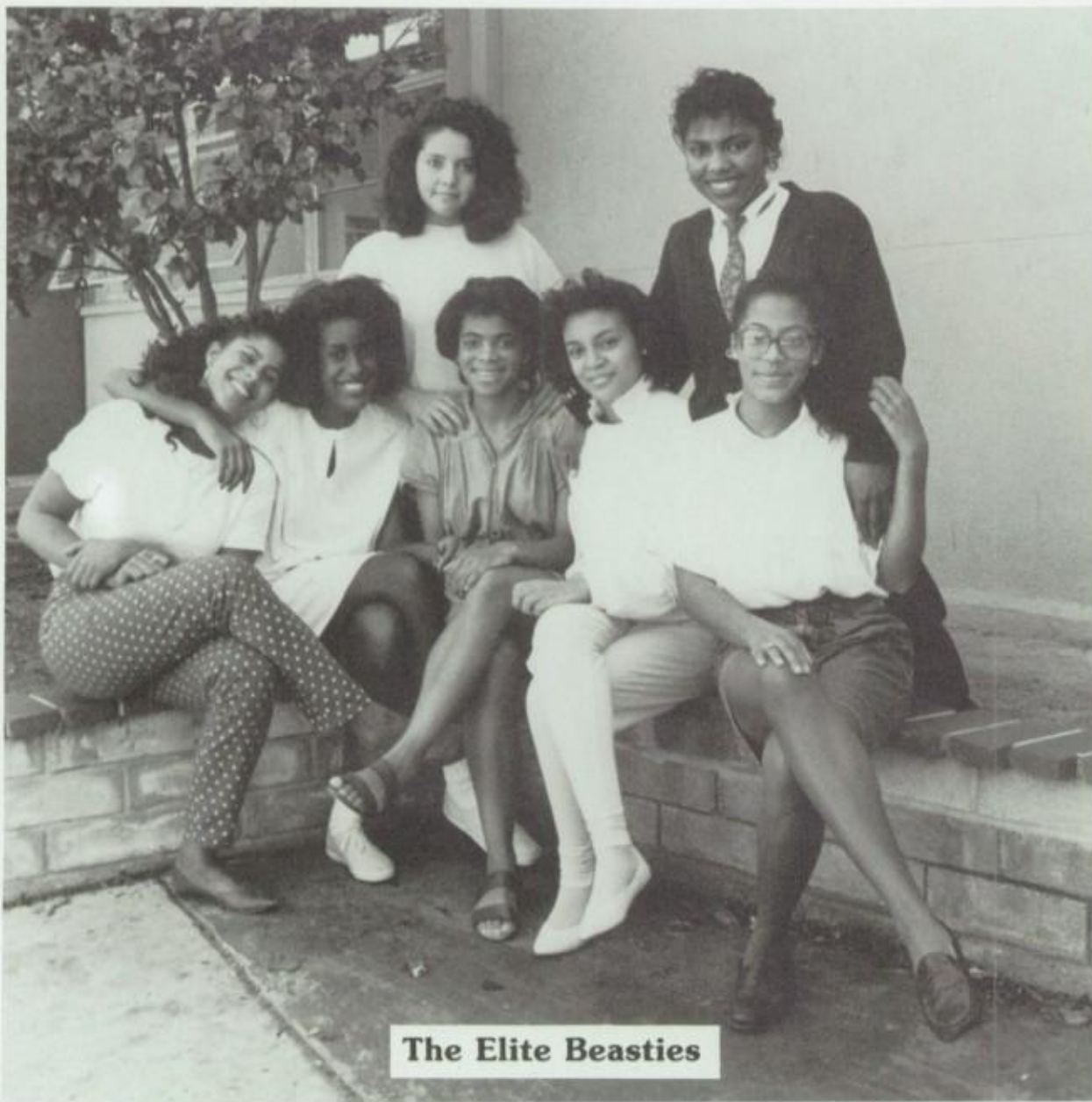
## Helix Personal Ads

the 87-88  
Tartan Staff  
thanks you for your contributions



Kraig, thanks for always confiding in me and trusting my feelings. You're the greatest brother ever... I love ya, and good luck in college. Your Sis, Nicole





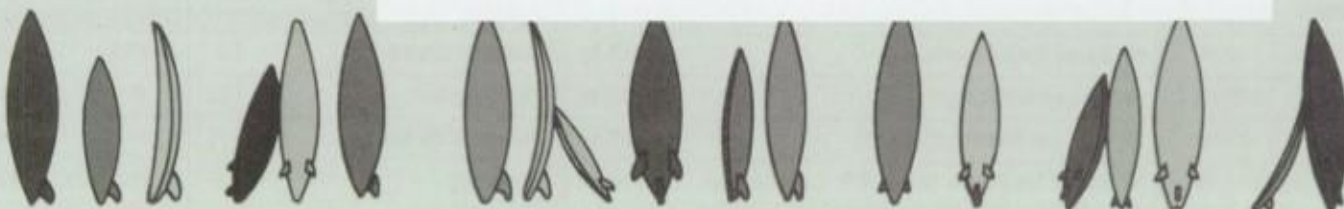
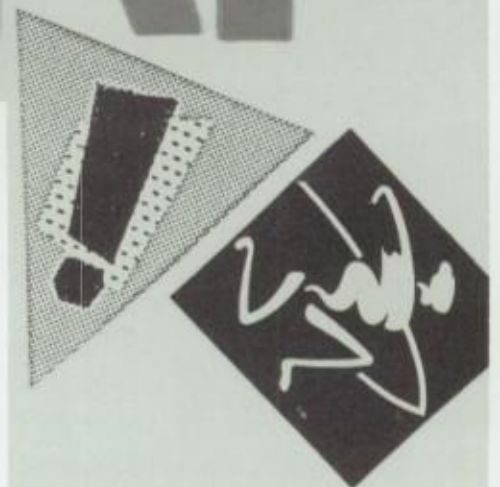
**The Elite Beasties**

Slumber Party? What a night. The "Ungame" must be vexed. We learned a lot about each other, through sharing personal experiences and fears, that will never leave the room. We tightened the bonds of friendship, and although our paths have parted, the memories of our unity shall never be destroyed. A person is a package filled with inseparable strengths and weaknesses. Love the whole person. Patrick Henry Crew!! ZM & EH; JS & KF; EN & PS. What a combination. Trips to Doodle Burgers and their school. Double dates. *Corvettes!* "Johnny, he's looking at you!" Procrastination! Estie, UCSD? That's a possibility, catch the mail, its to your future! SAT applications, homework at lunch, 1 night term papers, 2 put it bluntly, STRESS! Vanessa & Krishna-debutantes, "Curtsey like a swan." "Vanessa teach me how to dance." Distillery, After Dark, Club Tronics. "This is my cousin visiting from Riverside, and we just *have* to get in! My birthday is tomorrow. (Psych!)" "We've had our share of it all and I still consider you all my closest friends. Love, happiness and creativity."-EH "8 elite beasties, you made my 1st year so nice. Things aren't the same, but I'll always remember those good times"-SA "Remember, 'No one has the right to pressure you into anything that hurts your body, clouds your future, or robs you of your SELF RESPECT' Each one of u has a place n my heart. Love & Friendship Eternal."-KF

**Heather & Marisa**



Surf, Bash & Destroy . . . Special surf buddies you and me. Blonde hair and blue eyes and our short sons — Billabong, Gotcha & Quicksilver models. Yearbook pages and deadlines, we could kill!! Shopping malls and credit cards belong to us — always, yes I'll marry you! (hee hee). They're wonderful, they deserve it! Surf turf-the beach and tans are ours. Friends always. Love ya girl . . . Love ya too!!







## Crystal and Derek's Memories! If You Know Us — Look! We Just Might Have Mentioned You!

C: 1st of all, I would like 2 make a few opening remarks. Yes my hair is bleached; no Derek & I R not going out, contrary 2 popular belief; & 2 those of U who read my poetry & wanted 2 know what it meant, it doesn't mean anything! OK. Derek, over 2 U! D: 1st of all, I want 2 say thanx 2 Crystal 4 putting up w/me. I don't know how U do it! 2nd, NO, everybody, we R not going out. Last, but not least, I want 2 say, Angie, I luv U. U R a very special part of my life & I'll never 4get how much you've helped me..C: I'd like 2 thank all my consistent frenz 4 the past 3 yrs. (4 by the time this comes out). Erin — I luv U Easter Bunny! I know boy! HA HA HA! Puhleeze Rascal! (& and all the other quotes I can't mention that we got from the Grossmont crowd!) Eric's party - clinging 2 ea. other & screaming down the street! Wanna go 2 Denny's 4 breakfast? Stratus — I don't know what beat she's dancing 2 but it's not the beat of the music! Wow, U R so pink! D: Parties at my house! 40! We'll never finish 40! Have some shells w/cheese? I luv that broccoli - squirt! No that's 2 much teriyaki sause! I know what I'm doing, I'm the cook! Oh this is coconut, oh U know it! That could only be said by Rob! (Tell me about it Big D!) That's my pen! Questions 4 1½ hrs! C: Scott — 9th grade - from 1 side of the room 2 the other! Where's my earring? Paul, the Gumby song & an empty refrigerator! "I'm going 2 be sick!" & U talking out of it. Have any? As a matter of fact we do! A dozen! Hey! I want attention & I want it now! I luv U very much Scott. I guess I'm stronger than I thought 2 go on w/out U. D: Vacation Village — Cardinal what? Puff Tim, Cardinal Puff! B-L-A-C-K-B-E-R-R-Y. Very good Tim! He kicked U? I can't believe he kicked U! U R lucky that mascara came out of my shirt (Gee, thnx Derek!) Maybe I shouldn't have worn white! C: Mike Mamantov (Mlamla) — I miss U. & Ken, & Amy. Please listen 2 South Central Rain (R.E.M.) 4 me. I'm sorry. I hope U can 4give me! D: Erica's 1st party — Watch out 4 the cake! The exploding cans in the bonfire! Swimming w/Anne-Marie & just 1 more friendly kiss! 2nd party — "Look at what Crystal & Derek bought me!" What's in the girls bathroom? Is that a real spider? Of course! Is it dead? Duh, I don't know! C: Derek — Swimming at ODD hrs. Rocky Horror — U have 2 have our type of metality 2 like it (Hey Crystal — I'm just a sweet . . .)

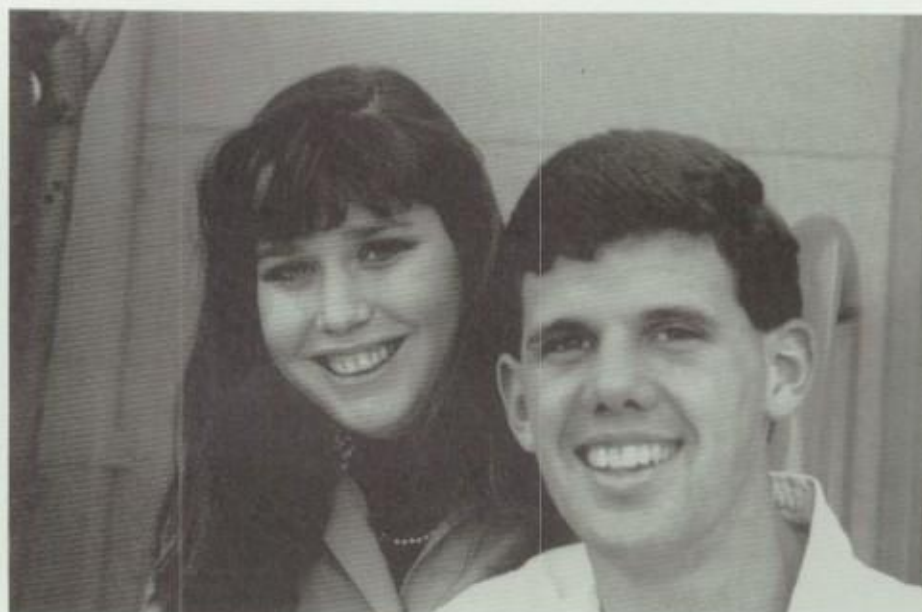
"Don't dream it . . . be it!" Emo — Lick yourself clean! Halloween 2gether — the day we met, & my party. Out of commission at 9! Just call me Madonna! Oh, that's just ducky! Peach-keen Ha-bleeping-ha! Famous last words! Mom & Dad freaking out in the morning. Butterscotch? Stratus all summer & Saratogas. She's looking at U! That's Kevin's girlfriend! Derek thank U 4 being so understanding of my fluctuating moods! I thank U very much sweetheart! Nobody can believe we're strictly platonic! D: Well, isn't that special? So much 4 the Church Lady! "Why don't U just keep adding a word until your brain explodes!" C: Rob — Hey, your name rhymes w/your car! Does she have your shoes? Trash! Oh this has coconut in it oh U know it! Hole in the mattress? Leg painting. Explore! Peanut M&M's & Joey stepping on the Doritos! Bummer! Don't dunk me anymore! Well isn't that special!? D: 2 Shannon (A.K.A. Cerebral Palsy hippy) the cologne has changed! No more Polo! Long live Curiosity Killed the Cat! Discrete Math wouldn't be the w/out U or Cathleen! C: I want 2 say thank U 2 Eric R. 4 not kicking me out the nite I was hysterical (& some other things I won't mention-he can figure them out!) & especially thanx 2 Jim R. 4 listening, when I barely knew him! I'm sorry I killed U in my dream! Laura — Stratus memories — Rob, Kevin, Joey, Henry, & the rest of the Stratus/Law Street gang. Come here, come here, come here, here, Here!! No more hotel parties 4 us! My arms hurt! I'm glad we rediscovered R friendship, even if it took a while. I luv U honey! & U 2, Melissa! & Eric 2 (I guess)! D: That about wraps it up! 2 all of my frenz that I didn't mention, you'll be in my Senior memories! 2 Crystal, I want 2 say thanx 4 putting up w/me! It's been real Helix! Hasta la Vista! C: I suppose now is the time 2 get sentimental. I want 2 thank my frenz who stuck by me thru these yrs. of changes (because they have been some big ones) when I really needed them. (4 a list of these wonderful people, see Senior Memories) Good Luck 2 those I'm leaving behind. I'll miss this place; I've had some of the best X's of my life here, and also some of the worst. The thought of being a legal adult scares me! 2 the Class of '88, whom I luv dearly, see U at the reunion!



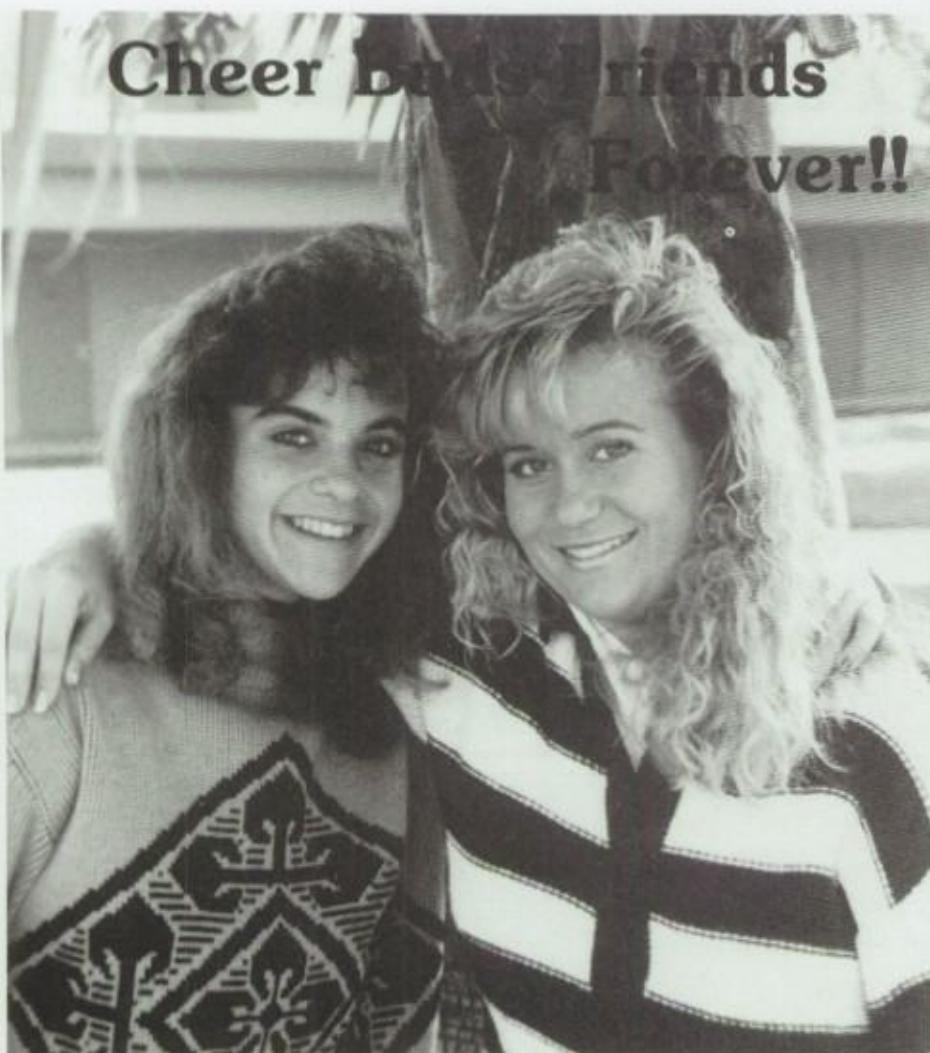
## Laura & Lenora



Faith Chapel: Praise through song — Jesus Rules 4-Ever! L.G.J.H. — How our friendship's grown. Frosh yr. — best buds: Stratus, b/w. — ... how embarrassing!!! Soph yr. — David & Andy Jr Yr. — Buddies once again! Men! Who needs 'em!? (WE DO!!!) Cheer tryouts: GO BIG GREEN! Fun times: S.V.S.M., Halloween (S.I.D.) ... 'HEEERE'S JOHNNY!' Stick Shift — Close Call ... what a nightmare. La Jolla — D.V. — Glad we're still close friends, luv ya! B.K. — I think I'm gonna melt! ... Lenora D.N. — Thanks for everything, luv ya alway-a! S.S. & F.M. — Special Friends ... Laura P.S. your perfect!!! Best Friends Always — God be our Guiding Light ... Colossians 2:66-7



We have gone through some strange times and if we keep this up we may end up normal one of these days. We have also shared so much together these last few years, and it still seems like yesterday when we first met. Nov. 10, 1984 — the weekend that brought us together. All the ups and downs that we've been through have made our love strong; together there is nothing we cannot overcome. So many special memories: 1st date Nov. 17, 1984 La Jolla Catalina, Jeff's boat, Fridays, 'June 13, 1985, X-mas Dance '85, '86, '87, Prom, Graduation ... The past memories we will never forget, our present memories will live forever and the future memories we will live together. SCOTT: There is nobody else I want to be with — I LOVE YOU ALWAYS AMY: You are a special person to me and there is no one else like you, I LOVE YOU VERY MUCH



Frosh — 1st met, Drama, YODA, what's in the coffee!, C.C. fetch this, Baby Scene, Diapers, Bald heads, 'HOSSSISIP-PIPTAALL', Loaf of bread, Nightmare on elm Street, nice cast K.G.!, Lip Sink — N.K., crazy for you, N.K. & K.G. 'my Guy', R.R. — he likes me, NK!! Pick your nose, X-mas s'85, M.A. falls asleep at table, NK goes w/D.G. gets picture w/R.H.!! CHEER — "The Scots are hot", tough dance, NK is left asleep in nurses office, we made it! Intro' to B.F., K.G. That

was a QUICKY @!#?!, rear view mirror, can we make it to the beach?? CHEER camp — ROOMIES!! Best room! N.K. attracts bugs. Nighties — cute! WALLY, WOW Mikes Rad!! A Big Hey! We're on the Go, Let's Go! talent Show Bald again! CAMP trip: ZONERS!! Beastie Boys, Run DMC — that's all we hear!, shaka, M.S. makes faces at the cars. weird! Read directions — Lopsided cake — still tastes good! Julian: we'll walk! so our feet stuck out of the bushes! K.K., How'd M.S. shoe get there K.G.!? Ice Cube fights! Girls sleep in tent, Guys put ice, while sleeping! COLD! nice "BATHING SUIT" K.G.! we got them back w/ICE WATER!! YEAH! Gettem' K.K. — Sweat bees. "Block the wind, 'MKQRTANFB', Get Real!! psycho patrick — blood — poor C.E., Volleyball — our Spike! mini golf. Don't cheat Kraig! Keep the top up K.G., 2:00 AM walks, ditch the Rangers — counting shooting stars, Mr. "DO," Gonna get the diamond yet! Double x-mas '86 H.H. nice LeHus, Don't trip Nicole! M.S. almost kills G.R. tie on, J.V. Camp video, Spider Web! Woops dropped the camera. K.G. gives N.K. surprise B-day party-calendar — dimples & chest! Our singing! V-Cheer, Yea! M.M. comp! FREE FALL!! Better Luck next year! District comp. (J.V. we would go 1st Tanks from M.M. Bunny & Devil! N.K. 16th B-day at BMG! Water wars at Helix! Same teachers not same classes, family fitness, K.F., what a joke!! Earring in her nose, nice nylons!! Parties at the Katz's, coronado trip. K.G. "Taxi" tours, up & down the coast "NADO Speedos" Nice butt!! "Where's the park?," Beache trips! The best 2 man sand volleyball team! Who shakes the best N.K. could never get it right! BLD's have more fun, BRNTS get it done, x-mas '87 tripled, everyone at K.G. house, movie cameras!! Off to Dallas, ROOMIES! H<sub>2</sub>O polo buds ... we'll miss you ... especially at football games! So many memories! To be continued next year!!!! Kristen Gately and Nicole Katzenmeyer





Thanks, Domo Arigato, Mille Grazie, Vislen Dank, Kii-tos, Gracias amigos for having us here. I-Club was fun. Special thanks to our host families who made it all possible. Special trips — ken Cinama, Monty Python, Coranado, Cafe Gelato. All the parties/Getting home in the morning. Hey Davide, "Is there a party on Monday?" Stuffing the car with 10+ people. Going around corners at high speed — "Hi DAD!" having Fun. Gaining weight (with the help of American food.) It's been fun. See you Helix. If you are lucky, we will come back again.

Bye, Sayonara, Ci verdiamo, Tschness bis demnadist

Nake miin, Hasta Pronto

Erik, Katja, Davide, Vesa, Miyuki, Gustavo

— 1988

## The Meaning of Life: One year at Helix

## Farewell Quiz. Match the Quote!

1. Preppy Larivee
2. Flirty Mann
3. Charge it Brod-wolf
4. Peppy Plough
5. Punkette King
6. Big Bucks Boehmke
7. Jockette Hume
8. Nerdy Hayes



- A. Go Big Green!!!
- B. Anybody got some Motley Crue Tickets?
- C. Sugar daddy where are you?
- D. Anticyclonic motion is clockwise.
- E. I'll just die if I'm not accepted to Harvard!
- F. Let's go cruise the mall for guys!
- G. Give me a call . . .
- H. Real women can do it all!!

## Class of 88, We Salute your Styles





The new year's come,  
And the old years past,  
It seemed to us to go too fast.  
If only we could hold on to it,  
Forever and Ever.  
Reliving it and letting go of it never.  
Thinking of the days  
Of this wonderful year  
Trying to remember without a tear,  
With anything we might say,  
But the memories will carry on with us.



Hey dude! Wow, what fun times we've had. Can you believe how fast these years have gone by? Summer of '85 when we 1st met! I dragged you into "Flags of Doom"! Don't forget torture camp! Our bunk was pretty wild! The year of '86 got a little better didn't it? Please say yes! Summer of beach fun yeah! Guys, guys, guys! Well thanks for the memories! I love yas! Thanx for being the coolest buddy I know! Best buds 4-ever! Beach — guys, guys, guys-Magic Mountain-SOAKED!!! All the memories we'll never forget-you lil' nyit! Fft! Cloudy with the bag! Thank you 4 helping me find Jesus. Will we ever get to Australia-Hawaii 1st (hopefully)! U and Paul=perfect! Well bud, gotta say a rivaderci (toothpick)! Love ya lots cuz' we're best buds 4-ever! Many more times comin'!



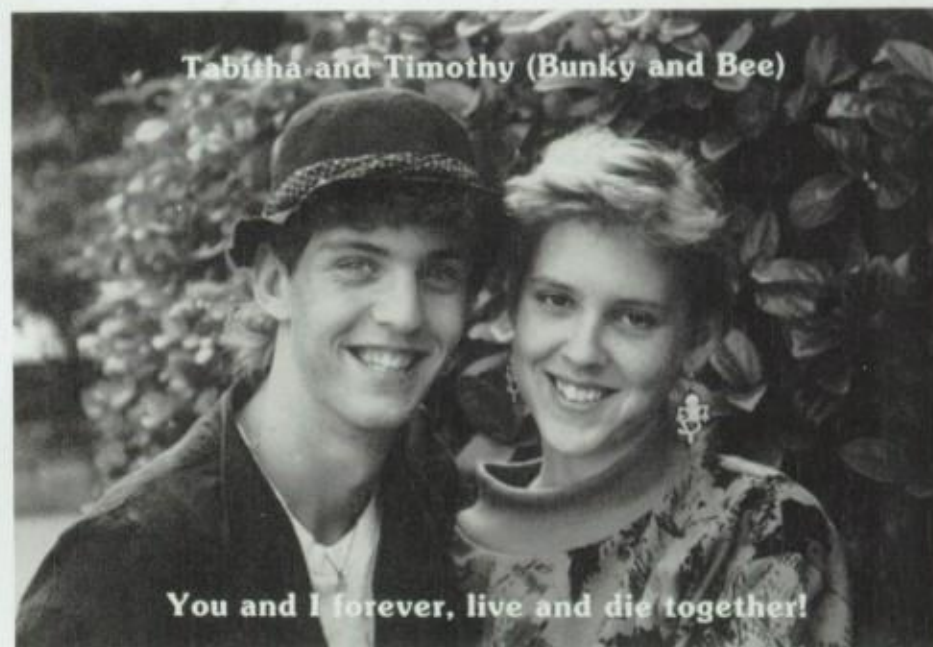
Roach & Spuds

### Living Enigma

To color these dreams in my head I will paint a perfect picture and bring to life the vision of my mind. Experience tells me the Beautiful Ones want to smash the picture. Always, everytime. I'm still not the person that I want to be, but I'm sure not the person I used to be. To succeed in life's game I must accomplish the knowledge to overcome. With heart and mind as one, strength will never fail to conquer the pain of forseen casualties in the future of past's presence. The message of my persuasion must then be 'Freedom for the Animals'. For without them it's a cold and lonely world. To comprehend one must first speak the language. A peaceful heart will bring with it hope and serenity for the long journey ahead. I will find it, I will be happy, I will live.

Rebecca Wacklor

Tim, it's been the best year (&a½) because of you! we've made it this far. & there's more to come! Good & bad I've loved every minute w/you. Oct 10, my life began. (actually Sept 19-we met). Jan 23-our hill! what a great night! "Stop throwing cheese at me!" KYLE! So many dreams! Zoo-baby duckies. we're so weird! Bee's surprize party. Wasn't much of a surprize. Cake fight-what a mess! After work-shsh! I.S.A.-was it worth it? Little spiral things in my hair! We're gonna have a big dentist bill! X-mas dance '86-what, no tux!!!! 7-up! BBBBBR-it's cold! (beach) "Next time I fall in love" "Time in a bottle" Mr. Bun. Bunky loves Bee! 100% I didn't mean to kiss you (but I'm glad I did!) Your woo loves you! What's a mediOKER? OH! NOW I KNOW!! Kirk? (sorry I had to) ½ yr Ann. "we hafta eat it out of the bos!" Bowling. Sorry Babe, I burnt the dinner! Dessert? The infamous yellow bathing suit. Sea World. The beach, air show . . . So many good times I can't put down on paper. Our (my) breakups-we're so stupid! Sorry for the bad times but it was all worth it! I can't tell you how much I love you. You're my best friend, you're everything to me! I've learned so much from you, I wish I could teach you as much. Thank you for supporting me. I know it wasn't easy. I'll always be here for you! TNT FOREVER!! Good luck as a senior! The future awaits us! San Jose? Sonoma? Who knows but we'll be together! I love you Bee with all my heart! Get a good nights sleep!!



Tabitha and Timothy (Bunky and Bee)

You and I forever, live and die together!



Trouble²

9th-AP&HS-football games. All our crushes! SP, DY, AS, TM, SF, JL. Hilarious. The Oktbrfst w/s. How romantic. The flowers. The call. Lie kept getting worse! TPing w/ Tammy. Wham!-there's the wall. The beach-"Bike alert", those two creeps-the wave. Those endless \$ nites. Gonzo & Miss Piggy. 10th — Enter JJ! The 3 of us unite! Mrs. Hall loves us. Hmcmg-deadline. MB, "Sorry Amy, but you look pretty in pink." Can I have a hug? X-mas D-little rascals, JA, JM, AM. HS's dress! Dinner-looks who's here! No way. Amy wins dinner Charlie. Frosh sean everywhere JJ is the movies!!! Wendy's PoltII, they're here!!! OHMIGOD. ice, gummy bear sweepstakes, switcharoo, really fooled us, writing on car. Let's wait w/Mrs. V The Highlander! What's Buttercup?! EG & AP H2O polo groupies. 49 yd line. Paging JS @ RT. 4 yr obsession. Summer '86-JM & AB The Beach. He said he did what? The Marines. 11th — JJ drives. Oct 31-the blick cat did it! Where's Mt. Helix? We're such a bad influence on u AM!!! Hmcmg-nice floats. BBQ-we're rich. X-mas D-musical dates. Who's taking one-shot?! Glitter, crowns, decorating. AUGH! Dave's. Nice leisurely dinner. Whrs the list? Punch, punch, punch. Thanx DO, JM, KK. Do u know John Smith? He did what? HS @ Fudd's. Enter S&F-corruption! Take a gun! D\$E. Exit Amy. Hello St. Louis. Ftbl game-to get coach, enter DS. RP's party. Nice legs. "It was the bubbles!" she exclaims. Distillery. Frosh alert-RI. Prom-not again! Carls 4 dinner. Victims of Date Hate. Exit DB & DS. Am goes stag. Announcers. Don't choke! Congrats Ed. Visitors. Fog monster. Grad party @ MR's We're such floosies! JT, TS, MG, EE & Ralph! Sorry Dad! (EG) The truth comes out. Summer '87-Re-enter AP. JJ's B-day. Bobby's. Virginia Slim? HS's dress in chef's hat. Guys crashing. Weirdo, chain saw chef. Ice everywhere. Jim shorts get around! Billy Club cites JJ ticket. Go Jaim! S&F-BBQ JS-u again?! No more watermelon punch.' whats in it?' JJ's dress! Va-va-va-voom! TS hasn't called yet? TG rivals Sleet in gm! What a smile! Aug 14-dobldr. Torb-faces & harmonica. Timeless. So Ott, what is it? Enter DO. Baseball, Beach Boys & Best Buds! What more is there? Coke bomb. Sept-Helix Home Stretch. HS drives. Ftbl games. Re-enter TS. It's a miracle, we're both taken at the same time! Slob slaves w/SA. Ming-cult leader. Finally, a hmcgm w/class. Jaim, our queen! Too cold 4 togas. We go greek! 3am-well-it's the eyes! ASB

meetings-the greatest. "Well, I'm a . . . " We know! Rooter bus. Cheet comp-we win. H2O Dogs dog 'em. Gotta Kleenex? X-mas D-does she ever give up? Why us? Almost the same last yr. At least we know the truth. The music starts up-HS grabs a chair. "No fair Jaim!" "I'm cruisin' Heath!" Pinky salute to all who put up w/us TS, DO, MD, NM, SA, KW, JM, JH, MS, AM, AS, PS, KK, MW,

WE'VE HAD OUR FUN AT HELIX HIGH, BUT NOW IT'S TIME TO SAY GOODBYE. NOW WHATEVER WILL WE DO? HARVARD, YALE, OR F.H.U.?







When did it start? Where will it end? 12 years have gone by and our friendship is still strong. We've been through a lot, both good and bad, but mostly good, of course. The bean machine and the white boy, who would have thought of it? Two different people with no apparent similarities, but appearances can be deceiving, and, in our case, are a great necessity. We've shared so much the past few years that our friendship is more like a brotherhood. But enough of this sentimental reflection, its time to have some fun. We've had our share of fun, and frustration, with soccer as well as a little pain here and there, on them, not us. We survived the summer of '87, oh my! It started out great, After Dark and the women. From there, it's still hard to figure out what happened. Our table at the beach, a place for us, and, of course, the cooler! Honest ociffer, it's just donuts and doritos! Too bad we had to work though. Summer heat and Motley at Lamps Plus, it was like a paid vacation. The things we got away with and the money we got 4 doing it, only in America. It was all too good to be true. Why did we babysit and take out the trash so much? Why did we walk the dogs so often? Too much stress from work or maybe it was because of Henry Clay. Where are Kevin and Tyrone? Hey Christian, I think u missed the bathroom! We'll probably never fully recover from that experience. At least we had B-ball @ the garden. The miraculous shot was witnessed by only us. Did we bring the cooler that time? What a summer that was. There are probably a million things we forgot about, oh well, they're probably still in the cooler. There is so much to say about our friendship, but words can't capture what we have shared. Tamon Rorres & Hreg Galterman, opps ociffer, make that Ramon Torres & Greg Halterman, best friends forever. So watch out world, we're gonna have some more fun & this time we'll do it right, so crank up the Beasties, open the cooler & put the car in cruise control 'cause nothing can stop us now. We may not know where we're going but hey, who cares, as long as we have fun getting there. Boom Chug-a-lug-a-lug-a!



# California Style '88

UYGU-027

69 VW Square Back  
Yellow

Chiquita Mobile  
Bob's Wagon

D-NAH's

71 VW Bug  
1600cc

Red/White  
This is ME  
Get it Girl!!





Now's my chance 2 live thoz dreams I've always dreamd about. Well, how do I start?! 1st of all I want 2 thank my frenz, U R all very spcl 2 me. Time has gone so very fast, but there R still yrs. 2 come & memories yet 2 be. 2 my 1 & only Sister/Bestfrnd-Myra Del Rosario I Miss U thru the good X's, thru the bad, & all the misunderstandings we've had. Boys, Boys, Boys! Jo Jo, the telephone — Allan, Airhead? & all the secrets we ever shared Especially remember us always 2gether. Darg: my 1 love who made my life complete. Armand D. '84-'86, U have touched my life in themostspcl way. Since U came in 2 my life — I LOVE YOU!!! It seems like yesterday that we were in Bell Beging Magnet students or other words Magits. We were the Best! 9th grade, Bio. copy sessions in the morning, Group homework, Tissue cheat sheets, After school, the Lib., TRIPPIN" wid "the Gang" Yr. Book 84-85, thanx 4 all those counseling sessions! Glen, Donna . . . That's funny R favorite teach Daddy O thanx 4 all your wisdom & knowledge Olpin the door 4th per. Gang, my computer partners "The Guyz" Mr. Goods class was "an experience" 3 trouble makers-Barbara, Kristen, & Maria we had lots of good X's, some were pretty Wild-YEA! I could've sworn we were jammin'!?!? 'member Brakin' in the locker room!? HA! HA! HEH HE! field TRIP at the zoo & Sea World, Squirt gun fights, Magic Mts.-remember WILD & WEIRD Trippin' out on the Bus. We did pretty weird things. Gosh, I remember CLB Bozs, Rock City, Marty Party, JBD, bogarts, turtles, wingtips, bowtie, G.Q.,

JAM brakin' & popping crews, Levis & Vans, Fob DO-WAP-DO-A-DEDE, Luh-luh-luhs. Brut Not, Not, Not; TRIC, 4Head Party Hardy eh? Hip Hop — Yo HOODS watch out 4 rthat "Bell Touch" we all have memories of all the crazy weird X's we shared! Always & 4-Ever Spcl because we R A Touch of Class '85! Barbarah as a friend, I need U2 help me decide? SMILE! FINE! leave us BREATHLESS!!! aaah! Watery eyes, MUN-CHE-CHIE? Fruit Bowl DeJ Mar Fair '87 "The Jets" Oh my gosh! New Year's '86-'87 Kirk, Our frndship I will Cherish 4 eternity! LOVE Lil' M. Krissy, we've had R moments!? Hi! Well, What can I say, "Our clown" I miss U poppin' me on the 4 head! Cujooo! U R Drivin' me crazy!! Oh Yeh, Mike, Jhon's party!? Soup Plantation, College?? Dud! Movies, 'member? Yuk!! Don't laugh! HA HA! That's not funny?!! I Luv U Babe Thanx 4 putting' up wid me & my stupid-ness. All the time! "frenz 'til the end!" DebsDebs, cupcake!? U R a true friend. U never turned away Helpin' U wid Ana! Trip out after school . . . JAMES? Ohh, taking pictures? Tourist people! Sea Port w/Heath, your takin' too long! Arlene coming over. Amanda Ashley. Grossmont Rolin'!? Doin' lunch at UTC Where's the cookies? In the car! Hurry! Don't rush me! Robert? James iskinda late! Shut up already! I can't 4 get my "Lovies" Heath, the one boy I will never 4 get!! Can I spill some hot chocolate on you! infatuation w/umm . . . a certain someone GET HAPPY! STAY HAPPY! @ HAPPY CHAT! NEW YEAR'S TAXI,WALKIN"! Yea, ya know ya love me!!

"Marietta-Smilee-your so weird but I Love You anyway "S.W.A.K." Ana fun X's allways, 2 gether trippin'. Kenneth? Debbie? Frenz Always Love ya "The gang" you've made such a difference in my life. U R very special in your own way. We've learned the difference between right and wrong. We talk with understanding instead of fighting. But yet thru it all, there are no regrets, only-GOOD TIMES!! Forever MHS family!! Separating is hard to do The laughter we shared will always be with me. Where ya goin' to school Maria? UC, Serra, Norse? No, Helix! Helix Yea!! Geometry-we flagged it to gether K.S!! Trippin/ with R.M. . . . U drive me crazy! Biology w/ C.L., A.M. gang "lunch at the grass" Dawn' History, Mr. Boone . . . Fun times. P.F., trippy times huh. Tim? HOMEBOY! "The Animals" 4th per. English-Mrs. Drake -Oh my, That's soo funny!! Ha Ha!! Lots a laughs!!!! Matt T. - Yes, I'm a little strange person! Kim, welp w'sup? Geez, we're 2-gether once again!!!! Girls



Nights Out To Party!!! the Beach-12 Trip Over!! My C and C lunch was lotsa fun . . . interesting conversation huh? Todd, what can I say? But you make me laugh soooo much! Meilanie, STOP SINGING . . . , Dancing too?! -"Want Me"- . . . "Cha-Cha-ing" in English! . . . Dance lessons with Gary . . . teach us how to Reebok. In this corner of the room: A.S., T.P., J.S., G.S., M.V., P.S., and S.S. What about this Test? I dunno- T.S.-fighting like cats and dogs! that look!!!! Todd P. and those short jokes-Shortie!!! Psych me out? Ha Ha! YO YO! What eva' turns you on! Sure! Rick always callin' me PeeWee, Smile, Algebra was an experience. "Garrett, Chillin' with the homies!" Kevin you bug me. STOP IT! Tony and Gina remember Algebra always gettin' in trouble-David thanx for all the help!!! Out to lunch!! Robbie, I dunno!?! You almost killed me! Debbie, swimming class and lunch was special, not doing homework . . . Miner approach . . . giggling with Gina. Quit Bothering Me! Cris, . . . Mike Moore, LET'S NOT GET IT ON! Ha U fellas are soo unique! Let's go do lunch

sometime Roman . . . My computer bud-Tourben Bruck . . . Funny faces-ohh- Oh My!!-NO NO NO-thanks for your warm smiles!? Someone special . . . so dear to me-Richie P. " You asked what I would like to do with you? I would like nothing more than to be as important to you as you are to me . . . Always and Forever!!!! Tenderly Loved!!!! A.B. "Sweet Dreams" . . . "When I Think of You . . . " Reach out and someone special will always be there . . . " "In My Dreams" "Just One Kiss" . . . seaport . . . Persido Park . . . "As time goes on, my love grows forever stronger" "" my first love Allan . . . may you fulfill your dreams and never forget my love for you "" Special Love' Lasting Friendships! G.D., J.D., R.E., J.F., D.G., J.H., K.M., R.M., H.M., H.S.; No one in the world could ever touch my life, like you have!! The happiness you bring means so much! Loving you always!! My cousins Jhon & Ern, fun times!! TAKE ME OUT! Crusing the beach, laying out, volleyball, me being dunked-who lost? Let me see your sausage?! Ern, I need a guy!!! Party! Eddie? No . . . HA HA . . . waling in on Ron! UT-AS, Godfather Ben!!! LOVE YA ALL! To all my friends in the class of '88, Thank you all for your support; these past three years, your friendship I will always treasure. I wish each and everyone of you a safe and successful future!! I'll see ya in 1998-I LOVE YOU-Maria Morante . . . Goodbye Helix . . . Hello Reality. God, I thank you for the happiness of sharing and learning and for the love I have received.





CLI '85 . . . Excuse me what's your name? Late to meetings. Fun times w/ our Banana & PH. Hay in the hair plus afternoon thunderstorms. Trix w/ Bart & Brad 2 scheming guys. Rough & separated times. Xmas . . . '86 dealing w/ our problems -becoming a support 4 ea other. Together again 4 1 more time. Up late & long talks. Spcl times & conversions. Xmas '87 the best ever, green Santas & red reindeer plus a brick 4 U! Heath & Nathan & a day at the beach - surfing & a photshoot so much fun! Farrell's Miss who? Oh god! Nice grandma jacket. Our momentous candy. (hee hee) More surf contests to watch you'll make it - I know. Remember INXS - Never Tear Us Apart. Bub: We've shared so much & yet there is still more 4 the future 2 experience. We can face everything w/ out strength & remain together. My love has grown stronger than ever. I never want to lose u. I hope you'll always be by my side 2 lean on, learn from & 2 love. I love u. Maris . . . Marisa: no matter what happens u are a part of me & u are always there waiting 2 love me. I pray we'll be together forever & that the things we will share will mean as much 2 u as they will to me. I learned a lot but most of all how to love someone . . . esp. u. You're special -I'll never hurt u. I love u- Bubba.



I remember the first day we started high school,  
Freshmen we were but we knew we were cool,  
Four years laid ahead of us to make our own decisions,  
And find out what to be in our own little visions,  
Some people ran around and acted like fools,  
While others studied hard and played in the pools,  
Football games were fun especially Homecoming,  
And basketball too after all that running,  
Track season was not the greatest thing of all,  
But basketball time is when I had a ball,  
Boyfriends and Girlfriends was what most people had,  
Following along with all those little fads,  
Fights and arguments is what we went through,  
And we found out we had other friends too,  
Short and tall we were all different sizes,  
But still that didn't tell us who was the wisest,  
Finals are coming oh what should we do,  
But pretend to be stuck in our books like glue,  
To the beach everyone headed when finals came around  
Free time wasn't controlled and bad grades is what some  
found,

Now we are Seniors and what can we say,  
But Thank God for giving us these wonderful days!  
Farewell to Helix it's time for our good byes,  
And to see what life brings to us in our lives,  
Farewell to Helix and the class of '88,  
These four years have been not the greatest but Great!

— Kristi Patterson



To my Daughter  
Marisa:  
Congratulations  
Marisa, you have made  
us all so proud. You  
gave it your all and you  
have continued to help  
& care for others along  
the way. May God and  
your father's faith in  
you be kept close  
throughout your life.  
Thank you Marisa for  
just being you. We all  
love you. — Love, Mom  
& Family

## The Two Louie's

Members of the Bug Brigade!  
We love Key Club!- Convention  
Nice hair clip & dancing on the  
bed! Distillery- getting lost. "I  
love your shoes!"  
Heather- You're a wonderful  
person! - K  
Kristina- You're the sweetest  
ever! Love ya - H







Surprise! Let's go egg cars! Oh no time for trouble! Choir- we're goofs! 2 Classy Chicks! Good way to meet guys Nicey hit 'em up from behind. Gimme-a-Break! Hey your Orange . . . Throw it! Jump . . . Sllip!! Do you have any \$1! Trip to the hair cut store, sad time! You kissed Phil? R U serious, no way! Laying out at your pool, bathing suits nope! Hi Mr. Poblman! Sharing your bed, only a twin. Little black books, phone calls for hours on end. Did he call you? Mt. Helix w/ Bub, first kiss! Falling asleep in class. '87 Graduation Night, Let's Party! Our little sis's turns now! Late night talks, the laughter and the heartache. These special times and memories we share will stay close to our hearts! I love you so much Heather and I'll miss you when I leave for College. I love you Jenice, your beautiful don't ever forget. We'll find our special guys someday! Thanks for all the good times, special talks, and the wonderful friendship you've given me. I'll cherish it forever!

Good-Bye Helix. Thanks for the  
BEST four years of our lives!

## Heckle and Jeckle

I get Mr. Hide! You wanna be my best friend? We hit it off from the start. All those gorgeous guy's! Comparing kissers, You get Troy . . . I get who? Gould? Faraarz and Scott, mine topped them off Craig and John . . . Mt. Helix, HELP we're being Chased! Oh, let's not forget Jie down South . . . buzz . . . it's the REAL thing! Your Dad thinks I'm what?? My hair — fix it! Cut yours . . . No, not again! Merk and Jerk! Guys who needs them??? We do! VW bugs are fu&%!! Fri. nights at home w/a gallon of ice cream . . . grab the movies Niecy- HELP my head's stuck! OOH! there he is, he just said 'Hi'! I know he's got to be one . . . definately! Aunt Flow's in town, Scam 4 fun! Flat tire . . . I look gross, Hi Kevin!? Don't hit my arm! Best Tan? Who's first? Hey my wardrobe is your wardrobe! April Fool's Day Babe- Hungry Hunter.

What's wrong with this picture? O.K. who isn't a Senior! Who let you in? Just kidded! Thanks for all the memories. We've known each other for a long time, but this year we're closer than ever! Remember POP'S, 1000 voice, and all the other fun memories. To Sonya, Michelle, and Tina: FRENZ FOREVER! Love, Ya Kimmie and Tammy! Memories between the twins: loosin' it in the choir office; phone interruptions from our little friend's; Are you sister?; Double Mint; Mourning in Black Bikini's; Mad Dash to Cal's; and many more memories have been and will be shared! John 15:13 is our motto! To Brian: With the lord's help our Love will last forever!! Brian and Kim forever. To Wes: You are the greatest thing that has ever happened to me! With God in our eyes and love in our hearts, we will last forever! 1 Corinthians 13:4-8. Wes and Tammy forever. We Love You! Best Wishes Helix!!





# Midnight Cruisers



BILL DAMERY  
'64 Chevelle 283

JEFF WINGO,  
ERIK DUGGIE  
'74 Camaro 350  
(Love ya, Jodi)

KEVIN COOPER  
'68 Chevelle 327/454

BRUCE MARSHALL,  
GREG ARNAIZ  
'70 Chevrolet  
El Camino 350

DAVID ACEVEDO ('88)  
'71 Ford Falcon 351

BOBBY WHITNEY ('88)  
'72 Chevelle 350





Short stuff & Pee Wee STRESS! R middle name. Trth, ASB, UGH! Always trdng clothes-is that yours or is it new? Deadlines, we hate em! Guys-they're so stupid! Ain't that the truth. Catalina-stnr guys. No, we don't want a drnk. Thanx anyways. Scammin on the tall 1's. They wntd us! Wonderful bed & balcony. Dncin-drinking cool stuff at the park. E says we have to talk. Oh nooo! We love banana splits. The bus stop. Coco's, look at the bear! Stacey, we really do love u! Mistaken identities at school. Ned-thanx 4 all the fun times & laughs. I luv my little twin! Heather -R memories will stay with me forever. You're a real special friend! Luv always, Neda.



Laura

Viki

Linda

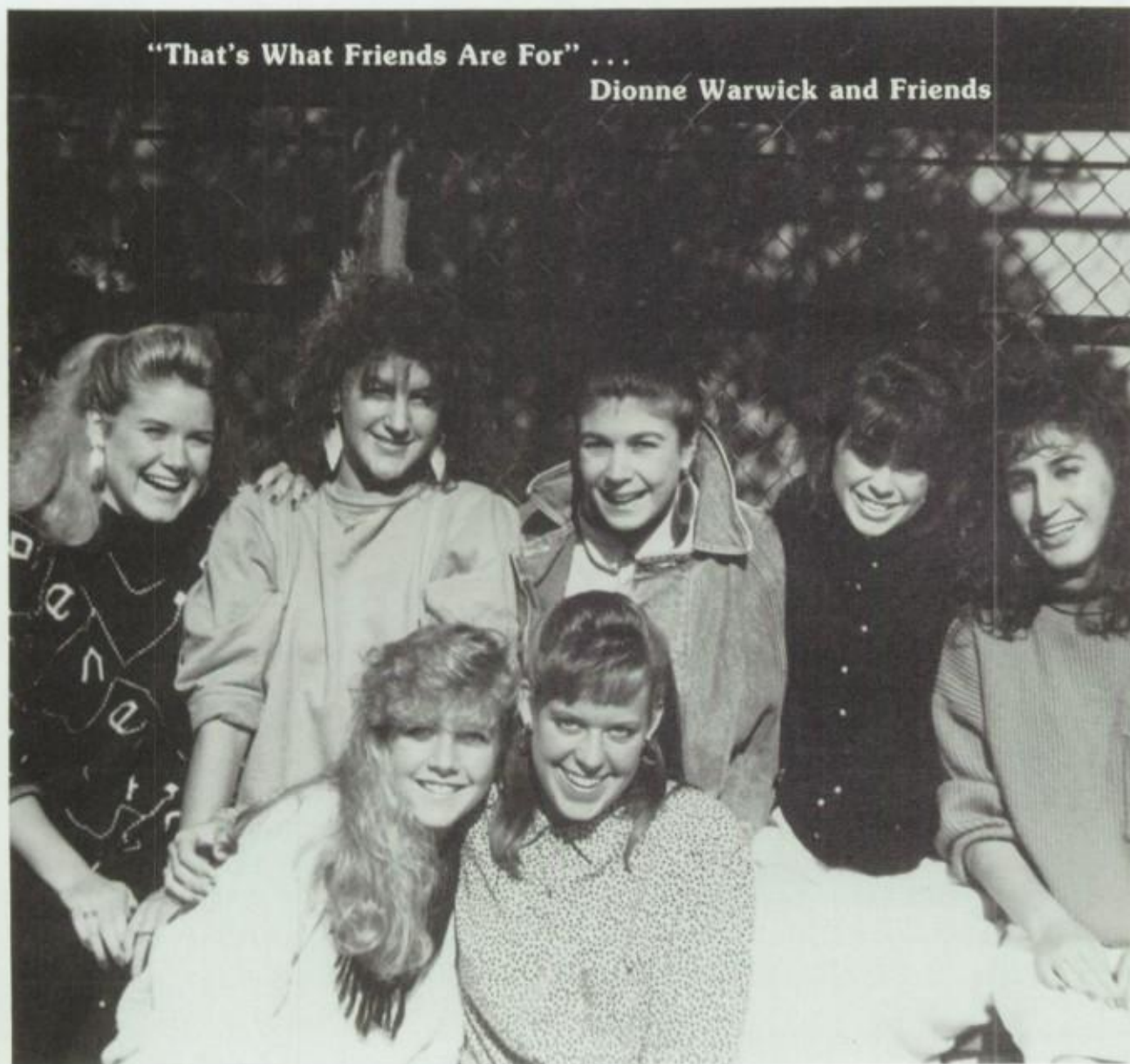
Jenny

Patty

SENIORS at last! Awkward situations. Getting lost . . . I swear it's right behind that bridge. Our "happenin'" places. Patty you heartbreaker. Concerts & dancing . . . Gee it must be small. Jenny tickle tickle! What a Dork. Tennis studs. The Espanol corner. Patty shut up. U babble! The LP'S, LP2, FROMA POWER. Hey Yeah! FUN! FUN!

"That's What Friends Are For" . . .

Dionne Warwick and Friends



Shay

Heath

Tiff

Trish

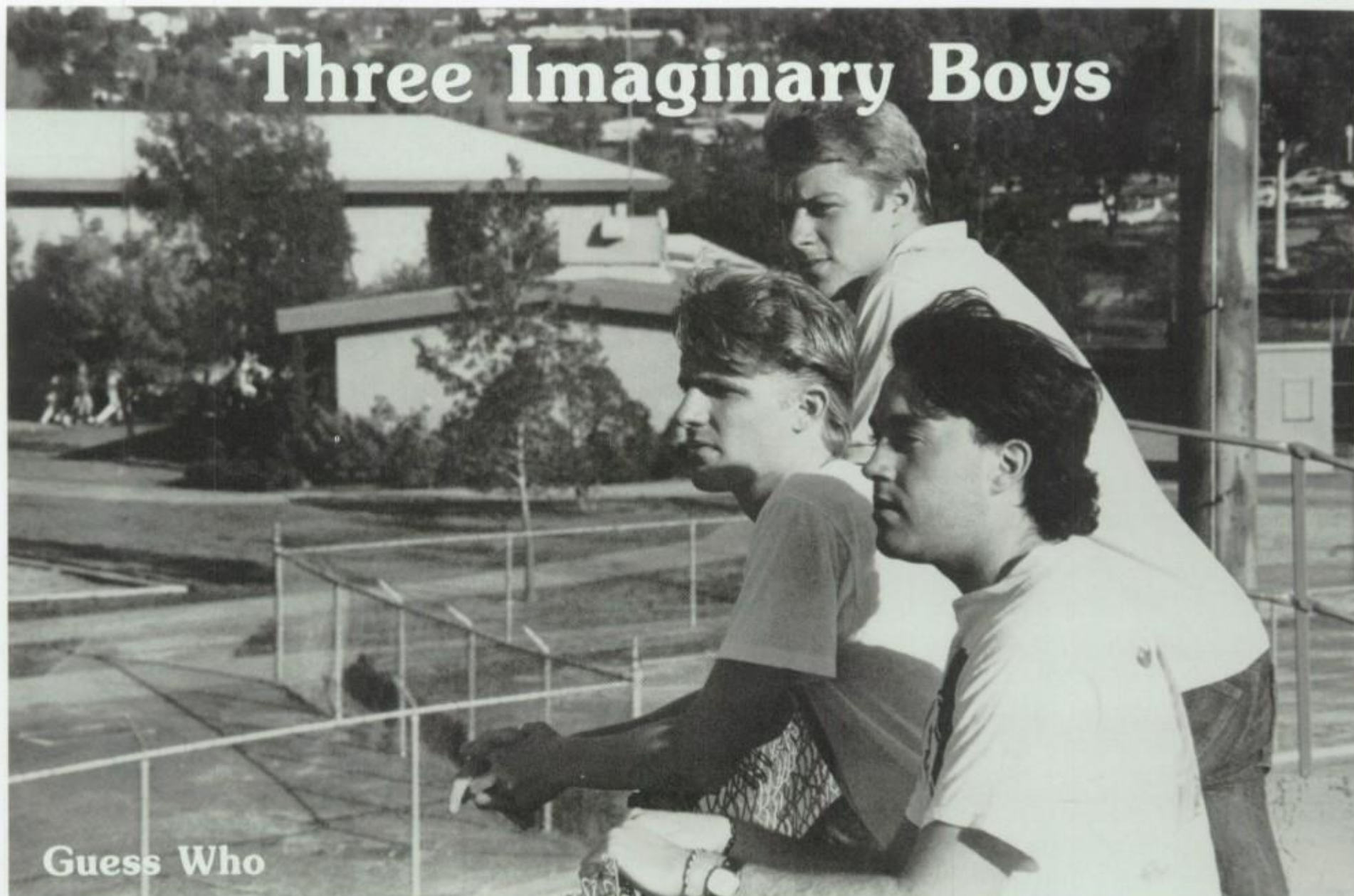
Need

Shelle

Ral

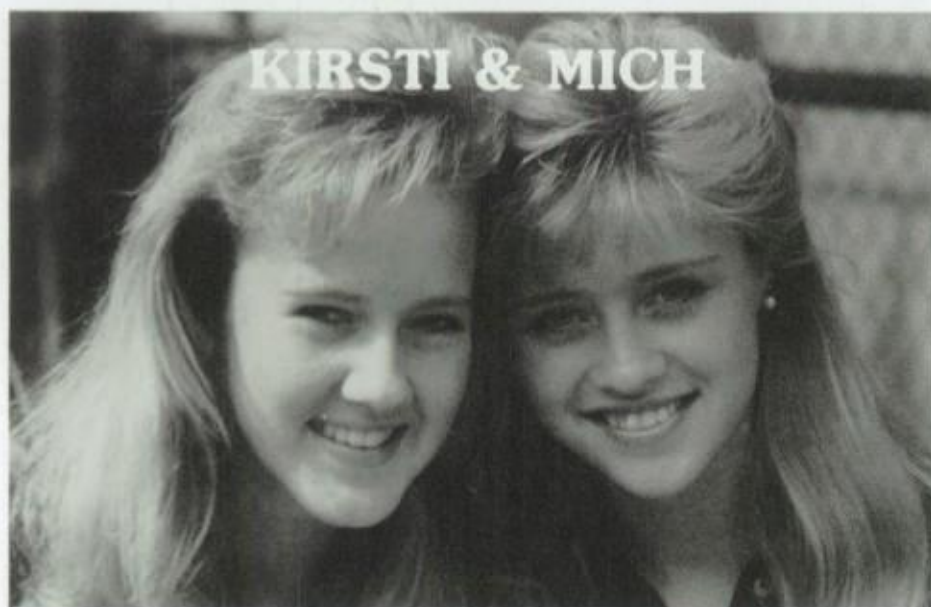


# Three Imaginary Boys



Guess Who

KIRSTI & MICH



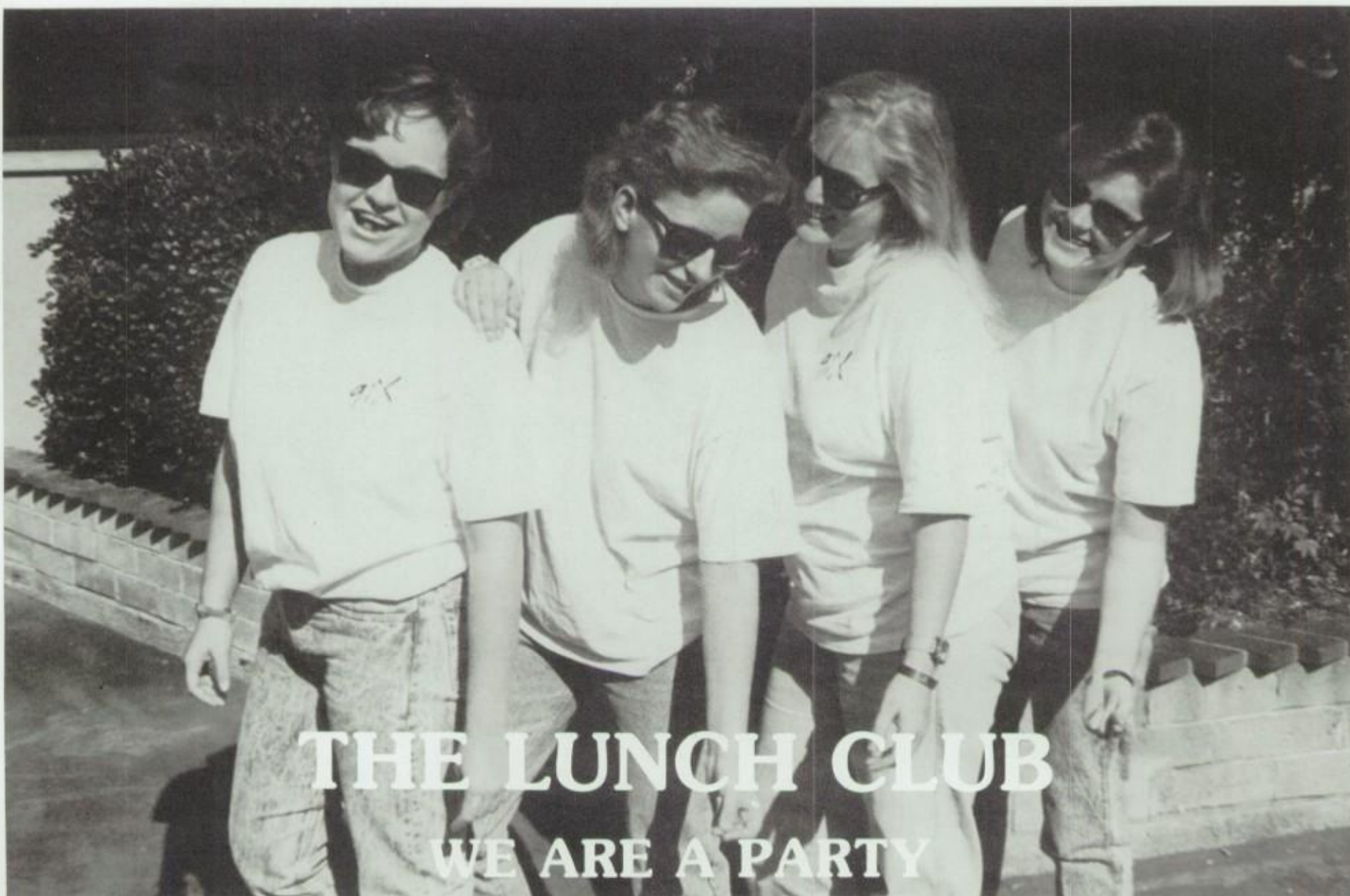
All we've been thru: cheer & b-ball buds, we luv ch. Bob! 2 prac. qunchd, green, X-mas dncs, ice cubes, 4-M Rabbit, 4-K Pulsar, stle & thrshd mums car, Miller time, "um-o my God-totally," blk lace, 16th-crlsbd, jet & H2O skiing," Get out the salt H2O I wanna bleach my hair!" norphs, clge prty '86 Mr. G-Mike & BB, ice crm truk, tidl wav, red hels, SWATCH, skny dpn, cncrts: Billy Idol & Depch md, (MV) y u trt me so bad, KK kp me hngin on (us) I want ur sx, "About Last Night" mtching B-suits & rngs-n-btclts, SF Hrd Rk Cafe, Hwrd Jnsns, wlk-a-thon, KD & Tenn Ts KL prtes, airshw, CW & TV, we luv MO, 4-ever luvs: KL & BH, we luv u AH, SG & KM. Kirsti-Big Bird, thanx 4 all the talks & cries, a tru frnd alwys, my twin, finly seniors, sorry 4 our tiffs but we get thru'em. I luv U always-PANDA BFF . . . Mish, Panda, 5- Best frenz till the end! All our talks & fights, many first experiences together, don't forget our studio (one more year and we're out of here!) You are my twin and I love you, Panda! Love, Big Bird

## Best Friends



Fun times at the beach, New Year's Eve, meeting John. shopping. Shakes, candy, ice cream. driving crazy T-top with Jason and Amy, mawes. Late night Talks. Best budds. Hick-eyes (Sam) X-mas dance Ha Ha! Sharing lockers same middle name and genotypes, pictures. Senior pictures same shirts, loud music, You going to my running meets, Thanks. Tan guys. Fights. Fun times at the Del Mar Fair with Jason and David. Disneyland March 30, 1987. Me and Staci's T.P. job on your car. What a sight, We've been through so mcu and we share a lot of special times and memories which will last forever. To all our friends, thanks for all the great times you have let us be a part of. Best of Luck to our parents; Thanks for always being there. We Love You! Patti and Tammy





In the 2nd semester, God created Wrigley's-And All Hell Broke Loose. DejaVu-time steps. Disoriented! J.T. and Mickey D's. Out of control on University. Shane's shoe in front row, Shane in aisle — usher escorts us outta there. "Come in, Come out of the Rain." Yet another complaint. "You just can't leave 'em money there!" They're like clowns! I'm a vegetarian, I don't wear leather. How old is she, 15? They're following us — no lights — I thought only dogs hung their heads out windows — Lost 'em, in a stick even. Welcome Back Party — B & J's — gotta get a shower present. Parking — you got it. Terror at Ward's (escalators) "I'm gonna be sick." Cate's caterpillar-whatta drag! Doodle Burgers and Rock Lobster. Soup Exchange and the Immaculate Conception. GC and laughter. "I actually thought he was standing right here next to me." Surprise! Colored string. P.B. & C. — skatepunks. Non-labor day! Witches Got To Eastwick — balloons on ceiling. Senior pose in order of darkness. Singing "Refuge" on watermelon. We're making a video — "I'll

jump if *he* catches me." What *are* you looking at? I guess it's pretty obvious, huh? "What's *her* problem? — They're all like that. Thumbs Up For Reality — It Was So *Unreal*. The Brother Got The Highest Score — Good Movie, Huh? Singing Blues to minor. Oh, Hello. Pictionary — S vs. D — "One of these things is not like the other . . . "They're in the parking lot! Blind leading Blind. Shotgun — way over next day. Toast! Here's To Our Senior Year! Breakfast at Bob's and strawberry pancakes. Christmas — twister and snobbers . . . Shucka Bra. This Is What It means To Be A Teenager In America NICK: May our friendship and love linger in our hearts and minds forever. ALEK: "Camelot was a fairytale that had to end. Our friendship doesn't." VINCE: Four minds: one wavelength, four hearts: one beat, four souls: one passion, four individuals: one bond for me: one wish — that *this* is for-ever. LANCE: "We're only now getting the feel of our identity." Adam Clayton — 1979 "I Bet In Our Earlier Life, We Were One Hell Of A Tight, Good Rock Band."



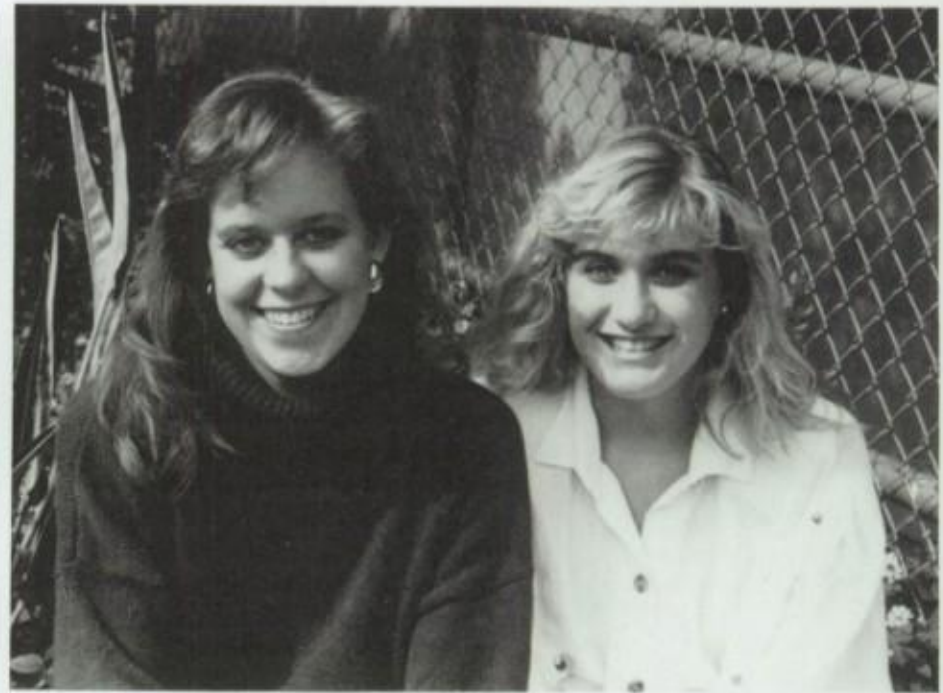


## CHRISTI AND KATRINA

We've been BST frnds since the frst tme we met, Frosh PE. Seems lke we've known each other all our lives. So many good X's in the past — so many more to cme. Summer '86, Billy + Paul "Meeting in the Ladies Rm". Chris tech me 2 smk "U nig lip it." 4 yrs Dislnd "Thts us on the screen." Sunst Cliffs 1st X tgthr. Ladies Nites. New Year's "wnt a piece of candy little grl." Lk Mrry "it only takes a sprk," feed ducks, fnnny noises (bloop). My nose doesn't move! Clr Prpl — sister we're 2 of a kind. Stnd By Me. 4th July wrtng @ Beach. U drive, I'll watch firewks out wndw. Chris — Words or evn poem cnt explain our frndshp. Its the bst. So many X's I couldn't have made it w/out U. We're Frnds of the Heart and Frnds of the heart nvr fade. I'm sure for U till eternity. Future will bring us tgthr & aprt at times, but we'll alwys be bst frnds! I Love U! xoxo Kat — we've grown so much tgthr. Your luv has guided me in the bst way. Through good & bad we've made it! U R a part of me & a spot is reserved in my heart 4 U. Forever I will care, Forever you will be w/in me. U R my bst frnd Kat, I Love You too! xoxo



Stacy-Stacy Babe! "were going to get an A" Oh Calvin! Larivee always laughing at us. Rip Roaring times! Chemistry-RISE! Basin on people-you're one of the best things that happened to me in Helix-T. YOU DORK!!! ASB-Ming- We're such loyal followers! We luv SLOBS! Gag! We make such a funny pair. We're Twins. Stupid ulcer. Thanks for all the help w/everything. Love ya princess-H. Heather-Hey Heath! "I want to see you after class!" again?! Loveable Ehlers. Annazon and Timmy Boy. The Tartan Picture-coursages. J.V. pin, no doors. This is your year to be nice! Hi20 Polo pict.- You always make me laugh. Thanks for all the good times, there will be more coming Skeaky! -T. Hey Dork, Get a real clue ok? Heather we're truly a team! "I've got a problem, what should I do?" Ming? Hide! Princess, we made X-Mas court? Key chain-I'll keep it forever. We're so glad we didn't win! Your bug, fun, fun! P.O.S.D.?? Your so short! ASB, SLOBS, I'm shessing! Well My friend, I love you, -S Tracy- First met english- You hate me! No more journals please. You and Kraig can never stop picking on me now. Hickies? no never! Chemistry, together again. Liveler dress, great! Your so pretty (smile) 18th birthday, you can vote! Party on Friday night-fun times. Pictionary? I'm gonna miss ya, we'll keep in touch. Love ya babe-S. Hey Trakey- How you be? No-they don't care for sports at all! Gary's an animal! Oh Wade . . . ! Downtown-corsages. Yes, they're special! We have so much fun in 1st. Good ol' 24! So many polo games. you're so fun Trac, we're always laughing lots and lots more to come! OH BOY HOWDY. love ya-H.



So young and thought we knew it all, how we were wrong! October Fest; Green Monsters; Obstacle Courses; Sorry about your Moped Jess! Hope your Dad didn't miss anything Laurel? Thing — "Hurry jump in, I can't stop it!" Roll-Roll how many can you Roll? You, Me, and Mary at Skyshow, to bad we didn't get to see it; Our very own Richard's book. Riding to my house in snow suits on bike and skates; bladder control! First Baptist and 7-up, what a mix! Scabies!!! What do you mean to day isn't a minimum day? We'll just leave the bike there! Bull Weevils; Bluebedaaa! What? Ocean Isle; We have to catch the train-Hello Officer; Chaka Kahn; Pat Benator; Olivia Newton-John; Wasted Time . . . , Universal Studios; "I just have a nervous stomach"; And many more unforgettable times!

You're in my heart and soul,  
the inspiration of many of my dreams,  
the very best friend a person  
could ever have.

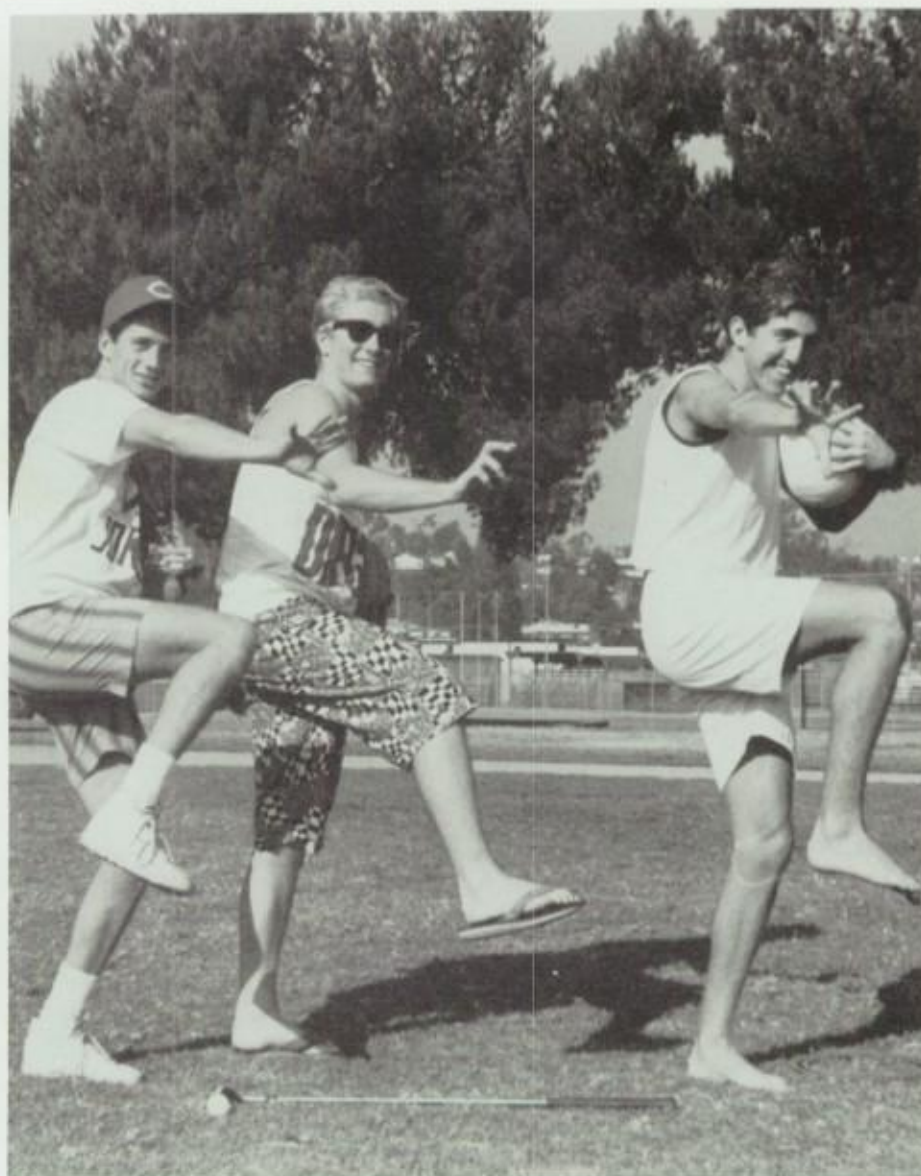
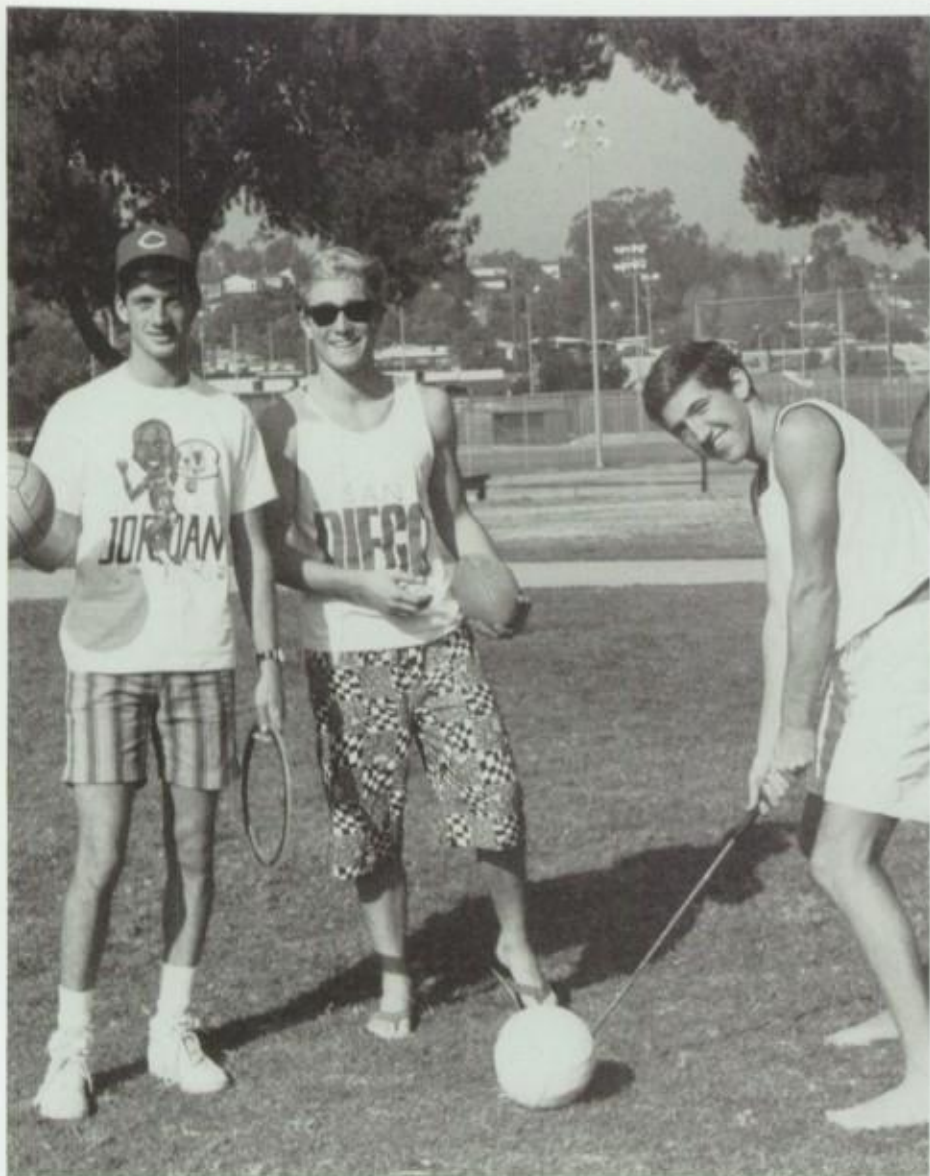
The many dreams and moments we have spent  
together will never be forgotten,  
times of pain, as well as happy times.  
We shared laughter and love,  
and you let me give you a few of  
my own tears.

Each new day with you seems brighter,  
and each new moment seems more precious  
than the one before.

I will love you always,  
my very best friend.







DAN, KRAIG, JOEL — Vicious elbow, drop the elbow, Frisbee football, Frisbee soccer, Seat #'s from the stadium, she's a sophomore! I'm dead, how'd you get that jacket, Send him Moose, MB — Wallet, Thrown out of Carl's Jr. WWF, Wrestling video game, option football, Oh My, Bust the Move, What Up, Bust, Beat up Ed, Camel Clutch, Superfly, grahm crackers, Buddy-Dude, Beat up James, Soccer scabs, Mud Bowl, Rain Bowl, Broken Hearts and Noses, Push him back in the H<sup>2</sup>O? He gonna die? Are you on drugs? #72, Tom, You live in a desert, you don't want to give me the genesis device, Okee-Doke. Gotta Doody, Boys-MEN. Dominate in '88, Sleepin on the couch, Sleep at Joel's house, beach football, beach volleyball, body whomping, bonfire, Marshmellow fight, JM tripping over sand, RS Memorial Award, John-Halftime, Terry's zzz party, Bloody Nose, Polo, Swim, Ragers Rail, My other life, the Carolla and the Monte Carlo, Padre Games, Summer Polo, Hell Week, Cheating on the run, Dan, you always get me in trouble. The Real Cheering Section, Wrestlemania, Barmac (Big Mac), Water Wars, Tartan, Summer meetings — all three of US. Golf-slow down Kraig, Are you sprinting? H<sup>2</sup>O Tournaments, 7-8 players, KG-Thanks for tour of nado, Valhalla 15-11, Grossmont 16-9, Miguel 14-8, League Champs 8-0, Fallbrook 10-13, SUCK, Bball, Fballgames. 1 finger not 2, SDSU games-somebody stole the sign, BYU 3-0, sit in nosebleed, Thank God no Paul, Boogie Woogie Woogie, Nice shoes Walter. "Stick" at the pool party, 5 hours v-ball marathon, JM-TB: skunk, #4, #5, #10-hear no evil, see no evil, speak no evil, Jr J.V. bench warmer, Back Stroke, Nerf football after UNI game, Pictionary, Take a Seat Seip! Jave's, Study Session, Kreb's Bar, 44-0 Chicago-Dallas Stationary Zone, CH, JR, Thanks for pick-up b-ball games, Slamball at Dale, Tape-Drowning our sorrows after Fallbrook at Burger King. Dan-John Wooden? Ivan Kluge, Bingo! Monkees Concert, Dan-our b-ball teams stunk, PUNS, Bad jokes, We got pict. It doesn't matter that we're late. We got the Power, The word is "Gap". OT-Katz Connection, little ball game, papr airplanes, Yo Homey, your systems weak, Roxanne, The Dream Team, Beastie Boys, Run DMC, KK-my voice, Torb's rad music, My indestructable calculator, Australian Rules F-ball, 32nd in JO's, OOO-BABY. Homecoming streak, 11th english, Wade's boo boo at Yougart Mill, Throwing spit wads in wade's shirt, Physics Golf-B-ball, Go Home Now, Kick their butts, Helix High, Ice Cream Sundae, Banana Split, We got spirit, We got Guts . . . , Bagles, Banana Peels, no bananas, Lay down cheer, My stand, throw arms in air, Walking laps at soccer, No Tracy, we're not sore, Soccer-Polo tourney marathon, Head butt, Free go-cart rides, 18th hole-Top Course-hardest hole-15th? Cake/Bean Dip Fight, Girls Swim Banquet, everybody mad at us,

We're surrounded! SDSU baseball game, rain, running to upper deck, "I'm Sick! Whine, Whimper." Cheering for swallows. The girls we met after the game. Agh! "Phone #", Talking to 6 people at a time on the phone, Cool dude, Shaka, Ed's going to the market, Scenery!! Taranchula!! Rip John's suit, Wall of suits. Clams, attack from the water. Mud Fight, Juggling/Singing, Shaving for Swim, Here comes the Bandwagon, Watch out, Stef-fond Johnson, MR2, The burp game, Go Home Bob, We're Easy, Bill on field, Towels, section cheers, Hasta la bye-bye, harrassing cheerleaders, 2,4,6,8 score before we graduate, Wu Vision, Summer School, Three, Zero! (BYU), Air Force game in fast forward. Plum #1, Santos-no, Polo Rap, The U-Crew, 12th english with Travis V. WW, AS, GH, TB, ER, TV, MT, HS, TS, JM, NK, MS, KG, DS, CC, JA, JM, TS, JJ, RC, AM, MC (You're so immature), EB, RT, JH elder, Suck, Raider "D", KK-I Love You Tracy, Two Minutes, NK-Who were those manians behind you, I thought not, Chevy Chase, Commies#1

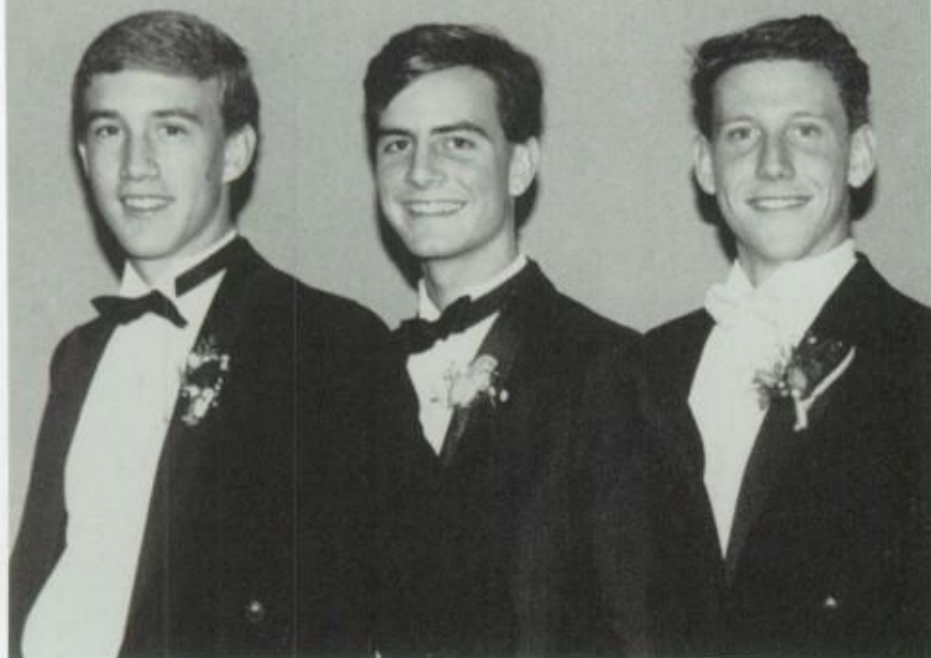
#### Polo Rap

Well, were on the bulletin once again  
We're the Water Dogs, We're your best friends  
Let's take it to the State and Miguel we will pound  
We're the Helix Scotties and We're gonna score now  
In case you don't know who we be  
We go by the name of the Helix Scotties  
We just face it to the fact that we love to attack  
Do the best that we can to bring a title back  
So Ladies & Gentlemen, Boys & Girls take this back into the pool  
Dominate the Competition with steady concentration  
Then you'll see what we're talkin' about  
But never the less, we'll give it our best  
The Helix Scotties are in the house  
Join us here Friday my friends  
Were sure to rock the pool  
With the Helix Scotties and The Matadors  
The Action never stops  
Like Girls, Like Guys in the whole darn crowd  
Give a rowdy scream and shout  
We want you all to show up  
The Scots are in the house.

Thanks to our parents, our sisters, Jen & Nicole  
And to Mr. Hull for going to all our games!



## The Three Amigos



### Senior Class Officers:

Boy, have we grown up. Here we R 3 stylin' guys, all going R separate ways; Pat 2 Grossmont, Andy 2 the Naval Academy, & me off 2 either Berkley, SB, or SD. Pat: Surprise! Ring a bell? Thanx 4 all the help in ASB this yr.; your continued effort & support really helped. I know "our" Prom is going 2 be the best. Thanx 4 always providing a little laugh in my day. Take care. Andy: The past 3 yrs. were the best w/U in them. We have so much in common: Togo's ASB, Key Club, Tennis, Volleyball, Calculus, & the same interest in "a" girl (U know who). You've always been honest & caring. New Year's was a blast! Good luck at the Academy! I hope when we look back upon this, we can laugh at all the great X's we had. I'd also like 2 thank *all* of my frenz, classmates, & teammates who made the past 4 years the Best! ANDY SEALES-Sr. Class Pres. Gosh guys it's been beautiful these past 4 yrs. of Helix, I hate to see it end. Ha, who are we kidding; yes, we're out of here. It's been great though. we've had some good X's We R some crazy guys. Spcl memories: Yr. book staff, Dances, ASB, Highland league. Best memories: SENIOR YEAR!, Sr. class VP, the Prom. This is our time let's make it the best. 2 Laura my future w/U is what keeps me going. I LOVE YOU! "Perfect" Andy M. Good Luck in the Naval Academy. God knows you'll need it. Seales same 2 U. Well guys it's been a chunk of reality. I'll miss ya. But look out Hawaii. Pat Sanford-Sr. class VP Pat & Andy & Andy, buds always. Remember the Christmas dance, what a blast. Even though I'm leaving, our memories will live on. All the rabble rousing, parties, dancing, and Laura, a very special girl. I love you both. Andy, New Year's Eve and all those sandwiches at Togo's Senior officers together, what a Prom. Pray for me at college, I'll need it. Look out Hawaii, here we come! Andy Mounts '88-Sr. class Treas.



## C/C Sisters

I think we're alone now  
No other team has eight and 0  
I think we're alone now  
Season '87 we sure put on a show  
Runnin' just as fast as we can  
Holdin' on to one another's hand . . .

The beach run! Ouch! A.M. practices! Ugh! Why is it still dark? A mental sport — my body can't take it. Laguna Hills — Krishna's boo-boo. G.H. & M.M — isn't a race pace, only a workout! 8-110's? Spare me! Where's dinner at this time?! Soup exchange! I can't eat anymore. My ring! It fell into the waffles! 'BLUEBERRY MUFFINS' Jenny, there's Taco Bell! K. Foster words of wisdom:- "Run from your heart, & above all, *watch out for the chili!* Girls, you've been wonderful. You'll always have a spot in my heart." J. Berry — "Thanks everyone for working as a team. We couldn't have done it without everyone working together. Remember I love you all." Coach Jackman, you've been a welcomed new member to our coaching staff. it's helpful to have a coach with first hand experience on being female. Coach Geary, what can we say. Without your loving, but disciplined coaching, we couldn't have made it this far. Than you.

Best wishes to Cross Country '88.





## Varmint Hunters

Vaughan . . . Travis Vaughan, 007 — License to kill varmints. Roeder . . . Ed Roeder — I have no license, but I waste 'em anyway. If I get stopped I use Travis. People are no obstacle, we will hunt them to the far corners of the course. Behind every shed, over every green. We'll chop the green up if necessary — all to slay our furry foe, that menace of links, the dread of every hacker to hit the turf. Yes, the ferocious, devious, monstrous VARMINT!!! with high-powered rifles and our allies Mr. Rabbit and Mr. Squirrel and a chilled six pack we seek out our bucktoothed prey. If all else fails, we use the worst weapon ever devised. The Dreaded three Iron with the Self-Releasing, Fur-Seeking Head! With deadly accuracy, we zero in on the ferocious ball-stealers, unhindered by such deadly obstacles as a ball-eating river bed, tasteless dressers, and rude old duffers. We move ever-forward on our quest to destroy our vicious enemy. The varmints only allies are the wild teenage hackers who pelt us with their multiple tee shops which they slice and hook into the bushes where we search for our mangy target. Now we must move on From Helix to bigger and better hunting grounds. For putting up with our procrastination — Thanks Meilanie V.

For Service Call: 460-6801



## Renee -n- Annie

"Reneeee come ovvveerrr." The good old days, building the church, my cats, Peppy, Renee's brokenarm, "I'm gonna go Home" 3:30 SM can we find it? Summer 86, "shopping" being scared, CH, JF we survived. The accident-Renee!, more "-shopping I love my steering wheel. ooo kinky" U R late-AGAIN, BICYCLE BOYS, Renee watch out 4 thoz sexy 1's CB, jacket JERK! BM-what a doll! Annie, well lets see RV or RP, CH, B.O. (ha ha) MH Jerk. CH i'll always luv him deep inside Renee's b'day '86 - what fun, & we thought they didn't know! oh well. 1st per.-what's that? Parks — do we luv them, no, hate them, No doubt; just like I'm Haurey Farey. Kissing the steering wheel the Rd. workers — oo sexy! Jr. high — walking 2 school via T.K.'s house! CH's house, no note-next time 5th gr Nee's b'day party crumbs in sleeping bag. MEMORIES: "Squirt" KB is no longer, now some1 new has filled that space — BM. I will never 4get the good X's w/JB but I must move on w/my life. Thanx 2 BM, GA, MG, KQ, JS & all the others You've made my lunch & Senior yr. a memorable 1! 2 my "sister" AW 4 always being there thru thoz fulling time: Ha-Ha I wouldn't have survived w/out U. 1987 X-mas & New Year's Eve was the best — Thanx Bruce! The RING is perfect! That is 1 2 remember. Hey baby don't say maybe . . . I know the rest now! R.333 I will never 4get that was the best — Thanx guys! Jeff S.=What's your name? What's your name? What's your name? I asked U 3 X's. what's your name? Answer ME! What a nite Nov. 18, 1987 — What a kiss — I think I am falling in luv! Thanx 2 my family & frenz 4 the support U gave me. I couldn't have done it w/out U. I LUV U ALL! Hey sexy! we finally made it! We R out. I couldn't a made it w/out U! 18 yrs! that's a long time 4 renz. U are very spcl . . . No matter where we go & what we do we'll always be frenz. 2 me U R my sister. Good luck w/the males. Best wishes always! I Luv U — Annie. CH, don't 4get me. Thanx 2 SB, CS, PS, DS & so many others, I luv U Tim, Science was a blast. & yes, U R a nice guy. Thanx Patty & fam: Dot & Tracy; Rick, I luv U. Goodbye Helix. Goodbye all! Luv Annie (Shorty, Shrimp, Little one, Short \*!@!)

IF MOMMY EVER KNEW



# "The Gang"





**Robbie** — R.P., B.G., J.H., J.L., R.N., T.S., Memorable moments: Ricky's B-Day parties, Rick n so many fun times in the square. Joe - San Luis Obispo. Want another sweatshirt? Over The Line-N 2 deep. Three Amigos. Jr. Ombac, young life, South Mission 87! Mexico-Gasg'en it up. Waterballoning. Baseball, Basketball. Luban - for all of the pool games and parties. Joe - We could have bought 5-light co. What happened? Denise and Marcie's Beach House, What a sight to wake up to. Page put a nipple on that bottle. El Monte with the Hermanator. Too much partying to rember. 25¢, Buz, up the river, down the river. "The Gang" Helix wouldn't have been the same without you!

**Herm** — Ricky Page, Brad Gunn, Rick Navarro, Robby Ledford, Todd Sheehan, Kiko Savage, Jason Ledford, David Madrid, Damon Luban. "These are the best years of our life." We've lived an adventure. To have done so many things at so young an age! The future will separate us, but the past will forever bond us. You are all a part of me and I would die for you guy's. "These are the best years of our Lives." But the future looks pretty darn good!

**Todd S.** — Friends forever, so many fun times at Mex, the Beach, parties, etc. etc. Fun times at the Ledfords, given heart pink bellies. 1-5-1 on the way to Mex with Jason, closing up the R.V.'s playing ghost, Brad you're it. Thanks for the food Peg I do love ya. Thanks for working out with me Jimmy. Have a good year next year Jason. Herm what can I say "You're an ANIMAL". Navarro, Luban, Page we had good times on the O.T.L. courts - Young Life Champs. Piece of cake. Page-Navarro, OMBAC we almost made it. We'll get 'em next year. Let's put the top down and drive the Rabbit home, we knew it would work - go ahead Page show 'em, closer, closer, I almost got it. BRAD (#50) Thanks foe everything. Good luck in football. Make sure you get that designer chin strap. Don't leave this party we might need you. Hey Robbie, Look a Sophmore, Make sure you stay out of trouble, Pool at Lubans was a blast, water balloning - getting chased in Pages truck. Well even through the year almost over yet, it doesn't mean were through, The best is yet to come.

**Luban** — Aw-sme times . . . JJ, Panties at Page's, and at the Ledford's 5-finger discount. O.T.L., San Louie Ray. "Who was better?" Navarro before practice. PM was our reason for living. "Sharon's wheels rather than our heel's." 6th period. The summer fun w.b.t. at State. We almost won it all! Rag-ger's rail"! Team party at Robbie's. "Rebels". Navarro's scanner. "We know where the Cop's are!" Navarro and the C.L. Wonder juice. "I drive better." H<sup>2</sup>O balloning in Pages mobile. "Is there life after us?" The Ledford pad. Our home away from home! Thanks Peg and Bob! Thanks Denise, Heather and Lori for being our test pilots. Prom 86-87, Jason l. I couldn't see all night! Robbie, the cope kids live-for-ever! Beachin it with Todd and Rick. The final game. Page finally beat us in O.T.L. "Navarro, try to stand up." Sheehan and the brick hard award! Well it finally almost over, but we still have time left to terrorize society! Let's start now with trying to see them print *this* in the anuall.

**Gunn** — I can't believe that it's all over. We all have to grow up sometime though. Don't we? I know that ten years from now I am going to think back and say I wish I could do it all over again. If it wasn't for football, I don't know how I would have turned out. But then their is my friends. R.P. - But? I'm a V. and what about the times in the Van. Take the wheel. What they don't know won't hurt them. What about all the time in the L.M.P.D. holding tanks. What a job. And then there's Herman. What a guy. I just want to wake up in your

arms. What a job. Get a new line. That one is worn out. Them bruises gone yet? And then there's pretty boy Sheehan. My mom says if you were only 18 years older. All the good football memories. We should have been in the stadium. Good luck pal, you deserve it. Rob Ledford. You dumb Scot-tie. Don't worrt, you'll get it some day, Won't he Melissa? Rick Navarro. You alwholin. Get a life. Don't worry, you'll get those guys girlfriends when their done. Jason Ledford. Ha Ha. I got the last laugh. You are one whipped sucker. And if there's anyone else, I'm sure we've shared memories. I love all of you guys. See you all in 10 years.

**Jason** — - R.L., R.P., R.N., J.H., B.G., D.L., T.S. The best friends anyone could have. Moments never to forget: Ricky Pages B-Day party, the other one was just for the fun of it (car insurance). Going down to mexico every week with R.P., I am staying the night at Rick Pages. Rick Navarro - So many good times in the Romper Room (If I member?) Taking Denise's car for a spin around Mission Beach - Todd Sheehan - Do you want to come over and eat? Where's Todd, Oh, I forgot he had too much that night in Mex. You saw that first kiss with that special someone (J.P.'s car on the way home from Mex.) Joe Herman - S-Light, Pounding at my house, We used to be Alkies. What happened? Didn't Page have spaghetti for dinner that night? Brad Gunn - All of those good times at parties and basing on each other about girls, I always came out ahead! Damen Luban - Fun times playing pool at our house and all the baseball memories. This year is our year for the Stadium\* Surfing trips to Mexico (El Morro)? Who's riding the fusion? Summer '87, O.T.L. - Young Life Tourney - 2nd place with R.P., We Won the chairs, who would want a sweatshirt for 1st place? Mr. O.T.L. - crashing at Denise's Beach House after Mex. Marci - shirt is a little loose. Sheehan YOU ANIMAL! These friends are the best anyone could have. Thanks for everything guys. David Madrid - Take care of yourself. I am always thinking about you. P.S. - Stacey - You are that special someone in these memories, I LOVE YOU! Give me 8 years, it's been good so far.

**Rick N.** — All of the great times here at Helix have been a big part of my life and will be forever remembered! The Gang is unseperatable. All of the trouble we have been in was worth it. Good luck to all of you in sports and Joe in graphics. Some good lines by the gang such as, "But . . . I LOVE YOU!", "I am a 'V' ", "You have a BOYFRIEND . . . Sorry.", "As far as you know, what they don't know won't hurt them!", "I just want to wake up with you in my arms." Great memories, Romper Room, C-Lite, Donald A. Rowe, D.L. and S.G. before games, Page take the wheel, O.T.L. Champs T.S., D.L., R.N., 21, 22, 23 . . . , Go, Fight, Spoon, Joe how was keeping score for 12 hours, Monte Vista "Helix is #1, L.M.P.D. Thanks for the memories. P.S. the ink never came off. C.J. you mean a lot to me. Two tears is a long time. LOVE YA! Thanks for everything Mom, Dad, and Bro. Helix your the Best!!!

**Ricky** — Here today, gone tomorrow! (B.G., R.N., T.S., R.L., J.L., D.L., J.H., K.S.). Best of luck to you all. Convertable Rabbits, Parties at my Pad. Somebody please take the wheel. Like a virgin, Oh No, Not Us! Mex 87-88. Playing spin the pickle at Navarro's Romper Room. We were nobody in 9th, Somebody in 10th, and now were EVERYBODY! But please, don't tease me! I just want to wake up with you in my arm's. What a line, Believe me it works. What she doesn't know won't hurt her. (Surfing at K-38, Sking in Tahoe, O.T.L. at San Luis Rey, Having Parties on my boat.) I wish it weren't over, but life must go on for the GANG! I Love you Mom and Dad.





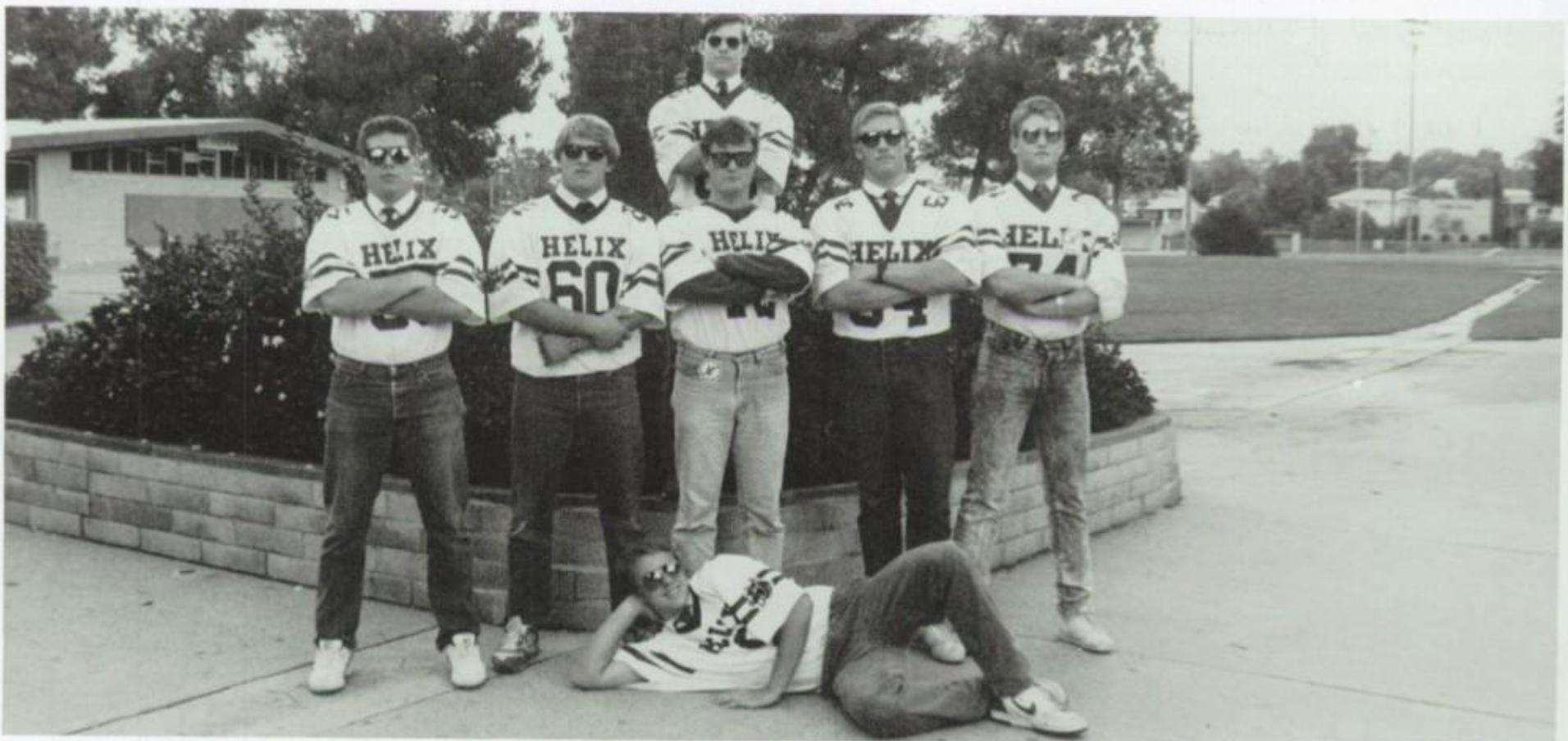
Summer of '87" inseparable. Yo Babe, whas up? Mich you have little T's, Kit you have small B's. The V's, Oh Yea! Eddies trip-I drive, you scam. Justa cruin Rahh! Beep-Beep, Hi! Those special talks at the bay and beach, "Tropical" Jacuzzi and Saunna- "Tropical" and french fries. Jack in the Box-Motor Cycles (Randy, Dave, Darren's party) Convertable Brown Rabbit (G.H., George and Brian) Labor Day Weekend. "Fried", Nice tan Babe. KGB 500 count down. I want you "?!". Pleasure Principal. Airfew, Smash the Boogies, Honey, you are so short! Are first time out. The Rocky Horror. Yea! X-mas Dance '87 limo and Hotel, B.Y.O. & Pizza. Ensemble, my fav. Sing and Smile Bud. Alto (B)?? Modeling at State (Darren), The Broadway you've got the look! Varsity Cheer-Football games remember our special times together. don't forget all our talks and other things we've done. I LOVE YOU. To much, I'm here anytime when you need me. F/F Mich. Michelle-I will always remember the fun we have had this past year, and look forward to our friendship in the years to come. You are a beautiful, loving, and caring person. Remember that always! Your someone I can always talk to no matter what it's about. I LOVE YOU and I'll always be here to laugh, talk, and share feelings and I'll "Catch you when you fall. "I LUV U BABE, Kit. Always laughing, always caring, certain secrets no one's telling. Once in a while little spats, but only time will work things out. You and Me forever friends Eternally, until the end.

THE FOUR TENNIS BUDDIES JAIME, NEDA, LISA and MARISA. — It's only a game between you and the little green ball (Hee Hee) . . . Lisa's words of wisdom. Commercials on the court and her loud voice. Mimi and Mimi always. Wanting to "Take a break" on the courts. Jaime wants to go to Gilligans Island-she's always singing about it. Neda-The Leftie-The tennis girl and her B.M.W. . . . We'll miss you Lisa!! Don't forget! 2Franey's which ones which-I'm confused! Jaime & Lisa you did great!

Tennis Friends Always



## "PROTECTION"



"As I walk through the valley of death, I shall fear no evil. For if I hesitate Coach VanHook will say nasty things to me!" — O. Line



# CHEER BUDS



## EVERLASTING FRIENDS

Squad members: Jody Fro, Nikki, Thunder, Dina Bobina, Mel-Bel, Mrs. S, Smiley Wenders, Lisa Lips, Fire Muff, La Tonda, and Meesh — Helix's Varsity Cheer Squad. 2 many memories . . . CAMP: Morton (MO-R-R-R-T) & Chuck-CEER-AEROBICS Girls! MA's sprained ankle, sharing H2O, lemonade, losing 10 lbs. just going 2 eat, RED ribbon-we cried. The Gold team is still #1. Yo Dot, yo spot, yo stain. Kristen our ALL AMERICAN, Janet; spcl. talk sessions, CADA, STUNTS-Jod'll do it! BEAT Uni! 3 Spirit sticks in a row, Award of Excellence, Best Individual (Katrina) & Squad leadership Awards. LOOK Out Dallas, here WE come!!! F-ball: convoys 2 the games, Chinese fire drills, bus ride 2 Mt. Carmel, Deb got hit by a bus & Bob F., Lisa the MAD DOG caught the football, Spazzin' contests, B-R-A-D cheer, San Diego at Lg. — LOOK we're on TV! Spcl. memories: shoe shopping, Jack in the Box — Mayonnaise base conditioner Linda? Nice toilet seat cover, makes a nice necklace, walking around Parkway Plaza w/purses around R necks. Dina can't rake anymore, CHOO CHOO! Hiding on the toilets, H2O fight; BUTCH! Pantsing; we got KC, trippin over ea. other, NK got a woody(?) 92 pts.

we almost had it. JB — We Luv U! MV 2 KG "let's pants MS on the sideline. How's that verility MS? Hi my name is Sew . . . Camel tow! Go queef on a stick, butch, titch, pitch, Lisa's family parties, TC will U please put your skirt on! Debbie does Dallas; Wood did THAT 2 your neck NK? last yr. Magic Mt. Denny's moustache lady; Deb leave my boyfriend alone, hand stand roll downs — NEVER again! We R the team that has a Scottie dog Ruf-Ruf-Ruf can't U see that we are Tuff! Oh no where R my greenies! Woo! LK lost her towel, Thurs. lunch meetings & practices, TC's flying leg (it hits her head somehow?) KG's russians, DS's Herkees, LK's spread eagles (pull from the inner thigh): WB's famous KAW-KAW. DAL-LAS: MA & the hairdryer, OH NO! we have smoke alarms; 1st night TRUE CONFESSIONS! — we told it ALL. Texas, Texas, Yeee Ha! 9 in., Spaghetti Warehouse — Wesley Dody R waiter; HEY-HEY R Ya ready 2 strut your stuff. HEY, HEY R ya ready 2 get fire up! Go HOGS GO! Last but NOT least introducing Bobbie Plough, the BEST Cheer Advisor in the GHSD. Mrs. Plough, Thanx for everything. Without you we'd be nowhere — WE LOVE YOU!!!



JON BOY!

- WAZUP? Hope you have a great
- summer, not having to go to summer
- school or anything. Schools almost out!
- At the end of this period, there will be
- only 15 periods left in the 1987-88 school
- year! I guess it's better so, because
- I kinda have to study for the Geometry
- test we have next period which I'm
- going to flunk. O.K. - Have a
- cool Summer!!!

Eric Persor

JUAN

Amigo, it's the end of  
the year + I feel mentally  
enriched! You are such a science-  
boy. Whenever I'm around you, I can  
feel you giving off brain-waves. I think  
you're a pretty good guy even if you act  
like a clark sometimes. I'll be  
getting most of the babes in San  
Diego, so I hope you're going on vacation.  
Have a hot summer. So long School boy,

Thomas  
M. Hamma



Those years can slip away...  
like sands through your fingers,  
Unable to grasp them...  
and hold tight in your hands.

You can keep the remembrance...  
but their time is long gone,  
And only through memory...  
can you ever return.

For the tide of time...  
is holding you back,  
It just keeps rolling in...  
but never rolls back.

So if your time is well spent...  
and your memory is still there,  
Those wonderful feelings you once felt...  
are yours to remember and to share.

Save those feelings that you have now...  
in your great storehouse of memory,  
To guide you through...  
to the many experiences yet to come.

And hang on to your memories...  
because once that time is gone,  
They are all you have left...  
to look back and to ponder upon.

Jessie Barnes



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# closing

Another year, another yearbook. Too many deadlines and not enough time to make them (with the exception of our wonderful sports section). We owe many thanks for the help we could of never done without. To our advisor Mr. Ray: We know times were hard when the deadlines came around, but you pushed us on and we did make it. Thank you so much for your perseverance and support. The help from Boyd Ander-

son was deeply appreciated. The countless hours of processing and photo shooting has never gone unrecognized. — Thank You from the entire staff. A special thanks is also deserving for John Stickney, Chuck Bahn, Bruce Smith and Jeff Merghart.

To our staff: We will always remember your individual qualities and endearing moments.

## Tartan Staff thanks for . . .

### *Student Life*

Beckster — your overly abundant humor.

Greg — no complaints and willingness to help.

Kim — always completing pages.

Nicole — the creative page layouts.

### *Classes*

Wade — your tilting finesse.

Linda — always making us laugh and keeping us entertained.

Becky — interesting surveys.

### *Business Section*

Heather — wonderful copy fitting (ha ha)!

Kim — giving us support before sunrise.

Meilanie — all the fast typing.

### *Faculty*

Tracy — staying late and helping.

Jenice — innovative ideas.

Jason — being a part of the entire team.

Debbie — Always around when needed.

### *Seniors*

Neda — adapting to the changes (oh well!)

Krishna — being a neato person.

Kristina — Your modeling and style.

Todd — great acting ability.

### *Sports*

Joel — natural leadership qualities.

Dan — Being the "big man" that you are.

Jason — capability to be constructively mean.

Marie — keeping the guys in line.

Kraig — knowledge in all fields.

### *Photographers*

Pat — those smelly chemicals!

Chris — pictures during finals.

Maureen — knowledge of History.

Mike — ability to keep negatives in line.

**It's been real,**

**It's been fun,**

**But it hasn't been real fun!**

**Love, Heather and Marisa**



JON, we have been through alot together, we've almost got killed by a mad man in a mercedes, and we've almost got laid by a couple girls. we've had so much fun this year, it's been great seeing all these new girls. this year has gone by fast don't you think? next year is going to be rad, I can't wait. you're a great friend and we will always be. because we are the J-V CONNECTION And THE SURF BOY'S

we were great at everything we did as a team. Especially at volleyball, we kick their ass. we did things that no one else would do like, trash ball champs, or making a rap and letting everybody listen to it.

One thing that's great, is what ever we do we always have fun. we are going to have a great summer, the Beach, Beer and Girls

Your best friend

P.S. a boy named Jon we call the bloodhound

Timothy Sams

Hey Jon,

Sheez! this year ~~was~~ is **FINALLY** over! But it was fun havin' it in some of my classes! Hopefully next year we'll have some together too! Thank 4 always helping me w/ my Geog. Homework! You're a great person & a groovy friend!

Have a fun summer!  
call me 589-6246

Love ya! John

PEACE &  
Friendship  
forever









